



# BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Instow, Lundy and villages west as far as Hartland



Bideford Art School (now Bideford Arts Centre), a listed building on the Pill, has an interesting history. It started life in 1896 as a technical college, a result of 'self help' Victorian values. Our photo shows the plaque on the side of the building which mentions the Mayor, and also Alderman Narroway, who was a great supporter of Bideford Library. (His portrait can be seen there in stained glass).

The last two decades of Victoria's reign led to what was known as 'municipal socialising' where museums, art galleries and technical colleges were created for the

public good. Bideford's college developed into a specialist art school, possibly because of the nature of the area, a pretty place where artists gathered, and became well known for its art and craft teaching.

*More about the Art School on Page 3.*

## What's Inside This Month's Buzz?

- ◆ Advice for pet owners
- ◆ Northam Choral Society's new production
- ◆ William Hamlyn Heywood
- ◆ Plus our regular items ...

## CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Northam Town Council, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £25 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 11th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz on 01237 476549. 3,750 copies are printed monthly.

**All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.**

Email: [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk). Mobile: 07929 976120. Web: [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk).

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Bideford Town Council

# Buzz Bits.

## Appledore Singers

The Appledore Singers, your local ladies' choir, is well into a new season and we are looking for new members. Come along to our Open rehearsal on Monday 14<sup>th</sup> May, 7.30-9pm at Appledore Baptist Church and take part in our rehearsal, meet choir members and have some fun!

We sing a wide repertoire of song arrangements - from Gospel to Show-Stoppers - and we have a special repertoire for Christmas and weddings.

We also like to help organisations and charities raise money by performing. We travel all over North Devon to perform - and beyond! If you'd like to sing with us, why not come along to our Open Rehearsal or contact our Musical Director, Pam Beechey on 01237 420652 or see our website: [theappledoresingers.co.uk](http://theappledoresingers.co.uk) or our facebook page



## Cardboard Boat Regatta again!

The details have now been finalised and all the arrangements are in place.

The first 20 entrants will get a £5 voucher from RGB to assist with buying glues, tapes and paints, and all the cardboard is available free from our sponsors Atlas Packaging ( 01271 344055 and ask for Phil Sweetland). I made two boats last year and they both managed to complete two races.....but we were close to the back of the race. This year I'm going to design a faster boat! The event takes place on July 22<sup>nd</sup> on Bideford Quay. [waterfest.bidefordrotary.com](http://waterfest.bidefordrotary.com)

Email me if you have any questions!

**Morris Poole** [mandjboth@gmail.com](mailto:mandjboth@gmail.com)

## Live Jazz on the MS Oldenburg

Northam Lodge are hosting a fundraiser on the MS Oldenburg on **Friday 15th June 2018** from 6.30pm. We will leave Bideford Quay for a two hour sailing around the Taw Torridge estuary.

The wonderful Alan Lewis All Stars Jazz Band have been booked to entertain you, and you are welcome to bring a picnic to enjoy alongside a fully licensed bar.

**Tickets cost £16 (adult)/£8 (child) and can be purchased directly from our website at [www.northamlodge.co.uk](http://www.northamlodge.co.uk).**

## Bideford Pannier Market

The Market is now open till **4.00pm** from **Tuesday** through to **Saturday** Please remember and spread the word that the **FREE** bus service from Victoria Park to and from the Pannier Market will run on Tuesdays and Saturdays. This service is available to both locals and tourists so why not make use of it.

There is talk of another craft market in June but I will keep you posted

### **Butchers' Row / Market Place & Grenville Street**

In Butchers' Row there are three empty units at the time of writing

Unit 1A (next to my shop). Dean Sharkey of Sharkade has moved into his new unit in Market Place – we wish him all the best for the future

Unit 21 – recently vacated by Trev the Watch (opposite my shop) following his retirement – we believe the new tenant is going to be selling curries;

this is yet to be confirmed

Unit 8 – between the Magpies' Nest and the Pannier Cheeseman - (recently vacated by Tracy Benton who has moved into new premises in the centre of town – we wish her all the best for the future.)

*On behalf of Frasier Foods I owe him an apology. I got his telephone number wrong last time – his actual number is 0771-659-0157 - you can order your lunch on this number Monday through to Saturday*

**Trev ( Minxy's Sweets)** Above : Bideford Pannier Market as it was.



## Bideford Art School - a history.

I recently spoke to John Butler, former curator at Burton Art Gallery and talented wood carver - (seen here in his studio in Butchers' Row.)

John left school at 16 and went to Bideford Art School to do what was then known as the 'Pre Diploma' course. Following on from that he completed his art education, as many did, at a larger art school.

The students at the Art School benefited from high quality teaching and small groups.

There were some excellent artists trained there. Allin Braund became famous for lithographs and trained and taught at Hornsey School of Art in the 1930s. Rosemary Sutcliffe, author of 'Eagle of the Ninth' and many other books on Roman and Greek history, was a well known member of the Royal Society of Miniaturists, Leslie Worth, who became President of the Royal Watercolour Society, was born in Lime Grove. Bertram Prance became a cartoonist for 'Punch' magazine, as did George Belcher, and Michael Darling (occasional cartoonist for Buzz). Under the leadership of Jim Paterson in the 1950s it continued to flourish with potter Harry Juniper, and artists Judith Ackland (who with Mary Stella Edwards lived in the cabin at Bucks Mills and produced some fine water colours) and Sheila Hutchinson. Their work can be seen as part of the Burton Art Gallery's permanent collection.



In the 70s the Art School became a general further education college, and art education was diverted to North Devon College in Barnstaple (Now Petroc), unfortunately with the resultant bigger classes.

**RA. Did you attend Bideford Art School ? Share your memories of it with us ; contact details on front page.**

## Early Bideford photographers

Photography has a long history in both Britain and Bideford. The first UK studio opened in London in 1841 – and in December 1842 one Joseph Weir, a travelling photographer, arrived in Bideford where he stayed 3 months. He offered photographs at 1 guinea (£1.05) each – at a time when labourers earned around 40p a week so customers were probably few.



The next photographers in town arrived in the mid-1850s, they being a couple named H & J. Walters. Again they didn't stay long but in March 1862 George Hopson put an advertisement into the *Bideford Gazette* where he 'Begs to thank his Patrons for the Liberal support afforded him for the last Six Years.' He was joined by a Mr. Kirkman who opened a temporary studio in High Street around 1859, which was located 'One door above Grenville Street.'

In January 1862 Thomas Tedrake a 'photographic artist' opened a studio in Meddon Street 'for the purpose of supplying a high class of Artistic photograph, a want long felt in the town of Bideford.' At the same time he announced 'A Series of Views of Bideford will shortly be published.' These came out the next year at a cost of 5p each – and Tedrake prospered enough to open a studio in Mill Street just a year later. He became the premier photographer in the area and in May 1866 photographed golfers from all over Britain who were competing in a match at Westward Ho!

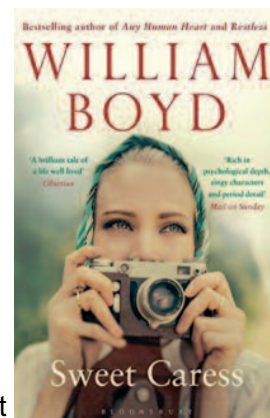
The following year he took the first shot of a police suspect when an arsonist had his picture circulated to police forces throughout the country. In 1871 he also photographed a Parkham cottage where a murder had been perpetrated. Unfortunately his studio burnt down in 1873.

Around this time William Murphy opened a studio in Mill Street where the Bideford Antiques shop is now situated. He remained here until 1903 producing thousands of portraits. Another long-lived studio was that of William Puddicombe in the Strand. Opened in 1887 it continued until after the Second World War and many people can still recall going as children to be photographed there.

Many other photographers are recorded in the archives and anyone interested can follow them up in my 'A History of Photography in North Devon 1842-1914' which is available at local outlets.

**Peter Christie**

# Book Buzz



## 'Sweet Caress', by William Boyd ; discussed by Bideford Library Readers' Group.

This is a fictional autobiography of Amory Clay, a female photographer written by a male. Did it work? On the whole the group felt it did although there was a sense that some of her more intimate scenes might have been from a male perspective rather than that of a female.

The book covers a period of recent history from the impact of World War 1 on Amory and her family, through decadent 1930s Berlin, World War Two, Vietnam and America after Vietnam. These are linked by photographs taken during each period in time. The result was to present the story in a series of episodes which some of the group felt contrived. Also the photographs in the book appeared rather amateurish for a professional photographer. William Boyd collected anonymous photographs many of which were used in this book. In his acknowledgements he mentioned **Diane Arbus**, also a war photographer like Amory Clay. (*Interestingly her photographs are on display at the Burton until 12<sup>th</sup> June.*)

All the group admired the research that had gone into the book which gave a strong sense of history although we found it difficult to warm to few, if any characters.

The story line is low key with little high drama: some of the group liked this, others less so. This approach, however, was effective in avoiding the glorification of war. The consequences of both wars on the male figures in Amory's life had a powerful impact on what happens to her.

The final page raises some ethical questions and the group wondered whether the part of the doctor rang true or not.

Most of the group rated the book 'okay' to 'enjoyable' although those who had read other books by William Boyd felt stories such as 'Brazzaville Beach', 'Any Human Heart' and 'Ordinary Thunderstorms' were a better introduction to his work.

**Peter Evans**

## Burton Art Gallery

It's Half Term again, from 26<sup>th</sup> May to 4<sup>th</sup> June, and the Burton offers a few Crazy, Messy, Crafty things for children to play around with. 'Crazy Faces' will be designed on 29<sup>th</sup> May by 5-11 year olds; 'Superhero City' will be recreated on May 30<sup>th</sup>, (again, 5-11 age group), and 'Messy Landscapes' for children from 6 months to 5 years, will happen on 31<sup>st</sup> May.

June 1<sup>st</sup> sees experiments with 'Attract-ive Magnets' (3-5 years). But every Monday 'Crafty Kids at the Burton' from 10-12 (£1 donation per child, please) is there for pre-school children.

The Craft Gallery hosts Rhian Malin's delicate, hand-painted ceramics, alongside all the other creations by the best craft artists in our region and beyond.

The Friends' speaker on 17<sup>th</sup> May, is local author, Liz Shakespeare, on 'Edward Capern, Postman Poet.' 7.30 p.m. in the Gallery, £5 at the door. All welcome.

There is also a coach outing to Prideaux Place, Padstow, on Saturday, 9<sup>th</sup> June, leaving Bideford at 9.00 a.m. Time out in Padstow after the visit. Cost: £9 entry to the house. Coach cost to be advised. Book at the Gallery, 01237 471455. Gallery opening hours: Mon-Sat: 10-4; Sunday, 11-4. Admission Free.

**Diana Warmington**, Friends of the Burton Gallery.

## Step out for a walk with the Ramblers and discover local hidden gems

Anyone is invited to step out with the Ramblers for their **Walk About festival**. The nationwide festival, supported by players of People's Postcode Lottery, takes place from the 26 May to the 3 June with hundreds of free walks on offer across Britain. The North Devon Ramblers group are hosting four free walks during the festival with a wide choice of distance, pace and terrain. Visit [www.ramblers.org.uk/north-devon](http://www.ramblers.org.uk/north-devon), our Facebook page, or ring Joan on 01271 376274.

## The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday  
mornings, between 10.30 and 11.30 am,  
followed by refreshments and a chat,  
at 17 Honestone Street, Bideford  
(opposite the car park)  
Everyone is welcome  
For further details, contact:  
Rob Sharrock: Telephone: 01237 239753  
Email: [rob.sharrock@gmail.com](mailto:rob.sharrock@gmail.com)

## BIDEFORD CINEMA

Watch out for the following films in our programme  
for May at Kingsley School:

Friday 4 and Saturday 5 May at 7.30pm

**Tomb Raider (12A)** 118 mins

Friday 11 and Saturday 12 May at 7.30pm

**Walk Like a Panther (12A)** 108 mins

**Peter Rabbit (PG)**

**The Guernsey Literary and Potato Peel Pie Society (12A)**  
(with scenes shot in Bideford)

**Duck Duck Goose (PG)**

For up-to-date information on times and dates please see our weekly advert in  
the North Devon Gazette, or visit our website at [www.bidefordcinema.org.uk](http://www.bidefordcinema.org.uk)

### TIME TO SPARE?

Harbour is looking for office  
help at their drop in centre in  
Bideford.

General administration and some computer skills  
would be required.

We are a completely volunteer based Charity open  
four mornings a week looking after the community.

Please call ☎ **01237 423891** for more information  
Monday to Thursday 9.30 a.m. to 1.00 p.m.  
or email: - [admin@harbourbideford.co.uk](mailto:admin@harbourbideford.co.uk)  
if you would like to consider becoming one of the  
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For more details please contact  
[editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk)

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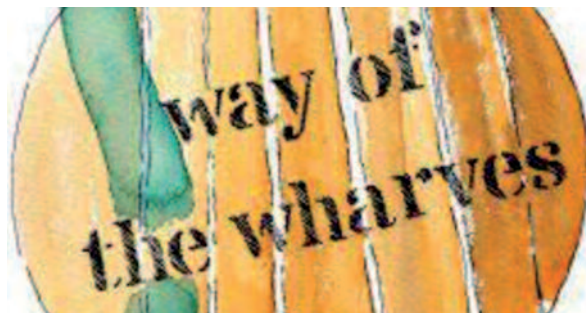
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## Way of the Wharves Project - Update

Two of our volunteers, Lou and Mike, had a lovely interesting afternoon recording the very clear memories of Len Husband, navy veteran, and former Instow School head teacher for twenty years. His recording, and many more, will be going on our new website to be launched later this year.

**Anthony Burt.**

**Editor's note:** *Len got in touch with the project via Bideford Buzz. If you have a story to share and don't use email and / or are housebound please contact us at Buzz (details on front page) and we will contact 'Way of the Wharves' on your behalf.*

## William Hamlyn Heywood (1733 – 1808)

The March issue of Buzz had an interesting article in which it was suggested that Dr Protheroe Smith had done more for humanity than any other Bidefordian.

William Hamlyn Heywood (whose granddaughter, Sarah Ann Dansey married Dr. Protheroe Smith) can also claim that he and other members of his family had a significant impact on local medical life. He is variously described as a surgeon, surgeon and apothecary of Bideford.

He was born in Winkleigh in 1733, but his family moved to Parkham shortly after, where his father farmed, almost certainly at Watershute. The unusual middle name derives from his mother, Miriam Hamlyn, who was part of the family that has owned the Clovelly estate since 1738.

William seems to have lived most of his adult life in Bideford. He was mayor on five separate occasions – the first being in 1769 when he was only about 35 years old, which seems young to be given such an honour. He was a shrewd businessman as he took on the leases of various farms in and around Parkham, Abbotsham and Bideford.

He bought land at Kenwith in 1785 and later lived at Kenwith Lodge, (although in all the documents it is referred to by the name of Hengist Lodge, right up to 1807.)

Two of his sons became doctors or surgeons, the youngest, Walter Charles Heywood, later practised in Blandford Forum before retiring to Kenwith Lodge, when he funded the re-building of Abbotsham school. The eldest son George Heywood, was mayor of Bideford in 1791 and both sons were appointed to be Honorary Freemen of the borough.

William and both his physician sons were also Feoffees of the Long Bridge and their names appear on many of the Trust's leases. Peter Christie's book on the Trust tells us that in 1782, 1792 and 1795 the trustees paid for poor local people to be inoculated against smallpox by the 'Surgeons of the Town', which may well have included William and his sons. This same book also tells us that the Trust funded the repair of a house on the Quay for the use of the mayor and Corporation of Bideford, work carried out under the direction of William Hamlyn Heywood.

His standing can be gauged too by the local newspaper referring to him over 50 years after his death when reporting on marriages or deaths of his descendants.

**David Snow**

*(I am researching the history of the Heywood family of North Devon (my grandmother was Olive Heywood) with a view to publishing a book. If anyone has any information on the family that they would be willing to share with me then please e-mail me at [david.snow@orbit-uk.co.uk](mailto:david.snow@orbit-uk.co.uk) )*

## Devonshire Association

Our first summer trip will be to Woody Bay Station, following on from Ian Cowling's talk on the future of the projected Lynmouth to Barnstaple Railway. They recently got planning permission to extend the line. **This will be on Friday 18<sup>th</sup> May.**

For further details of this, or the Devonshire Association generally, please contact our Secretary, Mike Wright, email: [bideforddabbranch@btinternet.com](mailto:bideforddabbranch@btinternet.com)

## See Hear on Wheels

Equipment demonstrations, 'try before you buy' equipment loans, information and advice for people who have hearing and/or sight loss.

Bideford Pill car park  
Bideford Tesco Superstore car park  
Northam Bone Hill car park  
Kenwith Castle, Moreton Court & Griggs Close

Contact the **See Hear Centre**

Email: [seehearnd@livingoptions.org](mailto:seehearnd@livingoptions.org)

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## HOST FAMILIES NEEDED IN BIDEFORD

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**Contact : Karen Richardson**  
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**01271 327319**  
[www.sol.org.uk](http://www.sol.org.uk)



## Communities and cafes anti-plastic campaign receives recognition

In April the communities of Appledore, Bideford and Westward Ho! were all recognised by Surfers Against Sewage (SAS) as 'Plastic Free Approved'. This is a real achievement, recognising that local businesses, councils, and community groups are working together to reduce their use of single use plastics. Our previous article mentioned shops, and this one celebrates those food outlets that have really got stuck in to make changes for the better!

Many places no longer offer plastic straws. Straws are difficult to recycle because they are so light and small that they drop out of sorting machines and mix with other materials. Billions get into the seas every year. Condiment sachets, plastic cutlery, plastic wrapped biscuits and plastic/polystyrene packaging are all on the hit list, with businesses finding ways to reduce or replace their use. This takes commitment, and replacements are sometimes slightly more costly, so it helps to use and encourage those eateries that are keen to do their bit to reduce their impact on the environment. More places offer a discount for using your own reusable coffee cup, so take it with you and save money as well as the planet!

We can't list all those who are making changes here, but look for the Plastic Free Coastlines stickers on the windows of SAS approved businesses and those celebrated on the Plastic Free Coastlines Appledore, Bideford and Westward Ho! facebook page. You can also see 'Refill Devon' stickers on those places which are happy to fill reusable water bottles free of charge (or find them on the Refill App) – avoiding some of the 38 million plastic water bottles that we buy every single day in the UK! Our choices make a difference – so let's eat wisely, throwaway less, and recycle well.

**Fiona Gibbon.**

**Editor's Note :** *Looking for a milkman to deliver with reusable glass bottles. Please contact Buzz if you know of one starting up in the area.*

## Bideford Gardeners' Club Welcome to the Monthly Gardening Tips for May.

This is just the month to think about those hanging baskets and patio planters. You can obviously replant those you already have or pop to the shops and buy new ones. There are many kinds to choose from. Wire baskets still remain the most popular and can be lined with traditional moss if you wish ; that does not mean going out to the hedgerow and collecting it (which is illegal.) You can buy it at garden centres, but I prefer wool moss liners. They come in sizes to suit the range of baskets.



Plants to use are quite endless but most would opt for a central geranium, fuchsia or non-stop begonia. Surrounded by a choice from surfinias (trailing petunias), trailing fuchsias, pendula begonias, trailing verbena, impatiens (busy lizzies), bidens, brachycombe (Swan River daisies) , calibrachoa (Million Bells), bacopa, lobelia ( but choose the large flowered varieties which cost more but you don't need many.) I always push young plugs into the side gaps in the basket and through the liner which probably has holes already cut for the purpose. In a 14 " basket I would use 6 plants in the sides. Around the central plant look to plant as least 9 other plants in 3s. That's around 16 plants, plus possibly begonia semperflorens to fill any gaps. This year the plant producers from whom I obtain my plugs are doing a new idea called 'Trio Plugs' and it's just what it says on the tin! 3 plants of different types in a single plug, selected to grow together and uniformly.

If you need more information and advice why not come along to Bideford Gardeners' Club. Our next meeting is on **8<sup>th</sup> May, at Bideford Methodist Church Hall, entrance off Honestone Street car park. at 7.30pm, with Derek Burdett, who formerly ran Fairhaven Nursery.** Check out our website [www.bidefordgardenersclub.co.uk](http://www.bidefordgardenersclub.co.uk) for our complete programme.

**Mike Avis ; Secretary, Bideford Gardeners' Club.**

# Aren't we lucky where we live?

There are so many positives about living here. It's great coming back home after a holiday. Many are envious of us. And we can understand why. Lovely North Devon.

We are definitely lucky. But when things are not going so well for us and we need care and support where better to be than here ?

**North Devon Cancer Care Centre Trust** was started by Jennifer Bonetta in 1994 to provide much needed facilities for cancer patients. Over many years of fund raising NDCCCT has raised over 2 million pounds.

A goal that NDCCCT had been working towards for 15 years was the new chemotherapy unit (Seamoor ) at North Devon District Hospital which opened in March 2015. Cancer's Care's donation to the £2.2 million pound project totalled £700,000. The Trust also sponsors a specialist cancer nursing post within the Unit.

They also run a transport service for those needing help getting to cancer appointments at North Devon District Hospital.

You can help the Trust in a number of ways. By fundraising , making a donation, or by popping along to their charity shop in Nelson Road, Westward Ho! or by taking part in NDCCCT Quiz.

The Quiz takes place every Sunday (apart from bank holidays) in the bar at Robins' Nest, Bideford AFC, the Sports Ground, Kingsley Road, at 8pm. Parking available. Players £3 per person for teams of 2 to 6. For more information contact Neil on 01237 473798. Why not come along and enjoy a great Quiz and support a great cause at the same time. See you there.

**Neil Bennion**

## Tarka Quilters

'Tarka Quilters have had a very successful day making small cuddly quilts for the children of domestic abuse victims. The quilters all brought an assortment of fabrics which were pooled and resulted in a lovely variety of finished quilts. A representative from the charity came to collect them and said that often when families come into the refuge they have absolutely nothing of their own, not even a toothbrush. These quilts will give the children something they can keep and take with them when they finally find safe homes to go to.

Tarka Quilters meet twice a month and as well as 'stitch and chat' sessions have workshops, trips and always someone to offer advice and help. For further information contact Steph 01237 470570 or Kate 01237 470846.'



## Pannier Pantry at the Custom House

*'Today it has been refurbished as a coffee shop and delicatessen and enters a new stage in its long life.'* (Buzz – a year ago)  
**Peter Christie**

**When Peter wrote this article for Buzz Carol had just opened the Pannier Pantry at the Custom House. One year on the business is doing well – long may it continue.**

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## 100 Years Ago - May 1918

**The Ministry of Food** announces that it can release considerable additional supplies of frozen meat. Therefore from Sunday last until further notice 8 pence worth of uncooked meat may be purchased in respect of each 2 coupons in the ration book per week. It has also been announced that meatless days in restaurants will no longer be compulsory.

**The Local Food Committee** has met and announced to farmers, dairymen and the public that *The Cream Order 1917* will still remain in force until further notice despite relaxation in other supplies. No cream may be used or sold except as directed under the Order.

**Northam Choral Society** has been re-formed by Mr Clifford Grout and has given a concert in the Northam School Room. A varied programme of choral, instrumental and solo performances were enthusiastically received and all proceeds are in aid of War Funds. (see article below)

### Property for sale

An extraordinary amount of property has been advertised for sale during the month. On May 21<sup>st</sup> at the New Inn Bideford on the instructions of G H Fairbrother. Lots include "Riverview" Yeo Vale near Whitehall 3 beds; "Little Whitehall" also 3 beds and attic box rooms; 2 dwelling houses 1 & 2 Bellevue each with 3 beds and "West View" All the foregoing have river views and large gardens. On the last day of this month at the Friendship Hotel, Market Place, Bideford, an interesting and varied estate that was the property of Mr James Prouse (dec'd) is offered at auction. Lots 1 & 2 are blocks of shares in Bideford Gas & Coke Co. and Torrington Gas Co Ltd. Lot 3 is a freehold detached house "Rocklea". Lot 4 is a factory and store, Tan & Lime pits known as Westcombe Tannery Bideford together with 2 dwelling houses and gardens. Lot 5 is a block of freehold property at 3 High Street, Torrington, comprising a shop, dwelling house and a newly erected building at the rear and fronting onto Church Lane and being used as a cinema and extensive yard. Lot 6 is two leasehold cottages with gardens at Caddywell Torrington. **(These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings or visit our website [www.bidefordarchive.org.uk](http://www.bidefordarchive.org.uk).)**

### Northam Choral Society : presents 'A Mass for Peace.'

This year sees the centenary of the end of the First World War. And as this issue of *Bideford Buzz* goes to press, the prospects for an end to the fighting in many conflict-torn parts of the world seem sadly distant. It's appropriate, then, that the Northam Choral Society's Spring concert, on **Saturday 12 May** in Bideford Methodist Church at 7.30pm, features a modern choral work that makes a powerful plea for peace. ***The Armed Man: A Mass for Peace***, by the Welsh composer Karl Jenkins, is a poignant work that mixes musical and literary traditions from around the world and across the centuries. Written just 18 years ago, it has become one of the most popular modern works in British choral singing. The work uses poetry from Dryden, Kipling, Tennyson and Swift, as well as the moving account by Sankichi Toge of the aftermath of the atomic bombing of Hiroshima in 1945. There are evocations of various religious and historic traditions – texts from Christian, Muslim and Sanskrit showing how dangerously easy is the drift to war, and how great is the cost.'

Michael James, musical director of the choir, said: 'This has understandably become one of the most popular of modern British choral works. The music is moving and accessible. But in today's troubled times, we also wanted to perform a work that is also very relevant, and ultimately uplifting with its message of hope -- hope that peace is possible and always better than war.' Northam Choral Society was founded in the late 19th century — early accounts of its concerts date back to 1882 - and brings together singers from across north Devon. **(see 100 years article above)** The choir rehearses at the Methodist Hall in Northam, and welcomes new and aspiring singers as well as the more experienced. They will also be singing the ***Five Spiritual Songs*** by the British composer Michael Hurd accompanied by members of the Hartland Chamber Orchestra, with pupils from St Helen's School, Abbotsham, performing the work ***Jonah-Man Jazz***.

*Tickets, priced at £8, are available from Walter Henry's Bookshop, 12 High Street, Bideford; from choir members; or at the door on the night. Bideford Methodist Church is at the top of the High Street, and has good parking.*  
**Gregg Neal**

## Advice from your local Citizens' Advice Bureau

***"I have a long-term health condition but I recently had my Personal Independence Payment (PIP) reduced after a re-assessment. I want to challenge the decision - where do I start?"***

There are two stages to challenging your PIP assessment decision. The first stage is known as mandatory reconsideration and involves asking the Department for Work and Pensions (DWP) to take a second look at your assessment decision.

Normally, you'll need to contact the DWP within a month of your assessment decision being made, and it's best to do so in writing. Under some circumstances, you can ask for mandatory reconsideration up to 13 months from your assessment decision date.

Your letter should list all the reasons why you don't think your PIP award should be reduced. Make sure you provide evidence to back up each point you make, such as practical examples, medical records and supporting letters from specialists who are treating you. If you don't have the required evidence available, you can submit it separately at a later date.

Once the DWP has looked again at your assessment decision, you'll receive a Mandatory Reconsideration Notice which says if your request has been successful or not. If it is, your original award will be reinstated, and your payment backdated.

If you're unsuccessful, you could choose to progress to the second challenge stage. This is where you appeal your assessment decision by taking your case to tribunal. For help filling in the tribunal form and preparing for your hearing, contact your nearest Citizens Advice or visit the website.

**Pop into our Bideford Office in Bridgeland Street; open Mon, Tues, Thurs and Fri 10am - 3pm or call our Adviceline on 03444 111 444 [www.ruraldevoncab.org.uk](http://www.ruraldevoncab.org.uk)**

*(Copyright Citizens Advice. For the most up-to-date advice, please visit [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk).)*

### NEW Garden Waste Service in Torrige



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# SHIPPING NOTES



## Bideford

No shipping since last Issue

**Appledore:** *Le George Bernard* Shaw still fitting out ; no date yet for trials

## British Channel Observations

**11.3.18** at 08.38 vehicle carrier **Grande Napoli** 14,565 tons d.w. owners Grimaldi Line of Italy inward bound for Portbury.

**14.3.18** at 10.17 vehicle carrier **Orion Leader** 25,626 tons d.w, owners Nippon Yusen Kaisha Japan, inward bound for Portbury.

**15.3.18** at 12.15 container ship **Cape|Manila** 41,534 tons d.w. owners Scholler Holding Ltd Cyprus, outward bound from Portbury, having sailed at 14.36 on the 14<sup>th</sup>

**17.3.18** At 14.55 vehicle carrier **Aegean Highway** 18,687 tons d.w. owners Kawasaki Kisen K.K. Japan, inward bound for Portbury.

**18.3.18** at 07.50 bulk carrier **Kambos** 33,225 tons d.w. owners Finland Shipping Inc Greece, inward bound for Avonmouth ; (seen again 24.3.18 at 07.10 having sailed from Avonmouth at 00.21.)

**19.3.18** at 15.00 chemical tanker **Ek Star** 13,780 tons d.w. owners Ek Tank Sweden ,outward bound from Avonmouth having sailed at 10.13.

**22.3.18** at 12.55 vehicle carrier **Grand Benelux** 12,594 tons d.w owners Grimaldi Line of Italy outward bound from Portbury, having sailed from Portbury at 07.18. At 14.05 vehicle carrier **Coral Leader** 12164 tons d.w. owners Ray Car Carriers Israel, inward bound for Portbury.

24.3.18 at 10.40 vehicle carrier **Jasper Arrow** 21,040 tons d.w, owners Ray Car Carriers Israel, inward bound for Portbury . (Seen again at 16.43 **25.3.18** outward bound from Portbury having sailed at 11.46).

**25.3.18** at 07.10 the vehicle carrier **Hawaiian Highway** 20,606 tons d.w.,owners Kawasaki Kisen K.K. Japan, outward bound from Portbury having sailed at 01.52. At 08.12 vehicle carrier **Grande Ellade** 18,885 tons d.w. owners Grimaldi line of Italy, outward bound from Portbury having sailed at 02.54 hrs . At 16.44 ro vessel **Ciudad de Cadiz** 3,500 tons d.w.owners Anja 2 SNC France, outward bound from Portbury with wing parts for Airbus France, having sailed at 10.35.

**27.3.18** at 18.45 tanker **Selini** 74,296 tons d.w. owners Tsakos Shipping and Trading SA Greece, inward bound for Portbury.

**28.3.18** at 18.37 bulk carrier **Federal Yukina** 35,868 tons d.w. owners Fednav Canada, outward bound from Portbury having sailed at 14.57.

**30.3.18** at 07.51 bulk carrier **Venture Joy** 43,532 tons d.w. owners Louise Shipping SA Germany, inward bound for Newport. At 09.27 vehicle carrier **Vega Leader** 16,396 tons d.w. owners Nippon Yusen Kaisha Japan, outward bound from Portbury, having sailed at 04.30.

**2.4.18** at 08.20 vehicle carrier **Gentle Leader** 21,122 tons d.w. owners Ray Car Carrier Israel, inward bound for Portbury.

**3.4.18** at 06.38 vehicle carrier **Victory Leader** 13,363 tons d.w. owners Ray Car Carriers Israel, inward bound for Portbury.

**Norman 01271 861183**

## Rolle Canal summer walks start again in May.

This summer's programme of guided walks associated with the Rolle Canal starts on Sunday May 6th. featuring the site of the Inclined Plane at Ridd, near Annery Kiln, Weare Giffard.

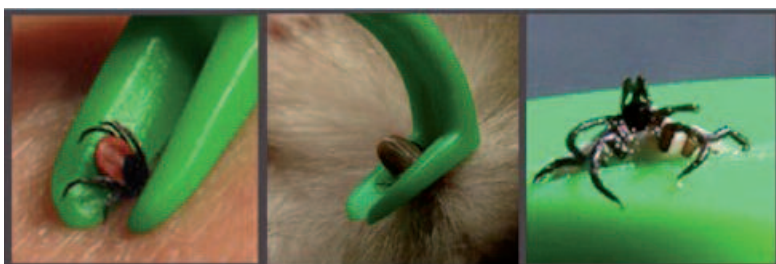
Spring flowers are abundant along the Tarka Trail and in the dry canal basin where early purple orchids and twayblades are usually to be found.

The meeting point is at Annery Kiln, by Halfpenny Bridge on the Weare Giffard to Bideford road at 2:30pm on Sunday May 6th. The distance to walk is little over a mile and is on surfaced paths apart from about a hundred yards of rough grass which may be wet if there has been rain. Keen walkers or cyclists can of course come by the Tarka Trail from Bideford or Torrington, turning off at the Weare Giffard exit to reach the start. (Note: part of the walk is on private land where dogs are not allowed.)

These guided walks are organised by the Rolle Canal and Northern Devon Waterways Society who will appreciate a donation of £2 per person towards the costs of on-going volunteer restoration works on the canal. All are welcome and if any further information is required please email Chris via [<hassallc@ymail.com>](mailto:hassallc@ymail.com). (Photo by Ramblers Assoc.)



# Ticks are out in force on Northam Burrows.



**Spring is here, even if the weather doesn't seem to be on board! With the lengthening days and blossoms blooming we begin to see a blossoming of ticks. Not so beautiful! Ticks are arachnids that bite animals to take a blood meal to further their life cycle. The most common type of tick is *Ixodes ricinus* or the sheep tick. They often affect sheep but can bite any species, including dogs cats and humans**

Ticks bite at least three times in their lifecycle. They look different at every stage ; the most well known is the engorged female but they also feed at the larva and nymph stages.

Ticks find their meals by climbing to the tips of long grass or foliage and wait for a warm body to pass. They wave their forelegs out to try to catch hold. Once aboard they will often travel to a site where the skin is thinner. Between the toes, on the face, arm pits etc. are favourite places though they can still bite anywhere.

Like mosquitos, when a tick bites they first inject an anti-coagulant to prevent the blood clotting. Unfortunately this anti-coagulant may also contain some diseases which then enter the blood stream. Lyme disease is the most well known with its characteristic target shaped rash. This affects humans and pets and can be crippling. Less well known are the canine specific diseases. Most notably is a nasty disease that used to only be present in warmer climates like southern Europe. The relaxation of the compulsory tick coverage on the pet passport system as well as abuse of the system has allowed the more exotic nymphs to hitch a ride right into England. This has meant that the tick-borne disease Babesia has been diagnosed in dogs that have never left the country nor had any known contact with dogs that have. This is a very worrying trend.

Removing ticks must also be done very carefully. The longer a tick is attached the more likely it is to pass on a disease, so getting them off quickly is important. However if you go to remove it and don't manage to remove the head as well, ( the head is easily broken off), then a reaction will occur around the site. While attaching, ticks screw their mouth parts in through the skin. To remove them you must carefully twist the tick around a few

times with out pulling and it will fall away. Tick twisters are small hook - like tools that are cheap to buy and very easy to use, they should be a staple in any camping or walking holiday kit.

Our advice is the keep your pets covered for ticks with a prescription strength product. Ticks are particularly tenacious so home remedies don't tend to work. If not covered with an anti-parasitic then you must check your dogs and cats over very carefully after walks that take them through the hot spots. There have been reports lately that there is a surge in ticks on the Northam Burrows. For further advice and information then please speak to your vet!

**Alice England RVN Fdn**

## New look to Church Hall

Holy Trinity Church, Westward Ho! is celebrating the completed makeover of the Church Hall by holding a Coffee Morning on Saturday 5<sup>th</sup> May, from 10am to 12 noon.

The hall was built in the 1930's, and apart from having a modern kitchen installed, had seen few other changes since then. The committee wanted to embark on a major refurbishment - and thanks to a grant of £7000 from the Coastal Recycling Community Fund, and the guidance and support of GrantScape throughout the application process, major improvements have been accomplished. New entrance doors improve access for mobility scooters and wheelchairs; a suspended, insulated ceiling together with replacement double-glazed windows dramatically improve heat retention from the new panel heaters whilst LED lighting makes the hall feel much brighter. The refurbishment has been completed with redecoration throughout and new curtains.

Groups which regularly use the hall are already expressing great delight at the changes and the Church is hoping that the local public will come along on 5<sup>th</sup> May to see this now warm and welcoming community venue.

**Peter Horrall.**

# YOUTH PAGE

*As the evenings get lighter you may start to think about what to do with your spare time. You may think you have none with homework and needing time to relax, but this area has a lot of things to offer, which can help towards success both with exams and enhancing social skills.*

*There are loads of groups where you can meet new people, try out and learn new things. Many can also be beneficial at times when academic pressure is high and everything feels a little overwhelming.*

**I spoke to Neil Hamilton, musical director of the Appledore training band.**

## **Q. Why do you think it is important for young people to have a hobby outside of school?**

Hobbies are very helpful in dealing with stress and academic pressure, they provide an escape and a way to switch off from whatever may be bothering you.

## **"Why do you think music is important for young people?**

"Music is enjoyable, there is something to appeal to everyone and it is really something that most young people can identify with in some way... There aren't many other disciplines in which you find that."

## **How do you think music can help young people personally?**

"Music is a discipline and the routine, practice, and performance aspects all have their own benefits. It is a great confidence boost to be able to do something that you enjoy in a way that allows you feel that you are achieving something.

## **"How can hobbies help to give young people skills to help them in life and with career prospects?**

"Hobbies such as music require dedication, to turn up and practice however many times a week is a skill needed in any job. Many hobbies also involve others. Playing in an ensemble is hugely beneficial as it requires members not only to work with others but to listen to others and adapt in these situations. These are skills that are very valuable in the workplace and in adult life."

## **How is it possible to balance hobbies with school work?**

"Studying for long periods of time is tough and often leads to lapses in concentration. After a certain amount of time it can often be beneficial to take a break and go back to a task with a fresh outlook, and hobbies can provide a way to do this. Doing something you enjoy can improve your mood and when you go back to studying you can take a new approach and energy to it."

## **Can hobbies help young people deal with stress?**

"Yes. Most people feel better after doing something they enjoy and music is notoriously good for managing stress."

## **What about those with disabilities or who have never been very musical?**

"With things like music there is no bar to physical disability. Music is universal and there are so many different types of instrument that it is often just a case of working out what is right for you. No one should be put off by preconceptions."

So, it was really useful to talk to someone who uses their skills and time to help young people in the community. It can be daunting to try something new. "What if I'm no good at it?" Maybe it was just a case of "having a go". In a world where young people are often "judged" and "graded" – maybe finding that thing that you really enjoy is the answer – and you never know, it could be something that stays with you for life!

*Thanks to Neil Hamilton, musical director of Appledore Training Band*

**Lucy Braund**



## **Appledore Band.**

We raised a record amount at Christmas through the generosity of the public and were able to donate £600 each to Devon Samaritans, The North Devon Hospice, Devon Freewheelers and the North Devon Maritime Museum in Appledore. Lucy Braund is a member of Appledore Band.

*Do you have a hobby you'd like to share with us? Write to Lucy (Youth Page) at [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk).*

# May Diary: We're here every week

## **Mondays**

(Please note there are two Bank Holidays in May, Monday 7<sup>th</sup> and Monday 28<sup>th</sup>, when these events may not take place. Please check with organisers.)

**10-12pm** Appledore Community Art Group at Appledore Community Hall

**6.45pm - 8.30pm.** Breakaway Social Club for adults with learning/physical disabilities at the Baptist Church Hall Westward Ho! *Apart from Bank Holidays.* 01237 475051

**7pm** Appledore Band – training band St Mary's Church Hall, Appledore, followed by senior band. Contact Hugh Secretary 473723

**7pm** Tai Chi at Bideford Methodist Church 01237 472532

**7pm - 8pm** Walking Football at Kingsley School. Men and Women. Tel 07895035091

**7pm - 9pm** Table Tennis Club at Bideford Youth Centre

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**7.45pm** Bideford Band Senior Practice at Band Room Victoria Park. Tel Becky 01237 475653

## **Tuesdays**

**10 -1pm** Lavington Church coffee and lunches

**10.30 am** Walking for Health 421528

**11.45-12.45 pm** Tai chi. Northam Community Centre. *Ageing Well* 01409 622666

**2-3.30pm** Salvation Army 'Fun and Fellowship' Club meets at Baptist Hall

**2.30pm** 'Lift off for ladies.' Westward Ho! Baptist Church 01237 425471

**6.30pm** Bideford Band Beginners Practice Victoria Park Band Room 01237 475653

**7- 8pm** Walking Football at Kingsley School Women only. tel Rose Young French 07895035091

**7.30pm** Bideford Camera Club meet at Chubb/Churchill Hall. 01237 421391

**7.30 - 9pm** Samba Baia rehearsal at Community Arts Network, 13 Rope Walk

## **Wednesdays**

**10-12pm** Bideford Healing Group at Sea Cadets' Bldg, Victoria Park

**10-11.30am** Bradworthy History Society. Memorial Hall, Collacott Room. 01409 241202

**10.30-12pm** 'Feel Better with a Book' at Bideford Library 01237 476075

**10.30am-11.30am and 11.30am-12.30pm** Tai Chi SW. Free for over 50s. G4 Gym, Dadden Court Ind Est. 01237 478802

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**2pm** Tea with friends at St Mary's Church, Bideford

**2.15pm-3.30pm** "Fit as a fiddle." Buckland Brewer School Room. Tel 01805 622666

**7-9pm** Sew Sociable at Lavington Church Rooms, Willett St.

**7.30pm** Bideford Folk Dance Club at Northam Hall 01237 473554

**7.30pm** Two Rivers Wind Ensemble rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolsey Village Hall. 441601

## **Thursdays**

**9.30am -10am** Under fives story time at Bideford Library 01237 476075

**10-11am** Tai Chi Beginners. Marlborough Court, Bideford. £2.50 donation. *Ageing Well.* 01805 622666.

**10.15am – 12noon** Northam and District Men's Forum, Methodist Church Hall, Cross St. Mike 01237 459324

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf car park. 421528

**2-3pm** Seated exercise for over 60s at Westward Ho! Baptist Hall 01805 622666

**2-4pm** Tea and IT at Bideford Library. Bring your tablet/phone etc. 01237 476075

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall. 01237 470990

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801?

**8pm** Bideford Folk Club at Joiners' Arms

## **Fridays**

**9.30am** Over sixties fitness class at Pollyfield Centre. [stevehammond@boatshead.com](mailto:stevehammond@boatshead.com)

**2-4pm** Sew Together at Westward Ho! Baptist Church. 01805 622666 *Ageing Well*

**2.30- 4.30pm** Torridge Table Tennis Club and afternoon table tennis club. 01237 477932 at Bideford Youth Centre

**4-6pm** Needlecrafts at Bideford Library 01237 476075

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall 01237 4776632

## **Saturdays**

**10am -12noon** Children's lego Club at Bideford Library. 01237 476075

**10am -12pm** Table tennis club at Bideford Youth Centre. 01237 477932

**10.30am -12.30pm** Scrabble Club at Bideford Library 01237 476075

## **Sundays**

**7.45pm** ND Cancer Care Trust Quiz at Robins' Nest Football Club. Tel Neil 01237 473798. (From 13th May.)

**Diary Continues on next page**

## And we're not. May Diary Continued

### **Tuesday 1st**

**5.30am** 'Dance in the Dawn.' Bideford Phoenix Morris. Meet at Kingsley statue, Bideford 01237 473798

**10am -1pm** Positive People workshops at Morwenna Community Centre. Jomanley@devoncf.com

**2pm** Bideford WI at Sea Cadet's Building, Victoria Park.

**7.30pm** Bideford Sustainability Group meets at Blacksmith's Arms, East the Water tel 01237 475375

### **Wednesday 2nd**

**10.30am** Parkinson's UK Torridge Branch coffee morning at Common Room 1, Ethelwynne Brown Close 01237 478128

**10-30am** Westward Ho! Crafters and Artisans Market. Baptist Church Hall Westward Ho!

**11am -1pm** Creative memory cafe at Quay meeting room, 5 Danver Court Clovelly Rd Industrial Estate 0781 7976053.

**1.30pm - 3.30pm** Knit and Natter group at Holy Trinity Hall, Westward Ho! 01237 475420

**7pm** Northam WI meets at Methodist Hall Cross St tel 01237 421776

**7.30pm** Lions Club meets at RND Golf Course. Visiting Lions welcome. Tel 01237 425198

### **Thursday 3rd**

**10-1pm and 2-4pm** See Hear on Wheels, The Pill, Bideford. Contact: See Hear Centre 01271 373236

### **Friday 4th**

**2-4pm** Sew Together at Baptist Church Westward Ho! 01805 622666 *Ageing Well*

### **Saturday 5th**

**10-12 noon** Coffee Morning, Holy Trinity Church Hall, Atlantic Way, Westward Ho! Tickets at door £1.50

**All day** Northam May Fair. See their website for details

### **Sunday 6th**

**2:30pm** at Annery Kiln, Weare Giffard. Rolle Canal history walk to the Ridd Incline.

**3pm** Concert with the Harmony Choir. Bideford Salvation Army Corps. Bideford Baptist Church, Mill Street.

### **Monday 7th Bank Holiday**

**8.30pm** Jazz at the Beaver Inn Appledore Martin Dale with Lee Gibson. Peter Hames 01237 421065 or [www.jazznorthdevon.com](http://www.jazznorthdevon.com).

### **Tuesday 8th**

**10am - 12pm** Macular Society Support Group at Burton Art Gallery tel 01237 441466

**10am -1pm** Positive People Workshops at Morwenna Community Centre. Jomanley@devoncf.com

**2pm** Arts Society North Devon at Durrant House Hotel.

**7-9pm** Torridge Tuesdays Women's Club, Ethelwynne Brown Close 1, Bideford. 07977 184897

**7.30pm** Appledore Men's Group meets upstairs at Appledore Library.

### **Wednesday 9th**

**10.15am** Bideford Probus meets at Royal Hotel. Tel 01271 831480

**2-4pm** See Hear on Wheels, Bone Hill car park, Northam. Contact: See Hear Centre 01271 373236

**2.30pm** Memory Lane reminiscences at Bideford Library. Tel 01805 622666

**2.30pm** Bideford Friends at Burton Art Gallery 01805 622666 *Ageing Well*

**7.30pm** Bideford Music Club AGM. The Mount, Northdown Road, Bideford. Please contact 01237 473748 beforehand if you are going to attend

**7.45pm** Bideford Phoenix Morris, Crealock Arms, Littleham with Exmoor Border. Contact: 01237 473798

### **Thursday 10th**

**2pm** Torridge Ramblers' walk. Contact 01805 625485

**2-5pm** Way of the Wharves project at Royal Hotel, Kingsley Room.

[project@bbbcdevon.org](mailto:project@bbbcdevon.org)

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall. Tel 01237 470990

### **Friday 11th**

**10am - 12 noon** Coffee 'n chat Kingsley Hall, Westward Ho!tel 01237 421274

### **Saturday 12th**

**10-3pm** Buckland Brewer Plant Sale

**2-4pm** Creative Writing Group at Bideford Library. Tel 01237 476075

**7.30pm** Northam Choral Society at Bideford Methodist Church. 'The Armed Man' and 'Five Spiritual Songs'. Contact Tricia Oakley 441690 or tickets at Walter Henry's Book Shop.

### **Sunday 13th**

**11-3** Buckland Brewer Plant Sale and lunch

**12.15pm** First sitting for Safari Lunch at Buckland Brewer. Adults £10, Primary children £5, under-5s free. Booking 01237 451132. Proceeds to Fete Fund.

### **Monday 14th**

**6.30pm-7.30pm** Laughter Yoga at Bideford Library. Tel 01237 376075

### **Wednesday 16th**

**10-12** See Hear on Wheels at Kenwith Castle, Abbotsham. Contact: See Hear Centre 01271 373236

**10-30am** Westward Ho! Crafters and artisans. Baptist Church Hall Westward Ho!

**11am -1pm** Creative memory cafe at Quay meeting room, 5 Danver Court Clovelly Rd Industrial Estate 0781 7976053.

**1.30pm - 3.30pm** Knit and Natter group at Holy Trinity Hall, Westward Ho! 01237 475420

**2.15pm** Meditation at Bideford Library. 01237 476075

**7.45pm** Bideford Phoenix Morris, Thatched Inn, Abbotsham. Contact: 01237 473798

### **Thursday 17th**

**2.15pm** Thursday Fellowship at Northam Methodist Hall. Tel 01237 421956

**Bideford01237 475375 01237 475375**

**11am** Bideford Sustainability Group meet at Custom House,

### **Friday 18**

Devonshire Association trip to Woody Bay Station. Details from Secretary, Mike Wright, at

[bideforddabbranch@btinternet.com](mailto:bideforddabbranch@btinternet.com)

**10am -12 noon** Families for Children. Garden Flat, Castle Hill, Lileigh.01271 612004

**2-4pm** Sew Together at Baptist Church Westward Ho! 01805 622666

### **Ageing Well**

### **Saturday 19**

North Devon Hospice Night Walk. Sign up at [www.nightwalk.co.uk](http://www.nightwalk.co.uk) or contact Night Walk team at 01271 347232 for registration form.

### **Sunday 20th**

**11.00am** British Naturalists' Association meet at Gooseham Mill.

Butterflies and walk. Bring packed lunch. Contact: Brian Sims 01271 343607

**2pm** Torridge Ramblers Walk. Contact 01805 625485

### **Wednesday 23rd**

**10.15am** Bideford Probus meets at Royal Hotel. Tel 01271 831480

**2.30pm** Bideford Friends at Burton Art Gallery 01805 622666 *Ageing Well*

### **Thursday 24th**

**2-5pm** Way of the Wharves project at Royal Hotel, Kingsley Room.

[project@bbbcdevon.org](mailto:project@bbbcdevon.org)

### **Friday 25th**

**10am - 12 noon** Coffee n chat Kingsley Hall, Westward Ho!tel 01237 421274

**10am - 1pm** Lundy Art Group at Blue Lights Hall, Appledore.

**2pm - 4pm** Sew Together at Baptist Church Westward Ho! 01805 622666

### **Ageing Well**

### **Saturday 26**

Bideford Phoenix Morris at Bude Folk Festival. Contact 01237 473798

**10am** Torridge Ramblers' Day Walk. Contact 01237 451820

### **Sunday 27**

Clovelly Seaweed Festival in aid of North Devon Hospice. See website for details: [www.clovelly.co.uk](http://www.clovelly.co.uk)

**3pm** Bideford Salvation Army Corps welcome the Exeter Temple Salvation Army Band for a concert at the Bideford Baptist Church, Mill Street, Bideford

### **Monday 28th Bank Holiday**

### **Wednesday 30**

**7.45pm** Bideford Phoenix Morris at Morteheo with Red Petticoats. Contact: 01237 473798

### **Thursday 31**

**10-12am** See Hear on Wheels at Griggs Close Lounge, Northam

**2-4pm** See Hear on Wheels at Moreton Court, Bideford. Contact: See Hear Centre 01271 373236