

NEWSLETTER FOR THE BIDEFORD AREA

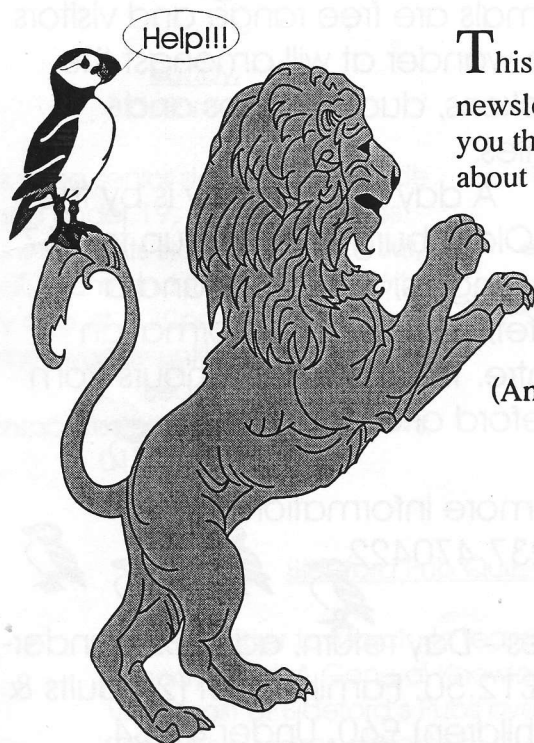


JULY 2000



TWO FREE TICKETS TO LUNDY !!!!!!!

JUST ENTER OUR COMPETITION INSIDE
AND YOU STAND A CHANCE OF WINNING
THIS FABULOUS PRIZE!!!



This is the first edition of the brand new monthly newsletter for the Bideford area. We are looking to provide you the reader with an informative and enjoyable read about events, clubs, organisations as well as our regular slots. We need help though to keep making this newsletter better with each month, if you want to volunteer to add something or create something or just assist us in distributing this newsletter then contact the staff below.

(And try and count the puffins, answer on back page.)

This month includes-

- Ideas for a day out.
- A competition for naming the newsletter.
- Information on social events in July
- Sports club information.
- What you can do this month, in our extensive diary.
- News of Bideford and its organizations.
- Notices
- And a youth page.

Newsletter staff-

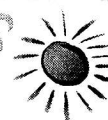
Rose Wiseman - 01237 476075, Sally Ellis - 01237 470995, Nicky Crispin &
Jo Boydd - 01237 477676, Mike Bradshaw - 01237 424466

Plus

Rebecca Coleman, John Martin, Robin Makeig-Jones.

Idea for a day out.....

Lundy Island.



COMPETITION !!!!!!!

Every month we will suggest what you the reader could do if you are stuck for things to do on a day off or weekend. The first 'idea for a day out.....' Is on Lundy island just off the North Devon Coast.

For two lucky readers there is also the chance of having the boat ride free if you enter and win the competition opposite.



Lundy is a place of outstanding natural beauty. The skies are full of birds, the land has its pirate haunts, the air is crystal clear and fresh and the world under the sea is full of marvels. There is also a medieval castle, three lighthouses, seals, black rabbits, Lundy ponies and its famous puffins. (Lund-ey is Norse for Puffin Island).

The remote island is a natural fortress suiting its pirate history. In the 19th century it became respectable with a church. Its old castle and lighthouse make excellent conversions as accommodation for the visitor.

Marisco Tavern is the heart of the island full of fine food, friendliness and warmth. You can try Lundy beer or go outside and see one of the 137 shipwrecks.

We need you
the readers to give this
Monthly newsletter a name The
winning entry (drawn from the hat if
more than one of you choose the same
name) will receive two free tickets to
Lundy. Send your entries to.

Newletter Name Competition,
R.Wiseman, Bideford Library,
New Road, Ex39 2HR

Children love the farm, the
sheep all once bottle fed see
people as friends, all domestic
animals are free range and visitors
can wander at will amongst the
chickens, ducks, lambs and
ponies.

A day trip to Lundy is by the
MS Oldenburg, carrying up to 267
passengers, with a bar and a
buffet, a shop and information
centre. The trip takes 2 hours from
Bideford or Ilfracombe.

For more information ring
01237 470422

Fares - Day return, adult £25 under-
16 £12.50. Family ticket (2 adults &
2 Children) £60. Under 4's £4.
Period return, adult £40 under 16
£21. Discounts for senior citizens,
students, National Trust members,
groups, schools and coaches.





Sports and Social.

Athletics

Bideford AAC (the Blues).

We cater for athletes of all ages and abilities, holding training sessions on, Mon & Wed at 7.30pm, Tues & Thurs at 6.00pm and Friday at 6pm. The club also has a rowing section, catering for all ages. A Veteran and Junior Regatta on July 29th will be held on the Quay. For more information ring the clubhouse after 7pm, 01237 479696

Cricket.

Bideford, Littleham and Westward Ho! C.C.

There are practices for - Senior Men on Tuesday from 6:00 - 8:00pm
Ladies on Monday from 6:00 - 8:00pm - Colts Under 11, 13, 15 from 6:00 - 8:00pm. With plenty of games midweek and at the Weekends.
Contact Peter Adams 01237 472338



Rugby.

Bideford RFC

Has three senior sides, a ladies side and under 19, 16 and 15 sides
Training nights start on Tues 4th July at 7.30pm and then Thursday 6th July also at 7.30pm. Held on these times weekly until the start of the season.

Contact Lester Bird 01237 473184 / 01237 451579



Bideford Pub Quiz.

From October to March, in teams of five every Sunday night. A General Knowledge quiz that visits most of Bideford's Pubs over the season. With twelve teams already in, if you are looking to enter contact,

Kate Greaves 01237 478574, John Clarke
01237 472035 or
Rose Wiseman 01237 476549 / 476075

Bowls.

Kingsley Indoor Bowling Club

Instruction and Coaching available. Lessons can be arranged during the week or at weekends. Competitive bowling is available at all levels.
Ring 01237 472507



Rowing.

Bideford Amateur Rowing Club.

During the summer months there are many regattas to take part in or support. The club is available to all ages for anyone wishing to take to the water. Even if the tides don't allow it there is always the specialist indoor training available.

Contact George Cox 01237 478426

Also see Bideford AAC.

Swimming

Torridge Pool

Open at varied times 7-days a week. Main pool and learner pool plus water aerobics and much more for more information, Ring 01237 471794



Burton Art Gallery and Museum.

On the riverbank adjacent to Victoria Park. The Gallery has many arts and crafts of local and national artists of both past and present. During July there will be; Until the 19th - an exhibition of Paul Anderson and RA Gallagher 'Monumental furniture and Paintings'. From the 8th - Kathe Kollwiz (1867- 1945) 'Artist of the people, embraces German traditions of romanticism and expressionism'.

Starting on the 29th - The 78th exhibition of the Westward Ho! and Bideford Art Society.



Devon Wildlife Trust.

There are forty nature reserves in Devon and a vast array of wildlife all over the county. The Trust aims to protect, inform, advocate and inspire. By becoming a member you can help the Wildlife Trust in all its aims and add your voice to allow them to influence key decision makers. For more information ring 01392 279244

Torridge Volunteer Bureau

Is open to any member of the Public wishing to make a voluntary commitment or is in need of voluntary help. The Bideford office is based in 14 Bridgeland Street and is open from Mon - Fri 10am - 1pm or phone 01237 421580.

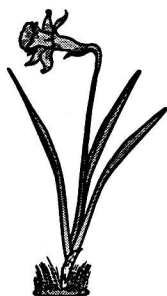
Bidefords 'Fields of Hope'.

This project is in conjunction with Marie Curie Cancer Care. It is looking to plant 1,000,000 Daffodils (adopted by Marie Curie) in the millennium year in the Bideford area.

There are three sponsorship categories for you,

- Gold - for 10,000 daffodils - costs £500
- Silver - for 5,000 daffodils - costs £250
- Bronze - for 1,000 daffodils - costs £100

Planting will commence in early October for about 4-6 weeks (depending on volunteer numbers). For further information contact, GM Bradshaw, Bideford Town Management Company Ltd, 15 Mill Street, Bideford, North Devon, EX39 2JT.



Bideford Open Access IT Centre

For anyone who wishes to acquire or update computer skills. Choose your time and pace with staff available for assistance. Open Mon 9.30-6.30pm, Tues 10.00 - 9.00pm, Wed 3.30pm - 9.00pm, Thurs 12.00 noon - 6.30pm and Fri 11.00 - 4.00pm

Bideford Library.

The Library and its IT facilities are open from Mon 9.30-7pm, Tues 9.30-5.30pm, Wed closed, Thurs 9.30-7pm, Fri 9.30-5.30pm, Sat 9.30-4pm. Also if you are 12 or under then you could play in the inter library quiz (contact R.Wiseman).

Torridge LEADER Community Support Centre.

Small Businesses, individuals, Voluntary organizations and community groups can use the office based resources. Word processing, Spreadsheet, Publishing, Laser printer, Printing, E-mail or the Internet. With a graphics PC, A3 printer, A4 Scanner, Laminator, Laptop, digital camera, CD writer and IT assistance available. Phone 01237 426552 / 3.





Youth Page....

This is the first of a regular monthly youth page in this Newsletter. Hopefully by August's edition it will be the full page. We are looking for content and an idea for a name for the page. Ideas already, are a games review section and an issues section.

If you can help with any of these then please contact us.

Bideford
Westward
Ho
Quay
Torridge
River
Bridge
Lundy
July



F	R	E	M	N	Y	D	N	U	L
W	E	S	T	W	A	R	D	D	B
O	Q	U	O	E	U	Z	R	I	S
A	B	D	R	R	Q	N	O	H	M
X	E	R	R	F	H	I	F	Q	L
F	M	S	I	K	D	Y	E	U	J
T	A	W	D	D	R	S	D	F	U
L	E	R	G	F	G	O	I	D	L
R	I	V	E	R	B	E	B	E	Y

Notices.

Blood Donors

On July 3rd at Northam Scout Hall between 1pm-3.30pm and 5pm-7.30pm. Please come and give life.

Childminders

Ring Erica Wilson
01598 763209



Music Club

Starts again in October,
Contact Miss
E.Hodgson
01237 476286

B.E.S.T

Run by the Bideford Town Management and Bideford Chamber of Commerce. The Business Enterprise and Shopping Trophy is looking to award retailers. Voting closes Sept 4th 2000

Community Action for Rural Devon.

If you or your group have any ideas or projects which might benefit your community and need some support, then contact Keith Brown
01237 429092

National Choral Society.

For details of joining,
Ring 01237 474602

Bridge Trust.

Applications for charitable grants for the benefit of the Bideford inhabitants and neighbourhood must be in by 31st July 2000.

Apply with a S.A.E to P.R.Sims, Steward, 24 Bridgeland Street, Bideford, Devon, Ex39 2QB

Guided Walks of Bideford.

Every Tuesday at 8pm and Thursday at 2.30pm meet outside Burton Art Gallery. (See Diary).

Transcendental Meditation.

Simple but profound way to get the deep rest to eliminate stress, increasing creativity". For details of free introductory presentation phone M.Lucas
01237 477702

Renaissance Theatre

Players needed but no productions until Autumn.
Ring Bob Terrell
01271 858239

Torridge Volunteer Bureau

A local art group for the elderly is looking for a community project to paint a mural. All that is needed is a small donation towards materials if there is a hallway, church hall or community room that is easily accessible and would appreciate their work. Contact Dawn 01237 421580

DIARY OF EVENTS FOR JULY.

Sat. 1st

Row 2000, boat and canoe racing on the Taw and Torridge.
Ring 01271 867934
01271 344248

Littleham Village Fete 2.00pm
Ring 01237 421240

National BMX championships
Pollyfield Centre
Tel. 01237 471555

Sun. 2nd

National BMX championships
Pollyfield Centre
Tel. 01237 471555

Mon 3rd

Borrowers Club at Bideford Library Tel. 01237 476075

Bideford Town Band Concert
Treats Coffee Shop, Bideford Quay 7.30pm

Wed 5th

Guided walks of Bideford meet at 8pm outside Burton Art Gallery.

Junior Club, School years 7 & 8 at Bideford Youth Centre, The Pill 7-9.30pm

Thurs 6th

Guided walks of Bideford meet outside Burton Art Gallery at 2.30pm

Youth club for school years 9+ Bideford Youth Centre, The Pill from 7-9.30pm

Sat 8th

Bideford College PTA summer fayre to be opened by Alexis Bowater 2.00pm
Choosing Carnival Queen 3pm

Woolsery Fayre 'Wild West' theme



Sun 9th

Ladies driving day in aid of North Devon Hospice.
Drive a range of vehicles, from a JCB to a Rolls Royce at RMB Chivenor..

Mon 10th

Bideford Town Band Concert at Slipway, Westward Ho! 7.30pm

Wed 12th

Bideford Library Group 2.30pm
Tel 01237 476075

Guided walks of Bideford meet at 8pm outside Burton Art Gallery.

Thurs 13th

Guided walks of Bideford meet outside Burton Art Gallery at 2.30pm

Jay Millers Circus at Victoria Park. Lasting three days (Thurs Fri and Sat).

Sun 16th

Play Day in Victoria Park 12-4pm
Community Arts Network fun day Tel. 01237 471972

Mon 17th

Young Borrowers at Bideford Library Tel. 01237 476075

Bideford Town Band Concert
Treats Coffee Shop, Bideford Quay 7.30pm

Wed 19th

Guided walks of Bideford meet at 8pm outside Burton Art Gallery.

Thurs 20th

Guided walks of Bideford meet outside Burton Art Gallery at 2.30pm

Tues 25th

Red Riding Hood at Bideford Baptist Church. For 4-12 yrs.

Wed 26th

Crafts and Stories at Geneva Library 2-3pm for 3-7 yrs.

Guided walks of Bideford meet at 8pm outside Burton Art Gallery.

Thurs 27th

Childrens Butterfly Day at Bideford Library.
Under 5's 9.30-10.00am
All others 11-12 noon

Guided walks of Bideford meet outside Burton Art Gallery at 2.30pm

Sat 29th

Fete at Bideford hospital with Bideford Town Band 1.45-3.45pm

Start of Westward Ho! And Bideford Art Society Annual Exhibition, at the Burton Art Gallery.

Sun 30th

Annual! Flower and Cacti show at Bideford Pannier Market

Service on the Quay, starting at 6pm

Mon 31st

Bideford Town Band Concert
Treats Coffee shop, Bideford Quay 7.30pm
New Players wanted ring 01237 475438

ONGOING

Bideford College Theatre
Tel 01237 428110

Displays in Bideford Library
Edward Capern, Postman Poet, Midsummer Night's Dream.

Children's activities throughout the summer at Northam Burrows.
Tel 01237 479708

Final puffin count 13