



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland



© Iain Frazer

Bideford Buzz will be celebrating its 16th year of publication this month. This photo by Iain Frazer of the Elke K in port at Bideford in May reflects the nautical theme of this year's AGM.

More shipping pictures, and information about Elke K on Page 10, and on our website at www.bidefordbuzz.org.uk.

The AGM will be held at the Robin's Nest Football Club, 7pm on the 23rd June. After the official business there will be a talk from John

Puddy about his Freshsprings project.

Free refreshments, a raffle; drinks at the bar. We very much look forward to seeing you. Come along and meet our committee and friends.

Please Note: *If you wish to be considered for the committee please submit your name together with a nomination from a current committee member by June 5th.*

Also this month

- ◆ **Fishing at Greycliff** - (an amusing anecdote)
- ◆ **Baby Buzz** ◆ **More about 'Middlings'**
- ◆ **Family History** ... *plus our regular features ...*

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary. 3000 copies printed monthly.

All information including AGM, items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE. Email: editor@bidefordbuzz.org.uk. Mobile: 07929 976120. Web: www.bidefordbuzz.org.uk.



www.northdevonprint.co.uk



Northam Town Council



Bideford
Freemasons



Bideford Town Council

Queen's Birthday



Northam Lodge Birthday Cruise

“The Queen’s 90th Birthday Cruise” is the theme of this year’s MS Oldenburg trip and it will take place on **Friday June 24th** – boarding from Bideford Quay at approximately 6.45, departing at 7.30 and returning at about 9.30/45pm. Tickets £15.00 pp. Please feel free to bring along a picnic, but sadly no alcohol can be brought on board – this is a very firm Lundy Office ruling. There is a bar on board selling beer, wine and soft drinks. You can of course bring any amount of soft drinks along with your picnic. The Alan Lewis All Stars Jazz Band will be entertaining us as they have kindly done since we began doing these fundraising cruises. Tickets are available online from our website www.northamlodge.co.uk Or contact the office on 01237 477238

The Big Lunch is a simple idea from the Eden Project. The aim is to get people across the UK to have lunch with their neighbours in a simple act of community, friendship and fun. This year’s official Big Lunch date is **Sunday 12 June**, the same day as The Patron’s Lunch which celebrates the Queen’s 90th birthday and her patronage of over 600 charities and organisations. A Big Lunch doesn’t have to be complicated - a bring-and-share lunch, coffee morning, a cup of tea in your front garden, a bbq – and it doesn’t have to take place on 12 June. You just have to open your front door to get involved in your community! Interest can be registered at <http://www.thebiglunch.com/join-in/registercrm-2016.php> or ring 0845 850 8181

Westward Ho! Big Lunch Organisers: -

Ginette Berry, 8 Pebble Close, Westward Ho! Bideford EX39 1FD.
T: 01237 421274 Mrs Terry Thorpe, Pebble Cottage, 4 Pebble Close, Westward Ho! Bideford EX39 1FD. T: 01237 422492 or 07980 420754
E: bigintheho@yahoo.com

Queen for a day

June 2nd is also the birthday of Buzz’ much loved treasurer, Val O’Connor, and also the day she receives the prize from the Town Council for her Christmas window display at *Bottlestop* in Mill Street, where she is the manager. Many congrats Val on both counts. **(Ed)**
Councillor David Howell also becomes Mayor on this occasion so congratulations to him too.

Garden open days

Little Webbery, Webbery on Alverdiscott Road, will be holding a Garden Open Day on Sunday 26th June, between 12 – 5pm. There will be an entrance fee of £3, with all proceeds going to a great local charity, ‘Chemohero’.

Please come along to have a stroll around the beautifully varied and interesting gardens, sit under the mulberry bush and enjoy some tea and homemade cakes, in the hopefully, glorious sunshine!

For further information, please contact the Chemohero Facebook page or contact Steve on 07732325730. On the day, follow the ‘Chemohero’ signs, there will be plenty of free parking !

Open garden & afternoon tea

Thursday 2nd June 2-5pm
24 Bude street, Appledore ex39 1ps
courtesy of Val Robbins

Open garden & cream teas

Saturday 11th June, 2-5pm
‘Hill cote’, First Raleigh, Bideford EX39 3nj

all in aid of the North Devon Hospice

2016/17

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page or contact the **See Hear Centre:**

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Web: www.livingoptions.org

Tel: **01271 373236**

Text: **07831 515809**



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Book Buzz

Thomas Fowler - Torrington's Forgotten Genius

Plough Arts Centre Saturday 25th June, 3pm.

All are welcome to this free event.

Few people know that Thomas Fowler, one of the original pioneers of the computer, developed his ideas on our very doorstep 175 years ago.

In her latest book 'The Power of Three', Pamela Vass tells the story of this remarkable Torrington man. His exceptional intelligence was obvious from the start but he was entirely self-taught, studying alone by night while working as a fell-monger by day. He carved a life for himself and his family -including eleven children- becoming a businessman, bank manager, councillor, church organist, Poor Law Treasurer, Inspector of Weights and Measures and much more besides.

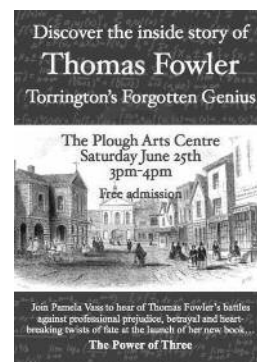
But it was his flair for invention that makes this story so remarkable.

He designed and built his own printing press, patented a system for circulating hot water still used in central heating systems today and, most significantly, revealed a blueprint for a radical new approach to calculation that was a century ahead of its time. This challenged the accepted wisdom of the day; a controversial enough offering from a member of the academic elite, let alone a sixty-two year old tradesman from the far south-west of England.

In her talk, Pamela reveals Thomas Fowler's resilience and ingenuity in the face of professional prejudice, betrayal and heart-breaking twists of fate as he fought for recognition for an invention he believed would be his greatest claim to fame. *'Computers might have changed history and our world almost a century sooner than they did had the ideas of Fowler been understood and adopted...'*

Ralph Merkle

'The Power of Three' follows 'Seeds of Doubt' and 'Shadow Child' as Pamela's third published book. For more information see: www.boundstonebooks.co.uk



Bideford Library

Feel Better with a Book (please check with library to confirm the group is running each week)

Every Wednesday 10:30-12:00 am tel 01237 476075.

Come and lift your mood through the joy of reading! No pressure and no reading required. The group is led by an experienced facilitator.

Bideford Library Readers' Group.

*We meet on the first Wednesday of the month, 2pm at Bideford Library (£1 per session). Our discussions are always book based for the first hour. Afterwards we have tea, biscuits and sometimes cake and a general discussion. New members always welcome. A copy of the current book can be obtained by asking the staff at Bideford Library. Next meeting **June 1st** when we shall be discussing Buchan's "Thirty Nine Steps."*

Mr Golightly's Holiday by Sally Vickers

Mr Golightly is an author who, many years ago, had written a best seller, but one which is now largely ignored by the modern world. He goes on holiday for four months to a Dartmoor village with the aim of updating it as a soap opera. At the same time he is trying to come to terms with the death of his son.

Writing a review of books discussed at the Bideford Library Readers' Group can be challenging. Should it reflect the personal views of the reviewer or the general views of the group? Writing about this book was not made any easier by the diversity of opinions. Love it? Hate it? Marmite? Perhaps it was these differences that generated a long and intense discussion, a discussion that got deeper and deeper under the surface of the story. At the time of the meeting, like two others in the group I'd only read half of the book and it hadn't engaged me. At this stage I found it confusing and struggled with the number of characters: it seemed shallow and directionless. Was I taking it too much at face value? By the end of the discussion I saw it in a totally different light and decided to complete the read. From what was said I had an inkling of the ending, and, unusually, I found this a help in that I now began to look for the many clues related to Mr Golightly's character and to his original work.

Some of the group found the style of writing unusual, almost as if written by two different writers. Was this deliberate in order to emphasise the differences in style between the original work and a soap opera? Sally Vickers has been brave in attempting to tackle the main theme of this book. Whether she succeeded or not is up to the reader to decide.

Peter Evans. (Note: *For those who missed the clues there are comprehensive notes at the end of the book!*)

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The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday
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followed by refreshments and a chat,
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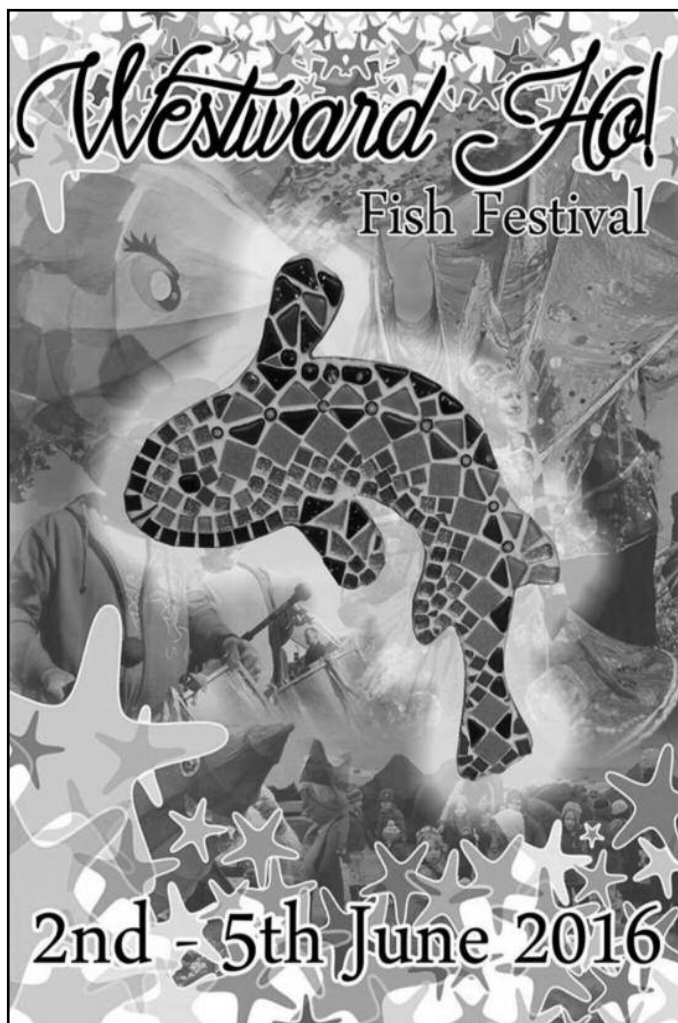
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BIDEFORD FILM SOCIETY

Friday 3 and Saturday 4 June at 7.30pm at Kingsley School Eye in the Sky (15) 102 mins.

Sunday 12 June at 6.00pm at Kingsley School Victoria (15) 138 mins.

Friday 17 and Saturday 18 June at 7.30pm at Kingsley School Florence Foster Jenkins (PG) 110 mins.

Friday 24 and Saturday 25 June at 7.30pm at Kingsley School X-Men: Apocalypse (12A) 144 mins.

The above programme is provisional. Please check weekly press or visit our web site: <http://www.bidefordcinema.org.uk> to confirm the films being shown.

Hartland Farmers' Market,

Held on the first Sunday of every month from April to September from 10am -1pm, with one at Christmas, in the Village Hall in Hartland.

We have a range of locally produced food, including sausages, bacon, venison and game (in season); organically grown vegetables and vegetable plants, and flower plants; fresh fish and seafood; pies, scones and pasties and award winning artisan bread. Fairtrade coffee, locally produced honey, spices and sauces are also available. In addition we have a medical herbalist who brings her own made ointments and plants and books.

We also have locally hand made glass jewellery and felted slippers and hats. A local author is often with us and will sign her books for you. Second hand books are available from another stall.

Finally we have a cafe which serves hot drinks, breakfast and cakes. It is a friendly market with a great atmosphere. **The next one is on Sunday 5th June 2016.** We look forward to seeing you there.

For more information please contact Paul on email becklandgame@btinternet.com or 07774 157162.

You can follow us on Facebook at www.facebook.com/HartlandFarmersMarketDevon/

Clovelly Seaweed Festival 12th June 2016

In aid of the North Devon Hospice.

Its launch in 2015 was a great success promoting versatile seaweed for its immense health & nutritional benefits. Quay kitchens will have a surprising variety of dishes and stalls that will be selling a range of seaweed products along with demonstrations, crafts and talks.

There will also be plenty of entertainment for both adults and children to enjoy, such as Seaweed foot spas and massage, Science related workshops with Sarah Hotchkiss from CyberColloids exploring the types and uses of seaweeds, The National Trust & North Cornwall Seaweeds' craft activities (bring your own plastic bottle to make an under the sea miniature garden), Facepainting & Henna tattoos The Seaweed Health Foundation will provide information on the benefits of human food quality seaweed for food and health. Also Emma Gunn will be doing talks, providing tasters and the chance to buy a signed copy of her book.

There'll be street entertainers and live music throughout the day which is included in the admission charges. You will be amazed at the world of seaweed. Bring your own and ask the experts how to use it.

Westward Ho! Fish Festival

Thursday 2nd - Sunday 5th June A four day family Festival during the half term with many free events to enjoy. Highlights include a performance and workshop by Puppetcraft, a craft fayre, a family dog show, juggling and circus performance, a carnival procession and samba band. There's so much happening please pick up a free programme at any shop in Westward Ho! or check our Facebook page



Rocky shore at Greycliff.... See next page for the story.

Fishing at Greycliff

For at least a month before our daughter came down for a holiday in our new north Devon home, our son-in-law, John, talked of nothing apart from going fishing off Greycliff; the fish we were bound to catch; the bait to be used and the exact weights needed. I was tasked to buy a tide timetable as the state of the tide is, apparently, critical to a fish's appetite but as I had never fished in my life before, all this passed me by.

The arrival day came and the somewhat shamefaced John confessed that he had only been able to find one rod and reel so my participation was to be restricted to carrying the bait and watching. Managing to conceal my elation admirably, I stupidly confessed to having found a short rod, but no reel, in one of the out houses when we moved in and this was dully commandeered for the expedition – the lack of reel apparently being surmountable. The appointed day came and we drove the mile to the farmer's car park at the end of Green Cliff Lane – in fairness, we did have both wives, two large dogs, two folding chairs and a picnic hamper not to mention one and a half rods, a bag of bait and a heavy rucksack containing the weights and (very) smelly bait. The days parking fee was £1 in honesty tin, which was duly deposited, and we walked down the wooden boardwalk into a pleasant open lane that ran down the valley towards the cliff top. The final descent into Greycliff beach was steep and narrow, but despite the earnest efforts of both dogs to entangle my legs in their leads, we arrived safely on the rocky foreshore.

After a lengthy pause to erect said tubular chairs and subsequently move them twice until a patch was deemed suitable, the fishing preparations began - note I said preparation – not actual fishing. John also seemed to need several attempts to find the ideal fishing spot and while only a rod encumbered him, I trudged after him laden with the second rod, the bag of bait and the heavy rucksack. I began to see what my position in the day was to be. . .

Eventually, he selected a spot, seemingly, to my admittedly untutored eye, identical to the previously discarded three, and we set up camp. It now transpired that beach fishing requires the rod to be lodged on the ground after casting so John, having spotted a log suitable for this task, sent me the 100 yards of sliding pebble walking to retrieve the branch. On close inspection, this proved second cousin to one of the Highland Cabers that men in kilts toss around, so by the time I had half carried,

half dragged the timber back, I was exhausted and in need of either a rest or some liquid sustenance. To rub salt (of the sea variety naturally) into the wound, in the interim time, John had found that piling up a small pyramid of boulders made an admirable rod rest so the log was declared redundant. I swiftly converted it into a bench and sank gratefully onto its sea whitened surface. Having cast his line seemingly 100s of feet into the foam, John then turned his attention to "my" reel-less, short rod. The solution was simple, tie a few feet of line to the end, attach a lump of lead and a hook and swing it into the water . . . I rather conjured up visions of *Just William* fishing with a stick and a bent pin, but in the interests of family harmony, kept my thoughts to myself!

Disaster came with startling rapidity. First the short rod's weights became tangled in an underwater snag and we lost the line, hook and sinker at a stroke. As we had no real expectation of catching anything with that equipment (it was really just a sop to the father-in-law for acting as an unpaid Sherpa) we shrugged and concentrated on the big rod and reel. Watching John's seemingly effortless casts I began to feel restless and asked if I could do a 'bit of fishing'. After a hasty instruction involving holding the line into the handle and releasing something called the "Bail Arm" I took up position, noticing that the rest of the family and dogs had retreated to a safe distance, and whipped the rod around and . . . watched the weight and hook land two feet in front of me. When the on-lookers had recovered from their quite unnecessary mirth, a further bout of instructions followed and my next attempt flew a credible 50 feet. Almost immediately I felt resistance on the line and struck sharply – only to see the line soar skywards bereft of the only surviving weight! To his eternal credit, my son-in-law merely shrugged at this apparently insurmountable set back and after some swift beachcombing, returned with an empty plastic milk bottle which, with the addition of several stones, converted to a combination float and weight! We moved, for the final time, to a partially submerged reef and a happy hour followed with much casting and excited speculation about the bobbing float, but as was to be expected, no fish. Tired, but not down hearted, we went home and barbecued some fish that my wife, with great presence of mind, had bought earlier in the day.

Iain Frazer

News from the Burton Art Gallery & Museum

June already, the year is almost half over, and it is good to see colour everywhere – in Victoria Park, flowers in bloom, the prominence of green in grass and trees. Everyone enjoys the summer weather, the children in the pool, splashing and laughing, families relaxing. The Burton Gallery is all part of this scene, and when you enter from the Park, via the Cafe du Parc, now refurbished by Jo Monterieux, you will discover even more colour in the exhibitions on show.

Colour Values comes to the Burton on 4th June, provided by seven artists, who are out to prove that colour is essential to our life, creativity and vigour. These artists, Brian Bishop, Martyn Brewster, Bonnie Brown, Fran Donovan, Michael Griffiths, Ursula Leach and Peter Symons, have worked together and individually throughout Britain as well as internationally.

To learn more about them and their works, come along on Saturday, 4th June, at 2.00 p.m. for a free Talk and Tour of the exhibition. The final date to see these artworks is 11th July.



Rachael Howard's Red Work collection has been on show since 21st May, and is basically good fun. Rachael has a way of depicting everyday life which appeals to us all, whether it's routine or unusual activities, single or groups, and she uses textiles to tell her stories. We have the pleasure of seeing her work right up to 4th July.

Jeff Soan makes some lovely, wobbly **Wooden Creatures**. You will want to hold them, make them shimmy, they are tactile, as only smoothed wood can be. If you collect chickens or armadillos, this is the place for you. Jeff uses reclaimed wood, driftwood, pallets, old furniture, and his creatures are sinuous, and lifelike.

Look around and you will see that the entire Craft Gallery contains as much stunningly beautiful and unique works of art as you will find anywhere in the U.K.

The list of crafts people is surprisingly long, with potters, jewellery makers, metal workers, print makers, wood carvers, silk painters, textile artists, and much more. Their work just fills the walls, shelves and cabinets. If you wish to purchase in instalments, 'Own Art' offers an easy and affordable 10-month interest-free payment system.

The Friends are off to the Somerset Levels on **Saturday, 25th June**. Starting from Bideford at 8.30 a.m. the coach takes us firstly to tour the 'Wetlands & Willow' Basket-making factory; then on to the Brown & Forrest Smokery, for another tour and lunch in the restaurant (smoked trout perhaps?)

John Leach, son of Bernard, is still potting in his workshop near Muchelney, and will show a small group around his workshop and kilns. Muchelney Abbey is close by, built in that soft greyish Somerset Lias, and is well worth a visit. Cost for a day out is £15, payable to: Friends of the Burton Gallery. To book a seat on the coach, phone 01237 471455.

The Gallery has so much to offer, not only exhibitions, Shop, Craft Gallery, and Cafe du Parc, but also the excellent Museum of Bideford with a unique Collection of North Devon Pottery.

Opening Hours: Monday-Saturday: 10am-4pm; Sunday: 10.30am-4pm. Admission Free.

Diana Warmington,
Friends of the Burton Art Gallery & Museum.

University of the Third Age (U3A)

Once more it's been a busy month for our U3A members. **The AmDram** is a merry group of amateur performers. At present they are rehearsing, 'Silver secrets and lies' which will be performed in June at the Pollyfield Community Centre and also in Bradworthy and Barnstaple. They are always a joy to watch.

We have three **language** groups, French, German and Spanish. *Der Spiegel* provided the German group with an intriguing insight into the Norwegian mass murderer Brevic.

Playing Bridge is very popular; we have a friendly afternoon group made up of fairly novice players and an improvers' group.

Our speaker at the **June lunch** at The Royal Hotel will be talking about Gilbert White, 18th century parson and naturalist, perhaps the founder of the conservation movement.

To find out more about us go to www.torridgeu3a.btck.co.uk or ring 01237479588.



100 years ago – June 1916

War- time appeals continue

The Royal Navy appeal to the Bideford men with sea experience to join up for the Yacht Patrol Division in the Royal Navy. Seamen and firemen can be guaranteed £1-10s per week with 10 shillings food allowance when not victualled. Assistant cooks and stewards will be paid £1-5s per week and 3rd Engineers £2-8-0d. They are also seeking carpenters who will be paid £1-15s per week.

The waste paper collection system set up and described in last month's edition is now fully operational. The depot at the Fish Market is open Monday, Wednesday and Friday between 9 -1 o'clock. The patriotism encouraged by saving paper is further reinforced at the foot of the advertisement with the exultation "God Save the King".

Appeals against call up are heard in all the local towns and in Bideford 27 were heard during the second week of June 1916. Albert Henry Prance, 28 of Mill Street, a fish and chip shop proprietor, applied for a second time for an additional period of exemption. His appeal was refused as it was felt that this work could be done by a woman. W C Friendship, a baker of Market Place, applied for exemption on behalf of Alexander Penhorwood, 28 and married. Another of his employees named Darch had been granted exemption on the ground that the bakery would not be able to function without them. Both were exempted until 1st October and Friendship was required to seek replacement staff as soon as possible. Miss Turner of Abbotsham appealed for extra time for Sidney Slee, 29, saying that Slee and a 14 year old boy were all that she had to look after the farm which included 73 bullocks and 87 sheep. This appeal was denied.

R Blackmore and Sons, auctioneers, have been instructed to sell the following vehicles:

- A 4 wheel dog cart.

- 2 wheel Battlesden car. (Our research has found that this was a light 4 seater trap which is pulled by a pony)

- A La Buire 5 seater Touring car 18 HP and leather upholstery

- A Siddeley Wolseley 5 seat 12 HP tourer.

"All these vehicles have been in private ownership and have been well looked after."

R D Blackmore are advertising for auction at their Bideford Quay premises a considerable part of the estate of the late H G Heaven, Vicar of Lundy. Included are cut glass Bohemian vases, large Oriental jars, Dresden, Spode and Wedgwood china and many silver items weighing in total 750 ounces. The extensive sale catalogue concludes with a roasting jack!

These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.

Who do you think you are?

A common saying and a popular TV programme, but do **you** know the names of your grandparents? Other than Gran and Grandad? How about your great grandparents? What were their names; what jobs did they do and where did they live?

A group who enjoy researching their families, meet at the Pollyfield centre, one Saturday afternoon each month. There is normally a useful talk or a slide show showing how and where to search, perhaps by someone from your street explaining how they tracked down a distant ancestor with an interesting story. Come along and join in, at no charge, to see if you like it; have a cup of tea and a biscuit and ask questions.

No. You don't have to be born in Devon to join the **Devon Family History Society**. We are mainly people who live here, looking at the history of our families wherever in the world they lived.

Have a look at the website www.devonfhs.org.uk for details of meetings for North Devon, Exeter, Plymouth or Torquay if you wish. You can also find loads of hints, charts and tips to start you off there too. Pay £15 per year and you can attend as many meetings as you like, access the members' area on the website and get an interesting and useful magazine four times a year.

The July and August meetings particularly will be full of interesting stuff for those just starting or stuck. We look forward to seeing you at Pollyfield.

Peter Blackaby



THE SHIPPING NEWS



| Ship in Port Bideford | Registered flag owners | From | To | Arrived | Sailed | Crew | Cargo |
|---|-------------------------------|-----------|--------------------|-----------------|-----------------|-------------------------------|------------------------|
| Elke K Built 1993 | Netherlands Dutch | Plymouth | Castellon | 05/05/16 | 09/05/16 | Polish Russian Filipino | 2860 tons ball clay |
| At Yelland Celtic Navigator Built 1990 ex Atlantic Sea 08 Hera 14 | British Cardiff British | Glensanda | Ribadeo (Spain) | 24/04/16 | 24/04/16 | Polish | 3800 tons chippings |

The small cruise ship due in August is the **Balmoral** (*apologies for typing error*).

Arco Dart at Appledore **5.5.16**

8.5.16

LE William Butler Yates still fitting out at Appledore

Bristol Channel Observations.

16.4.16 at 16.25 **HMS Bulwark**

18500 tons displacement, inward bound toward Ilfracombe ; she returned to Bideford Bay about 2 hours later.. She returned later in company with **HMS Ocean** 22500 tons displacement, **HMS Somerset** 4900 tons displacement, a large

French Helicopter Carrier **Dixmunde**, a French fleet oiler, **Var**, and two frigates which I believe were French. By daylight on Sunday they had all sailed off towards Plymouth. The vessels were taking part in 'Operation Griffin.'

At 18.30 vehicle carrier **Tranquily Ace** 18840 tons d.w, owners Mitsui OSK Lines of Japan , inward bound for Portbury.

At 18.50 cargo vessel **Franbo Prospect** 11008 tons d.w, owners Franbo Transportation SA Taiwan, outward bound from Newport, having sailed on 8.4.16 at 18.41 had been anchored in Bridgwater Bay awaiting orders.

20.4.16 at 07.12 vehicle carrier **Grande Bretagna** 18461 tons d.w, owners Grimaldi Line of Italy inward bound for Portbury. At 06.45 bulk carrier **Berge Atlantic** 172704 tons d.w, owners Berge Bulk Norway AS Norway, outward bound from Port Talbot, having sailed at 03.04.

21.4.16 at 13.07 vehicle carrier **Torino** 21260 tons d.w, owners Wallenius Wilhelmson Sweden and Norway, inward bound for Portbury.

24.4.16 at 09.13 vehicle carrier **Victory Leader** 13363 tons d.w, owners Ray Car Carriers Israel inward bound for Portbury.

25.4.16 at 17.15 container vessel **MSC Ishyka** 33985 tons d.w, owners Mediterranean Shipping Co.s.A Switzerland, outward bound from Portbury, having sailed at 11.00.

29.4.16 at 16.25 vehicle carrier **Grande Mediterraneo** 18427 tons d.w, owners Grimaldi Line of Italy. inward bound for Portbury.

3.5.16 at 07. 20 container ship **MSC Rafaela** 51210 tons d.w, owners Mediterranean Shipping Co S.A Switzerland, outward bound from Portbury, having sailed at 01.31. At 08.22 vehicle carrier **Grande Benelux** 12594 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury having sailed at 02.54.

6.5.16 at 14.00 vehicle carrier **Grande Anversa** 12353 tons d.w, owners Grimaldi line of Italy inward bound for Portbury, (seen by my nephew Martin whilst at Hartland Point.)

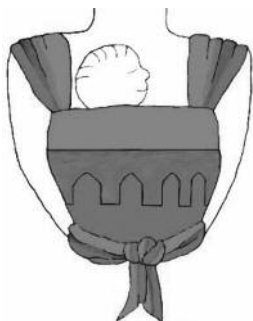
At 17.38 vehicle carrier **Paganino** 11373 tons d.w owners Paganino Germany, outward bound from Portbury having sailed at 11.51. At 18.13 vehicle carrier **Montreal** 12446 tons d.w owners Montreal GMBH & Co Germany. This vessel had previously been at anchor off Ilfracombe for about 3 weeks. *Regards Norman*



(c) N. Hardaker.

Baby Buzz

Babywearing Bideford!



Bideford Sling Library

Last May we held our very first Bideford Sling Meet. This week, we have celebrated our first birthday, complete with cake and some familiar faces.

Using a baby Sling or Carrier can have massive benefits for the child's health, bond and attachment. Parents' well-being, and breastfeeding rates are improved. Family life is made much easier. Why struggle with only one hand when you can carry your baby or toddler close and use both?

Katy and Ollie were the very first visitors to the Library in May 2015, and joined us to celebrate. *"The Library was a godsend when it came to finding a sling. My partner and I both wanted very different things in a baby carrier, so going to the Library and being able to try different types enabled us to find the carrier that was right for us."*

I always liked the idea of slinging\wearing Ollie, even before he was born. I wanted him to see the world on our level, to interact with people on our level. Then he came into my arms and he wouldn't sleep out of them during the day (good during the night though so I was happy with that!) Slinging my little man has given us the freedom to go wherever we want and give him the comfort he wanted, so it was a win-win situation in our house, plus all slings come with magic sleepy dust it seems! I get stopped a lot when wearing my little man, and for the great success in sleeping and freedom it gives us, I recommend the sling library to everyone that has an interest. Baby carriers can be expensive new (I buy mine pre-loved) so a Library is essential for those that want to try before they commit," Katy said.

In our first year we have helped more than fifty local families to try Slings before buying, explore the brands available and, most importantly, carry their children safely and comfortably. We now run free Sling Meets from the Children's Centre on the 2nd Tuesday of each month 1:30pm-3pm. Working with the Child Health Team, we are also able to visit Antenatal Classes to help expectant parents before their little ones arrive.

Crystal Steinberg

You can contact us via email
(bidefordslinglibrary@gmail.com), on Facebook
(www.facebook.com/bidefordslinglibrary), Twitter
([@bidefordslings](https://twitter.com/bidefordslings)) or by phone 07825683586.

Photo shows Crystal Steinberg and Katy Staunton plus babes.



At Bideford Library.

National Bookstart Week –

Under the Sea

Thursday 9th June 9:30-10:30

Help us celebrate National Bookstart week at a special under-fives' storytime of underwater fun. Join us for songs, crafts, refreshments and a little gift for every child. No need to book, just come along!

Story time for under-fives

Every Thursday. 9:30-10:00 am (except school holidays)

With stories, musical instruments and songs.



WESTWARD HO! YOUTH THEATRE

There's no place like Ho! Westward Ho! Youth Theatre do Wizard of Oz

If talk of concerts last month whetted your appetite, then Westward Ho! Youth Theatre are set to ensure your taste buds don't desiccate over the summer. For just £6 per adult, £5 per youth, and £18 per family of four, they are putting on perhaps their most extravagant show yet; the Wizard of Oz. Complete with Munchkins, monkeys and ridiculously pimped out masonry (according to the book, each stone in the yellow brick road was painted by hand. Ingenious job creation on the part of Oz town council, or sadistic community service regime? Your choice) the Wizard of Oz is a timeless source of magic, and the Westward Ho! team look to be tapping into it.

"Last year's Beauty and the Beast was such an amazing show, it was really hard to pick one that could follow it," said Producer Rebecca Edwards. "However, The Wizard of Oz is going to be just as spectacular. The costumes are colourful, the scenery is vibrant, the dances are energetic... it's such a fun show to do." The show is produced and directed by Rebecca Edwards, choreographed by Lynne Malone and Anneli Talbot-Imber is the Musical Director. To witness what looks to be a great spectacle and support the local talent, you can book online at www.whytg.co.uk or contact Sarah White on 07718 619642. **2pm 25th/26th July ; 2nd and 3rd July.**



Ah the humble pub quiz. The only place where in depth knowledge of the Bakewell tart is of life or death importance, and the mobile phone is banned. Often to be found boozing with its best buddy the raffle, it's nice to see that they are once again becoming big draws in Bideford. Whether it's the Joiner's on a Sunday or the Blacksmiths on a Thursday night, seasoned professionals could probably eek out a fine living if they could only find quizzes on in the days in between. As most are only £1 to enter now, they are a relatively cheap pastime, and the growing number of participants means that the prize funds are swelling too. Each jackpot is

still a long way off the caravans and speed boats of 'The Price is Right', but you can rest assured that winners come home with a lot more than just a tea pot and the bolstered sense of self esteem you get on Countdown. Besides, it's hardly ever about the winning, but the taking part. Team name? Perhaps the hardest question of all, and one you are forced to make right at the start. If unprepared, you'll settle for a second rate pun, on which you will be judged the entire night... If, however, a shining piece of wit happens to glint in, it may well be the making of your team. Certainly, hearing everyone else's is part of the entertainment- '42', 'Only in it for the raffle' and 'Benjamin Quizraeli' being among the weekly highlights. After that, it's the sense of camaraderie, the shared sigh at a woefully wrong answer, and the prospect of beating the team next to you that keeps the night young. (The team next to you might be lovely people, but for logistics, they are enemy number one; it's so much easier to give a withering stare over your shoulder, than give a competitive squint across the room.)

If you have a quiz down your local that you'd like to spread word about, please let us know and we'll mention them in the coming months! It'll be good to get the word out there, and bring in even more players to spice up the occasion... After all, the Summer exams will be all over in a matter of weeks, and we need something to revise for; even if it's just that question on Bakewell tarts...

Millie Sutherland O'Gara

The Actress

You became an Actress when you are
left on your own
Paint on a smile, and please don't moan!
Keep happy and cheery and paint
on that smile
Keep the Folk happy, it's just for a while.
Later tonight you can let your guard
down
You can be yourself, when not out
on the town
You can let the Tears flow, and you
can be sad,
You can cry your heart out and
not feel bad,
But please just remember ,
it's just for a while,
The Actress comes back Tomorrow,
So Paint on that Smile!
Su Miles.

Buzz Word

Middlings.

My wife and I thoroughly enjoyed reading the May edition of Bideford Buzz, particularly the articles on War Time Savings and Wartime Farming Problems on Lundy.

In the latter, Roger Allen queries, "What are Middlings?"

I remembered that they were a form of second quality wheat, but checked for a fuller definition in a post-war book of mine, entitled *"The Principles and Practice of Feeding Farm Animals"* (First published 1940). I attach the entry for Roger's enlightenment.

Many thanks for your efforts in producing a your fine community newsletter.

John Hobbs (Buckland Brewer)

Weatings or Middlings.—A further by-product from the milling of wheat is weatings which consists of smaller pieces of skin than are found in the bran, together with a certain amount of the larger fractions of flour. Weatings, formerly known as middlings, sharps, thirds, pollards and several other local names associated with the fineness of the product and the locality in which they have been produced, have a very different composition from the bran which has

a ratio of starch to protein of 4:1, whereas weatings is 6:1. Two kinds of weatings are produced from home-milled flour, namely weatings which do not contain more than 5.75 % of fibre and superfine weatings which are guaranteed to contain less than 4.5% of fibre, but for convenience, these two forms will be referred to merely as weatings. Normally weatings are used primarily in the rations of pigs and poultry, in these cases it, not infrequently, is the most abundant ingredient in the ration. Weatings are so palatable that they are frequently given to piglings, calves and chickens, then this food is, in general, soaked prior to feeding because it is likely to be pasty in the mouth, and in the stomach, if fed dry.

Arising from emergency measures adopted during the 1939-45 war the extraction percentages of wheat were fixed so that more of the so called milling offals such as bran and middlings were included in the flour. This resulted not only in less bran and middlings being produced for live stock but also in these two foods being of a lower feeding value.

It is impossible in 1953 to forecast whether the milling regulations will allow complete or even partial return to the system in operation before 1939.

Middlings is basically a poor quality product of ground wheat. We used it for poultry in the 1939/45 war. We had a normal pressure cooker and cooked vegetable scraps and bones and fish heads which were put in a bowl, chopped up and mixed with Balance Meal, Karswood Poultry Spice and I think middlings. It smelt quite appetising! We kept chickens in pens and gave up our entitlement egg ration to have poultry food. We used to glean the local cornfields and my father grew giant sunflowers to feed the seed, and would split the stalks of brassicas so the birds could hollow them out. We lived at Burnham - on - Sea.

Margaret Young

Margaret also sent us an item on 'Middlings' from 'The Standard cyclopedia of Modern Agriculture.' 1914.

Rolle Canal

Following the cover page feature in last month's Buzz, and combined with perfect walking weather, the Rolle Canal guided walk from Annery Kiln to the Ridd Inclined Plane on Sunday May 15th. saw a record turn-out of enthusiastic explorers keen to see the relics of this piece of industrial engineering and canal history.

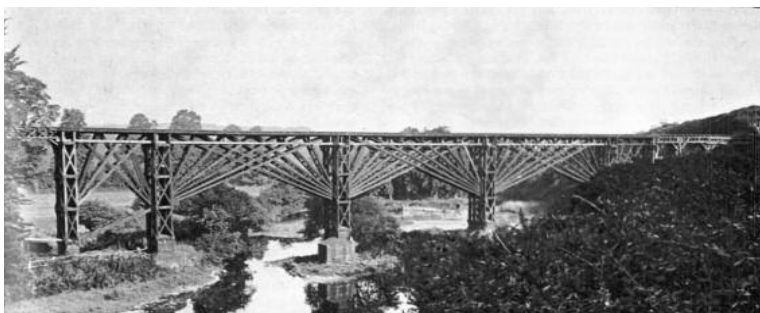
The next history walk will be on Sunday 12th June, again at 2:30, this time based on Staple Vale, Great Torrington, which is also the site of Torrington's old railway station.

Staple Vale was always what is now called a 'transport hub', combining one of the very few old pack-horse bridges over the Torridge with the later canal, turnpike road, railway and eventually the A386 trunk road. All these modes of transport served in turn to facilitate the very important wool industry from which Staple Vale got its name.

Another fine sunny afternoon has been ordered and, as usual on these Rolle Canal walks, there's no great distance to cover but lots to learn and things to see that most people will normally miss. These walks are open to everyone and the society would welcome a donation of £2 pp towards the on-going costs of its volunteer work in research and maintenance of surviving features of the canal. If further information is required please email [<hassallc@ymail.com>](mailto:hassallc@ymail.com).

Chris Hassall.

Picture shows : *Original wooden viaduct of Marland clay railway crossing the Torridge at Staple Vale.*



SeaLock Cottage. *Re last month's article on the Rolle Canal Walk.*

SeaLock Cottage, like the shipbuilding and quarrying activities outside the lock gates, on the Torridge banks, disappeared with the 1870's arrival of the railway. There is a marvellous drawing of the sea lock done by the late Barry Hughes in his wonderful book - *Rolle Canal and the North Devon Limestone trade*. SeaLock Cottage is believed to be the building behind the nearly complete "Margaret,"

Peter Blackaby



Heritage Week June 25th to July 2nd 2016
Saturday 25th Fun & frolics in the Town Centre
Mid week FREE Heritage Walk and FREE a
brand new talk by Peter Christie
 Heritage Day Saturday July 2nd 201



THE BIG ONE!

Heritage Day Saturday July 4th
All the entertainment, events, tours and
walks are FREE

FREE Medieval Combat, Have a Go
Archery, Victorian bikes to try (New)
FREE Kiddies Steam train rides (New)
FREE Living History, musket displays,
World War II displays (New)
FREE Shows by Entertainingly Different
and the Punch and Judy Man
FREE Crafts in the Park
FREE Glitter face painting (New)
FREE Morris Dancing, Balloon Show,
Unicyclist, Juggler,
FREE Tours and Guided Walks
Vintage Coach Tours of the Town
Peter Christie Heritage Walks Town Centre
(New)
The Town Hall Guided tour with the Town
Beadle and Town Crier
Please contact the Burton Art Gallery to Book
your place on a Free tour or
Free Guided walk Tel: 01237 47145A

The Way of the Wharves Project - volunteers needed to collect stories and memories

This exciting neighbourhood project is discovering the history of the Wharves on the East side of the river in Bideford and are looking for more volunteer helpers who live in Bideford Town Centre and East the Water.

It's a great opportunity to share information, dig up the past and make new friends. Your help is needed to talk to people in your neighbourhood and record their stories; research and collect old documents and photos; plan workshops, walks and talks; write blog and Facebook posts. Some training and expenses are available.

We have started to build an historical timeline and carried out some fascinating research visits. In June we are recruiting volunteers to help us to collect local stories and memories. June 9th and 23rd are **free** training sessions on how to use audio and other equipment; how to download edit and save files and learning the do's and don'ts of oral history.

Volunteers meet on the 2nd and 4th Thursdays of the month from 2-4pm - our next sessions are June 9th, June 23rd, July 14th and July 28th
 Venue: The Common Room, Ethelwynne Brown Close. This is at the main entrance to Flats 21-40, half way down on the left. (Please note June 23rd venue is the Phase 2 common room at Ethelwynne Brown Close, due to the EU Referendum election, contact us for directions).

If you would like to join us or have information to share about the history of the Wharves, contact Project Co-ordinator Sadie Green at project@bbcdevon.org or phone her on 07530 508676. Visit and 'like' our facebook page for updates and events at <https://www.facebook.com/BrunswickWharf>
Sadie Green, Project Co-ordinator

Bideford Library Heritage Week

Heritage Crafts for kids

Saturday 25th June
 10 am - 12 noon. Drop-in for ye olde worlde crafty fun. No need to book. Free but donations welcome.

Old Photos of the Town

25th June – 2nd July. Once again we will be dusting off our fabulous old pictures for display. Come and see if you can spot your ancestor!

Businesses of Bideford (BOB)

This will be the 3rd year that Bideford Businesses have joined in with Bideford 500's marvellous Heritage Week.

There are lots of plans afoot in Bideford between the 25th June and 2nd of July. Many shops will be doing heritage window displays and to commemorate the Queen's 90th birthday some will be doing special royal windows too. There will be a window competition with three generous prizes given by Councillor Jane Whittaker, (judging will be done by members of Bideford 500.)

There will be old photos of Bideford and surrounding area displayed in shop windows and many businesses will be laying on special events throughout the week.

If you would like to know more please join us on Facebook.

June Diary 2016

Wednesday 1st

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

2pm Bideford Library Readers' Group. 476075

4-6pm Sew Together at Northam Library

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

7.45pm Bideford Phoenix Morris at Coach & Horses, Buckland Brewer

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Thursday 2nd

Westward Ho! Fish Festival (until 5th)

10am-12pm See Hear on Wheels bus at Hartland Pavilion 01271 373236

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Marlborough Court.

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

2-5pm Open Garden & Afternoon Tea at 24 Bude St, Appledore, for N D Hospice

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Appledore Men's Group at Appledore Library Meeting Rm. 459299

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 3rd

2-3.30pm Sew Together at Westward Ho! Baptist Church. 01805 622666

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall 476632

Saturday 4th

9am-2pm Atlantic Village Market

10am Torridge Ramblers day walk 470004

7pm Film Club at Littleham Village Hall. 471928

Monday 6th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band Concert- training band followed by senior band at 7.45 on

Appledore Quay (St Mary's Ch. if wet)

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

8.30pm N Devon Jazz Club, The Beaver, Appledore. Ralph Freeman Quartet. 421065

Tuesday 7th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2pm Bideford WI, New Sea Cadet Blg

2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

6.30pm Bideford Band Beginner's

Group at Band Room. 475653

7.30pm Bideford Sustainability Group at Blacksmiths Arms

7.30-9pm Samba Baia Rehearsal at

Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 8th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

2pm Tea with Friends at St Mary's Church.

2-3.30pm 'Bideford Friends' at Burton

Art Gallery. 01805 622666

2.30-4pm See Hear on Wheels bus at Bone Hill car park, Northam

4-6pm Sew Together at Northam Library

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

7.45pm Bideford Phoenix Morris at The Beaver, Appledore.

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Thursday 9th

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Marlborough Court.

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Abbotsham WI meets at

Abbotsham Village Hall. 474711

7.30pm Scottish Country Dancing at

Westleigh Village Hall. 473801

7.30pm N Devon British Bike Club at

Robin's Nest.

8pm Bideford Folk Club at Joiners Arms

Friday 10th

10am-12pm Community Coffee Morning

at Kingsley Hall, W Ho! 421274

12-2pm 'Big in the Ho!' Big Lunch at

Kingsley Hall, W Ho! 422492

2.30-4.30pm Torridge Table Tennis

Club at Bideford Youth Centre. 477932

7.30pm Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532

7.30pm Abbotsham WI. 474711

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

Saturday 11th

9am Bideford Band Solo & Quartet Contest 475653

10am-4pm Model Exhibition & Traction Engine at Alwington Village Hall.

12-6pm Summer Fete in Victoria Park

2-4pm Bideford Creative Writing Group at Bideford Library. 700901

2-5pm Open Garden & Afternoon Tea at Hillcote, First Raleigh, for N D Hospice

7pm Appledore Singers & Abertillery

Ladies Orpheus Choir. 'Super Summer Concert' at Lavington Church. 420652

Sunday 12th

10am Special Service for Queen's 90th birthday at St Mary's Church, Bideford

10am-5pm Clovelly Seaweed Festival in aid of N Devon Hospice. 431781

Monday 13th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band Concert - training band followed by senior band at 7.45 on

Appledore Quay. (St Mary's Ch. if wet)

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Bideford Stamp Club. Members evening at Kingsley Hall, W. Ho! 472101

Tuesday 14th

10am-12pm Macular Society Support Group at Burton Gallery 441466

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

2.30pm 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Bideford & District Gardeners Club at Bideford Methodist Hall. 475914

7.30pm Lions Club meet at Royal Hotel

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

Palladium Club *Jam Night*

Wednesday 15th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

June Diary 2016 *continued*

4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club at Northam Hall. 423554
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.45pm Bideford Phoenix & Borderline Morris at Cyder Presse, Weare Giffard
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 16th
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10.30-11.30am Tai Chi at Marlborough Court.
11am Bideford Sustainability Group coffee morning at Café du Parc.
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm Bideford Band Concert on W.Ho! Green (weather permitting)
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms
Friday 17th
10am-12pm Northam Reminiscence café at Northam Hall. 459337
2-4pm Sew Together at Westward Ho! Baptist Church Hall. 01805 622606
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall 476632
Saturday 18th
9am-2pm Atlantic Village Market
7pm Bright Stars Ploughman & Quiz Evening at Northam Community Centre. 421956
Sunday 19th
8am Sellers 9am Buyers – RNLI Boat Jumble & Car Boot at Skern Lodge
1.30pm Torridge Ramblers 451643
Monday 20th
10am-12pm Appledore Community Art Group at Appledore Community Hall.
2pm Bideford Ladies Club at Marlborough Court. 421925
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band Concert – training band followed by senior band at 7.45 on Appledore Quay. (St Mary's Ch. if wet)
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251
8.30pm N Devon Jazz Club, The Beaver, Appledore. Lee Gibson & Martin Dale Quartet. 421065
Tuesday 21st
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
2.30pm 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471
3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765
6.30pm Bideford Band Beginner's Group at Band Room. 475653
7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*
Wednesday 22nd
9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.15am Probus Club at Royal Hotel
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
2pm Tea with Friends at St Mary's Church.
2-3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666
2.30-4pm See Hear on Wheels bus at Bone Hill car park, Northam
4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club at Northam Hall. 423554
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.45pm Bideford Phoenix Morris at Pig-on-the-Hill, W Ho!
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 23rd
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10.30-11.30am Tai Chi at Marlborough Court.
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Torridge Ramblers walk 01805 622183
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm Bideford Band Concert on W.Ho! Green (weather permitting)
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
7.30pm N Devon British Bike Club at Robin's Nest.
8pm Bideford Folk Club at Joiners Arms
Friday 24th
10am-12pm Community Coffee Morning at Kingsley Hall, W Ho! 421274
10am-1pm Lundy Art Group at Blue Lights Hall, Appledore
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.
6.45pm Queen's 90th birthday cruise on MS Oldenburg for Northam Lodge 477238
7.30pm Concert by Fremington Singers at St Margaret's Church, Northam.
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall 476632
Saturday 25th
11am-3pm Woolserly School Annual Summer Fete at Woolserly School Field
2pm Westward Ho! Youth Theatre 'Wizard of Oz' at Kingsley Hall, W.Ho! Book on 07718619642
Sunday 26th
2pm Westward Ho! Youth Theatre 'Wizard of Oz' at Kingsley Hall, W.Ho! Book on 07718619642
Monday 27th
10am-12pm Appledore Community Art Group at Appledore Community Hall.
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band Concert – training band followed by senior band at 7.45 on Appledore Quay. (St Mary's Ch. if wet)
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
Tuesday 28th
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
6.30pm Bideford Band Beginner's Group at Band Room. 475653
7.30pm Lions Club meet at Royal Hotel
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*
Wednesday 29th
9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.15am Probus Club at Royal Hotel
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
4-6pm Sew Together at Northam Library
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.45pm Bideford Phoenix & Borderline Morris – walking tour of Instow.
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 30th
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10.30-11.30am Tai Chi at Marlborough Court
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm Bideford Band Concert on W.Ho! Green (weather permitting)
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms