



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

BIDEFORD TOWN BAND



There has been a brass band in Bideford since around 1853. We have a long history of playing all around the area and taking part in, and organising contests for bands. We maintain this tradition to this day and host an annual contest which attracts contestants from as far away as Wales and all over the South West. The band is very busy playing all year round at civic events, parades, ceremonies, concerts, fetes and other events like shows and even weddings all over north Devon.

We are seeing a resurgence in form thanks to our new musical director, for the last ten months, Mark Durham. The band is also proud to announce its second CD recording, entitled 'The Little White Town' and featuring St. Mary's school choir in the title track. This is on sale now and is a worthy addition to any music collection. Our first CD, 'On the Quay' is also still available but almost sold out.

Recently the band travelled to York and took part in the historic Whit Friday marches (as featured in the movie 'Brassed Off') as well as performing a concert in York's stunning Selby Abbey.

If you would like to join us, or want to learn to play or support the band in any other way, please contact us through our website at www.bidefordtownband.co.uk or at our Facebook page. Alternatively give Becky Frisby a call on 01237 475653.

Details of the Band's events in July will be found in the diary. They will play every Thursday evening (weather permitting) at Westward Ho! Green from 7.30pm onwards.

CONTACT B U Z Z

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.







Bideford Lions



Bideford Freemasons



Summer Fun



Gardens to visit in Woolsery

Open garden and river walk, at Hole farm, Woolsery, Ex395RF (Sign posted off A39 at Bucks cross)On Saturday 18th and Sunday 19th July. From 2-6pmAdmission £3.50 children free In aid of ngs charities Refreshments available All welcome including dogs on leads.

A neighbour at 'Springfield' is opening on the same days so worth the trek out! More information at www.ngs.org.uk.

Bideford Water Festival

Fun day out for all ages on Bideford Quay. **Sunday 26th July 2015**Fundraising for local and Rotary International Charities -175ft Bungee Jump! Again This Year.....Bungee Jumping Also Appledore and Instow Ferry attendance, Paddle boards, Skern

Lodge power boat rides and the RNLI will make an appearance depending on operational demands! Quay events, fun fair, food. http://www.rotary-ribi.org/clubs/homepage.php

Appledore's Summer Festival

Appledore is hosting its annual Summer Festival again this year from **30 July - 1 August**. This vibrant community event offer stalls for local people and will be located on The Quay with craft stalls in the halls. Street entertainment will be an added attraction, along with involvement of many of the community groups.

Following the success of last year - the Door Knocker competition will be a highlight with the theme being 'Fisherfolk' and, if you are feeling really ambitious - why not make a Fisherfolk Scarecrow? Prizes will be awarded to those judged to be the most original.

The festival aims to attract visitors as well as providing an entertaining three days for residents and local businesses. Help us make this a really enjoyable event by taking part.

Competition forms are available from Appledore Newsagents, The Quay Gift Shop, and Uncle Wainwrights Charity Shop for the princely sum of £1; the closing date is 23 July. For information regarding the festival please contact Linda Smith on 01237 422808 or email Linda.smith1@btinternet.com

Bideford Freemasons Proudly Present

A GALA CHARITY CONCERT

Starring MILITARY WIVES CHOIR(Chivenor) Torridge Male Voice Choir Special Guest Tamsin Ball and a "Last Night at the Proms" Finale Led by Appledore Silver Band Friday July 10th 2015 @ 7.30 p.m. Devon Hall, Bideford College

Tickets £20 In Support of N.D.D.H. Chemotherapy Appeal The Military Wives Choir Foundation (Reg. Charity 1148302)

Devon Mark Charity Association (Mobile Chemotherapy Unit **Tickets** available from Bideford College Box Office Monday to Friday: 4.30 to 9pm

Tel: 01237 429535 and Raphael, 50 Mill Street Bideford

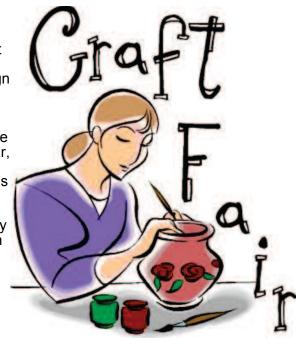
Free parking available for 200 cars, Licensed Bar

Arts and Crafty

Craft fairs can be mysterious beasts. They lurk about in town halls and fields undiscovered for days, only revealing themselves through a tiny hand-painted sign for homemade chutney and wind chimes just off the A39. But they are worth seeking out.

Here at the Buzz, we've not just been looking into the craft markets that start to emerge this time every year, but actually taking part in them to see what it's like trying to sell your goods. And we've got to say, there's an awful lot of skill involved. The first attempt was a learning experience, as we brought along wooden pegs to hang everything on, which seemed like a nifty idea at the time, and a fancy looking white table cloth affair, the kind of thing you might see at Country Cousins and cover in napkins for fear you'll spill anything at all on it.

Sadly, we had vastly underestimated the table size, so our sheet looked more like a luxurious doily than anything else, and if it wasn't for the help of another



brilliantly friendly stall holder who lent us one of hers, our effort would have looked even worse. And that's when sale #1 began. The first thing you notice is how professional the other stalls are; with their colour-coded cloth and bespoke models, made to show off each trinket and ensure a panoramic view from all around the hall. The same could not be said for ours, but all the traders band together to form such a tight community, that the constant buzz of jokes, conversation and gentle tips for improvement made time fly anyway and the 8 hour day- though tiring- was intensely worthwhile. In the down time, we also had a prime opportunity to browse round everything else, morph into customers and spend more than we made on the variety of jewellery, sweets, bags home-made cards and driftwood homes on offer.

This is the true charm of fairs. Everyone's welcome to look, see, browse and chat during the lulls (you don't realize it while you're in them, but we humans tend to travel in telepathic herds, it'll be silent for half an hour and you'll suddenly get an influx of tourists who all had the same brainwave at the same time) so it's impossible to stay bored or inert.

By the second attempt, we had a lot more knowledge which only grows, and now each time we come it's partly to sell things, but mostly to see the people again. They do the craft market circuit in the summer, racking up a lot of mileage, and hopefully profit, for the season (just like ice road truckers do in winter) so whether you hunt for boards at the side of the road, or look into the north Devon Craft Market Facebook group, you're bound to find something you like with the sheer variety and quality on offer. And you never know, you might become the proud owner of a doily tablecloth, too, if you really keep your fingers crossed.

Millie Sutherland O'Gara

<u>Disney's Magic comes to Westward Ho!</u>

On the 3rd, 4th and 5th July 2015, Westward Ho! Youth Theatre (WHYT) is performing Disney's Beauty and the Beast at Kingsley Hall, Westward Ho! The cast has been rehearsing tirelessly since January and this spectacular production showcases the talents of this vibrant youth theatre. Tickets are priced at £6.00 for adults; £5.00 for youths, seniors and concessions; and £18.00 for a family of four. Please contact Jocelyn Droppa on 01237 420417 or www.whytg.co.uk.

Got something to share? Send it to Millie, c/o the Youth Page, Bideford Buzz. editor@bidefordbuzz.org.uk.

Book News Bel Canto by Ann Patchett.

Although a work of fiction the story takes inspiration from a siege in Lima in 1996 when revolutionaries held several hostages for over 120 days. It took a few of us a while to get into the book initially (in my case because I didn't quite know where it was going) but ultimately most of us really enjoyed the book. Although discussion revealed several flaws it didn't spoil the story and most were able to 'suspend disbelief'. The book was really 'well structured', often poetic, and the writing 'technically outstanding': at times many of us felt as if we were 'there in the moment'. Although the situation was potentially bleak there were elements of humour and romance in the story, with lots of tongue in cheek descriptions. Despite the outcome being revealed early in the book (to careful readers at least – the writer of this review missed that fact!) the author built up the tension until the shock of the ending. The feelings of captors and hostages increasingly intertwined as the story developed. Certainly I felt for so many characters and found myself often willing them on. Until the final pages it appeared that many of the hostages and hostage takers had found their dream: almost everyone became happier in the hostage situation than in real life! I was on tenterhooks towards the end, desperate for a happy outcome but knowing that it would be unlikely for at least some of the characters. Very readable.

Peter Evans

Next Meeting of Bideford Library Readers' Group is at Bideford Library on

Wednesday July 1st 2.00 pm. Discussing The House of Mirth by Edith Wharton

Northam and Bideford libraries

11th July is the launch of this year's Summer Reading Challenge 'Record Breakers', and on library to confirm the group is running the launch day libraries across the country along each week) with the Reading Agency are attempting to set a Guinness World Records title for the 'most pledges received for a reading campaign'. We would like as many children as possible to sign

At Bideford

Drop-in children's craft event

Tues July 28th between 10.00 and 12.00, for children of all ages.

At Northam

<u>Lego</u> **10.30 -11.30** Friday 31 July Record Breaking Bugs 10-12 Wednesday 5 August More holiday events next month (Booking essential at Northam.)

Bideford Library

Story time for under-fives Every Thursday. 9:30-10:00 am (except school holidays)With stories, musical instruments and songs.

Nifty Needles

Every Thursday. 2 - 4pm For anyone who enjoys embroidery, quilting, knitting, crochet and other handcrafts. **Board Games Afternoon**Every Friday 2 – 5pm

If you enjoy games like chess, scrabble, backgammon or dominoes come and join other enthusiasts for a game.

Feel Better with a Book (please check with

Every Wednesday 10:30-12:00 am Come and lift your mood through the joy of reading! The aim of the groups is to enable you to enjoy the pleasure and relaxation of listening up for the challenge on that date, pledges will be to great stories and poems - classical and new - counted from 10-12.30.

to great stories and poems - classical and new - and sharing responses with others. No pressure and no reading required. The group is led by an experienced facilitator.

Creative Writing Group

Saturday July 11th 2pm - 4pm Creative writing with local author and publisher Nikki Brownson. This is a new group meeting every second Saturday for all aspiring writers looking inspiration and guidance.

Reminiscence Session – Take a trip down memory lane

Wednesday July 8th 2:00-3:30 pm Remember back... and look forward to sharing your memories with others chatting, looking at old items, perhaps creating a book of memories together. For anyone aged 60+ Refreshments provided

Meditation and Relaxation Group

Thursday July 2nd 7:30-8:30 am New session! Wednesday July 15th 2:15- 3:00 pm Guided meditation and relaxation group for adults with Nicola MacDonald

Northam Friends' group

6th July 2pm at Northam Hall is the next meeting and will include the election of officers.

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editor@bidefordbuzz.org.uk
Or write to us:
c/o Torridge Voluntary Services
14 Bridgeland St. Bideford EX39 2QE or telephone 07929 976120

Quaker Meetings for Worship

are held at 17 Honestone St, Bideford (Near Pannier Market) 10.30am on Sunday mornings All are welcome

> Contact Jackie Poole Tel: 01271 861824

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Join a warm and friendly group near you today...

Tuesday 9.30am or 11.30amRobins Nest, Bideford AFC

Tuesday 3.45pm, 5.30pm or 7.30pmEast the Water School, Bideford

Tel: Kate 01409 221873 or 07974 041548

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon Samaritans offer a confidential emotional support service which is available 24 hours a day.

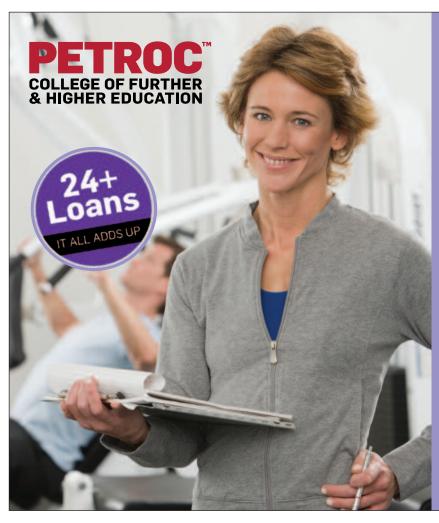
If you are interested in becoming a listening volunteer, please contact Samaritans on:

01271 37 43 43

or email sams_nd@yahoo.co.uk

Information Mornings in Barnstable at 10:00 on 5th July & 29th Nov.14

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We very much look forward to meeting you.



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Bideford Pannier Market - open Tuesdays, Fridays and Saturdays

Well what can I say! Against my better judgement I let Pannier Pete have a go at writing this last month. What a load of tosh he does talk. You will have to let me know what you thought of his efforts, bless him he really does mean well. You can always leave a message on the Bideford Pannier Market Facebook page



The Pannier Market is doing well at the moment; we have been advertising in one of the coach operators' trade magazines and have gained some positive results All the stall holders welcome the additional trade. We still need your support to make this wonderful historic building the asset to Bideford that it should be We are always looking for more traders to come and join us. Please contact Richard Coombes at Bideford Town Council on 01237 428817. Stalls available from £3.00 per day monthly or £5.00 per day on a casual basis

Butchers' Row – open Monday to Saturday

This beautiful little Victorian arcade has had a face lift - the painting to the roof is complete and it's all looking very smart. The Butchers' Row traders and artisans are all waiting to welcome you and show you their wares; we have wood carvings, sculptures, paintings, jewellery, pottery, clock and watch repairs, stained glass windows, computer repairs and all manner of things. It's not just a place to buy things but also a place to seek advice if you fancy trying one of the crafts

Market Place and Grenville Street - Open Monday to Saturday

This old quarter of Bideford is often overlooked but there is plenty of life here. We have antique shops, two model train shops, ladies fashions, hairdressers, wedding outfitters, interior designs, architects, furniture shops just to mention a few. All these are local businesses owned by local people, please come up and see them – see what they have to offer, **Be different - buy the unusual – Buy local**. All these shops are small independent businesses offering a real old fashioned personal service – with 36 shops, cafes and pubs then you are sure to find something of interest

See below for details of exciting new project.

Bideford Market Project

New plans for the Pannier Market that will breathe new life into Bideford's historic heart have been announced.

Building on the success of Butchers Row, where artists and craftsmen can be seen at work, eight new studio workshops will create a similar busy atmosphere in the Market Hall. They will be available to rent by local artists, craft-makers and other creative individuals. Woodcarver John Butler explains the scheme.

" The new studios will complement the market stalls, increase visitor numbers and make best use of one of Bideford's prime assets."

"Butchers Row works. Visitors and locals alike enjoy watching things being made or done, whether it's pottery, carving or sculpting. The same sort of attractions in the market hall can only be of benefit to everyone who works and trades in this unique setting."

John emphasises that while studio spaces can be used to sell and promote an artist's work, they will be primarily active workshops, with daily opening hours and regular use expected.

The town council market management committee has approved the scheme in principle; detailed plans are in preparation. Artists and craft makers can register their informal interest in this energetic and exciting project by contacting co-ordinator Michael Dendle (michaeldendleart@gmail.com).

Further details can be found on Facebook at "Bideford Market Project".

Michael Dendle

Weare Giffard Art Group

We meet every Wednesday in the village hall from 10am until 1.00pm, with a short break at Christmas and at end of July until September.

We are a very friendly group of approximately twenty two members of all abilities, from beginners to the more accomplished. We all help each other and it is really more of a social gathering of like

We each do what we like, be it watercolour, oils, acrylic or pastels, or even just pencil drawing. We have no tutor other than an occasional friendly artist who comes at a very affordable cost. We were originally the class of Sheila Souter, who sadly passed away over eighteen months ago, and we decided to maintain the class in her memory.

Every year we hold an exhibition of our year's work in the village hall, and this year it is from Friday 3rd July until Sunday 5th July, from 10am until 5pm, culminating in an art auction on the Sunday afternoon.

It is a very popular event and all the paintings are for sale should anyone want to buy one!

New members are always welcome. You don't have to be an expert. If you enjoy painting in a friendly atmosphere, come along and join us. My contact number is 01271 860903 Mike Hudson.

The Appledore Singers - 30th Birthday Concert

To celebrate their 30th Birthday Season, the Appledore Singers are presenting a **celebration concert on Sunday July 5th, 2.30pm at Northam Hall (top of Fore Street).** Admission: £5 at the door (under 16s free) to include refreshments

For further details contact: Pam Beechey 01237 420652 or see our website:

theappledoresingers.co.uk 'Seek a Śmile Thro' Song'

Fun for Children at Northam Lodge's Summer Fete

Our Summer Fete will be held on Saturday 25th July from 2pm to 5pm in the grounds at Rose Hill, Heywood Road, Bideford.

A variety of stalls will be available for you to peruse including our usual cake stall, which will be laden with delicious goodies and will take pride of place alongside Seasonal Samosas if you fancy something spicy. The very popular Plant Stall will once again attract attention and our raffle and tombola will be groaning with great gifts to win. We also cater for your little ones with a bouncy castle, hook a duck, face painting, and hair braiding.

Entertainment will be provided by the Dance Fit Belly Dancing Group and also Entertainingly Different will be keeping your children amused with story telling and maybe some puppet activities. SAVE THE DATE, come along for a fun afternoon and support your local charity.



Friday 3 at 7.30pm and Saturday 4 July at 8.30pm at Kingsley School: **Spooks: The Greater** Good (15) 104 mins

Saturday 4 July at 6.00pm at Kingsley School: Far from the Madding Crowd (12A) 119 mins

Saturday 11 at 5.00pm and Sunday 12 July at 4.00pm at Kingsley School: Tomorrowland: A World Beyond (12A) 130 mins

Saturday 18 at 4.00pm and Sunday 19 July at 6.00pm at Kingsley School: Jurassic World (12A) 130 mins

Thursday 23 July at 7.00pm at Kingsley School: Globe On Screen 2015 Season: Comedy of Errors (PG) 137 mins For details see

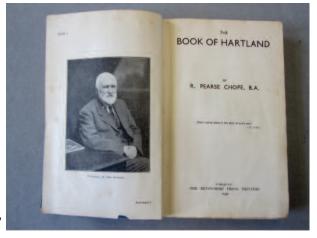
http://onscreen.shakespearesglobe.com/productions/the-comedy-of-errors/

Friday 24 July at 7.30pm at Kingsley School: Mad Max: Fury Road (15) 120 mins

Saturday 25 at 7.30pm and Sunday 26 July at 6.00pm at Kingsley School: Man Up (15) 88 mins

The Book of Hartland

While Bideford Library has marched boldly into the 21st Century with its Wi-Fi and e-book service, we shouldn't forget the wealth of historical material also kept here. We have a wonderful set of old photographs, many of which will be on display during Bideford Heritage week. We also have an impressive collection of dusty old books relating to the history of Bideford and Devon more widely. It's a shame that these aren't used more so this is the first in a series of occasional articles drawing your attention to some of the books that we feel deserve greater appreciation.



The bulk of our collection was bequeathed to us by Richard Pearse Chope (1862-1938) a native of

Hartland parish. He was a keen local historian and member of the Devonshire Association and regularly wrote articles for them and also the Hartland Chronicle. We have a run of the Chronicle from 1896-1931 and while they are fascinating to read, they are in poor condition so we have to be very careful when producing them. On his death, Chope left a nearly-completed book based on these articles so with some editing and minor additions, **The Book of Hartland** was published in 1940. The editor, Isobel Thornley from University College London, sadly also died shortly afterwards in an air raid so it was quite a troubled publication. Pictured is the title page and frontispiece showing the author looking very dapper with his neatly trimmed beard. Despite being a wartime production, the quality of the book is really quite nice. The paper is strong and retains its crispness and it is bound in a dark blue cloth. I haven't been able to find out how many were printed but it must have been very few, probably numbering in hundreds. An acknowledgment at the front of the book thanks the Devonshire Association and 172 subscribers who financially supported the printing. Despite all this, the book is not really valuable. At the time of writing, there is currently a nice copy listed on ebay for £26!

As the title suggests the book is concerned with the story of Hartland. It's not a conventional history but a series of chapters, some of them only a few pages long, on a variety of topics from Saxon times until the 1800s. I'll leave it to you to come and browse through the book but my favourite chapter is a reproduction of the Borough Accounts from 1612-1807. This is a long list of payments made to travellers, soldiers, the poor and others. So for example in 1613 payments were made to watch Elloner Prust, presumably because there was no jail in Hartland. Also to provide 'candells' and bread while she was being detained and then to carry her to Exeter where the Assize Court would have been held. We wonder what Elloner did! There are still Prusts living in the area so maybe her descendants are among us. Elsewhere we read about 'howses' being burnt by 'piratts' and torn down by papists. In the seventeenth century most of the payments seem to have been made to Irish people. This was a time of famine in Ireland and also population being displaced by English Settlements. It seems that many of the poor Irish turned up in Devon where they received charity from the good people of Hartland.

Please come and look through the book for yourself. It can't be taken out from the library but we also have a facsimile edition published in 1995 which can be borrowed.

Matt Chamings, Bideford Library.

Bideford Heritage Week at Bideford Library.

Monday 29th June – Saturday 4th July

All week: A display of old photos of the town.

Tuesday 30th June, 10am - 12 noon: Old Books of Bideford. Drop in and see the historic Pearse Chope Collection.

Bideford Ladies FC will be hosting a Family Fun Day.

Saturday 18th July at Victoria Park, Bideford 12pm - 4pm.

Bouncy castle, sumo wrestling for adults and kids, face painting, tattoos, wet sponge throwing, target shooting, beat the keeper, raffle, tombola, cake stall, hot food and much much more...

Come and enjoy a fun filled day for the whole family and help raise funds for our ladies side; if you would like a craft stall/ tabletop for the day, please get in touch £5 per table sarah3short@yahoo.co.uk/07740 310102or sammy j 1@yahoo.co.uk/07852281637'

Tales of the Riverbank this Summer

Tales of the Riverbank is a series of events that Bideford Bay Creatives (BBC) are running between June and October, exploring and celebrating the River Torridge - its history and heritage, natural environment, beauty, and those who use it. It's an exciting and eclectic mix of 20 workshops, talks and walks, led by local experts and enthusiasts. Some are just for children, some for adults and some for everyone! All events have bookable places at the Eventbrite website, via the BBC website. Go to www.bbcdevon.org home page and click on the blue 'buy tickets at Eventbrite' button. It is ok to turn up on the day but pre-booking is strongly advised as places may not be available. BBC are also looking for volunteers (same website) to help steward each event, in return for a free place.

Sadie Green Chair of BBC



<u>The Torridge in Poetry and Prose</u> A talk by Liz Shakespeare Thursday, 16 July 2015 from 19:00 to 20:30 Cleverdons Cafe

To include readings from the work of Charles Kingsley, Edward Capern, Henry Willamson, Ted Hughes and others plus a special guest appearance from a young local writer.

The River Torridge is very important to those of us who live in Bideford or near the Torridge Valley. It is a constant presence and we are very aware of its tides and its different moods - at high tide on a summer evening it can be as placid as a lake, but when flood waters rush from its higher reaches after a storm it is dark and menacing. Nothing brings a place to life like reading about it in someone else's words so during this talk I will be introducing some of the writers who have been inspired by the Torridge and I will read excerpts from their work, including Henry Williamson's Tarka the Otter.

Edward Capern is less well known today than Henry Williamson, but he was a local celebrity in the mid-nineteenth century and was known as the Bideford postman-poet; he is to be the subject of my next book. He was born in Tiverton in 1819 and brought up in Barnstaple where his father worked as a baker. He only went to school for 4 months - this was before the days of compulsory schooling - but he was keen to learn and read all the books he could get his hands on. He moved to Bideford and lived with his wife in a house at the end of Mill Street, now occupied by Braddick's Funeral Directors. Edward became a postman on the Bideford – Buckland Brewer round and walked 13 miles a day, 7 days a week. He started writing poems as he walked, poems which spoke of the people he met and the landscape he loved. He couldn't always afford paper to write on so would write on envelopes while leaning on a stile, having to run afterwards so he did not fall behind time, and would have to apologise to the intended recipients of the envelopes and ask for a scrap of paper so he could copy out the poems. In time he became very well-known; he published 4 volumes of poetry and was awarded a Civil List Pension by the Prime Minister. I shall be reading two poems that he wrote specifically about the Torridge.

Liz Shakespeare.

Liz is the author of four books set in North Devon.

Other July events.

Saturday, 11 July 2015 from 13:00 to 16:30 Tales of the Riverbank: Walk & Talk, Stories of our Exotic/Immigrant Plants - with Pete Yeo

Saturday, 18 July 2015 from 13:30 to 16:00 Tales of the Riverbank: Walk, Talk & Hunt for Elizabethan Pottery Sherds - with Sadie Green

Saturday 25 July 2015 from 09:30 to 13:00 Tales of the Riverbank: Historical Walk & Talk from

Bideford to Appledore - with Peter Christie **Thursday**, **30 July 2015** from 13:00 to 16:30

Tales of the Riverbank: Family Art Workshop Demonstration & Tales of Fishing Heritage - with Trepanning Through History **Associated event:**

Learn Devon, Bideford Arts Centre Saturday July 25th 2015 from 10:00 to 13:00 and 14:00-16:00. Tales of the Riverbank: Family Art Workshop making origami butterflies and decorative fish - with Caroline Preston. To book a place phone 0345 155 1014



100 Years ago July 1915

At East –the-Water school during a recent health test it was found that 7 out of 10 children need to wear glasses. The School managers cannot supply them and if the parents cannot afford to buy them there is serious concern that either the Guardians (from the Workhouse) or the County Council will have to pay. It is also reported that there is an acute shortage of teachers.

Schools have been told not to allow any time off for harvest. 14 days extra had been suggested but farmers' sons may stay at home to help if necessary.

A complaint has been made by Mr Cook, Headmaster of Gunstone School, of a woman coming there and making a disturbance because her son had been punished. It has happened several times and she has been warned that if this continues she will be prosecuted.

Properties for sale in Bideford include the following:

- 1, Bull Hill, formerly known as The Cornish Arms, comprising of a 60 foot frontage, large garden and considered suitable for a builder or painter;
- 2, Bull Hill, which has recently been re-drained
- 22, Meddon Street, a ground floor shop and bakery complete with ovens and with 4 bedroom accommodation upstairs.

Following the auction, 22 Meddon Street was withdrawn at £300. The reserve had been set at £320 and the property was subsequently sold privately at an enhanced figure. The Cornish Arms was withdrawn at £145 and 2 Bull Hill at £50.

According to the Taw & Torridge Fisheries, substantial catches of salmon have been made during May and June. Some boats had 12 fish at a cast and often 5 or 6 were netted, the largest recorded being 32lbs. Little rod and line fishing was being done.

A severe storm swept across North Devon causing serious damage. Hailstones "as big as champagne corks" were collected and glass in conservatories was smashed. 84 chickens were killed and 3 cottages near Crediton were burned out by lightning. Locally the damage was less severe but crops, potatoes and soft fruit were destroyed.

These and many more items of local interest are available to read at the Bideford Community Archive at the Council offices, Windmill Lane, Northam. Tel: 01237 471714



Buzz Word

Garden thanks.

Please accept a huge THANKYOU for featuring our Open Gardens event on the front page of June's Bideford Buzz; the response was amazing.

We had loads of lovely people visit us, a big thank you to all of them too. On the Saturday we asked people who we didn't know, how they came to hear of us. The vast majority said they saw the article in the Bideford Buzz and decided to come along.

With entry, refreshments and plant sales we raised £1,000 for North Devon Hospice.

We know that the weather was on our side too, but feel sure that without your support that sum would have been considerably less.

The Bideford Buzz might not be a big paper, but it has a big impact locally and is loved by us all.

Thank you again from two gardening geeks

Diane Cameron and Mandy Strawson



I attended Torridge Auctions on Thursday 11th June, and put a bid on three bound copies of Punch Cartoons. I was particularly interested in the one with the red cover, as it contained two cartoons by George Belcher, who was Principal of Bideford Art School (now the Arts Centre), in the early 20th century. Another cartoonist for Punch was Bertram Prance, a pupil of Bideford Art School at the same time, and there were at least 8 examples of his work in that red book. I obviously did not bid high enough, but would the person who did win the bidding be kind enough to take them to the Burton Art Gallery & Museum, Kingsley Road, Bideford, and show them to the Exhibitions & Collections Manager, Warren Collum, so that, if possible, he could make copies of those very special cartoons to add to the collection of paintings and cartoons by Bertram Prance owned by the Gallery.

The telephone no. is 01237 471455 if he or she would like to call the Gallery first. Diana Warmington,

Friends of the Burton Art Gallery & Museum.

Help Wanted

Does anyone still have a computer and printer that can take an Amstrad 3" floppy disc? I have the last part of my short story on one, and would love to know how it ends! Please contact me on 01237 472336 if you can put me out of my misery – I might have to think the ending out again, and that might take time!

Di Warmington. 01237 472336 diana.w@care4free.net

Mock Battle

I was interested to read of the military exercise staged on The Pill back during the war referred to by David Brierley in his letter (June Buzz) which took me back.

This must have been in about 1941 or 1942 I would think. I can remember coming out of the Grammar School in Abbotsham Rd and hurrying down to see the event.

The BBC had a car parked on The Pill recording with commentary the exercise, which presumably was later broadcast to boost morale.

Basil Pidgeon.

Bee's Knees

The Sea Cadet hut in Victoria Park is a fantastic premises which is available for community groups to use at reasonable rates. Very accommodating and a beautiful resource.

Alison Campbell.

Secret Garden.

Try the Secret Garden cafe, Mill Street. A lovely place to sit and good coffee too!





THE SHIPPING NEWS



Bideford Shipping News 125

No shipping at Bideford since last issue

Activity at Yelland Welsh Piper 4.6.15

Activity at Appledore

The Irish Patrol vessel LE James Joyce did not sail on the 17th May as predicted. At the time of going to press she is due to sail on the 17th June at 06.00. Arco Dart at Appledore No sightings

At Ilfracombe

Due at Ilfracombe on the 26th July the Holland America Line cruise ship **Prinsendam** 38848 gross tons coming from Holyhead and due to sail approx 18.00. the same day.

Bristol Channel Observations

16.5.15 at 14.20 cargo vessel Monica Mueller 3723 tons d.w, owners Otto A Muller Schiffahrt GMBH Germany, outward bound from Sharpness, having sailed at 05.03. At 15.25 cargo vessel **Wilson Durness** 3689 tons d.w, owners Argonauton Holdings GMBH Germany, outward bound from Sharpness, having sailed at 05.08.

18.5.15 at 20.10 cargo vessel Monica Mueller 3723 tons d.w owners Otto a Muller Schiffahrt

GMBH Germany inward bound for Sharpness. **20.5.15** at 12.00 vehicle carrier **Tirranna** 29936 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, southward bound from Portbury, having sailed at 06.56 . at 16.43 vehicle carrier Grande Anversa 12353 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury. At 18.14 vehicle carrier **Grande Scandinavia** 18440 tons d.w, owners Grimaldi Line of Italy inward bound for Portbury. At 19.00 tanker Thun Gazelle 7515 tons d.w, owners Thun Tankers BV Gothenburg, inward bound for Cardiff.

23.5.15 at 17.00 cargo vessel Aller 2910 tons d.w, owners Roland Ship Management Germany outward bound from Newport, having sailed at 10.02. At 17.59 cargo vessel **Flinterbay**3483 tons d.w owners Flinterbay BV Netherlands. outward bound from Cardiff, having sailed 11.40. **24.5.15** at 20.18 cargo vessel **Eider** 3672 tons d.w, owners Roland Ship Administration Germany, outward bound from Newport, having sailed at 12.18. At 20.20 vehicle carrier **Coral Leader**

12164 tons d.w, owners Nippon Yusen Kaisha of Japan, inward bound for Portbury.

25.5.13 at 13.40 cargo vessel Anton 4570 tons d.w, owners Anton Hermann Lohmann Germany inward bound for Portbury. At 18.18 vehicle carrier **Autosun** 6670 tons d.w, owners United European Car Carriers of Norway, inward bound for Portbury,

26.5.15 at 07.15 container vessél Endeavour 9168 tons d.w owners JR Shipping Netherlands outward bound from Portbury, having sailed at 02.33. At 21.50 vehicle carrier Grande Europa 18461 tons d.w., owners Grimaldi Line of Italy, outward bound from Portbury having sailed at 15.45

29.5.15 at 13.17 cargo vessel New Vela 5049 tons d.w owners New Vela Shipping Ltd Malta outward bound from Cardiff, having sailed at 04.08.

30.5.15 at 09.25 container vessel Endeavour 9168 tons d.w, owners JR Shipping Netherlands inward bound for Portbury. At 10.18 cargo vessel **Fluvius Plym** 3211 tons d.w, owners Fluvius Plym Ltd, Crediton inward bound for Cardiff.

3.6.15 at 09.27 hrs cargo vessel Lady Alexander 3700 tons d.w, owners Lady Alexander Netherlands in the colours of Wijnne Barends Netherlands, inward bound for Newport. 5.6.15 at 21.00 cargo vessel Narwa 5060 tons d.w. owners Roland Ship Administration Germany inward bound for Sharpness.

8.6.15 at 06.24 cargo vessel Sea Kestrel 2225 tons d.w., owners Northern Coasters Grimsby, inward bound for Newport.

9.6.15 at 06.25 vehicle carrier **Opal Leader** 12200 tons d.w, owners Nippon Yusen Kaisha of Japan, outward bound from Portbury, having sailed at 02.00. At 08.36 bulk carrier **Yeoman** Bank 38997 tons d.w, owners Aggregate Industries UK Ltd UK, inward bound for Portbury. 10.6.15 at 07.15 bulk carrier Aasli 6630 tons d.w owners Hans Martin Torkelsen Norway inward bound for Newport. At 0743 hrs vehicle carrier Glovis Chorus 21505 tons d.w owners Glovis Co Ltd South Korea inward bound for Portbury.

11.6.15 at 07.42 cargo vessel Wilson Caronte 4450 tons d.w, owners Wessels Reederei GMBH Germany, outward bound from Birdpor, t having sailed at 01.56.

14.6.15 at 08.41 cargo vessel Wilson Lista 3717 tons d.w, owners Wilson Shipowning AS Norway inward bound for Newport Norman

News from the Burton Art Gallery & Museum

It's good to have some summer weather at last, so that locals and visitors can enjoy Bideford's Victoria Park and its excellent array of outdoor equipment and sports fields for both adults and children to play with. Sitting outside the Burton Art Gallery is also a pleasure for those not wishing to take part in these activities, and they can also venture indoors to view the latest exhibitions.

At present, the Westward Ho! & Bideford Art Society's 93rd Annual Exhibition is on show, and, as always, presents a great variety of artwork by local and regional artists, all of which have been carefully selected in order to maintain the high standards and quality of work to which this Society has come to be known. The Society awards two prizes during the exhibition: one is named after their late President, Ken Doughty, teacher and artist; and the other is known as the 'You Choose' prize, when the public can vote for their favourite work of art. The Society also gives awards to students who have completed the Petroc Foundation Diploma in Art, and are about to embark on their university courses. The Summer Exhibition began in June, and continues until August 1st. Both downstairs galleries are filled with paintings in all media, original prints, ceramics, and much more. Most of the works are for sale, and this is an opportunity to purchase an original work of art.

For further information, and if you would like to exhibit another year, visit www.whobidarts.co.uk.

July 4th is Heritage Day in Bideford, and you will find a good deal going on in the Park, with stalls and activities; in the Pannier Market with stalls and that very special singing group, 'Encore', performing excerpts from 'The Pirates of Penzance' (in costume, no doubt). There will be Town Walks in the morning and afternoon, starting from the Burton Gallery frontage. Bideford's heritage is all around you – and it's worth discovering. The new Port Stone beside the Art Centre commemorates Bideford's ship building and trade, and the Museum of Bideford, upstairs in the Burton, has a so much to tell, with models, artefacts, the story of Bideford's Black Paint Mine, and a unique collection of North Devon Slipware.

The Gallery is open from 10-4 Monday to Saturday, and 11-4 on Sundays. Admission free. The Cafe du Parc opens at the same hours, for Sunday lunch with music. Tel: 01237 429317 For the Tourist Information Centre & Gallery: Tel: 01237 471455

Diana Warmington,

Friends of the Burton Art Gallery & Museum.

Sustainable Fish through the seasons - July

July is the start of the Summer Holidays for the children. I have been working with many school groups, cooking specially developed recipes for children and parents to cook together. Here is one -a crab risotto that can be made with tinned crab. However, it is better with fresh crab.

If you would like to know about sustainable local crab and how to prepare it, please come along to the free Crab Sessions and Events as part of the Appledore Fish Summer School. This starts in July and carries on throughout August.

Please pick up a brochure or like us on **facebook** for more information.

Crab Risotto with Smoked Fish- recipe from

SEAFISH "fish is the dish"

Ingredients Serves 4

125g mixed crabmeat

2 fillets smoked trout or mackerel flaked

3 cups of stack-fish, vegetable or chicken

170 Arborio rice

1 small onion

50g frozen peas

2 spring onion

1tbspolive oil

Zest and juice of 1 lemon

How to cook

1. Heat the stock in a pan

2. Dice the onion into small pieces 3. Heat the oil in a frying pan, then add the rice, stir and cook very gently for a further 2 minutes.

4. Then add the heated stock a cupful at a time,

stirring constantly, wait until the stock is absorbed before adding more.

5. Once all the stock has been absorbed add the crab meat, peas and spring onions along with the lemon juice and zest, continue to cook for 1-2 minutes.

6. Optional: at this point the risotto can be enriched by adding butter and a spoonful of creme fraiche or yoghurt, along with grated Parmesan.

7.To serve, either stir the flaked smoked fisheither trout or mackerel through the risotto or scatter on top along with a little chopped herbs of your choice-Parsley
Dill or Basil would be very good!

If there is too much you can make miniature crab cakes with this mixture.

July Diary 2015

Wednesday 1st

9.30am-2.30pm Free Social Club for **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 **11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam.

2pm Bideford Library Readers' Group. 476075

7pm Appledore Training Band on Appledore Quay

7.45pm Appledore Senior Band on Appledore Quay (St Mary's Church Hall Church Upper Hall. if wet)

7.30pm The Two Rivers Wind EnsembleGroup at Band Room. 475653 Rehearsal at Bideford Band Room. 8pm Bideford Phoenix Morris at Thatched Inn, Abbotsham

Thursday 2nd

10.30am Walking for Health along Tarka Church, Northam 424982 Trail. Clarence Wharf Car Park. 421528 7.30pm Bideford Keyboard & Organ 2-4pm See Hear on Wheels (SHoW)

bus at Pill Car Park. 01271 373236 2-4pm Holy Trinity Church, W Ho! open every Thursday until end of August.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert on Westward Ho! Green

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 3rd

10am-5pm Weare Giffard Art Group Exhibition in Village Hall. 01271 860903 Church 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club, Northam Hall. 476632

Saturday 4th

Bideford 500 celebrate Heritage Day. Lots of events in Victoria

9am-2pm Farmers' Country Market at Atlantic Village

10am-5pm Weare Giffard Art Group Exhibition in Village Hall

10.30am Coffee Morning at 1 Francis Drive, W Ho! in aid of Help for Rwanda. 7pm Film Club at Littleham Village Hall. 7.30-9pm Samba Baia Rehearsal at 471928

7.30pm Concert by Hartland Band at Holy Trinity Church, Westward Ho! Sunday 5th

10am-1pm Hartland Farmers Market. 10am-5pm Weare Giffard Art Group Exhibition in Village Hall.

Celebration Concert at Northam Hall. Monday 6th

10am-12pm Appledore Community Art 9am-2pm Farmers' Market on the Quay

Group at Appledore Community Hall. 6.45pm Breakaway Social Club for ages 19+ at Happy Café, Westward Ho! adults with learning/physical disabilities. 1-4.30pm Tales of the Riverbank with 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 7pm Appledore Training Band on Appledore Quay 7.45pm Appledore Senior Band on

Appledore Quay (St Mary's Church Hall if wet) 7.15pm Appledore Singers rehearse

at Appledore Baptist Church. 420652 Tuesday 7th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 2pm Bideford WI, New Sea Cadet Blg 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist

6.30pm Bideford Band Beginner's

7.30pm Bideford Sustainability Group at if wet) Blacksmiths Arms

7.30pm Piano Extravaganza by Chris & at Appledore Baptist Church. 420652 Pam Beechey & guests at St Margaret's 7.30pm Bideford Stamp Club at

Club at Bideford Methodist Church Hall 8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913 Palladium Club Jam Night

Wednesday 8th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 2pm Tea with Friends at St Mary's

2.30-4pm See Hear on Wheels (SHoW) Club at Bideford Methodist Church Hall. at Northam Community Centre.

4-6pm Sew Together at Northam Library 7.30pm Lions Club meet at Royal Hotel 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris at Pig-on- Palladium Club Jam Night the-Hill, Pusehill.

Thursday 9th

10.30am Walking for Health along Tarka ages 19+ at Happy Café, W Ho! Trail. Clarence Wharf Car Park. 421528 10am-12pm Bideford Healing Group at 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert on Westward Ho! Green.

Community Arts Network, 13 Rope Walk. New members welcome.

Friday 10th

7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711 7.45pm Modern Sequence Dancing. Kingsley Hall, W Ho! 01769 540309 2.30pm Appledore Singers 30th Birthday 8pm Ceilidh Club, Northam Hall.

476632

Saturday 11th

9.30am Torridge Ramblers Day Walk. 429080

Pete Yeo

2.30-4.30pm Summer Fete organised by Sacred Heart at Pollyfield Centre.

Sunday 12th

11am St Mary's Praise in the Park with Bideford Town Band. Bring picnic. 2-5pm Open Garden at 5 Sentry Corner in aid of North Devon Hospice. 476664 Monday 13th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 6.45pm Breakaway Social Club for adults with learning/physical disabilities. 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 7pm Appledore Training Band on Appledore Quay

7.45pm Appledore Senior Band on Appledore Quay (St Mary's Church Hall

7.15pm Appledore Singers rehearse Kingsley Hall, Westward Ho! 472101 8.30pm N Devon Jazz Club at the Beaver, Appledore – Chris Gumbley Quintet

Tuesday 14th

7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall 10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Bideford & District Gardeners 475914

8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913

Wednesday 15th

9.30am-2.30pm Free Social Club for Sea Cadets Bldg in Victoria Park. 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam. 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris at the Beaver, Appledore + Red Petticoats

July Diary 2015 continued

Thursday 16th

10.30am Walking for Health along Tarka Fellowship' Club meets at Baptist Trail. Clarence Wharf Car Park. 421528 Church Upper Hall.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert on Westward Ho! Green

7-8.30pm Tales of the Riverbank with Liz Shakespeare

7.30pm The Shoestring Theatre (U3A Amdram) in 'The Family Jewels' at Clovelly Parish Hall. 478056

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 17th

10am-12pm Northam Reminiscence café at Northam Hall. 459337

7.30pm Shoestring Players 'The Family Jewels' at Woolsery Hall.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club, Northam Hall. 476632

Saturday 18th

9am-2pm Farmers Country Market at Atlantic Village

10am-4pm Arts & Craft Fair + Vintage Teas at Abbotsham Village Hall.475746 **1.30-4pm** Tales of the Riverbank with Sadie Green

2-6pm Open Garden at Hole Farm, Woolserv

2pm Devon Family History Society at Pollyfield Centre. 451305

7.30pm Shoestring Players 'The Family Jewels' at Northam Community Hall. Sunday 19th

10am-5pm Clovelly Maritime Festival in 10am-1pm Lundy Art Group at St aid of North Devon Hospice. 431781 1.30pm Torridge Ramblers walk. 01805 10am-1pm Summer Fayre at Lavington 1-4.30pm Tales of the Riverbank 622108

2-5pm Garden Party at Newstead, New Rd, Instow. In aid of N Devon Hospice. 2-6pm Open Garden at Hole Farm, Woolserv

Monday 20th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 2pm Bideford Ladies Club, Marlborough with Peter Christie Court. 421925

6.45pm Breakaway Social Club for adults with learning/physical disabilities. **7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532 7pm Appledore Training Band on Appledore Quay

7.45pm Appledore Senior Band on Appledore Quay (St Mary's Church Hall

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 21st

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

2-3.30pm Salvation Army 'Fun &

3pm 'Reflections' Grief & Loss Group at Appledore Quay (St Mary's Church Hall St Mary's Church. 475765

6.30pm Bideford Band Beginner's Group at Band Room. 475653 8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913 Palladium Club Jam Night

Wednesday 22nd

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Church Upper Hall. Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1-2.30pm SHoW (See Hear on Wheels) Wednesday 29th at Tesco, East-the-Water.

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris – Instow Walking Tour

Thursday 23rd

10.30am Walking for Health along Tarka 11am-1pm Creative (Memory) Café at Trail. Clarence Wharf Car Park. 421528 Quay Meeting Rm, 5 Danver Court, **7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30pm Bideford Band Concert on

Westward Ho! Green 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 24th

UR Church.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club, Northam Hall. 476632

Saturday 25th

9am-2pm Farmers' Market on the Quay Walk. New members welcome. 9.30am-1pm Tales of the Riverbank

10am-12pm Coffee Morning at Holy Trinity Church, Westward Ho!

11am-5pm Appledore U3A Art Group Exhibition at Blue Lights Hall, Appledore Kingsley Hall, W Ho! 01769 540309 2-5pm Northam Lodge Annual Summer 8pm Ceilidh Club, Northam Hall. Fete at Rosehill, Heywood Road.

Sunday 26th

10am-5pm Appledore U3A Art Group Exhibition at Blue Lights Hall, Appledore.

1pm Bideford Water Festival Monday 27th

7.30pm Appledore Amateur Radio Club, 10am-12pm Appledore Community Art Appledore Football Social Club. 473251 Group at Appledore Community Hall. 10am-4pm Appledore U3A Art Group Exhibition at Blue Lights Hall, Appledore 6.45pm Breakaway Social Club for adults with learning/physical disabilities.

7pm Appledore Training Band on Appledore Quay

7.45pm Appledore Senior Band on

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 Tuesday 28th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist

6.30pm Bideford Band Beginner's Group at Band Room. 475653 7pm Torridge Ramblers walk. 479473 7.30pm Lions Club meet at Royal Hotel 8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913 Palladium Club Jam Night

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at

Sea Cadets Bldg in Victoria Park. 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St

Margaret's Church, Northam. 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

Thursday 30th

Appledore Summer Festival 422808 10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528 Mary's Church Hall, Appledore. 472158 10.30-11.30am Lego at Northam Library 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30pm Bideford Band Concert on Westward Ho! Green 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope

Friday 31st

Appledore Summer Festival 10am-1pm Lundy Art Group at St Mary's Church Hall, Appledore. 472158 7.45pm Modern Sequence Dancing,