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FREE February 2015



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland



7th to 15th February at Lavington Church

Spread the Love and Share the Word – one long week of activities

Saturday 7th February - Wedding Fayre 10am - 8pm FREE and unlimited entry to the Fayre including a FREE concert by Appledore Singers at 2pm.

Sunday 8th February - 11am

A chance to re-new your wedding vows for free at Lavington Church during morning service.

1pm - 6pm Wedding Fayre

Bridal fashion show at 2pm by our very own Bideford based Always and Forever Bridal shop.

6.30pm service at Lavington Church which includes wedding music.

Saturday 14th - Valentine's Day

Cupid will deliver a message of love for you, to someone who will be in Bideford town that day; forms available from Bideford Cobblers and Keys.

Raffle tickets (13 prizes worth thousands of pounds all wedding related) available throughout Bideford now and also at the wedding fayre - winners drawn at Lavington Church on Sunday 15th February.

Stick a heart in your window to show you are joining in which house will have the biggest? Post a photo on BOB. Again all their details will be available either on their websites or on BOB's event page. As usual all details can be found on facebook at 'Businesses of Bideford'.

Appledore Singers: Wedding Vow Renewal; Bridal fashion show by Always and Forever - Free tickets for these events are available from Bideford 'Cobblers and Keys' Monday to Saturday 8.30am to 5.30pm.



SOUTH WEST WATER We would like to thank South West Water for their recent generous donation to help with printing costs.

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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TORRIDGE





Bideford Pannier Market & Butchers' Row

A belated Happy New Year to all our customers – past, present and future.

The entertainment leading up to Christmas proved to be a huge success and was greatly enjoyed by children and adults alike. A big thanks to David Howells and all the entertainers for their hard work

With Christmas finished it's time to push ahead into 2015 – with Valentine's Day looming, now is the time to visit the Pannier complex to buy that unusual present for your loved one.

January and February are traditionally hard months for any independent trader so we need your support even more - Bideford Pannier Market remains open throughout the year unlike some other markets in the areas – we are still open Tuesdays, Fridays and Saturdays so please make sure you support us.

We are pleased to say we have a new trader starting in the market at the beginning of February selling plants / shrubs and bulbs etc. Ed will also be offering advice for any of your gardening questions.

There is always room for additional traders so if you would like to explore the opportunities then contact Richard Coombes at Bideford Town Council on **01237 428817**. Stalls available from £3.00 per day if you pay monthly, or £5.00 per day if you just want to do the odd day. Some exciting news for Butchers' Row with two new tenants.

Trev's Shed – woodworker and turner – Trev used to be in the Pannier Market but has now secured the tenancy of 12 Butchers Row. With a permanent base he has been able set up his lathe and can be seen working away making his beautiful wooden objects – we all wish Trev a successful future.

Reality Creations open their new venture on February 1st – Shar-kade at Unit 1A opposite their current shop – offering help with all your computer problems – technical advice, low cost repairs and custom built systems – they also design and create new gaming, arcade systems and consoles– they are aiming to be a one-stop shop for all things technical.

All the shops in Butchers' Row, Market Place and Grenville Street are open for business Monday to

Saturday offering a wide range of shops and services all ready for you to explore and enjoy. **Be different buy the unusual**. Explore these shops and studios, you are sure to find that perfect present even if it's just for yourself. All these shops are small independent businesses offering an old fashioned personal service.

For any of you that don't know – this guy is Pannier Pete the pirate – he is the Pannier Market mascot and will be making regular appearances in and around the Pannier complex and the town. Make sure you say hello to him whenever you see him, he really is a very friendly pirate



Trev Hill (Minxy's Sweets)

Felicity's Sustainable Recipes for 2015

2015 is going to be an interesting year for sustainable food . We are planning a Fish Summer School to be run in and around the active fishing village, Appledore. We are running cookery sessions with local primary schools and preschool groups. This recipe is from the "Fish is the Dish " - Fish Feed our future, suitable for primary school aged children and their families. More family recipes on www.fishisthedish.co.uk.

Kedgeree with Smoked Pollack or Mackerel serves 4

300/400g Smoked Pollack /2 fillets Smoked Mackerel 25g/1tbsp butter/sunflower groundnut oil I onion 2 green cardamom pods 1tsp. tumeric and cumin or1 dessert spoon curry powder 350g basmati rice 500/600 stock At least 2 hardboiled eggs 50gm spinach leaves if you like

How to cook

1. Preheat the oven 200C/Gas 6 or use centre shelf of the Rayburn/Aga

2. Wrap the Pollack in foil and add crushed cardamom pod. Cook in oven for 8/10 minutes –check the fish will flake easily then it is done or remove skin from Mackerel and flake.

3. Hard boil the eggs.

3. Peel and finely slice the onion and fry in the butter/oil for 3 minutes in a large frying pan, then add the spices including the cardamom pods

4. Add the rice and stock and boil, reduce the heat cover and simmer for 15 minutes then take off the heat.

5. Stir in the flaked Pollock or Mackerel add spinach, if liked and cook for 5-10 minutes.

6. Taste and season and add the quartered hardboiled eggs

7. Serve with fresh parsley or coriander garnish, if liked.

News from the Burton Art Gallery and Museum

Having the Gallery open over Christmas was a boon to local families with visiting relatives, and also the coffee-time meetings for Gallery regulars. **The Cafe du Parc** is to be congratulated on the warmth of its greeting, the variety of food prepared with limited kitchen staff, and the good atmosphere of bonhomie and comfort on cold Winter days. We hope this is an omen for the future.

When the Gallery re-opens on <u>2nd February</u>, you will be delighted to find, in gallery 2, a selection of watercolours by **Judith Ackland and Mary-Stella Edwards**, who lived and worked for many years in the Cabin at Bucks Mills. The National Trust has taken over responsibility for this unique cottage, and there are occasions when it is open to the public; one can experience a time-warp, where everything the two artists used, both for their art and in their domestic duties, is there, just as they left it. Naturally, they painted the area in which they lived: they loved the cliffs and rocks, the beach and its marine creatures, lacy seaweed and rock pools. They enjoyed living in the village, with its crooked rooftops and smoky chimneys, the woodland around it, and the sea itself, seen from the windows of their cottage when they awoke each day. The Burton is privileged to have such a large collection of their work, and has recently acquired some new additions. The Museum holds a collection of Judith's 'dioramas' – figures inspired by famous paintings by Renoir and Fragonard, for example, as well as the tools of their artistic trade. This collection is on show until **9th March**.

Torridge Schools Exhibition

Mums and Dads, Grannies and Grandads! Are you ready for a treat? Then come along to the Burton on **13th February**, and you will walk into an Aladdin's Cave of children's art! This is the

time of the long-awaited, comprising artwork by pupils from most of our local schools. Gallery I will be filled from ceiling to floor with dazzling colour. You will be delighted to see such a variety of talent in the form of paintings, ceramics, models, sculpture, textiles, created by children and teenagers, from 4 to 18 years. The exhibition continues until **15th March**. Plenty of time to visit many times, just for the fun of it.

Diana Warmington.

Friends of the Burton Art Gallery & Museum

Valentine Specials.

Love Your School - BINGO! Running Half Term 16th-20th Feb. £1 Donation. Visit the schools' exhibition in February half term and take part in our unique and fun game of bingo. Complete your card and win the right to a lucky dip prize.

<u>Nick Hammond and Lush Designs.</u> During February the Burton Art Gallery & Museum will be 'Loving The Lights' by showcasing a collection of work from a range of lighting designs. Collections include - Hanna Nunn, Colin Chetwood.

The Art of Paper Cutting

Mix up a Saturday, 7 people, a pile of cutting boards, blades and a stack of black paper and you get the most inspired day doing something totally different.

I recently attended a *"Paper-Cutting"* course at the Burton with the artist <u>Caroline Rees</u> who has evolved her career as a sandblasted glass artist into a paper cut artist over the last few years.

So after the basic introductions - Caroline had travelled from Swansea to Bideford to run the course for us - we set to work practising cutting out simple squares on a piece of black paper on the chopping mat, using the blade. In no time, most of the class were ready to move onto working on an image. For some, this was hand drawing an outline and being smart enough to work out how to simplify the image and block it out ready for cutting. For the rest of us we found an appealing stencil in Caroline's collection, outlined the image on black paper and then, almost in a therapeutic trance, cut around the multitude of lines to reveal a stunning image.

If you fancy having a go at paper cutting, and you missed this course, there is a small selection of paper cutting books on sale at the Burton Art Gallery shop. But if paper cutting isn't for you, then Caroline's limited edition paper cuts are also on sale at the Burton.

Lucy Goaman

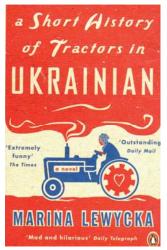
Artist Contact Details: CAROLINE REES, Studio (by appointment), Ty Glas, 2a Overland Road, Langland, Swansea, SA3 4LS (e) info@blastedglass.co.uk (t) 01792 447 547 (w) <u>) www.blastedglass.co.uk</u>



Book News

<u>'A Short History of Tractors in Ukrainian' by Marina Lewycka.</u> Discussed by Bideford Library Readers' Group.

It is, as the title suggests, a history of tractors. The person writing this history is the 84 year old father around whom other story lines emerge, particularly after he remarries two years after becoming a widower – to a glamorous, thirty six year old blonde named Valentina! She turned out to be a gold digging mercenary who increasingly manipulate/bullies her elderly husband. Within a short period of time she has managed to completely disrupt the family's life and secrets that have long lain dormant are awakened, secrets that they'd rather have left buried.



When the book was first published the Daily Telegraph described it as 'Delightful, funny, touching,' and this was reiterated by many other

reviewers. However, although several in the group found it humorous initially it became increasingly dark as the tale progressed: some liked the contrast this provided. Overall, however, it was felt that the story line was depressing rather than funny.

As hinted at above, the book could be read at different levels although we were left unclear as to whether this should be regarded as a serious book with a touch of lightness or a light book with some more serious elements. Perhaps it's this raising of questions that makes for either a good book or for, at least, a good discussion.

Peter Evans.

The Readers' group meets on the first Wednesday of each month at 2 p.m. in Bideford Library. Books for the month are supplied by the Library and can be picked up at the meeting or from the Library desk. Discussions are very much centred on the book of the month and meetings usually finish around 3.15. If further information is required anyone interested can contact Peter Evans on 01237 47917. Book for discussion in February is '**Scenes from provincial life'** by **William Cooper.**

Love in the Library

For adults: a selection of romantic books to tempt you.

For kids: Drop-in craft activity 10am – 12 noon Saturday February 14th Poetry competition on the theme of Love. Open to children of Primary School age. Doesn't have to be serious so funny entries accepted.

Other events at Bideford Library this month <u>Story time for under-fives</u>

Every Thursday. 9:30-10:00 am (except school holidays) With stories, musical instruments and songs.

For Adults: Nifty Needles

Every Thursday. 2 – 4pm For anyone who enjoys embroidery, quilting, knitting, crochet and other handcrafts.

Board Games Afternoon

Every Friday 2 – 5pm If you enjoy games like chess, scrabble, backgammon or dominoes come and join others.

Feel Better with a Book (please check with library to confirm the group is running each week) Every Wednesday 10:30-12:00 am Come and lift your mood through the joy of reading! The aim of the groups is to enable you to enjoy the pleasure and relaxation of listening to great stories and poems - No pressure and no reading required. The group is led by an experienced facilitator.

<u>Reminiscence Session</u> – Take a trip down memory lane

Wednesday February 11th 2:00-3:30 pm Remember back... and look forward to sharing your memories with others chatting, looking at old items, perhaps creating a book of memories together. For anyone aged 60+ Refreshments provided

Meditation and Relaxation Group

Wednesday February 18th 2:15- 3:00 pm Guided meditation and relaxation group for adults with Nicola MacDonald

The *Elder Queen- a modern fairy tale* is John Kruse's third novel and the story takes place between Bude and Bideford, centred on the fictional village of Darracombe.

The story follows the experiences of Darren Carter, whose family life is turned upside down when he meets a fairy woman at a local ancient monument. Marriage breakdown, eviction, loss of money and possessions follow, before redemption comes through saving the local area from test drilling for shale gas (with the help of the fairies). It is published on Amazon Kindle priced at £3.00.

MODERN APARTMENT TO LET

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Quaker Meetings for Worship

are held at 17 Honestone St, Bideford (near Pannier market) **10.30am on Sunday mornings** All are welcome

Enquiries tel 01237 421549



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For further details contact James on 01237 477852 Facebook: Torridge District Labour Party Twitter: @TorridgeLabour

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Northern Devon Sustainable Energy Fair

The highly successful fair will be returning to Bideford in June after a year away. The event held at Bideford's Pannier market in June 2013 saw hundreds of visitors come to Bideford in search of solutions to insulating and protecting their household from the rising energy bills.

This year the organisers are looking for more people to get involved and be part of the organising committee that will help develop and shape the event to attract more shoppers into the town. "The event isn't just about ways to save money and reduce emissions of greenhouse gases, it is also about developing a more resilient and thriving community." says James Craigie, the events founder and lead organiser. "We have many small businesses and shops in Bideford, many of them stocking products from the local area that are much better for the environment than those with huge transport miles, or carbon miles."



Strengthening the local economy also comes from helping people save money on their energy bills and replacing expensive foreign fossil fuels with cheaper home produced fuels like woodchips and logs. The Renewable Heat Incentive is the way government is rewarding householders for making the transition to sustainable fuels like wood to heat their homes rather than oil and gas. These financial incentives lasting over 20 years can make it very financially rewarding to replace, especially old oil fired central heating systems, with up-to-date wood pellet systems.

"Solar panels were definitely what everyone was after at the last Fair" James explains. "They have grown in popularity and although the subsidy has fallen as government makes cut backs, they are improving in efficiency and cheaper these days still making them very worthwhile." The range of products and services is going to be much bigger and better this year round and all this take extra time and work to organise. Ranging from simple ways to cut costs through LED lighting, radiator reflectors and draught proofing, will be on show with small wind-turbines, heat pumps and much more.

As there was in 2013 there will be a range of talks on how to reduce energy use through changing behaviour, on what are the challenges facing us in peak oil and many more things. The highlight of the last Fair was the talk by Peter Crone on the prospect for off-shore wind energy in our area, something that could still be developed and create thousands of jobs locally.

The Northern Devon Sustainable Energy Fair is entirely organised by volunteers and promoted by funds donated by local climate activist and supporters. To get involved or to find out ways that you can help please contact me on <u>NDSustainableEnergy@gmail.com</u> or call 01237 477 852.



James Craigie

Northern Devon Sustainable Energy C.I.C.For up to date information see our Facebook page or call 01237 477 852.





Bideford Sustainability Group Creating a climate for change



A resolution solution.

Round about this time, just hauling ourselves back into normal life after the tinselly glories of the festive season can be anticlimactic. It's the turning over of a new leaf, and you can do an awful lot with that. So while 2015 trips off the tongue quite nicely, a good omen if ever there was one, a lot of us have no doubt decided to give it the best possible start, and selected some New Year's resolutions; to make sure the clean slate stays shiny for as long as possible. It's a tradition seemingly as long as time itselfit's hard to believe the cave men weren't about after the winter equinox, vowing never to eat another woolly



mammoth as long as they lived; sure it was a delightful meal, but no way was it worth the lives of 15 men and a skilled dog. Yet by the time February starts rolling around, with its longer days, the craving's back, and our Neanderthal's on the war path once more, rallied by pangs of hunger, ready to raid the mammoth tin again. And no doubt he feels awful about it too.

Even though we start off the 365 days with invariably good intentions, a lot of personal promises tend to fall by the way side and each hopeful resolution broken feels like a crushing blow in the face for 'new me.' Then one man said recently that a good way to avoid all this upset, is write down something you'd never dream of doing any way- like gorging on Brussell sprouts- and you'd find it very easy to uphold.(If somewhat of a cheat.)

Although his way is sure to bring success, it might not actually bring satisfaction; often the whole point is to prove to yourself you're capable of change, not dupe others into thinking so. Therefore if a couple of ideas have already fallen through this time- we're 744 hours into 2015 there's been a lot of time for things to go wrong; then why not try this next year; and just vow to try? That way each hobnob avoided, paper left unwasted or whatever your own goal might be, is a little victory, rather than more pressure not to mess it up.

From everyone here at Buzz, we hope your year will be a great one, has already gotten off to a flying start, and that your slate may be forever sparkling!

Maths success.

Finally, a massive well done to Amy Walker ,Kieran Spittles, Max Heard and James Gould of the Bideford College maths team. All students from sixth form, they competed against 13 schools from around our Region and won. They now go on to the National finals in London in February where they will take on the other Regional winners countrywide. Huge congratulations are due all four of them - and good luck for the finals in Spring!

Millie Sutherland O' Gara



Bideford Film Society

We have some interesting films coming up with at least two being tipped for the Oscars. The other interesting venture is the 2015 Globe Theatre season. We've committed to take the first two plays in the series of five, the first of which, Duchess of Malfi, is at 7.00pm on Thursday 26 February with a matinee performance the following Saturday at 4.00pm. This is the first theatrical production of the play to be filmed entirely in candlelight and has Gemma Arterton in the title role. Tickets will be £10 for adults £9 for usual concessions, and £8 for members of Bideford Film Society.

Friday 6 and Saturday 7 February at 7.30pm at Kingsley School: **The Theory of Everything** (12A) Film ends 9.30pm

Friday 13 and Saturday 14 February at 7.30pm at Kingsley School: **Big Eyes (12A)** Film ends 9.15pm

Friday 20 and Saturday 21 February at 7.30pm at Kinsgley School: **Testament of Youth** (12A) Film ends 9.35pm

Thursday 26 February at 7.00pm and Saturday 28 February at 4.00pm at Kingsley School: Globe on Screen 2015 season: Duchess of Malfi Play ends 9.30/6.30pm (Note – not our usual price structure)

Friday 27 and Saturday 28 February at 7.30pm at Kingsley School: **Birdman (18)** Film ends 9.30pm

Connections :- This is the first in a series of articles about people who have links with North Devon. We start at A for Sir Michael Ansell.

<u>Sir Michael Ansell (1905 –</u> 1994), legendary equestrian

Michael Ansell was born at The Curragh, Co. Kildare in Ireland in 1905, into a military family. He trained as an army officer at Sandhurst, where he showed no aptitude as a scholar, but considerable aptitude as a horseman, and spent the pre-war years travelling the world in equestrian pursuits, courtesy of the Army. At the start of the war, however, he was involved in an an incident of 'friendly fire' where he lost four fingers on one hand, and the virtual loss of his eyesight.

He then spent some time in a prisoner-of-war camp, where the highlights were painful visits to doctors in attempts to save his sight, and discussion with other horse-loving officers on how they would improve equestrian standards when they got back home. Here he developed some skill at knitting, both as a form of occupational therapy for his injured hands, and partly to bemuse and annoy his German captors. After several frustrating delays, he managed to get repatriated as an injured officer in a mutual exchange with injured German officers, via Sweden and under the auspices of the Swedish government.

This was in 1943, and he decided to retire to a quieter part of the world, Pillhead House, on what is now the Old Barnstaple Road, just outside Bideford. He lived there until his death in 1994.

Unable to remain inactive for very long, , he decided to set up a horticultural business based at Pillhead, selling snowdrops, polyanthus, wife, Eileen, after only six and later South African gerberas to Covent Garden, winning a silver medal with this at the Royal Horticultural Society show.

It was not long before his equestrian friends in London contacted him about improving the standard of equestrian competition in Great Britain, which had somewhat lapsed in the interwar years, and he found himself away from home guite frequently. His main advice, personally implemented by him, was that the course and height of fences should be brought up to international standards, so that equestrian events were run efficiently, and on a sound commercial basis, considering the audience at all times, and insisting that show-jumpers be elite few.

As an ex-military man, he turned out to be a brilliant organiser, and was responsibe for the Victory Championships at White City in1945, restarted the International Horse Show in 1947 designed the show-jumping course for the 1948 London Olympics, and instituted the Horse of the Year Show in 1949. He was the manager of the British Olympic equestrian team at the Helsinki Olympics in1952, where Britain won a gold medal. He was awarded the CBE in 1961, and knighted in 1968.

He dominated the show-jumping world for the next twenty years, becoming chairman of the BritishShow-jumping Society between 1945 and 1965, and became a national celebrity. He appeared on one of the early editions of 'This Is Your Life', somewhat reluctantly, until he and his wife discovered that at the end of the programme, they would meet their son, whom they had not seen for some time, as he was serving as a soldier in Cyprus. He was also a castaway on Desert Island Discs with Roy Plomley, and chose as his luxury item a pair of knitting needles and some wool.

Show-jumping and horticulture were not his only interests. He was an expert salmon fisherman, and could often be found on the river Torridge at Beam, near Torrington, using his unique casting method, which he had perfected with much practice on the lawn at home, depending on sound rather than sight for its effectiveness. On one occasion, he was just about to give up on the day's fishing, when he decided to try one last cast of the rod, and caught a huge 19lb salmon, with which he struggled for more than half an hour before landing it, to be followed a little later by another almost as big.

He wrote three books, including his autobiography, Soldier On (1974).

In the meantime, in 1970, his first wife Victoria, died after a long and painful illness. He

married again soon afterwards, but his second months of marriage, was killed when a lorry knocked her down when she was out walking.

He was a keen supporter of St. Dunstan's, the home for blinded ex-servicemen in Brighton, where he died of pneumonia in 1994, having previously suffered from Alzheimer's.



He had elevated British equestrianism to new heights, and Britain now hosts some of the world's top equestrian events, as well as times, and insisting that show-jumpers be producing a number of medal -winning athletes of admitted from all walks of life rather than just the the highest calibre, as demonstrated at the recent London Olympics.

Perhaps one of his greatest legacies, though, was that he showed that having a handicap, being blind, need not be an obstacle to success, and can, in fact, provide an inspiration to all. Chris Trigger (c)

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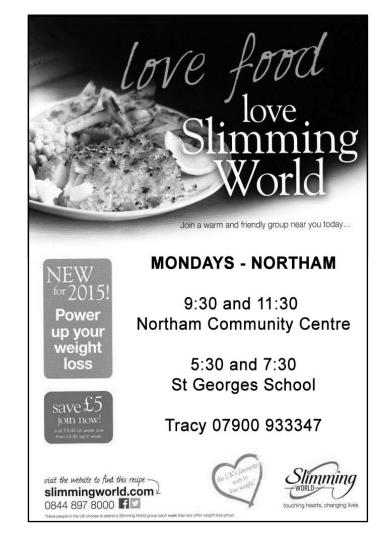
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Barn Dance

for Parkinson's U.K Exercise Classes with Bloater Town Band Caller: John Blackburn

20th March 2015 - 8pm to 11pm

Alverdiscott Community Hall - Tickets: £8.00 Bring and Share Supper

Free soft drinks or bring your own bottle

Tickets from Jennie 01271 814159 Julie 01237 478128 Jackie 01237 471216 Patrick 01237 472408

Training the Army Horse.

(Whilst turning out old cassette tapes recently, I came across a recording in Devonshire dialect, made by my father, Percy Reed (1907 – 2001) of Northam, in 1985. It told the tale of a childhood incident in which he was involved when his father was training a WW1 army horse. I have since produced a 4-minute YouTube video which includes his recording, together with the script, for anyone who is interested! I have printed the script below.)



I'd like to take ee back a vew years jist arter the first world war and tell ee bout Varmer Tom and the army horse. Now Tom was a master hand wi horses, what ee didn knaw bout em wadn worth the tellin. If anybody in the village had ort wrung wi their horse they'd come rinning to Tom and you may depain if ee couldn put en right twas a waste of time zending ver the Vet. Aye, ee knawed all bout horses sure nuff.

Wull twas like this yer. Arder the war the army had to zell off a lot of horses wot theyd vinished wi and zo they had these horse zales up to Exeter and anybody that knawed Tom would ax en to go up and buy one for em. This zeemed to work out purty well, they could trist Tom to git the right horse for em and nort plaized Tom better than to hav a day off to Exeter.

Now the one I want to tell ee about was one ee bought for eself an Ive yerd tell ee had a vine ole caper gitting en on the train up to St Davids til Tom thought about whipping off es best jacket and put en awver the horses haid and backed en in the truck.

Ive erd zay that zome of these horse traders when they wanted to zell a broken down ole horse theyd given a veed of Vuz chaff avore the zale to liven en up. Wull this one didn need ort like that, more likely ee needed something to quieten en down, zo Varmer Tom thought e'd try en out in the chaffcutter. Zo ee hitched en up and led en round a vew times to git en in the way au't. Now me en me brither (jist boy-like) stood watching this gwain on, zo Tom axed us to level the horse round whilst ee went up to the tallet to git a vew wads of straw.

I dont knaw what thatole horse hed done in the war but whativer twas it didn include gwain roun-inroun in little circles and no zooner hed Tom turned ees back he reared up and bevore us knawed what hed appened the horse was flat on the ground all tangled up with the tackle. Zo Varmer told us two boys to kneel on es neck while ee tried to git en free.

Wull us was only a couple of tackers and ver all the good us done us mayht jist as well ev told us to kneel on a vuz bush. The ole horse wadn gwain to let a couple of whipper snappers like us keep en down and twadn very long avore hes haid come up vollowed by the rest awn, and us two boys landed in the ... wull I wont tell ee what us landed in but us didn smell very sweet, jist about as sweet as Varmer Tom when ee hollered "why didn ee keep ees haid down like I told ee". Howiver there wadn no damage done but I can tell ee twas the last time thicky horse went in the chaffcutter. Cynthia Snowden.

For the YouTube Video see: <u>http://youtu.be/FOnb1HVOvV4</u>)

Taster Day Kingsley Indoor Bowls On Saturday 14th February, Kingsley Indoor Bowling Club at Edwards Drive in Westward Ho! will be encouraging locals to come and have a "taste" of our sport and facilities.

We have four full-size bowling rinks, and it is indoors so you don't have to worry about the weather! We provide shoes and bowls, and refreshments. Our Coaches will be available to show you how to play, as well as current members to speak to about the club and how we operate. There will be 2 sessions: 10am to noon, and 2pm to 4pm.



If you have ever wanted to try the game, or are simply curious, please just turn up on the day. We have ample parking. For further details please phone John Wilson on 01271 860918.

To Subscribe to Bideford Buzz

Send a cheque (£16 a year, £10 half a year) made out to Bideford Buzz to Bideford Buzz, C/O TTVS, 14 Bridgeland Street, Bideford EX39 2QE. Please include your details and name and address of the recipient. Ask for costings for posting outside the ÚK. Donations always welcome!

A Potted History of North Devon Pottery

I have been researching the export of Bideford Pottery since 2010. This started with a prestigious Winston Churchill Travel Fellowship to Virginia and North Carolina, and have continued with passion and



enthusiasm ever since, finding sherds (small pieces of pottery) on the local beaches and estuary. For further information, or to book a talk – see my contact details below.

In 1674 a visitor remarked that Bideford was "... a place of great trade, hath many ships of good bignes...it (Barnstaple) was lately a place of very great trade.. But Bideford hath stoln it all away since the river hath grown shallow..".

Pottery made in Bideford, in the North Devon Tradition is very important and significant to the history and prosperity of the town. It dates back to Medieval times with the greatest days being in the 17th and early 18th Centuries. The industry grew as clay was available from Fremington, Peters Marland (white clay, also used for tobacco pipes) and Meeth. Pottery produced was The 17th Century saw an important relationship typcially domestic earthernware made from the distinctive red Fremington clay, glazed on the inside where contact with food was to be made. For example Baluster jars (see picture)for transporting food stuffs to British Colonists and plates, large platters, cups, pipkins (saucepans), bowls.

Other, rarer, pottery forms also include Candlesticks and Chamber pots. Some of these were finely decorated with the signature yellow glaze and designs scratched into the surface. **'Sgraffito' ware**. Traditional North Devon style pottery is made when the slip from white clay is scratched away from the surface into a design, revealing the clay beneath. Subjects are usually nautical, commemorative, natural history and harvest time. Hundreds of potters kept the industry going in and around Bideford and there were also potteries at Instow and Westleigh.

Bideford's port . 17th Century Bideford was a significant town and port with the boom time for pottery being between 1630 and 1690. There were a number of places of production with up to 30 or 40 kilns at any one time billowing out black smoke. As well as domestic trade, the 'bread and butter' trade was with Wales, particularly Swansea, Carmarthen and Cardigan and in the North Western and Southern coasts of England. Exports expanded the industry and contributed greatly to Bideford's prosperity.

Trade with Ireland. Ireland was a major market for Bideford Pottery and the majority of its wares were exported there. A large amount of pottery was sent to Ireland in the 1600's, to Dublin,

Galway and Limerick. Butter booms of the 17th century expanded the trade, particularly with Waterford and Ross in Southern Ireland, contributing to both North Devon's and Ireland's prosperities.

Trade with the English Colonies. The other big markets were the English Colonies in North America and the Caribbean. These shipments only made up about 15% of the overseas export but they were very important in laying the foundation for Colonial trade. In Virginia the largest deposits of North Devon Pottery outside of Jamestown have been found - pre-dating 1650. Bideford merchant Thomas Smith regularly traded with Virginia. This expanded greatly towards the end of the 17th century. North Devon settlers were on the Eastern shore of Chesapeake Bay, North Carolina, down through the Outer Banks Region in the late 17th and early 18th centuries. Merchants offered passage there by ship, carrying servants from Bideford and Ireland so merchants sent ships to Virginia and developed trade.

between pottery being exported to Virginia and tobacco being shipped back to Bideford on return. This trade enabled Bideford ships to set up trade in tobacco with Northern Europe. Merchant ships were built in Maryland and the colonies up to the 19th century. These ships were then used for the trade in earthenware with the colonies. North Devon pottery has also been found in Newfoundland, connecting Bideford to the fishing trade there.

The heyday for North Devon Pottery and its exports was the 17th and early 18th Centuries the end of the 17th century saw the trade with Northern colonies drop and then collapse. Despite a brief respite, overseas markets were lost and eventually plastic, enamel and glass replaced earthenware. The last traditional Bideford Pottery closed in 1916.

Evidence of the economic benefit of the Pottery and tobacco trades, coupled with the Charter of Incorporation granted in 1573, can be seen today in the architecture and infrastructure of Bideford -John Davie's Colonial House (now The Royal Hotel) and the houses in Bridgeland St (1692), certainly show testament to the amount of wealth created in the development of the Port and town. SadieGreen

sadie@greengallery.co.https://www.faceok.com/n orthdevonpotsherdsblog http://sadiegreen.blogspot.co.uk/ 07530 508676 Baluster pot image by David Green.





No Shipping at **Bideford**; however at the time of publication a vessel due to load clay for Castellon.

Ship Loaded at Yelland	Registered Flag Owners	From	То	Arrived	Sailed	Crew	Cargo
Sormovskiy 3058 * Built 1987	Russia St Petersburg	St Malo	Wismar	27/11/14	28/11/14	Russian	2600 tons timber
<i>Discharged at</i> <i>Yelland</i> Fri Lake Built 1999 Nassau Polish ex Helena 06	Bahamas Norway	Glensanda	Sharpness	03/01/15	04/01/15	Russian	3360 chippings

*This vessel this the longest vessel at 119.2 metres to berth at Yelland Jetty - the normal length is 90 metres ; she is not the largest in deadweight terms. She is not the longest vessel in the Taw/Torridge estuary this is the Tankerman built at Appledore in 1983 at 141. metres long and HMS Scott at 131 metres.

Welsh Piper 26.11.14 Arco Dart 21.11.14 22.11.14, 6.12.14, 5.1.15 Oldenburg returned to Bideford on the 4.12.14 after drydocking at Sharpness and will perform cargo runs to Lundy during the winter prior to resuming passenger service in late March.

The second patrol vessel for the Irish Navy, the LE James Joyce, was launched from the shipyard on 23.11.14 approx 17.45. and is now fitting out at Middle yard Appledore. She is due for trials end of February 2015

Bristol Channel Observations

19.11.14 at 08.20 vehicle carrier **Grande Italia** 12594 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury. At 08.32 Ro Ro vessel **Ciudad de Cadiz** 3500 tons d.w, owners Anita 2 Inc France, inward bound for

Portbury. At 08.32 Ko ko vessel **Clubad de Cadiz** 3500 tons d.w, owners Anita 2 inc France, inward bound for Portbury. At 08.40 container vessel John Rickmers 24083 tons d.w, owners Einundvierzigste Alsterrufer 26 Hamburg Germany, outward bound from Portbury, having sailed at 04.11. **23.11.14** At 13.17 Chemical Tanker **Orakate** 8933 tons d.w, owners Kate Shipping Ltd Dordrecht Netherlands, outward bound from Portbury, having sailed at 07.13, having discharged a cargo of molasses. At 13,43 vehicle carrier **Grande Scandinavia** 18440 tons d.w, owners Grimadi Line of Italy, inward bound for Portbury.

24.11.14 at 08.45 bulk carrier Anangel Innovation 171681 tons d.w, owners Anangel Maritime Service Inc Greece, outward bound from Port Talbot, having sailed at 05.05.
25.11.14 at 11.51 vehicle carrier Opal Leader 12000 tons d.w, owners in the colours of Nippon Yusen Kaisha Japan, outward bound from Portbury having sailed at 07.27.At 12.42 container vessel Endeavour 9167 d.w, owners J.R. Shipping Netherlands; it now appears she is committed to the new rotation Bilbao/Liverpool./Avonmouth/Bilbao

1.12.14 at 08.25 the vehicle carrier Coral Leader 12164 tons d.w, owners in the colours of Nippon Yusen Kaisha Japan, inward bound for Portbury. 2.12.14 at 08 .37 container vessel MSC Eyra 22500 tons d.w, owners Eyra Naviera SA Hong Kong China,

inward bound for Portbury.

8.12.14 at 15.03 self discharging bulk carrier **CSL Thames** 29827 tons d.w, owners Pelican Water Investments Bergen Norway, inward bound for Portbury ;she is a similar vessel to the **Yeoman Bank** with a large self discharge boom from Forward to aft to discharge the cargo.

9.12.14 at 09.43 container vessel **Shasta** 22420 tons d.w, owners Almond Shipping Investments Greece, outward bound from Portbury, having sailed at 18.26. **10.12.14**. (I think the vessel was delayed by the bad weather on the 11th and anchored off Bridgwater to await weather to moderate .) **15.12.14** at 09.18 bulk carrier **Marina R** 37785 tons d.w, owners Sea Satin Oceanway SA Greece, inward bound for Automatic and the state of t

bound for Avonmouth. . At 14.26 vehicle carrier Jupiter Leader 12889 tons d.w. owners in colour of Nippon Yusem Kaisha Japan, outward bound from Portbury, having sailed at 09.31. 24.12.14 at 10.30 cargo vessel Aasli 6630 tons d.w owners Hans Martin Torkelsen Norway, outward bound from

Port Talbot, having sailed at 07.20. 25.12.14 (Christmas Day!) at 07.25 vehicle carrier Emerald Leader 10819 tons d.w owners in the colours of Nippon Yusen Kaisha Japan, inward bound for Portbury. At 14.37 vehicle carrier Autosun 6670 tons d.w owners European Car Carriers Norway, inward bound for Portbury.

28.12.14 at 09.34 container vessel Shasta 22240 tons d.w owners Almond Shipping Investments Greece inward bound for Avonmouth. At same time cargo vessel Aller 2910 tons d.w, owners Roland Ship Administration Germany, outward bound from Portbury, having sailed at 01.48.

31.12.14 at 10.50 cargo vessel Calypso 3758 tons d.w, owners Alecto Chartering and Trading B.V Netherlands, outward bound fron Newport, having sailed at 02.12. At 11.10 cargo vessel Solymar 4106 tons d.w, owners Zillertal H & H Schiffahrts UG Germany, inward bound for Swansea.
14.1.15 at 16.00. vehicle carrier Jupiter Leader 12889 tons d.w, owners in the colours of Nippon Yusen Kaisha

RegardsNorman Japan, inward bound for Portbury



February 1915 One Hundred Years ago.

2nd February 1915 The Union of London and Smiths Bank, who have an agency here in Bideford, have appointed girl clerks in one of their offices for the first time. This is seen as a radical step, as banking has always been seen a male prerogative

On 9th February 1915 Messrs Stewart & Co who have a shop at 52 Mill Street were holding a 1/-(one shilling) sale. On offer amongst other things, were:

2 Large Brown Towels

2 Large White Towels

Large Rush Mats 2¹/₂ feet x 5 feet.

4 yards of Check pattern Glass cloth.

Lots of complete sets of Ladies and gents underwear and many more items all at 1/-Farleigh's Stores, High Street, are advertising Pancake Flour, which – they say – makes delicious pancakes without the need for eggs or sugar.

At the annual meeting of the Bideford and District Tradesman's Association, Mr H Brain reviewed the progress of his earlier proposal that all business should close for lunch between 1pm and 2pm except on Tuesdays. He reported that the majority of local business owners are now in favour. Bideford section of the Volunteer Training Corps held a training route march from Bideford to Westward Ho! and back. Played out of Bideford by the Wesleyan Brass Band and accompanied throughout by The Bugle Band. It rained all day but the men were in good spirits and consider it their duty to train this way. All men who cannot join the Regular or Territorial Armies are asked to volunteer and should contact Mr W E Jenkinson at the Town Hall.

On the 16th February Bideford Town Council Refugee committee have acquired the lower room in the School rooms at Silver Street. These rooms were recently used at the Scout HQ. There are over 200 refugees from Belgium in and around the town and this will be a social club for them. A week later the Gazette reports that the club is now open and 126 refugees attend the opening. The Government are advertising for Shoeing Smiths to look after the horses being used in this country and abroad in the war effort. Pay will be 5/- per day and those who are qualified and under the age of 45 can apply at the local recruiting office. Service could be in England or overseas.

Devon Family History Society

"Cod 'n' Ships: the Newfoundland Trade" a talk by Tim Wormleighton - local Heritage expert, family historian and author at the Pollyfield Centre, Bideford **Saturday February 21**st.

Details from 01237 451305 .

21a bus to Avon Road or plenty of parking.

Free admission, buy refreshments afterwards.



Snowdrops are here!

When the first snowdrops start to appear you know winter is finally coming to an end. So what better way to celebrate the change in seasons than by visiting one of many National Gardens Schemes gardens that will be open over the coming months. From sprawling woods to romantic cottage gardens, it's the perfect way to gain inspiration for your own garden or to simply while away an afternoon.

Cherubeer Gardens 2 miles east of Dolton, Devon, EX19 8PP are open on **Sunday 1**st **and Friday 20th February from 2pm to 5pm** with shady woodland beds containing carpets of over two hundred varieties of snowdrops. *To see all the gardens opening this year just visit www.ngs.org.uk.*

Appledore Maritime Museum - Volunteers Needed.

The North Devon Maritime Museum in Appledore urgently needs more volunteers to help run the Museum, which opens from April 1st 2015 and closes at the end of Autumn Half Term. Volunteers sell tickets and run the small shop ; they are a friendly group who enjoy meeting visitors and helping them enjoy their visit. Volunteers work in two shifts either 10.30 to 1.30 or 1.30 to 5.00. The Museum is open every day and volunteers can chose the day/days they would like to work.

For an introductory tour and informal chat please contact the Museum by e mail info@northdevonmaritimemuseum.co.uk or by phone on 01237 422064 or 01237 477836.

Diana Yendell

Credit Union – Plough and Share.

Volunteers are needed for a Bideford Branch of the Credit Union 'Plough and share,' There is a possibility of it operating from the Foodbank every Friday from midday for an hour or two; one or two willing to help on the project would be much appreciated. Please contact me on 01237 77852. James Craigie

Learn Devon will be having taster sessions priced just £10, two workshops in one session. Thursday 12th Feb 2015, 6pm-9pm as part of Bideford's Festival of Love. You get to choose which two from the following - Clay Hearts, Copper Hearts, Chiffon corsage or fascinator, Painted Love Pebbles, Poetry inserted into a pre-made card, Naturalistic posy or Stay safe with online dating.

Don't miss out contact Arts Centre on 01237 472462 Tonia @ Businesses of Bideford.

February Diary

Sunday 1st

2-5pm Snowdrops at Cherubeer Gardens, nr Dolton, in aid of NGS 2.30pm Bideford Folk Dance Club afternoon dance at Northam Hall. £5 Raffle. Bring & share cakes. Proceeds to Appledore RNLI. 423554

Monday 2nd

6.45pm Breakaway Social Club for adults with learning/physical disabilities. Quay Meeting Rm, 5 Danver Court, 475051

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 8.30pm North Devon Jazz Club at the Beaver, Appledore - Wild Flower Sextet. 476075 Tuesday 3rd

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 2pm Bideford WI at Sea Cadet Bldg. 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearses at Northam Methodist Hall. 7.30pm Bideford Camera Club at The Stables, Kingsley School. 479462 7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall **8pm** Torridge Male Voice Choir meets at Woolsery Village Halll. 470913 Palladium Club Jam Night

Wednesday 4th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, Westward Ho! Kingsley Hall, W Ho! 01769 540309

10am-12pm Bideford Healing Group at 476632 Sea Cadets Bldg in Victoria Park. 10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128 **10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 10.30am Coast & Country Walkers. Torrington 4.5 miles. 421883 11am-1pm Creative (Memory) Café at Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam. 2pm Bideford Library Readers' Group. 7.30pm Bideford Folk Dance Club at Northam Hall. 423554. 7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room. 8pm Bideford Phoenix Morris rehearses 10am-1pm Lavington Church coffee at Baptist Church Hall. 473798 Thursday 5th 10.15am Northam Men's Forum at Northam Methodist Church Hall. David Carter 'Sir Richard Grenville' 479917 10.30am Walking for Health along Tarka 6.30pm Bideford Band Beginner's 7.30pm Lions Club meet at Royal Hotel Trail. Clarence Wharf Car Park. 421528 Group at Band Room. 475653 2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome. Friday 6th 7.45pm Modern Sequence Dancing,

8pm Ceilidh Club, Northam Hall.

Saturday 7th Bideford's Festival of Love - until 15th. 9am-2pm Farmers Country Market at Atlantic Village 10am-2pm Free craft activities for children at Happy Café, W. Ho! 7pm Film 'What we did on our Holiday' at Littleham Village Hall. 473707 Monday 9th 6.45pm Breakaway Social Club for adults with learning/physical disabilities. 475051 7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 7.30pm Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101 Tuesday 10th 10am Macular Society meets at Burton Art Gallery. 474128 and lunches 10.30am Walking for Health. 421528 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall. 7.30pm Northam Choral Society rehearses at Northam Methodist Hall. 7.30pm Bideford Camera Club at The Stables, Kingsley School. 479462 7.30pm Bideford & District Cacti & Pot Plant Club at Bideford Methodist Church Hall. 475914 8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913 Palladium Club Jam Night

February Diary 2015 continued

Wednesday 11th

9am-3pm Buckland Brewer market food, clothes & toiletries.

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am Coast & Country Walkers. Weare Giffard 9 miles. 421883 **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 47.3.3.37

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 7.30pm Bideford Folk Dance Club at Northam Hall. 423554.

7.30pm Bideford Music Club at Bideford Palladium Club Jam Night Methodist Church. Concert by pianist James Kirby. 477242

7.30pmTwo Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris rehearses Sea Cadets Bldg in Victoria Park. at Baptist Church Hall. 473798 Thursday 12th

10.15am Northam Men's Forum,

Northam Methodist Church Hall. Barry Hughes 'N Devon Maritime Museum' 10.30am Walking for Health along Tarka 1.30-3.30pm Knit & Natter Group at St Trail. Clarence Wharf Car Park. 421528 Margaret's Church, Northam. 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope

Walk. New members welcome. Friday 13th

2pm Devonshire Assn at Burton Art Gallery. 'The History of Music - a Young Pester 'Pester Family at War (WW2)'. 7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club, Northam Hall. 476632

Saturday 14th

Farmers' Market in Jubilee Square. 10am-2pm Free craft activities for children at Happy Café, W. Ho! Sunday 15th

1.30pm Torridge Ramblers walk. 01805 622183

Monday 16th

2pm Bideford Ladies Club, Marlborough Kingsley Hall, W Ho! 01769 540309 Court. 421925

6.45pm Breakaway Social Club for adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251 8.30pm North Devon Jazz Club at the Beaver, Appledore – Andy Sheppard. Tuesday 17th

10am-12pm Coffee Morning in aid of Women's World Day of Prayer at Baptist 2pm Bideford Ladies Club, Marlborough 11am-1pm Book Sale in aid of The Church Hall, Mill St.

10am-1pm Lavington Church coffee

and lunches

10.30am Walking for Health. 421528 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall. 3pm 'Reflections' Grief & Loss Group at 10am-1pm Lavington Church coffee St Mary's Church. 475765 6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearses at Northam Methodist Hall. 7.30pm Bideford Camera Club at The Stables, Kingsley School. 479462 4-6pm Sew Together at Northam Library 7.30pm Lions Club meet at Royal Hotel 7.30pm Northam Choral Society 8pm Torridge Male Voice Choir meets at rehearses at Northam Methodist Hall. Woolsery Village Halll. 470913

Wednesday 18th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Palladium Club Jam Night 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris rehearses Quay Meeting Rm, 5 Danver Court, at Baptist Church Hall. 473798

Thursday 19th

10.15am Northam Men's Forum, Northam Methodist Church Hall. Philip Person's Guide' - Rebecca Betambeau. 10.30am Walking for Health along Tarka 7.30pm Two Rivers Wind Ensemble Trail. Clarence Wharf Car Park. 421528 Rehearsal at Bideford Band Room 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome. Friday 20th

> 10am-12pm Northam Reminiscence café at Northam Hall. 459337 2-5pm Snowdrops at Cherubeer Gardens, nr Dolton, in aid of NGS. 7.30pm Quiz Night at Instow Village Hall Bucks Cross Village Hall. in aid of North Devon Hospice. 422710 7.45pm Modern Sequence Dancing, 8pm Ceilidh Club, Northam Hall. 476632

Saturday 21st

9am-2pm Farmers Country Market at Atlantic Village.

10am-2pm Free craft activities for children at Happy Café, W. Ho! 2pm Devon Family History Society at Pollyfield Centre. Tim Wormleighton 'Cod 'n' Ships: the Newfoundland Trade. 476632 431305

Monday 23rd

Court. 421925 6.45pm Breakaway Social Club for

adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 <u>Tuesday 24th</u>

and lunches

10.30am Walking for Health. 421528 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Bideford Camera Club at The Stables, Kingsley School. 479462 7.30pm Lions Club meet at Royal Hotel 8pm Torridge Male Voice Choir meets at Woolsery Village Halll. 470913

Wednesday 25th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 473337

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Clovelly Rd Ind Estate. 07817976053 1-2.30pm SHoW (See Hear on Wheels) at Tesco, East-the-Water. 7.30pm Bideford Folk Dance Club at

Northam Hall. 423554 8pm Bideford Phoenix Morris rehearses at Baptist Church Hall. 473798

Thursday 26th

10.15am Northam Men's Forum, Northam Methodist Church Hall. Sue Lane 'Travels in India (on a Royal Enfield motorbike)'. 479917 10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528 7pm Hartland Aikido Club for over 18s at

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome. Friday 27th

10am-1pm Lundy Art Group at St Mary's Church Hall, Appledore. 472158 7pm Appledore RNLI Quiz Night at Appledore Social Club. £8 pp inc. supper. Teams of 6.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club, Northam Hall.

Saturday 28th

Farmers' Market in Jubilee Square. Grenville Manorhouse BPT at Baptist Church Hall, Mill St. 239036