



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

Water Festivals and Fishy Stories

... July in Bideford



(Photograph © Tom Arno)

Local fishing is busy this month. All the pots are out to catch lobsters and crabs and other shellfish. The trawlers and the rod and net fishing can now rely on more favourable weather. They will be landing a wonderful range of fish - Skate, Plaice, Gurnard, Mackerel and Bass, to name a few! During the summer there are some additional places to buy local fish.

In Bideford, fish man Dan the Fishman has a regular stall every Friday in Mill Street and at the Farmers' Market every other Saturday on Bideford Quay. In Appledore there will be local fish stalls on Friday 25th July as part of the Appledore Summer Festival. Stalls will sell local caught fish and shellfish and a Kipper stall will have a range of Kipper products made from Clovelly - Herrings and more!

You can eat delicious local Crab sandwiches at the new Appledore Cabin on the Quay. Felicity will be running Shellfish demonstrations in Appledore, St Mary's Church Hall on Tuesday 3rd July 10.00-1.00pm as part of the Petroc College "Tipping the Scales" FLAG supported programme and similar free sessions on Saturday morning 26th July as part of the Appledore Summer Festival. More information on petroc.ac.uk/seafood. They will be launching a fish cookery book at a Family Fish Event held on the morning of 12th July in the exhibition area on the Brannams site, Barnstaple. Also in Appledore at the St Mary's Church Hall the first "Fabulous Fish on Thursday Event" is being held on 17th July; this is a free event, please come along.

More details on 07918 779 060 or www.brilliantfishonline.co.uk.

With lovely local fresh fish you can make Ceviche which is a refreshing pickled fish made with fresh local summer fish - Plaice, Mackerel or Sea Bass.

See Page 11 for Felicity's recipe this month, and Page 2 for Water Festival events.

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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Water Festival

A daring new attraction will be included in this year's Water Festival.

On July 20, people will have the chance to bungee jump over the River Torridge Bridge. We are sure the people of North Devon will rise to the challenge in aid of such worthwhile charities, the Macmillan Nurses, Children's Hospice South West, Northam Lodge and Charities, all supported by Rotary."

The challenge is open to everyone over the age of 14; you can register for a place and get more information on www.bidefordrotary.co.uk or by contacting rich@richwilliams.co.uk.

Spaces will be allocated on a first come first served basis though clubs and groups of friends will be accommodated wherever possible, if they want to book multiple slots

The 175ft platform will be suspended over the bridge and has been organised by Extreme Sensations, a specialist company from Durham with 25 years experience in the business. Festival organiser Steve Corless said: "We are really excited about the event.

On the Water Events

From 11.00 am **Gig Racing** 12.30 to 13.30

NDYC and Cadet demonstration

Appledore and Instow Ferry attendance, 14.00 to 16.00 **Canoe Club demonstration**

Also

Paddle boards, Skern Lodge power boat rides and the RNLI will make an appearance depending on operational demands! Quay Events; Fun Fair; Food.

News from Northam Lodge

Our summer fete will be held on **Saturday 26th July from 2pm to 5pm** in the grounds at Rose Hill, Heywood Road, Bideford. A variety of stalls for you to browse, including a sweet cart, beauty products, and arts & crafts a plenty from driftwood to bunting to cushions. There is also the opportunity to paint your own pottery, make your own button art, and have shellac nails done. Our usual cake stall will take pride of place alongside Seasonal Samosas. Our raffle and tombola will be groaning with great gifts to win and we also cater for your little ones with a bouncy castle, hook a duck and face painting. Entertainment will be provided by the Bideford Phoenix Morris Dancers, Dance Fit Belly Dancing and Energia Samba Band. Come along for a fun afternoon and support your local charity.

Diagnosed with Parkinson's?

Do you know there is a local support group in the Torridge area offering regular group activities and/or just information. Please contact **Julie Jones on 01237 478128**. *We are also looking for a new chair for the group. If you are interested in undertaking this role please contact Julie for more information.*

Relate North Devon offers information, advice and counselling for all stages of relationships, including helping families to build and maintain strong relationships. Visit www.relateexeteranddistrict.co.uk for more information, or call 01392 275681.

Bideford and Torrington Read Easy

There are about 2.5 million adults in the UK who cannot read or who have very poor literacy skills. Read Easy addresses this by giving lives back to people in one-to-one coaching sessions. The sessions are always in neutral venues, never in homes for safeguarding of both the Coach and Reader. The Read Easy Coach is never judgemental – just wants to help the person learn to read!

The get-together is based on two ½ sessions a week on a regular timetabled basis using the phonics-based book 'Yes We Can Read'.

Read Easy in the Torridge area is just starting. We have several kind people who have already offered themselves as Coaches.

The challenge is to locate the folk who cannot read. They have developed strategies to hide this from family, friends, and co-workers as embarrassment is very high. The hardest thing for them is to come forward and say, "I need to learn to read." If we can help, please contact us.

Nigel Wright Coordinator for Read Easy Bideford & Great Torrington **Tel 0844 4722983**
Email: nigel@readeasy.org.uk

Tarka Valley Railway Group

Though The Puffing Billy is temporarily closed, our railway carriage is going to be open every Thursday from mid July so that visitors can have a look around, discuss the project and browse our second hand books, magazines and other assorted items.

If any of this inspires you to lend a hand, please get in contact. Visit www.tarkavalleyrailway.co.uk, or come along to the station on a Thursday and meet the team.

Appledore singers – 'Summer Song' Concert 2014

The Appledore Singers will present their annual 'Summer Song' concert on **Saturday 12th July, 2.30pm** at Northam Hall. The programme will contain a variety of favourite music, old and new, drawn from their repertoire, including songs from their new CD, 'Quay Notes', arrangements of hits by well-known singers, folk songs, gospel music and showstoppers. There will also be a chance for audience participation!

Admission £6 adults – (children under 16 free) - at the door (to include light refreshments) theappledoresingers.co.uk 'Quay Notes' CD (price £6) available from Penny Chambers at the concert penny.chambers@virgin.net (plus P&P £1.75) For further details contact Jenny Cawsey on 01237 424982

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Bideford Film Society Doors open 7.00pm, film starts 7.30pm.

These are the proposed films for July. Please note that films shown may vary from those shown here. Please check local press or our website www.bidefordcinema.org.uk to avoid disappointment.

Friday 4 July at 7.30pm at Kingsley School Pompeii (12A), 105 min

Saturday 5 July at 7.30pm at Kingsley School **Grace of Monaco** (PG), 103 min

Friday 11 and Saturday 12 July at 7.30pm at Bideford College **The Two Faces of January** (12A). 96 min

Friday 18 and Saturday 19 July at 7.30pm at Bideford College **X-Men: Days of Future Past**
(12A), 131 min

Friday 25 July at 7.30pm and Saturday 26 July at 5.00pm at Kingsley School **Maleficent** (PG), 98 min

Saturday 26 July at 7.30pm at Kingsley School **Edge of Tomorrow** (12A), 113 min

It Could Be You

Being judgemental (and therefore wrongly assuming that I am superior to another human being), is one of my many faults, and the one I find hardest to keep in check. So occasionally I find a metaphorical 'mirror' is being held up to me and I find myself feeling misunderstood or undervalued.

How many of us admit to ourselves that we judge people we encounter by their dress, speech, physical appearance or communication difficulties. Money or work stress, psychological trauma or sometimes just downright bad luck can topple anyone. Then they need someone to see the real them, to listen (really listen without judgement), perhaps empathise if not sympathise, and encourage their self esteem back onto an upward path. (I am lucky to have such people). It requires wisdom and imagination, and a desire to try to understand, rather than instantly mentally categorising others to suit our opinion or ego.

We cannot know their situation unless we live every minute of every day walking alongside them, an obvious impossibility, but we can honour them by replacing judgement and superiority with humility and compassion. I'm still working on it!

MR

Book News

A Game of Hide and Seek by Elizabeth Taylor
Discussed by Bideford Library's Readers' Group
Imagine starting your literary profession at the moment your famous namesake embarks upon a momentous film career.

Such was the fate of Elizabeth Taylor, governess, librarian, homemaker, Home Counties socialite and member of the Labour Party as was *recherché* in post-WW2 Britain. Kingsley Amis called her 'one of the best English novelists born in this century (20th)' while Hilary Mantel praised her 'deft, accomplished and somewhat under-rated' body of novels and short stories. Yet readers today would be hard pressed to find her works outside lending libraries. Fortunately, for our reading group, we had the advantage of the Virago Classics reprint with its inspiring foreword by Elizabeth Jane Howard. Some of us even recalled the wonderful film of 'Mrs. Palfrey at the Claremont' with Joan Plowright and Rupert Friend so anticipated a novel of loneliness, anguish and despair, a theme generally to be had throughout Taylor's writings. Taylor provides us with an epic tale of domesticity spanning three generations: Grandmother, the former suffragette; Harriet, the dreamer; Betsy, the child on the brink of adulthood. The catalyst for the 'Game of Hide and Seek' is the teenage awakening between Harriet and Vesey, a flighty and callous youth. These emotions are reignited in their middle age when Vesey, having failed at Oxford, arrives with a provincial production of 'Hamlet'. Vesey appears malign but never exerts himself enough to be effective while Harriet informs one of Taylor's favourite themes- a woman deformed by the sheer force of will required to assert herself.

The secondary characters throughout provide us with wit, compassion and hope.

The Reading Group was divided in its opinion as to whether the book might be an updated version of Jane Austen's *Persuasion* or an earlier version of *Desperate Housewives*. There were aspects of Harriet's ineffectual affair reminiscent of 'Brief Encounter' balanced by Taylor's effervescent humour to make us laugh out loud.

Linda Napier-Burrows

The Readers' group meets on the first Wednesday of each month at 2 p.m. in Bideford Library. Books for the month are supplied by the Library and can be picked up at the meeting or from the Library desk. Discussions are very much centred on the book of the month and meetings usually finish around 3.15. If further information is required anyone interested can contact Peter Evans on 01237 47917.

The library consultation continues until 14th July. Please contact your local library to have your say

What's happening at Bideford Library??

Tom Vowler

Thursday July 10th 7pm

Come and hear acclaimed author Tom Vowler discussing his latest novel, *That Dark Remembered Day*. Tom has strong local links having lived in Appledore and been educated at Bideford College. He now works in Plymouth and has a growing reputation as a writer of thought provoking crime and suspense fiction.

Tickets £2.50 available from Bideford Library. Includes wine and nibbles. Please book in advance. Tel 01237 476075.

Story time for under-fives

Every Thursday. 9:30-10:00 am (except school holidays)

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Free Fridays

Every Friday 9:30-5

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Feel Better with a Book.

Every Wednesday 10:30-12:00 am

Come and lift your mood through the joy of reading! The aim of the groups is to enable you to enjoy the pleasure and relaxation of listening to great stories and poems - classical and new - and sharing responses with others. No pressure and no reading required. The group is led by an experienced facilitator.

Nifty Needles

Every Thursday from 2pm

If you enjoy knitting, crochet, embroidery or any type of hand sewing, come and enjoy a chat and a cuppa. Get advice and find new ideas.

Beginners IT

Monday and Tuesday afternoons. Help with websites, email, tablets etc. Free one-to-one help with a member of library staff. Book in advance.

Mythical Maze. The Summer Reading Challenge

There will be lots of fun in Devon Libraries this Summer with the Mythical Maze. Read books and earn rewards. Sign up from **Saturday 12th July.**

Treasure Hunt in the Library. Find the Mythical Creatures hidden around the library for a chance to win a fantastic prize. Craft sessions every Tuesday in the School Holidays 10am – 12 noon. Starting 29th July Thursday 31st July. Mythical mayhem with story teller Dave Oliver. More details from the library or tel **01237 476075.**

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Gas guzzler or light entertainment?



Most of us are familiar with the sight of Anton, well known Bideford hairdresser, driving his huge Californian yellow truck through the streets. It is a miracle of driving just to survive the narrow streets and lack of large enough parking spaces; even getting in and out of it looks scarily dangerous. However all of us who know Anton have always felt sure that he will never be parted from his beloved truck.

So it was with some disbelief that I received the news a few weeks ago that he was selling the monster truck and buying, shock horror, a Toyota Aygo. A car, he told me with some pride that does 60 miles to the gallon and is taxed for £20 a year.

I asked Anton to explain the difference between the two vehicles and the facts make interesting reading.

The Truck costs £225 a year to tax and does 18 – 20 to the gallon. On the other hand it has limited use, will never go on a motorway for example and only does a mileage of 2,800 a year compared to an average 10,000 for most people.

Insurance is less than for the Aygo, because the limited mileage guarantees him a special insurance rate, so he pays £250 as opposed to £350 for the Aygo.

In terms of carbon emissions the truck has to pass California's stringent requirements, so it may do better, or at least as well on the carbon emissions test, than the Aygo.

So there you have it. The truck is a fun vehicle which is not necessarily any better or worse for the environment than a much smaller car. However in terms of convenience the Aygo wins every time. (except in the snow maybe, or if I want to impress my grandchildren)

RA

Bideford Sustainability Group –

'Saturday 19 July, Not just a pair of Coconuts' Make, play and take home a simple instrument from recycled materials. Lisa Sture.

Admission free. For ages 9-99 (children to be accompanied by an adult, please). Tea and coffee available, 1pm -3.30pm at The Burton Art Gallery.



TeenStar

Here at Buzz, we're always on the hunt for fine new talent; like a Richard Branson-shaped Terminator we never give up. Unlike Richard Branson, sadly, we do not possess any hot air balloons, leaning trains or recording studios, and we probably couldn't match Arnold Schwarzenegger in an arm wrestle, but hey; we can promote- and promote we shall!

You may remember our feature a few issues back, on the genuinely gifted Yazzy Chamberlain, who reached the finals of nation-wide singing tournament; TeenStar (previous finalists of which include Birdy, Jahmene Douglas and, Luke Friend) doing so with a catalogue of original songs- such as the hauntingly performed: "Butterflies".

Yazzy didn't immediately graduate to the eerily strobed O2, however, she had to fight her way up through the Devonshire ranks of Exeter and Fareham, where the Judges offered up both praise and constructive feedback.

"She gained so much more confidence by participating in Teenstar." Remarks Yazzy's mum, Elaine. "She wants to become a successful singer/songwriter and believes that any chance she has to perform is good experience."

The story's not over yet, however; as Yazzy recently declared that she will be entering again this year and has made it to the last leg once more, with the self-penned "Monday morning blues"! If you want to see our homegrown troubadour in action, then the finals are being held in Birmingham NEC on July 19th, the £20 ticket prices supporting all up and coming acts. All at Buzz wish her the best of luck.

Then again, if you know someone who's been hiding their light beneath the bushel, why not enter them for next year's tourney? Not only is it but the price of a rather expensive sandwich, they can follow in Yazzy's footsteps.



Hot July ?

Convertibles abound the streets, their drivers no longer looking bedraggled and forlorn as the car fills up with water. Tourists can be seen actually eating ice creams, and not just using them as impromptu umbrellas. What with all this unusual-if delightful- weather we've been having lately, it makes sense that Bideford College would send its year 7's this week to find out more about it; how weather balloons are sent off, how these bundles of latex collect readings, and what these results actually mean. The trip shed some light on our lavish heat wave.

For one thing, the jet stream has shifted, forcing the band of rain normally reserved for Britain up to Scandinavia and low lying Iceland, who are now having to endure the gale force winds and desolate rain that English summers have become renowned for over the years. This leaves us with the lower "underbelly" of the stream, with it's high pressures and claggy heat. By the looks of it, this gloriousness should be set to continue!

..Finally; spare a thought for Goths- as the weather heats up so does their black clothing...Not all doom and gloom- seen in Bideford recently were two Goths on a tandem. Does the heart good!

Millie Sutherland O'Gara

Westward Ho! Youth Theatre Group is putting on **Annie Jr.** at Kingsley Hall, Westward Ho! on the 4th, 5th and 6th July.

If you would like to see this production please book online at www.whytg.co.uk. Alternatively, please contact Sarah White on 07718 619642. Tickets are priced at £6.00 for adults, £5.00 for youths, seniors and concessions and £18.00 for a family of four. For discounted group rates please contact Sarah.

For further information, please contact Jocelyn Droppa on 01237 420417.

Something to say?

Send it to us at editor@bidefordbuzz.org.uk.

News from the Burton Art Gallery and Museum.

Once again, in fact, for the 92nd time, the Westward Ho! & Bideford Art Society annual exhibition is in full swing at the Burton. And what a plethora of art works are on show! Wood engravings by Hilary Paynter, humorous wood-carvings by John Butler, pastels by Marianne Edwards, ceramics by Nick Juniper, textiles by Rachel Sumner and Penny Laird – I could go on forever naming artists and their special media. There is such a variety of beautiful objects, and whatever your taste, you will find a piece of work to admire. The Society embraces abstract and quirky, the familiar and the modern; you will find spectacular photography of rocks and caves along our coast; the sea and ships feature large, and artists revelling in rolling landscape and sun-speckled woodland. Ceramics in every form abound – platters, intricate figurines, smooth-skinned vases and jugs; and then there is one shimmering bowl of clear perspex leaves. The exhibition ends on 13th July. Don't miss it.



To follow, the Society of Wood Engravers take their bow, with their 76th annual exhibition, beginning on 26th July, and continuing until the 15th September. You can enjoy a free 'Talk and Tour' with Society Member and Artist, Hilary Paynter, on the 26th, at 2.00 p.m.

This exhibition has been on tour, and the Burton is its 7th and final host. There are 150 pieces of work, drawn from artists across the U.K., the U.S.A., Canada and Europe, with a special selection of relief prints from Japan. North Devon artists include Hilary Paynter, Shirley Smith, Merlyn Chesterman and Edward Crumpton. All the works you will see have been selected on merit from a membership of around 70, and when you consider the craft of wood engraving, how detailed and meticulous an artist has to be to produce such fine work, you will be full of admiration.

If you would like a day out – how about a coach trip to see the National Trust property at Kingswear, Coletton Fishacre? Built by the D'Oyly Carte family, it's Art Deco all over, and has a beautiful garden leading down to the spectacular cliffs below. A party will meet at the Pill, Bideford, on Saturday, 12th July, at 8.30 a.m., motor down to this beautiful house and garden by the sea, and return around 6.30 p.m. The coach fee is £12, entry is free to N.T. Members, non-members entry is £8.80, (group discount). Call Di Warmington on 01237 472336 to book a seat.

The Friends are holding an Art Auction on the 24th September, and this is just a prompt for anyone looking to 'move on' pictures or artefacts they wish to replace or part with. Handing-in is on 22nd September, with viewing on the 23rd. You may wish to buy something at the auction, too, of course! Gallery opening hours: Monday – Saturday: 10am to 4pm. Sunday: 11am to 4pm

Diana Warmington,
Friends of the Burton Art Gallery & Museum.
Diana Warmington *Friends of the Art Gallery & Museum*

Family History

Did you enjoy Heritage Day? Interested in your own family history?
Ever watched WDYTIA on the telly and thought I'd like to try that!

Because of rapidly increasing numbers, the Family History group has now moved to larger premises and now do have room for you to come along. DFHS North Devon family history group meet at the Pollyfield Centre E.O.W. Bideford, from 2 until 4pm. Plenty of free parking or it is just a short walk from the 21 bus stop at Avon Road. **Just come along or phone 01237 451305 for more details.** We meet on the third Saturday of each month for an interesting and useful couple of hours.

Coming up.....

Saturday 19th July Hints for those starting family history, based around 'Marriages'

Saturday 17th August 'Ask the team'. An opportunity for you to join in a forum of FH gems. Find out 'How to' or 'Tell of your own research highlight.'

Come along and sit in on a couple of meetings before deciding whether to become a member. Just bring a few pence for a cuppa and a biscuit at the end. An opportunity for you to join in a forum of FH gems. Find out 'How to' or 'Tell of your own research highlight.'

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon. Samaritans offer a confidential emotional support service which is available 24 hours a day.

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HAPPY CAFÉ

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Friday Lunch Club

Served between 12 and 2pm

£4.50 for two set courses
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Political Correctness

Did you know that a PC isn't PC any more? No? I didn't until I was verbally assaulted by an acquaintance of mine. Apparently one must not call a Police Constable a Police Constable, he is a Police Officer, Chief Superintendent or the newest 'Bobby' on the beat is a Police Officer. Even worse is calling a human of the female gender a WPC, or describe her as a Woman Police Officer; in this 'politically correct' world it is demeaning, and daring to mention Women Police Support Officers will shrivel one's tongue!

Even 'girl' is frowned upon - once they attain puberty they must be 'young women', ignoring the fact that technically it should only apply after having what the Native North American Indians call 'wearing a hole in their moccasin'. Why cannot we refer to them by that old and charming Devon word Maid? Asking a girl if she has a boyfriend is infra dig or non PC as it assumes she is heterosexual and one must not assume these days. Infra dig, an abbreviation of the Latin *infra dignitatem*, means unbecoming or beneath one's dignity as it would be for her to answer.

Our original conversation revolved around my acquaintance's need for 'a chair'. Idiot me, asked 'what kind of chair?' "to chair a Society," Another argument ensued when I asked why can't you say Chairwoman or Chairman instead of labelling an individual a brainless solid wooden object when what you need is an intelligent competent human being of either gender? "Calling someone a Chairwoman is demeaning". For the same reason one must not refer to actresses or women magistrates. Even 'gender' is to be avoided; the European Parliament introduced proposals to outlaw Mrs., Miss, Madame, Mademoiselle, Frau, Fraulein, Senora, Senorita, etcetera, I kid you not! Look it up on the Internet.

Political correctness has even denied me one of my few wartime pleasures, spotted dick with a large spoonful of golden syrup. It may be considered offensive to some, and on school menus it should only be referred to as Spotted Richard. What about that poor acne covered wretch skulking in the corner - isn't his name Richard? Children must not be taught Baa Baa Black Sheep any more although it has nothing to do with the colour of human skin, but baa baa rainbow sheep or baa baa little sheep. What about Jacob sheep that are mixed colours, whoops, sorry that too may offend. Sadly even the great British Broadcasting Company has dropped BC, Before Christ, and AD, anno Domini meaning the year of our Lord in case it offends. Christenings are now Naming Ceremonies. Management should no longer refer to 'brain storming sessions' in case it offends epileptics - as an individual sufferer it doesn't.

In America, where I suspect this nonsense probably originated, some schools must only refer to Christmas trees as Holiday trees. Seattle schools now refer to Easter Eggs as Spring spheres! Laid by owls presumably as they lay spherical eggs. James Duport was right in 1660 when he wrote 'Quem Jupiter vult perdere, dementat prius', those 'Whom God would destroy he first makes mad!'

Grampus

Fresh Fish Ceviche Deliciously cool!

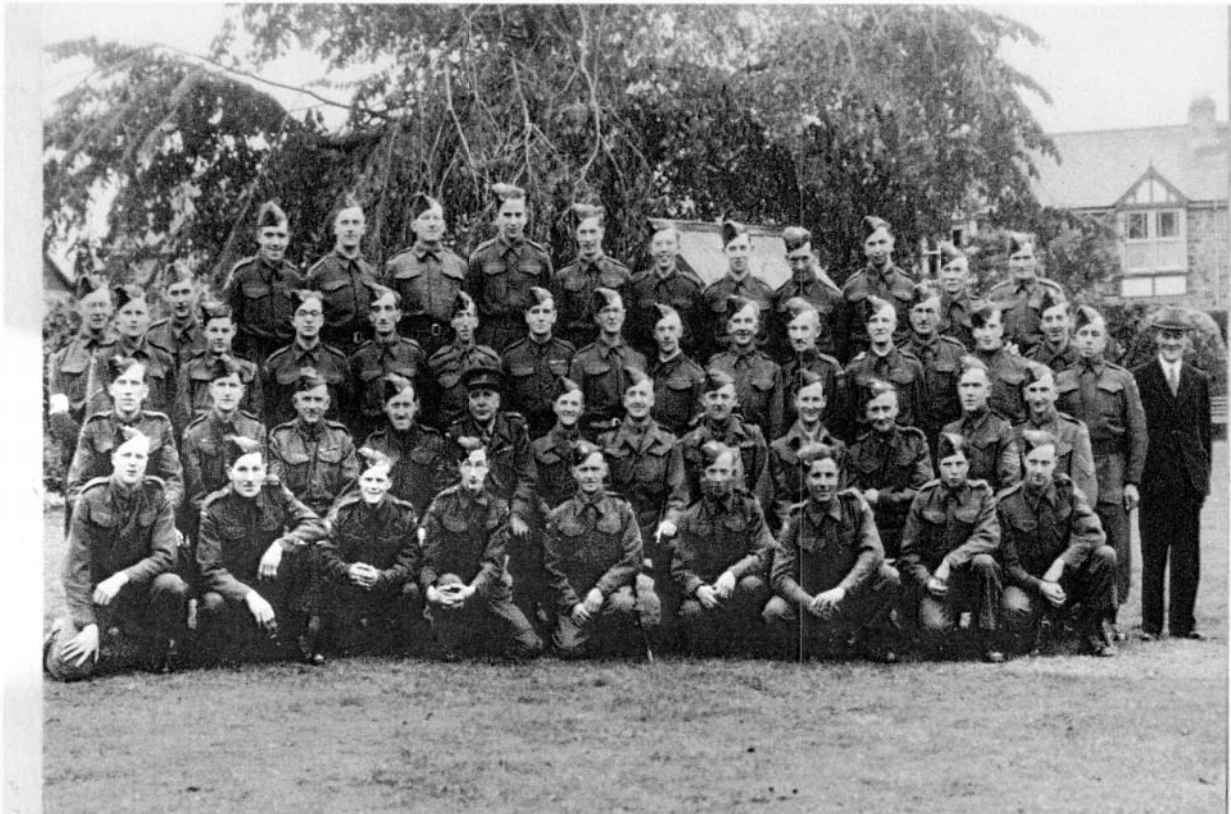
Ingredients

500gms/1lb fillets Mackerel, Plaice or Sea Bass
500ml/12fl oz/2 cups of Lime and/or lemon juice or lime
and orange juice for mackerel pickle
1 red onion finely sliced; 2 red chillies -jalapenos or fresh
serrano chillies rinsed and chopped; 1 large tomato; 2 tbsp
chopped fresh coriander; Salt and freshly ground pepper;
Green salad
and crusty bread.

- ≡ Skin Sea Bass fillets and black sides of Plaice, cut into 1-2inch/2.5-5cms strips.
- ≡ Place in a glass dish and season with salt and pepper.
- ≡ Pour over the juice, making sure that the fish is completely covered.
- ≡ Add sliced onions, sliced chillies and chopped coriander and stir well.
- ≡ Chill for 2-6 hrs. or overnight –but no longer.
- ≡ Add the tomato chopped in cubes.
- ≡ Leave to stand for 15mins and serve at room temperature.
- ≡ Garnish with coriander sprig or chopped and Lime or Lemon wedges
- ≡ Eat with Crusty bread and Green Salad



This year's Appledore Summer Festival promises to be bigger and better than ever!
And it will run over 3 very full days from Friday 25th July to Sunday 27th July inclusive – so please put in in your diary now!



Bideford Home Guard 1943

Ptes S Laird, P Cloke, WE Voden, CMS Gosling, Sgt. R Featherstone, Pte. TD Frayne, Cpl. GR Hill, Ptes FJ Clements, G Waldron, J Lock, Cpl. F Stacey, Pte R Raymont, Cpl. EJ Moyes. L/Cpls. FD Miles, F Clarke, Cpl. RC Halbert, Cpl. R Day, Ptes C Kelly, W Weedon, J Oliver, Cpl H Mounce, Ptes SJ Short, AC Waldon, E Symonds, L Braund, A Tuplin, Cpl. A Huxtable, Cpl. F Rockey, Mr. E Brown, Sgt. S Hawkins, Pte. R Cade, Sgt. R Northcote, Sgt. TR Harding, Major Cudmore, 2/Ltd WH Pascoe, Lt. C Brough, Capt. JR Ellis, 2/Lt. H Sherbourne, Sgt. F Clarke, Sgt. JH Hillman, Sgt. L Short, Ptes. R Webb, C Tryon, R Raymont, L/Cpt. ER Youngs, Ptes H Lee, WW Horn, M Vanstone, CW King, Cpl. SC Smalldon.

100 Years ago July 1914

(Bideford Community Archive at the Council offices, Windmill Lane, Northam. Tel: 01237 471714)

This was one of the first photographs ever to be published in the Bideford Gazette. Elderly Bideford Resident died at 95 years of age. Mrs Elizabeth Colwill, for many years resident in East-the -Water and daughter of William Lake retained all her faculties after a strenuous life. Last year she accomplished unaccompanied the railway journey from Bideford to Plymouth to visit her daughter.

Bideford is a healthy place to live. Miss Wakeley of 4 Clarence Terrace Meddon Street offers a furnished apartment in a "high healthy situation" and Mrs J C Clarke of Fernwood Clovelly Road has for rent a private apartment with H&C baths, a bracing air and magnificent views.

At a recent schools inspection absenteeism features in the report. Bideford East-the Water school had 104 present out of 114, Geneva Girls 256 present out of 290 on the register. Old Town School 301 from 340 and Gunstone 80 from 95.

Bideford Armada guns which had been on display outside the Technical School have been moved and remounted in the park around the new bandstand so that they can be seen to better advantage. Bideford Hospital Committee acknowledge the following gifts- Gooseberries, onions, a dressing gown Sweet peas, lettuce and rhubarb.

It is interesting to note that in the 14th July 1914 edition is the FIRST mention of anything to do with the forthcoming war. An entire page was given over to all the events taking place in Europe.

Peter Christie, one of our leading local authors, is speaking at Northam Hall on Wednesday 20 August on "Prostitution in Victorian North Devon." The event starts at 7.30pm and the cost is £5 to include refreshments. Proceeds are for the Bideford & District Community Archive.

AN AGED BIDEFORDIAN





THE SHIPPING NEWS



Ship Loaded at Bideford	Registered Flag Owners	From	To	Arrived	Sailed	Crew	Cargo
Celtic Pioneer ex Leeswig 06 Cardiff Claus Jurgens 93 British Built 1985	British	Avonmouth	Castellon	11/6/14	2/6/14	Polish	2800 tons clay
Loaded at Yelland							
Crownbreeze	Dutch Rotterdam Netherlands	Avonmouth	Wismar	01/06/14	02/06/14	Ukrainian Philipino	2500 tons timber

Welsh Piper 12/6/14.

Oldenburg returned to service from Bideford and Ilfracombe.

Arco Dart at Appledore 17.5.14 31.5.14

According to the Journal website the cruise ship **Prisendam** is due off Ilfracombe **26th July** for a visit ; has been here before. Visit subject to weather conditions.

A report in the Gazette that the **Kathleen & May** is to make a visit to Bideford in August - will give further details when known.

An announcement was made in the Irish Parliament confirming a 3rd vessel would be built by Babcocks at Appledore for delivery in 2016. The second vessel **Le James Joyce** is due to be floated out in November 2014

Bristol Channel Observations

16.5.14 at 08.50 cargo vessel **Lady Amalia** 3700 tons d.w, owners Be Beheermaatschappij Lady Ana Netherlands, inward bound for Newport

22.5.14 at 12.00 cargo vessel **Janet** 4570 tons d.w. owners Reederei Held Germany, outward bound from Sharpness, having sailed at 05.34.

26.5.14 at 06.40 cargo vessel **Kotsikas** 27359 tons d.w. Owners Kotsikas Shipping SA Greece inward bound for Avonmouth. At 09. 50 cargo vessel **Crownbreeze** 3400 tons d.w owners Crown Breeze 11 CV Netherlands, inward bound for Avonmouth ; her next voyage is loading at Yelland, details above. At 13.18 vehicle carrier **Grande Spagne** 12594 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury, having sailed at 10.18. At the same time the bulk carrier **Aasheim** 5826 tons d.w owners Hans Martin Torkelson Norway, inward bound for Avonmouth.

29.5.14 at 06.40 cruise ship **Serenissima** 2598 tons gross owners unknown inward bound for Lundy; she left at 12.15 for Dartmouth.

5.6.14 at 16.07 vehicle carrier **Mignon** 28127 tons d.w owners Wallenius Wilhelmsen Logistics Norway and Sweden, inward bound for Portbury

6.6.14 at 08.53 dredger **UKD Orca** 3775 tons d.w owners Associated British Ports London, outward bound from Cardiff en route to the River Humber. At 16.30 vehicle carrier **Autosun** 6670 tons d.w owners United European Car Carriers Norway, outward bound from Portbury, having sailed at 10.29 . At 18.00 cargo vessel **Marina R** tons 37785 tons d.w owners Sea Satin Oceanway SA Greece inward bound for Newport. At 18.05 hrs chemical tanker **Stolt Kite** 4735 tons d.w owners Stolt Tankers B/V Netherlands outward bound from Barry having sailed at 14.10 hrs .At 20.31 vehicle carrier **Grande Anversa** 12353 tons d.w owners Grimaldi Line of Italy outward bound from Portbury having sailed at 15.58 hrs

7.6.14 at 17.15 fruit juice tanker **Orange Blossom** 15108 tons d.w owners Atlanship S.A Switzerland inward bound for Avonmouth. At 19.18 container vessel **Endeavour** 9168 tons d.w, owners J.R. Shipping Netherland, inward bound for Avonmouth, now back on her Saturday arrival schedule.

8.6.14 at 09.26 cargo vessel **Velserdijk** 4450 tons d.w owners Naviga Ship management B.V. Netherland southward bound from Newport, having sailed at 03.08 At 13.00 vehicle carrier **Grande Colonia** 12292 tons d.w owners Grimaldi Line of Italy, inward bound for Portbury. At 15.36 bulk carrier **Jia Foison** 75535 tons d.w, owners Jia Foison Shipping Co Ltd Shanghai China, inward bound for Portbury.

9.6.14 at 08.05 cargo vessel **Andermatt** 20002 tons d.w, owners Massmariner SA Switzerland, inward bound for Newport.

14.6.14 at 12.10 bulk carrier **Hispanic G** 93237 tons d.w, owners Gestioni Armatoriali SPA Ravenna Italy, inward bound for Portbury. At 12.46 container vessel **Endeavour** 9168 tons d.w owners J.R Shipping Netherland, inward bound for Avonmouth. Nearly back on her weekend Saturday arrival schedule.

Regards Norman.

Buzz Word.....Send us your Buzzes....

Abbotsham Racecourse

Following your recent articles about Abbotsham Racecourse, you might like to know that Abbotsham has recently established its own website, and one section of this is devoted to the Abbotsham Archives, which hold a wealth of material relating to the village and parish of Abbotsham. Our archivists are gradually putting some of the material held on to the website; currently there are on line indices to most of what is held, plus a selection of images on various topics. We do have a section about the racecourse and a link to the 1923 Pathe news clip. We also have a section on the village smithy and a link to the Pathe news clip about that. New material is being added to the website regularly and there are a number of ongoing research projects, including the parish in the First World War. The website can be found at abbotshamdevon.weebly.com.

Martin Wilson Abbotsham Community Archive



Memories of D Day

Vernon Coaker – 3 Commando.

During WW2 we had at least seven commandos billeted with us over a period of a few weeks in 1943. I was reminded on Friday (6th June) that, when I did a CWGC search in 1999, I found that at least one of them was killed on D-Day.

Vernon (known to us as Victor) sent Mum a letter in 1943. I knew that I had found the right commando on the CWGC website as the army numbers matched.

Two of the other commandos were killed in the Sicily Landings, in 1943. I haven't been able to trace the others, not knowing the full names of two of them.

Cynthia (Snowden)

POSTMARKED 5TH FEB 1943

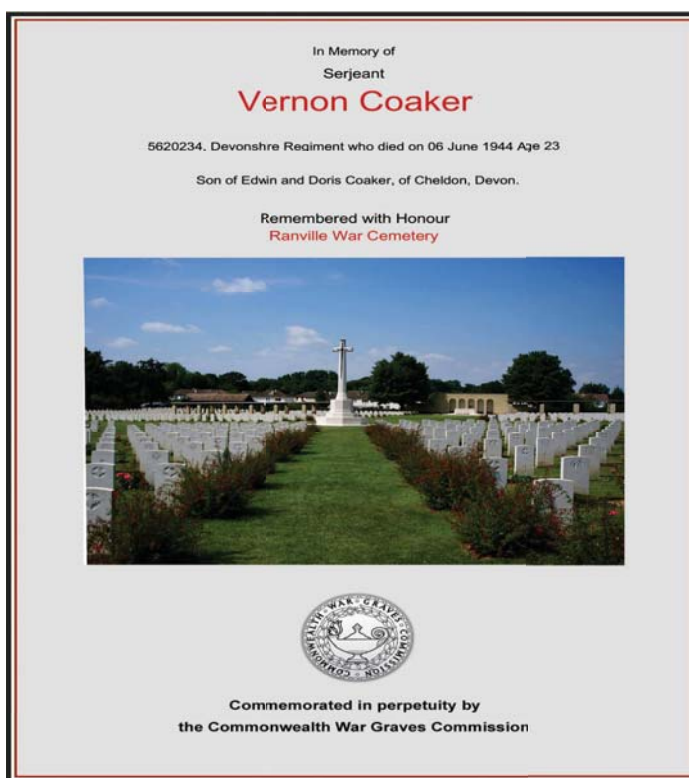
Sgt Coaker No 562023

Dear Mrs Reed,

I expect you will be rather surprised to be getting a letter from me, after such a long delay, but I have been rather busy lately and haven't had much time to spare, but anyhow I hope that 'you', 'Mr Reed,' and the two 'bosses', are fit and well as you were when I left, much to my disappointment, as the

billet I stayed in at Hartland wasn't up to the Appledore standard, but I couldn't grumble, although I would much rather have been back with you, I think "Darkie" was very fortunate to stay at Appledore for another week after I left, and he told me that his billet at 'Clovelly' was a big decline from Appledore. But to get to earth? I must thank you very much Mrs Reed for all the hospitality and kindness you showed towards me, at my short stay, and when this war is over I hope to be able to come around to Appledore, (as it's only twenty five miles from my home,) and try and repay you, or at least show my appreciation to you, in helping to make these dark days of war 'bright' and I only wish that everywhere we go is as bright and cheerful as 18 Bude St. When I was with you 'Mrs Reed' I left behind a ration cover, can you remember, the one we thought wasn't any good, well it seems as though I have to have it here or else go without my ration of meat. Now if you can find it would you please send it on to me, and I shall be very grateful as my landlady here is rather worrying about it.

I will say Cheerio! now, and give my kind regards to all in No 18, and thank you again.
Your Sincere Friend Victor.



RNLI Station to Station Sponsored Walk Saturday 13th September 2014

Following the huge success of the previous RNLI Sponsored Walks between Clovelly and Appledore Lifeboat Stations, the event is being repeated this year

The walk is approximately 16.5 miles along the coastal footpath and if you enjoy walking and spectacular scenery then this is the event for you.

Registration takes place from Clovelly Lifeboat Station at 8 am on the 13th September and walkers have until 9 am to set off. It is not a race and you can take all day to enjoy the views if you wish.

Manned checkpoints with first aiders and water will be in place along the route.

Waiting for you at Appledore Lifeboat Station will be a well-deserved cold beer and a barbeque. The registration fee payable is £5. Walkers must be over 14 years old and if under 16 years, accompanied by an adult. Energetic and well behaved dogs welcome.

if you are interested in taking part please email Rachel Hannam at rachel@qsfinancialservices.co.uk or phone her on 07989747163 to request a walk pack.

AIM Fair

This is a new series of community events designed to help raise funds for various local libraries under threat of closure, as well as the Appledore-Instow ferry, locally-based literacy charity BookRelief UK and the Joy Club. After holding a "taster" version at St Mary's Hall in Appledore over the weekend of 14-15 June, AIM Fair is now gearing up to hold a monthly fair usually over the second weekend of each month starting with the weekends of 12-13 July, 9-10 August, 13-14 September, 25-26 October and 13-14 December featuring stalls with Vintage & Retro, Antiques & Collectables, Crafts & Workshops, Pre-loved books & CDs, plus a table share for those who want to leave few items to be sold on their behalf against a 20% commission to AIM Fair and its beneficiaries. It will also feature Complementary Health Taster Sessions (Health and Harmony events ride again!), Storytelling & Music, Children's Workshops and a Guinea-pig Zone with various animals to cuddle and feed!

The fairs will be spread over several venues in both Appledore and Instow and visitors will be encouraged to use the ferry between these villages (when it is running, which depends on tides) as well as the frequent local bus services between them.

For more information about display tables and table top shares email aimfairdevon@gmail.com or call Helen on 07861 900156. We would also like to hear from you if you can volunteer some time, donate a raffle prize, or come and play some music. Or follow them on Facebook or Twitter.

July Diary

Tuesday 1st

10am-1pm Lavington Church coffee and lunches.

10.30am Walking for Health. 421528

2pm Bideford WI meet at new Sea Cadets Building, Victoria Park.

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginners' Group at Band Room. 475653

7.30-9pm Bideford Sustainability Group at Blacksmith's Arms. 07783384982
Palladium Club *Jam Night*

Wednesday 2nd

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

2pm Bideford Library Readers' Group. 476075

7.30pm The Two Rivers Wind Ensemble rehearsal at Bideford Band Room 01271 860061

8pm Bideford Phoenix Morris at Thatched Inn, Abbotsham.

Palladium Club – Max Raptor

Thursday 3rd

10.30am Walking for Health on Tarka Trail from Clarence Wharf Car Park. 421528

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. Mobile service with wide range of sensory equipment to

try/borrow. 01271 373236

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

7.30pm Bideford Band Concert at Westward Ho! Green.

Friday 4th

7.45pm Modern Sequence Dancing Kingsley Hall, Westward Ho!

01769 540309

8pm Ceilidh Club, Northam Hall 476632
Palladium Club – Red Kite

Saturday 5th

9am-2pm Farmers Country Market at Atlantic Village

10am-12pm Families for Children Adoption Info Meeting at Buckfast.

01364 645480

2.30-4.30pm Summer Fete at Bideford Bay Children's Centre, Victoria Park, for Sacred Heart & Holy Family Church.

3pm Garden Cream Tea at 5 Francis Drive, Westward Ho! in aid of Help for Rwanda. 477470

Palladium Club – boom boom room

Sunday 7th

1.30pm Headlands Art Group, Westward Ho! Baptist Church Hall. 478223

Breakaway Social Club for adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

8pm Appledore Band Concert on Appledore Quay or St Mary's Church

Tuesday 8th

10am Macular Society meets at Burton

Art Gallery. 474128

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall.. 475914

7.30pm Lions Club meet at Royal Hotel .Palladium Club *Jam Night*

Wednesday 9th

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

7pm Torridge Ramblers 01805 622183

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room.

Thursday 10th

10.30am Walking for Health along Tarka Trail. Meet Clarence Wharf Car Park. 421528

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome

7.30pm Bideford Band Concert at Bideford Quay.

Palladium Club charity gig in aid of Caroline Thorpe ward.

Friday 11th

7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711

July Diary 2014 *continued*

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Palladium Club – N.U.M.B.

Saturday 12th

2pm Buckland Brewer Fete with Bideford Phoenix Morris.

2.30pm Appledore Singers Summer Concert at Northam Hall. £6 424982

7.30pm Film 'The Monuments Men' at Littleham Village Hall. 473707

Palladium Club – Sons of Gods

Monday 14th

1.30pm Headlands Art Group, Westward Ho! Baptist Church Hall 478223

Breakaway Social Club for adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

7.30pm Bideford Stamp Club, Kingsley Hall, Westward Ho! 'Japan'. 472101

8pm Appledore Band Concert on Appledore Quay or St Mary's Church

Tuesday 15th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Bideford & District Cacti & Pot Plant Club at Bideford Methodist Church Hall. 475914

Palladium Club *Jam Night*

Wednesday 16th

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 01271 860061

Thursday 17th

10.30am Walking for Health along Tarka Trail. Meet Clarence Wharf Car Park. 421528

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert at Westward Ho! Green.

Friday 18th

Flower Festival at St Helen's Church, Abbotsham

10am-12pm Northam Reminiscence café at Northam Hall. 459337

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Palladium Club – Peter Bruntnell

Saturday 19th

Flower Festival at St Helen's Church, Abbotsham.

9am-2pm Farmers Country Market at Atlantic Village

pm Abbotsham Village Open Gardens

1-3.30pm Bideford Sustainability Group 'Not just a pair of coconuts' at Burton Art Gallery.

2-4pm Family History group meet at Pollyfields

Live Music 'The Rivals' at Union Inn, Stibb Cross.

Palladium Club – Veller Lia

Sunday 20th

Flower Festival at St Helen's Church, Abbotsham

pm Abbotsham Village Open Gardens

12pm Bideford Water Festival

2pm Torridge Ramblers walk 429080

Monday 21st

1.30pm Headlands Art Group, Westward Ho! Baptist Church Hall. 478223

2pm Bideford Ladies Club, Marlborough Court. 421925

Breakaway Social Club for adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

7.30pm Appledore Amateur Radio Club at Appledore Football Social Club. 473251

8pm Appledore Band Concert on Appledore Quay or St Mary's Church.

8.30pm North Devon Jazz Club at the Beaver, Appledore. Sarah Jane Morris. 421065

Tuesday 22nd

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Lions Club meet at Royal Hotel

Palladium Club *Jam Night*

Wednesday 23rd

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 42152

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

01271 860061

8pm Bideford Phoenix Morris - Instow Walking Tour. 473798

Thursday 24th

10.30am Walking for Health along Tarka Trail. Meet Clarence Wharf Car Park. 421528

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert at Westward Ho! Green.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 25th

10am-1pm Summer Fayre at Lavington UR Church

10am-1pm Lundy Art Group at St Mary's Church Hall, Appledore. 472158

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Palladium Club – 9 yards

Saturday 26th

10am Torridge Ramblers day walk 01805 622183

10am-12pm Coffee Morning at Holy Trinity Church, Westward Ho! £1.25

11am-4pm Open Garden at Cleave Farm, Buckland Brewer in aid of North Devon Hospice. 451461

2-5pm Northam Lodge Fete at Rose Hill.

Palladium Club – The Fallen State

Sunday 27th

10am-5pm Victoria Park Fete in aid of Bideford Baptist Church 07983392435,

11am-4pm Open Garden at Cleave

Farm, Buckland Brewer in aid of North Devon Hospice. 451461

3.30pm and 7.30pm Bideford Keyboard & Organ Club Annual Summer Spectacular at Bideford College, Abbotsham Road.

Monday 28th

1.30pm Headlands Art Group, Westward Ho! Baptist Church Hall. 478223

Breakaway Social Club for adults with learning/physical disabilities. 475051

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

8pm Appledore Band Concert on Appledore Quay or St Mary's Church

Tuesday 29th

10am-1pm Lavington Church coffee and lunches.

10.30am Walking for Health. 421528

2pm Bideford WI meet at new Sea Cadets Building, Victoria Park.

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653

Palladium Club *Jam Night*

Wednesday 30th

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

5pm Illyria 'George's Marvellous Medicine' by Roald Dahl at Hartland Abbey. 01805 624624

7.30pm The Two Rivers Wind Ensemble rehearsal at Bideford Band Room

01271 860061

8pm Bideford Phoenix Morris at The Beaver, Appledore..

Thursday 31st

10.30am Walking for Health on Tarka Trail from Clarence Wharf Car Park. 421528

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band Concert at Westward Ho! Green.

Palladium Club - Gnarwolves

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.