



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland



(Photo © Tom Arno)

The new restored and improved Jubilee Square

Although the new look Square did not quite arrive in time for the Queen's Diamond Jubilee, it will certainly still be here for the next one - Prince William's perhaps?

The York Stone which Torridge District Councillors were very fortunate to obtain at a fraction of its usual cost, will outlast all of us and wind, fire and pestilence allowing should be here in four hundred years time. It is one of the most durable surfaces around. Apart from these important qualities it looks and feels gorgeous and has already been a great success with the Morris Dancers on Heritage Day. It has also been treated with great respect by old and young alike. The wooden benches look really attractive, and there is no excuse to leave rubbish with such elegant litter bins!

Looking up Cooper Street from Jubilee Square with the lovely floral plantings (despite the weather) makes you feel very proud of the town. And when the sun comes out, as it did for this photo, well ... Bideford is buzzing.

Read more about the Buzz around town on pages 2 & 3...

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre, South West Foundation, Devon County Council and The co-operative Community Fund. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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Heritage Day 2012

What a wonderful day that was! Bright sunshine, blue sky, giant cotton wool clouds and a freshening wind making sure it was not too hot, what more could one ask? My first impression was in the Pannier Market, where I found a mass of people for the first time in a very long time. I was really impressed by those who had taken the day to heart and appeared in Tudor or Elizabethan garb, the way one dressed in 1591. [Garb from the French garbe meaning graceful outline and Italian garbé meaning grace and elegance]. There must be something in the souls of all of us that hankers after that period in our history because of Grenville, Raleigh, Drake and the men of Devon, many of whom still await the call of Drake's drum. So many stall holders were in period dress that those of us wearing 'modern' guise really felt out of place and rightly so.

On a day like this potters, painters, weavers, lace makers, archers, leather workers, wood turners, herbalists, dress makers, scribes, etcetera etcetera all appear from apparent oblivion and are given a chance to shine. Their appearance really warms my soul because so many of these skills and interests have, theoretically, been wiped from our brains by the blotting paper of television. Why are these people not encouraged more every day? Why do we not take more advantage of their individual living skills rather than accept every foreign item that is thrust upon us and clogs our shops? When I was a boy spring onions came from our garden, now they come from Egypt or Mexico, is it because of global warming that they don't grow here any more? Radishes 'from various source countries'; dare I ask in modern jargon what is their carbon footprint?

After leaving the Pannier Market I went to Mill Street via Grenville Street and the High Street, following a Morris dancing family. I may be wrong but I didn't see anything in Grenville Street that seemed appropriate to the day. However, Mill Street had attracted many suitably clothed individuals and the smell of roasting pork was irresistible. Business must have been brisk because not a portion had been served, but on my return, an hour and a half later, I was lucky to get anything at all. My consolation was being served by a very attractive young wench whose name, unfortunately, she refused to divulge.

It was a splendid and successful day to demonstrate Jubilee Square as a grown up playground with at least four teams of Morris dancers, their spirited performances greatly appreciated by many onlookers. However, in future something must be done to stop young and old pedal cyclists from invading the performing area and vans seemingly impervious to what is going on.

Being something of an historian, I wanted to see the sheep driven over the bridge in a symbolic gesture of how wool brought wealth into the town. Such were the crowds, larger than for the Round Britain Cycle Race, I could not get anywhere near these, by then, invisible sheep. All that could be seen was a 'wolf' in sheep's clothing but not the real thing. From some considerable distance I could see the Mayor and his colourful entourage and a Crusader in chain mail but that is all. In days gone by flocks would be driven over the bridge and up Bridge Street to a market just above the Pannier Market. Not really feasible today

GRAMPUS

Herring Gull and chick nesting on roof tops in Mill Street. Herring gulls can be very aggressive so shoppers beware!.
(Photos © Robin Stowell)



Vision for Bideford

Well apart from Heritage Day being its most successful ever, (see page 2) we have a new vision and action plan put together by Bideford Chamber of Commerce and approved by Torridge, Town and Devon County Council. The fact that all the councils have accepted the plan unreservedly means that it will be much easier to implement and is very good news indeed. If you haven't seen it yet do take some time to read it. Copies are available from the Chamber of Commerce via John Emms at Lathwells.



It tells us what we already know - that Bideford is a lovely town in a beautiful situation, but in slight decline. 'Bideford is a unique and individual place to visit for both residents and visitors. This individuality sets it apart from Barnstaple and Atlantic Village.' The plan has lots of good ideas for making Bideford 'a unique attraction in the South West' and with everyone in agreement there's a good chance that this will be sooner rather than later.

The lost treasures of Bideford

Independents' Day in Bideford was celebrated with a treasure hunt around Bideford with lots of lovely prizes for the winners donated by all the independents. It was a perfect opportunity to get to know your town and discover shops and businesses which you might not previously have thought of trying.

With this in mind we set off to do the treasure hunt starting as directed at the Quay Cafe. There was a very tempting array of cakes on offer, so made a mental note to return at coffee time to sample them. Twenty clues in all took us to the Pill and thence to Allhalland st, High street, Buttgarden st and finally the Pannier Market. On the way we met countless friendly shopkeepers and discovered some interesting facts -

did you know for example that you can get your clothes dry cleaned at Cobblers in the High St, that there is a new hairdressing and beauty salon in Buttgarden St, or that Walter Henry has a rocking horse at the back of its book shop. Biddy's Boutique at the bottom of Cooper street looks quite small from the outside but is like the Tardis inside.

The event was organised by Brian and Susie of Sounds Interesting with 'interesting' and occasionally taxing clues to boot. 'Barrel' down this street meant Cooper street, originally the street where barrels were rolled down, 'Step into Reeds cafe' was Medina Gallery and if you look carefully on entering the shop this name is on the step. When, one wonders, was it Reed's cafe? A lot of thought had gone into the planning and organisation of the hunt and there were some great prizes to win. A pity therefore that so few people took part. The weather was partly to blame, but it was a shame that many people felt they could not attempt the 'steep' climb to the Pannier market. *All the same full marks to all the shopkeepers who did take part, and to the many other independents who gave such lovely prizes. We certainly had a most enjoyable morning!! RA*



Northam Twinning Association

Northam Twinning is on a high! We have such a good time that the people of Mondeville, near Caen, are queuing up to join in! Some of us have been close friends with many of them for nearly 40 years, and never tire of visits to their homes, their hospitality, and the outings and mealtimes we share. We spend long weekends in late September or early October, crossing the Channel from Portsmouth to the French port of Ouistreham in our own coach, and disperse to our particular hosts. In April or May, we reciprocate, and give them an equally good time, with outings to places of interest, and we all get together for a special lunch in a restaurant on the Saturday, and there's always a free day when we can spend time showing our guests our lovely area.

The word has got around over in Mondeville, and we now have 4 couples looking for hosts in the Bideford/Northam/ Appledore/Westward Ho! area. Don't worry about the language so-called 'barrier' - there isn't one, we all get by with Franglais and sign language - and make each other laugh! So, if you are interested, phone Maureen Palmer on 01237 475836. She's waiting to hear from you, and give you all the information you need to join in the fun and 'entente cordiale' with our French neighbours. **DW**

The Sherlock Holmes School of Self-Defence!

Huw Collingbourne reveals the martial art that defeated Moriarty.

"We tottered together upon the brink of the fall. I have some knowledge, however, of baritsu, or the Japanese system of wrestling, which has more than once been very useful to me. I slipped through his grip, and he with a horrible scream kicked madly for a few seconds and clawed the air with both his hands. But for all his efforts he could not get his balance, and over he went."

This was how Sherlock Holmes described his fateful encounter with his arch-enemy Professor Moriarty at the Reichenbach Falls (described in the story, *The Adventure of the Empty House*). When I first read that story, many years ago, I assumed that the art of 'baritsu' was entirely fictional. It turns out, however, that it is not. What Holmes calls 'baritsu' is almost certainly a variant spelling of 'Bartitsu', a method of unarmed combat devised by Edward William Barton-Wright towards the end of the 19th Century.

Barton-Wright was an engineer by profession who studied jujitsu for some years while living in Japan and, on his return to London in 1898, he began teaching his own self-defence system. Bartitsu was a curious mix of judo, jujitsu, boxing, wrestling, fencing and French 'savate' (stick-fighting). But Barton-Wright modified some of the traditional techniques by using decidedly non-traditional weapons such as walking sticks, overcoats and even bicycles.

It was at about this time, towards the end of Queen Victoria's reign, that Japanese martial arts began to become widely known in Britain. Several jujitsu clubs opened in London and they catered, principally, to gentlemen wishing to learn how to defend themselves against attack by ruffians from the lower orders. When Barton-Wright opened his Bartitsu Club in Shaftsbury Avenue in 1900 he too recruited members from the upper echelons of society. This can be seen clearly in the photographs from that period in which elegantly dressed men with waxed moustaches and straw boaters are shown seeing off assailants with the aid of silver-topped canes.



From a modern perspective, it is tempting to dismiss Bartitsu as entirely ridiculous. These days most people probably think of martial arts as essentially ancient and unchanged throughout the centuries. In fact, that is far from the truth. Most of the martial arts practised today are quite modern. Both Judo and karate (in its current form) were developed in the late 19th Century. The martial art which I teach, Aikido, is even more recent, having been created in the early 20th Century. Just like Bartitsu, Aikido was synthesised from a combination of several older martial arts - with influences ranging from jujitsu to Japanese sword and stick (*jo*) fighting. In fact, when I look at those old pictures of people doing Bartitsu I can easily identify techniques that still exist in Aikido. The main difference is that we don't, on the whole, wax our moustaches and wear straw boaters. In terms of sheer stylishness, then, Bartitsu takes the prize. I rather suspect that's why it appealed to Sherlock Holmes. **(Picture shows Edward Barton-Wright and various gentlemen doing "Bartitsu")**

Huw Collingbourne is a 2nd dan black belt Aikido instructor at the Hartland Aikido Club which meets at the Bucks Cross Village Hall, Thursday evenings between 7:00 and 9:00. Phone: 01237-441527. Email: hartlandaikido@gmail.com. Web site: <http://hartlandaikido.blogspot.co.uk>

Family History.

Since 1801 there has been a census every 10 years. Generally, only those from 1841 have survived and only those from 1901 for Ireland. They record details for every resident person and are available up to and including the 1911 census. From 1851, each member of the household was required to provide their relationship to the head of household i.e. marital status, gender, age occupation and place of birth. Later returns include disability and employment details. The 1911 census also includes number of years married and number of children born and still living to married women. All the censuses can be obtained at all libraries and record offices.

The next meeting of the North Devon Group of the Devon Family History Society will be on **Saturday 18th Aug 2pm - 4pm at the Burton Art Museum**, Bideford and is free to all to attend.



Good Age Page



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Northam & District Men's Forum

The 40th Anniversary year for Northam Men's Forum finished on a high note with an excellent lunch at the Merry Harriers restaurant. At the AGM officers elected the new President, Eric Moore. Many thanks were given to the Programme Secretary Chris Walke who had provided an excellent and varied range of speakers during the year. Come and join us for the new season starting on Thursday 4th October. For more information contact

Eric on 01237 478123 or Chris on 01237 476201.

Recently overheard at low tide

There's not much water in the river is there ?
Companion "No, it's probably the drought".



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Summer Holiday Events.

Story Lab Summer Reading Challenge- 14th July – 31st August at a library near you!

Read 6 library books during the holidays to collect stickers, a certificate and medal. Bideford Library 476075; Northam 475111

Bideford Library; Every Thursday mornings from 9.30am -10am Story times and songs for Under fives and their carers.; **Drop-in crafts** every Tuesday 10.00 to 12.00 throughout August.

Northam Library : Every Wednesday 9.15 – 9.45am. Bounce and Rhyme

Story Lab Word Search - 23rd July – 31st August ; **Story game craft activity** – Monday 30th July 2.00 – 3.00pm ;Make a fun story game to take home. **Dragon Mask Drop in Craft Session** - Wednesday 8th August 2.00 – 4.00pm ;Week commencing 20thAugust

Craft table of activities available all week during opening hours; – Wednesday 22nd August 10.00 – 12.00pm ;**Story Lab Storytelling with Clive Pig** – Thursday 30th August 2.00 - 3.00pm

Burton Art Gallery and Museum : Crafty kids 10 -12 every Monday under 5's art and craft group at the Burton Art Gallery and Museum. During holidays primary school children welcome. 01237 471455 and see more on **Page 10**

Free children's activities on Northam Burrows

This summer Head Ranger Shawn Corin and his team of rangers will be finding out about creatures living in the rock pools, they'll be going on a treasure hunt creating some seashore art and building sand castles and sand sculptures at Northam Burrows. Why not join them? You'll make some new friends, learn some new things, have loads of fun and best of all the events are free! Call the Northam Burrows Centre on 01237 479708 or look at torridge.gov.uk/the-burrows.

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BIDEFORD FILM SOCIETY

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Friday 3rd and Saturday 4th August Snow White and the Huntsman (12a) venue Bideford College ; Friday 10th and Saturday 11th August Red Tails (12a) venue Bideford College; Friday 17th, Sat 18th and Sun 19th The Amazing Spider-Man (12a) venue Kingsley School; Friday 24th 25th and Sun 26th The Dark knight rises(cbta) venue Kingsley School; Friday 31 Aug and Sat 1st September Friends with kids (15) Venue Bideford College

Doors open at 7.00pm, film starts at 7.30pm.

Tickets: General £5.50 Concessions £5.00 Members £4.00 Family (up to 3 children & 2 adults) £12.00

To avoid disappointment please check local press for confirmation of above programme or visit our web site
www.bidefordfilmsociety.co.uk

BUZZ WORD

Welcome to Buzz Word- the new updated letters' page. Feel free to send us your Buzzes!



Bill Curtis

Just read the article about Bill Curtis and it brought back memories of when I was a choirboy in St.Mary's Church in the 1950s.

I well remember Bill nearly always had a stack of old newspapers piled on the shelf above his peg in the choir vestry and a couple of boxes hidden behind a curtain stuffed full of books!! This, of course, was of great amusement to us boys.

One of the boys decided to investigate Bill's cassock pockets and found a quantity of fruit in one and some old sandwiches in the other so I guess he was a bit of a hoarder even back then!

There was also a suggestion that Bill had slept at times in the CRYPT but none of us was prepared to go there and find any evidence!!!

HAPPY DAYS!

Regards

Terry Palmer.

Good July Buzz

Thank you for including our appeal for votes for the gym club. It's a bumper edition with lots of interesting articles in it - well done to you all . Buzz is flying! Awful pun I know but the Buzz can only run because of your hard work.

Thanks

Lynne

Tom goes to Kenya

From the end of July until the end of August I will be going on a volunteer trip to Thika, Kenya with a small group from uni. We will be working for the charity Action for Children in Conflict (AfCiC), helping to run an educational holiday club for disadvantaged children.

Inevitably, a trip like this comes with expenses – travel, insurance, vaccines, and a project contribution – which is why we are raising money to subsidise our costs. The others in the group organised a very successful car boot sale at a festival in Exeter while I was still in France, and we have also applied for a grant and have asked local organisations for contributions.

You can donate easily (and anonymously if you want to) online at www.justgiving.com/ProjectThika .Thanks
Tom Collins

Heritage Sheep

On the day of the Bideford Bridge Sheep Run I cycled along the Tarka Trail to join the massed crowd on the railway bridge to watch the enactment of the traditional spectacle of a flock of sheep being herded across Bideford Long Bridge. After a long wait, instead of a flock of sheep , all we saw was the Mayor and assorted dignitaries leading a large group of Bideford citizens; the irony was not wasted on the spectators ! Seriously, though, this is a wonderful piece of heritage I and I hope it will become a regular tradition. It could well be performed at least monthly during the tourist season, and sticking to the schedule of just half an hour closure to traffic the disruption would be minimal. Please, however, limit the number of dignitaries being shepherded across, so that we can get a clear view of the real sheep; after all they are the true reason for the pageant.

Chris Hassall.

Folk Club has new venue

Can you please announce the moving of Bideford Folk in Buzz. We have been meeting regularly every Thursday, for 17 years at The Joiners Arms. The club is very friendly and offers an opportunity for singers and musicians to share their songs and music. Everyone has a chance to perform or just sit back and listen. We welcome all sorts of acoustic music, poetry, storytelling and singer songwriters. The new venue in Cooper St is very comfortable and welcoming.

We hold about 8 concerts a year with national and international guests - our next one being 6th September with Martyn Wyndham Reed and later in the year John Conolly and Tom McConville.

We don't charge admission even on guest nights but take a weekly collection to help us run the club and book guest performers. The new address is : **'Next Door' Crabby Dicks, Cooper St .**

Hilary Bix 01237 470792

STOP PRESS : Many thanks to the Community Alliance for their very generous donation to Buzz.

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Burton Art Gallery

August is the month when we can look forward to the **Annual Westward Ho! & Bideford Art Society Exhibition**, now in its 90th year, and still going strong. Artists from all over the South West take part, with a great variety of artwork in all media. With such talent congregating in one special Gallery, , we are privileged to have a whole month, from **18th August to the 16th September**, to enjoy it. This year 5 final-year, prize-winning art students from Petroc School of Art will join the display, and will receive cash prizes from the Society. It has always been the Society's wish to encourage the next generation's creativity. A further prize will be awarded to one work selected from the Show in memory of Ken Doughty, a past-President of the Society; If you wish to submit your work for selection for the Exhibition, the handing-in dates are **10th August, from 2.30 – 4.30 p.m., and on the 11th August, from 10-11 a.m.** Pick up their leaflet from the racks in the Gallery foyer for more details.

There is a free 'Talk and Tour' at 2.00 p.m. on the 18th. *Clive Bowen and Svend Bayer's Ceramic Exhibition* and the Gallery's collection of works by *E.Aubrey Hunt* stays until the 5th -

The School holidays sometimes seem to stretch endlessly ahead when one has children to amuse, but the Burton comes to your aid with the **Children's Summer Workshops at £15 per session.**

Starting with **'Wacky Witch'** on the **2nd**, your child(ren) can make a 3D character and dress it ;On the **7th August, 'Graffiti Wall'** - build a landscape, by paper cutting and spray-painting; **'Cloth Treasure Map Game'** takes place on **9th August** ; and this is a chance to invent a game, make the rules, and challenge the family and friends with a unique creation.

'Junk Modelling' on the **16th August**, when boats are built out of scrap materials, oodles of glue, woody bits and card. **'Mad as a Hatter'** comes next, on **21st August**, a crazy hat day, and parents can join in; **'Kite Making from Japan'** on **23rd August**, challenges children to make 3 kites and fly them in Victoria Park. Prizes for the best designs. **To book – pick up a booking form at the Gallery and pay at the Information desk. All activities from 10 – 4**

Cafe, Craft Gallery, Shop, Museum, open every day – 10am to 4pm, except Sunday, 11-4.
Di Warmington



The Dictator

is a ridiculous, satirical film which makes you laugh all the way through.

It was shown recently by Bideford Film Society as part of its summer programme.

The film tells the story of Admiral General Aladeen (Sacha Baron Cohen) the dictator leader of the oil-rich desert state of Wadiya. He appears to be a mixture of Gaddafi and Saddam Hussein but Cohen plays him more with comedy than villainy.

The film is filled with jokes which the audience at Bideford College enjoyed with loud guffaws not quiet chuckles.

Aladeen visits New York to address the United Nations hoping to win international favour. A would-be usurper in the Wadiya government (Ben Kingsley) arranges an assassination attempt. He promises to bring "democracy" to Wadiya, to sell oil rights to world leaders with a large fee for himself. A Treaty document is ready for signing. A dim-witted double replaces the

dictator, and the temporarily deposed Aladeen has his trade-mark beard forcibly shaved off. Presumed dead, and unrecognised he's then protected by the feminist owner of an organic food shop. They fall in love and Aladeen realises the error of his ways. He forces entry into the U.N and tears up the "democracy" agreement.

He makes a speech in which he gives his true vision of democracy which he contrasts with current values in the U.S.A., China etc. The story is ridiculous and often crude. But it highlights the iniquities and inequalities of what we call democracy and freedom. And often a one-line joke can sum up the cruelties of life under some regimes. The satire is everywhere. Cohen is so cleverly stupid. He reminded me of the Two Ronnies "forkandles" sketch as, when asked his identity he reads out public notices with such a foreign accent that at first you think he's pronouncing his name.

Look out for details of the Bideford Film Society's summer programme in local papers and the Bideford Buzz.

Enjoy our local Community cinema!
Mavis Blow

West Quay Fundraisers will be holding the Diamond Jubilee Olympics on **Sunday 5th August 2012 at 12pm at the Beaver Inn Appledore**. There will be a Tug of War, Welly Throwing and a variety of other Games to cater for all ages and abilities. We will be holding the much awaited Dog Show, Arts and Crafts for the children, Piano Smashing will be held on the beach and a bonfire afterwards as the closing ceremony. Do come along and keep your fingers crossed for good weather.....we must have a summer sometime this year. Anyone wanting to enter a team for the Tug of War or take part in any of the activities please contact Penny Woolaway on 01237 477373.

Charity helps Bideford cat lovers adopt with confidence

Cats Protection's Bideford/Holsworthy has introduced an 'adopt with confidence' pledge so that prospective owners can be confident that any cat adopted from the charity has benefited from the highest standards of care.

This comes at a time when more pets than ever are being given up due to the economic climate, which has put a massive strain on the Bideford/Holsworthy branch. Some owners who have lost their jobs simply can't afford to keep their cats or have had to move into rented accommodation where pets are not allowed. "In these difficult times, we are encouraging people to come to us as their first port of call when looking for a new pet, as we have many healthy, affectionate cats and kittens that would really benefit from a loving home," Kathy Everson, Coordinator, explained:- "Owners adopting from Cats Protection have the peace of mind that their cat will have been examined by a veterinary surgeon, microchipped, vaccinated, neutered if old enough and will also come with four week's free insurance. We provide these benefits and treatments so people don't have to worry about them following adoption, which is a big plus for money-conscious owners."

To offer a cat a home, please call the Bideford/Holsworthy branch on 0845 3722717. *Blazey's Cafe in Mill Street is holding a Pets' Day on Saturday 18th August in conjunction with the RSPCA shop next door.*



Kathleen and May in London for the Jubilee.
© Sheana Brown.

One Hundred years Ago Water Spouts

These have been observed in Bideford bay at a point between Westward Ho! And Croyde. The unusual occurrence and the splash in the sea were plainly observable from Westward Ho!

Hartland

The West Country Inn Fair was held when 250 sheep, steers and bullocks, and cows and calves were sold.

Bideford Grammar School

The tuition fees for the forthcoming term will be:-
Boys under 10 years £1.14s.6d per term.
Boys over 10 £2.6s.6d per term.

Motor Services to Bude

Mondays,Thursdays and Saturdays. The Kingsley char-a-banc will leave the Royal Hotel, Bideford after the arrival of the 10.35 down train. Passenger fares from Bideford-Kilkhampton single 3s 6d. Return 5s. Bude single 4s return 5s 6d. Returning from Bude at 5pm. R Dymond and son, Mill St, Bideford.

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You can learn to draw and paint!

A ten week course will be starting on 5th September at Northam Community Hall, Fore Street from 9.30 - 12.30. The course will assume no previous experience of drawing or painting and a minimum of materials will be required. Cost is anticipated to be in the region of £30.00 for the whole ten weeks.

To register an interest & receive a programme email Dennis Davis at <dddesigns@lycos.com>

At Bideford Library this month Bideford Reading Group.

Wednesday 1st August 2.30pm -4pm

Reminiscence Session – Take a trip down memory lane

Wednesday 8th August 2.00pm till 3.30pm (NB new time!!)

Remember back... and look forward to sharing your memories with others - chatting, looking at old items, perhaps creating a book of memories together

Meditation and Relaxation Group

Wednesday 15th August 2.15pm - 3pm

Guided meditation and relaxation group for adults with Nicola MacDonald

‘Media’ Banks

Nine have been installed in locations throughout the district which means people can now take their old CDs, DVDs, electronic and cardboard games as well as books there to be taken away and recycled.

They are:-**Bideford - Morrisons Supermarket**
Bideford - Pill Car Park; Northam - Bone Hill Car Park ;Westward Ho! - Central Car Park
Appledore - Churchfields Car Park ;Clovelly - (Pavillion) Higher Clovelly Car Park.

Lions Country Fayre will be held at Merry Harriers Garden Centre, Woolsery see below



You Can Help in the Simplest Of Ways.

It was only by chance that I saw a piece in the local press about Duncan Withall, his Olympic Torch and the Bideford Foodbank. Duncan was using his Olympic Torch as a publicity and fund raising opportunity for the Bideford Foodbank at Atlantic Village on Saturday, July 7th. The thought of people going hungry stirred up some unwelcome memories for me, those of being hungry. Living on National Assistance, as it was in the 50's, my mum struggled to pay the bills and put food on the table. She often sat and cried over it. We never actually starved but there was rarely enough to make you feel full and even today I wonder how she managed. You would think that this is a thing of the past but, as you read this now there will be families in Bideford and the local area who do not have any food to put on their table. The usual reaction to this with a lot of us is that it must be their own fault, they're a bunch of scroungers and probably spending their benefits on booze and fags. Whilst this might possibly be true of a very small minority, it is completely untrue for so many. What would any of us do if tomorrow we lost our job, became ill with no sick pay, have a breakdown or are abandoned by the main breadwinner? Benefits take time to kick in; what do you do in the meantime – little or no money and the cupboard is bare?

Bideford Foodbank is a new volunteer initiative that is being run from the distribution centre at 21 High Street. You can't just walk in and get food on demand. Non perishable food donated by the public is sorted and packed by volunteers. Frontline professionals such as doctors and social workers, having identified those in crisis, give out food vouchers which can then be exchanged for 3 days worth of food at the Foodbank. Volunteers there will also take time to listen and signpost people on to additional means of help and support. What can you do? The population figure for Torridge is one of 65,800 at the last count, a very large proportion of which is over 16. If everyone who can, donated **just one** tin or packet of food it would keep the Foodbank going for a long time. Could you donate a few hours of your time to help? Run a sponsored event? Have a "Just One" event at work where everyone brings in just one item [or more if possible] – no strain on the purse or the larder. Go with a friend and help, you'll make new friends as well and you will be supporting your local community.

The problem is a lot of people will read this, think they will donate something or do something then forget about it. Please don't! It only takes a moment to stroll up the High Street and drop off a donation or offer to help. We all have those tins and packets at the back of the cupboard we rarely use, dig them out, dust them off, check the sell by date and help someone less fortunate than yourself.



It will help them, make you feel good and the walk up the High Street will keep you fit. Do it today – make the effort and together we can prevent other mums, dads and children having potent and distressing memories of being hungry!

For info or volunteering opportunities contact Bideford Foodbank Distribution Centre, 21 High Street, Bideford. Bideford Foodbank Office – 21A Chingswell Street, Bideford EX39 2NF General Enquiries – Tel: 07874206438

Email: info@bideford.foodbank.org.uk

Have a look at the web site for further details and a list of "ideal" foods

bideford.foodbank.org.uk

Go on, do it, you know you want to and you can!!!!!!

A child of the 50's

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Late Summer Sunday At Jennetts !

OPEN ALL DAY – Sunday September 2nd. 10.30am - 5.30pm

Visit this hidden gem on the southern outskirts of Bideford, alongside Jennetts Stream at its border with Littleham. Explore the 7 acre valley or just enjoy the view. Entry £ 3.00 includes coffee, sandwiches, CREAM TEAS ! wonderful homemade cakes and scones.

Raising funds for Harbour local Drop in Centre

For sat navs: EX39 5EQ From Clovelly Road pass right of cemetery and continue for one mile. From the A39 take Littleham road until Moorhead crossroads then turn left back north towards Bideford. Parking on or near to Jennetts bridge and in lane .

Do NOT go S.E. of Bideford to Jennetts Reservoir. "

Volunteers Week 2012 ; a report from Parkinson's Group UK Torridge Branch

We recently nominated Julie Jones, our Secretary, and Jane Stanbury, a Committee Member, as volunteers who deserved to be recognised for the work that they do in Torridge as part of Taw and Torridge Voluntary Services Volunteers Week. Both nominations were accepted, and they joined an event at Bideford Rugby Club on **Saturday**

9th June. They took part in a "Strength walk," so named by Victim Support because victims of crime are given the strength to carry on with help from this support group.

'It was led by an experienced walker and we all went around the park three times on what was a nice sunny morning', reports Julie. She continues. "Following the walk we had a light lunch and then the Mayor of Bideford presented the Certificates to around a dozen of us. Jane and I felt honoured, as there had been 60 nominations, so to be chosen from that number was special. When my name was called out, my hard work for Parkinsons was particularly noted. Thank you for nominating us'.



From the Beat

Man caught stealing chippings

Last week a man was caught in the act of stealing chippings from a Highways Landing Lay-by near Woolsery. PC Simpson from the Bideford Police Response Team was on a routine Patrol when he saw the man loading the chippings into bags next to his car. The man had no option but to put the chippings back and his home was searched.

Jason Allen of South West Highways says. "We do suffer from chippings being stolen from lay-bys every year. They are expensive to buy and these costs affect how much we can do on the roads. Whenever possible we try to identify the thieves and ask the Police to bring them to justice."



**DEVON & CORNWALL
CONSTABULARY**

PC Rowlands from the Police Neighbourhood Team dealt with this matter and says. "The message to anyone thinking of helping themselves to chippings from a lay-by is that they do belong to someone and to take them is a criminal act of theft. If you are caught this could mean a day in court and a criminal record. We would also ask that if anyone sees such activity they report it to us immediately by calling 101. "

The Police and Highways ask that the public remain vigilant around such Lay-by landings. It is not just the occasional bag, on occasions tons have been loaded into trailers by plant equipment. If you see anything suspicious, whether it is a few bags or a tractor and trailer loading chippings, please call the police immediately on 101.

PC 3569 Dick Rowlands Bideford Rural Neighbourhood Beat Manager

Girls wanted for rugby team!

In September Bideford Rugby Club are starting the new junior ladies teams for girls under the age of 15. The coaches Tony Picillo and Jamie Craner are very excited about this and are offering FREE trial sessions in August and free training until October 1st. Training is once a week, and once the team are ready we will be arranging matches against the other south Devon teams. For more information about joining the Junior Ladies Rugby team or coming to meet the coaches and have a taster session in August, please contact us by email brfcjuniorladiesteam@gmail.com or on 01237 421188.

Jamie would also like to offer free training in September and a taster session for her BRFC under 13's Boy's Rugby team. Any boys in year 8 that would like to come along and try rugby or to play rugby on a regular basis are welcome on a Wednesday evening from September or if they would like to try the trial session in August please call 01237 421188 or email brfcjuniorladiesteam@gmail.com for more info.

Scott Craner





THE SHIPPING NEWS



Ship	Registered	From	To	Arrived	Sailed	Crew	Cargo
Vasily Shukshin 1995	Valletta Malta Russian	Newport	Kunda	28/06/12	02/07/12	Russian	2950 tons ball clay
Forseti Built 1993 Nauta 08 Heijo 06 Hornsund 97 Heljo 96	Antigua and Barbuda St Johns	Sharpness	Wismar	30/06/12	04/07/12	Russian Ukrainian.	2405 tons Timber
Celtic Mariner Built 1986 ex Muhlenberg 06	Bahamas Nassau British	Belfast	Castellon	03/07/12	04/07/12	Polish	2900 tons ball clay

Arco Dart 21.6.2012 5.7.2012 6.7.2012 8.7.2012

Oldenburg continues service to Lundy from Bideford and Ilfracombe.

The tug **Goliath** alongside Bideford Quay on the 8th was in the area to collect the **Southern Beaver** from Yelland Jetty for tow to Portsmouth. Some of our older readers may recognise the design of the vessel ; she was built by P.K. Harris at Appledore in 1957 as the **MSC Simitar**. I think this is the first time she has returned to the river. Have since learnt that the **Southern Beaver** failed her MCA inspection and the **Goliath** returned to her home port of Poole.

Re my query last month about the last vessel to discharge at Brunswick Wharf : according to the Harbour Master's website and research by Michael Eastman, it was the **Despatch** with 215 tons phurnacite on the 15th June 1971- any photographs would be appreciated.

Bristol Channel observations

17.6.2021 tanker **Paxoi** 6310 tons d.w, owners Paxoi Marine SA Pireaus Greece, inward bound for Port Talbot with bunkers for bulk carrier **Centennial Harmony**

18.6.2021 . At 10.38 hrs vehicle carrier **Grande Roma** 14900 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury. At 20.04 hrs bulk carrier **Sunny Young** 81967 tons d.w, owners Joung Ang Shipping Co Seoul South Korea, inward bound for Portbury.

19.6.2012 at 22.15 hrs vehicle carrier **Viking Chance** 10834 tons d.w, owners Onslow Shipping Singapore ,outward bound from Portbury, having sailed at 10.04 hrs.

20.6.2012 at 10.10 hrs heavy lift ship **Happy Delta** 18276 tons d.w, owners Biglift Shipping BV Netherlands, outward bound from Swansea, having sailed approx 06.30 hrs. At 15.53 hrs cargo vessel **Arklow Flair** 4480 tons d.w owners Arklow Shipping Arklow Eire, outward bound from Avonmouth having sailed at 10.52 hrs.

21.6.2012 at 09.21 hrs tanker **SCF Yenisei** 47187 tons d.w, owners OAO 'Sovcomflot' Russia, inward bound for Avonmouth.

23.6.2012 at 14.22 hrs container vessel **Endeavour** 9700 tons d.w, inward bound from Avonmouth. (Seen passing Ilfracombe 12.13 hrs 24th, outward bound from Avonmouth at 12.30 hrs.) Whilst at Ilfracombe observed the **Stolt Redshank** 4461 tons d.w owners Brovig Stainless AS Rotterdam, outward bound from Barry;she passed Lundy at 14.09 hrs. Seen in the distance anchored off Port Talbot two bulk carriers the **Frontier Lodestar** 181336 tons d.w, owners Lucky Harvest Shipping SA Japan and the bulk carrier **KWK Legacy** 179688 tons d.w, owners Jade Bulk Carriers Co Ltd Singapore. Both ships awaiting berths. Back home seen at 15.15 hrs passing Lundy vehicle carrier **Grande Sicilia** 14900 tons d.w. owners Grimaldi Line of Italy, inward bound for Portbury. (Seen again on 25th at 18.43 hrs outward)

27.6.2012 at 19.32 hrs cargo vessel **Eems Star** 2650 tons d.w., owners Amko Shipping Co Werkendam Holland, inward bound for Newport . At 20.45 hrs cable ship **It Interceptor** 3000 tons d.w. owners IT International Telecom Marine Canada, outward bound from Avonmouth, having sailed at 16.23 hrs..

6.7.2012 at 09.40 hrs bulk carrier **Ningbo Seal** 76048 tons d.w., owners Hong Kong Seal Shipping Co Ltd Zhejaing China, inward bound for Portbury; at 16.00 hrs Vehicle carrier **Grande Anversa** 12353 tons d.w owners Grimaldi Line of Italy inward bound for Portbury.

9.7.2012 at approx 16.00 hrs a loyal reader from Ilfracombe Joshua Hulse saw the vehicle carrier **Morning Ninni** 17572 tons d.w, owners Ocean PCTC Pte Singapore inward bound for Portbury, having passed Lundy about 1 hr previously. Regards **Norman**

August Diary 2012

Wednesday 1st

8.30 am – 6pm North Devon Show at Umberleigh Barton farm 01769 573852
10am Parkinson's UK Coffee Morning at Ethelwynne Brown Close, Common Room 1 01237 478128.

Thursday 2nd

7.30pm Bideford Town Band Free Outdoor Concert at Bideford Quay (weather permitting) Contact Becky 01237 475653

Bideford Sustainability Group meets at Blacksmith's Arms

Friday 3rd

4pm onwards First Friday in Bideford's Mill Street

Palladium Club *Blue on black* - weapons grade blues rock - £3

Saturday 4th

Palladium Club *Wendy May's boom boom room*

Sunday 5th

2pm – 4.30pm Garden Party for North Devon Hospice 'Newstead' New Road, Instow

last day of Appledore Regatta

Monday 6th

7pm Appledore Band on Appledore Quay If wet St Mary's Church Hall

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 421065

Tuesday 7th

7.30pm-10pm Abbotsham Modern Sequence dancing Village hall Abbotsham
Palladium Club Open Mic session

Wednesday 8th

10.15am Bideford Probus Club (Tel 473 337) at the Royal Hotel

Thursday 9th

2pm Devon Wildlife Trust Permaculture at Tapeley Park tel 01271 374324

7.30pm Bideford Town Band Free Outdoor Concert at Westward Ho! Green (weather permitting) Contact Becky 01237 475653

8pm Bideford Folk Club Club Next door Cooper St

Holy Karaoke at Crealock Littleham

Friday 10th

7.30pm Abbot sham WI meets at Abbot sham Village Hall 474711

Palladium Club *Sons of gods*

Saturday 11th

9am onwards Bideford Quay Farmers' Market

Torridge Ramblers' day walk 01237 423663
Palladium Club *the Breaks collective*

Monday 13th

7pm Appledore Band on Appledore Quay If wet St Mary's Church Hall

Tuesday 14th

10.30am Macular Disease Society meets Burton Art Gallery 01409231309
Epilepsy Group meets at Henry Williamson Room Barnstaple Library tel 07875577428

Palladium Club Jam Night

7.30pm-10pm Abbotsham Modern Sequence dancing Village hall Abbotsham

Wednesday 15th

10.15am Bideford Probus meets at Royal Hotel Tel 473 337)

Thursday 16th

7.30pm Bideford Town Band Concert at Westward Ho! Green (weather permitting) Becky 01237 475653

8pm Bideford Folk Club Club next door Cooper St

Friday 17th

10am -12pm Memory cafe Northam Hall tel 459337

Palladium Club *Gang of thieves* - rock covers - £3

7.45p.m. to 10.15 p.m.

Modern Sequence Dancing Kingsley Hall, Westward Ho! Cyril Arnold - 01769 540309

Saturday 18th

9am – 2pm Bideford Farmers' Market on the Quay.

Start of Westward Ho! - Bideford Arts Soc annual exhibition at the Burton -16th September

Pets' Day at Blazey's cafe,.

Palladium Club *Dudes classic* 80s disco - £3

Sunday 19th

Torridge Ramblers 'Afternoon Walk Ring 01237 475168 for details

2-5pm West Webbery Farm, Alverdiscott, EX39 4PR Home made and hand crafted Garden Party In aid of Chemotherapy Appeal and SCBU

2:30pm. Rolle Canal walk to the head weir and lime kilns beside the Torridge . 01237 425357

Monday 20th

7pm Appledore Band on Appledore Quay If wet St Mary's Church Hall

Appledore and District Amateur Radio Club at Appledore Football Social club. Tel 473251

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 421065

Tuesday 21st

10am Lavington Church coffee and lunches
2pm Bideford Salvation Army Fun and Fellowship Club Bideford Baptist Church ; Palladium Club Jam Night

7.30pm Abbotsham Modern Sequence dancing village hall Abbotsham

Wednesday 22nd

10am-5pm Hartland Arts & Crafts Society Summer Fayre Hartland Parish Hall

10.15am Bideford Probus Club (Tel 473 337) at the Royal Hotel

Torridge Ramblers evening walk

Ring 01237 451508 for details
7.45 p.m. to 10.15 p.m. Two Rivers Wind Ensemble Rehearsal Bideford Town Band Room 01271 860061

Thursday 23rd

10am-5pm Hartland Arts & Crafts Society Summer Fayre Hartland Parish Hall

2.15pm Thursday Fellowship tel 421956

7.30pm Bideford Town Band Free Outdoor Concert at Bideford Quay (weather permitting) Contact Becky 475653

8pm Bideford Folk Club Club next door Cooper St

Friday 24th

10am-5pm Hartland Arts & Crafts Society Summer Fayre Hartland Parish Hall

7.45pm Modern Sequence Dancing Kingsley Hall, Westward Ho! Cyril Arnold - 01769 540309

Palladium Club *Maybe naked* - rock covers - £3

Saturday 25th

9am onwards Bideford Quay Farmers' Markets

Food and craft fair at Atlantic Village -**6pm**

10am-5pm Hartland Arts & Crafts Society Summer Fayre Hartland Parish Hall

Palladium Club *Guns 2 roses*

Sunday 26th

10am – 5pm Lions Country Fayre at Merry Harrier's Garden Centre

Food and craft fair at Atlantic Village -**4.30pm**

Palladium Club *special secret tribute show* - special guests - £3

7.30pm Proms Night On Appledore Quay

Ring with Appledore Band

Monday 27th

7pm Appledore Band on Appledore Quay If wet St Mary's Church Hall

Tuesday 28th

10am Lavington Church coffee and lunches

10.30am Table Top sale at Devonia 3 The Quay Appledore in aid of David Rundle Trust

2pm Salvation Army Fun and Fellowship Club; Bideford Baptist Church

10am-5pm Hartland Arts & Crafts Society Summer Fayre Hartland Parish Hall

Palladium Club – Open Mic Jam Night

7.30pm-10pm Abbotsham Modern Sequence dancing village hall Abbotsham

Wednesday 29th

10am-5pm Hartland Arts & Crafts Society Summer Fayre

10.15am Bideford Probus meets at Royal Hotel Tel 473 337

Thursday 30th

2.15pm Thursday Fellowship

7.30pm Bideford Town Band Concert at Westward Ho! Green (weather permitting)

Becky 01237 475653

8pm Bideford Folk Club Club Next Door Cooper St

Friday 31st

7.45 p.m. to 10.15 p.m.

Modern Sequence Dancing Kingsley Hall, Westward Ho! Cyril Arnold - 01769 540309

Two Rivers Wind Ensemble Rehearsal Bideford Town Band Room 01271 860061

Palladium Club Al Dutton's tribute to Bowen night - £3 all proceeds to charity

Sat Sept 1st

7pm Open air performance at Hartland Abbey, North Devon Heartbreak Theatre

'Private Lives' by **Noel Coward**

Sun 2nd Clovelly crab and lobster fest