

For details of how to contact us, see back page

Regatta Day 2010



© Robin Stowell

What's inside this month ...

Regular Features

plus

- ***** Love Your Town Winners
- ***** Who are the Quakers?
- ***** Some Gruesome Facts ...
- * Neighbourhood Watch
- ***** Community Arts Network
- * Runner Bean Chutney





Unit 4 Daddon Court, Clovelly Road Industrial Estate Bideford, North Devon EX39 3HN Telephone: 01237 472277







RSPCA shop – our 'love your town' winners.

I have been working as shop supervisor for almost a year now and in this time I have constantly moaned about how scruffy the shop looked from the outside. People regularly walk past the shop and say we don't go in there as it's really scruffy, and not giving the inside a chance.

Although when they do come in, with the help of the team of volunteers, we have completely re-organised the inside as well, hanging and altering many things.



We finally got the chance to have the outside painted and had many quotes, but unfortunately it was a cost issue. Then two lads offered to do the painting for nothing, as we were a charity. They then went about transforming the outside to how it is now. Everyone was so pleased with the result.

Our shop tries not only to charge realistic prices, but good quality items as well. There is always a really good and happy atmosphere in the shop and we always try to make everyone feel welcome from the young to the old and from the regulars to the visitors. Being an RSPCA shop, the dogs are always welcome and most of them know that we keep a good supply of biscuits behind the counter for them.**Tracy Blake**

(Photo by Graham Hobbs © shows Tracy receiving the vouchers from John Emms of Lathwells watched by volunteers and Rose Arno from Buzz. The judges were Councillors, Hugo Barton and Phil Pester) www.grahamhobbsphotography.co.uk

Harbour - Where we are now?

We have now moved into premises at 7 Queen Street and are in the process of developing and improving our sevices. We offer advice, hot food, access to dry clothing, internet access for homeless, or those with drug/alcohol problems. **Contact us on 01237 423891 or email admin@harbourbideford.co.uk** We need volunteers to help with running the centre and donations of clean clothing,tinned food, and toiletries and household items.

Cards for good causes and fair trade gifts on sale at St. Mary's Church Bideford from Wednesday **3rd November to Wednesday 8th December, 10am. to 4pm. Monday to Friday 10am. to 1pm. Saturday.** More than 30 charities to choose your cards from, and an interesting selection of gifts from many parts of the world.

Christmas Coffee Morning - Saturday 6th November 10.0am – 12.0noon Crafts, Bric-a-Brac, Books, Cakes etc. Tickets available at the Door Everyone Welcome at Holy Trinity Church, Westward Ho!

North Devon Animal Ambulance Charity Shop Grenville Street Please can you help? We are currently seeking extra volunteers to work in our charity shop, so if you have any spare time please phone John 07971135751 for an application form or call into the shop during normal opening hours Monday-Saturday 9am-4.30pm .. Jumble sale now 2pm on 18th October at Northam Hall ..

The Bideford area covers the main parish of Bideford along with Northam and 16 other parishes. Results from the national Place Survey told us that you were fairly happy with the area overall as a place to live [84%] although issues such as wage levels and job prospects, road repairs, affordable housing and activities for teenagers concerned you.

Spending on all public services in the Bideford area is estimated to be £129.1 million [based on 2006/07 data]. The biggest demands being social care, health and education.

The population of the Bideford & Northam area for 2009 was **38118**

In the last 10 years, the population has grown by **10.54%**

The average income in 2008 for the Bideford & Northam area was **£29,125** per household



Public spending is under pressure and we face tough choices about how to deliver important local services while reducing costs and saving money.

We would like to invite you to one of our public meetings to meet the Leader of Devon County Council. Hear first hand what the issues are and tell us what you think is most important to you and your community.

PUBLIC MEETINGS

Thursday 30 September Cullompton, Town Hall Monday 11 October Exeter, Central Library Thursday 14 October South Molton, The Amory Centre Tuesday 25 October Ashburton, Town Hall Tuesday 2 November Ivybridge, Watermark Centre Friday 12 November Exmouth, Elizabeth Hall Tuesday 16 November Bideford, Town Hall Thursday 25 November Okehampton, Charter Hall

Why not have

All at 6.30pm

vour say...

Can't make a meeting? Give us your views www.toughchoices.co.uk

Average house price for the area in 2007 was recorded as £204,495

Your local County Councillors are: Sam Robinson – Bideford East Alison Boyle – Bideford South Andrew Eastman – Northam

GREEN MATTERS

There are two things to talk about under the Green Umbrella this month - and given the weather as I write this, the term is an apt one!

Firstly, the **"Global Day of Doing'** on the 10th October, 2010 (10:10:10), is calling on us all throughout the world, individually or in groups, to do something to reduce our 'carbon footprint' on that day. From kids in 10,000 schools planting trees across Russia and Croatia, to solar panels being fitted on world leaders' homes, to a music festival supporting 10:10 here in the UK and couples holding low-carbon weddings; the diversity of actions is amazing.

If you're an individual doing just one thing for 10:10:10, why not have a low-carbon lunch with family or friends and use the opportunity to get them to join 10:10 at <u>www.1010global.org.</u> There's some really useful information on how to source food locally and prepare it with minimal energy on this website.

Secondly, the **Brigit Strawbridge Talk** on 13th September. Brigit managed to hold the interest of her audience of over 50 for a whole hour, which is an achievement in itself! She began by giving us an overview of her own development as an environmental campaigner and activist before focusing on her evolving passion - bees! Did you know there are many different species of bee? I can now refer to 'honey bees', 'black bees', 'solitary bees', 'red mason bees' - the list is seemingly endless. Interestingly, masts for mobile phones, gm crops and neonicotinoids in seeds appeared alongside loss of habitat and pesticides, as possible causes for the death of bees. However, rather than emphasise the devastating consequences of the loss of our bee population, Brigit focused on positive ways in which we can promote their survival and help them to flourish. Lots more on <u>www.thebiggreenidea.org</u>



Good Age Page



Does anyone else remember? Any comments on the piece would be welcomed

- The searchlight at the top of the Westward Ho! seafront putting green?
- Buses using trailers carrying a supply of gas. Passengers returning from Westward Ho! had to alight at the bottom of Lakenham Hill, walk up the hill, and get back in again because the buses had insufficient power to climb the hill when full?
- A large circular static water tank next to the Pine Coffin statue
- The brick built air raid shelter opposite the Pine Coffin enclosure?
- A children's party at the Strand Cinema organised by American soldiers; every child received a present on leaving?
- AFS fire station at edge of river opposite Bethel chapel?
- Fire service party for children at what became Whiteland Engineering? I have photo.
- Air raid shelter on Quay opposite bus office?
- Military ship moored at Zetland berth opposite Tapeley House?
- Westcountry class locomotive "Bideford" on display at station; local children were allowed to pass through the footplate? Tony Sanders (b 1934) ... More next month

Northam Lights

Are you over 60? We meet in the Common Room at Glebe Court Northam every Tuesday morning - quizzes, card games,talks,raffles etc.

Why not come and have a chat with Pearl or Joan over a cup of coffee. Pearl 01237 346442 **Torridge University of the Third Age**

For more information please contact Geoff Haville (Chair) on 01237 475046 and John Lock (Vice Chair) on 01237 421470



FREMINGTON HOMES home from home

FREMINGTON HOMES

Fremington Homes provide an alternative to going into residential care when your own home becomes too lonely or too much for you, by providing tenanted accommodation for elderly people in North Devon. Spacious bungalows, set in large pleasant gardens, and are created to be a real 'home from home' with 6 people per bungalow. Tenants can enjoy privacy in their own rooms (which they can furnish as they please) as well as company in the communal rooms. Support and/or care available 24 hours a day. Fees are inclusive of rent/food/building maintenance/bills - most tenants are entitled to benefits to help with this and Fremington Homes can arrange a personalised payment plan to assist. Why visit our website not www.fremingtonhomes.co.uk for more details.



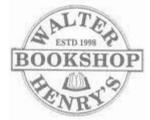
Fremington Lodge currently has available a large double en-suite room which would suite an elderly couple and a single en-suite room within its luxurious bungalow with lovely garden and patio area. Care provided as required 24 hours a day. Call 01271 889152 or 07769 653477 for more details.

We also have a new lodge opening on the 1st November 2010 in Yelland, call the number above for further details.

Walter Henry's Book of the Month

Rabbit Stew and a Penny or

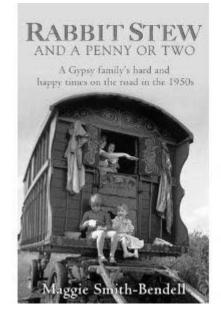
<u>Two</u> <u>Maggie Smith-Bendell</u> £5.99



Born in a Somerset pea-field in

1914, the second of eight children in a Romani family, Maggie Smith-Bendell has lived through the years of greatest change in the travelling community's long history. As a child, Maggie rode and slept in a horse drawn wagon, picked hops and flowers, and sat beside her father's camp fire on ancient verges, poor but free to roam.

As the twentieth century progressed, common land was fenced off and the traditional Gypsy ways disappeared. Eventually Maggie became a house-



dweller and tried to settle for bricks and mortar, but she never lost her restless spirit, the deep love of the land and the gift for story-telling that were her Romani inheritance.

Maggie's story is one of hardship and prejudice, but also, unforgettably, it recalls the glories of the travelling life in the absolute safety of a loyal and loving family.

01237 42572 and website www.walterhenrysbookshop.co.uk



www.davesdrivertraining.com

Tel: 01805 623002

* special offer (may be subject to change)

Docton Mill Gardens, Lymebridge Hartland (A hidden gem) 9 acres of stunning gardens surrounding existing mill house, mill pond and river with variety and interest all year

 Award winning tea room (voted best in North Devon+ in 2009) with speciality salads and cream teas
Plant sales centre - some unusual, some old favourites.
Open March 1st to October 31st 10am
- 6pm. Follow brown tourist signs from

A39 west of Clovelly A stunning garden in a unique valley <u>www.doctonmill.co.uk</u> 01237 441369

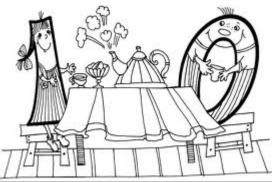


BIDEFORD BAY CHILDREN'S CENTRE PAGE



Toddlers can count on maths

For babies and toddlers maths is everywhere, and it's not just about counting. As a parent or grandparent you can help young children discover the concepts naturally and easily so that they have a sound background when they go to school.



Maths comes into real life all the time. You can help your baby or toddler understand and enjoy it by talking about what you are doing and seeing. Count aloud when you set the table, or collect library books for returning. Count the number of stairs when you go up and down. Talk about the clock face, and the numbers on it, and what the hands mean, as you discuss the time of day and when certain activities will take place. Bake cakes and biscuits together, and explain what the measurements mean. As you are out and about with your child, notice numbers on doors or buses, and real life shapes, such as "Your button is round, like the clock and like the wheel of that car."

As you are doing everyday activities, chat about what you are doing: "Here's one sock, here's the other sock. That's two socks! They're the same." Use words like tall, short, bigger, longer, smaller; or on top, next to, above, below. When your toddler is playing with lego or duplo, show that two 'two-bricks' go together to make a 'four-brick'.

Mealtimes are a great time for bringing in mathematical concepts: "Here are two apples. One for me, and one for you"; "There are four of us, and Grandma is coming to tea so we need five plates"; "We have ten breadsticks here - how many will we each have?"; "One more for you, and one more...". Show that if you have two bananas and eat one, you have one left. Cut an apple to show that two halves make a whole, or that two quarters make a half.

Mathematics is a gradual discovery and awakening for children, part of the world they are beginning to explore, and you can play a big part in helping your young child understand and enjoy it. **JM**

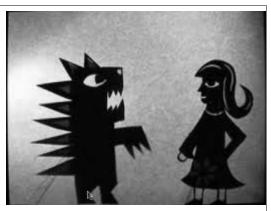
For your diary

Thursday 7th October Tarka Child Contact Centre AGM at Bideford Bay Children's Centre, at 5.45pm. Contact Sally 07530 605681

Tuesday 19th October Half term fun at Bideford library

with storyteller Michael Dacre.

10.30am-12pm **Shadow puppets** . To book a place tel 01237 476075







A CAN do attitude

On the top floor of a building in Rope Walk is the unlikely base for a hive of activity - Bideford's own 'Community Arts Network' (CAN for short), run by Athos and Mary, two local arts enthusiasts.

The organisation serves to promote involvement in the arts among children and young people, through a range of activities- perhaps the best known being local samba band Samba Sol, which Athos told me is for pretty much anyone aged eight and above. As a whole, the organisation currently serves anyone from about age four to nearly thirty.

It also runs youth clubs during the week and the annual play day at Victoria Park, which this year saw the contribution of talented young musicians, including the Bideford College Glee Club, and Twisted Pistols (pictured). Also successful is the CAN Youth Theatre-which last year performed their self written 'Wicked Sisters' at the Landmark Theatre. Mary said that in encouraging children to come up with their own material and perform it, they have seen their self esteem and



confidence develop. They also had the opportunity to learn sound and lighting skills, something they would probably have not been able to do otherwise.

"Children and the Arts are really important- there's little opportunity for such creativity at school," she said. "Not everybody is academic or sporty, kids can be great at all sorts of different things."

This is reflected in their after school clubs- far from simply a child-minding service, the children are encouraged to be imaginative, with various creative activities, even including video production.

And this is the thing that makes CAN stand out from the crowd of such organisations. It isn't run as a charity- and as such is completely self sufficient. Their funding comes from the after school clubs they run, and reinvesting income made from other projects. Therefore it is free from any reliance on government funding, which, especially today, is never consistent. The technical term is a 'Community Interest Company'- meaning that, although it is run as a business, its assets and profits are tied to the community, and can never be used for personal benefit.

Regardless of this, CAN is clearly charitable- in the true sense of the word- at heart. In fact, I believe that the very decision to run the organisation in this way shows that Athos and Mary are passionate about the people they serveputting in countless hours per week between them to ensure



its success so that they can continue to serve them.

Being an arts organisation makes it even more uniqueand Athos expressed his

disdain for the way organisations are funded based on trends, citing sport as one example.

"A lot of funding was put into youth sport projects, because of concerns about young people's health. But when the funding goes, the projects go, leaving the kids out on a limb. You can't do that to children."

Mary agreed: "There's an old African proverb- 'It takes a village to raise a child'- and we see lots of the children we saw years ago come back and volunteer when they're older. Sometimes we even see their children!" This, then, is an organisation with deep roots in the community.

Despite the economic downturn, Athos and Mary continue to have aspirations for the future- including plans to restart children's cinema nights, form a dance troupe to accompany Samba Sol, and a service to provide respite care for disabled children.

They are also looking for new premises- as the organisation is outgrowing their current building, which is not accessible for disabled people.

"If anyone knows of anywhere suitable, we'll jump at the chance to have a look," Athos said. Some grateful parents have already pledged their financial backing for a new base.

More information about CAN is available at their website, www.canplay.co.uk, by calling 01237 471972, or by visiting them at 13 Rope Walk. **Tom Collins**



Who are the Quakers and what do they stand for?

To mark 'Quaker Week', I brightly suggested that it would be a good idea to publish a brief article in 'The Buzz' (editor permitting), giving an outline of who Quakers are and what characterises them as a 'religious' group. It was only when I began to reflect on the task ahead that I realised what a challenge I had set myself! A bit like answering one of those classic exam questions:, 'summarise in two paragraphs the meaning of life, the universe and everything!' However, nothing ventured, nothing gained, so here goes!

Quakers are also known as 'The Religious Society of Friends'. Creeds and specific forms of worship are not for them - it's not what you say you believe that matters, but rather your spiritual journey, the living out of that Truth discovered in inner communion with The Divine and which is beyond the power words to express.

Crucially, they believe that each one of us can have direct access to The Divine, to God, without the need of an intermediary such as a minister or a priest. For that reason, their Sunday Hour of Worship involves sitting together in silence; anyone who feels moved to do so can, at any point during that hour, stand up and speak. That 'speaking' is known as 'ministry'. There is a short time at the end of the hour when the 'Clerk of the Meeting' invites those present to share any developing ministry that was in their mind during the hour of worship, any 'afterthoughts'. There are then 'notices' and a time for refreshments and chatting together.

In terms of 'how' they live, Quakers will tell you that there are certain crucial guiding principles, known as 'testimonies'. These are:

- The Truth Testimony : never intentionally misleading another.
- The Peace Testimony : working actively for peace and and living in a way that does not provoke violence. Many Quakers refuse to take part in war or the preparation for it.
- The Testimony of Simplicity : more difficult to summarise, but, essentially, ruling out excess in any part of life. Sustainability, in the 'green' context, is typical of the Quakers' approach to living.
- Equality : Each one of us, no matter what our circumstances of birth or our status, is an equally precious, unique 'child of God'. One of the dictums among Quakers is : 'There is that of God in everyone.'

These testimonies are derived directly from the Teaching of Christ. Indeed, the recognised founder of Quakerism, George Fox, never intended to form a new denomination; he was trying, rather, to take belief and believers back to the original and pure form of Christianity.

Quakerism has evolved since its beginnings in the 17th century. One of its characteristics is a tolerance of other approaches to the Divine and other pathways, besides the Christian one, to reaching God. For this reason, you will find those who do not necessarily profess Christianity amongst its members alongside those who, like myself, very much do.

If any of the above has been of interest to you, why not come along and find out a bit more about us. We meet together at 10.30 a.m. on Sunday Mornings at the Meeting House, in Honestone Street. **A member of Bideford Quakers**

News from the Burton Art Gallery

An exhibition of the paintings of a local artist, Tony Williams, SWAC begins on the 9th October, entitled 'A Landscape Journey', in which he encapsulates the effect of light, mist and atmosphere. He catches the sun striking a landscape; reflections and dappled water droplets; rivers, estuaries and all things maritime interest him, and living in Devon gives him plenty of subject matter for his art. He is a South West Academician, and exhibits widely. He is giving a 'Talk and Tour' of his exhibition on the 9th October, at 2.00 p.m. (Free), and is also holding a Workshop, 'Exploring Oils with Tony Williams' on 6th November. This is a day course, from 10am to 4pm, and costs £30. At the Workshop you may expand your oil painting skills, and explore techniques. **To book, please phone 01237 471455.**

Bideford Centre for Divine Light

18 Hart Street Saturday and Sunday services 6.30pm. With visiting mediums HEALING AVAILABLE after divine service.

Sunday 7.45pm Monday 2-4 pm

For more information contact

Ann 01805 603171/Dot 01237 471526



Film Society Cinema at Kingsley School

Friday 1st and Saturday 2nd October Robin Hood (12a) Friday 15th and Saturday 16th Letters to Juliet (PG)) Friday 5th and Saturday 6th November Tamara Drewe (15)

Doors open 7pm- film starts at 7.30pm Edgehill Theatre, Kingsley School Northdown Rd, Bideford www.bidefordfilmsociety.org.uk

Yoga with

Monday and Friday 10am-11.30am (Re-starts 6th September 2010)

New ! Tuesday 7pm-8.30pm (from 14th September 2010) At Alwington Village Hall Fairy Cross All welcome Enquiries (01237) 451813 Text 07500497162 email akato@live.co.uk Yoga with Nicola MacDonald Tuesday 1.30-3.00pm Northam Community Centre

Tuesday 7.30-9.00pm Littleham Village Hall Weds 9.45am-11.15am Lavington Hall, Weds 11.30am-1.00pm Lavington Hall Friday 9.15am- 10.45am Whitehall House.

Take some time to heal yourself All Welcome For more information and to book a space please phone Nicola MacDonald 01237 472532 / 07968898847 Classes cost £5.00-£6.50 depending on location and session.

Pete and Sons Seafoods Butchers Row Shop 5 Bidefo



Shop 5 Bideford EX39 2DR 07747 187 857

Fresh fish from North Devon delivered free locally Place your order by phone or email Free Delivery over £10 petee23@aol.com

> BIDEFORD TOWN COUNCIL Grants for 2011/2012

Organisations **within** the Parish of Bideford who wish to apply for a grant from the Town Council must apply on a form obtainable from the Town Clerk, Town Hall, Bideford, EX39 2HS. Tel: (01237) 428817/8.

FORMS MUST BE RETURNED BY FRIDAY 8 OCTOBER 2010

Grants will be paid in May/June 2011

You write

1 -

Re the mystery photo that Barry Hughes asks about on page 10 of last month's 'Buzz'. It was printed to illustrate a newspaper article on January 24

1933 (possibly in the Gazette) although the story goes back to February 1932 when an inspection via trial pits by the county council Roads Committee revealed that the river wall at New Road was unstable and needed urgent work. Various schemes were put forward which cost between £38,000 and £52,500. This was considered to be too expensive and it was suggested that 'a tipped stone embankment faced with stone pitching' could be constructed against the existing wall for just £3000. This cheaper scheme was eventually carried out some eleven months later and the picture shows two of the county steam lorries dumping some 6000 tons of stone from Beam quarry. The article with the photo pointed out the urgent need for further widening of the road as numerous collisions along New Road had been recorded and pedestrians were often in danger as the pavement was just 3 feet wide. This is the story behind the photo – but does anyone have a copy of the original shot as I would love to use it in my next book.

Maya exhibition

I am busy working on an exhibition on the Maya of Central America Centre due to be shown at the Plough Arts in January 2011, The Maya will have significant media attention, especially during 2012, because their ancient calender is due to expire in December of that year. Hollywood has already picked up on it and other forms of popular culture will no doubt follow. This is a chance to see and listen to the Maya from their own voices and stories. If you would like to support the exhibition please let Buzz know, or sign my letter in Bideford library. **Henry Hartley**

David Rundle Trust

On October 15th and 16th 2010 I will be walking the length of the Piccadilly Line for charity, from Cockfosters to Heathrow terminal 5, stopping at every station, a total of 53.3 miles over 2 days. Money raised through sponsorship will benefit the charity 'The David Rundle Trust - Help For Rwanda' I'd be very grateful if you could sponsor me at:<u>http://www.everyclick.com/sarah2010. k</u> And I'd love you to join me if you'd like a nice walk!! **Sarah**

One-liner

We recently arrived in this marvellous town from Zimbabwe via 6 months in Barnstaple. Enjoyed being reminded of the Rumsfeld quote in your September issue. **Anne and John Henderson**

Scout 70th anniversary celebration

On the 9th October, Bideford Scout Group, set up in 1940, will be celebrating its 70th anniversary. A sub- committee is planning an exhibition in our Market Place headquarters of a display of old Scouting photographs, badges, uniform and other memorabilia.

There is to be an official opening at 3pm in the presence of the Mayor and Mayoress of Bideford

Scouting commenced in Bideford in 1909 just after Baden- Powell's experimental camp on Brownsea island . Indeed we are in possession of artefacts dating from 1911. Through your columns we would like to make contact with former members and also inform other interested people of our planned exhibition. It is felt that some will be in communication with former members of 2nd Bideford Scout Group, now living away.

Any details of people who wish to be contacted should be given to **JG Wood Tel 473094** or myself on **473082.** Any help will be greatly appreciated.

Basil Pidgeon

Bideford Railway

This was built in October 1855.



On its first opening day the train brought 4000 people to the town.

In 1862 it became part of the London and South Railway. There were five trains a day to Bideford and Exeter. The line was joined up to Torrington in 1862. The new station was built behind the Royal hotel.

People stopped using the trains and went by car, bus and lorries in the early 1960s. The Beeching report of 1963 recommended that the railway line closed because it was not making any money. The last passenger train went from Barnstaple to Torrington in October 1965. The use of the line to carry goods such as clay, milk and fertiliser stopped in September 1982.

Bideford had one other railway going to Westward Ho! and Appledore. It opened in April 1901 and closed in 1917.

The Tarka Trail is now for people to walk on and go cycling in the summer breaks. **Carol Short**

(Photo is of Lime Kiln on Tarka Trail by the Iron Bridge) Graham Hobbs (c)

Gruesome Facts

An unusual claim to fame that Bideford has is that it is the home of the last women to be found guilty of witchcraft in England. They were Susanna Edwards, Temperance Lloyd and Mary Trembles.

16 skeletons were found on the site of the present library in 1904. This shows an earlier burial ground. Other skeletons were found up near where I live in East the Water.

In 1843 13 boys aged from 10 to 15 were put in the stocks for throwing stones. In 1828 two thieves were whipped around the town.

People were taken to Virginia and Maryland in America and Australia as punishment for stealing things. Jane Willis stole an umbrella; she was 17 years old. She was sent to Australia for ten years in 1841. Joseph Beer was a sheep rustler. He was sent to Australia for 14 years in 1842. **Clare Cussell**

More interesting facts from Carol and Clare next month!

A Halloween Masquerade Ball will be held on **Sunday 31st October** at The Swan Inn, East-the-Water in aid of Northam Lodge. The evening begins at 7.30pm with a free welcome drink . A DJ and Karaoke will take you through the night, until the finale of a spectacular fireworks display. Also a raffle and auction We know how much Bideford loves dressing up so the theme is Halloween Fancy Dress, or you could come in Masquerade Ball attire. A prize will be given for the best dressed.

If you would like a ticket or two, priced at £5 each, for this exclusive event and to help raise money for a very worthwhile needy cause, please contact **01237477238or** <u>emailtickets@northamlodge.co.uk</u>.

Christmas Fair

On Saturday November 27th 2010 Northam Lodge will be holding their annual Christmas Fair at Rose Hill, Heywood Road. This is an important fundraising event with lots of stalls to browse through for those all-important Christmas presents. If you are involved with any sort of "Christmas Art & Craft", or know of someone who is, and you would like to have a table, please get in touch with Fiona or Annabel on **01237 477238**.

Police and Neighbourhood watch -a winning team

Devon and Cornwall is the fourth safest place in the country to live according to Home Office figures. Within the two counties North Devon police are the best performing police area and are the envy of the rest of the constabulary. In our area we have an energetic and committed police service ably assisted by a strong neighbourhood watch presence.

By living in an area with an NHW scheme figures show that you have a 70% less chance of being a victim of crime. Fear of crime in our area is far worse than the actual crime committed. In Devon and Cornwall crime fell by 9,520 incidents in 20009/10, a drop of 9.3% on the previous year. Vehicle crime fell by 16.4%. burglary by 16.5% and criminal damage was down by 15.4% or 4000 offences.

Burglaries involving dwellings are guite rare as most burglaries take place in sheds, garages, business premises and unoccupied buildings. Most crimes committed in our area are 'opportunist' crimes where buildings or vehicles are left insecure and unattended. Crime figures would drop still further if everyone was more vigilant and careful in securing their premises and vehicles when leaving them unoccupied **Tom Carrick**

Chairman Torridge District NHW

Scene and Heard -The best from your local library this month. Cemetery Junction (DVD)

Written and directed by Ricky Gervais and Steven Merchant, with lots of familiar names in the cast, ie. Ricky himself and Ralph Fiennes. Set in the 1970s. this is a moving but funny film about three friends who dream of breaking free from the mundane world of Cemetery Junction. Accompanied by a great 70s soundtrack.

Centurion (DVD)

Set in 117AD and tells the tale of the confrontation between the Picts and the Romans, and a Roman soldier's struggle to keep his small platoon alive. Rather violent and bloody in parts, but worth seeing if you are interest in this period of time. You'll either love it or hate it!

Fire: the Jimi Hendrix Collection (CD)

If you are a die hard Hendrix fan, you probably won't need a Hendrix "best of" cd, because you will already have them all. But if you are new to him, this is definitely one to listen to. All the greats are here covering his all too-short recording career from 1966-69. Listen and be amazed.

Megson: The Longshot

Debbie and Stu Hanna, better known as Megson, are the most original duo on the British folk scene. This album doesn't disappoint. A great selection of songs.MP

Green Bean Chutney (courtesy of Bideford Country Market)

2lb Runner beans

4 or 5 onions

8oz demerara sugar, 1.5 tablespoons of turmeric, mustard, cornflour, 1.5 pints vinegar(spiced or plain) salt.

Method: Peel and slice beans and onions. Put into preserving pan with salted water to cover and boil until tender. Strain and drain. Add sugar and 1.25pints of vinegar. Stir until sugar has dissolved then boil for 15minutes. Mix dry ingredients with remaining .25pint of vinegar and add to main pan and boil for further 15 minutes. Allow to cool and put into sterilised jars.





Family History

Hello again and welcome to the Family History section. Here are a few more oddities from Parish Registers around the country.

From St. Nicholas, Co. Durham 1868. A memo that 'a certaine Italian brought to the cittie of Durham, the 11th day of June, in the yeare above sayd, a very strange and monstrous serpent, in length sixxteene feete, in quantitie and dimensions greater than a great horse; which was taken and kkilled by speciall pollicie in Ethiopia, within the Turks dominions. But before it was killed, it had devoured (as is credibly thought) more than 1000 persons and destroyed a whole country.' No wonder it was as big as described on those meals !!!!

Lanchester, Durham. George Baker, Esqr (who died at Bristol 1 June). Bur. 12 June 1723. A long way to take a corpse for burial. So do not forget to check your county strays !!

Conscliff, Durham. 'Margaret, the wife of Peter Robinson, of nether Coniscliffe, bur. 20th Aug. 1676, whose eyes beinge blinde, God Almighty opened agaene before her death. Glory be to God in the highest !'

Norton, Durham. The heart and bowels of the right honourable James Earl of Weemys, bur. 22 March 1756. The remains were buried with his ancestors at Weemys Castle in Scotland, the 8th day of April. This ghoulish practice was not uncommon amongst the ruling classes. My how our spelling has improved since these days!!!

The next meeting of the Devon Family History Society, Bideford Group, will be on **Saturday 16th October, 2-4pm at the Burton Art Museum.** All are welcome and the speaker this month will be Peter Christie a local historian and author who will be covering the subjects of Illegitimacy and the Land Tax, another often forgotten source of information.

There will be a Family History day at Arlington Court on 24th October. Any queries of requests then please contact me Len Collum on **01237 472883.**

Fresh new menu at Velvet & Vanilla Café and Bar

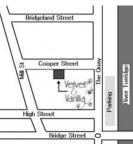
An exciting new menu has been launched at this cosy and relaxing café & bar on Cooper St. Many of the old favourites remain, which have now been complemented by a selection of traditional offerings as well as some more adventurous dishes.

The daytime menu is enhanced with a choice of original and tasty specials, whilst the Friday & Saturday night menu of Mediterranean tapas & mezze also offers freshly prepared stone-baked pizzas, garlic bread and more specials. Lighter snacks & salads are also available, as well as our sumptuous range of home-baked cakes- the cream teas are "to die for"! *And don't forget, if you want to call in for a tipple, we can now serve alcohol on its own without a meal– try our authentic, freshly made cocktails*!



Velvet & Vanilla

12 Cooper Street, Bideford 01237 420444 Join our facebook group or see our website for more offers & events www.velvetandvanilla.co.uk



Bring this advert in for a pot of tea or a filter coffee for only 99p or £1.99 with a fresh-baked scone, teacake or pain-au-chocolat Valid Monday to Friday 9-11am and 2.30-4pm until 5th November. One voucher per customer.

One hundred years ago

Smells for every day

On Monday there's a sudsy smell, Like soap and boiling clothes. On Tuesday there's a scorchy smell From ironing I suppose On Wednesday there's a smell of bread with little loaves for me. O Thursday it smells very good when Mother gets the tea. On Friday there's a smell of dust and polish for the floor. Besides the stuff they use to shine the handles of the door.

On Saturday the smells are fine for that's the day we bake all sorts of bread and pies and things and gingerbread cakes. But Sunday has the strangest smells, Sometimes it's like the pews, and sometimes like the blacking on Brother Harold's shoes. It makes you feel so very still, the Sunday smell -and goodyou wouldn't run or climb a tree even if you could. So every day has got a smell some good ones and some not. The world is full of funny things, and you can learn a lot.

Madam Marie' the society lady palmist and Professor Swallow,well known phrenologist,are now on a visit to Bideford

The great open show of poultry,pigeons,cage birds,rabbits,cats and cavies,promoted by local fanciers, takes place at Bideford pannier market on Thursday

The trial of 'Dr,Crippen' for the murder of his wife has concluded and he has been sentenced to death. His companion Miss le Neve was found 'not guilty' and discharged.

Thanks to Mike Davy for these items from Bideford Archives

A midsummer night skydive through the stars

With my eyes half open I dived into the crystal clear stream as Lentered life's wonderful dream From a multicoloured waterfall through a gateway in the sky a thousand feet tall In the past I have sunk to the bottom now I have no FEAR, bad memories, I've forgotten them I am floating to the top swimming FREE, I don't want to stop Drifting with the summer breeze I AM at peace, my minds at ease Washed clean on the ANGEL isle heading straight on the golden mile Walking through the fields of gold a real life dream is now being told I'm on top of the world a mountain HIGH a free soul, a free spirit in the sky and EVERY morning, my happiness I can't disquise I am wide AWAKE with tears of joy in my green and human eyes.

Lawrence Linciano

lawbreaker28@hotmail.com

Bideford Town Band Solo and Quartet Contest

Come and listen from 9.30am on **Saturday 16th October** at the new Bideford College–classes for players of all abilities and ages of brass music from the South West and Wales – come and go all day –(small entry charge) –refreshments available. Contact Jane Pascoe 01237 476649 or www.bidefordtownband.co.uk for more details

Torridge Male Voice Choir and Bideford

Town Band are combining to give a concert for the Radio Devon Air Ambulance Appeal. It will be at the High Street Methodist Church on **Friday 22nd October at 8pm.** The concert will conclude with a " Last night at the Proms " when everyone will get a chance to sing. Tickets, available at the door, will be £5.



THE SHIPPING NEWS

No vessels at Bideford since last issue

Arco Dart 25.8.10 27.8.10 Spotted on AIS on Sunday 5.9.10 heading for Southampton

Oldenburg continues her sailing to Lundy from Bideford and Ilfracombe through to the end of October.

Kathleen & May at her usual berth but for how long ? - according to reports in the press Mr Clark is trying to dispose of the vessel. (Open to the public every Wednesday,Saturday and Sunday 1-4pm.)

Bristol Channel Observations

15.8.10 at 06.54 hrs vehicle carrier **Aegean Breeze** 12527 tons d.w, owners Wallenius Wilhelmsen Logistics Norway and Sweden, inward bound for Portbury.

16.8.10 at 20.33 hrs cargo vessel **Blue Lion** 6050 tons d.w, owners Kapitan Manfred Draxi Schiffahrts GMBH & Co KG Germany, outward bound from Newport.

17.8.10 at 19.25 hrs vehicle carrier **Aquarius Ace** 14353 tons d.w. Owners, Mitsui OSK Lines, outward bound from Portbury having sailed at 16.21 hrs

24.8.10 at 21.15 hrs cargo vessel **Thamestee**l 1 3217 tons d.w, owners Thames Marine Services Lithuania, outward bound from Cardiff

25.8.10 at 14.29 hrs bulk carrier **Federal Rhine** 34372 tons d.w, owners Fednav Ltd Canada, inward bound for Newport.

28.8.10 at 06.09 hrs bulk carrier **Corella Arrow** 72863 tons d.w., owners Gearbulk Shipowning Norway, outward bound from Portbury having sailed at 02.10 hrs

At 11.20 hrs cargo vessel **Eva Maria Mueller** 3722 tons d.w, owners Otto A Muller Schiffahrts Germany, inward bound for Sharpness; at 13.27 hrs self discharging bulk carrier **Yeoman Bank** 43728 tons d.w, owners Foster Yeoman Ltd London, inward bound for Portbury; at 19.05 hrs vehicle carrier **Autostar** 6670 tons d.w owners United European Car Carriers inward bound for Portbury. Seen again at 12.07 hrs **29.8.10** outward bound having sailed at 09.11 hrs

29.8.10 at 14.03 hrs vehicle carrier **Grande Italia** 12594 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury. Seen again at 12.23hrs.**30.8.10** having sailed from Portbury at 09.13 hrs

30.8.10 at 11.45 hrs cargo vessel **Sea Hawk** 3015 tons d.w, owners Northern Coasters Grimsby inward bound for Newport

7.9.10 at 08.27 hrs Mini bulker **Aasfjord** 3960 tons d.w, owners inward Aasen Transport A/S Norway bound for Port Talbot; at 12.42 hrs cargo vessel **Arklow Flair** 4500 tons d.w. owners Laga C263 Naviera Aie Ireland inward bound for Sharpness.

9.9.10 at 07.52 hrs container ship **Charlotte Borchard** 11388 tons d.w owners Allegro GMBH & Co Germany inward bound for Cardiff; at 08.04 hrs bulk carrier **Nordtrave** 75080 tons d.w, owners Nordtrave Partenried Germany, inward bound for Portbury.

12.9.10 at 18.25 hrs fishery research vessel **Cefas Endeavour** 650 tons owners Cefas Lowestoft, working off Lundy Island.

13.9.10 at 13.30 hrs vehicle carrier **Wisteria Ace** 17325 tons d.w owners, Mitsui OSK Lines Japan outward bound from Portbury having sailed at 10.38 hrs

The long saga of the dredger **Severn Sands** at Fremington continues.On Thursday 9th September she refloated on the high tide and drifted toward Yelland. On Friday's am. tide she was seen again heading back up the Taw; at 07.05 hrs seen passing Isley Marsh ;at 07.45 hrs she had managed to ground herself on the eastern bank of the river near Ashford about 1.5 miles from the new Bridge at Barnstaple. A small tug was sent to get her in tow which was unsuccessful and she remains aground in the river at least until the next high water period. **Norman**

October Diary 2010

Friday 1st 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309 Palladium Club 'Gang of thieves' Saturday 2nd 7.30pm Film at Littleham 'An Education'. 01237 420372 Palladium Club 'Wendy May's Boom Boom Room' 8pm Old Swan Band at Langtree Village Hall tel 476632 Sunday 3rd 11am Harvest Festival Service Trinity Church Thursday 14th Westward Ho! Bideford AAC Ten miler to Yelland Power Station return via Tarka Trail Monday 4th 7.30pm Appledore Singers practise at Appledore School 8.30pm North Devon Jazz Club, The Beaver, Appledore. 421065. **Tuesday 5th** 2.30pm Bideford OAP group at Lavington Church (Willet St) tel 478896 7.30pm Bideford Camera club Youth centre Littleham Village Hall Tickets on 01237 tel 423242 Wednesday 6th 10.15am Bideford Probus at Royal Hotel tel another fella' 423153 10.30am British Epilepsy Association Barnstaple Library 01237441146 2pm Bideford Readers' Group at Bideford Library tel 476075 7.30pm Bideford Music Club at High St Methodist Church tel 423112 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309 Thursday 7th 2.30pm Thursday Fellowship tel 421956 5.45pm Tarka Child Contact Centre AGM at Bideford Bideford Youth Centre tel 472101 Bay Children's Centre 07530 605681 7.30pm Modern Sequence dancing at Kingsley Hall Westward Ho! North Devon Fuchsia Society meets at Springfield Centre Bideford tel 01271 831292 Palladium Club 'The Hamsters-' Hendrix anniversary tour Friday 8th 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309 Saturday 9th 10am-4pm Buckland Brewer local history group exhibition at Church Room tel 451527 3pm Official opening of Scout Exhibition Market Place Palladium Club 'Gwyn Ashton's 2 man Blues Army' Sunday 10th 9am-2pm All-Day Breakfast at Littleham. Details on 473338 8.30pm Quiz at Seagate Hotel Appledore Monday 11th 10am Lip reading classes at Ethelwynne Brown Close tel 07923536908 7.30pm Bideford Stamp Club at Bideford Youth Centre tel 472101 7.30pm Appledore Singers practise at Appledore School

www.theappledoresingers.co.uk

8.30pm. North Devon Jazz Club, The Beaver, Appledore. Tel 421065 Tuesday 12th **10.30am** Macular Disease Society meets at Burton Art Gallery Peter Ellis 01409 231309 Devon Food Fayre at Atlantic Village 7.30pm Northam Choral Society at Methodist Church Hall Northam tel 429080 Bideford Camera Club at Youth Centre tel 423242 Wednesday 13th 10.15am Bideford Probus at Royal Hotel tel Brown Close tel 423153 10-12pm Carers' Support Group at Rosehill Northam 420137 for details 2.30 pm Thursday Fellowship tel 421956 7.30pmBuckland Brewer Gardening Club in village hall. Modern Sequence dancing at Kingsley Hall Westward Ho! Friday 15th 2pm Devonshire Association meet at the Burton Art gallery 7.30pm Murder Mystery and Supper at 473338 Palladium Club 'Some old bloke , his son and Kingsley Hall Westward Ho! 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Sunday 17th 8.30pm Quiz at Seagate hotel Appledore Monday 18th 10am Lip reading classes at Ethelwynne Brown Close 07923536908 7pm -9pm Carers' Support Group meets at Halloween Masquerade Ball at Swan Inn tel Marlborough Court, Park Lane 01271 372811. 7.30pm Bideford Stamp Club at Appledore and District Amateur Radio Club meet at Appledore Football Club tel 473251 7.30pm Appledore Singers practise at Appledore School 8.30pm North Devon Jazz Club at Beaver Inn Appledore 421065. Tuesday 19th 10.30am Michael Dacre storyteller at Bideford Library 476075 North Devon Lupus Group Burton Art Gallery Cafe maynesun@gmail.com 7.30pm Bideford Camera Club at Youth Centre tel 423242 Wednesday 20th 10.15am Bideford Probus at Royal Hotel tel 423153 7.30pm North Devon Humanists at Fremington Parish Hall (annexe) 474225 Thursday 21st 2.30pm Thursday Fellowship tel 421956 7.30pm Modern Sequence dancing at Kingsley Hall Westward Ho! Friday 22nd 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309 Palladium Club Tribute to Rory Gallagher with Shinkicker 8pmTorridge Male Voice Choir and Bideford

Town Band concert for the Radio Devon Air Ambulance Appeal at High St Methodist Church

Saturday 23rd 7pm Meeting for Bible teaching & fellowship at Bethel, The Quay Appledore. 474466. 9am-6pm Palladium Club ' Wabash cannonballs' Sunday 24th 10.30 am - 4.30 pm Devon Food Fayre at Atlantic Village Monday 25th 10am Lip reading classes at Ethelwynne 07923536908 8.30pmNorth Devon Jazz Club, The Beaver, Appledore. 01237 421065. . Tuesday 26th Bideford Camera Club at Youth Centre tel 423242 Wednesday 27th 7.30pm North Devon Humanists' `The Lunar Society' Fremington Parish hall (annex), 474225 Thursday 28th 10-12pm Carers' Support Group at Rosehill Northam 420137 for details 2.30pm Thursday Fellowship tel 471426 7.30pm Modern Sequence dancing at Friday 29th 7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309 Palladium Club Wille & the Bandits Hartland Arts & Crafts Autumn Fayre 28-31 October 10am-5pm Hartland Parish Hall Saturday 30th Palladium Club- 'Beatsworkin' reggae night Sunday 31^s 477238

How to Contact Us

Bideford Buzz is produced by a team of volunteers with financial and practical assistance from Devon County Council's Library Services, Torridge District Council, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre and Devon Community Foundation.

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