

BIDEFORD BUZZ



April 2010 Edition

www.bidefordbuzz.org.uk

FREE



Bideford Buzz is grateful to Torridge District Council for their very generous grant to enable us to produce more copies for the people of Bideford and District.

A Happy Easter from **Bideford, New Zealand**





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A Recipe for Easter

ROAST CHICKEN WITH BASIL AND LEMON

(Serves 2)

6 free range chicken pieces

on the bone (thighs, breasts, drumsticks) Olive Oil

2 large cloves of garlic

1 lemon

A large handful of basil

A wine glass of white wine

Season the chicken well and place in a roasting tin. Pour over enough olive oil to moisten and make a shallow pool in the tin. Squash the garlic in its skin and tuck it in with the chicken. Squeeze the lemon over the chicken and drop empty lemon shells in too. Pour the wine over the chicken Roast for 30 minutes in a preheated oven 200 degree C/Gas 6Then tear up the basil leaves and toss them with the chicken. Return to oven for 10 minutes. Serve with roasted red peppers.

(Recipe courtesy of Mill St Butchers, Danny and Heidi.)

St Mary's Church Easter Services

EASTER EVE, Saturday 3 April at 8 pm, Easter Vigil with the first Eucharist of Easter.

EASTER SUNDAY, 4 April at 10 am Family Communion - joint service with St Mary's at Wings, In St Mary's Church.

EASTER EVENSONG, 4 April at 7 pm. Traditional Evensong with Easter hymns.

EASTER PRAISE, 4 April at 7 pm – an informal service held at The Wings Hall, Lower Meddon Street (behind Tantons).

Lavington United Reformed Church invite you to join them on Maundy Thursday, 1 April at 7.30 p.m. for Holy Communion and Service of Tenebrae (shadows)

Good Friday 7.30 p.m. Meditation with Music - united with the Methodist Church at Lavington.**Easter Day** 11.00 a.m. Service of Holy Communion led by our Minister; Junior Church.

6.30 p.m. Service of Holy Communion led by the Rev'd Paul Martin

For more details contact Minister, Rev'd Tom Bayliss 07870 675231or the Church Secretary, Helen Jackson, 01237 471519

'Oh to be in England. Now that April's there'

April is the fourth month of the year and its name derives from the Latin Aprilis but no-one is sure of the exact etymology of the word. More than likely it comes from the Latin verb 'aperire' to open as this is the time of year for buds to open (at least in England!)

April 21st is the Queen's actual birthday as opposed to her official birthday which is held on a Saturday in June to ensure more clement weather for the Trooping of the Colour

April 23rd is St George's Day and also Shakespeare's birthday

Easter is early this year and falls at the beginning of April. Having just experienced the coldest Winter for thirty-one years let's hope the Summer ahead will be a good deal warmer than the last few.

If you have any local events you'd particularly like publicised please let us know

Chris Trigger



Art News Lundy Art Group

We meet on the last Friday of the month in St.Mary's church hall Appledore from 6-9p.m.

All abilities are welcome. Each month we have a different theme and work can be in your chosen medium. In addition, during the year we have demonstrations from professional artists. We hold an annual exhibition in St. Mary's Church, during the weekend of the Appledore Arts Festival. There is always plenty of help on hand. So if you fancy a painting session, do come along and give it a try! For more details Tel.423884

News from the Burton Art Gallery & Museum

The Jerwood Drawing Prize was established in 1996, and is the country's leading drawing award, and the exhibition tours throughout the year. For artists, both students and professionals, this is one of their highest achievements. Out of 2,300 submissions, 66 have been chosen, judged by artist, Roger Mabert, Senior Curator for the Hayward Gallery, Southbank Centre ,and Nicholas Usherwood, art Critic and Curator . So much variety of Media and subject, well worth a close look. You have until the end of the day on the 9th April when the exhibition leaves to continue its tour.

The R.J. Lloyd Ceramic Collection will at last be on display on the first floor of the Gallery from 9th April and ceramics will take centre stage in the Craft Area and the Café du Parc, From the **15th April to 17th May** the paintings of Carol Rhodes will be shown and on 17th April

former curator John Butler will give a 'talk and tour' of Carol's paintings. You will find all you need to know in the new brochure available free from reception

Diana Warmington - Friends of the Burton Art Gallery and Museum

Coastal Memories required

The 2010 Appledore Fellowship has been awarded to Kim Bailey, a mature fine art foundation degree student who studies at the North Devon School of Art and lives in Westward Ho! The fellowship is an initiative which supports and encourages an emerging artist who must have recently completed or is undertaking a degree in any area of visual arts. The chosen artist is given the opportunity to showcase their work at the Appledore Visual Arts Festival which this year has the theme of "coastlines". The 2010 festival runs from **Thursday June 3rd to Sunday June 6th.**

Kim is hoping to produce artwork, to be exhibited during the festival, which involves the coastal stories and memories of the local North Devon community. She needs willing volunteers to speak to her for voice recordings, emails detailing coastal tales and memories or photographs. If you have any interesting tales to tell regarding wildlife sightings, surfing stories, wild weather, beach finds, the coastal dumpsite on Northam Burrows ,historical facts ,wartime, or absolutely anything relating to our local coastline then please email Kim at **kbappledorefellowship@yahoo.co.uk**

A free drop in mono printing workshop, relating to the coastline theme, will be held during the Easter holidays on **Friday 9th April 10am-3pm in St Mary's Church Hall Appledore**. Anyone is welcome to come along and produce a hand made print which could be exhibited in the arts festival. Children are very welcome, accompanied by an adult. It will be run by a group of volunteer art degree students from North Devon School of Art. All materials will be provided free of charge but please bring an apron or wear old clothes .Further information about the Appledore Arts Festival and Fellowship is available at www.appledorearts.org. Information about Petroc's art foundation degrees is available from Pete Newell, the course manager, email pnewell@ndevon.ac

THE GREEN PAGE

Initiated by the Bideford Quakers but open to contributions from anyone

Screening of 'The Age of Stupid'

Bideford Quakers organised a screening of the latest documentary about Climate Change on Friday, 12th March to an audience of over 30 local people. It's a documentary with a difference: it begins in 2055 and has Pete Postlethwaite as a survivor of the catastrophe that has made the human race extinct! Gruelling stuff! Pete reviews the last 55 years of life on earth

using a range of material drawn from the media or actually filmed for the purpose. Broadly, the message is: we still have time to save the human race from extinction but the window of opportunity is small – and we need to act NOW!

Another Pete, Peter Yeo, who was one of the film's 'funders' was present as was Adam Symons, in his role as environmental scientist rather than as a politician. They were both available to answer questions at the end of the film. Torridge was represented by Amanda Wycherley and both she and Miranda Cox, one of our councillors, responded to issues relating to Torridge District Council's 'green' policies. Geoffrey Cox's office was also represented – so a wide spread of local interests was there.

If you're still doubtful whether climate change is a reality or whether it's man-made or natural, then I would urge you to watch the film. If you disagree with its conclusions or want to dispute some of the evidence, then, once you've watched it, you can do so from a stronger standpoint.

To borrow the film or make any comments for the Green Page, contact :

Jacqui Poole on 01237 420372 or email on : mo1jac2@btinternet

Do you know about

The 10:10 Campaign?

It's the ambitious project to unite society behind one simple idea that, by working together, we can achieve a 10% reduction in the UK's carbon emissions in 2010. Find out more at www.1010uk.org

Eco driving!

By making modest changes to your driving and adopting an 'ecodriving' style you will: use less fuel, save money, force CO2 emissions down and be a safer driver!

For free advice and an eco driving DVD, ring

0800 512 012r or watch the film online at: www.devon.gov.uk/ecodrivingfilm

*Hear Nicky Scott of the **Community Composting Network** explain how
Hartland can benefit from turning waste
into black gold.

Saturday 17th April at Church Rooms Hartland at 11am



The Freecycle network is made up of 4,775 groups with 7,090,000 members across the globe. It's a grass roots and entirely non-profit movement of people who are giving (& getting) stuff for free in their own towns. It's all about reuse and keeping good stuff out of landfills. Each local group is moderated by a local volunteer.. Membership is free. To sign up, visit thttp://www.freecycle.org/ and select Bideford as your group. You'll be amazed at what's on offer!

Mother and Baby Exercise Class

Want to look good and feel better?

Post Natal Exercise Class
Tuesdays at The Plough,
Torrington
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Kelly Smith

Mobile: 07747600013 Email: kas286@hotmail.com

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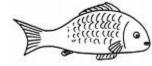
Quaker Meetings for Worship

are held at 17 Honestone St Bideford

(Near Pannier Market)

10.30am on Sunday mornings
All are welcome
Enquiries Tel 421549

Pete and Sons Seafoods



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Bideford Centre Of Light

18 Hart Street Saturday and Sunday services 6.30pm. With visiting mediums

HEALING AVAILABLE

Sunday 7.45 Monday 2-3.30pm And 7-8.30pm For more information contact **Ann** 01805 603171 **Dot 01237 471526**



Doors Open 7pm Film starts at 7.30pm Bideford Cinema has moved to Kingsley School, Edgehill Theatre, Northdown Rd

Fri 9th and Sat 10th April Avatar (12a)
Fri 23rd and Sat 24th April Nowhere Boy

www.bidefordfilmsociety.org.uk



BIDEFORD BAY CHILDREN'S CENTRE PAGE



Let your children experience classical music for free!

All under 18s tickets are free and children of all ages are most welcome at our concerts. For more information about the orchestra, our concerts and how to buy tickets please visit our website www.northdevonsinfonia.org.uk

Next Concert 17th April '10

Landmark Theatre, Ilfracombe, 8:00pm Wagner, Mozart and Sibelius Symphony No. 5 with Horn soloist, Adrian Uren

Bumps and Babes

2 - 3pm St Margaret's Church Northam every Wednesday (term-time only)
Enjoy an informal fun time with lots of singing, dancing and noise. Contact Eldey Lloyd on 01237 424701

Easter fun at Bideford Library - Calling all over Fives Saturday April 3rd 10.30 am – 12.00

Hop-along (!!) and get ready for the Easter Bunny with our **free** Easter Bonnet crafts session.

Just drop in to take part, the fun begins at 10.30.am

Don't forget: The ever popular **Under 5's Stories & Rhymes** at **Bideford Library** are now also running on Tuesday mornings! Come and Join us from 9.30am – 10.00am <u>every</u> Tuesday **and** Thursday, and don't worry if your little ones won't sit for long or get the wriggles, it's all part of the fun!!



The Burton Art Gallery and Museum has an exciting opportunity for anyone wishing to gain experience of, or to support our education programme, by working with our Under 5s visitors and their families/carers, as part of our **Kids Krate** sessions (starting June 2010).

Hours will be every Friday from 12.30 – 2.30pm.

As a volunteer your role is likely to include setting up and putting away the Krate and any associated materials/furniture, running activities on occasion, and generally facilitating and encouraging use of the Krate. You may also undertake some informal monitoring activities so that feedback can be collated and incorporated into our future programme. Full training and support will be provided.

We are looking for reliable and enthusiastic people, with good communication skills, a passion for learning and a willingness to welcome and engage with this new audience in the Burton's galleries and museum.

Experience of working with children or the delivery of workshops is desirable but not essential, as training will be provided.

Volunteers accepted to work with the Kids Krate would be subject to a CRB check.

For a full role description and volunteer application form please contact Jo Simpson on 01237 471455 or email jo.simpson@torridge.gov.uk

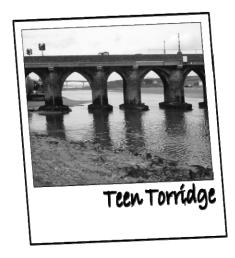
Jokes by Jasmine Fey

Q. What do you get when you cross a sheep and a kangaroo?

Aged 6

A. A woolly jumper!





... More Money Money

This month I'm taking a look at how the internet can help you save, and make, money.

The days of music piracy are over...

... long live free music streaming. The most popular example of this is Spotify (www.spotify.com), an application that allows you to listen to thousands of music tracks for free (from Mozart to Muse) while connected to the internet. It's paid for by advertising, so after every few songs you'll have to listen to a short advert. At the time of writing, however, Spotify was closed to new registrations, so an excellent alternative is We7 (www.we7.com) that works on the same premise (only on a website rather than an application).

Don't pay until you've got a discount!

It's true- before you make any purchase online, check to see if the retailer is offering a discount code on Voucher Codes (www.vouchercodes.co.uk). I've already had a free dessert at an Italian restaurant, and – don't tell mum – got 10% off a Mothers' Day gift.

Earn some cash by giving your opinion

Unlike the cold calling tele-surveys people, there are a few websites out there that will pay you to take surveys. It won't make you a millionaire, but the surveys are short and after a while you could end up with a nice bit of pocket money. One example is YouGov (www.bit.ly/b0yvA5), which you often hear quoted in the news.

Find the cheapest petrol

PetrolPrices.com compares the prices at over one hundred thousand filling stations in the UK. All you need to do is register (for free) and type in your postcode to compare the nearest ones.

Try before you buy

Loads of companies offer free samples of their products online, and websites like Student Free Stuff (www.studentfreestuff.com) list them. My favourite one at the moment is Twinings, who are giving away two free infusions tea bags

(http://www.twinings.co.uk/free-tea).
Of course, as with everything on the internet, you should be careful who you give your personal details to. Also, don't ever spend out any money for registration to websites, or for the promise of reaping lots back in return. The internet is great for things like this but remember: if it seems too good to be true it most probably is. **Tom Collins**Email your money saving tips to editor@bidefordbuzz.org.uk!

Big Brother's Big Car...

Google Streetview hits North Devon

Now you can tour the region from the comfort of your armchair, as Google Streetview- a website that allows you to view street level images- updates to feature North Devon. www.google.co.uk/streetview





Good Age Page



Where are they now?

Mrs Bartlett who now lives away but receives Buzz regularly rang us to say she is an old school friend of M Sheppard (Where are they now? February Buzz) and also knows Joyce Gifford and Reg Webb. She would like Mr Sheppard to get in touch if possible via these pages. She worked at the Bideford Gazette (Ed)

Disgruntled of Bideford

or

Too old for the last bus!

Recently I thought I must be experiencing the ultimate 'April Fool' when my bus pass was refused as I attempted to board the last bus home from Barnstaple. Luckily they were happy to take my money, so it seems that pensioners are at least still allowed to travel late at night, but not for free! Is this discrimination, or an attempt to keep us off the streets after dark?

Are we a threat to normal law-abiding citizens?

Has anyone else experienced this – I am aware of the early morning curfew, but didn't know we were banned after eleven as well.

Let me have your thoughts

(Ed –Bideford Buzz)

Aprilius Society

At the 4th meeting of the Bidefordian Aprilius Society, a proposal was approved to seek the total pedestrianisation of the Quay area from the Burton Art Gallery at one end to the Library at the other including the shopping areas bounded by Bridge St, Grenville St and Bridgeland St.

A Jester

(Next meeting of the Society will be on the 1/4/2011)

Useful numbers

Bideford Health Centre 01237 476363 Northam health Centre 01237 474994 Bideford Hospital 01237 420200 North Devon District Hospital01271 322577 NHS Direct 08454647 Out of hours GP service 0845 6710270

Just for fun!

Identify the following logical sequence

8,5,4,9,1,7,6,3,2,



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Plant sales centre with over 300 varieties of herbaceous perennials, some unusual, some old favourites.

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You write

New book by local author, Michael Henderson

You might like to know about, and order, my eleventh book 'Ice in Every Carriage - An Extraordinary Asian Journey 1952-53'. It has a foreword by Rajmohan Gandhi, a grandson of the Mahatma, who describes the book as 'a priceless record of a bold, multicultural initiative by civil society at a time when

people did not use such phrases, a proof that history is often made by people usually missed out by historians.' It was an eight-month trip made by 200 people with four stage plays through India, Pakistan and Sri Lanka. I was one of the stage crew. The title comes from the ice blocks which were handed in at every station and, with fans playing on them, provided elementary air conditioning (Available shortly at your local library)MH

Blackmore's Yard

Thank you Mr Berriman for your photos of Blackmores Yard in 1947 and the wooden passenger ship you helped to build. I hope to put these in the next newsletter – computer trouble this month has prevented me from printing them in April **(ED)**

Catshole

I have been seeking confirmation of the origins of the name, 'Catshole' for Chris Hassell. I always understood that the area was below the old Turnpike gate at Twinnaways, ie the Hartland or Clovelly Rd tollhouse opposite Baccaborough, where my great grandfather had what we would call a small holding with up to 53 acres rented from the Moreton estate up to about 1913, now forming part of the Pynes Lane Estate

The suggestion has been made that the name could be linked to a corruption of the name 'Caddesdown' on the other hand it could be linked to the 'Caddy' family, who owned property in Bideford.

From 'An Essay Towards A History of Bideford' by John Watkins about 1792, (see reprint of 1993 by The Lazarus Publishing Co) page 90 refers, to 'of the Glebe', references Western Catt's hole, Middle cat's-hole, Eastern catt's-hole with Cleave, also reference to *Twimmaways*.

Paul Baker

Wanted Old Sheets

I would be very grateful if you could put a wanted advert in your magazine. It's for 'The Bright Star; Theatre Group',

If anyone is thinking of throwing out any old sheets [doesn't matter what size or colour, as long as they are plain] please could you let me know, Maggie Smale on 01237 421956.

We turn any old sheets into wonderful 'back drops', for our productions; we have now come to the end of our supply, and are eager to get hold of more for future productions; please help us by passing the word around.

As you probably know, all our profits go to different charities, so you would be helping us immensely Thanking you for all your support and help

Maggie Smale

fantastic home cooked food, hot drinks, cakes & more, visit



Velvet & Vanilla Licensed Café-Bar

12 Cooper Street, Bideford

www.velvetandvanilla.co.uk 01237 420444

01237 420444

Also open for tapas & cocktails Saturday nights - booking essential



With new titles coming into Devon Libraries all the time, you really do need to come along and have a look. Items can be hired for a full week, with prices ranging from £1 - £3 for a DVD, and NOW only 50p for a CD Here are just a few that have recently arrived at Bideford:

Leona Lewis – Echo (CD)

This is the follow-up to her very successful "Spirit". It is a very accomplished second album and sees her working with some established names. Leona can really sing and her voice has the power to engage you.

Jamie Cullum - Pursuit (CD)

Jamie returns after a 4 year break with what is acclaimed by critics as his strongest album to date. Features self-penned material as well as tracks written by Cole Porter amongst others. There's fast and slow, funk and jazz, soul and R & B – something for everyone.

Julie & Julia (DVD)

Celebrating the life of cook Julia Child. Julie (Meryl Streep) wants to be a writer, but gives herself the challenge to cook her way through Child's "Mastering the art of French cooking" in one year. It's an absorbing and entertaining movie, with subtle humour. A feel good film.

An Education (DVD)

An impressionable, suburban London teen (Carey Mulligan) finds her traditional education replaced by something more sinister when an older, worldly suitor (Peter Sarsgaard) sweeps her off her feet. Authentically set in the 60s it contrasts dull suburbia with the hedonistic frenzy of life elsewhere. Great film with wonderful performances.

The No1 Ladies Detective Agency - BBC (DVD)

Based on the novels by Alexander McCall Smith about a fledgling private detective in Botswana. The scenery is beautiful, stark and vivid, and the spirit of Africa shines through.

Fabulous Fifth Season for Farmers' Market!

Hartland Farmers' Market starts its fifth season on **Sunday April 4**th. Market organisers are confident that many of the market regulars will be returning, and have already had confirmation from Beckland Game, Penny & Tim, Kings Cottage Nursery, Holsworthy Organics, Patio Plants, Vera's Cheeses, Christine's Kitchen, Fliss's Fish and the Bee Team. Many more are expected, and there should be at least 15 stalls in the Parish Hall on Easter Sunday.

The Renowned Farmers' Café will again be open for business, selling its best full English breakfast sourced from market traders. There will be vegetarian options, and lighter bites for smaller appetites.

Market organiser, Rod Landman, said, "We really can't believe it's been five years already! It hardly seems like five minutes since the first one."

The markets are increasingly popular with visitors to Hartland, and many of the local accommodation providers now put the market on their websites as a main reason for coming to the area. However, Rod is clear that the market depends on local people to keep it going. "There would be no market without North Devon folk, so we're always trying to find ways of making sure it provides a proper service to people, so we're sticking with our Locals Loyalty Card and the Community Stall."

They will run on the first Sunday of the month from April - October, 10am – 1pm, in Hartland Parish Hall. The first will be opened by Cllr Adam Symons, who has very kindly helped to arrange a Torridge District Council grant to help with publicity. They are run on a non-profit basis and benefit a range of local charities, starting with the Small School and Hartland [†] Cubs. **For more details, or to book a stall, contact Rod Landman on 441 786.**

Gunpowder, treason and plot – perhaps?

Dotted about the British countryside on tops of high hills are small outstanding groups of trees. I want to know who planted them and for what purpose? It might have been egotistical land owners to demonstrate ownership of the land or hill on which they were planted, but could there be another explanation?

If you stand in Honestone car park and look in a north-easterly direction you can see such a group. High above the Torridge



and to the right of Instow you will see the white flash of the old Youth Hostel building halfway to the horizon. Along that same line but slightly to the right, silhouetted on the horizon's rim, is a group of trees in which I am interested. They are approximately nine miles away and some three miles outside of Braunton.

As stated before similar groups of trees are dotted about the country and if you go to Oxfordshire there is a similar clump above Broughton. It was at Broughton castle that the planning for the Gunpowder was done. There, at the top of the staircase, a room with three exterior walls is known as the 'room without ears'. Is it a coincidence that the Vicar of Braunton is rumoured to have been involved in the gunpowder Plot?

Another explanation could be that, in the medieval period of Roman Catholic persecution, such trees were markers guiding itinerant priests to a safe house nearby. Arlington Court home of the Catholic Chichester family is not too far away and the owners of Broughton Castle were also of the Catholic persuasion. Itinerant priests, constantly hunted, unable to declare themselves. It doesn't stretch the imagination too far to suppose that the key is in the first line of the one hundred and twenty-first psalm 'I will lift up mine eyes unto the hills, from whence cometh my help' or directions, perhaps!

Roger Sugar (c)

Snow and storm on Exmoor by Jack Hurley

During this last cold Winter, I recalled this aptly named book in the local history section of Bideford Library. It recounts the bitter Winter of 1947 when Exmoor was virtually cut off from the world. Just to emphasise the complete isolation of Simonsbath, a village spokesman said 'Oil supplies and candles are low,and we might just as well go to bed,except that it's no warmer up there' The temperature was -20 Vigars the post said' Things are a bit tight. We shan't get any more supplies until we dig ourselves out. I had five loaves of bread yesterday, but with sharing them out, I'm down to one.' Of course at this time they still had to contend with post war rationing meaning they had no supplies built up against the Winter. Happily Spring has now arrived for all of us (Ed)

Poet's Corner

The traveller's song

Out on the hills, the road behind, the path in front where it will wind, the soft green ground, and sky of grey, and peace to find along the way.

Out in the wind, a gusty kiss, there is no better time than this, unless a summer's soft embrace is kinder to the traveller's pace.

An open sky, and all around such joy of spirit to be found, and everywhere a new delight to lift the soul to greater height.

The way is clear, and everything is like a sip from some deep spring out of the earth of long ago, to cool the mind, and stroke the brow.

Some stay indoors, sit by the fire and reading books they will aspire to heath and moorland, hedge and trail but surely not to much avail.

Put down your book, and come outside, the road is there, the world is wide. Come with me friend, and pass some time, the path to tread, the hill to climb **Sue Valentine**

If the shoe fits

Stiletto. low or medium Well heeled or even down As one before the other They stroll around the town They're laced, zipped up or buttoned Or maybe highly strung With soft and easy leather or long and silver tongue The beauty of the wearing Is helped by horns and trees With buffing cloths and brushes All working hard to please Well that's the information I'm sure it's almost true It's down to earth, vet versatile The sole of fun - THE SHOE Suzi Newman



Artist's Garden Open for Charity

St Merryn, Higher Park Road,

Braunton, Devon EX33 2LG

St Merryn garden will be opening from 2pm to 6pm on **Sundays 18 Apr, 23 May, 20 June** and **11 July** with The National Garden Scheme to raise money for Nursing, Caring and Gardening Charities including Macmillan Cancer Support and Marie Curie Cancer Care.

Directions: 5m W of Barnstaple. In centre of Braunton turn R at T-lights round Nat West Bank. At top of Heanton St turn L and immediately R into Lower Park Rd. Continue until you see Tyspane Nursing Home on L then turn L into unmarked lane & R at top. Pink house 200yds on R. Parking where available. Admission is £3. children free.

The very sheltered 3/4-acre, south-facing, cottage garden at St Merryn has planting to sustain interest throughout the year - using foliage as well as flowers, scent and colourthemed borders. The owner, who is an artist. hopes to lead the visitor visually round the garden using the winding paths, leading through lawns, shrubs and mature trees, to the summerhouse (built and thatched by the owner), the ponds - the sculptural bonfire the hens and the swimming pool (also selfbuilt). It is a garden made for relaxation and enjoyment! There are many sheltered seating areas plus herbaceous borders, a grassy knoll and gravel garden. Open gallery and home-made teas. Contact: Dr W & Mrs Ros Bradford Telephone: 01271 813805. Email: ros@st-merryn.co.uk. For further information about St Merryn and other gardens open in the area, visit the National Garden Scheme website www.ngs.org.uk

The National Garden Scheme was founded in 1927 and raises funds by opening gardens to the public. Last year in Devon over 140 gardens, most of which are privately owned and only open for the NGS, raised over £110,000 for Nursing, Caring and Gardening Charities

Family History

History; Top tips for tracing 1st World War Soldiers.

Following on from last month's Army Ancestors, I shall go into more detailed searching for WW1 soldiers. Before you start you really need to know the unit he served with and regimental number. If your forebear died during the War the Commonwealth War Graves commission can help. Their Dept of Honour Register at www.cwgc.org will tell you his unit, service number and where he is buried.

All who served overseas were entitled to The British War and Victory Medals and before the end of 1915 they were entitled to the 1914 or 1914-1915 Star. Their entitlements can be found on Medal Index Cards at TNA at Kew. Only about 40% of the service records were saved from being destroyed by fire in 1940. They can be found on microfiche at TNA in three series. WO364 comprises largely of men who were discharged to pension or medical grounds. WO363 is for men who were killed in action, died of their wounds or left without a pension. WO400 is for members of the Household Cavalry.

Army lists were published quarterly and listed all Officers and promotions. Again a complete list is at TNA and you may find copies at libraries or Record Offices.

War Diaries will tell you what action the units got up to and these are in WO95 at TNA. If your ancestor was awarded a medal for gallantry such as Military Medal or Military Cross the date the award was made is recorded in the London Gazette and occasionally a citation was made. TNA has a complete set of Gazettes and in addition the information is available online at www.gazettes-online.co.uk

Few records exist for men who were wounded, but MH106 at TNA needs to be looked at. The deaths of officers and men are recorded in 81 volumes of "Soldiers Died in The Great War" Here you will find unit, number, date of death and possibly other information such as Attestation Papers or next of kin. Most reference libraries hold a copy of this CD and an index to the death certificates for these men can be found **at www.1837online.com** or at the Family Record Centre. Regimental Museums are often a useful source but you are more likely to find only officer material. The Imperial War Museum has a huge collection of private papers, diaries and other records and can be viewed through their online catalogue at www.iwmcollections.org.uk

One has to have some luck when researching war ancestors and a great deal of patience. So good luck!

Help Desk Bideford Library. The Devon Family History Society will be holding a help desk at Bideford Library on Friday 16th April 10am –12 pm. Anybody who has research problems or would like help, please come and talk to us.

The next meeting of the Devon Family History Group will be on 17th April, 2-4pm at the Devon Record Office in Barnstaple. All are welcome

Possible new afternoon Bridge Club in Bideford

I am looking to start a new Duplicate Bridge Club which would meet one afternoon a week in Bideford. The emphasis will be to create a friendly, relaxed atmosphere for playing bridge. Even if you have never come to a club before, if you enjoy playing bridge, then this may be the club for you. If interested please let me know as I would like to assess the level of local interest. Please contact Simon on 01237 421079 or e-mail scgfeg@virginmedia.com



THE SHIPPING NEWS

No shipping movements in and out of Bideford since last issue

Arco Dart 15.2.10; 28.1.10; 1.3.10

Oldenburg has resumed her sailing to Lundy from Bideford and Ilfracombe through to the end of October. **Bristol Channel Observations**

15.2.10 at 12.40 hrs vehicle carrier **Grand Pearl** 18090 tons d.w, owners Dynamic Climber Shipping SA South Korea outward bound from Portbury, having sailed at 10.20

At 15.50 hrs vehicle carrier **Autosun** 6670 tons d.w owners United European Car Carriers Norway outward bound from Portbury, having sailed at 11.34 hrs.

17.2.10 at 15.15 hrs chemical tanker **Bro Galaxy** 7559 tons d.w owners Bro Galaxy Rederij Holland, outward bound from Avonmouth, having sailed at 20.07 hrs 16th

19.2.10 at 15.30 hrs Cargo vessel **Arklow Rainbow** 4504 tons d.w owners Arklow Shipping Eire, inward bound for Portbury.

19.2.10 at 16.50 hrs vehicle carrier **Autosun** 6670 tons d.w, owners United European Car Carriers Norway, inward bound for Portbury.

20.2.10 at 13.14 hrs vehicle carrier **Baltic Breeze** 12466 tons d.w, owners United European Car Carriers Norway, outward bound from Portbury, having sailed at 10.25

At 14.20 hrs vehicle carrier **Grande Napoli** 14650 tons d.w, owners Grimaldi line of Italy, inward bound for Portbury.

At 15.23 hrs cargo vessel **Sea Kestrel** 2225 tons d.w owners Northern Coasters Ltd Grimsby outward bound from Avonmouth having sailed at 10.35 hrs.

At 15.47 hrs cargo vessel **Arklow Willow** 13873 tons d.w owners Arklow Shipping of Eire, inward bound for Avonmouth.

21.2.10 at 08.12 hrs self discharging bulk carrier **Yeoman Bank** 38997 tons d.w owners Aggregate Carriers Ltd Glasgow, inward bound for Portbury

212.10 at 14.50 hrs vehicle carrier **Artemis Leader** 21424 tons d.w owners Freesia Shipholding SA Japan vessel in NYK colours inward bound for Portbury.

At 15.35 hrs bulk carrier **SCA Malaga** 30499 tons d.w owners Ership Internacional SA Madrid, outward bound from Portbury, having sailed at 11.20 hrs.

At 13.36 hrs bulk carrier **ID Bulker** 26970 tons d.w, owners Danskip 30 Denmark, inward bound for Newport.

26.2.10 at 13.24 hrs vehicle carrier **Aquarius Ace** 14353 tons d.w, owners Aurora Car Maritime Transport Japan, inward bound for Portbury

27.2.10 at 17.45 hrs cargo vessel **Monica Meuller** 3750 tons d.w owners Brink & Wolffel GMBH & Co Germany, inward bound for Sharpness

28.2.10 at 11.47 hrs container ship **Petuja** 7200 tons d.w owners Petuja Germany, inward bound for Portbury.

1.3.10 at 13.20 hrs chemical tanker **Stolt Puffin** 5737 tons d.w owners Stolt Puffin B.V. Netherlands outward bound from Barry.

At 14.00 hrs vehicle carrier **Grande Sicilia** 12353 tons d.w owners ACL Shipholding 2004 Ab Italy in Grimaldi Line of Italy colours outward bound from Portbury having sailed at 11.18 hrs.

2.3.10 at 09.07 hrs molasses tanker **Zapadnyy** 3297 tons d.w. owners Yugreftransflot Ukraine inward bound for Avonmouth.

At 13.20 hrs cargo vessel; Bravery 1864 tons d.w owners Amasus Fleet BV Netherlands outward bound from Newport.

At 14.00 hrs vehicle carrier **Courageous Ace** 19927 tons d.w, owners Courage Shipholding SA Hong Kong, inward bound for Portbury

5.3.10 at 08.15 hrs cargo vessel **Aspen** 3037 tons d.w, owners Aspen Shipping Ltd Netherlands, inward bound for Avonmouth

6.3.10 at 15.45 hrs orange juice tanker **Orange Star** 12320 tons d.w owners Atlanship S.A Switzerland outward bound from Avonmouth having sailed at 09.00 hrs.

7.3.10 at 0742 hrs vehicle carrier **Grande Europa** 18461 tons d.w owners Grimaldi Line of Italy inward bound for Portbury.

8.3.10 at 12.50 hrs bulk carrier **King Sail** 177643 tons d.w owners Jin Fan International Co. Ltd China outward bound from Port Talbot having sailed at approx 08.00 hrs

11.3.10 at 0833.hrs container ship **Sara Borchard** 11431 tons d.w owners Buxtehude Schiffahrts Germany, inward bound for Cardiff.

14.3.10 at 12.33 hrs vehicle carrier **Coral Leader** 12164 tons d.w owners Kujyukuri Maritime SA Norway in Nippon Yusen Kaisha of Japan colours, outward bound from Portbury, having sailed at 0952 hrs **Norman**

April Diary 2010

Friday 2nd **Good Friday** Saturday 3rd

10.30am Easter Bonnets - craft session at Bideford Library for over tel Maggie 421956 fives tel 476075

11am North Devon Ramblers walk from Brownsham tel 01271 863727 8pm Bideford Folk Club- Joiners

Sunday 4th **Easter Day** Monday 5th

10am-5pm Hartland Arts and Crafts Kingsley Hall Westward Ho! Tel Easter Fayre (till 8th April)

Tuesday 6th

2pm Bideford WI Communal Room 8pm-12pm Elizabethan Club, Copps Close

7pm Duplicate Bridge at the Durrant Hotel tel 476634

7.30pm Northam Choral Society at 8.30pm Quiz at Seagate Methodist Church Hall Northam 476454

Bideford Camera Club, Bideford Youth Centre

REME North Devon Branch at Appledore Social Club. Tel 424946 7.30pm Northam Choral Society & Wednesday 7th

2pm Bideford Readers' Group at Bideford Library tel 476075 for details

Friday 9th

7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

Sunday 11th

8.30pm Quiz at Seagate Hotel Appledore

Monday 12th

10am Lip reading classes at Ethelwynne Brown Close tel 07923536908

7.30pm Bideford Stamp Club at Youth centre tel 472101

Tuesday 13th

10.30am Macular Disease Society meets at Burton Art Gallery tel 01237 474128

7.30pm Northam Choral Society meets at Methodist Church Hall Northam 476454

Bideford Camera Club, Bideford Youth Centre

Wednesday 14th

Royal Hotel tel 423153

10.30am British Epilepsy Society Barnstaple Library

2p m (speaker at 2.30pm) Bideford details Library Group Bideford Library

Thursday 15th

2.30pm Thursday Fellowship at Northam Methodist Church Hall

at Kingsley Hall, Westward HO!

Arms' tel 470792

Friday 16th

7.45pm Sequence dancing at 01769 540309

Saturday 17th

Westward Ho! 'Eyes for George' tel Sun. 9th 470006 (Alan Lewis Jazz Band)

Sunday 18th

Hotel Appledore

Monday 19th

8.30pm North Devon Jazz Club at Beaver Inn Appledore 421065

Tuesday 20th

Methodist Church Hall Northam 476454

Bideford Camera Club, Bideford Youth Centre

Wednesday 21st

2.15pm Meditation at Bideford Library tel 476075

Thursday 22nd

1 pm Wouldcare AGM Wooda Surgery ,Bideford

8pm Bideford Folk Club- Joiners Arms' tel 470792

Saturday 24th

6.45pm Westward Ho! Golf Club 'Out of Africa' charity dinner and dance'

Monday 26th

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 474822 Tuesday 27th

7.30pm

REME North Devon Branch at Appledore Social Club. Tel 42494 Wednesday 28th

10.15 Bideford Probus meets at Royal Hotel tel 423153

1pm One stop shop help with 10.15am Bideford Probus meets at internet and Cvs at Bideford Library tel 476075 for details

> 7.30pm Bideford Gardening Club Bideford Library tel 476075 for

7.30pm North Devon Humanists at Phone 476045 for details/transport Fremington Parish Hall tel 477851

Thursday 29th

7.30pm Modern sequence dancing at Kingsley Hall, Westward Ho!

7.30pm Modern Sequence dancing 8pm Bideford Folk Club- Joiners Arms' tel 470792

Ist May-2nd May

9am-6pm Devon Food Fayre at Atlantic Village

10am - 4pm Bucks Mills Art Group exhibition (till 2nd May) at village hall

Sat. 8th May 10 am ~ 3pm Buckland Brewer plant sale

11 am ~ 3pm Buckland Brewer plant sale

12.30 pm Buckland Brewer safari lunch £7 ~ Dennis Green 451271

How to Contact Us

Bideford Buzz is produced by a team of volunteers with financial and practical assistance from Devon County Council's Library Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre and Devon Community Foundation.

If you are interested in helping produce this newsletter, we will be pleased to hear from you.

Please note that for commercial advertisements, there is a charge from £15 per month cheques payable to Bideford Buzz Newsletter Group.

Any items for inclusion should be sent by the 15th of each month to Rose Arno, Bideford Library, New Road,

Bideford EX39 2HR. Tel. **01237 476075** or email:

editor@bidefordbuzz.org.uk

or visit our website at: www.bidefordbuzz.ora.uk (4,000 hits monthly)