



# BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho! and villages west as far as Hartland

For details of how to contact us, see back page

## MERRY CHRISTMAS



### CHRISTMAS LIGHTS SWITCH ON

This takes place on Saturday 4th December.

Events for the day include street entertainers, live music from Bideford Town Band, a storytime for children and adults at Bideford Library at 4.00pm, and finally the arrival of the Reindeer in time to switch on the lights on or around 5.30pm. Live stalls, a roadshow by Chapple and Carols by St Mary's Primary School complete the picture.

Events start at 2.00pm and finish around 7.00pm.



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### WHAT'S INSIDE BUZZ THIS MONTH

- ★ **20 Pages of Information** - Events and interesting tidbits about your community
  - ★ **Including Special Features** and diary for December and January
  - ★ **'Christmas Day in the Workhouse'** North Devon Aircrew Association
  - ★ **Alf Elphick's Story**
- ... plus all the regular articles

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## 'Christmas won't be Christmas' - A quiz for Christmas

**Christmas won't be Christmas without my Bideford Buzz because... Christmas is coming and the goose is getting fat - I need a festive read and the Bideford Buzz's just that! '**

Congratulations to Ian Hayter for this seasonable and apt tie-breaker. He wins the voucher for £20 to spend at Mill St Butchers. The answers to the quiz were:- 1. Little Women, 2. Reindeer 3. Rotary Club. 4. Kathleen and May 5. North Devon Hospice and Children's Hospice South West; 6. Robins 7. Mill St Butchers

### CARDS FOR GOOD CAUSES AND FAIR TRADE GIFTS

On sale at St. Mary's Church Bideford until Wednesday 8th December,

**10am. to 4pm. Monday to Friday ; 10am. to 1pm. Saturday.**

**Free parking** all day in Bideford and Northam on **Saturday 11<sup>th</sup> December**

### THOUGHT POEM

I have walked these woods with you, a dark  
December night,  
when we went out to fetch the logs  
with sleigh, and bells, and running dogs,  
into the clear starlight.

The trails we left soon filled again, soft silence in  
the air,  
and we sang loud a winter song,  
and filled our hearts the way along,  
with never a moment's care.

Christmas eve, and cold with snow, the fire burning  
bright,  
and me with gloves of scarlet hue  
and me, the sleigh, the dogs and you,  
into the frosty night.

And soon it was that we were home, a lantern at  
the door,  
and in we came with smile and cheer  
and everybody waiting here,  
as they had been before.

Fear of dark, and fear of foe, I left them all behind,  
my trust in you was deep and strong  
so pleased I was to come along,  
with joyous peace of mind.

But sadly, it was never real, that you and I had  
gone  
away from home and firelight  
into the dark and snowy night,  
to where the moonlight shone.

Winter winds seduced my face, and snowflakes on  
my hand,  
and you with strong arms full of wood,  
looking like a saviour should, I hope you'll  
understand.

It's just a dream that haunts and clings, at odd  
times in the year.  
When I am sitting all alone,  
and musing quietly on my own,  
it fills me with the fear,

that I might never see the woods in darkness, full  
of snow  
and never know the peace of night,  
with someone trusted holding tight  
to never let me go.

***By Sue Valentine***



## Bideford Blind Club

Local people may not be aware that there is a social club run by volunteers in Bideford that caters for both blind and partially-sighted persons along with their carers/friends and relatives. The club, which has been operating for over 30 years, meets once every two weeks; usually on a Tuesday afternoon from 2.00pm – 4.00pm in the Community Room on the 1<sup>st</sup> Floor of Glebefields House, Glebefields Court in Northam. A mix of fun and games, activities and entertainment is provided followed by tea and biscuits or sometimes a lovely cream tea. Members pay only £1-00 per meeting and bring any small items suitable for a 50p raffle. Outings and occasional lunches at local venues are also enjoyed, many grant-aided, so free to members of the club. A spin-off group also enjoys volunteer-supported indoor bowls at the local bowling club once a week. Some of the recent events include: a talk about the local Ring and Ride operation; a visit from a blind climber talking about his experiences whilst mountaineering in the Himalayas; a musical afternoon with local group Mishmash and an outing to see the Aladdin pantomime at Barnstaple. Transport can be arranged and there is always a volunteer helper at the centre to guide them to the meeting area. We are really keen to welcome new members from the Bideford and Torridge areas; telephone our secretary **Jan Smith on 01237 424759** for more details.

## Appledore Singers

Christmas is coming and the Appledore Singers invite you to join them for their annual Charity Concert at the Kingsley Hall, Westward Ho! on Sunday December 19, 2010 at 2.30pm. Their guests, this year, will be the Torrington Silver Band and we will all be presenting a wonderful concert of Christmas Music, Carols and lots more. There will be the usual splendid raffle of exciting Christmas Hampers and of course, tea and mince pies for everyone. Tickets are £6.00 per head, children free, and are available from choir members or at the door on the day. We look forward to you joining us and starting off your Christmas week with a good Sunday afternoon concert



## From the Members of the Lions club Bideford

A very happy Christmas and peaceful New Year to all the residents and organisations in the area who helped the Lions to make life better for many people and groups.

Would you like to start the New Year by joining Bideford lions? Make new Friends, have fun and give back some of your time

Come and visit us at the Royal Hotel. We met on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays each month at 7.30pm

If you require further information please telephone either Lion Colin Rickard 01237 473479 or Lion Mike Green on 425198

**Mike Green**



## Christmas Project 2010

The TTVS Christmas Project has been running for 21 years. It helps families by giving them food vouchers just before Christmas. The money is generously donated by local charities, trusts, churches and individuals. The families in need of help are referred by local professional workers and voluntary groups.

All the money donated is used directly for food vouchers: there are no handling costs. Where a specific need is identified, a gift may also be given to children. Last year 117 families received vouchers and those families had 209 children between them! I expect the demand to be even greater this year as the recession bites and more people are out of work. There are many families in the Torridge area that will be unable to cope without support.

If you would like to help by making a contribution, there's a collecting box at the Volunteer Centre in Bridgeland Street in Bideford or you could send a cheque, payable to TTVS, to: TTVS, 14 Bridgeland Street, Bideford EX39 2QE

**Brenda Schaaf**, TTVS Volunteer and Christmas Project Coordinator

## Green Matters

### Bideford Sustainability Group News

Since the last update we have enjoyed a fascinating and entertaining talk by Brigit Strawbridge from TV's 'It isn't easy Being Green' (funded by Torridge Action Group for Sustainability) and an informative and fun afternoon as part of the Biosphere Action Week.

Jo Hynes gave an information packed and inspiring talk on 'Gardening for Bees'. The talk was followed by a practical workshop by Stuart Fuller on 'Making Nest Boxes for Solitary Bees', out in the sunshine on Bideford's Old Station platform.



The group has formed 3 focus groups on the subjects of food, Transition Towns and skill sharing. All three groups are planning events & activities, so watch this space! We'd love to hear from anyone who would like to get involved – contact Stuart or Jane (see below). We hope to have a website for the group soon, too.

If you would like to join the group and be put on our email list to receive information about what we're doing and up and coming events, please contact:

**Stuart Fuller:** [stuart.fuller454@btinternet.com](mailto:stuart.fuller454@btinternet.com) or **Jane Williams:** [janeshiptonwilliams@lineone.net](mailto:janeshiptonwilliams@lineone.net)

## News from the Burton Art Gallery & Museum

It's that time of the year again – for the Burton Gallery to show off local talent, with which our region is particularly blessed. The Open Annual Christmas Exhibition carries right through until 19<sup>th</sup> December. All works are for sale, and the Friends, who organise the exhibition, take a small commission of 20%, which goes into their funds to support the Gallery. So while you are wondering what to buy for someone special, why not call in and choose an original work of art? There are over 200 items to delight the eye, and the prices are not out of this world; paintings, sculpture, ceramics, textiles, and there's such a variety. Artists come from all parts of the South West, desiring their work to be shown in our very special Art Gallery, donated to the town by Thomas Burton in 1951, in memory of his artist daughter, Mary, who tragically died young in 1949. It's a show case for all aspiring artists, both amateur and professional.

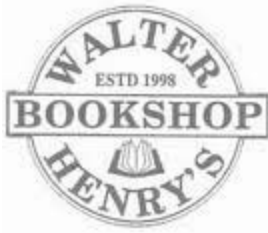
And while you are there, take a long look at Hilary Paynter's wood engravings in gallery I. You will be amazed at the detail, and the subject matter, which ranges from the light-hearted to the social and political, the dark as well as the sunnier sides of life. Hilary, who lives in Bideford, is currently the President of the Royal Society of Painter-Printmakers, and her work can be seen in the V. & A., the Fitzwilliam and Ashmolean Museums – and if you go to the Newcastle Metro, all the panels on the walls are Hilary's work.

In January 2011 the Permanent Collection will be on display in the exhibition rooms.

The Gallery shop has lots of gifts for children, books for artistic adults, and quality cards; the Craft Gallery has some wonderful works of art, ceramics, jewellery, prints, textiles and metalwork, perhaps just what you are looking for. The Museum and Ceramic Collection will keep you occupied in a warm place while the winter winds do blow, and the Cafe du Parc is waiting to serve you with comfort food and gorgeous coffee and cakes.

The Friends have arranged a Quiz Night in the Cafe du Parc on **Friday 10<sup>th</sup> December**, to which all are invited. There is a one-course supper, costing £12, . Booking: phone 01237 471455.

Admission is free to all areas of the Gallery, and it's open from Monday-Saturday: 10-4, and on Sundays from 11-4. And a Happy Christmas to all readers from the Friends of the Burton Art Gallery & Museum, **Diana Warmington, Secretary.**



## Book of the Month

[Walterhenrysbookshop@yahoo.co.uk](mailto:Walterhenrysbookshop@yahoo.co.uk)

Turn off the TV and join *Parlour games for modern families* in bringing some laughter, silliness and fun back into your living room. All you need is imagination and a sense of humour (plus a few objects from around the house - dice, pens, a pack of cards)



From familiar games like **picture consequences** and **Bingo** to old favourites like **murder in the dark** and **snap**, and from self explanatory games like **group juggling**, to the more unusual like **hot buttered beans**, **farkle** and **throwing the smile**, you'll soon be squeaking, calling, laughing and scribbling with the best of them.

A good time is guaranteed for all!

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## YOGA With **ATSUKO**

Monday and Friday 10am-11.30am



Tuesday 7pm-8.30pm

**At Alwington Village Hall, Fairy Cross**

ALL WELCOME

**Enquiries** (01237)451813

**Text** 07500497162

**Email** [akato@live.co.uk](mailto:akato@live.co.uk)

Or just turn up!



## BIDEFORD BAY CHILDREN'S CENTRE PAGE



### 'Welcome to Winter'

Stories for Christmas for all ages at Bideford Library 4pm Saturday December 4<sup>th</sup> No need to book ; Refreshments. Join us before the reindeer arrive at 5.30pm

### Children with disabilities

December sees the United Nation's International Day of Persons with Disabilities. If you are a parent who hears that your child has a disability it can have a profound affect, both on you and other members of your family. You'll have a range of conflicting emotions, from fear and denial, to hope and acceptance. Eventually you will begin to recognize that having a disability is another way that we all differ from each other. Many families have become stronger, more loving, and more closely knit because of a disability in the family.

Children with disabilities are children first: they need to love and be loved. It is important to have a positive attitude and help your child learn, to help him or her develop their unique personality, dreams and interests. Although your special child will come to realise that he or she can't do everything, you should always encourage them to take on new challenges. Tell your child to "have fun, and do your best."

For local children who have special needs and their families, Devon Portage provides a weekly, term time, home visiting service. Portage is based on the common sense principle that parents know their children better than anyone else and need to be the key figures in the care and development of their child.

It can be crucial for you when you first learn of your child's disability to join a support group. At first you'll be the one asking for help; eventually others will benefit from your experience. In partnership with Devon Portage, Bideford Bay Children's Centre runs Step by Step, a support group for children under 5 with additional needs and their parents. It provides ideas to support the children's development step by small step. It is on Thursdays from 1.30-3.00pm at the Children's Centre in Victoria Park, Bideford.

**To find out more, contact Devon Portage at the Rainbow Early Years Support Centre, Victoria Road, Barnstaple, EX32 8NP on- 01271 859026, or Bideford Bay Children's Centre on 01237 425752.**

### New service for North Devon

The national organisation **Relate** is on hand to help families who are having difficulties in functioning as a unit. In their Barnstaple Centre, counselling is available to couples, children, siblings, grandparents, parents and extended families. Counsellors encourage each family member to have a voice and to play a part in the resolution of difficulties. Said Rebecca Wellaway, manager of Exeter and District Relate, "This is a natural progression from the work that we do with couple relationships. There are so many big changes that families have to undergo; changes that can cause stress for everyone. And it is really exciting for us to have the chance to extend our service in this area." **Anybody who is interested in finding out more can contact Relate on 01392-275681 or look on the website [www.relateexeteranddistrict.co](http://www.relateexeteranddistrict.co).**



### The alive bears - a story by Jasmine N Fey

There was once a little girl, who loved her toy bears and sometimes in the night they ate lots of pears. But when it came to other foods, they weren't really in that sort of mood. They liked to dance in her room when everyone was asleep and sometimes they even asked the toy babies to bring out the toy jeep.

But when everyone woke up they had to be as still as a brick and couldn't move one bit. Now one night the girl couldn't sleep and the bears wanted to buy the toy jeep. The little girl saw a bear moving, she went to get a soothing drink, but when she came back she went pink! **The End**







## **Funding Our Future - Demolition March 10-11-10**

"No 'if's . . . No 'but's . . . No education cuts!" and a thousand other chants (some of which being not so polite) echo around me as I stand well within the mist of over 52,000 people and a sea of placards bearing similarly themed messages. Brightly coloured letters scream "fund our future!" and "You think the price of education is high? Wait until you see the price of ignorance" to name but a few.

There were also, as to be expected, a whole host of politically themed pieces, my personal favourites being the gently offensive yet humorous "I am the ghost of Nick Clegg's integrity" and the uncharacteristically polite "David, you're useless".

For a small country girl from Devon, the sheer size of the crowds stretching all the way from the Tate to back past Horse Guards in Whitehall was a little overwhelming to say the least. The five others in my party and I it's fair to say, felt ever so slightly outnumbered next to the hundreds of students from Leeds University alone. In fact, the joint protest march, put together by the National Union of Students (NUS) and the University and Colleges Union (UCU) to combat both the proposed cuts to the educational sector as well as massive hikes in university tuition fees, turned out to be the biggest educational demonstration



in over a decade, with over double the expected turn out.

I can honestly say I've never seen so many people in one place before, all united for one common cause; standing up to be counted and letting our politicians know that this is an issue we're highly concerned about and want them to keep their promises on.

Cuts to education and the proposed trebling of university fees is something that affects everyone, and is something that all young people should think hard on – this is

something that will affect you at some point in your life, and your views should not be ignored. Standing in the midst of tens of thousands of similarly minded people was a very special feeling.. The solidarity of shared views and hopes of change provided an almost electric atmosphere; something new and exciting is happening, this is only the beginning.

As much as I'd love to waffle on forever about students and lecturers standing up against the cuts, it's probably fair to say if you haven't heard about the Millbank incident then you've most likely been under a rock these past few weeks. I can't say I ever envisaged our "little" march making international headlines and causing millions of pounds worth of damage, but you can't shy away from the fact it happened.



However, I think it's important to point out, that having seen the violence begin to start in front of my eyes, it was only a very small minority of deluded individuals who seemed to think that smashing things would be a good course of action. Taking a look at the people doing the smashing in question, it was also clear to see that these people weren't empowered students exercising their right to peacefully protest, these were violence junkies jumping on any bandwagon they could. Sure, it was plastered all over every national and international newspaper the next morning- an interesting sight for my tired eyes as I rifled through the news stand- but I think it's important that we don't let a small minority distract us from the point. Over 51,000 students, parents, lecturers and other concerned individuals marched peacefully throughout the streets of London, standing up for their point and cause, and even if through sheer volumes alone, we were heard. If there's something you're passionate about, whatever the issue may be, stand up and make yourself heard. You can make a difference.

**Jemma Collins**

**Thanks to Jemma for contributing this month. If you'd like to write for next month's Youth Page, email [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk)**



# Good Age Page



## Does anyone else remember?

American army camps at Newton Road and on the left of the hill up to Westleigh?

A crashed Wellington bomber at Roundhill, East-the-Water, with loss of life. A plaque by the Canadian Air Force stands on the Tarka Trail nearby?

(Any comments on the piece would be welcomed by me.)

[ajs777@tiscali.co.uk](mailto:ajs777@tiscali.co.uk) and see 'You write' page

\*\*\*\*\*

## Senior Council

Wednesday 26th January 2011. Bideford Town Hall 2.10pm

"Volunteering - the Opportunities and Personal Experiences" All welcome You may wish to know that we will be hearing from Harriet Croft about Arlington Court and from Jenny Fish about the Voluntary Sector Resource centre.

\*\*\*\*\*

## Holiday Complaints

This was sent from Thomas Cook Holidays - listing some of the guests' complaints during the season. (Survey by Thomas Cook and ABTA)

"I think it should be explained in the brochure that the local store does not sell proper biscuits like custard creams or ginger nuts."

"It's lazy of the local shopkeepers to close in the afternoons. I often needed to buy things during 'siesta' time - this should be banned."

"On my holiday to Goa in India, I was disgusted to find that almost every restaurant served curry. I don't like spicy food at all."



"We booked an excursion to a water park but no-one told us we had to bring our swimming costumes and towels."

A woman threatened to call police after claiming that she'd been locked in by staff. When in fact, she had mistaken the "do not disturb" sign on the back of the door as a warning to remain in the room.

"The beach was too sandy." **More 'complaints' next month! Thanks to John Henderson for these**

## Seasonal Flu

The annual seasonal flu campaign has been launched for people who are at risk of seasonal flu. Everyone aged 65 and over is routinely offered the vaccination, as those with long-term conditions such as heart disease, diabetes, asthma, multiple sclerosis and serious kidney or liver disease. Every year there are approximately 8,000 flu-related deaths in the winter months in England and Wales – these deaths are avoidable. **For more information contact Paul Hopkins on 01392 267 647 or 0797 133 0491**





## Good Age Page



### North Devon branch of the Air Crew Association.

The Association is open to all holders of a flying brevet, whether, Army, Navy or RAF. We hold a monthly meeting at the Wrey Arms, Barnstaple and a very convivial monthly luncheon at a convenient hostelry.

We also welcome Associate members, male or female, young, or not so young, who have an interest in flying. They are welcomed to attend the monthly luncheon and the summer picnic; also the monthly talk, which is after the committee meeting at the Wrey Arms. On the conclusion of the meeting, at midday, a number of the members, and associates, stay on for a chat, a drink, and/or an excellent lunch.

If you are interested in becoming a full member, or associate, please contact our secretary, **Denis Green, telephone 01237 451271 or Bill Akister on 01237 475906.**



### 'Not Forgotten

Alf Elphick lives in Braunton. He joined the RAF as an apprentice in 1938, when he was 15 years of age. After training he became a ground engineer fitter and was posted to a maintenance unit serving Spitfires. In 1942 when he reached the age of eighteen he volunteered for and was accepted as a flight engineer. He was then posted to RAF Downham Market to join the 7 man crew of a Short Stirling bomber. His pilot (the skipper) was a Canadian

His first operation at the age of 19 was to lay mines off the coast of Holland; incredibly he went on to complete thirty operations (a tour) bombing various targets in France, Germany, and Italy; the chance of any crew in bomber command doing this was 1 in 3. 55,000 aircrew were killed, mostly in bomber command.

On his last trip the plane was attacked by a German night fighter and although the mid upper gunner was badly wounded and the aircraft severely damaged, the pilot managed to make it back to England.

In 1944 Alf was rested from operations and posted to RAF Stradishall where his job was to train replacement Flight Engineers.

Then against all the odds he volunteered for a second tour of duty, not a common choice, and was posted to 149 squadron at RAF Methwold where the squadron had converted to the Lancaster bomber. It was on this second tour that he was awarded the DFC (Distinguished Flying Cross) Then as a very lucky man, having survived two tours (52 operations) he married his childhood sweetheart. They had a wonderful life together, blessed with a daughter, Susan, and married for 62 years. Sadly Alf's wife died in 2007. This is an insight into what life was like for a 19 year old boy in the early 40's. Now aged 87 Alf lives a quiet life in Braunton, one of many local men who would never think of themselves as heroes.

**Michael Darling,**





**December** is a winter month in all but name. The leaves have fallen from the trees, animals are beginning to hibernate, birds have migrated, and the weather is usually wet, frosty, or the earth covered in a blanket of snow. The natural world has gone to sleep

However, the human world is just waking up, because December 1st marks the start of the Great Run-Up to Christmas, as everyone busies his or herself (mostly herself) with the tasks of writing Christmas cards, buying Christmas presents, ordering the turkey, or making and buying in the food for the Christmas day extravaganza. The men, perhaps, will be putting up the Christmas tree, and the children decorating it in preparation for the Big Day on December 25th.

Of course, strictly speaking, early December, is the season of Advent celebrating the coming of Christ, and Christmas Day is only the first of the Twelve Days of Christmas. December 26th is Boxing Day, when it was traditional for employers to present their workers with a Christmas box, containing produce or money, in appreciation of the service they had rendered throughout the year. This custom still survives in some quarters, where it is common to give public sector workers, like postmen or refuse collectors a Christmas box for services rendered.

December 28th is Holy Innocents Day, which commemorates Herod's massacre of little children in his attempt to rid himself of the baby Jesus.

Of course December 31st is New Year's Eve, when the Western world stays up till midnight and beyond to welcome in the New Year. I remember when there used to be a race across the Old Bridge in Bideford to see if anyone could run from one end of the bridge to the other whilst the clock church bells struck twelve. I can't remember when this tradition came to an end, whether a cup was awarded to anyone who succeeded, or how often the feat was achieved. Perhaps readers could enlighten me on this point. Now people come from miles around, not to mention other parts of the globe to see in the New Year, often in fancy dress, as they do in Trafalgar Square (London). Tron Kirk (Edinburgh) and Times Square (New York), no doubt aided by the proximity of a number of alehouses in town.



This is also the traditional time for writing out one's New Year Resolutions. I must confess that one of my most productive years (many years ago) was when I made a number of sensible resolutions, then kept a diary for a year to ensure that I kept them!

The 6<sup>th</sup> of January is the festival of Epiphany, commemorating the visit of the the wise men from the East to Jesus. It is also Twelfth Night or the last day of Christmas, by which time all those Christmas decorations should be down.

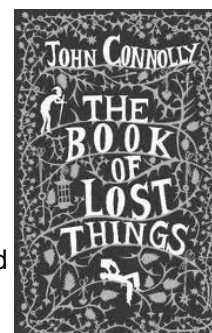
**In the meantime, a merry Christmas and a Happy New Year to all our readers.**

**Chris Trigger**

## **Lost at Sea**

In September four members of the Random Choice Reading group were on a sailing holiday in Turkey. Since their next meeting was due the day after their return, they needed to finish the book on holiday.

One member (who shall remain anonymous) was reading his book whilst dangling his legs over the rear of the boat; due either to disinterest or sleep, he inadvertently let it slip unnoticed into the Aegean sea. Moments later there was a call of 'Book Overboard' from the side of the boat. The book lay in the sea floating gently on its back. Another member of the group sprang on to the rail and with a Tarzan like swallow dive shot into the sea and rescued the book. Unfortunately despite his efforts the book never regained its original quality, and had to be replaced. And its title ... **'The Book of lost things'**



## 50 Stalls at Hartland Christmas Markets!

**December 5<sup>th</sup>** in Hartland is a fantastic chance to sort Christmas. Hartland will be humming with both the Christmas Farmers' Market and a seasonal Craft Fayre. The events have attracted 50 stalls, with all your favourite Farmers Market food traders at the Parish Hall, and a host of the county's best craftspeople and artists at the Small School.

This year's Christmas Market will have stalls selling the best local meat (including free-range turkeys, geese, venison and pheasants), smoked fish, fruit and vegetables (including organic), pies and pickles, pates and preserves, fair trade produce, cakes, honey, ice cream, plants and flowers, hand-made sweets and chocolates, cheeses and cakes, bread, soups and pasta sauces. Meanwhile at the Small School local craftspeople will be on hand to help you out with a selection of wonderful gift ideas, including jewellery, pottery, silks, prints and photos, and hand-made books and cushions.

Market organiser, Rod Landman, said, "It will be a fabulous day, with a really special atmosphere, and something for everyone. Across Hartland we are offering the complete answer to Christmas shopping for people. The Farmers Café will be open for business at the Hall offering the usual fabulous breakfasts, with a soup and cake café at the Craft Fayre. The markets have extended hours, and will run from 10am - 2pm (3pm for the Craft Fayre).

You can get more information on the markets from Rod Landman on 441 786, or email [rod.landman@virgin.net](mailto:rod.landman@virgin.net).



Marie Curie Cancer Care will be holding a street collection in Bideford in March 2011 as part of their Great Daffodil Appeal. We are looking for local residents who would either be willing to organise the collection or give some of their time to collect for us on the day. If

either of these roles interest you please get in touch with our Devon fundraising office on 01884 703535. By giving some of your valuable time to the Great Daffodil Appeal you will be playing a vital role in helping people in Devon to spend their precious last days and weeks at home with their families with the help of Marie Curie Cancer Care Nurses.

**Michelle Mahdon**  
**Community Fundraiser - Devon**

## CHRISTMAS AT ST MARY'S CHURCH BIDEFORD

Everyone is most welcome to our Christmas services which are:

**CANDLELIT CAROL SERVICE**, followed by mulled wine and mince pies. Sunday 19 December at 7 pm.

**NATIVITY SERVICE**, especially for families with young children. Christmas Eve at 4 pm. Children can come dressed as angels, shepherds, kings or Roman soldiers and join in with the Christmas story.

**MIDNIGHT MASS**, Christmas Eve, at 11.30 pm. Traditional Eucharist with carols and incense, starting in candlelight.

**CHRISTMAS MORNING FAMILY COMMUNION** with carols, Christmas Day at 10 am. Children can bring their presents to show everyone. Enquiries to St Mary's Church Office, 9 Church Walk, Bideford, EX39 2BP; tel 01237 474078.



FREMINGTON HOMES  
*home from home*

### FREMINGTON HOMES

Fremington Homes provide an alternative to going into residential care when your own home becomes too lonely or too much for you, by providing tenanted accommodation for elderly people in North Devon. Spacious bungalows, set in large pleasant gardens, are created to be a real 'home from home' with 6 people per bungalow. Tenants can enjoy privacy in their own rooms (which they can furnish as they please) as well as company in the communal rooms. Support and/or care is available 24 hours a day. Fees are inclusive of rent, food, building maintenance, bills – most tenants are entitled to benefits to help with this and Fremington Homes can arrange a personalised payment plan to assist. Why not visit our website [www.fremingtonhomes.co.uk](http://www.fremingtonhomes.co.uk) for more details.



We currently have a single en-suite room and a double en-suite room available in Warren Lodge in Branton. Call 01271 889152 for more details.

**We also have a brand new lodge opening at the beginning of December 2010 in the Yelland/Fremington area and we will be holding an Open Day on 1 December. Call 01271 889152 for further details or if you would like to reserve a room.**



### Burglaries in Torridge. How safe are we?

North Devon including Torridge, is the best performing Police Force in Devon and Cornwall, and Devon and Cornwall rated the fourth safest area to live in England and Wales, so we are well protected. As an extra bonus Torridge Police Force, are 'top of the pile' in the Devon and Cornwall area, with a detection rate of 47% for dwelling burglaries.

#### **"The fear of crime in our area is far worse than the actual crime committed"**

In Torridge we average around three burglaries a week and dwelling burglaries, at most, one a week. The majority take place in business premises and unoccupied buildings and when the buildings are insecure; we have recently had a few thefts of scrap metal due to its high price. The cost of security is high if you have to employ a specialist firm, but extra lighting and keeping your goods out of sight and under lock and key is often a very good deterrent

Dwelling burglaries usually occur when no one is at home and the dwelling is left insecure with windows or doors not made secure. In the majority of incidents the garage, garden shed or greenhouse is targeted, where the chances of getting caught are far less. In a number of cases a door key has been left under a plant pot or some similar object and it does not take too much imagination to find them.

What can be done to minimise crime? Make sure you have decent locks and have not left anything outside to aid the burglar, like a ladder. Do not leave your curtains open on dark nights. Keep all keys and valuables out of sight. Buy padlocks for outbuildings with a built-in alarm, not expensive, and a great deterrent. Use security lights. Our object in Neighbourhood Watch **is to prevent crime by raising awareness, without increasing the fear of crime.**  
**Tom Carrick. (Chairman), Neighbourhood Watch.**

## You write .....

### Zebras arriving by train?

As regards the July edition of Bideford Buzz, when I said that elephants and giraffes came to Bideford Zoo, I should have said that it was for Bideford Circus, not the zoo. This must have been about 60 years ago and they came to the railway goods yard. When we were small we used to sit at the top of Barnstaple Hill and see cows, sheep and pigs being driven from farms all around by foot to be shipped out by rail wagons; the yard was very busy all the time with goods coming in and out.

### Derek Barnes

Mr Short has very kindly donated a guide to Bideford Zoo which states that the Zoo opened in 1966. It is a fascinating booklet and describes the zoo and the animals kept there in some detail. Anyone wishing to see this can ask at Bideford library where it will be kept for reference only (Ed)

### Does anyone else remember?

I was very interested in the Good Age page in November especially Tony Sanders' article. I am researching the impact of World War 2 on children in Bideford, Appledore, and Instow areas and would like to know how much he has gleaned.

The Maritime Museum and Bideford 500 club have asked me to do some research for this

### Diana Yendell

### DUKW

I may be able to help two of your correspondents to the last 'Buzz'. Tony Sanders wonders if anyone remembers when Bideford children were given rides in DUKWs to celebrate the end of the war? I wasn't born in 1945 but I do have a series of photographs illustrating this event one of which I include here. Others have appeared in my various books.

### Peter Christie



### Old Town Graves

Nickie Joy asks if anyone recalls 'the rumour that there were three bodies found chained together in the Old Town

Cemetery' around 1998-99? The truth is not quite so melodramatic. Only one skeleton was found lying in a rather handsome brick built and painted grave about 4' 6" deep with a slate slab over the top at the surface. The remnants of a chain were found mixed in with the bones. I was asked to examine it before it was covered over and have a few photographs of it. It was clear that a further body(ies) was expected but never turned up - hence the absence of earth in the grave. What the chain was doing there is a mystery. The cemetery was opened in 1842 - some years after body-snatching was rendered unnecessary so it wasn't a defence against these ghoulish gentlemen. I suspect it was holding the roof slab in place prior to re-opening and had fallen in due to rusting over the years.

### Peter Christie

### Re DUKWs and LCTs.

I am 81 and was born and bred in Appledore. In my 1945 diary I have this entry on Friday May 11th.

'All the school children went on an LCT to Bideford.' can't remember much about it except that my sister and I embarked on Appledore Quay and, as far as I remember, our mother also came.

### Cynthia Snowden (Mrs, nee Reed)

## One hundred years ago from the Bideford Gazette

### East the Water Corporation

In conformity with ancient custom the inhabitants of the eastern quarter of this borough proceeded, on Saturday evening, to the election of a Chief Magistrate for the ensuing year.

Having made their selection, the usual civic honours were paid, after which a triumphal procession was formed, and the Mayor and Alderman were conveyed across the Bridge preceded by a blazing tar barrel. The customary halts were made at the inns along the route. The grandstand was made in the Market Place and here an exposition of their policy during the year of office was made, mainly reference to the imbibing of beer. We understand that the Mayor was verging on the state of incapable and he finally abdicated in favour of one of his associates. After some further noisy demonstrations the proceedings terminated.

### 'A Merry Christmas' is the greeting of the present moment.

It may be a mere empty phrase in many instances, nevertheless it is better uttered than left unsaid and even if it is the most improbable thing in the world that one's Christmastide will be merry or happy, one likes to hear someone suggest that it may be, Therefore in all sincerity do we say 'A Merry Christmas to All' and the wish is one that we hope every reader will 'pass on' in the same spirit.

### Yuletide Gifts

Cosy slippers from 6d

Dress shoes

Goloshes

Polishing sets in charming box at 6d

Set of three boot bushes 1/2d

W.H. Goodenough - Bootwear specialist

Meddon St Bideford

Gramophones from 22/6d

Phonographs from 5/6d

There is no more acceptable Xmas present than a Gramophone. Can be purchased from:-

Young's Stores

11 Mill St Bideford

Cameras, Magic Lanterns, records and flashlights  
prices to suit all pockets.

### Scene and Heard

Quite a few new children's DVDs have come into Devon libraries recently. Good to amuse the kids on cold, dark evenings, and only £1 per week hire charge. Remember over Christmas you can enjoy a 2 week loan on all titles for the same price.



### And for the grown-ups, why not try:-

#### Beneath Hill 60 (DVD)

A good honest film about the British Empire forces in the First World War, albeit from an Australian perspective. This is a gripping story based on fact and looks very realistic. Rich in detail with plenty of exciting moments. Worth watching.

#### Brooklyn's Finest (DVD)

The stories of three different and partly corrupt police officers in the New York police force. This film is stylish, gritty and intelligent, but can be a bit slow. However, in reality, most police work is pretty mundane, so all in all, not bad.

#### The Black Crows – Croweology (CD)

An acoustic album of all their best loved songs. Its interesting that The Black Crows can now be considered 'classic' or even 'veteran' having been around for two decades. And credit where credit's due, instead of churning out a standard "Greatest Hits" album, they've presented acoustic versions of their back catalogue. A veritable treasure trove of delights.

#### Sheryl Crow – 100 miles from Memphis

Sheryl has drawn on the sounds of Memphis soul for this album to produce her most heartfelt record to date. The songs are catchy, and feature Keith Richards and Justin Timberlake on a couple of tracks. It's good. **MP**



### **Bideford Centre for Divine Light**

18 Hart Street

Saturday and Sunday services 6.30pm.

With visiting mediums

**HEALING AVAILABLE after divine service.**

Sunday 7.45pm Monday 2-4 pm

For more information contact

**Ann 01805 603171/Dot 01237 471526**

### **KEEP FIT!**



fun low impact exercise to music classes  
to put a spring in your stride!

Tuesday 10-11 @ The Plough Arts Centre, Torrington  
Wednesday 10.30-11.30 @ Frithelstockstone Village Hall

Term Dates: 2 November - 22 December 2010 (8 weeks)

£5.00 per class or £35 for them all!

Jennie  
07810706960  
jennie@nimblelimbs.com  
www.nimblelimbs.com

### **Forthcoming Films**

## **BIDEFORD FILM SOCIETY**

### **Ponyo (U)**

East-the-Water School  
Fri 3 / Sat 4 December

### **Salt (12A)**

Bideford College  
Fri 10 / Sat 11 December

*JANUARY 2011*

### **Harry Potter and the Deathly Hallows Part I (12A)**

Bideford College  
Thu 6 / Fri 7 / Sat 8 January

DOORS OPEN 7.00pm FILM START 7.30pm

see weekly press for more information  
or visit [www.bidefordfilmsociety.co.uk](http://www.bidefordfilmsociety.co.uk)

Ticket Prices: General £4.50 (Concessions)  
£4.00 Members £3.50

### **OLD MOOR BOARDING**



**CATTERY LITTLEHAM,  
BIDEFORD**

Quiet Rural Location

Reduced Rates for Cats from the same  
Household

Discount for Long Stay Boarders  
Collection & Delivery Available  
Holiday Home for Cats

**'Where the Standard of Food, Health,  
Hygiene and Happiness is Beyond'  
Compare" TEL: 01237 474069**

**Pete and Sons  
Seafoods  
Butchers Row**



**Shop 5 Bideford**

**EX39 2DR 07747 187 857**

**Fresh fish from North Devon**

**delivered free locally Place your**

**order by phone or email**

**Free Delivery over £10**

[petee23@aol.com](mailto:petee23@aol.com)

### **Quaker Meetings for Worship**

are held at 17 Honestone St, Bideford  
(near Pannier market)

**10.30am on Sunday mornings**

All are welcome

Enquiries tel **01237 421549**

## Family History

Hello everybody, Christmas will soon be on us but whilst you are enjoying yourself spare a thought for the Chrismases of long ago. Turkeys don't vote for Christmas, neither did the 17th century Puritans. They abolished it all together. The cheerless world of anti-Christmas has been around for centuries. Celebrating Christmas was an illegal offence between 1644 and 1660. The religious fanatics denounced Christmas as "The Old Heathens Feasting Day, a wanton Bacchanalian feast giving liberty to carnal and sensual delights " Nice people !



There was no Christmas cheer for the paupers of Westbourne Workhouse near Chichester in 1837. The Poor Law Commissioners, having directed that the paupers in the workhouse should be dieted in a particular manner, informed the Guardians that provisions not authorised should not be offered. Christmas fell on a Monday that year so the day's three meals were to follow the invariable pattern of each and every other Monday.

Breakfast Thick soup and bread

Dinner Cold pork or bacon and bread

Supper Bread and butter or cheese. The miserable lot ! So enjoy your Christmas in these difficult times. I think I prefer these times !

The next two meeting of the Devon Family History Society are on **Sat 18th Dec 2010** and **Sat 15th Jan 2011**. Both meetings will be at the Burton Art Museum 2-4pm. Free to all. Any queries contact me Len Collum on 01237 472883.

## Family History feedback

I am impressed with November's column . Where do you find your inspiration? How did you find the catalogue entry? Love the tree illustration too. Well done.

## Christmas with a tuba

Mince pies and a tuba will feature at Bideford Music Club's Christmas concert. Travelling by Tuba is a multi-instrumental extravaganza including conch, didgeridoos, sackbut, cornett, posthorn, serpent, sousaphone and others. They perform music from classical to jazz with humorous anecdotes and informative chat which makes for an evening with something for everyone.

They will perform works by Brahms, Handel, Mozart, Schmidt, Swann, Scriabin, Kern, Kreisler and Monti as well as some traditional negro spirituals and variations by Hartman on Rule Britannia. During the interval mince pies and fruit punch will be served.

The concert will be held in the Methodist Church Hall, High Street, Bideford on December 8<sup>th</sup> at 7.30 p.m. Tickets are £10.50 (students free) and are available at the door. **For any other information please telephone 01237 423112**

## Bestsellers for Christmas

Bideford Library has a collection of 'bestsellers'- all available for 2 week loan, and longer over the Christmas period. Enjoy the latest titles by Martina Cole, Kathy Reichs, Kate Atkinson, Ian M Banks and many more. Also available Tony Blair's autobiography.

**RA**

***Abandon hope, all ye who enter here.***

This building on Meddon Street, which today provides a range of comfortable apartments and is Grade 11 listed, was once a source of fear and shame and it was not uncommon for people to avert their faces as they hurried past, so deep was the horror of this institution.



Bideford Union Workhouse was built in Meddon Street in 1837-8 to accommodate up to 200 inmates. At that time it was on the very edge of the town, the intention being that respectable members of society should not have to see it. There are no photographs of the Workhouse as it was in the nineteenth century (I would love someone to prove me wrong!) as we tend not to photograph places we find distasteful, but it is probable that the exterior walls would have been unpainted and it would have had a much more forbidding appearance than it does today.

The building, which later became a hospital, is of a cruciform design which is typical of many workhouses. This design allowed the inmates to be separated into different groups and kept strictly apart, with the Master and Matron's accommodation in the centre where they could keep an eye on the separate exercise yards. It was this segregation which people dreaded most. On entry to the Workhouse, mothers were separated from their children and husbands from their wives, even very elderly couples who had never known what it was to be apart.

The regime inside the workhouse was harsh, for conditions were intended to be worse than those experienced by the very poorest labourer. Food was in short supply and often almost inedible. Inmates had to give up their own clothes and wear a degrading uniform made of coarse cloth. They slept in dormitories and ate together in silence in the large refectory. Every aspect of life was regimented and governed by a formidable set of rules. Even the oldest, the most infirm and the children had to work within the workhouse; in addition to the work within the kitchens, laundry and vegetable garden there was stone-breaking, bone-crushing and, the most hated work of all, picking oakum. This involved inmates being given quantities of old rope which they had to untwist into many strands so that it could be reused for caulking ships. The work was carried out without tools of any kind and made the fingertips so sore that they sometimes bled.

The harsh regime ensured that only those who were totally destitute entered the Workhouse and it was not uncommon for people to choose to starve to death in their homes rather than endure the degrading conditions within. No 'relief', or benefits, were supposed to be given to people in their own homes; it was the "House" or nothing.

In the 1871 census for Bideford Workhouse there are 96 inmates. 41 of these were children, some of whom were illegitimate and were in the Workhouse with, but separated from, their mothers, who were unable to support them outside. Other children were likely to have been orphaned or placed in the Workhouse by parents who were unable to feed them. There were 10 elderly men including 81 year old William Pickard, a former sailor from Clovelly and 82 year old William Gowman, a former shoemaker from Bideford. 7 elderly women included 84 year old Elizabeth Piper, a former servant. Of those who were in the middle years, 4 were described as imbeciles, one as deaf and dumb; others might have been in the Workhouse infirmary for there was nowhere else in Bideford for the sick poor to go.

Inmates were theoretically free to leave when they wished but most had nowhere else to go. Of those who did leave, re-admittance was not uncommon, for the same reasons that had driven them there in the first place. For the elderly there was usually no prospect of leaving; they would suffer the ultimate indignity of death in the Workhouse and the dreaded pauper's funeral. Many people in Bideford will remember how their elderly relatives hated having to go into the Torridge Hospital; for them the building was still the Workhouse.

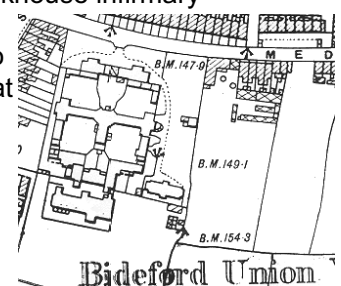
A brief paragraph that appeared in the Bideford Gazette of 1869 stated:

"Mrs Vidal's treat to the inmates and children of the workhouse was a gigantic Christmas tree, also a special dinner".

This was typical of reports that appeared in the paper around Christmas time, perhaps to assuage feelings of guilt, for at other times the Workhouse was rarely mentioned.

Inmates of Workhouses were ordinary people who had fallen on hard times, not difficult at a time when there were no pensions and no benefits. Let us hope that society never sees fit to return to those bad old days.

*The Turning of the Tide* by **Liz Shakespeare** tells the true story of a young woman from a Bideford Workhouse. £9.99 from Walter Henry's Bookshop or [www.lizshakespeare.co.uk](http://www.lizshakespeare.co.uk) (or your local library)





# THE SHIPPING NEWS



## Bideford Shipping 74

Ship	Registered Flag owners	From	To	Arrived	Sailed	Crew	Cargo Loaded
Moomerland Built 2005	StJohns Antigua & Barbuda German	Brest	Castellon	20/10/10	21/10/10	Estonian Ukrainian Russian	2950 tons ball clay
Celtic Voyager ex Waseberg 05 Built 1985	Nassau Bahamas British	Silloth	Castellon	21/10/10	23/10/10	Polish	2700 tons ball clay

**This is the first time in two years there have been two ships alongside the quay at the same time, according to the Harbour Master Capt Hoad.**

**Arco Dart** 21.10.10 ;22.10.10; 25.10.10 ;6.11.10

**Oldenburg** has ceased her sailing to Lundy from Bideford and Ilfracombe ; she no doubt will be off to Sharpness for her annual Drydocking.

### Bristol Channel Observations

**16.10.10** at 19.10 hrs vehicle carrier **Grande Scandinavia** 18440 tons d.w. owners Grimaldi Line of Italy inward bound for Portbury.

**17.10.10** At 09.13 hrs tanker **Lady Isik** 6308 tons d.w, owners Starlet Shipping Ltd Istanbul, inward bound for Cardiff passing the cargo vessel **Siegfried Lehmann** 2570 tons d.w, owners Reederei Lehmann Germany outward bound from South Wales; at 17.10 hrs cargo vessel **Kalana** 3272 tons d.w, owners Estonian Shipping Co Estonia, inward bound for Newport

**20.10.10** at 0855 hrs tanker **High Prosperity** 48711 tons d.w, owners' Blue Wake Shipping Pte Ltd Hong Kong China, inward bound for Portbury;at

09.33 hrs vehicle carrier **Grande Colonia** 12292 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury; at 10.10 hrs vehicle carrier **Coral Leader** 12164 tons d.w, owners Ray Shipping Israel on charter Nippon Yusen Kaisha of Japan inward bound for Portbury.

**22.10.10** at 11.33 hrs cargo vessel **Scot Pioneer** 3638 tons d.w, owners Scotline Ltd UK, inward bound for Avonmouth;at 13.56 hrs container vessel **Castor** 5905 tons d.w,owners Feederlines BV Groningen Holland, inward bound for Avonmouth also the vehicle carrier **Don Juan** 22514 tons d.w owners Wallenius Wilhelmsen Logistics Norway and Sweden, inward bound for Portbury.

**23.10.10** at 15.52 cargo vessel **Hurst Point** 13274 tons d.w, owners Foreland Shipping UK who operate the ship on behalf of the British Government, outward bound from Avonmouth, having sailed at 07.30 hrs.

**24.10.10** at 16.58 hrs vehicle carrier **Grande Roma** 14900 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury.

**29.10.10** at 11.00 hrs bulk carrier **Ken Giant** 28323 tons d.w, owners Ikaros Shipping & Brokerage, Pireaus Greece, inward bound for Portbury.

**30.10.10** At 12.30 hrs container vessel **MSC Patricia** 18150 tons d.w, owners Mediterranean Shipping Co SA Switzerland, outward bound from Portbury, having sailed at 23.56 hrs ; at 16.25 hrs fruit juice carrier **Bebedouro** 14873 tons d.w owners Atlanship SA Switzerland, inward bound for Avonmouth.

**31.10.10** at 15.20 hrs cargo vessel **Velserdijk** 4450 tons d.w Naviga Shipmanagement BV Netherlands, outward bound from South Wales.

**1.11.10** at 16.35 hrs cargo vessel **RMS Voerde** 2460 tons d.w. owners Rhein Mass und See Schiffahrtskontor GMBH of Germany, inward bound for JNewport.

**7.11.10** at 0945 buoy maintenance vessel **Galatea** 1200 tons d.w, owners Trinity House London, seen off entrance to River Torridge, presume working on fairway buoy. She sailed for Lundy on the Monday morning.

**10.11.10** at 12.50 hrs vehicle carrier **Queen Sapphire** 18638 tons d.w owners Melodia Maritime PTE Ltd Tokyo on charter to Wallenius Wilhelmsen Norway and Sweden inward bound for Portbury.

**13.11.10** at 0825 hrs cargo vessel **Nova Cura** 5641 tons d.w, owners Eenennaam JM Grafhorst Netherlands, inward bound for Newport.

As this is the last shipping report for 2010 may I take this opportunity to wish all readers a Merry Christmas and a Happy New Year. **Norman**

# December /January Diary 2010/2011

## Wednesday 1st

**2pm** Bideford Readers' Group at Bideford Library tel 476075

**7pm** Bideford Wellbeing Centre – 'Transformational Breathing' by Les Elms £5 phone 07799 300312

## Thursday 2nd

**2.30pm** Thursday Fellowship tel 421956

**7pm for 7.30pm** Westward Ho! Youth Theatre 'Ebenezar' at Grosvenor Church, Barnstaple 07718619642

**7.30pm** Modern Sequence dancing at Kingsley Hall Westward Ho!

North Devon Fuchsia Society meets at Springfield Centre Chanters Rd tel 01271 831292

## Friday 3rd

St Peter's Church Fremington Christmas tree festival- 40 illuminated trees

**10.30am** Coffee Morning, Devonian 3 The Quay Appledore in aid of The David Rundle Trust (Help for Rwanda) 477470 or 425524

Palladium Club 'Cut the rug' (ex backdoormen) feature the Tucker sisters

**7pm for 7.30pm** Westward Ho! Youth Theatre 'Ebenezar' at Grosvenor Church, Barnstaple 07718619642

**7.45pm** Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

## Saturday 4<sup>th</sup>

St Peter's Church Fremington Christmas tree festival- 40 illuminated trees

**8am-8pm** Bideford Pannier Market open including festive events

**10.30am** Carols in Mill St Bideford Town band

**11am-3pm** Buckland Brewer Christmas market

**3.30pm** Golden Sands Residential Home Westward Ho! Christmas fayre and auction at **6.30pm** 01237477730.

**4pm** Christmas story time at Bideford Library tel 476075

**5.30pm** Christmas lights switch on and reindeer arrive in Bideford

**7.30pm** Northam Choral Society Christmas concert St Mary's Church Palladium Club Phill Jupitus @ Wendy Mays boom boom room

**7pm for 7.30pm** Westward Ho! Youth Theatre 'Ebenezar' at Grosvenor Church, Barnstaple 07718619642

## Sunday 5<sup>th</sup>

St Peter's Church Fremington Christmas tree festival- 40 illuminated trees

**10am -5pm**

Santa Fun Run Barnstaple Town FC for North Devon Hospice

**2-3.30pm** Carols at Atlantic Village Bideford Town band

**2pm** Torrington Christmas Fayre at Torrington Pannier market

**2.30pm-4.30pm** Appledore Christmas Concert with the Appledore Silver Band at Lifeboat Station

**8.30pm** Quiz at Seagate Hotel Appledore

## Monday 6th

**10am** Lip reading classes at Ethelwynne Brown Close tel 07923536908

**7.30pm** Bideford Stamp Club at Bideford Youth Centre tel 472101

**7.30pm** Appledore Singers practise at Appledore School  
[www.theappledoresingers.co.uk](http://www.theappledoresingers.co.uk)

**7.45pm** Bideford Town band Christmas concert at Royal Hotel tel 475653

**8.30pm.** North Devon Jazz Club, The Beaver, Appledore. Tel 421065

## Tuesday 7th

**7.30pm** Northam Choral Society at Methodist Church Hall Northam tel 429080

Bideford Camera Club at Youth Centre tel 423242

Palladium Club 'Jam Night'

## Wednesday 8th

**10.15am** Bideford Probus at Royal Hotel tel 423153 Christmas Lunch

**10.30am** Baptist Pre School Christmas fayre

**7.30pm** Bideford Music Club 'Travelling by tuba' at Methodist Church Hall tel 423112

**10.30am** British Epilepsy Christmas lunch at Barnstaple Library 079909621551

**2.30pm** Bideford Library Group tel 476075 for details/transport

## Thursday 9th

**2.30pm** Thursday Fellowship Carol Service tel 421956

**7.30pm** Modern Sequence dancing at Kingsley Hall Westward Ho!

## Friday 10th

**7.45pm** Sequence dancing at Kingsley Hall Westward Ho!

Christmas Ceilidh with The Watch Fremington Parish Hall 01237 476632

[jwbblackburn@aol.com](mailto:jwbblackburn@aol.com)

Palladium Club 'Maybe naked'

## Saturday 11<sup>th</sup>

**10.30am** Bideford Town band Carols in Mill st

Bideford Pannier Market signing of the lease mince pies and mead and arrival of Mayor and Councillors

Palladium Club 'Dead betas/New Riot/Arts and Crafts'

## Sunday 12<sup>th</sup>

**2-3.30pm** Carols at Atlantic Village Bideford Town band

**4pm** Christingle Service for families at Bideford Baptist Church, Mill Street

[www.bidefordbaptist.org.uk](http://www.bidefordbaptist.org.uk)

Torridge Ramblers' afternoon walk Ring 01805 622183 for details

**8.30pm** Quiz at Seagate hotel Appledore

## Monday 13th

**7.30pm** Appledore Singers practise at Appledore School

Bideford Stamp Club at Bideford Youth Centre tel 472101

Appledore and District Amateur Radio Club Christmas party at Appledore Football Club tel 473251

**8.30pm** North Devon Jazz Club at Beaver Inn Appledore 421065.

## Tuesday 14<sup>th</sup>

**10.30am** 'Total Communication' coffee morning at Bideford Library tel 476075

**10.30am** North Devon Lupus group coffee and chat Burton Art Gallery Cafe 01803 203318.

**10.30am** Macular Disease Society meets at Burton Art Gallery Peter Ellis 01409 231309

Palladium Club 'jam night'

**7.30pm** Bideford Camera Club Christmas Party, Bideford Youth Centre, Kingsley Road 01237 423242

**Wednesday 15<sup>th</sup>** Bideford Pannier Market Arts, Crafts and Collectables Market

**2.15pm** Meditation at Bideford Library 476075

Thursday 16th

**10-12pm** Carers' Support Group at Rosehill Northam 420137 for details

**11am** Christmas Fayre at Durrant Hotel in aid of Hospice

**7.30pm** Modern Sequence dancing at Kingsley Hall Westward Ho!

Buckland Brewer Gardening club in village hall

## Friday 17<sup>th</sup>

Palladium Club 'Gang of Thieves'

**7.45pm** Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

## Saturday 18<sup>th</sup>

Bideford Town Band playing carols at Morrisons, Bideford

Light up a life- Bideford Methodist Church

Palladium Club – Breaks Collective

## Sunday 19<sup>th</sup>

Bideford Town Band playing carols at Morrisons, Bideford

**2.30pm** Appledore Singers Christmas concert Kingsley hall Westward Ho!

**3pm** Candle Light Christmas Concert Holy Trinity Church Westward Ho! by Appledore Band

## Monday 20<sup>th</sup>

**6-7pm** Carols by Bideford Town band at Asdas

**8.30pm** North Devon Jazz Club, The Beaver, Appledore. 01237 421065. .

**Tuesday 21<sup>st</sup>** Palladium Club 'Jam Night'

# December /January Diary 2010/2011

## Friday 24<sup>th</sup>

**10.30am** Carols in Mill st Bideford Town band

Bideford Pannier Market Christmas Eve Market Trading

Palladium Club Blues Doctors

**7.45pm** Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

## 11.15pm

Holy Trinity Church, Westward Ho!

Midnight Mass

## Saturday 25<sup>th</sup> Christmas Day

Bideford Pannier market closed

## Sunday 26<sup>th</sup> Boxing Day

## Tuesday 28<sup>th</sup>

Bideford Pannier market closed

## Friday 31<sup>st</sup> New Year's Eve

## January 2011

## Saturday January 1<sup>st</sup>

Pannier market closed

## Monday 3<sup>rd</sup>

Bideford Library re-opens

## Thursday 6<sup>th</sup>

7.30pm Modern Sequence dancing at Kingsley Hall Westward Ho!

## Monday 10<sup>th</sup>

**7.30pm** Bideford Stamp Club meet at Bideford Youth Centre tel 472101

## Sunday 16<sup>th</sup>

Torridge Ramblers' afternoon walk Ring for details 01237 429080

## Monday 17<sup>th</sup>

**10am** Lip reading classes at Ethelwynne Brown Close tel 07923536908

**7pm -9pm** Carers' Support Group meets at Marlborough Court, Park Lane 01271 372811.

**7.30pm** Appledore and District Amateur Radio Club at Appledore Football Club tel 473251

## Wednesday 19<sup>th</sup>

**2.15pm** Meditation at Bideford Library Town hall entrance

**7.30pm** Bideford Music Club at Methodist Church Hall tel 423112

## Thursday 20<sup>th</sup>

**7.30pm** Modern Sequence dancing at Kingsley Hall Westward Ho!

## Sunday 23<sup>rd</sup>

**10.30am** North Devon Ramblers walk (Westleigh) 01271 863727

## Wednesday 26<sup>th</sup>

**2.10pm** Senior Council Meeting Bideford Town Hall

**7.30pm** North Devon Humanists Meeting Fremington Parish hall (annex), More info. (01237 474225)

## Friday 28<sup>th</sup>

Burns Night with Bloatertown **476632**

## How to Contact Us

**Bideford Buzz** is produced by a team of volunteers with financial and practical assistance from Devon County Council's Library Services, Torridge District Council, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre and Devon Community Foundation.

If you are interested in helping produce this newsletter, we will be pleased to hear from you.

**Please note that for commercial advertisements, there is a charge from £15 per month – cheques payable to Bideford Buzz Newsletter Group.**

Any items for inclusion should be sent by the 15<sup>th</sup> of each month to Rose Arno, Bideford Library, New Road, Bideford EX39 2HR.

Tel. **01237 476075** or email:

**editor@bidefordbuzz.org.uk**

or visit our website at:

**www.bidefordbuzz.org.uk**

(4,000 hits monthly)



## Fully Licensed Café + Bar

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## Factory Friday

Special offers & free bar snacks all day  
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+++++

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or January bookings over £15  
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Thank you for your  
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