



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Instow, Lundy and villages west as far as Hartland



(c.) Tom Wiersma.

This month thanks to a grant from Devon Community Foundation we will be printing extra copies of Buzz to go to nursing homes and sheltered housing in the area.

Our front page picture shows an Egret on Northam Burrows.

With Spring on the way, the Easter holidays are a good time to explore Northam Burrows.

Listed below are some of the Burrows' events in April. Please note - meet at the Burrows Centre unless stated otherwise. Please wear sensible footwear and suitable clothing.

For further information please contact the Burrows Centre on **01237 479708** or email: northam.burrows@torridge.gov.uk.

Coastal Creatures Rockpool Scavenger Hunt

Thursday, 5th April (2pm-4pm)

Use underwater cameras to record wildlife living on the rocky shore at this special rockpool scavenger hunt with Cat from the North Devon Coast AONB. All equipment provided. Meet at Westward Ho! Slipway

Burrows History Walk

Friday, 6th of April (2pm-4pm)

Take a look at the WW2 history of the Burrows with Dave Edgcombe from the North Devon Coast AONB on this guided walk.

Super Swallows

Tuesday, 10th of April (2pm-4pm)

Come and join the Rangers for a swallow nest building workshop and learn more about these fascinating birds.

Coastal Creatures Great Easter Egg Hunt

Thursday, 12th of April (10am-12pm)

An Easter egg hunt with a difference! Hunt for shark, ray and skate eggcases and record your findings for the Shark Trust's Great Eggcase Project. Meet at Westward Ho! Slipway.

What's Inside This Month's Buzz?

- ◆ A new column from your local Citizen's Advice Bureau
- ◆ Clovelly Dykes

- ◆ Zachariah Mudge
First head of Bideford Grammar School
- ◆ *Plus our regular items ...*

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Northam Town Council, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £25 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 11th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz on 01237 476549. 3,500 copies are printed monthly.

All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.

Email: editor@bidefordbuzz.org.uk. Mobile: 07929 976120. Web: www.bidefordbuzz.org.uk.

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For complaints scheme see: www.bidefordbuzz.org.uk



Bideford Town Council

Buzz Bits.

Live Jazz on the MS Oldenburg

Northam Lodge are hosting a fundraiser on the MS Oldenburg on **Friday 15th June 2018** from 6.30pm. We will leave Bideford Quay for a two hour sailing around the Taw Torridge estuary.

The wonderful Alan Lewis All Stars Jazz Band have been booked to entertain you, and you are welcome to bring a picnic to enjoy alongside a fully licensed bar.

Tickets cost £16 (adult)/£8 (child) and can be purchased directly from our website at www.northamlodge.co.uk.

The Cinnamon Trust

A national charity whose wonderful volunteers help people over retirement age and those in the latter stages of a terminal illness by offering all kinds of pet care.

We'll walk the dog for a housebound owner, we'll foster pets when owners need hospital.

We'll fetch the cat food, even clean out the bird cage or litter trays.

If you would like a chat about volunteering or to request a registration form please call during office hours 01736 758707, email us at appeals@cinnamon.org.uk or check out our website for more details www.cinnamon.org.uk

Registered Charity No: 1134680 The Cinnamon Trust is a limited company registered in England and Wales. Registered Office: 10 Market Square, Hayle, Cornwall, TR27 4HE. Company Number 07004861

The Cardboard Boat Regatta is back for 2018!

The idea of a Cardboard Boat Regatta seemed silly as we led up to it in 2017.....because, well, who would be silly enough to go out on the river in a cardboard boat? As it turned out on the day, it was a brilliant success with single person races, pairs and multi-crewed races! Even the Mayor of Bideford removed his gown and chain of office to get on the river!



Cardboard boats arrived in all shapes and sizes: an immensely long canoe, a Viking galley, a Bumblebee, a Banana, an African 'mercy ship', 3 Little Piggies and so on and so on. Some managed two races, some sank just off the Quay, some sank in the middle of the river, some were deliberately sunk (the Big, Bad Wolf sank the 3 Little Piggies!). It was great entertainment for the crowd of several thousands – like regattas used to be years ago!

Well, it's all back in 2018: the Rotary Club of Bideford is organising it again on **Sunday, July 22nd**. You need to be sorting out your ideas and groups to make sure that you can be part of the extravaganza. Like last year, the cardboard will be provided by our sponsor and other equipment will be subsidised for the first 20 entries, so be ready to jump onto the bandwagon when the details are released to everyone on May 1st!

If you want to be sure that you are amongst the first to have the crucial details, send your email address to mandjboth@gmail.com, marking it 'Cardboard Boat Regatta' and you will get the first alerts! **There will also be a Climbing Wall on the Quay this year! What a family attraction! More information in next month's 'Buzz'.**

Snapdragons Preschool

An "Ofsted Outstanding Early Years Provider" offering high quality, home from home childcare. We ensure a smooth transition into the primary education of your choice. We are now accepting children from the age of 2 years to 5 years.

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We are currently taking registrations for 2 year olds for September 2018. To book a visit please call 07939 850 751 or email snapdragonsnortham@live.co.uk

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Bideford Pill car park
Bideford Tesco Superstore car park
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Kenwith Castle, Moreton Court & Griggs Close

Contact the **See Hear Centre**

Email: seehearnd@livingoptions.org

Web: www.livingoptions.org

Tel: **01271 373236**

SMS: **07831 515809**

Registered charity No: 1102489



Notice is hereby given that Bideford Annual Parish Meeting will be held on Wednesday 18 April 2018 at 7.00 pm in the Town Hall, Bideford. The Mayor of Bideford will submit a report on the Council's activities during 2017/18 and reviews will be given of the work undertaken by the Council's Committees. Grant cheques will be presented to Local Organisations and consideration will be given to any matters raised by Registered Electors who reside within the parish of Bideford.



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Torridge, North,
Mid & West Devon

Advice from your local Citizen's Advice Bureau

'I live in a privately rented two-bedroom house and the damp in the living room is aggravating my three-year-old daughter's asthma. I've told my landlord but she's not taking action. What can I do?'

Resolving damp issues can be difficult - especially as the cause of the problem is not always obvious. Also, by raising any disrepair complaint to a private landlord it's important to realise that there is a risk of retaliatory eviction.

First, make sure you're not doing anything that could be contributing to the damp, such as drying clothes indoors or blocking vents. Once that's done, you have two potential routes available.

The first is to report the problem to the Environmental Health department at your local authority. This route is best if you're unsure what's causing the damp, but it's also an option if you think your landlord is responsible.

Tell your council the damp is causing your daughter's asthma to worsen and provide evidence, including letters from your GP, photos of the damp, and a copy of your tenancy agreement.

The local authority can issue an awareness notice, which tells your landlord there's a hazard in the home and what she needs to do to fix it, although it does not require her to take action. The authority can also serve the more serious improvement notice, which requires your landlord to carry out the work and also offers you some protection from retaliatory eviction.

Alternatively, you could take her to court. Your landlord may be held responsible for repairing the damp but this will depend on the cause - such as a broken heater or window - and the terms of your tenancy agreement.

If she is responsible, the court can grant an injunction and possibly award compensation. Seek advice from us before going down this route because the legal process can be complex. You may also be entitled to legal aid.

Copyright Torridge, North, Mid and West Devon Citizens Advice.

For the most up-to-date advice, please visit

www.citizensadvice.org.uk pop into your local office or call

Adviceline on 03444 111 444. Okehampton Citizens Advice (Ockment Centre) Tues & Weds 10-4pm and Fri 10-1pm Tavistock Citizens Advice (Kingdon House) Mon, Weds, Fri 10am-2pm

www.ruraldevoncab.org.

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citizens advice Torridge, North, Mid & West Devon

Buzz Subscription

To subscribe send this completed form to Bideford Buzz C/O TTVS 14 Bridgeland Street, Bideford EX39 2QE

I would like to pay for a year's subscription to Bideford Buzz at a cost of £13 a year. This amount covers the cost of postage and makes a small contribution to the Buzz. Postage is second class and you receive 11 issues (including the Christmas Double issue).

I enclose a cheque for £_____ made out to Bideford Buzz.

Mr./Mrs _____ First Name _____ Surname _____

Address _____

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I am interested in posting Buzz abroad. How much would it cost ?

The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday
mornings, between 10.30 and 11.30 am,
followed by refreshments and a chat,
at 17 Honestone Street, Bideford
(opposite the car park)
Everyone is welcome
For further details, contact:
Rob Sharrock: Telephone: 01237 239753
Email: rob.sharrock@gmail.com

Computer Course

Windows 10 - hints, tips & best practice.
A three-session weekly course starting on
Monday April 16th, 10:00 - 13:00 at the Bideford
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Aimed at those who don't feel comfortable with
Microsoft's Windows 10. The course also covers
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protect yourself.
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please contact Tony Gist 01805 625515
tony@tgtraining.co.uk www.tgtraining.co.uk



HARBOUR BIDEFORD

Harbour Bideford is an open access facility welcoming those
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Connections – *(our occasional series about people with connections to North Devon.)*

Zachariah Mudge (1694-1769), first headmaster at Bideford Grammar School

Zachariah Mudge was born in 1694 in Exeter of humble parentage. He attended Exeter Grammar School and then the non-conformist Academy of Joseph Hallett III. He became a protegee of a Mr George Trosse, who paid for his education, and, when he died, left him half his library, including books on Hebrew, (in which language he became particularly proficient.) On leaving he became a master at a school in Exeter, and then took up a post as headmaster of Bideford Grammar School, at the young age of 24.

Of course, the Grammar School then was a far cry from what it later became. It was situated where Bridge Buildings are today, and consisted of one classroom, with a dozen or so pupils in attendance, sponsored by local wealthy patrons, who saw some promise in them as scholars. Latin and Greek would have been the order of the day. Mudge was by all accounts a successful headmaster, and among his pupils were John Shebbeare, and two of his own sons. His income, however, needed to be supplemented by the Bridge Trust. Whilst at the school he fell into a long correspondence with the Bishop of Exeter on matters of church doctrine. This resulted in his giving up his non-conformity and entering the Church of England, soon to be appointed Vicar of Abbotsham.

He decided then that the Church, and not teaching was his true vocation, and left Bideford in 1732, to become Vicar of St. Andrew's in Plymouth, with a salary of £2000 per year, a princely sum in those days. He ended up as Prebendary of Exeter in 1736.

He was well-known for the quality of his sermons, and they were still recommended reading for students at Oxford fifty years later. He was a quiet, thoughtful man, of placid temperament, and upright character, well-liked by all who knew him, including Sir Joshua Reynolds, a fellow Devonian, who painted his portrait three times. He was loved as a preacher throughout the Westcountry.

When he was very young he fell passionately in love with a Mary Fox, but when she rejected him, he ran off to London in a state of despair, spending his first night sleeping in a sugar barrel at the dockside, but nine days later he was home again. Four years later, aged 20, he actually married Mary Fox, and they had four sons and a daughter.. He married again in 1762 an Elizabeth Neell, who outlived him by 20 years. Some of his children and grandchildren in turn became distinguished in their various walks of life, so much so that a later Bishop of Truro, married to a Mudge, wrote their memoirs, and their stories will be the subject of later articles.

Zachariah died in 1769, at the age of 76, and is buried in Coffleet, Devon.

Chris Trigger

Devonshire Association

Why not join us!

Anyone may join the Association irrespective of whether they live in Devon or elsewhere.

Subscriptions renewable 1st January each year.

Individual members £25, Second members (at same address) £13

Life members £500, Associates and student members £15. A full programme of events and booking forms are available on the Devonshire Association website www.devonassoc.org.uk and on the Devon Family History Society website www.devonfhs.org.uk Paper copies can be obtained from the Devonshire Association Registrar Tel. 01392 860456

Email devonshireassoc@btconnect.com postal address, The Devonshire Association, Unit 10, Chitterley Business Centre, Silverton, Exeter EX5 DB.



Visit to Clovelly Dykes

*(Date set – check. Landowner's permission granted – check. Information sheets distributed – check. Warm, sunny weather – No chance! With everything set for a morning out at Clovelly Dykes hillfort, with the Friends of Berry Castle, the weather didn't get the memo. In fact, it threw down plenty of snow and freezing temperatures, which would have challenged even the most dedicated historian. Alas, the visit is postponed until **Sunday 15th April, at 10.30am**, when hopefully the weather may be a little more agreeable.)*

However, for those who were not aware of the visit, here's a bit of information, which may tempt you to join us.

Clovelly Dykes is a hillfort next to the A39, lying between the junctions to Clovelly and Hartland. It is one of Devon's most impressive prehistoric earthworks, with a total of over three kilometres of banks enclosing 8.09 hectares. To the South of the A39, cropmarks indicate that the site may have extended further than we see today. Even though it's thought to be of Iron Age date (c.500 BC – AD 50), no reliable dating evidence has ever been found at the site. The banks and ditches of 'hillforts' are usually seen as defensive, to guard against tribal attack or invasion. But sitting on a flat plateau, without any steep hillside around it, they may be more symbolic, or ritualistic. The construction of such a large and complex earthwork could not have been completed if there was always danger of attack. It is more likely that Clovelly Dykes was a statement of power or ritual. In its age, this site would have dominated the Hartland/Clovelly area. It is clearly built to impress. The resources required to build it in terms of man-power, food supply and time would have been enormous, indicating that many years of work, undertaken by a large number of people would have been needed to construct such a monument. No definite evidence points to its being inhabited, but that's not to say it wasn't.



Finds of flints from East Dykes Farm, include four microlithic points and waste point to Stone Age industry, along with a stone axe. The tip of a leaf-shaped arrowhead and a small barbed arrowhead have also been found, as well as a blue bead similar to one at Glastonbury Lake Village. Could this indicate trading? It's thought that several ancient trackways passed by Clovelly Dykes, to the South, East and West, so it's perfectly possible; not forgetting the coastal access to the North.

If you would like to attend this visit, please register your interest, by emailing us at berrycastle1@outlook.com. Or join the Friends of Berry Castle; why not log on to our website www.berrycastlehuntshaw.com, to find out about what we do and other planned visits.

One of our founding members, Keith Hughes, will be leading a **Walk and Talk around Berry Castle Iron Age Settlement, at 2.30pm on Sunday 8th April. Meet at Foxes Cross, Huntshaw.** This will be a pleasant walk to the site, through Huntshaw Woods, leading to Berry Castle, where you can learn about the site and its history, as well as the invaluable work put in to conserve and protect it. An opportunity to see a historical gem, in Huntshaw Woods. Those who have already visited can see how the site has developed over the past few years. For more information, phone Keith – 01237 475168. (We can offer assisted transport from Foxes Cross car park to the site if requested in advance.)

Huntshaw Church

The future of our rural churches is under threat due to dwindling congregations and financial constraints. The beautiful, Grade II listed Church of St Mary Magdalene at Huntshaw is one of those churches whose future is under discussion. Come along to our Open Day on Saturday, 21st April, 1 - 4 pm to find out how we are going to take the church into the 21st century. The event will feature the launch of "Huntshaw Through the Ages" a new book by Richard Sears who will be on hand to sign copies of the book. All proceeds of sales will go towards the preservation of the church. **Also:** Guided tours, new displays including one or two surprises, a children's treasure hunt, cream teas. More information:

audreyalimo@yahoo.co.uk or
lorrainehooper489@btinternet.com



Bideford Gardeners' Club.

Welcome to the *Monthly Gardening Tips for April.*

No doubt by now you're all getting out to your gardens and have started all those seeds off in the greenhouse or conservatory. Don't get worried if not, as there is plenty of time, and they invariably catch up anyway.

Don't be tempted into putting out bedding too soon. The garden centres, supermarkets and DIY outlets will be pushing the sale of plants but they are hoping for a repeat sale when yours get frosted with a cold snap. Think back to the old gardeners and how they planted their gardens.

Yes they got early Broad Beans planted in the Winter and another lot in the Spring but their potatoes were "chitted" indoors for planting when the ground was ready, and then covered over and protected by drawing more earth up when the shoots started to appear. A good hard frost can cost you the year's crop.



Sweet Peas, Pansies, Antirrhinums will be fine because they can stand the cold. With bedding plants and basket or patio plants you're far better to wait until May before attempting to plant out. In fact most parks departments always reckoned on planting first week in June for bedding after the threat of frost had gone, as is true of the planters on the Quay. They still make a great show for the entire Summer because we wait for Mother Nature.

If you need more information and advice why not come along to Bideford Gardeners' Club. Our next meeting is on **10th April 7.30pm at Bideford Methodist Church Hall, entrance off Honestone Street car park.** Sue Applegate is this month's special speaker, on Iris and Peonies. She was nursery manager for 40 years at Kelways at Langport famous for their Chelsea displays of these hardy plants. Check out our website www.bidefordgardenersclub.co.uk for our complete programme.

Good Growing.

Mike Avis (Secretary ; Bideford Gardeners' Club.)

Vegetable garden.

Under glass, sow runner beans. In the nursery bed, sow cabbage, broccoli, savoys, leeks. In the main plot sow carrots, turnips, spinach, peas, radishes: transplant lettuce seedlings, and plant maincrop potatoes.

TA

Bideford says 'no' to Plastic pollution

There is a change coming to our shopping streets, as Bideford businesses are fighting against the plastic waste threatening our seas. We're all far too familiar with seeing plastic packaging like bottles and wrappers polluting our beaches, riverbanks, and streets. As plastic leaks into our oceans, it damages marine life and as plastic enters every level of the ocean food chain, from zooplankton up to big fish and whales; it's even travelling back onto our plates.

Plastic Free Coastlines, started by Surfers Against Sewage (SAS), is a response to this crisis that involves local councils, businesses, schools and community groups. By showing that they are reducing their use of throwaway plastic a business can be recognised as 'Plastic Free' by SAS. Bideford, Appledore and Westward Ho! are all working to become 'Plastic Free' towns, and in doing so are making a real difference. We can all help by choosing to shop where we are not forced to take plastic wrapping and by telling our supermarkets they need to do more.



For example – **Nature's Nutrition** sells many items loose – cereals, pasta, oils, loose tea and herbs. Refill washing liquids and shower gels from their containers. They carry plastic free cosmetics and re-usable coffee cups. **Patts** greengrocers has always sold as much fruit and veg without plastic as they can and used paper bags, and **Kellands** has also recently changed to this. You can take your plastic punnets back for reuse at Patts, and take your own containers into the local butchers. Cafes and takeaways are changing too – more on this in May Buzz!

If you are a business that is changing away from plastic and want to be recognised by Plastic Free Coastlines get in touch with me on fegview@gmail.com or if you want to get involved. Come to our **Film night on 3rd April. 7pm at the Customs House on Bideford Quay.** Showing is award winning film 'Skye's The Limit'. Our local Cal Major's solo circumnavigation of the Isle of Skye, Scotland, on a Stand up Paddleboard. The adventure serves to highlight the effects of plastic pollution on even stunning, remote and wild places such as this, and brings positive and engaging solutions to the issue. The 30 min film will be followed by a brief presentation and discussion. **Fiona Gibbons**

Bideford Pannier Market / Butchers Row / Market Place / Grenville Street

Good news! The Pannier Market will be open 'til 4.00pm every day from the beginning of April. We have entertainment on **Easter Saturday** with *Rob Pudner*, and *Entertainingly Different* with their Easter silliness, face-painting and a treasure hunt; all free and a good way to keep the children entertained. Look out for posters giving more details.

Please remember, and spread the word, that the FREE bus service from Victoria Park that operates every Saturday is now being extended and will run on Tuesdays as well. This service is available to both locals and tourists, part of the *Coach Friendly Status* that has been achieved for the town of Bideford - a big 'thank you' to those involved in securing this.



Two long-standing market traders, Elise Cann and Trevor Lane are retiring from the market.

Elise has been trading in the Market for 16 years. A very popular cheerful lady, always a smile, time to chat, and a brilliant knitter. **Trev Lane** has been operating his Watch and Clock Repair Business in Butchers' Row for 21 years following on from his family's business, in town since 1947. We all wish them well in their retirement. I am sure that many of you will have lots and lots of memories of them. On a personal note I only met them 5 years ago when I started trading in the Market, but I must say I regard them both as friends not just work acquaintances. They will be missed!! **Trev (Minxy's Sweets)**

WMN said "Stunning book is a love letter to the coast"

If you love this coast, you will love this book

A Celebration of Cliffs and shoreline from the Hartland Peninsula to the Taw-Torridge Estuary. 128 (A4) pages 215 illustrations, including 55 full page air photos.

For reviews, information & online purchase option see:

www.thematic-trails.org

(Then select North Devon Coast from left-hand menu)

On the same page are also listed 10 local sales sites. This hardback edition rrp is £9. If you need more info. Tel 01865-620522 or Email: keene@thematic-trails.org

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The North-West Devon Coast

A Celebration of Cliffs and Seashore

from the Hartland Peninsula to the Taw-Torridge Estuary

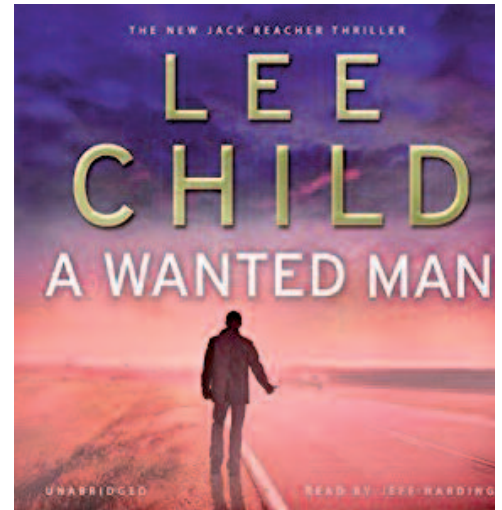
Peter Keene

Book Buzz

A Jack Reacher Novel

'A Wanted Man', by Lee Child - discussed by Bideford Library Readers' Group.

This is one of the twenty or so novels by Lee Child featuring Jack Reacher, ex US military cop, drifter of no fixed abode, and free-spirit detective. *A Wanted Man* begins with Jack Reacher hitchhiking on an American highway. He is picked up by two men and a woman who, as the book unfolds, and we and Jack discover, have fled the scene of a murder taking the woman as hostage. Jack is offered a lift to avoid the car being stopped by police roadblocks looking for two men. The story involves the FBI, CIA and various US and foreign agencies and although quite a complex plot, the group didn't think it had the twists and turns common to many detective novels. The hero is an interesting character with an analytical mind, able to recall facts such as the populations of various American cities and decipher a code conveyed by the hostage with secret blinks of her eyes. He has no home and travels with no luggage, always on the move, righting wrongs without the authority of any police department.



The opinion of the group was quite divided and was described as 'brilliant', and 'boring and tedious'. But generally it was thought to be an enjoyable and engrossing read, often implausible and brutal with a high body count, but then, that's only to be expected of this genre. Personally, it was not a book I would have chosen to borrow, but I enjoyed it more than I expected to. None of the group had read the other novels in the series and most agreed we wouldn't want to read any more! A film has been made of a Jack Reacher story with Tom Cruise as the hero and it was noted that in the novels, Reacher is a giant of a man with a broken nose, not all like Mr Cruise.

Lesley Palmer



The Tricky Period.

Staff at Northam Library have been inspired to take on an initiative developed by Norfolk Libraries to tackle period poverty in our communities.

The issue of period poverty has been highlighted in various articles recently and shockingly there are many women and girls who are unable to afford sanitary protection. Women and girls who then have to find their own, often insufficient alternatives, like toilet paper or stuffing socks.

Unsurprisingly girls can feel unable to attend school for the worry of bleeding onto their clothes and find it almost impossible to talk to anyone for the shame surrounding both periods and lack of money. There are women who simply cannot afford sanitary products for themselves because they are trying to survive or feed a family.

To tackle this difficult situation The *Tricky Period* project will run initially in Northam, Appledore, Bideford and Torrington Libraries who will be taking donations of any spare sanitary products from the public.

Once there is a sufficient amount packs can be organised to be given freely with no questions asked to anyone in need. The aim is to improve the health of low income/homeless women and girls and work with local organisations and schools to maximise the benefits. By highlighting this issue we can help to dispel some of the shame by recognising period poverty in our area and make these necessary products accessible.

As an integral part of the community that supports well-being and education the public library is particularly well placed and we hope you will support us.

Please contact **Northam Library (01237 475111)** if you have any queries.

Tanya Landman

Carnegie Medal winning Tanya Landman author of more than thirty books for children and young adults will be at Northam library on Monday 9th April at 2pm. Booking essential: 01237 4756111.

'Pull up the blinds ;' - a new novel by Ann Allen.

Do you find crumpled pieces of paper in your pockets? Ann Allen, local author of *Rockbridge* and *Lundy Lichens*, did as she cleared out for a removal to find 70 years of poetry, the feelings and imagery expressed by a 20... 30... 40... 50... 60... 70... and an 80 year-old. All is revealed in her new book, 'Pull up the blinds' £8.99, published by Mirador, available from Walter Henry's Bookshop, and all good book shops, and available to order from **your local library as well.**

Celebrating World Book Day

Did you dress up for World Book Day? It almost feels like nothing has changed since the days when I used to insist on being *Hermione* – every single year. In general there seem to be more choice of characters to choose from; '*Gangsta Granny*', *Matilda*, *The Gruffalo* and *Wonderwoman*! Perhaps the aim now is to produce books for children to enjoy rather than just to 'teach'. This allows us to use books as a concept instead of a means to an end. Literature introduces children to ideas they would not normally come across. This enabled me to become fascinated by mythology, an interest which has stayed with me into further education.

I think that one of the ways I learnt as a child was through interest in a subject rather than through blocks of informative text. So to have books that were engaging and educational at the same time was really helpful to me. Even A' level choices came down to things that I discovered I loved through reading. Maybe one of the mistakes that people make is seeing reading as just a necessity – which obviously it is – BUT – it's so much more than that. If you see it as an escape and a way to put yourself into any possible situation it becomes a 'distraction' and a way to fulfil parts of yourself, especially when life is bit more difficult. There are not the same limitations as film. You are not shown everything, so it is up to you to interpret the rest. Young people searching for a 'sense of self' can interpret characters how they want to, or find characters similar to themselves, or how they would like to be.



Celebrating World Book Day is not just about celebrating reading but also the characters who have shaped your life and yourself as a person; and those who you never want to be, who make you want to 'roll your eyes' every time they are mentioned – *DOLORES UMBRIDGE*! Let's celebrate the freedom we have to enjoy books.

Lucy Braund

Felicity's Fish goes to school.

This month the Appledore Sustainable Fish group will be arranging schools' cookery sessions to help young people and their parents understand the long history of fishing in both the rivers and sea - Bideford Bay and beyond.

We will be using the recipes developed **By Sea fish** for Year 4 groups to prepare and taste. At our sessions with the schoolchildren they share with their parents the dishes they have prepared. A favourite session is to identify a mackerel-sea fish from a trout-river / fish farmed fish!

We also consider environmental issues, the health of the sea and the need to consider the Plastic Oceans campaign. We always need extra helpers - especially for the large primary schools in Bideford - please contact me if you would like to be involved.

Here is an interesting recipe including smoked trout -

Smoked Trout and crab risotto and fish cakes. **Ingredients.**

100g crab meat fresh-cooked or tinned.
100g smoked trout fillet.
3 cups stock. 200g Arborio rice.
1 onion- diced.
50g frozen peas.
1 spring onion, sliced.
1tbsp olive oil.
Zest and juice of 1 lemon.
Spoonful of crème fraiche or plain yoghurt.
Grated parmesan cheese. Parsley, Dill or Basil - whichever you prefer.



Method

1. Heat the stock in a pan.
2. Dice the onion into small pieces and fry in the oil in a deep frying pan.
3. Add rice to the frying pan and stir well to coat the rice - cook for 2 mins.
4. Add the heated stock- a cupful at a time, stirring constantly; wait until the stock is absorbed before adding more.
5. Once all the stock had been absorbed add the crab meat, spring onions peas and lemon juice with zest, and cook for 2-3 mins.
6. Then add a spoonful of crème fraiche and the yoghurt along with grated parmesan.
7. Stir in flakes of the hot smoked trout (already cooked) and sprinkle with roughly chopped parsley. basil or dill.

If you like you can make this mixture into fishcakes and fry on both sides for 2-3 mins.

Felicity Sylvester 07918 779 060 e.

brilliantfishsw@gmail.com

web.www.brilliantfisheducation.com



100 years ago – April 1918

In a large front-page advert, G.Boyle Outfitters, 4 High Street, Bideford, offer a “Chemico Body-Shield”. This ingenious cloth and wool waistcoat does not impede movement, but has a wealth of benefits. It protects the chest and lungs from pneumonia, deters vermin and is proof against machine-gun and rifle fire, shrapnel and bayonets. Aimed at those who have loved ones on the front line it asks “Your boy may be saved for £3-3-0; isn’t he worth it?”

J U Fulford & Sons of Queen’s Wharf, Bideford, announce that they have secured another cargo of Potato and Mangold manure and a large consignment of Government issue Linseed Cake for dairy cattle and young stock.

Bideford Borough Food Control Committee have arranged a Public Meeting at the Town Hall to explain the rationing scheme. It is firmly stated that “speeches and criticism will be ruled out of order”. Meat, butter and margarine rationing are already in place. Fish registration closes on 10 April and bacon registration on 13 April; the maximum retail price of Bass is set at 1 shilling per pound; additional bacon for boys aged between 13 and 18 years will be available from 5 May; children who reached 6 years of age before 1 April will now receive adult rations of meat. Recipes for cheap cookery may be had at the Town Hall Food Office. An order has been issued by the Food Controller continuing until further notice the Cream Order, restricting the use and sale of cream, which was to expire on 30 April.

Three producers are offering eggs for sitting, with prices ranging from 5/6d to 7/6d per dozen depending on breed. White Leghorns currently command the best price.

People are urged to support the Bideford and District War Supply Depot on 23 April, St George’s Day, by buying a match box cover, which will help you take care of your matches and send comforts to the troops.

Only formal business was transacted at Bideford Manor Court. The Mayor, Mr A R Adams, said that the time will come again when the Court will be able to serve good purpose. In the meantime, “the annual dinner would be held at the same time and place as last year – when there was none.” This statement was met with laughter.

On a more hopeful note, three swallows have been seen by Mr Henry Hill. Finally, in the Lost and Found column, “Will the person who took a DOOR MAT from the lobby of 57 High Street on Thursday between 9 and 10 o’clock please return it AT ONCE!”

These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings 9.30am-1pm or visit our website www.bidefordarchive.org.uk.

BIDEFORD BUZZ

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For more details please contact editor@bidefordbuzz.org.uk



SHIPPING NOTES



Ship in Port Bideford	Flag Owners	From	To	Arrived	Sailed	Crew	Cargo Loaded
Celtic Crusader ex Scorpius 98 Lamego 13 Built 1994	Cardiff British British	Cork	Castellon	27/02/18	02/03/18	Polish Russian Latvian	2860 tons ball clay.

Appledore

LE George Bernard Shaw's proposed launch **2.3.18** (Postponed due to the *Beast from the East*) was put back to the a.m. tide of the **3rd March**; she was floated out from the building shed about 07.00 (due to be delivered to the Irish Navy in the summer of 2018.)

Bristol Channel Observations

11.2.18 at 16.08 cargo vessel **Fehn Courage** 2600 tons d.w. owners Fehn Bereedenrubgs GMBH & Co KG Germany, inward bound for Avonmouth.

16.2.18 at 08.00 vehicle carrier **Neptune Aegli** 6580 tons d.w. owners Aegli Shipping Co Ltd inward bound for Portbury. At 09.12 cargo vessel **Hathor** 3850 tons d.w. owners Q-Shipping BV Netherlands, inward bound for Birdport. At 09.50 vehicle carrier **Tongala** 22,585 tons d.w. owners Wallenius Wilhelmsen Norway and Sweden, outward bound from Portbury (having sailed at 05.24).

17.2.18 at 14.10 tanker **Kensington** 13,000 tons d.w. owners Hudson Kensington Ltd London, inward bound for Avonmouth.

20.2.18 at 14.17 vehicle carrier **Hoegh Target** 15500 tons d.w. owners Leif Hoegh Autoliners Norway, inward bound for Portbury.

21.2.18 at 08.15 vehicle carrier **Porgy** 18,009 tons d.w. owners Wallenius Wilhelmsen Norway and Sweden, inward bound for Portbury. At 12.05 vehicle carrier **Bishu Highway** 17,649 tons d.w. owners Kawasaki Kisen K.K. (K.Line) Japan, outward bound from Portbury having sailed at 07.19. At 13.25 container vessel **MSC Briannia** 60200 tons d.w. owners Mediterranean Shipping Co S.A. Switzerland, outward bound from Portbury having sailed at 09.48.

22.2.18 at 08.07 cargo vessel **Frezya S** 7,486 tons dw. owners Nova Warrior Ltd Istanbul, outward bound from Portbury, having sailed at 01.11.

24.2.18 at 16.15 container ship **BG Diamond** 13250 tons d.w. owners First New Horizons Shipping Co Germany, inward bound for Avonmouth.

27.2.18 at 07.28 cargo vessel **SP Viking** 4,934 tons d.w. owners BBS Bulk V111 AS Norway inward bound for Sharpness. At 09.43 vehicle carrier **Morning Calypso** 18,200 tons d.w. owners Eukor Car Carrier Inc South Korea, inward bound for Portbury. (Seen again on **28.2.18** at 11.45 outward bound from Portbury, having sailed at 07.40.)

4.3.18 at 10.40 cargo vessel **Lady Anneke** 3,718 tons d.w. owners Lady Anneke BV Netherlands inward bound for Sharpness. At 12.30 vehicle carrier **CSCC Shanghai** 12,500 tons d.w. owners Ray Car Carriers Israel, outward bound from Portbury, having sailed at 06.58. At 15.45 vehicle carrier **Grande Spagne** 12,500 tons d.w. owners Grimaldi Line of Italy, inward bound for Portbury,



9.3.18 at 06.10 vehicle carrier **Grande Europa**

18461 tons d.w owners Grimaldi Line of Italy outward bound from Portbury, having sailed at 01.46.

10. 3.18 at 15.30 vehicle carrier **Neptune Dynamis** 6850 tons d.w. owner Dynamis Shipping Co Greece. outward bound from Portbury having sailed at 09.34. (At the same time passing inward the container vessel **BG Diamond** 13,250 tons d.w. owners First New Horizons |Shipping Germany inward bound for Avonmouth.)

Norman Phone 01271 861183

A Busy 2017 for Appledore Lifeboat

For the Lifeboat station there was an increase in activity in 2017 over the previous year with sixty launches in 2017 as opposed to forty eight in 2016. Around seventy five percent of the launches were for services within the estuary and both the Taw and Torridge rivers.

The sixty launches were for some forty five incidents, some twenty five percent of cases necessitated the launching of two lifeboats for the same incident such as in the case of searching for missing persons along the Taw and Torridge rivers. Thirty two percent of incidents were for vessels in trouble, usually a mechanical failure, the majority being sailing vessels. The remainder being paddle boarders, kite surfers, jet skiers, kayakers and members of the public stuck on sand banks and cut off by the incoming tide. Of the forty five incidents in 2017, some forty percent were searches along the rivers, usually at night, for missing vulnerable people, the recovery of three bodies of those missing and for attempted suicides, usually attempting to jump off the Taw or Torridge bridges. All of them involved the use of the inshore lifeboat or the boarding boat.

To aid in the search for missing members of the public the RNLI Barnstaple and District Branch are fundraising to purchase another Forward Looking Infrared (FLIR) device to allow crews to see at night or in poor visibility.

Tony Merrill

News from the Burton Art Gallery and Museum.

This fascinating exhibition of photographic portraits by **Diane Arbus**, (as described in last month's Buzz) continues to hold our attention throughout April. This national touring exhibition has been drawn from the **Artists' Room Collection**, delivered by The National Galleries of Scotland and the Tate, in partnership with the Ferens Art Gallery in Hull. Funding comes from the National Lottery, through Arts Council England, the Art Fund and Creative Scotland. Here until **11th June**

Easter is early this year, and your children age 5-11 (and adults if you wish) can take part in 'Eggs into Space.' You will construct and launch your rocket, float it or fling it. There are PRIZES! The really young – 6 months to 5 years – can come to 'Sarah's Messy Play at Easter' – that's on Thursdays, 5th and 12th April, when they can paint a giant egg, hunt a messy egg, explore a slimy garden and get chilly with icy Easter eggs. (Allergies must be reported to Sarah, 07798 627924) And 'Here Comes Cyber Bunny' - make your own pet robot bunny. This is for ages 5 – 11 and could be very interesting..... No need to book, just turn up. 10.30 to 3.30 each session. £2 per child.



The Friends of the Burton Annual General Meeting is on Saturday, 28th April, starting at 10.30 a.m. in the Kingsley Room. After the usual business, the recently appointed Executive Director of the Gallery, Chris Kirby, will speak on the Trustees' vision for the Gallery's future. All welcome.

Future events: Liz Shakespeare, local author, is giving a talk on 'Edward Capern, Postman Poet,' on 17th May, in the Kingsley Room at 7.30 p.m. £5 at the door. On Saturday, 9th June, a coach will leave Bideford at 9.00 a.m. for Padstow, to visit the Elizabethan manor, Prideaux Place. (£9 entry) Free time in Padstow in the p.m. before departure. Coach Cost to be announced when numbers are finalised. To book, phone 01237 471455. Gallery opening hours: Monday – Saturday: 10-4; Sunday: 11-4. Admission Free. Exhibitions, Craft Gallery, Museum, Shop, Cafe du Parc, all awaiting your pleasure
Diana Warmington. Friends of the Burton Art Gallery & Museum.

Buzz Byte

If your computer or laptop/tablet is misbehaving, there's a few things to try before going into panic mode and dashing off to your local PC repair centre.

The most common recommendation is to simply turn it off and then on again. You may need to leave it unplugged for 20 minutes or so before trying again, this is a very common trick and works for other electrical equipment too such as Sky boxes and Xboxes!! There's a multitude of D.I.Y computer fix tutorials and web pages that you can follow if you want to try to fix it yourself but bear in mind that you could make the situation worse, especially if you're are inexperienced, and you should never expect free advice from a computer store; some things are best left to the professionals. Check your software is up-to-date and that there are no updates needed; updates are released to improve the performance of your PC system so by not installing them your PC may not contain vital software such as security patches. We'll visit Windows updates in a future column. What are the common errors that have computer users breaking into a cold sweat and require technical knowhow to fix?

The Blue screen of death, aka a stop error – This is considered the most serious possible error code and is caused by a hardware or driver related fault. All may not be lost, get the PC into a repair centre who can try to boot the machine in safe mode and fix the error. It can be a time consuming and complicated repair, but a blue screen doesn't always mean certain death. It could just need a firmware update or hardware components may need replacing.

404/ Page not found – this isn't usually a fatal error with your PC, just a web page that you are trying to access. Double check that you have spelled the web address correctly as miss spelling will generate an error code, and is known as a client-side error! If this is all you get when you log on to the web then there is an error with the router, the line or the PC. BT engineers can check your line, if this is OK then a computer technician will need to text your equipment to determine where the fault is.

DLL file missing error – This error affects any DLL file across all the Microsoft operating systems. There are lots of DLL files that can cause lots of trouble. This is an example of what a DLL file error looks like. **Error Loading C:\Users\Admin1\AppData\Local\Temp\ubielbpl.dll**
The specified module could not be found. **Nickie Baglow (Complete Computing.)**

April Diary

We're here weekly

(Please note Monday 2nd April is Easter Monday so please check with the organisers.)

Mondays

10am-12noon Appledore Community Art Group at Appledore Community Hall. 01237 425541. williams-c60@sky.com

6.45pm to 8.30pm. Breakaway Club for adults with learning/physical disabilities. (Not Easter Monday.) Baptist Church Hall, Nelson Close Westward Ho! Tel 01237 475051

7pm Tai Chi at Bideford Methodist Church Hall. 01237 472532

7pm Appledore Band – training band St Mary's Church Hall, Appledore, followed by senior band Contact Hugh Secretary 473723.

7pm-8pm Walking Football at Kingsley School Men and Women. Tel Rose Young French 07895035091

7pm -9pm Table Tennis Club at Bideford Youth Centre. 01237 477932

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.45pm Bideford Band Senior Practice at Band Room, Victoria Park. New members welcome. Tel Becky 01237 475653

Tuesdays

10am-1pm Lavington Church coffee and lunches.

10.30am Walking for Health. 421528

11.45-12.45 Tai Chi at Northam Community Hall : TorrAGE Ageing Well 01805 622666

2-3.30pm Salvation Army 'Fun and Fellowship' Club at Baptist Hall.

2.30pm 'Lift Off for Ladies' at Westward Ho! Baptist Church; speakers and cuppa. 01237 425471

6.30pm Bideford Band Beginners rehearse. New members welcome. Victoria Park Band Room 475653

7pm-8pm Walking Football at Kingsley School. Women only. Tel Rose Young French 07895035091

7.30pm Camera Club at Chubb/Churchill Hall 01237 421391.

7.30-9pm Samba Baia rehearsal at Community Arts Network, 13 Rope Walk

Wednesdays

10am - 12 noon. Bideford Healing Group meet at the Sea Cadets Hall in Park Lane

10.30am-12noon 'Feel better with a book' at Bideford Library. 01237 476075

10.30am Walking for health in Victoria Park. Meet at Café du Parc. 01237 421528

10.30-11.30am Tai Chi SW, free classes for over 50s, G4 Gym, Dadden Court Ind Est. 01237 478802

2pm. Tea with Friends at St Mary's Church

2.15-3.30pm 'Fit as a Fiddle.' Buckland Brewer Church school room : TorrAGE Ageing Well, 01805 622666

7-9pm Bideford 'Sew Sociable' at Lavington Church Rooms, Willett St.

7.30pm Bideford Folk Dance Club at Northam Hall. 01237 423554

7.30pm Bideford Phoenix Morris practice at Bideford Baptist Church. 01237 473798

8pm Torridge Male Voice choir rehearse at Woolsery Village Hall. 01237 441601

Thursdays

9.30am-10am Under fives story time at Bideford Library 01237 476075

10:15am - 12 noon Northam & District Men's Forum: Methodist Church Hall, Cross Street, Northam. Contact Mike on (01237) 459324 for more information.

10-11am and 11-12noon Tai Chi at Marlborough Court. 01805 622666

10.30am Walking for Health along the Tarka Trail ; meet Clarence Wharf car park tel 01237 421528

2-3pm Seated exercise for over 60s at Westward Ho! Baptist Church. 01805 622666

2-4pm Tea and IT at Bideford Library. Bring your tablet/ phone etc. 01237 476075

2.15pm Thursday Fellowship at Northam Methodist Hall. 01237 421956

6.45pm Westward Ho! Bridge Club at Trinity Church Hall. 01237 470990

7.45pm Bideford Band Senior Practice at Band Room, Victoria Park. New members welcome. Tel Becky 01237 475653

8pm Bideford Folk Club at Joiners' Arms.

Fridays

9.30am Over Sixties Fitness Class at Pollyfield Centre East the Water. Free parking

stevehammond@boatshed.com.

2-4pm Sew Together at Westward Ho! Baptist Church. TorrAGE Ageing Well, 01805 622666

2.30pm – 4.30pm Bideford Friday Afternoon Table Tennis club. Bideford Youth Centre.

2.30 pm – 4.30pm Torridge Table Tennis Club at Bideford Youth Centre 01237 477932

4-6pm Needlecrafts at Bideford Library. 01237 476075

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club Northam Hall. 01237 476632

Saturdays

10am – 12noon Children's Lego Club at Bideford Library. 0237 467075

10am -12pm Table Tennis Club at Bideford Youth Centre. 01237 477932

10.30am – 12.30 Scrabble club at Bideford Library. 01237 476075

Sundays

7.45pm ND Cancer Care Quiz at Lacey's Ale and Cider House, Mill St Bideford. £3 per person, teams up to 6. All welcome, contact Neil 01237 473798

Diary continues on next page.

And we're not.

(April Diary Continued)

Sunday 1st

Easter Day

10 - 5pm Blue Lights Art Group exhibition at Blue Lights Hall, Appledore. Sue Tucker 01271 860718

Find the Easter chicks at Clovelly – until April 13th

Monday 2nd

Easter Monday

10 -5pm Blue Lights Art Group exhibition at Blue Lights Hall, Appledore. Sue Tucker 01271 860718

Tuesday 3rd

7pm 'Skye's the Limit.' Surfers against Sewage Film Night at Custom House, Bideford.

Wednesday 4th

10.30am Parkinson's UK coffee morning at Common Rm 1, Ethelwynne Brown Close 01237 478128

11am-1pm Creative (memory) café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Est 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity Hall Westward Ho! Tel 01237 475720

2pm Bideford Library Readers' Group For current book check with library. 01237 476075

7pm Northam WI meets at Methodist Hall, Cross St. 01237 421776

7.30pm Lions Club at RND Golf Club, W Ho! Visiting Lions welcome. 01237 425198.

Thursday 5th

10am -12pm See Hear on Wheels at Hartland Pavilion. 01271 373236 / 07831 515809.

2pm-4pm See Hear On Wheels at Bideford Pill. 01271 373236 / 07831 515809.

2pm Westward Ho! WI meets at Old School Room, Kingsley Hall

7.30pm – 8.30pm Meditation at Bideford Library 01237 476075

Friday 6th

2pm -4pm Sew Together at Westward Ho! Baptist Church tel 01805 622666.

Sunday 8th

7.30pm Hartland Town Band Spring Concert in Hartland Parish Hall; tickets 6.00 from Ann Pillman; Tel 441434

Monday 9th

6.30 -7.30pm Laughter Yoga at Bideford Library 01237 476075.

8.30pm North Devon Jazz Club at Beaver Inn Appledore 01237 421065. Rob Luft Quintet

Tuesday 10th

10am – 12pm Macular Society Support Group at Burton Art Gallery tel 01237 441466

2pm Bideford WI at Sea Cadets' Building

2pm Arts Society North Devon at Durrant Hotel. Visitors welcome £5.

7-9pm Torridge Tuesdays Women's Club at 1 Ethelwynne Brown Close 07977 184897

7.30pm Bideford Sustainability Group at Blacksmith's Arms East the Water. 01237 475375

Wednesday 11th

10.15am Probus Club meets at Royal Hotel Bideford 01271 831480

2-4pm See Hear on Wheels at Tesco Bideford 01271 373236 / 07831 515809.

2pm Memory Lane Reminiscences at Bideford Library 01237 476075

2-3.30pm Bideford Friends at Burton Art Gallery tel 01805 622666

Thursday 12th

2pm Torridge Ramblers afternoon walk 01237 239129

2pm – 5pm Way of the Wharves project meet at Royal Hotel. Kingsley Room.

Friday 13th

5pm Appledore Sausage and Ale Festival

www.appledorebeerfestival.co.uk

10am -1pm Lundy Art Group at Blue Lights Hall, Appledore. Tel 07733443580

10am – 12noon Coffee and chat at Kingsley Hall Westward Ho! 01237 421274

7.30pm Lions Club and Bideford Football Club Quiz Night at Robin's Nest. 01237 474717 to book.

7.30pm Bideford Machine Knitting Club at Chubb/Churchill Community Hall tel 01237 477532.

Saturday 14th

12pm Appledore Sausage and Ale Festival

www.appledorebeerfestival.co.uk

2pm Creative Writing Group at Bideford Library 01237 476075

7.30 pm The Music Man' with Roger Jones.

7:30pm Westward Ho! Baptist Church. Free with charity donations. 01237 421551. See

www.westwardhobaptist.co.uk for more details.

2pm Torridge Ramblers walk 01237 451643

Tuesday 17th

10am-1pm Positive People Workshops at Morwenna Community Centre. 'Scrap Booking'. 07803406776 or jomanley@devoncf.com

Wednesday 18th

2.15pm -3pm Meditation at Bideford Library 01237 476075

Thursday 19th

11am Bideford Sustainability Group at the Custom House, Bideford tel 01237 475375

2.15pm Thursday Fellowship at Northam Methodist Hall tel 01237 421956

1pm-2.30pm Fish and chips at Royal Plaice, Appledore. Tel 01805 622666 to book.

Friday 20th

10am -12noon- Families for Children, The Garden Flat, Castle Hill Estate, Filleigh, Barnstaple, North Devon. 01271 612004

10am -12pm Memory cafe at Northam Hall. Tel 01805 622666

2pm -4pm Sew Together at Westward Ho! Baptist Church tel 01805 622666.

6pm – 10.30pm Whaam Youth Concert at Pier House, Westward Ho! Contact details:- John Barton Email: johnbarton007@gmail.com Tel: 07725 056 094

Saturday 21st

10am Torridge Ramblers Day walk 01805 625485

10.45am Devonshire Association Bideford Branch AGM at Burton Art Gallery. Contact Michael Wright 01409 281565 or

bidefordbranch@btinternet.com

(Devon Family History Society meeting cancelled - see 28th.)

Sunday 22nd

6am British Naturalists ; Dawn Chorus meet at Parkham Ash .details from sec. 01271 343607

Monday 23rd

8.30pm North Devon Jazz Club at Beaver Inn Appledore .For a meal booking phone 01237 474822 and for details about the Club phone Peter Hames on 01237 421065.

Tuesday 24th

10am-1pm Positive People Workshops at Morwenna Community Centre. Wind Chimes and Bird Box Craft. 07803406776 or jomanley@devoncf.com

Wednesday 25th

10.15am Probus meets at Royal Hotel Bideford 01271 831480

2-3.30pm Bideford Friends at Burton Art Gallery tel 01805 622666

Thursday 26th

10am – 12pm Coffee morning and table top sale at North Devon Yacht Club, Instow Jenny 01237 422710

2pm – 5pm Way of the Wharves project meet at Royal Hotel. Kingsley Room.

Friday 27th

10am – 12noon Coffee and chat at Kingsley Hall Westward Ho! 01237 421274

10am -1pm Lundy Art Group at Blue Lights Hall, Appledore. Tel 07733443580

Saturday 28th

11am-2pm Parkinson's Spring Fayre at Weare Giffard Village Hall

2pm Devon Family History Society Bideford Group. Pollyfield Centre Peter Christie -The Skeleton Army.

Sunday 29th

10am Angela's Ride from Braunton to Torrington in aid of Dementia UK.; email info@angelasride.co.uk

BIDEFORD CINEMA

Coming in April at Kingsley School.

Fifty Shades Freed (18)

Early Man (PG)

The Mercy (12A)

I, Tonya (15)

Red Sparrow (15)

The Post (12A)

For up-to-date information on times and dates please see our weekly advert in the North Devon Gazette, or visit our website at www.bidefordcinema.org.uk