

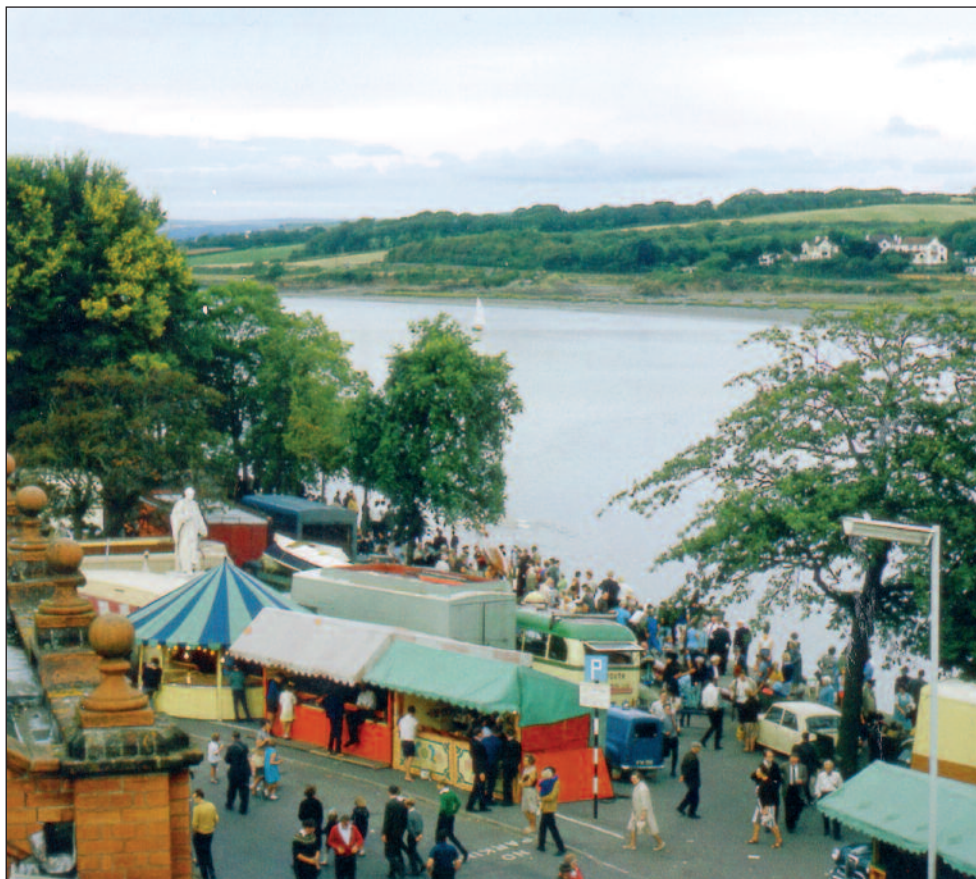


# BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Instow, Lundy and villages west as far as Hartland

## All the Fun of the Fair



This photo is an unusual view of the fair taken from the top of the Post Office Building in 1975.

There is more on the history of the fair in Bideford in Peter Christie's article on Page 3.

This month is also carnival month in Bideford with events on Friday, Saturday, and Sunday 8th, 9th and 10th of September.

Other things to look forward to are the Positive Living Fair on the 3rd September and the Appledore Book Festival at the end of the month. A full diary of events is to be found as usual on the back two pages.

Bideford Buzz is always looking for distributors. If you can spare a few hours every month to help with this we would be delighted to hear from you. Car owners are especially welcome to help reach the rural areas; expenses will be paid.

Finally we are always keen to receive your contributions each month remembering as always that Buzz is a 'moan free zone.'; please send your items for inclusion to the address or email below.

### Also in this month's Buzz

- ◆ All the fun of the fair
- ◆ Carnival News
- ◆ John Strange - Mayor of Bideford
- ◆ Vintage Fair at the Pannier Market
- ◆ Clovelly Lobster Festival.
- ◆ *Plus our regular items ...*

### CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £25 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 11th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz on 01237 476549. 3,500 copies are printed monthly.

**All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.**

Email: [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk). Mobile: 07929 976120. Web: [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk).

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monitor for the press.

For complaints scheme see:  
[www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk)



Bideford Town Council

## Calling All Students!

In partnership with Bideford College, we are offering the local community the opportunity to attend a 6 week programme of IT tablet tuition classes. The classes are aimed at beginners, who are 60+ and we are happy to supply Samsung tablets for student use whilst 'in class'. The programme will begin in October 2017.

The teaching of the course will be led by volunteer sixth formers and proposed topics will include; how to send e-mails, researching topics of interest, on-line shopping, photography and using 'apps'. There is a small donation requested of £5 per student to cover the cost of refreshments throughout the course.

## Amblers and artists.

This is a pilot programme entitled 'Amble & Art'. The intention is to provide short, accompanied walks in the Northam Burrows / Westward Ho! coastal area followed by a light lunch and an art class (using a variety of mediums).

Commencing towards the end of September, the course will be led by local artist, Ruth Coles, with Lead Ranger from the Northam Burrows Visitor Centre, and staff and volunteers from Ageing Well.

**For further details, or to book a place, please contact Ageing Well on 01805 622666.** Please note, we are particularly keen to hear from older people who find it less easy to get out into the countryside on their own. Carers are welcome to accompany guests. **This project is supported by the North Devon Coast AONB sustainable Development Fund.**

For further details, or to book a place, please contact our Ageing Well office on 01805 622666

## Bideford Music Club's Diamond Anniversary

Sixty years ago Bideford Music Club was launched by a group of music lovers to bring classical music to this remote part of South West Britain. At first concerts were given by good amateur performers and some professional musicians among whom Osian Ellis, the Dartington String Quartet and Gerald Moore are on record as artists.

This special year musicians who have performed at the club before and who were particularly popular have been invited to return and the first concert will be on **October 4th** with Korean-born British violinist Joo Yeon Sir and her piano accompanist Irina Andrievsky. Joo has written two works for her: Lament for the Valley (which became part of his choral work Cantata Memoria for the children of Aberfan) and Chatterbox, both of which she will be performing.

Concerts in **January and February** will be on Sunday afternoons. All held at Bideford Methodist Hall, High Street. For more information and membership brochures: Lindy Johnson 01237 423112.

## Appledore singers – new season 2017/8

Appledore Singers begin their new season's rehearsals every Monday night from September 4<sup>th</sup>, between 7.30 – 9pm at Appledore Baptist Church. We're a very friendly ladies' choir and we welcome new members, ready to enjoy singing a variety of song arrangements, from gospel to show-stoppers. We are looking for altos in particular, but any voice range is welcome! Contact our Musical Director Pam Beechey on 01237 420652, in the first instance. Visit [theappledoresingers.co.uk](http://theappledoresingers.co.uk) and our facebook page.



## Christian Aid News

Since last writing, we have had our main fund-raising event, Christian Aid Week, which raised a very creditable £2685.33. Thanks to all those who helped. Our next fund-raising event is our annual Quiz on Friday 15<sup>th</sup> September at 7pm at Bideford Baptist Church. Cost £2.50 per person. Bring and Share Tea. Tickets available from your local Christian Aid rep, or me, Chris Trigger on 01237-475154. Book a table early to make sure you get one. If you're on your own, we'll soon fix you up with a team! Please note change of venue from previous years.

CJT



# All the fun of the fair

Fairs have been visiting Bideford for one hundred and fifty years at least and even though today they face huge competition from computer games and local attractions the travelling show people still come. The history of the fair in Bideford has rarely been recorded but we know that for much of the nineteenth century the stalls and sideshows were erected on the Strand. Shown here is one of the boxing booths on the Strand where aspiring local boxers could take on professionals – and, more often than not, realise they weren't quite as good as they thought. When the gulley and stream flowing down the Pill was finally filled in around 1900 to accommodate the Bideford and Westward Ho! railway (the Appledore section came later) the showmen soon realised this large area of flat land would be ideal for their stalls and rides and they moved here – as shown in the second photograph. Notice the amount of litter scattered around – clearly this isn't just a modern problem. The presence of the Kingsley statue (erected 1906) and the fashions indicate this picture dates from around 1910. The third photograph shows the 1968 fair with some very traditional looking sideshows.

For many decades visiting fairs set up on the Pill and even spilled on to the Quay and along Bridgeland Street.



Over time, however, demands for car parking and complaints over road blockages saw the council move the fair site to the river bank in 1970 as shown in the unusual fourth photograph (*front page*) taken from the top of the Post Office sometime around 1975. This site was rather small and when the new Riverbank car park was opened in 1991 it allowed the larger rides and stalls we see today to spread out. Whatever their age many Bidefordians will have happy memories of when 'the fair' came to town so let us hope the show people continue to visit bringing a touch of the exotic to Bideford during the few days they are here.

**Peter Christie**

## Buzz Subscription

To subscribe send this completed form to Bideford Buzz C/O TTVS 14 Bridgeland Street, Bideford EX39 2QE

I would like to pay for a year's subscription to Bideford Buzz at a cost of £13 a year. This amount covers the cost of postage and makes a small contribution to the Buzz. Postage is second class and you receive 11 issues (including the Christmas Double issue).

I enclose a cheque for £\_\_\_\_\_ made out to Bideford Buzz.

Mr./Mrs \_\_\_\_\_ First Name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_ Telephone No \_\_\_\_\_

*I am interested in posting Buzz abroad. How much would it cost ?*

# Book Buzz

*'How to be Both,' by Ali Smith,*  
( discussed by Bideford Library Readers' Group.)

It was agreed by all who read it that this was a book of two distinct halves, but which had parallel themes running through it. Not everyone enjoyed both the narratives. One half of this book is about George, a 16 year old girl who is grieving following the death of her mother as well as dealing with teenage friendships, bullies and a counsellor who repeats everything she says, which drives her mad. She thinks back over her family life, a possible espionage encounter plus a trip to Italy to view a fresco by renaissance painter Francesco Cossa.

Enter the second narrative about the life of the said painter, including a suggestion that he was actually a girl living as a man in order to become accepted as a painter. Francesco 'encounters' George after his/her death, as a spirit and tries to give her the benefit of his life experience although George is unable to connect with him.

The biggest surprise to us all was that some of the books are printed with George's story first and some with Francesco's story first, leading to some confusion in discussion. The book led to a lively and diverse discussion on the stylistic device and on the subjects.

**Sue Smith**

*The next meeting of Bideford Library Readers' Group will be on Wednesday September 6th at 2pm when we shall be discussing 'Leaving Time' by Jodi Picoult. Copies available at Bideford Library.*

On **Roald Dahl Day** – September 13th at 11.00 a.m. Bideford Library has teamed up with the Burton Art Gallery and you can bring your youngest children along to a storytelling session at the Burton run by Bideford Librarian, Annie Brierley. Parents can stay, and it's FREE.



**Ali Smith**  
**How to be both**

SHORTLISTED FOR THE MAN BOOKER PRIZE 2014



## Summer Reading Fun.

**On right:** - Police dog enjoys a read during the Summer Reading Challenge in August at Bideford Library.

**Below :** - one of Bideford Library's young readers, **Ella McGoldrick** enjoys her library book in the park.

## Appledore Book Festival

22nd September until 30th September.

The Box Office in Appledore is run by David and Jenny at Docton Court Gallery. You can pop in to see them at 2 Myrtle Street, Appledore, Bideford, Devon EX39 1PH

Tel: 01237 424 949. Open daily: 9.30am – 5pm (11am – 5pm Sundays).

You can also email them at [boxoffice@appledorebookfestival.co.uk](mailto:boxoffice@appledorebookfestival.co.uk). Tickets purchased in the Box Office are not subject to a booking fee.

Authors include our own local ones like Tanya Landman, Peter Christie and Hilary Bonner (originally from Bideford.)

But book now, as many of the events sell out very quickly.



Ella reading.

(c) S. Strodie.





**Foster a dog and make a difference to a dog's life!**

We are looking for dog lovers who live near to our Ilfracombe Rehoming Centre to look after dogs for us in their home on a short term basis. These dogs may be puppies, elderly dogs, dogs with injuries, mums with litters or perhaps just a dog that needs a break from kennel life. All equipment, food, support and advice will be provided by Dogs Trust. For more information please contact the Home from Home Coordinator: Call: **01271 812 709** Email: [hfhilfracombe@dogstrust.org.uk](mailto:hfhilfracombe@dogstrust.org.uk) Or visit us at: Dogs Trust Ilfracombe, Hazeldene, West Down, EX34 8NU

[www.dogstrust.org.uk/fostering](http://www.dogstrust.org.uk/fostering)  
Registered Charity Numbers: 227523 & SC037843




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**The Appledore Singers**



**Rehearsals held every Monday  
7.30–9.00pm Appledore Baptist Church**

- We sing a wide repertoire of songs ranging from gospel to Top Ten hits and show-stoppers
- We sing in venues all over North Devon and beyond
- We raise money for charity
- We have special Wedding and Christmas repertoires
- We sing for clubs and organisations and special events
- We always welcome new members – particularly altos!

**Come along and see for yourself!**

**Contact our Musical Director Pam Beechey  
for an informal chat on 01237 420652**



**BIDEFORD  
TOWN COUNCIL**

**Grants for 2018/2019**

Those organisations whose work includes benefit to the people of Bideford may apply for a grant from the Bideford Town Council.

Application forms are obtainable from:

- The Town Clerk,  
Town Hall, Bideford EX39 2HS
- E Mail: [admin@bideford-tc.gov.uk](mailto:admin@bideford-tc.gov.uk)
- Website: [www.bideford-tc.gov.uk](http://www.bideford-tc.gov.uk)
- Telephone: (01237) 428817/8

**FORMS MUST BE RETURNED BY  
FRIDAY 22 SEPTEMBER 2017**

Grants will be paid in April 2018

## John Strange (1590- 1646) - merchant ship owner and local hero.

In Bideford Town Hall, you will find a portrait of John Strange, four times Mayor of Bideford, and an unusual man. There is a copy in the Burton Art Gallery. In the background of the portrait are certain objects (cliff, arrow and bridge) which symbolise episodes from his youth in which he might easily have been killed. When he was a boy he fell off a cliff whilst bird-nesting, but remained unhurt, was hit in the forehead with an arrow but it left him with only a slight scar, and on another occasion, a robber threw him over the Long Bridge, but again he remained unscathed. John Strange was obviously destined for other things.



By trade, he was a merchant ship owner and worked in conjunction with another Bidefordian, George Shurtt. Between them they owned a small fleet of ships, including the 'Friendship' (80 tons) and the 'Fellowship' (170 tons), and some of these ships would be sent out to the Newfoundland Fisheries.

Strange was also instrumental in setting up the Virginia Company, in which blankets were sent out to Virginia in return for tobacco. He also helped in establishing trade with New England.

However, his moment came in 1646, when the plague struck Bideford.

The tale is told that a Spanish ship carrying a cargo of flea-ridden and plague-infested wool, moored in Bideford, and three children playing amidst the sacks brought the plague ashore, for within a few days these same three boys, the sons of local surgeon, Henry Ravening, and their father, had died. The mayor at the time, fearing for his life, hastily left the town, and John Strange, who had been Mayor three times before, stepped into the breach as Mayor again. He put guards at the entrances of the town, to prevent the disease from spreading, made sure the sick were cared for, the dead buried, and the bereaved comforted. The official death toll was 229, (more were buried than appeared on the official lists, including the Ravening family) but more would have died if not for the efforts of John Strange.

One of the people who succumbed to the disease was John Strange himself, who died on 30<sup>th</sup> July 1646, aged 56. John was married to Katherine, and they lived at Ford House. They had one daughter, and four sons, all of whom died young and predeceased him, except his youngest son, also called John, who grew into adulthood, married and eventually emigrated to Virginia.

In the meantime, a sea captain, whose life John had saved in a shipwreck, came to Bideford to thank him, only to be told that he had recently died, so the captain made sure that a monument was placed in St. Mary's Church in his memory. Unfortunately, when the church was rebuilt in the nineteenth century, it was placed too high up the wall to be able to read the inscription without a ladder, which is a pity, as it is very fulsome in its praise of this heroic character, who gave his life to save others.

Even in death, John Strange was very generous, leaving in his will enough money to build 5 almshouses in Meddon Street 'for poor old people'. These still stand, and are now listed buildings.

**Chris Trigger**

### Gravestone In St Mary's Church

I saw this gravestone in St Marys Church, Bideford and I was deeply touched by the poignant words.

*Farewell my dear Husband  
I leave you behind  
With eight dear children  
To them pray be kind  
Two lie here with me  
Mouldring in the dust  
It cost me my life  
In bearing the last.*

There is no mention of any names or year of death. I wonder if anyone knows anything about who or when the gravestone was put up. How difficult life must have been in times gone by, and how fortunate we are with modern medicine and health care today.

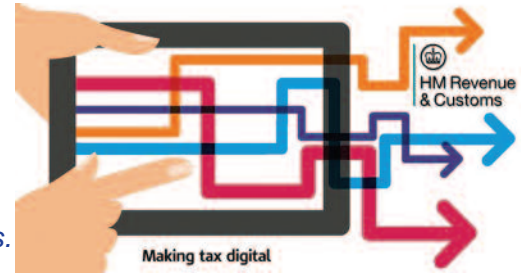
Rev Claire Rose Casemore has given me permission to send in this article.

**Valentina Kassam**



# Buzz Byte

*My apologies that this month's article is aimed more at business users.*



If you don't own a business you probably don't know that the government has decided that, from April 2018, they are Making Tax Digital (MTD). As a result, almost all businesses will have to make a quarterly submission to HMRC, as opposed to an annual return. This means that they need accurate and current purchase and sale records, so that they can be digitally submitted in the given timescale, or else a hefty fine will be applied. As a company, I am sure that your accountant will have made you aware of the changes, but is your business IT ready? Accountants can help you decide between the various software packages that are available to best suit the needs of your business, but is your IT equipment man enough to handle the involved software; is your network secure and reliable? There may be no need to buy additional equipment to run the accounting software as your existing PC may already be able to cope. It may just need a little housekeeping to ensure it is running to its optimum capability, or the addition of extra memory to run the package smoothly. Pre-Digital Tax checks are available. Just bring your equipment in to selected outlets, or request a site visit. If you haven't got a PC or a tablet, then pop into your local computer store who can offer you advice on, and supply you with a device that will work best with your organisation and accommodate your requirements.

**Nickie Baglow** (*Complete Computing.*)

## Bideford Pannier Market

The summer has brought a lot of customers up to the Pannier market and business has been good.

Time to get your very vintage glad rags on ready for the next Devon Pop Ups event: Vintage & Handmade on **September 24<sup>th</sup>**. It follows a similar format, with a mix of attractions and activities for visitors as well as exhibitors showcasing their wares. There will be up to 40 exhibitors of vintage and retro homeware, clothes, books, records and ephemera as well as a hand picked selection of beautiful handmade work by local artists and makers.

There will be a few surprises on the day with a display of vintage optician's equipment from *Just Spectacles* and a small area of the market will be dressed as a retro living room by *Old Bridge Antiques*. Café Collective will be providing a Vintage Tea Room complete with vintage crockery, beautifully dressed tables and waiting staff in vintage outfits. Peter from *Market Music* will be bringing along a vintage record player and his sizeable record collection and will play customer requests – like a human duke box! And *ONO Band* will be bringing some old time Dixie jazz to the event with a live set on the day. We are offering creative workshops on the day (see picture) which need to be booked in advance. For more information and to book your workshop go to [www.devon-pop-ups.co.uk](http://www.devon-pop-ups.co.uk) where you can also sign up to the email newsletter.



The free Saturday Mini-bus is proving to be a success and now we need the Town Council to fund it if possible. Please mention this if you are talking to any of the councillors as this would be a huge benefit for local people. If you are a trader why not have a look at Bideford – please contact Richard Coombes (Deputy Town Clerk) on 01237 428817.

**Butchers' Row, Market Place, Grenville Street - Open Monday to Saturday.** All the units in Butchers Row are now occupied. We wish all the traders the best in their new ventures. These are all local traders and need as much support as possible. Please come on up and check them out  
**Trev (Minxy's Sweets)**

**The Appledore Blue Light Art Group** will be holding their next exhibition on Friday and Saturday 29<sup>th</sup> and 30<sup>th</sup> of September and Sunday 1<sup>st</sup> October at the Blue Light's Hall, Appledore. 9-5pm on Friday, 10-6pm on Saturday and 10-5pm on Sunday. All the artists will be displaying original painting in a range of media and styles. For further information contact Joan Murphy [joanmurphy4@hotmail.com](mailto:joanmurphy4@hotmail.com)

## Carnival Fun

Bideford's Festival of Piping & Drumming kicks off on Friday 8th September with a Ceilidh featuring the Oggle Band, so if you fancy some toe tapping, kilt swinging music, head for the Pollyfield Centre at 8pm. Tickets are £6 in advance or £7.50 on the door. Advance tickets available from Mike Harper 01237 422477 [mike@rockbymail.co.uk](mailto:mike@rockbymail.co.uk)



Carnival Day is on Saturday 9th September. The parade, led as always by Bideford Town Band, will leave the Pill car park at 6pm and then travel via the Quay, Bridgeland Street, North Road to Lime Grove and Belvoir Road, before heading back into the town along Abbotsham Road, down the High Street and back along the Quay.

This year's theme for the carnival is "Countries", so expect lots of colourful floats and walkers. Please note if you wish to see the pipe bands in the carnival please watch in the lower part of the town (Bridgeland St, High St and the Quay). They will not be marching around the top of the route, but saving their energy for the Massed Pipes & Drums after the carnival.

The festival ends on Sunday 10th with the ever popular "Piping in the Park". This is an informal get together of pipers and drummers in Victoria Park, playing tunes for the fun of it. Requests from the crowd are always welcome and they will give it go, although this doesn't always go to plan. So for a fun morning, bring along your deck chair at 11am, relax and watch the bandsmen have some fun.

## News from the Burton Art Gallery & Museum

If you want to see the whole BFG film, the original 1982 film is being shown in Victoria Park on 2nd September, starting at 7.45pm. Tickets in advance from the Burton are £8 adult, £5 children, but £10 and £8 respectively on the night. The Burton has partnered with the local Co-op in Bideford, which has kindly donated 30 bags of popcorn free for all the children who attend the event. And Bideford Town Council is supporting the event with a financial donation.



Marketing and events officer at the Burton gallery, Anthony Burt, said: *"We're very excited about this huge, outdoor cinema event and look forward to welcoming families to the world of the Big Friendly Giant for the evening. Everyone coming can bring their own picnics, blankets and chairs and, if children want to get into BFG fancy dress, then that's even better!"*

### The Anthony Gormley exhibition runs till the 8<sup>th</sup> September.

You will notice that the Gallery foyer has now been completely refurbished with a smaller reception desk, and much more space for shop goods, giving the visitor more room to move. It has opened up that entire area, and is more welcoming than the earlier high counter layout.

Other attractions for September include Celia Smith's Craft Showcase in the Craft Gallery. Celia draws with wire, creating three-dimensional sculptures of birds, giving them movement and character, you almost expect them to move!

There are two workshops in September: Contemporary Mosaics with Kathy Badcock on the 2nd from 10am to 4pm. Cost is £40 + £5 for materials, such as beads, glass, tesserae, china, etc.

Making and decorating Slipware with Dylan Bowen on 30th September from 10am to 4pm. Cost is £40 + £5 for materials. Build and decorate clay shapes with guidance from Dylan.

The Friends have invited Warren Collum, Exhibitions and Collections Manager, to talk to us about the Christine Halstead Ceramic Collection, which was bequeathed to the Friends. Since his last talk he has documented the ceramics, both photographically and digitally. Warren will be showing how he has accessioned and organised the collection on September 20<sup>th</sup> at 7.30pm.

Artists are reminded that the Open Annual Christmas Exhibition takes place in November, and if they wish to participate, they will need to collect the Conditions of Entry form from the Gallery.

Gallery opening hours: Mon-Sat: 10am to 4pm; Sun: 11am to 4pm. Admission Free. Tel: 01237 471455 [info@theburton.org](mailto:info@theburton.org) [www.theburton.org](http://www.theburton.org) **Diana Warmington.**





## Shipping notes 149

### Shipping at Appledore Arco Dee 23.7.17

### Shipping at Yelland Deo Gloria 20.7.17, 21.7.17, 22.7.17, 23.7.17, (2 Trips) 24.7.17.

It may be of interest to readers that this vessel will have performed 10 voyages to Yelland; I have been away on holiday and at the time of going to press the vessel is still alongside Yelland Jetty; she is loading at the dredging area off Llanelli South Wales which is a much shorter voyage than going to the Culver Area further up the Bristol Channel.



### Bristol Channel Observations

**15.7.17** vehicle carrier **Grande Benin** 26097 tons d.w., owners Grimaldi Line of Italy outward bound from Portbury, having sailed at 10.15. (Seen again **16.7.17** at 15.00 outward bound.) At 16.15 vehicle carrier **Guardian Leader** 21182 tons d.w, owners Guardian Maritime Ltd Isle of Man, inward bound for Portbury.

**17.7.17** at 07.44 vehicle carrier **Vega Leader** 16396 tons d.w. owners Aires del Mar Compania SA Japan, inward bound for Portbury. (Also seen again outward bound at 19.00 from Portbury having sailed at 12.43.) At 10.13 dredger **Sospan Dau** 2134 tons d.w, owners Sospan C.V Netherlands, inward bound for Cardiff. The Trinity House buoy tender vessel **Patricia** was anchored in Bideford Bay overnight undertaking maintenance work on the Fairway Buoy and sailed the next day for Land's End. Also the buoy tender vessel **Mair** was anchored off Appledore and she sailed the next day for St Ives.

**18.7.17** at 08.25 the vehicle carrier **Don Quixote** 28142 tons d.w., owners Wallenius Wilhelmsen Norway and Sweden, inward bound for Portbury. At 21.05 bulk carrier **Prabhu Yuvika** 76310 tons d.w. owners Puni Gopal Shipping Pte Ltd India. inward bound for Port Talbot.

**19.7.17** at 08.17 vehicle carrier **Grande Anversa** 12353 tons d.w. owners Grimaldi Line of Italy outward bound from Portbury, having sailed at 04.26.

**21.7.17** at 16.55 tanker **Stenstraum** 13677 tons d.w, owners Stenoil KS Norway, inward bound for Cardiff.

**23.7.17** at 07.40 bulk carrier **Federal Oshima** 36563 tons d.w, owners Fednav Ltd Canada, inward bound for Newport. At 12.07 vehicle carrier **Theben** 23786 tons d.w, owners Yuki Shipping Ltd Denmark inward bound for Portbury, At 14.00 cargo vessel **Flex Emden** 5049 tons d.w owners Emden Shipping GMBH & Co Germany, outward bound from Newport having sailed at 08.32.

**24.7.17** at 07.53 bulk carrier **Navin Vulture** 7390 tons d.w, owners Massmariner Malta Ltd Turkey inward bound for Newport. At 08.23 vehicle carrier **Victory Leader** 13363 tons d.w., owners Victory Ray Ltd Isle of Man, inward bound for Portbury. **25.7.17** at 20.53 vehicle carrier **Hoegh Singapore** 12250 tons d.w., owners Hoegh Autoliners Norway inward for Portbury.

**27.7.17** at 12.10 bulk carrier **Ionic Unicorn** 60411 tons d.w. owners Ionic Unicorn Inc Greece inward bound for Portbury. At 18.16 vehicle carrier **Global Highway** 20686 tons d.w, owners Kawasaki Kisen K.K. Japan outward bound from Portbury having sailed at 14.55.

**4.8.17** at 18.51 vehicle carrier **Orion Highway** 20500 tons d.w, owners Kawasaki Kisen K.K. Japan, inward bound for Portbury

**5.8.17** at 08.05 vehicle carrier **Opal Leader** 12500 tons d.w, owners Nippon Yusen Kaisha Japan, outward bound from Portbury having sailed at 03.23. At 08.06 cargo vessel **Tove** 2517 tons d.w owners Vaage Ship Management AS Norway, inward bound for Birdport. At 16.15 chemical tanker **Stolt Kittiwake** 4710 tons d.w. owners Stolt Nielsen BV Netherlands, inward bound for Barry. At 21.10 vehicle carrier **Morning Caroline** 22717 tons d.w. owners La Darien Navegacion SA Japan outward bound from Portbury, having sailed at 16.10.

**6.8.17** at 09.35 vehicle carrier **Grande Sicilia** 12353 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury, having sailed at 0.04. At 11.23 cargo vessel **Zuuldvljet**, owners Zuuldvljet BV Netherlands, inward bound for Birdport. At 14.40 vehicle carrier **Morning Capo** 21139 tons d.w. owners Eukor Car Carriers Inc South Korea, outward bound from Portbury, having sailed at 10.03.

**7.8.17** at 18.30 cargo vessel **Nina** 2516 tons d.w, owners Vaagebulk 11 KS Norway, inward bound for Birdport.

**8.8.17** at 13.10 vehicle carrier **Bosporus Highway** 18792 tons d.w, owners Kawasaki Kisen K.K. Japan, inward bound for Portbury.

**10.8.17** at 08.35 cargo vessel **Wilson Husum** 2517 tons d.w., owners Wilson A/s Norway, inward bound for Birdport. At 19.47 cargo vessel **St Elias** 24110 tons d.w, owners Hawkeye Maritime Ltd Greece, inward bound for Newport.

Regards Norman 01271 861183.

## Felicity's Sustainable Fish -September

It was ten years ago that the first Clovelly Crab and Lobster Feast was held at the beginning of September. The National Lobster Hatchery had been set up in Padstow and the event was also the first time the baby lobsters were released to augment the stocks of lobsters around Lundy island and the rocky areas in Bideford Bay.

We will also be dancing the Lobster Quadrille this year - something everyone enjoyed at the first events-So watch out for "Alice" in Clovelly on the Sunday 3rd September. There will be live music all day including sea shanties by the Old Gaffers, Ben Trevor on guitar, and solo artist Lucy Anna from Cornwall.

There will be a prize draw for a magnum of champagne, local food and craft stalls, including plenty of freshly cooked lobsters and crabs, and beer tasting. Children will also be kept entertained by street theatre, walkabout magic, balloon modelling and event-themed games and craft activities.

I gave you a recipe for a lobster dish in August so here is a recipe for crab cakes made in a muffin tin, these will also be available on my stall, I so looking forward to seeing you there. (Please let me know if you have read this article, for a discount!)

### **Baked Crab Cakes made with goat's cheese and bacon - makes 6 cakes.**

#### **Ingredients**

250g crabmeat (can be white crabmeat from spider crab legs) fresh goat's cheese

1 egg

12 slices of bacon

#### **Method**

Preheat the oven to 160 C (320 F)

Peel and wash the potatoes, then cut them into thin rounds. Mix them in a bowl with the olive oil and season with salt and pepper.

In another bowl, crumble the goat's cheese with a fork. Add the egg and beat with a whisk. Fold in the crab meat, season with salt and pepper.

Oil 6 tartlets mould/muffin tin sections with high sides, then line the bottoms with greased- proof paper. Place 2 slices of bacon criss-crossed on the bottom of each mould, overlapping the top edges. Add a layer of potatoes slices. Spread on some crab mix and then another layer of potatoes. Keep layering in this way until all the ingredients are added to the 6 moulds and all the ingredients are used. Finish with a potato slice and then fold the bacon slices over them, and pat it all down gently to seal.

Bake the crab cakes for 30 minutes  
Remove the cakes from the oven and increase the temp to 180C. Carefully transfer the crab cakes from the moulds to a baking tray lined with 6 squares of wax paper and put the crab cakes back to crisp the bacon for 15 mins.  
Serve hot with a good green salad made with crunchy fresh spinach.



## **BIDEFORD BUZZ**

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For more details please contact [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk)



## The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday mornings, between 10.30 and 11.30 am, followed by refreshments and a chat, at 17 Honestone Street, Bideford (opposite the car park)  
Everyone is welcome  
For further details, contact:  
Jacqui Poole Tel: 01271 861824



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new members welcome, only £5.00 per year.  
We specialise in

**Weddings.**

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If you are looking for a venue for any celebration please contact Pat or Debbie on 01237-472439, or call at the club.



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## Buzz off

Here at Buzz, we went out for cream teas- a relatively safe trip, you may assume. We got our scones, we considered tea, but it was a blisteringly hot day so we chose lemonade instead. Thus awoke a malevolent force long dormant in the neighbouring woodland, the tea garden was plunged into anarchy and everyone's afternoon was ruined. When the wasps descended, so began a game of musical chairs, whereupon the critters would latch on to one particular family at a time and follow them round the garden. Some groups hopped from table to table in the hope that their pursuers would lose interest, others loitered near a neighbour with more fragrant cologne; throw them under the bus instead. Don't judge, it was every man for themselves. Here at Buzz, we felt partially responsible because of our sweet beverage, so left the lemonade to one side, absconded with the scones and vowed never to venture outdoors again. We did our best. We didn't even last a day. Too much has happened these last weeks for a curfew.



### 1.)

The 11 hour long extravaganza on 22nd July, **The North Devon Firefly Otherworldly Fayre and Ball**, successfully brought together all gnomes, trolls, elves and pixies from the surrounding area. Clans put aside their feuds for one day of live music as steam punks rubbed shoulders with unicorn people and raised £384.72 for the Clovelley Parish Hall. ( Not including profits from the night-bar, so funds were probably double.) It went well on after dark, where minimal lighting mingled witchcraft with stage craft and added to the cosy atmosphere. Part of its success was no doubt because everyone embraced the magic and came in full costume. Nothing shatters the atmosphere like a Morlock in civvies.

### 2.)

Anyone on a stroll through Victoria Park at the start of the month will have seen their portaloo enclosure, five low budget Tardis' huddled together for warmth, behind a wrought iron fence. As it turns out, this was no art installation, but the foundations of our latest music festival on August 7th. **'Music day'** at the park had everything: bouncy castles, cheer leaders, and more live music than you could shake a stick at. Among the acts on show were *Soul Craft*, *Josh Beer and the underground* and Palladium headliners, *the Verbals*, who bashed out a great set with several self penned tracks.

### 3.)

The 6th day was a day of many delights- among the bouncy castles and radio shacks of Victoria Park sat an exciting new attraction: Zorb rides. Were you jealous as a kid of your hamster's semi freedom- free to roam where ever it pleased around the house as long as it didn't try to squeeze through any small spaces or attempt to mount the stairs? For under a fiver, you could climb into the colourful plastic orbs and recreate every hamster fantasy you ever had. They were by far one of the most popular attractions that day. If the sight of these human sized tangerines rolling round the park whet your appetite, you were in luck, because the **Tastes of the World** food festival went on simultaneously along the Quay.

Traders who had cavorted all over the globe, and thus amassed quite a collection of foreign cuisine gathered their stalls together. From coffee, to sausages, to some daredevil chillies, each palate was catered for, and it was a fantastic way to buy snacks for the festival and enlighten your taste buds at the same time. They hadn't just scooped some Kenco Millicano into a bag and slapped a price sticker on it, they knew what they were talking about. We spent ages happily discussing the ins and outs of their wares with each trader. As well as food, a variety of soaps, scarves and Moroccan bowls were also on sale.

What a way to round off the summer- it was impossible to stay in this August, no matter how hard we tried. As it turns out- there was no need to hide after all. In a rather crass homage to The boy in the Bubble, we have found one sure fire way to avoid the wasp plague. Go about your daily business in a Zorb ball. Life hack # 53 right there. You're welcome!

**Millie Sutherland O'Gara**

**WHAAM Showcase** - (Westward Ho! & Appledore's 2<sup>nd</sup> Annual Concert of North Devon bands 27<sup>th</sup> September, Pier House Westward Ho! 7 pm to Midnight.) This will feature some of the most innovative and talented musicians in North Devon. Presenting a broad spectrum of music from rock 'n roll bands to folksy bands and individual singers. Doors open at 6.00pm £6 a ticket and Children under 16 are FREE. Tickets will be on sale at Delicadevon and The Co-operative Food, Westward Ho! and The Coffee Cabin, The Quay, Appledore. (All proceeds to the RNLI Appledore). You may also reserve tickets by emailing [noahsark@uku.co.uk](mailto:noahsark@uku.co.uk) Details of the programme etc are available from Facebook: <https://www.facebook.com/WHAAMShowcase/>





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**QUIZ at Fremington Parish Hall**  
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**Please ring 01271 860918 to advise numbers and team name**

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**SS Freshspring**

As part of the England-wide 'Heritage Open Days' event, SS Freshspring will be open on Sunday 10th September from midday until 4pm for guided tours of the ship.

All tours are free and there is ample parking available at the Riverbank Short Stay Car Park - EX392QS - Please note that this is a pay and display car park.

**BIDEFORD CINEMA**

Friday 1 and Saturday 2 September at 7.30pm at Kingsley School:  
**The Beguiled (15)** 94 mins

Friday 8 at 7.30pm and Sunday 10 September at 6.00pm at Kingsley School:  
**Baby Driver (15)**

Friday 15 and Saturday 16 September at 7.30pm at Kingsley School:  
**Maudie (12A)** 116 mins

Saturday 16 at 5.00pm and Sunday 17 September at 6.00pm at Kingsley School:  
**The Nut Job 2: Nutty By Nature (U)** 91 mins

Thursday 21 and Friday 22 September at 7.30pm at Kingsley School:  
**Atomic Blonde (15)** 115 mins

Thursday 28 and Friday 29 September at 7.30pm at Kingsley School:  
**The Hitman's Bodyguard (15)** 118 mins

The above programme is PROVISIONAL.

Please check weekly advert in North Devon Gazette and our web site [www.bidefordcinema.org.uk](http://www.bidefordcinema.org.uk) for up-to-date information on films and times to avoid disappointment.



# BIDEFORD COMMUNITY ARCHIVE

## One Hundred Years ago – September 1917

Mr Gerrish, chemist, of 9 The Quay, continues his advertising campaign by encouraging readers to take his Tonic Liver Mixture. He states that “your liver, if neglected, will bring utter ruin and an early decay”. His mixture, costing 1/3d per bottle, claims to cure a long list of ailments including headache, sleeplessness, palpitations, constipation, spots before the eyes, flatulency and coated tongue. Home health remedies seem popular. Doan’s Backache and Kidney Pills are promoted under the headline “Men work from Rise to Set of Sun, but Women’s work is Never Done.” In another advert, we are informed that Black Cat cigarettes are manufactured by an independent firm which does not belong to any Trust or Combination. 10 Black Cat Medium cost threepence halfpenny, Mild are fourpence; Extra Large, which contain one-tenth more tobacco than the Control Board requires, will cost you fourpence halfpenny.

Squires & Son, leading jewellers in North Devon based at 12 High Street, Bideford, wish to buy old gold or silver and are now offering exceptional cash prices for broken jewellery.

More details are given of the forthcoming sugar rationing. Householders have to obtain an application form from the Post Office between 22 and 29 September. This must be sent to the Local Food Control Office at the Town Hall before 5 October. A Registration Card will be sent out by 26 October; this should be filled in and handed to your chosen supplier by 5 November. Rationing starts on 31 December. WH Luxton & Son, Farleigh’s Stores, Dawe & Son and Tattersill’s Stores are all vying for custom. Owners of restaurants, guest houses, schools and clubs are also reminded to register.

Bideford Art & Technical School will be starting a new term on 24 September and is offering classes in painting & decorating, modelling in clay, pottery, building construction and machine drawing. The Evening School of Commerce meets on Tuesdays and Thursdays to study commercial correspondence, office routine, book-keeping and shorthand. Classes in dressmaking, cookery and gardening will be available later.

Recent heavy rain has stopped harvesting in Parkham, but prior to the rain a large amount has been stacked in good condition.

In Instow the harvest is practically finished and several heavy crops of second clover have also been brought in.

*These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.*

### New Website

*The Archive is pleased to announce our new website [www.bidefordarchive.org.uk](http://www.bidefordarchive.org.uk) You will now be able to see some of the items we hold in the offices here at Windmill Lane. You will be able to search our family names and local history databases that relate to the Bideford Gazette newspaper from 1856 onwards. We will be adding new information EVERY week so if you do not find what you are seeking on your first attempt, please keep coming back.*

### Devonshire Association News.

Back in July, we had the last of our summer trips, to Shebbear College. We learnt something of its history and geography, and then walked around the campus. I have to confess I had never been there before. What surprised me was the number of buildings and its extensive grounds. Apparently, it has developed quite a bit since the millennium, is co-educational, and its students either travel in daily from a 25 mile radius of the college or fly in from all over the world. Most of the buildings are new, but of particular interest was the Bible Christian Chapel.

**On Friday 8 and Saturday 9 September**, we have a joint meeting with the DA History Section about Bucks Mills. This consists of a day of presentations and workshops at the Burton Art Gallery, then on the Saturday a walk down through Bucks Mills itself, including a visit to the Ackland and Edwards cabin, then down to the beach for an explanation of the local geology. I am told it’s quite a walk from the car park at the top of the village, down to the beach and back again, so perhaps not one for the faint-hearted.

For further details, email Bideford Branch Secretary **Mike Wright** at [michaelwright946@btinternet.com](mailto:michaelwright946@btinternet.com)

**Chris Trigger**



# September Diary

## Friday 1<sup>st</sup>

**2-4pm** Sew Together at Westward Ho! Baptist Church 01805 622666

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre 477932

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm – 10pm** Ceilidh Club at Northam Hall 476632. Singles welcome.

## Saturday 2<sup>nd</sup>

**2pm** Garden Produce & Handicraft Show at Buckland Brewer Village Hall.

**7pm** Film Club at Littleham Village Hall. 471928

**7.45pm** BFG in Victoria Park - outdoor cinema event. Tickets – 471455

**8.30pm** Soul Intention at Robin's Nest Football Club. £5.01237 470268

## Sunday 3<sup>rd</sup>

**10am-5pm** Lobster & Crab Fest 10<sup>th</sup> Anniversary at Clovelly

**10am-5pm** Positive Living Fair at Bideford Pannier Market

**2pm - 6pm** \_ Open Garden at Hole Farm Woolsery, EX39 5RF 01409 241547

## Monday 4<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

## Tuesday 5<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2pm** Bideford WI, New Sea Cadet Bldg

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**6.30pm** Bideford Band Beginners' Group at Band Room 475653

**7.30pm** Bideford Sustainability Group at Blacksmiths Arms

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

## Wednesday 6<sup>th</sup>

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10am-3pm** Westward Ho! Crafters Market at W, Ho! Baptist Church 479474

**10.30am** Parkinson's UK coffee morning Ethelwynne Brown Close. 478128

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

**1.20-2.10pm** Mother & Baby Fitness Class at Weare Giffard Village Hall.

**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

**2pm** Bideford Library Readers' Group. 476075

**4-6pm** Sew Together at Northam Library

**6-7pm** Zumba Class at Weare Giffard Village Hall. 07884232308

**7.30pm** Pudding Evening at Buckland Brewer Village Hall. 451302

**7.30pm** Lions Club meet at RND Golf Club, Westward Ho! Visiting Lions welcome

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

## Thursday 7<sup>th</sup>

**10am-1pm** See Hear on Wheels (SHoW) bus at Pill Car Park.

**10-11 & 11-12** Tai Chi, Marlborough Ct.

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**2pm** Torridge Ramblers stroll around Northam. 239129

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**2-4pm** See Hear on Wheels (SHoW) bus at Pill Car Park.

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7.30pm** Appledore Men's Group at Appledore Library Meeting Rm. 425427

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 8<sup>th</sup>

**10am-12pm** Coffee, Craft & Chat at Old School Rm, 17 Atlantic Way, W Ho!

**2pm** Devonshire Assn at Burton Gallery

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre

**7.30pm** Abbotsham WI in Village Hall

**7.30pm** Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall. 477532

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm- 10pm** Ceilidh Club at Northam Hall 476632. Singles welcome.

**8pm** Pre Carnival Ceilidh at Pollyfield Centre.

## Saturday 9<sup>th</sup>

Devonshire Assn visit Bucks Mills 01409 281565

**2-4pm** Buckland Brewer Cider Stroll 451822

**3pm** Bideford AFC v Evesham United

**6pm** Bideford Carnival followed by Massed Pipes & Drums on the Quay.

## Sunday 10<sup>th</sup>

**11am** 'Piping in the Park' Victoria Park

**4pm** Bideford Town Band 'Proms in the Park' at Victoria Park. Bring picnic. 475653

## Monday 11<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**2.30pm** Monday Club meet at Bideford Methodist Church

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**8.30pm** N D Jazz Club at The Beaver, Appledore – Ben Cox

## Tuesday 12<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches

**10am-12pm** Macular Society Support Group at Burton Gallery 441466

**10.30am** Walking for Health. 421528

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** Lift Off for Ladies at Westward Ho! Baptist Church. 425471

**6.30pm** Bideford Band Beginners Group at Band Room 475653

**7-9pm** Torridge Tuesdays Women's Club, Ethelwynne Brown Close 1 07977184897

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

## Wednesday 13<sup>th</sup>

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10am-12pm** Families for Children adoption agency meeting at Garden Flat, Castle Hill Estate, Filleigh

01364 645480

**10.15am** Probus Club at Royal Hotel

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**1.20-2.10pm** Mother & Baby Fitness Class at Weare Giffard Village Hall.

**2pm** Tea with Friends at St Mary's Ch.

**2-3.30pm** Memory Lane – reminiscence group at Bideford Library

**2-3.30pm** 'Bideford Friends' at Burton Art Gallery. 01805 622666

**2-4pm** See Hear on Wheels bus at Bone Hill, Northam

**4-6pm** Sew Together at Northam Library

**6-7pm** Zumba Class at Weare Giffard Village Hall. 07884232308

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolsery Village Hall. 441601



# September Diary

## Thursday 14<sup>th</sup>

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 15<sup>th</sup>

**10am-12pm** Northam Reminiscence café at Northam Hall. 459337

**2-4pm** Sew Together at Westward Ho! Baptist Church 01805 622666

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre

**7pm** Quiz at Bideford Baptist Church for Christian Aid. Bring & share tea, 475154

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm -10pm** Ceilidh Club at Northam Hall 476632. Singles welcome.

## Saturday 16<sup>th</sup>

**2-4pm** Bideford Creative Writing Group at Bideford Library. 700901

## Sunday 17<sup>th</sup>

**2pm** Torridge Ramblers walk 451643

## Monday 18<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Community Hall.

**2pm** Bideford Ladies Club at Marlborough Court. 421925

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**7.30pm** Appledore Amateur Radio Club, Appledore Football Social Club 473251

## Tuesday 19<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

**2.30pm** Reflections at St Mary's Church

**2.30pm** Lift Off for Ladies at Baptist Church, Westward Ho! 425471

**6.30pm** Bideford Band Beginners Group at Band Room 475653

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

## Wednesday 20<sup>th</sup>

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10am-3pm** Westward Ho! Crafters Market at W.Ho! Baptist Church 479474

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

**1.20-2.10pm** Mother & Baby Fitness Class at Weare Giffard Village Hall.

**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

**4-6pm** Sew Together at Northam Library

**6-7pm** Zumba Class at Weare Giffard Village Hall. 07884232308

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 21<sup>st</sup>

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**11am** Bideford Sustainability Group Coffee Morning at The Old Custom House café. 475375

**12.30-2pm** Fish & Chip Club for over 60s at Royal Plaice, Appledore. 471394

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 22<sup>nd</sup>

Appledore Book Festival until 30th September.

**10am-12pm** Coffee, Craft & Chat at Old School Rm, 17 Atlantic Way, W Ho!

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre

**7pm** Quiz at Fremington Parish Hall in aid of Lagoon View Community Orchard. 01271 860918

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall

## Saturday 23<sup>rd</sup>

**10am** Torridge Ramblers day walk 01805 625485

**10.30am-6.30pm** Book Festival Café at St Mary's Hall, Appledore in aid of North Devon Hospice (until 30<sup>th</sup> September)

**2pm** Westleigh Village Hall Jumble sale (Jumble from 11.30am)

**3pm** Bideford AFC v Wimborne Town

**7pm** 'Encore' musical theatre concert at Abbotsham Village Hall. 477206

## Monday 25<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**8.30pm** N D Jazz Club at The Beaver,

Appledore – Will Buttesworth Quartet

## Tuesday 26<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** Lift Off for Ladies at Westward Ho! Baptist Church. 425471

**6.30pm** Bideford Band Beginners Group at Band Room 475653

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

## Wednesday 27<sup>th</sup>

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.15am** Probus Club at Royal Hotel

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**1.20-2.10pm** Mother & Baby Fitness Class at Weare Giffard Village Hall.

**2-3.30pm** 'Bideford Friends' at Burton Art Gallery. 01805 622666

**4-6pm** Sew Together at Northam Library

**6-7pm** Zumba Class at Weare Giffard Village Hall. 07884232308

**7pm-12am** WHAAM Showcase in aid of Appledore RNLI at Pier House, W. Ho

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 28<sup>th</sup>

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10-11 & 11-12** Tai Chi, Marlborough Ct.

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms. 'Soul Intention' at Who's Park Campaign Benefit Gig at Kingsley Hall. 470268

## Friday 29<sup>th</sup>

**10am-1pm** Lundy Art Group at Blue Lights Hall, Appledore

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre 477932

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm -10pm** Ceilidh Club at Northam Hall 476632. Singles welcome.

## Saturday 30<sup>th</sup>

**7.30pm** Torridge Shanty Group + Appledore Band at St Mary's, Appledore 475449