



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Instow, Lundy and villages west as far as Hartland

Walking the Coast Path: Mouthmill



© Tom Arno

Also in this month's Buzz

- ◆ Bideford's Music Scene
- ◆ Todd Graham Walks and Talks Across Devon
- ◆ Devon Remembers History Project
- ◆ *Plus our regular items ...*

This is a beach of contrasts. A stream idly trickles through football-sized boulders down to the sea, while soothing sweeps of light-brown sand provide a backdrop to jutting rock formations that point arrow-like towards the Atlantic. It's a place for exploring rather than lounging, though flat grassy areas above the sea wall are ideal for reclining on while you listen to the babble of water below. (from 'Secret beaches of the South West')

There's a beautiful Bluebell wood between Mouthmill and the car park at Brownsam - 'a

patchwork of vibrant blues, carpeting the lush green valley.'

Winbury Hill, an Iron age fort, looks down on Mouthmill and Blackchurch Rock - an ideal vantage point.

Was this remote spot ideal for smugglers to haul ashore their contraband without fear of discovery? Blackchurch rock is awe inspiring - a natural arch with two windows carved out by the ravages of nature.

('Mouthmill - Beautiful North Devon')

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £18 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 11th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz on 01237 476549. 3,500 copies are printed monthly.

All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.

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Bideford Town Council

Buzz Bits

Westward Ho! Seaside Festival 1- 4 June 2017

This is a community event for all, organised by representatives from each of the church and voluntary groups in the village. We meet once a month during the year at Happy Café to plan the programme to include a wide variety of free and affordable events for the whole community. We very much hope you enjoy this taste of Westward Ho!

Find us on Facebook <https://www.facebook.com/westwardho/fishfestival/>

“WHAAM SUMMER” - Westward Ho! & Appledore Music Showcase

Thursday 1st June 2017 from 6.15pm to 10.00pm at the Kingsley Hall, Westward Ho! as part of the Westward Ho! Seaside Festival representing North Devon's musical entertainers performing in aid of the Royal National Lifeboat Institution's Appledore Station.

Tickets are on sale from the booking office at Happy Cafe (07773 679559).....

‘Something Fishy’ Photography Competition

If you'd like to submit up to 2 printed photographs with the theme 'something fishy,' email somethingfishy2017@yahoo.com for more information. Entries to be received by Tuesday 30 May ; all images will be on view during the Seaside Festival at Holy Trinity Church, Westward Ho!



Appledore Band

We had a very successful Christmas period and were able to donate £400 each to Children's Hospice South West, ChemoHeros, Over and Above and Edukid.

The Band is now looking forward to its Summer programme of popular concerts on the Quay at Appledore (opposite the Seagate Hotel) which start on June 5th and continue every Monday evening. If it is wet they will be in St Mary's Church. The season will finish with the show - stopping Proms concert on August 27th Bank holiday Sunday.



Bideford Town Band

May is a busy month for the band, starting off with Torrington Carnival. Later in the month the band will be taking part in the Up-Close Theatre's production of 'Brassed Off', at Kingsley School Theatre on Saturday 13th May, 2.30pm and 7.30pm. The band are really looking forward to this! The band are then travelling to Bideford's French twin town of Landivisiau for the Bank Holiday weekend with the Twinning Association.

This month also see the closing date for Bideford Town Band's Solo and Quartet competition. We would love as many people as possible to come and take part ; it doesn't matter if you aren't attached to a band. Closing date is FRIDAY 19th MAY 2017.

Keep an eye out soon for posters of our summer concerts at Westward Ho! It's that time of year already! "For bookings and general information contact the Band Secretary
Becky Frisby – 01237 475653 – bandsecretary@bidefordtownband.co.uk

Bideford Phoenix Morris.

Dancing in the dawn on May 1st last year. Another Year and a Real Challenge

Be one of the many (well there were quite a few last year thanks to the Buzz) to join Bideford Phoenix Morris as they *Dance in the Dawn* from **5.45a.m.** for about an hour at the Kingsley Statue, Bideford Quay. Bring a coat, wear thermals and sun-screen (you never know!) a flask, and be ready to join in the fun.

Join us, take up the Challenge and be able to say 'We were there, were you?'



An important word from our sponsors:

Citizens of Bideford- the time has come. We need a new **Youth Pager**. Previously, the selection process was simple: a fight to the death with a weapon of your choosing, though the sword is actually mightier than the pen when it comes down to it, and this lead to a lot of skilful warriors, but less skilled grammaticists winning the role. We've shelved that idea now.

A battle of the wits instead! Do you have a thirst for truth? An eye for grammar? A yearning for free gig tickets? (All part of the role.)



Bideford Buzz needs you! If you're interested, please email editor@bidefordbuzz.org.uk or sthandmill@gmail.com with a few choice details about yourself- name, age, interests and hobbies, to set up an informal chat. We'd love to hear from you, and you may be just the person we need! New recruits to start in September. (Read Millie's youth page on page 12.)

Sadly Millie is leaving us in September for pastures new at Cardiff University.

Bideford Pannier Market - open Tuesday to Saturday

Easter has been and gone and a lot of fun was had by all, particularly the visits by the Easter Bunny. The Bunny Hunt was a great success and very well supported. A big thank you to Lucy Lowe for organising the whole thing.

One of the new traders this month is Marie with her *Big Gift Company* selling ready made gifts for all occasions.

June 25th 10 am – 4pm Ceramics Festival.

Bideford, Ceramic artists and potters from across Devon, Cornwall and beyond will be joining us for one day celebrating the art of clay in all its many forms. More information next month.

Butchers' Row, Market Place, Grenville Street - Open Monday to Saturday

In Butchers' Row the soup kitchen has been taken over by *Mr Potato Edd* – Janet and Eddie are selling jacket potatoes, breakfast rolls, sandwiches and all kinds of tasty snacks.

Carol in the Pannier Pantry has relocated to the Old Custom House on the Quay– she will be sorely missed, and we wish her every success in her new premises.

In Market Place there is an old BSA Bantam displayed in a vacant shop window . We understand this is to be an Optical Technicians repairing and supplying glasses.

The Portobello Inn has closed down and is being re-incarnated as an Italian restaurant or ristorante even. **Trev (Minxy's Sweets)**



Book Buzz

News from Bideford Library Readers' Group

Belinda Bauer

On the 15th March the Bideford Library Readers' Group were delighted to have a visit from Belinda Bauer, author of, amongst many others, *Rubbernecker*, a book we recently reviewed. Belinda, who grew up in the area, proved to be a very entertaining guest. She was warm and friendly, happy to talk about her books, and other aspects of the literary world. We learned a lot and laughed a lot - a most enjoyable afternoon.



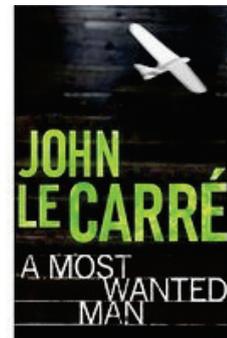
Some of her books are set in North Devon, with the local interest adding to the discussion. From the visit we learned about the writing process and a bit about the wider world of publishing and how she relates well to other crime writers. Interestingly she reads little fiction herself although it is clear that a lot of research goes into her books. I felt that she almost lived the lives of her characters: she could talk about even the more obscure characters in her books almost as if she was that person. To me, Belinda presented a high level of honesty and integrity: when asked to re-write *Rubbernecker* in a way to 'dumb down' (my words, not hers) for the American market, she refused, thereby missing out on a potentially lucrative market.

Belinda's visit added much to what goes on in the Readers' group, giving a new dimension to our monthly discussions. Thanks you for such a pleasant experience.

Mary Corin and other group members

A Most Wanted Man by John le Carre : *discussed by us in April*

The group were very much divided on this one – a few thoroughly enjoyed it whilst others found it difficult to engage with. I didn't enjoy reading it at the time but the story stayed with me longer afterwards than many books do: on this count I found it very thought stimulating. One philanthropic character was 'judged' as being '5% bad' and therefore judged to have been a terrorist – or not. We all have a darker side somewhere so what does '5% bad mean to us as individuals?



The story, like much of le Carre's work, deals with a bleak world in which ideology, morality and patriotism become blurred and ambiguous. Qualities often seen as positives such as friendship and love become vulnerabilities.

'A Most Wanted Man' deals with the confusions around the war on terror and its associated abuses. Is Issa, the wanted man, a militant or a refugee? (I believe the name Issa is commonly associated with Jesus by Muslims)

There is a strong sense that the secret services of different countries rarely seem to work in unison, often pulling in different directions, sometimes making the evidence fit for their own means. The quiet ruthlessness of intelligence agencies is portrayed as the book nears its conclusion.

Why did some of us struggle to engage with the story? Was it because it was difficult to relate to the characters? Was it because of the style of writing? It certainly felt an uneven read but it may just give an insight into an ambiguous aspect of the world that is too often hidden from sight.

Pete Evans

Next meeting is at Bideford Library at 2pm on Wednesday May 3rd when we will be discussing Ian Banks' novel, 'Quarry.' Copies available from Bideford Library. Contact the Library on 01237 476075.



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Would you welcome a young student (or two) in your home?

Would you like to feel you were doing something worthwhile?

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Please contact me for further detail

Contact : Karen Richardson
karen@sol.org.uk
01271 327319
www.sol.org.uk



Westward Ho! Seaside Festival 2017

28th May & 1st-4th June 2017

All events are by donation unless a ticket price is stated. Tickets are available from the venues listed or from the booking office at Happy Café during the Festival
07773679559 jane@seize-the-moment.net

BIDEFORD BUZZ

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Buzz Byte

We often get asked for digital cameras but we don't stock them ; we leave that to businesses such as J & A Cameras. There are a myriad of different digital cameras on the market offering a range of specifications ; we can help you with the technical stuff after purchases and provide you with some technical

know - how to understand the buying guides. Last issue I covered some abbreviations we use in the computer industry ; cameras have them too!



Whereas PCs work in *bytes*, cameras work in *pixels*. A digital image is comprised of squares of data and these squares are called pixels. In a square inch there are 96 pixels. A *megapixel* is one million pixels. The higher the amount of pixels the greater the quality of image you will be able to take, there will be more detail and they can be manipulated in software with better results ; for example they can be enlarged to bigger scale without blurring the image. One thing to consider is the higher the pixels for each image the less you will fit on to the memory card. Digital cameras also come with a *zoom option* – optical and digital. An optical zoom produces a superior image to a digital zoom. This is another element to consider before making a purchase.

Now for a history lesson. The first piece of digital camera technology was introduced by Kodak in 1991. It was a 1.3 megapixel sensor that fitted to a Nikon F-3 SLR camera. Digital 'point and shoot' cameras were not mainstream until around 1998 and came with a hefty price tag of £800!

Nickie Baglow (Complete Computing.)

The local music scene

Being of pensionable age I'm probably too old to be writing this!



Recently I've been listening to BBC Devon's Saturday evening radio programme on introducing new music from around the county. Last week they interviewed the singer from a band called 'One man Boycott' from Barnstaple in which he talked positively about music in North Devon. We have lots of bands living and playing locally including *the Rivals*, *the Skata Tones*, *Falling Apart* and *the Oscar Young Band*. Music from some of these local bands can be found on iTunes and Bandcamp.

Pete Bruntnell, who lives in Braunton has had albums voted in the 'Best 20 Americana albums of the year' in national music magazines and Small Town Jones, also from Braunton has released albums to much acclaim.

One venue in Bideford where you can see local and national bands is the Palladium Club, just off Mill Street at the bottom of Lower Gunstone. Wilco Johnson, formerly of *Dr Feelgood*, has played there in recent years along with members of Ian Dury's band, *the Blockheads*. Some local pubs – the Joiners and the Kingsley in Northam among others, also have local band evenings.

Slightly further afield, the Chill Bar in Ilfracombe has a friendly ambience: TV Smith, who fronted *the Adverts*, a group that had hits during the days of Punk, played there in early April. Petroc's Factory venue in Barnstaple will be playing host to George Ezra and 'From the Jam' in the near future and the Plough in Torrington regularly presents a wide range of music.

Some of the larger towns and cities have lots of opportunities to listen to live music, but it's good to know that there are local opportunities too!

Pete E.

(See Millie's report on WHAAM on next page.....)

More next month on the Palladium Club.

YOUTH PAGE

Young guns blazing

In the 1960s, Batman hit people so hard, they bled words. "BIFF!", "KAPOW!" and "ZLOCK!" rained from his fists as enemies sprawled on their backs, beaten into submission by groovy onomatopoeia, never to zlock again. Batman showed us the power of words. So when the Westward Ho! and Appledore Music Showcase shortened its name to WHAAM!- the noise of explosions, high speed car chases, of the late great George Michael in chinos- we knew we were in for a treat. On March 24th, this punchy title did not disappoint.

Organiser John Barton built on the success of last year and introduced WHAAM Jr, to take place before its senior counterpart. There was talent to spare- the young performers spilled out over their three and a half hour time slot to nearly 11pm. Throughout the night, the audience got a very good spread for their £5 entry fee with continuous entertainment from the Habibi belly dancers all the way through to headliner Yazy Chamberlain. Times like these bring home how lucky we are to sleep on a hot bed of artistic talent, and how now more than ever we need platforms to show it off. You may remember our ode to the closed Queen's Theatre a few months ago, but you don't have to, because Sara Devonshire and friends summed it up much better with their chilling lament "A place that saved me." It honoured the old theatre in a way that can't be beaten; with the same soulful jazz bands that once filled its stage.

Despite some serious messages on offer, Jr WHAAM had a relaxed tone. The Pier House kept their seats in 'cosy table-formation' instead of straight lines, so it felt more like a jazz bar than a concert. People didn't arrive, dutifully clap at a relative and then escape again; they stayed to make a night of it.

As things grew blacker outside, the stars in our strobe-lit cubby hole shone. The Westward Ho! youth Theatre kicked it off with their excerpt of Fiddler on the Roof (coming to Kingsley Hall 2nd, 9th, 15th and 16th July this year) then action ricocheted from pop to country to Broadway and back again. Some acts clearly have a future in musical theatre, some had already started to write their own songs and some have been heard on local radio; all are hugely inspiring if you want to get into the industry too. If all this strikes a chord, and you'd rather be on stage than in front of it, you may find yourself in the line up next year. The organiser can be emailed at noahsark@uku.co.uk; "just include your name, email address, Facebook page and

mobile telephone number," said a post-show Mr. Barton, " a description of what you like to sing, whether solo or in a band, and perhaps a videoed performance would also help us a lot. Although there's already been acres of interest, I'm more than happy to make the next one even bigger if there is demand or it!" Information on future shows can be found at www.whaam-events.org



Anyone who performs at the Pier House is automatically competing against the food. It happens; the scent of chips wafts through to the function room, and before you know it, you've lost half your audience to the restaurant area. This didn't happen. During real highlights- and there were many- conversation stopped, hands grazed absent-mindedly at chip dishes, and eyes were trained fully on the performers. There is no greater testament to an artist's stage presence.

Aside from peaks and troughs for toilet breaks and snack runs, the audience stayed put. Its organisers even had enough chutzpah to hold the raffle early, safe in the knowledge that music alone would keep people rooted to the spot, without the added incentive of a prize draw at the end. Most do's would have kept the Breville polished kettle back as a piece de resistance, but the WHAAM didn't need all that. All it needed was the talent. And all the talent needed was an outlet. If we don't get another showcase in 12 months time, we are all well and truly zlocked.

Mille Sutherland O'Gara

A forward look : Some events coming in June and July.

Littleham arts and music festival 4th-25th June

We have an art exhibition, A barn dance, Big Al and the Bandits, Basil's Blues Band, The Orchard Family, La La Land (film), The Hartland Chamber Orchestra, a very strange flower event called "Bloomin' Littleham" – and more! For additional information on the events and how to book see www.littleham-landcross.org.uk/A&MFest Book early to avoid disappointment.

Bideford Ladies FC family fun day

Sunday 4th June at Victoria Park in Bideford, 12-5. Fun for all ages, the day will include a BBQ, bouncy castles, sumo wrestling, face painting, tattoos, candy floss, speed goal, keep ups challenge, beat the keeper, target shooting, wet sponge throwing, hook a duck, cake stall, tombola, craft stalls/table top sale, raffle and more! If you are interested in having a craft stall/table top please contact Sarah on 07740310102/sarah3short@yahoo.co.uk or Sam on 07852281637/sammy_j_1@yahoo.co.uk

Seaweed Festival in aid of the N.D. Hospice

Sunday 4th June 2017 Clovelly Harbour 10:00-17:00

Contact: Visitor Centre. Tel: 01237 431781. Email: visitorcentre@clovelly.co.uk

Clovelly Seaweed Festival promotes seaweed for its immense health & nutritional benefits. There will be a surprising variety of dishes, seaweed products, and seaweed arts and crafts on show plus entertainment for everyone.

Clay: A Festival of Ceramics Bideford Pannier Market

June 25th 10 am – 4pm

Bideford, Ceramic artists and potters from across Devon, Cornwall and beyond will be joining us for one day celebrating the art of clay in all its many forms. More information next month.



Water Festival with a difference.

On Sunday, July 2nd the Rotary Club of Bideford will be organising a Water Festival **but this year with a difference!**

"The challenge is to build a boat entirely out of cardboard and the Rotary Club of Bideford is delighted that Atlas Packaging has offered to be one of our sponsors and is providing all the cardboard free of charge to teams or individuals wanting to construct a boat. RGB (Bideford) can supply any other materials (glue, tape etc) at cost if you ask for the Manager, Steve.

The Regatta is open to participation from businesses, schools, youth groups, sports clubs or teams, groups of friends and individuals wanting to build a boat and come and join in. This is a wonderful team-building experience, giving friends, neighbours and employees an opportunity to work together and have a lot of fun doing it.

Construction guidance, and rules are on the Bideford Rotary website

www.waterfest.bidefordrotary.co.uk **Register and start planning your boat today.**

Lip Reading Classes.

1 in 6 people in the UK have some form of hearing loss. The single biggest barrier facing people with a hearing loss is difficulty with communication and understanding what is being said. Lipreading can help people to understand what is being said more easily. At a lipreading class people of all ages, with any degree of hearing loss, can learn to use skills to be able to communicate better, helping in social situations, at work and when using services, like doctors or banks. **The See Hear Centre runs lipreading classes in Bideford and classes restart on Monday 15 May, between 2 - 4pm, at the Burton Art Gallery.** They are also introducing a new evening class in Barnstaple, starting on Wednesday 17 May from 6 - 8pm, at the See Hear Centre. Booking is essential for these classes, by contacting Jan Marshall at the See Hear Centre:

Telephone : 01271 373236

SMS:

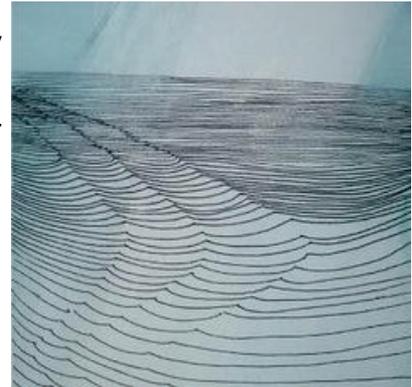
07831 515809

Email: seehearnd@livingoptions.org.

News from the Burton Art Gallery & Museum

The year is moving on apace, and change abounds; not just the seasons, the flora and the fauna, but also what's going on in the Burton.. This year some of the Gallery's usual events and their curators have had to accept a change, and the most significant is the annual exhibition by the **Westward Ho! & Bideford Art Society**. We are used to seeing works by our regional artists in July and August, but this year they have been moved to May, albeit towards the end, that is, starting on the 27th May. No matter- we always look forward to this very special collection of works in all media, representing art by some of the finest painters, ceramists, sculptors, print-makers, textile artists and wood carvers in the South West. Most of the work is for sale, and once again we are privileged to have an opportunity to purchase original works of art. There must be many homes all over the country where such artwork is on permanent display, always admired, and possibly handed down to the next generation. How fortunate we are. This exhibition continues throughout June, and ends on 2nd July.

But the prints by **Wilhelmina Barns-Graham** have not gone away yet. They stay until 14th May. Many of her later works are slashes of colour, bright, bold statements. But look again; some of her work is so sensitive: take a look at the prints she made during her visits to St. Ives. They are evocative, delicately drawn, without much colour, just black outline and a drift of sepia. The contrast is stark, the difference between her young life and her older, more mature way of seeing.



Sophie Fordham is holding an Abstract Printmaking Workshop on 6th May, inspired by Wilhelmina's prints, and you can join the group by phoning the Gallery on 01237 471455 to book a place. The cost is £40 + £5 for materials. Learn more about the day's activities from Reception.

Craft is always a stunner in the Burton. Such a variety of craftsmanship is on show: from ceramic buttons and brooches, figurines and vases, to sea creatures and fire tongs in metal, scarves in silk and chiffon, lampshades and tea towels, to jewellery in silver and recycled materials. **Taz Pollard** comes from South Molton and creates practical ceramics that would enhance any dinner table. She has her own display until 15th May.

The Friends are happy to invite you to hear **Terry Green**, past President of the North Devon Archaeological Society, when he comes to tell us about '**Barnstaple – Saxon Burgh to Regional Shopping Centre**' in the Gallery on Wednesday 10th May, at 7.30 p.m. £5 at the door. All welcome.

The Friends also invite you to join them on a coach outing to **Coleton Fishacre**, a National Trust property, on Saturday, 10th June, leaving Bideford Riverbank car park at 8.30 a.m. Return approx. 7.00 p.m. Cost of coach: £10. Phone the Gallery on 01237 471455 to book your seat.

There is much more to see and do in the Burton Gallery – the Museum of Bideford upstairs (lift if needed), the Shop and the excellent Cafe du Parc. Situated in Victoria Park, the Gallery looks out onto a peaceful green space, and there are plenty of activity facilities to keep children occupied, too.

Gallery open hours: Monday to Saturday, 10am to 4pm, Sunday: 11am to 4pm. Admission free.

Diana Warmington,
Friends of the Burton Art Gallery & Museum.





SHIPPING NOTES



Bideford Shipping 145

Shipping at Bideford

No shipping movements since last issue. However Capt Hoad, the Harbour Master and Pilot, retired as Harbour Master on the 31st March but will be staying on as pilot to help to train his replacement. I would like to thank Capt. Hoad for all his help via the council website supplying information which helped with the preparation of the shipping page.

Shipping at Appledore

No shipping at Appledore. The next vessel for the Irish Navy the **Le George Bernard Shaw** is due to be launched at the end of 2017 with delivery in early 2018.

Shipping at Yelland

None since last issue ; however there is a vessel due with chippings from Glensandra on or about the **22nd April**

Bristol Channel Observations

20.3.17 at 15.13 vehicle carrier **Gentle Leader** 21122 tons d.w., owners Ray Car Carriers Israel in the colours of Nippon Yusen Kaisha of Japan, inward bound for Portbury. At 15.15 vehicle carrier **Grande Colonia** 12284 tons d.w.

,owners Grimaldi Line of Italy, inward bound for Portbury. (Seen again on the **22.3.17** at 08.113 having sailed at 03.56.) At 18.30 vehicle carrier Ciudad de Cadiz 3500 tons d.w.,owners Anita 2 SNC France, inward bound for Portbury..

22.3.17 at 08.55 container vessel BF Cartegena 5218 tons d.w owners Paula Bijan Forroohari Schiffahrts K.G Germany inward bound for Newport. At 12.27, vehicle carrier **Athens Highway** 18809 tons d.w., owners Kawasaki Kisen K.K. Japan, outward bound from Portbury, having sailed at 12.47.

23.3.17 at 09.20 cargo ship **Frisian River** 2620 tons d.w., owners Frisian River BU Netherlands inward bound for Newport. At 09.23 cargo vessel **Geervliet** 3799 tons d.w, owners Geervliet Shipping Co CV Netherlands, inward bound for Birdport.

25.3.17 at 11.15 vehicle carrier **Cape Town Highway** 21676 tons d.w., owners Kawasaki Kisen K.K. Japan , inward bound for Portbury. (Seen again on the **26.3.17** at 08.43, outward bound from Portbury having sailed at 02.55.)

26.3.17 at 08.35 cargo vessel **Pilsum** 2372 tons d.w, owners Roland Coastal Marine GMH Germany, inward bound for Cardiff. At 09.15 cargo vessel **Lady Anne-Lynn** 3688 tons d.w, owners Lady Anne-Lynn Netherlands inward bound for Birdport. At 10.37 cargo vessel **Azburg** 9085 tons d.w., owners Azburg Shipping Co Turkey, inward bound for Swansea. At 10.50 vehicle carrier **Autosun**

6670 tons d.w,owners United European Car Carrier Norway, inward bound for Portbury **1.4.17** at 11.30 the vintage passenger ship **Stockholm** 361 gross tons, owners Ishavet AB Sweden, inward bound for Bristol ; she went to anchor close to the Oldenburg's berth at Lundy, left on the Sunday morning and anchored close to Clovelly and sailed on the Sunday lunch time for Bristol. She returned to Lundy **6.4.17** before finally sailing off to Caldey Island. At 15.25 cargo vessel **Arklow Valley** 5169 tons d.w, owners Acoca Shipping Eire, outward bound from Birdport, having sailed at 10.31. At 16.15 vehicle carrier **Grande Anversa** 12353 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury ; (seen again on **2.4.17** at 14.35, having sailed at 10.20.)

2.4.17 at 14.02 chemical tanker **Stolt Kittewake** 4170 tons d.w, owners Stolt Nielsen BV Netherlands ,outward bound from Barry, having sailed at 10.11. At 15.30 cargo vessel **Jade** 3250 tons d.w.,owners Wagenborg Shipping BV Netherlands, inward bound for Avonmouth. **5.4.17** at 18.25 tanker **Acacia Noir** 5895 tons d.w. ,owners White Flag Ventures LL Sweden outward bound from Cardiff having sailed at 13.56.

7.4.17 at 09.12 bulk carrier **Berge Ishizuchi** 181458 tons d.w, owners Bergesen Worldwide ASA Norway, outward bound from Port Talbot having sailed at 06.10.

8.4.17 at 18.20 cargo vessel **Lady Jasmin** 11307 tons d.w., owners Jasmin Shipping Corp Turkey inward bound for Newport. At 19.10 vehicle carrier **Bishu Highway** 17649 tons d.w.,owners Kawasaki Kisen K.K. Japan, inward bound for Portbury.

10.4.17 at 11.55 vehicle carrier **Diamond Highway** 19086 tons d.w, owners Diamond Car Carriers SA Japan Japan. inward bound for Portbury.

I would like to thank the Friends of the Burton Art Gallery for listening to my talk on Bideford and Appledore shipping, and their donation to Buzz funds.

Regards *Norman*



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Contact Sue Tyrrell on 01237 474974

Wanted: Stories of First World War Rescue at Sea

People on Devon's south/north coast are being asked to come forward with tales of lifesaving missions at sea during the First World War.

Researchers at the *Devon Remembers Heritage Project*, based at Devon Heritage Centre in Exeter, want to find out more about how local people patrolled the coast and tried to rescue those in peril during the 1914–1918 war. They are keen to hear from anyone who remembers stories passed down through families or communities about wartime rescues at sea. Records kept by the RNLI, the Coastguard and Trinity House can shed a great deal of light of the subject, but the team is equally keen to hear local accounts.



Project officer Katherine Findlay said: "We're interested in who was operating Devon's lifeboats, coastguard stations and the lighthouses during the First World War after the younger men were conscripted into the Navy, and what sort of missions they were launching. But we also want to hear about any 'unofficial' rescues carried out by local people with boats. There is a wealth of knowledge in our coastal communities about how life went on 100 years ago and we're keen to hear from anyone with a story to tell."

Anyone with information to share should email Katherine at katherine.findlay@swheritage.org.uk or call 01392 381975, or Len Collum at lencollum@yahoo.co.uk 01237 472883

The project, which is managed by the South West Heritage Trust, is running a programme of research, talks, events and exhibitions across Devon to give local people an opportunity to explore the county's First World War experience.

Thanks to money raised by National Lottery players, the project has received a grant of £267,400 from the Heritage Lottery Fund (HLF) with additional support from the South West Heritage Trust, Devon County Council, Torbay Council and the University of Exeter.

President's Walk and Talk. *Lyme Regis to Hartland*

Dr. Todd Gray is probably Devon's best-known living historian, long-time resident at the University of Exeter, and currently President of the Devonshire Association.

In May he will be walking diagonally across Devon, starting off on **12th May** at Lyme Regis, and finishing (hopefully) on Monday 22th May at Hartland. At the end of each day, he will give a talk at the place he arrives at, on the distinctiveness of Devon.

According to his own itinerary, he will be at Shebbear on Friday 19 May, walking from there to Bideford on Saturday 20 May, speaking at the Burton Art Gallery at 7.30pm ; walking from Bideford to Clovelly on Sunday 21 May, and talking at 7.30pm at the Church Hall, and finally, walking from Clovelly to Hartland, on Monday 22 May, giving a talk at the Methodist Hall at 7.30pm.

In all, he will have walked 116.5 miles across the county, and is hoping to be joined by anyone interested in promoting the history of Devon. The talks are open to the general public. For more details see, see the **Devonshire Association website** from early May onwards.

Chris Trigger



Another photo from Bideford Blues' Archives.

Mid 1980s, Bideford Bridge.
Bideford - Barnstaple Fun Run.



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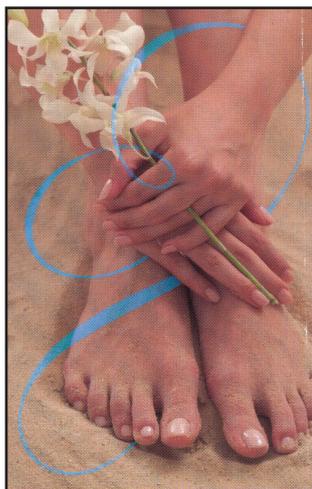
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100 years ago – May 1917

The main theme this month is the state of the food supply. In his regular column for allotment holders, "Spadeworker" encourages the growing of carrots as the most important root crop; varieties such as Red Elephant, James Intermediate and Long Surrey are recommended. Kohl Rabi is also a good vegetable as it is not affected by drought. Also mentioned are leeks, vegetable marrows, peas and Jerusalem artichokes. Lime and soot mixed together makes an effective insecticide.

Early potatoes grown under glass at Stevenstone, near Torrington, have been lifted and have given good results.

"Cockcrow" in his column reminds poultry keepers that meat is an essential part of their birds' diet. Left-over meat scraps and offal should be cooked and mixed with meal. A good supply of fresh water is also important.

Later in the month another appeal from Mr Osborn and Mr Labbett is printed, this time asking for people to become Food Controllers. These people will take the lead in using substitutes for wheat in bread-making. Suggested alternatives include rice, oatmeal, barley, maize flour, dried peas and beans. The "Win the war cookery book" contains 100 useful recipes and is available from stationers and bookshops for 2d. (*Does anyone have a copy of this book?*)

Bakers across the area are appealing for their staff to be exempt from military service. Their argument is that people who bake bread at home eat it in larger quantities than if it is bought from a baker, thus depleting the wheat stocks.

Lord Fortescue, writing to the paper from his estate at Castle Hill, exhorts readers to avoid waste of every kind and to keep within the recommended rations. (*At this time, there was no compulsory rationing imposed by the Government.*)

In contrast to all the talk of shortages, Farleigh's Stores appear to have a plentiful supply of bacon, advertising in the paper every week.

Once again there are several farms up for sale. Additionally, Blackmore's Stable Yard is selling off 10 different carriages and carts, together with the harnesses, saddles and all other accoutrements.

On the back page of the paper for 22 May, the Gazette prints a column showing the Local Tide Tables for a ten-day period. Is this the first time that this has appeared in the paper?

These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.

The Germans are trying to starve us.

Four-fifths of our Wheat, One-third of our Meat, and all our Sugar come over-sea.

German Submarines are reducing these supplies

Therefore we must EAT LESS to maintain the stocks we have. Our men at the Front who are fighting for us must have full rations.

It is for you to economise at home

And help to defeat the Germans, who boast that we shall give in if we do not get our usual supplies of food.

Without great economy we cannot get through till the next harvest.

We must reduce our present rate of consumption of bread and wheat flour. Allowing for all our possible supplies, and the probable activity of the U-boats, our bread will give out six weeks before the new wheat comes to market — unless — **unless we economise.**

Scale per Week for each Person:—			
BREAD	-	-	4 lbs.
	(or its equivalent in Flour 3lbs)		
Meat	-	-	2½ lbs.
Sugar	-	-	½ lb.

Substitutes for Wheat Flour obtainable locally are Rice, Rye, Maize and Barley Flour, Oatmeal and Maize Meal.

Circulars, giving practical recipes for the use of Maize Meal and Flour for making Bread, Porridge, Cakes, Puddings and Biscuits may be obtained, price One Penny each, from Messrs. Coles & Lee, "Gazette" Office; Mr. G. Fluck, and Messrs. Harper and Son, High Street; Messrs. Pearse & Son, Allhalland Street;

Or from **Mr. J. H. OSBORN**, Hon. Sec. War Savings Committee, Town Hall, Bideford;

Mr. E. J. LABBETT, War Savings Committee, Castle Street, Northam.

May Diary

Monday 1st - May Bank Holiday

5.30am Bideford Phoenix Morris 'Dancing in the Dawn' at Kingsley Statue Instow School & Community 'Scarecrow Trail'. Afternoon refreshments available
2-5pm Open Day for all at Victoria Park Bowls Club. 473709

Tuesday 2nd

10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
2pm Bideford WI, New Sea Cadet Blg
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
6.30pm Bideford Band Beginners Group at Band Room. 475653
7.30pm Northam Choral Society rehearse at Northam Methodist Hall
7.30pm Bideford Sustainability Group at Blacksmiths Arms
7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 3rd

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
10.30am-3pm Westward Ho! Crafters Market at W, Ho! Baptist Church 479474
11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053
1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720
2pm Bideford Library Readers' Group. 476075
4-6pm Sew Together at Northam Library
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.30pm Bideford Phoenix Morris meet at Bideford Baptist Church. 473798
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

Thursday 4th

10-11 & 11-12 Tai Chi, Marlborough Ct.
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
6.45pm Westward Ho! Bridge Club at Trinity Church Hall 470990
7pm 'Life Drawing' -Bideford Arts Centre
7.30pm Appledore Men's Group at Appledore Library Meeting Rm. 425427
7.30pm Scottish Country Dancing at Westleigh Village Hall. 47380

8pm Bideford Folk Club at Joiners Arms

Friday 5th

2-4pm Sew Together at Westward Ho! Baptist Church 01805 622666
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre
6.30-9.30pm 'Growing Old Disgracefully' at Big Sheep in aid of Appledore RNL. 07507514725

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

Saturday 6th

7pm Film Club at Littleham Village Hall. 471928

Monday 8th

10am-12pm Appledore Community Art Group at Appledore Community Hall.
2.30pm Monday Club meet at Bideford Methodist Church
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band – training band followed by senior band at St Mary's Hall,
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
7.30pm Bideford Stamp Club at Kingsley Hall, W. Ho! 472101

Tuesday 9th

10am-1pm Lavington Church coffee and lunches
10am-12pm Macular Society Support Group at Burton Gallery 441466
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2pm Bideford WI, New Sea Cadet Blg
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
2.30pm Lift Off for Ladies at Westward Ho! Baptist Church. 425471
6.30pm Bideford Band Beginners Group at Band Room. 475653
7-9pm Torridge Tuesdays Women's Club at Ethelwynne Brown Close 1
7.30pm Northam Choral Society rehearse at Northam Methodist Hall
7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391
7.30pm Lions Club meet at Royal Hotel. Visiting Lions welcome
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 10th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.15am Probus Club at Royal Hotel
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

2pm Tea with Friends at St Mary's Ch.

2-3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666

2-4pm See Hear on Wheels bus at Bone Hill car park, Northam

4-6pm Sew Together at Northam Library
7.30pm Bideford Music Club AGM at Bideford Methodist Hall.

7.45pm Bideford Phoenix + Exmoor Border Morris. Crealock Arms, Littleham
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

Thursday 11th

10-11 & 11-12 Tai Chi, Marlborough Ct.
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

6.45pm Westward Ho! Bridge Club at Trinity Church Hall 470990

7.30pm N Devon British Bike Club at Robin's Nest

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 12th

10am-12pm Coffee, Craft & Chat at Old School Rm, 17 Atlantic Way, W Ho!

12pm Devonshire Assn branch visit to Simonsbath Sawmill. 472135

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

6.30pm Jazz Cruise on MS Oldenburg in support of Northam Lodge.

7.30pm Abbotsham WI in Village Hall

7.30pm Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall. 477532

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

Saturday 13th

10am Torridge Ramblers day walk 429080

2-4pm Creative Writing Group at Bideford Library. 700901

2.30 & 7.30pm 'Brassed Off' by Upclose Theatre & Bideford Town Band at Kingsley School Theatre.

7.30pm Northam Choral Society & Hartland Chamber Orchestra Concert at Bideford Methodist Church. 441690

7.30pm Roger Jones musical 'Snakes & Ladders' at Westward Ho! Baptist Ch.

Monday 15th

10am-12pm Appledore Community Art Group at Community Hall.

2pm Bideford Ladies Club at Marlborough Court. 421925

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band followed by senior band at St Mary's Hall

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

May Diary

7.30pm Appledore Amateur Radio Club, Appledore Football Social Club 473251
8.30pm N Devon Jazz Club at Beaver, Appledore – Henry Spencer & Juncture
Tuesday 16th
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.
2pm Reflections Café Grief & Loss Group meet at Green Goose.
2.30pm Lift Off for Ladies at Baptist Church, Westward Ho! 425471
6.30pm Bideford Band Beginners Group at Band Room. 475653
7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*
Wednesday 17th
9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10am-12pm See Hear on Wheels Bus at Kenwith Castle, Abbotsham
10am-3pm Westward Ho! Crafters Market at W.Ho! Baptist Church 479474
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Denver Court, Clovelly Rd Ind Estate. 07817976053
1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720
4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.45pm Bideford Phoenix Morris at Thatched Inn, Abbotsham
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 18th
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10-11 & 11-12 Tai Chi, Marlborough Ct.
11am Bideford Sustainability Group Coffee Morning at Green Goose
12.30-2pm Fish & Chip Club for over 60s at Royal Plaice, Appledore. 471394
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
6.45pm Westward Ho! Bridge Club at Trinity Church Hall 470990
7pm 'Life Drawing' - Bideford Arts Centre
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms
Friday 19th
10am-12pm Northam Reminiscence café at Northam Hall. 459337
2-4pm Sew Together at Westward Ho! Baptist Church 01805 622666
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall
Saturday 20th
 Bideford Gardeners Club coach trip to Bristol Univ. Botanic Garden. 423582
Nightwalk in aid of N Devon Hospice
Sunday 21st
12-5.30pm RIB rides in aid of Northam Lodge from Appledore Quay. 477238
2pm Torridge Ramblers walk 01805 625485
Monday 22nd
10am-12pm Appledore Community Art Group at Appledore Community Hall.
7pm Appledore Band – training band followed by senior band at St Mary's Hall
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
Tuesday 23rd
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
2.30pm Lift Off for Ladies at Westward Ho! Baptist Church. 425471
6.30pm Bideford Band Beginners Group at Band Room. 475653
7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391
7.30pm Lions Club meet at Royal Hotel. Visiting Lions welcome
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*
Wednesday 24th
9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.15am Probus Club at Royal Hotel
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666
4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554
7.30pm Bideford Phoenix Morris meet at Bideford Baptist Church. 473798
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 25th
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10-11 & 11-12 Tai Chi, Marlborough Ct.
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
6.45pm Westward Ho! Bridge Club at Trinity Church Hall 470990
7pm 'Life Drawing' - Bideford Arts Centre
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms
Friday 19th