



# BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Instow, Lundy and villages west as far as Hartland

## Appledore Boat Builders

### The story behind the picture ...



*Clive Jones, who commissioned the sculpture, writes ...*

"I was always impressed by the very high standard of workmanship which was apparently obtained by the local Appledore boat builders despite the privations of building their boats on the beach and in small basements. In more recent times those privations have been replaced by the difficulties of the 'David vs Goliath' competition of the much bigger national and international ship builders. Appledore's proud craftsmen deserved a monument to their endeavours and this is my modest attempt to rectify the situation. I am supported in this by the tireless and exquisite artistic talents of Maggie Curtis, who made the sculpture, and put it in place."

*Maggie also made the plaque for the old Bideford to Appledore railway station a little way along Torridge Road, and the Port Memorial on Bideford Quay.*

© Jim Crawford

### Inside your Buzz

- ◆ **Girls' Training Corps** - 70 years on.
- ◆ **Bideford's links with Newfoundland and the Pearse Chope Collection.**
- ◆ **Plus our regular items ...**

### CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £18 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 11th of the month to the Editor, Rose Arno. Further information about us can be obtained on 01237 476549. 3,500 copies are printed monthly.

**All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.**

Email: [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk). Mobile: 07929 976120. Web: [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk).

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## News from the Burton Art Gallery & Museum.

Fortunately for all of us the *Annual Schools Exhibition* carries on through into March this year. It is a joy to see stunning artwork from 4 year-olds in nursery, to 18 year-olds in their last school year.

Shebbear College concentrated on homelessness, with a cardboard city, and fitting quotes from Anne Frank and Martin Luther King, to emphasise the needs of those we ignore.

Portraits dominate in many displays, with excellent drawings and paintings by students at Kingsley and Chulmleigh Schools, Bideford and South Molton Colleges. The latter produced Course-Work scrapbooks, showing a huge variety of subjects and styles, well worth a look. Instow pupils made some quirky driftwood ships, and the Tudor houses by Buckland Brewer are accurate in detail. Sturdy models of 'Freshspring', the steam ship on the Torridge at Riverbank, have been constructed by Westcroft School. All media is used, from collages, recycled objects, plastic, textiles, papier-mache busts and skulls, and a model of Nessie, the Loch Ness Monster. The school staff must be congratulated for stimulating such a plethora of excellent artwork. There is so much to see, you will need several visits and plenty of time for each. **Here until 13<sup>th</sup> March.**

From the **25<sup>th</sup> March**, Wilhelmina Barns-Graham will entertain you with her '*Different Way of Working*' – vibrant, colourful abstract prints, many of which she produced at the age of 86, a year before she died. This exhibition covers works from over 50 years of her life. Closing date: **14<sup>th</sup> May.**

Don't miss the Craft Gallery, the Workshops, the Cafe du Parc, the Museum and the Shop. Plenty to see between the hours of 10am to 4pm, Monday to Saturday, and from 11am to 4pm on Sunday. Admission Free, donations welcome.

**Diana Warmington**

*Friends of the Burton Art Gallery & Museum.*

Inspired by the Shebbear College art installation the staff at the Burton gallery are asking visitors to consider donating food for the local Northern Devon Food bank in Bideford ; the gallery has placed a food donations box in Gallery1. People are welcome to bring in non-perishable food items from now until the **13<sup>th</sup> March** after which the Burton staff will take all donations up to the food bank. Warren Collum, the Burton's exhibitions and collections manager, added: *"We're more than happy to help where we can. Too many people in our North Devon communities struggle to put food on the table every day so, even though we're an art gallery, we've been in the Bideford community for sixty-five years and love to help whenever possible."*



All entries to the schools exhibition will be judged by NADFAS – the National Association Decorative and Fine Art Societies (*Judges seen here in the photo*)

**Anthony Burt (press officer.)**

## Devon Display Gymnastics Team

They are available to attend local events to show off their skills and entertain the crowds. They also take part in the annual London festival of Gymnastics, where they perform thrilling routines alongside teams from around the country.

Our team were selected for the *International Festival Of Dance & Performing Arts* at Disneyland Paris in October 2014. They performed in front of thousands of park guests and came away with an impressive haul of medals and trophies. They also performed in Italy in 2016.



NDDGC is a community gym club, catering for all levels of gymnastic ability.

Our main centre is at Caddsdawn Business park in Bideford, but we have satellite branches at Bideford College (Torridge), Holsworthy and Bude. The Bideford centre is fully equipped for all gymnastic elements including bars, vault, beams, tumble track and sprung floor.

We provide classes for recreational gymnasts, preschool, boys gymnastics, free running and development squad.

If you would like to be part of our success and are interested in booking the team for your event , or **joining one of our classes, please contact our Head Coach Michelle Gordon on 01237 475131.**





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We aim to provide a safe place to talk,  
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**GREEN GOOSE CAFÉ**, Mill Street (upstairs room),  
**TUESDAYS 21 MARCH, 18 APRIL and 16 MAY at 2 PM**  
Refreshments £3.50



# SAMARITANS

**Do you have the skills to be  
a listening volunteer?**

**Samaritans are recruiting and urgently  
need people just like you for their branch  
in Barnstaple, North Devon**

**Samaritans offer a confidential emotional  
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**Information Days 2017 11<sup>th</sup> March, 8<sup>th</sup> July,  
7<sup>th</sup> October 10:00am-12:00pm.**  
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**OPEN TASTER DAY - Sunday 19th March 2017**

**From 12 Noon onwards**

**Come and see what we have to offer,  
you won't be disappointed**

**We look forward to seeing you - See us on Facebook**

# Book Buzz

## Bideford Library

'Rubbernecker', by Belinda Bauer. *Discussed by Bideford Library Readers' Group.*

This is the first novel I have read by Belinda Bauer and I found it a real page turner and a fairly adept portrayal of Asperger's syndrome. Patrick survives throughout as this unusual thriller unwinds and I was captivated by the plot and characters, but saddened by the shocking 'accident' that ended in his father's death. It's not until near the end of the novel we find out how and why this actually came about.

The cruel and smug nurse, Tracy Evans received her well deserved punishment dealt (of course) by the equally nasty and terrifying Mr Deal - after a strange romance! The trauma and frustration the unfortunate patients, including Mrs Deal, experience whilst in varying degrees of helplessness provoke sadness and despair.

The reader is drawn into the young life of Patrick as a child. His Aspergers did not deter his father from trying hard to understand and connect with him but drove his mother to drink - I found this moving. His time at university involves his obsession with death. His clever, quirky one liners and his utter determination to prove perpetrator's guilt made me admire his resilience and courage. I was thankful for the perceptive policeman who arrived at the telling confession. Finally, the sense of pity, tenderness and forgiveness between mother and son as Patrick persuades her to climb back down Penylan left me feeling exhausted and drained. So many emotions evoked from one novel. Bauer's superb skill as a crime writer made this an amazing read and one I won't forget in a hurry!

The group found Rubbernecker an enthralling read although two members struggled with some of the more macabre parts. At least two people had read it before, but read it again in preparation for the group discussion: they said they thought they might just skip through it but found it gripping enough to read in detail. They found it even better than the first time they'd read it! One suggested that it was far and away the best read we'd had since she joined the group. It's also nice to know that Belinda has strong links with North Devon and has written several other books set locally.

### **Margie Summers with Peter Evans.**

*Bideford Library Readers' Group normally meets on the first Wednesday of the month at 2pm at Bideford Library. On **Wednesday March 1st** we will be discussing Fahrenheit 451 by Ray Bradbury (Copies available from the library.)*

## Also at Bideford Library

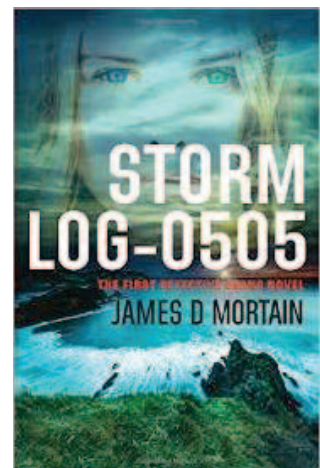
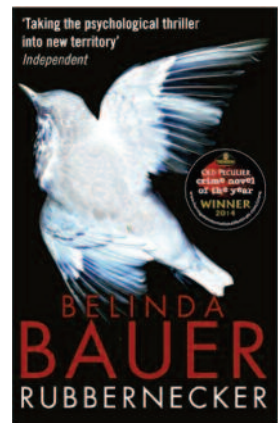
An evening event with local author James Mortain, who has written the very popular *Storm Log 0505*. James will be talking about his book on **March 16th 6.30 - 7.30pm** Free with refreshments, but donations are welcome. We hope to have signed copies to purchase.

*'a '3am' book....I didn't want to put it down to sleep. Now I'm waiting for the next instalment because I couldn't not finish it! The curse of a good read... Book 2 please!!'*

Every Saturday morning **Lego Club 10am – 12.00pm drop in** and our new for adults and children **Scrabble Club 10.30am 12.30 pm**. For all other events please phone the library on 01237 476075. or see Buzz diary listings, PP13 -16.

## Northam Library

Crime author Graham Hurley is at Northam library on Wednesday 19th April at 7pm. Tickets £3 (including refreshments) to be purchased in advance. **Call 01237 475111.**





## The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday  
mornings, between 10.30 and 11.30 am,  
followed by refreshments and a chat,  
at 17 Honestone Street, Bideford  
(opposite the car park)  
Everyone is welcome  
For further details, contact:  
Jacqui Poole Tel: 01271 861824



## HARBOUR BIDEFORD

Harbour Bideford is an open access facility welcoming those who are:-

- Homeless
- Experiencing poverty/exclusion
- Have poor mental health
- Have drug/alcohol problems

The Drop-in Centre provides a safe, non judgemental, non threatening environment – where people are accepted regardless of the circumstances.

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tidy the garden or spruce up your home?

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# Music Notes

## **Encore Charity Concert**

The theatrical singing group will be performing at a special charity concert to be held on **Saturday 1st April**, hosted by the Mayor of Bideford, David Howell at Kingsley School Theatre, starting at 7.30pm. The event will be raising funds for the Mayor's nominated Charity, 'Families for Children', a specialist adoption agency and charitable trust based in the South West.

Tickets are £5.00 and can either be obtained in advance by calling Lesley Dixon-Chatfield on 01237 428818, or on the door on the night.



**WHAAM JR - Westward Ho! & Appledore Music Showcase** Friday 24<sup>th</sup> March 2017 from 7.00 to 12.00pm at the Pier House, Westward Ho! representing North Devon's youth bands and singers performing in aid of the **Royal National Life Institution's Appledore Lifeboat Station**. Email: [noahsark@uku.co.uk](mailto:noahsark@uku.co.uk) for more information.

## **Bideford Music Club**

Bideford Music Club has invited the DanteString Quartet to give their last concert of the season. They will perform Mendelssohn's Capriccio, Dvorak's 3 "Cypresses" and Janacek's No. 2 and Beethoven's No. 13 Op. 130 string quartets.

The Dante Quartet has appeared at all the major UK festivals.  
*The concert will be held at the Methodist Church Hall, High Street, Bideford on Wednesday 15<sup>th</sup> March at 7.30 pm. Tickets are £13.00, students and children are free and are available at the door. For any other information 01237 423112.*

## **Bideford Lions Club**

**Soul Intention, Big Sound Soul Band.**

Live at the Pier House, Westward Ho! **Saturday 8<sup>th</sup> April 8.30pm - 11pm**. Doors open 7.30pm, Music from 8.30pm. Tickets £7.50 available at the door or in advance from Bideford Lions, Mike Hacker 01237 475246



## **Appledore Singers**

Saturday March 18<sup>th</sup> at 7.30 pm

St. Peter's Church Fremington is delighted to welcome this well-known local ladies' choir to perform arrangements of songs old and new, ranging from gospel and showstoppers to Top Ten hits. Also featuring their small chamber group, the 'Pips', and amusing poems.

The choir will be conducted by their Musical Director, Pam Beechey and accompanied by Chris Beechey, with Anthony Chambers as compere.

**Admission on the door is £5 and proceeds will go towards the cost of a new sound system for the church. For further information about the choir, contact 01237 420652 or see their website: [theappledoresingers.co.uk](http://theappledoresingers.co.uk).**

## **Barnstaple Jubilee Singer (Ladies' choir)**

**We urgently require an accompanist for Wednesday evening rehearsals and concerts.**

We are a friendly group who both sing for pleasure and enjoy giving concerts often for charity or community groups. Members come from all over North Devon.

**If you can help please contact Viv on 01271 816398 [barnstaplejubileesingers.btck.co.uk](http://barnstaplejubileesingers.btck.co.uk).**

## **North Devon Choral Society**

Durufle Requiem, Elgar Music Makers and Sea Pictures

**conducted by John Hobbs, with full orchestra. Saturday 25<sup>th</sup> March 2017 7.30pm Parish Church, Great Torrington**

## 'Knit and Natter' for North Devon Hospice

Knit and Natter is a fun, sociable event open to anyone, whether experienced or complete beginners. To get involved, simply get together with friends, family or colleagues any time throughout March to hold your very own Knit & Natter. This is a two-hour sponsored knit, where you raise sponsorship or collect donations for your efforts. All proceeds go to North Devon Hospice and help us to provide our essential care to local patients and families in your area.



We will send you patterns to knit blanket squares, chicks or bunnies (to use as Easter egg holders), or Twiddlemuffs. A Twiddlemuff is a double thickness hand muff with bits and bobs attached inside and out. It is designed to provide a stimulation activity for restless hands for patients suffering from dementia. All knitting you produce will be used at the hospice or distributed to other charities. For more information and to register, please contact the **Fundraising Team on 01271 347232**.

## Buzz Byte

What is the difference between antivirus and internet security; don't they both protect your computer? I hear you say. Yes they do, but to a different extent. An antivirus protects your computer from those mean little bugs that can infect your PC and cause it to misbehave. Internet security offers all the features of an antivirus, but with the additional features of a firewall, increased security against Trojans viruses and worms, as well as having the capability to detect key loggers and phishing – (obtaining sensitive information for malicious reasons to defraud or perform identity theft.) The disadvantage of internet security packages is that they require a high usage of memory and CPU (Central Processing Unit) so will slow down your computer, especially if it is an older model. This is due to the system scans that are performed on a regular basis. It is worth considering the cost as well - anti-viruses are generally cheaper and many can be downloaded for free from the internet – but be careful to use a reputable site or you may infect your PC before you even install an antivirus.



It is a matter of personal choice but if you send and/or receive sensitive data and conduct high level financial transactions over the internet then we would recommend an internet security suite, with a possible memory upgrade. Any good computer store should be able to advise you, if you are unsure on which protection would be the most appropriate, and on which company to use as there are a myriad of suppliers of software to protect your PC and some are better than others.

**Nickie Baglow. (Complete Computing.)**



Friday 3 and Saturday 4 March at 7.30pm at Kingsley School: **Manchester by the Sea (15)**

Thursday 9 and Friday 10 March at 7.30pm at Kingsley School: **Lion (PG)**

Tuesday 14 and Monday 20 March at 7.00pm at Bideford College: **Jackie (15)**

Friday 17 March at 7.00pm at Bideford College: **A Monster Calls (12a)**

Thursday 23 March at 7.00pm at Bideford College: **Fences (12A)**

To avoid disappointment please always check our website [www.bidefordcinema.org.uk](http://www.bidefordcinema.org.uk) or weekly press adverts for up-to-date listings.



## Volunteering - it might just suit you too!

I retired from teaching in 2014 and for the first term revelled in my new found ability to be a 'lady who lunches.' Then Christmas came and went and January brought a feeling that it was time to organise my time more fruitfully. I had long been aware of the TTVS office in Bridgeland St and had visited it several times as a volunteer for Bideford Film Society, but apart from that I knew nothing of what went on inside the building.

Passing by one day I decided to investigate and very soon I was filling in the form to register my interest as a volunteer. A meeting with Barbara followed and we went through any volunteering opportunities that might fit my interests. There were so many to choose from but I felt I would like to be at the hub of the volunteering movement and opted to become a desk volunteer within the TTVS office.

I had an induction day when Barbara explained the rudiments of the Receptionist's duties and then I was ready to take on my role. I still have help on hand whenever I need it. I work for three hours on a Wednesday morning and feel at the end of each session that I have done some good to someone somewhere. My tasks involve answering the telephone and relaying the messages appropriately, sorting and delivering the post, laminating and photocopying, typing information on to the data base, producing window displays, and anything else that is required that day. I enjoy my weekly session. We usually manage to have a laugh about something along the way and keep each other supplied with coffee. I know this is only one of many potential volunteering opportunities but it suits me just fine. I am convinced that there would be just the right opportunity for you too, if you have a bit of spare time. Just drop into the office at **14 Bridgeland St** and see us.

**Mary Dendle**

**The Torridge branch of Parkinson's Uk Charity** providing support and information for local people affected by Parkinson. We are currently seeking a **Volunteer Chair** to lead an active and friendly Committee. The Branch has an increasing presence in the local community, with many opportunities to get involved in publicising branch activities and events, encouraging contributions to our newsletter, planning and executing fund raising activities, and ensuring all Committee members are involved in discussion and decision making. For further information, please call **Branch Secretary, Julie Jones on 01237 478128** **The North**

**PARKINSON'S<sup>UK</sup>**  
**CHANGE ATTITUDES.**  
**FIND A CURE.**  
**JOIN US.**

### **Children's Hospice South West**

On behalf of the Taw & Torridge Friends Group of Children's Hospice South West (CHSW) I would like to say a huge THANK YOU to the people of Bideford, Barnstaple and surrounding areas who have once more loyally supported us throughout the past year.

We are always humbled by the generosity of the people of our local communities and 2016 was no exception. If you would like to join our voluntary fundraising group please contact Little Bridge House, Fremington on 01271 325270; we are always delighted to welcome new team members

**Chris Margrie**

### **25<sup>th</sup> Anniversary of Autism and ADHD Support Group**

In March 1992 a group of parents formed the North Devon Forum for Autism and Related Behaviours' support group. We now have 630 confirmed members. Our coffee morning is held on the fourth Thursday of the month at Roundswell Community Centre at 10.00am to 12 noon, an ideal opportunity for catching up with those living, caring or working with someone on the Autistic Spectrum/ADHD. It is a good starting point for those new to the world of Autism / ADHD/ADD.

We have held events with major speakers on Autism – including Tony Attwood, and two successful "Meet and Greet open days" for professionals. We are aiming, funds permitting, to hold a similar event this Autumn in recognition of our 25 years. We hold regular social events such as swimming once a month at Torridge Pool, in conjunction with the North Devon Downs Group. . We privately hire films at the Bideford Film Society, where we are able to lower the sound or raise the lights to suit any anxieties experienced by ASC members.

For more information visit our website or email us at [newsletter@ndfautism.co.uk](mailto:newsletter@ndfautism.co.uk)

**Lin Harding**, Secretary,



## Felicity's Sustainable Fish Cookery.

A belated happy and prosperous 2017 to everyone. This year I plan to visit the fish festivals in Devon and along the north coast. There will be 3 spaces in my car so come along. Please contact me or the editor. The first in April will be the *Crab Festival* in Salcombe, (Mary Berry's holiday home!) then *Westward Ho! Fish Festival* in May, and then the *Seaweed Festival* in Clovelly in June.

March has 2 national saints' days! ; St David's Day on March 1st and St Piran's Day on March 5th. This recipe combines both leeks, symbol of Wales, and Cornish cauliflower that are in season now. Here is a useful family recipe that also has potatoes - a meal in one pot!

### **Cheesy Smoked Haddock, Cauliflower and Leek Bake** 4/8 servings

#### **Ingredients**

2 small/medium peeled potatoes cut into small cubes  
1 medium cauliflower, broken into small florets  
1/2 leeks chopped into small rings. (more leeks for more people!)  
300ml pouring cream and 1 heaped tbsp. Corn flour.  
100gm Cheddar or Gouda cheese coarsely grated  
2 tbsp. chopped parsley and 2 tbsp. snipped chives  
500g/1lb+natural smoked haddock (or pollack, whiting, hake) skinned and cut into pieces.  
Black Pepper for seasoning and Paprika for dusting  
Butter or oil for greasing dish.

#### **Method**

1. Preheat the oven to 200C/180Cfan/Gas 6 and use a shallow oven proof dish.
2. Put the potato cubes in a large saucepan and cover with cold water, add salt and bring to the boil approx. 5 mins and then add cauliflower, and then leeks for a further 4 mins. Drain well and allow to dry in a large colander. Tip into a greased dish and season with pepper.
3. Measure the corn flour into a bowl, pour in the cream, add some salt and pepper and stir to combine.
4. Scatter half the cheese over the cauliflower, leeks and potatoes in the dish. Sprinkle the chopped herbs, then add the pieces of smoked fish, so they cover the top as an even layer. Pour the cream mixture all over the top and down through the veg. Scatter the remaining cheese and dust with a little paprika.
5. Bake in the oven for 20-25 mins until the top is light brown.  
Serve with extra warmed cream if required.

Next month- *Devon Newfoundland Story and Salt Cod favourite recipes*. Check the lovely programmes available now.  
Felicity Sylvester [www.brilliantfishonline.co.uk](http://www.brilliantfishonline.co.uk)  
-07918 779 060



### **Bideford Pannier Market - open Tuesday to Saturday**



Some new traders this month – Karen in her studio *Ocean Glass* making glass beads and jewellery ; she will teach you how or you can just go in and watch ; Ken selling fresh farm eggs and cheese boards ; Crystal Clarke with a range of unique hand made jewellery, and of course all your good old favourite stalls and workshops. If you are a trader looking for a market please contact Richard Coombes ( Deputy Town Clerk ) on 01237 428817

### **Butchers Row, Market Place, Grenville Street - Open Monday to Saturday**

*Phoenix Games* is selling computer games and game consoles. In *The Magpies Nest* you can sign up for a workshop to learn a new craft. There are further changes afoot with Mike Dendle giving up his little soup kitchen to concentrate on his arts and crafts. Watch this space.

**Trev ( Minxy's Sweets)**



# SHIPPING NOTES



**Number 143.**

## In Port ; Bideford

None since last edition.

Understand there maybe a vessel due to load clay for Castellon at the end of February

## Appledore

**Arco Dart** 29.1.17 and 30.1.17

Ship in Port Yelland	Registered flag owners	From	To	Arrived	Sailed	Crew	Cargo
<b>Arklow Resolve</b> Built 2004	Dutch Rotterdam. Dutch	Glensanda	Avonmouth	13/01/17	15/01/17	Russian	4700 tons * chippings.

\*This cargo 4700 tons is the largest cargo to be discharged or loaded in the Taw/Torridge estuaries

**Welsh Piper** 9.2.17

## Bristol Channel Observations

**13.1.17** at 13.35 the tanker **Stolt Sandpiper**, owners Stolt Nielsen BV Rotterdam, outward from Barry having sailed at 08.45.

**14.1.17** at 10.30. vehicle carrier **Baltic Breeze** 12466 tons d.w., owners Wallenius Wilhelmsen Logistics Norway and Sweden, outward bound from Portbury, having sailed at 05.17.

**15.1.17** at 11.20 vehicle carrier **Grande Benelux** 12940 tons d.w., owners Grimaldi Line Italy, inward bound for Portbury.

**20.12.6** at 08.00 cargo vessel **Schillplate** 3176 tons d.w., owners Schillplate Germany, outward bound from Avonmouth, having sailed at 04.14. At 08.05 bulk carrier **Aasheim** 5826 tons d.w., owners Aasen Shipping AS Norway, inward bound for Avonmouth..

**2.1.17** 09.01 cargo vessel **Victoria C** 5000 tons d.w., owners Carisbrooke Shipping Ltd Cowes IOW, inward bound for Sharpness.

**28.1.17** 08.00, cargo vessel **Scot Mariner** 3300 tons d.w., owners Scotline Ltd UK, inward bound for Newport.. At 10.46 cargo vessel **Sea Kestrel** 2225 tons d.w., owners Northern Coasters Grimsby, inward bound for Swansea. At 10.52 bulk carrier **Strategic Encounter** 33000 tons d.w., SC Encounter Pte Ltd Singapore, inward bound for Avonmouth .

**29.1.17** 10.1 vehicle carrier **Paganella** 11434 tons d.w., owners Paganella GMBH & Co.Ltd, inward bound for Portbury. At 17.52 bulk carrier **Yeoman Bank** 38967 tons d.w., owners Aggregate Industries U.K. Ltd U.K., inward bound for Portbury.

**1.2.17** at 10.43 vehicle carrier **NOCC Atlantic** 22500 tons d.w., owners Norwegian Car Carriers ASA Norway, inward bound for Portbury. At 12.12, cargo vessel **Arklow Brave** 8660 tons d.w., owners Glenthorne Shipping Arklow Eire, inward bound for Avonmouth. At 12.28, vehicle carrier **Autoprogress** 4442 tons d.w., owners United European Car Carriers Norway, inward bound for Portbury.

**5.2.17** at 11.50. vehicle carrier **California Highway** 18664 tons d.w., owners Kawasaki Kisen KK Japan, inward bound for Portbury.

**7.2.17** at 08.00 vehicle carrier **Gloviss Conductor** 17709 tons d.w., owners STL Conductor Singapore, inward bound for Portbury, (seen again outward bound from Portbury, having sailed at 8.2.7 at 04.37.)

**8.2.17** at 08.00 vehicle carrier **Goliath Leader** 12098 tons d.w., owners Ray Car Carriers Ltd Israel in the colours of Nippon Yusen Kaisha Japan, outward bound from Portbury, having sailed at 03.31. At 09.14 vehicle carrier **Opal Leader** 12200 tons d.w., owners Nippon Yusen Kaisha Japan, inward bound for Portbury. At 10.50 vehicle carrier **Autoprogress** 4442 tons d.w., owners United European Car Carriers Norway, inward bound for Portbury.

*Reader may have noticed other vehicle carriers inward and outward bound 10/12 vessels shown on my computer, but unable to see due to misty conditions.*

Regards **Norman**



(c) N. Hardaker





## **The Show Must Go On.**

At 90, our Queen has been around longer than sliced bread, seen her country through hundreds of international cataclysms and is having - in the monarch stakes- quite a good run. Her theatre in Barnstaple is not. It's seen two world wars, been burnt down in the late 40s thanks to a stray cigarette butt, rebuilt, remodelled and must have finally thought the worm had turned when it got its very own electrical orchestra pit in 2013. Not so. Last month, the North Devon Theatre Trust that provided its funding went into administration and it was forced to close, along with its far flung cousin the Landmark in Ilfracombe. This is far from the first closure it's faced, though perhaps it is the most disheartening; after all, anyone with an architecture degree and a bit of plywood can make a building, but when their grant is reduced by more than £110,000, it's almost impossible for a charity to limp forward. Although the Trust's dream to keep two vibrant theatres in North Devon is on hold for a while, there's no reason for Barnstaple to put its whole reputation for the arts on hiatus.

The Barnstaple fringe will take place from June 28th to 2nd July as per usual.

Although planned months before The Queen's closure on 23rd January, this year's Theatrefest seems like a direct retaliation to the news. For the first time, independent productions are not constrained to usual venues and will instead be spilling out onto the streets, car parks and cafes of the town. The motto this time seems to be 'No theatre: No problem'.

For example, keep an eye out for I.e's piece "Dollface" a tale of sisyphian agonies that could well be performed atop the large manmade hill by the library. Not only will this provide a great visual metaphor for the audience, but in summer it is a beauty spot, encircled by trees and looking out over four points of town. Discussions with the council are underway, but even if they can't appropriate that spot, the actors will make the most of the open air aesthetic and are eager to play around with its possibilities.



Of course while this is perfect for a summer festival, Sleeping Beauty will be dead of hypothermia before she ever wakes up if they try to perform panto outside in December. Something will have to be done to sort the plight of The Queen's Theatre before then, but in the meantime, [www.northdevontheatres.org.uk](http://www.northdevontheatres.org.uk) will be regularly updated with news..

## **Ageing Well**

... If you're not entirely sure how to get on the internet in the first place, such helpful instructions are meaningless. And with our recent reliance on technology, it feels like unless you can gaze into the twinkling eye of a monitor screen at all times, you're out of the loop. This is a feeling that the charity TorrAGE Ageing Well, has worked to combat over the last 18 months.

Sixth formers at Bideford college have volunteered to teach members the new IT skills they need to get ahead again. This includes how to use tablets, send emails and while away their time on social media feeds. This term however, the Ageing Well team have weighed in to make sure their own skills are passed on, and volunteers have been taught how to knit; a skill many of us here at the Youth page are still grievously inept at. Once they had gotten past the basics of casting on, students were introduced to the art of Twiddlemuff creation. (see page 7.) The completed muffs will be presented to a local care home very soon.

One of the students enthused, "My teacher is so lovely, it's great learning a new skill and being able to make something that's both pretty and useful"



If you would like to know more about what Ageing Well has to offer please call the office on 01805 622666 or visit the website [www.torrage.org.uk](http://www.torrage.org.uk)

**Millie Sutherland O'Gara**

# History Notes

## Bideford's Newfoundland Links and the Chope Collection

Devon has strong historic links with the Canadian Province of Newfoundland dating back to the 16th-century when boats from local ports sailed to the waters of Newfoundland to fish for cod. Initially men left Devon in April and returned in the autumn but gradually land bases were established and in 1583 the Devon mariner Humphrey Gilbert claimed Newfoundland as the first English overseas colony.

While people in Newfoundland are very aware of their Devon roots, Devonians are less well informed about the link. Indeed most of us would have to ask Google where it is! Bideford of course was a major port in the Elizabethan age and quickly developed close maritime links with the New World colonies. Importing tobacco was initially the main source of income but the town also gained a large share in the lucrative Newfoundland cod trade sending out more ships than any other English port except London and Topsham. The fish were sold in southern Europe in exchange for fruit and wine. Bideford pottery for export and provisioning ships was also renowned for several centuries.

To celebrate this Newfoundland connection the Devonshire Association (see below) have organised a series of events and talks from **April 7<sup>th</sup> to 16<sup>th</sup> including a whole day of activities in Bideford on Tuesday 11<sup>th</sup>.** If you want to do some preliminary reading before then, we have in our Chope Collection in Bideford Library a number of books that cover early Devonian seafarers such as John Hawkins and Francis Drake. We also have a couple about Newfoundland in particular. A *History of Newfoundland* by D W Prowse 1896 is a fine old book with reproductions of lots of contemporary illustrations and a big fold-out map at the back. It's a bit ripped so you'll need to be careful if you come to have a look at it. There are references to Bideford in the earlier parts of the volume. *Westward Hoe for Avalon in the New Found Land as Described by Captain Whitbourne of Exmouth Devon 1622* very nearly has a title longer than the book! Published in 1870, it is only 47 pages long and is a transcription with the original Early Modern English spellings preserved of Richard Whitbourne's accounts of his travels. It is a lovely little book, nicely bound and has beautiful woodcut illustrations.

For those of you who don't know, the Chope Collection is a collection of books left to the people of Bideford by Richard Pearse Chope (1862-1938). A native of Hartland parish, he was a keen local historian, writer and member of the Devonshire Association. These books are

held at the library but they do not belong to the library. They belong to the people of Bideford. They are available for reference only so why not come in and have a look at them.

**Matt Chamings, Bideford Library**

## Devonshire Association

Our speaker next month (and the last of the winter season) will be Sadie Green on the subject of

"Newfoundland Celebrations and North Devon Pottery in North America", a taster for Newfoundland Day in April. The above talk is on **Friday 17 March at 2pm** at the Burton Art Gallery, and Newfoundland Day is on **Tuesday 11 April**, (see next month's Buzz for more information about this.) If you are interested in coming pick up a leaflet at the Burton, or simply come along on the day. There is plenty of car-parking space nearby, disabled access, and tea, coffee, a biscuit and a chat afterwards.

**Chris Trigger**

## The Postman Poet

Edward Capern, Bideford's 'Postman Poet' published over 600 poems. Whilst researching the poet, (more about this in next month's Buzz,) I showed the songs to Bideford folk musicians Nick Wyke and Becki Driscoll who were so impressed with them that they have spent the past year producing a CD which will be launched alongside my novel *The Postman Poet*. I am also publishing *The Poems of Edward Capern*, a new selection of his poems, many of them describing local places and people. He loved his job, despite the weather and the long hours, and this love is communicated through his work. In recognition of Capern's commitment to social justice, £1

will be donated to the Northern Devon Foodbank for each copy of *Poems* sold. [www.lizshakespeare.cwww.englishfiddle.com](http://www.lizshakespeare.cwww.englishfiddle.com).

**Liz Shakespeare**





**The Girls Training Corps** was started in the early 1940s in London by Miss Collette as an organisation for girls similar to the boys' groups like the Army, Sea, and Airforce Cadets. Dinah Cole and Jean Babb joined the Corps and set up the Bideford Unit. The aim was to teach girls discipline, marching and some sport. In the late 1950s the Bideford Group represented North Devon in a netball tournament in Regent's Park, London an event attended by other GTC groups country wide. The weekly classes were held at Geneva School. Miss Babb died a few years ago. In January Dinah Cole celebrated her 90<sup>th</sup> birthday with a cream tea at the Green Goose, arranged for her by one of her last group of 'girls'. *Photo on right shows the netball team with Miss Babb at the front. Bottom left - Group of girls outside the 'Rose Of Torridge' 1943 - 4 ; Bottom right 1944 with Miss Cole in front row on right.*

**June Barrett.**



## A Mayor's Year

Throughout the Mayoral Year there are a number of ceremonies and events, some old and traditional, others not so old.

The first ceremony for the new Mayor is, on behalf of the **Bideford Twinning Association**, greeting the "Twinners" from Landivisiau.

The "public" Mayoral Year begins with the **Mayor Making** where the outgoing Mayor summarises their year, the incoming Mayor outlines his priority for the year, and the Chains of Office and insignia are formally handed over. On the following Sunday the **Mayor's Parade** is held with the Mayor taking the salute on the Quay. This is followed by the Mayor's Service in St. Mary's.

The Mayor participates in the **Armed Forces Flag Raising Ceremony** organised by Torridge District Council and held in Victoria Park.

The **Mayor's Regatta** is an opportunity to invite civic dignitaries from around Devon and North Cornwall to an informal afternoon watching the races. The Reds organise the racing but the Mayor pays for the hospitality out of their pocket! At the **Bideford Carnival** and Massed Bands the Mayor and Mayoress help with the judging and speeches.

There are two little known **Remembrance** events. At 11.00 on Armistice Day there is a wreath laying service at the St Mary's War Memorial and early on Remembrance Sunday the Mayor and President of the British Legion lay wreaths at the Chudleigh Park Cenotaph. The **Remembrance Sunday** parades and

services are important events for the Mayor and Council.

**The Signing of the Lease** ceremony on the first Saturday in December commemorates the leasing of the Pannier from TDC in the 1970s. The right to hold a **Manor Court** goes back to Elizabethan times; held in March (**this year on the 25th**) it is one of the Council's most important events. Residents of Bideford submit "Presentments", (**by 6<sup>th</sup> March**) to improve the town, a jury of fellow Bideford residents consider them and those thought to be worthwhile are presented to the Court. Progress on the presentments is reported at full council meetings.

The final formal event of the year is the **Annual Parish Meeting** in April when the Mayor and committee chairs report on their activities during the year. Also the grant cheques are presented to local organisations; this year over fifty organisations will receive between them almost £100,000.

**David Howell.**

### Otter Statue.

Businesses of Bideford (BOB) invite you to the **Unveiling of the Otter Statue** on Saturday 11th March at 10.30am (on Bideford Quay opposite Mr. Chips) with the Town Crier, the Mayor and Mayoress, and Anne Williamson (relative of Henry,) Tarka Pipe Band. Refreshments afterwards at *The Secret Garden*, Mill St. For more information visit our Facebook Page, or call in to *Cobblers and Keys*, High St.

# BIDEFORD COMMUNITY ARCHIVE

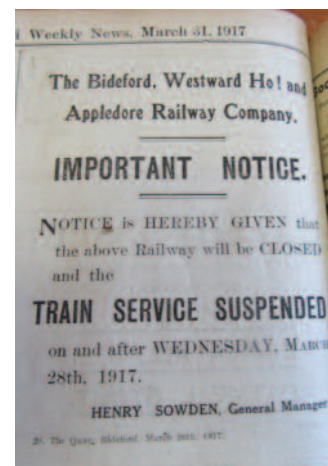
## 100 years ago – March 1917

There has been no break in the wintry conditions across the region. The seasonal rise in temperature usually seen during this month was only very slight. Frost and fog have been persistent and snow has fallen on several days. Over an inch was recorded nearby at Cullompton and more was seen in South Devon. It has been the coldest and wettest March since 1888. A Mr Prothero has written to the Archbishop of Canterbury seeking guidance on the question of Sunday working, especially on farms and in the fields because of the expected poor harvest. In his reply from Lambeth Palace Archbishop Randall says that as long as there is no compulsion to work, men and women may, with a clear conscience, work on a Sunday. Despite the cold an adder was killed in Parkham at Powlers Piece and another at the waterworks at Meddon.

Bideford Guardians now meet monthly because farming members who are short of labour cannot attend the original fortnightly meetings. During the meeting this month the Board decided to change to margarine instead of the usual butter. At a similar meeting of the Torrington Guardians a review of the weekly allowance for inmates was considered. Currently this comprises 6lb 14 ozs bread, 9½ oz cake, 6oz flour, and 1lb 11½ oz meat per week. The Guardians suggest that in view of the recent Food Rations Directive this consumption will have to be cut down. Addressing the shortage of labour the Board of Agriculture is releasing nearly 1000 men for service on the land in Devon. Many of these are Army reservists. No German prisoners are available. Local Farmers requiring help should apply to the clerk to the War Agriculture Committee, Mr W T Braddick, at 25 High Street Bideford.

Bideford Chamber of Trade hosted an interesting lecture on "The Metric System of Weights and Measures" given by Mr Cecil J Smith. At the closure the Mayor, Mr Chope, proposed a resolution in favour which was defeated amidst laughter, much reluctance and outright hostility.

Property for Sale this month: The Oak in Fore Street Northam, currently occupied by James Chapple and a field also in Northam known as Lords Meadow in the tenancy of John Penhorwood.



On 27<sup>th</sup> March the usual timetable for the Bideford, Westward Ho! and Appledore Railway appears on the front page showing train times up to 31<sup>st</sup> May. However in the Western Express & Weekly News dated 31<sup>st</sup> March this Notice appeared indicating that the service had already ceased.

*The Archive is preparing an exhibition about the Bideford, Westward Ho! and Appledore Railway and have already received postcards not previously published. If you have any memorabilia or items of interest, we would be pleased to borrow them.*

**These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.**

### **March Diary**

#### **Wednesday 1<sup>st</sup>**

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.30am** Parkinson's UK Coffee morning at Ethelwynne Brown Close. 478128. AGM and Quiz.

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library. 476075.

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

**2pm** Bideford Library Readers' Group. 476075

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**7.30pm** Bideford Phoenix Morris meet at Bideford Baptist Church. 473798

**8pm** Torridge Male Voice Choir meets at Woolsey Village Hall. 441601

*Continued on next page.....*



# March Diary

## Thursday 2<sup>nd</sup>

**10am-1pm & 2-4pm** See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236  
**10-11 & 11-12** Tai Chi, Marlborough Ct.  
**10.15am** Northam Men's Forum meet at Northam Methodist Hall. 459757  
**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528  
**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666  
**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990  
**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.  
**7pm** 'Life Drawing' -Bideford Arts Centre  
**7.30pm** Appledore Men's Group at Appledore Library Meeting Rm. 425427  
**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801  
**8pm** Bideford Folk Club at Joiners Arms

## Friday 3<sup>rd</sup>

**10.30am** Women's World Day of Prayer at St Mary's Church, Bideford  
**2-4pm** Sew Together at Westward Ho! Baptist Church 01805 622666  
**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre  
**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

## Saturday 4<sup>th</sup>

**7pm** Film Club at Littleham Village Hall. 471928  
**7.30pm** Bideford Town Band Concert at St Mary's Church, Bideford.

## Monday 6<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.  
**1.30-4pm** Westward Ho! Art Club at Baptist Church, W.Ho! 477601  
**6.30pm** Yoga & Meditation classes at Chubb/Churchill Community Lounge.  
**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532  
**7pm** Appledore Band – training band followed by senior band at St Mary's Hall,  
**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

## Tuesday 7<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches  
**10.30am** Walking for Health. 421528  
**11.45am-12.45pm** Tai Chi at Northam Community Hall  
**2pm** Bideford WI, New Sea Cadet Bldg  
**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.  
**6.30pm** Bideford Band Beginners Group at Band Room. 475653  
**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall  
**7.30pm** Bideford Sustainability Group at Blacksmiths Arms  
**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391  
**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

## Wednesday 8<sup>th</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!  
**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.  
**10.15am** Probus Club at Royal Hotel  
**10.30am-12pm** 'Feel Better with a Book' at Bideford Library  
**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528  
**2pm** Tea with Friends at St Mary's Ch.  
**2-3.30pm** 'Bideford Friends' at Burton Art Gallery. 01805 622666  
**2-4pm** See Hear on Wheels bus at Bone Hill car park, Northam  
**4-6pm** Sew Together at Northam Library  
**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554  
**7.30pm** Bideford Phoenix Morris meet at Bideford Baptist Church. 473798  
**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room  
**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 9<sup>th</sup>

**10-11 & 11-12** Tai Chi, Marlborough Ct.  
**10.15am** Northam Men's Forum meet at Northam Methodist Church. 459757  
**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528  
**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666  
**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990  
**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.  
**7pm** 'Life Drawing' -Bideford Arts Centre  
**7.30pm** N Devon British Bike Club at Robin's Nest  
**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801  
**8pm** Bideford Folk Club at Joiners Arms

## Friday 10<sup>th</sup>

**10am-12pm** Community Coffee Morning at School Rm, Kingsley Hall, W.Ho! 421274  
**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre  
**7.30pm** Abbotsham WI at Abbotsham Village Hall. 474711  
**7.30pm** Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532  
**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309  
**8pm** Ceilidh Club, Northam Hall 476632

## Saturday 11<sup>th</sup>

**2pm** Church Jumble Sale at Parish Hall, Quay Lane, Instow  
**2-4pm** Creative Writing Group at Bideford Library 700901  
**3pm** Bideford AFC v Hereford

## Monday 13<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.  
**1.30-4pm** Westward Ho! Art Club at Baptist Church, W.Ho! 477601  
**2.30pm** Monday Club meet at Bideford Methodist Church  
**6.30pm** Yoga & Meditation classes at

Chubb/Churchill Community Lounge.

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532  
**7pm** Appledore Band – training band followed by senior band at St Mary's Hall tel 07770787147

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652  
**7.30pm** Bideford Stamp Club at Kingsley Hall, W.Ho! 472101

## Tuesday 14<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches  
**10am-12pm** Macular Society Support Group at Burton Gallery 441466  
**10.30am** Walking for Health. 421528  
**11.45am-12.45pm** Tai Chi at Northam Community Hall  
**2-3.30pm** Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.  
**2.30pm** Lift Off for Ladies at Baptist Church, Westward Ho! 425471  
**6.30pm** Bideford Band Beginners Group at Band Room. 475653  
**7.30pm** Lions Club meet at Royal Hotel. Visiting Lions welcome.

**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall  
**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk  
Palladium Club *Jam Night*

## Wednesday 15<sup>th</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!  
**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.  
**10.15am** Probus Club at Royal Hotel  
**10.30am-12pm** 'Feel Better with a Book' at Bideford Library  
**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528  
**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053  
**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720  
**4-6pm** Sew Together at Northam Library  
**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Bideford Phoenix Morris meet at Bideford Baptist Church. 473798  
**7.30pm** Bideford Music Club, Bideford Methodist Ch - Dante String Quartet  
**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room  
**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 16<sup>th</sup>

**10.15am** Northam Men's Forum meet at Northam Methodist Hall. 459757  
**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528  
**10-11 & 11-12** Tai Chi, Marlborough Ct.  
**11am** Bideford Sustainability Group Coffee Morning at Green Goose

# March Diary

**12.30-2pm** Fish & Chip Club for over 60s at Royal Plaice, Appledore. 471394

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7pm** 'Life Drawing' - Bideford Arts Centre

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 17<sup>th</sup>

**10am-12pm** Northam Reminiscence café at Northam Hall. 459337

**2-4pm** Sew Together at Westward Ho! Baptist Church 01805 622666

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre

**7.30pm** RNLI Fashion Show at St Mary's Hall, Appledore 01271 346560

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall

## Saturday 18<sup>th</sup>

**8.30-11.30am** Big Breakfast at Thatched Inn, Abbotsham in aid of ND Hospice

**10am-12pm** Jumble Sale at St Margaret's Church, Northam

## Sunday 19<sup>th</sup>

**1.30pm** Torridge Ramblers walk 01805 622183

## Monday 20<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**1.30-4pm** Westward Ho! Art Club at Baptist Church, W.Ho! 477601

**2pm** Bideford Ladies Club at Marlborough Court. 421925

**6.30pm** Yoga & Meditation classes at Chubb/Churchill Community Lounge

**7pm** Appledore Band – training band followed by senior band at St Mary's Hall

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**7.30pm** Appledore Amateur Radio Club, Appledore Football Social Club 473251

**8.30pm** N D Jazz Club at the Beaver, Appledore – Pete Oxley/Nicolas Meier

## Tuesday 21<sup>st</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** Lift Off for Ladies at Westward Ho! Baptist Church. 425471

**3pm** 'Reflections' Grief & Loss Group at St Mary's Church. 475765

**6.30pm** Bideford Band Beginners Group at Band Room. 475653

**7-9pm** Torridge Tuesdays Women's

Club at Ethelwynne Brown Close

**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall

**7.30pm** Bideford Keyboard & Organ Club, at Bideford Methodist Hall. 475914

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

## Wednesday 22<sup>nd</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**2-3.30pm** 'Bideford Friends' at Burton Art Gallery. 01805 622666

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Bideford Phoenix Morris meet at Bideford Baptist Church. 473798

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 23<sup>rd</sup>

**10.15am** Northam Men's Forum meet at Northam Methodist Hall. 459757

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10-11 & 11-12** Tai Chi, Marlborough Ct.

**2pm** Parkinson's Shanty Group at St Mary's Church, Appledore 478128

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7pm** 'Life Drawing' -Bideford Arts Centre

**7.30pm** N Devon British Bike Club at Robin's Nest

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 24<sup>th</sup>

**10am-12pm** Community Coffee Morning at School Rm, Kingsley Hall, W.Ho! 421274

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre 477932

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall

## Saturday 25<sup>th</sup>

**10am** Torridge Ramblers day walk 01805 622183

**3pm** Bideford AFC v North Leigh

## Monday 27<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**1.30-4pm** Westward Ho! Art Club at Baptist Church, W.Ho! 477601

**6.30pm** Yoga & Meditation classes at Chubb/Churchill Community Lounge

**7pm** Appledore Band – training band followed by senior band at St Mary's Hall

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

## Tuesday 28<sup>th</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

**2.30pm** Lift Off for Ladies at Baptist Church, Westward Ho! 425471

**6.30pm** Bideford Band Beginners Group at Band Room. 475653

**7.30pm** Lions Club meet at Royal Hotel. Visiting Lions welcome.

**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall

**7.30pm** Bideford Camera Club meet at Chubb/Churchill hall 421391

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

## Wednesday 29<sup>th</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club meet at Northam Hall. 423554

**7.30pm** Bideford Phoenix Morris meet at Bideford Baptist Church. 473798

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

## Thursday 30<sup>th</sup>

**10.15am** Northam Men's Forum meet at Northam Methodist Hall. 459757

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10-11 & 11-12** Tai Chi, Marlborough Ct.

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**6.45pm** Westward Ho! Bridge Club at Trinity Church Hall 470990

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7pm** 'Life Drawing' -Bideford Arts Centre

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 31<sup>st</sup>

**10am-1pm** Lundy Art Group at Blue Lights Hall, Appledore

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre 477932

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall