



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

Christmas Double Issue

Just a reminder that items, including diary entries for the December and January Christmas double issue of Buzz should reach us by 15th November 2016.

Take out a Box Advert

Please contact us for our very reasonable rates and terms. Your advert can also feature on our web page at no extra cost. All contact details below.

Thanks Bridge Trust

Buzz would like to thank Bideford Bridge Trust for their continued support, and generous grant to us in October. Without this donation we would find it hard to continue. To quote from an article written for Buzz by Peter Christie in 2014:

'You may be surprised at what the Trust does – certainly, without its benign presence in the town, Bideford and its surrounding area would be by far the poorer. If you wish to know more about the Trust and its history there is a small booklet entitled 'The Long Bridge of Bideford through the centuries' available from Walter Henry's in High Street or the Burton Art Gallery and museum.' (and Bideford Library).

The following articles about the Trust by Peter Christie are all available on our website at the following links:

Bridge Trust

<http://bidefordbuzz.org.uk/2013/11/more-about-the-bridge-trust/>
<http://bidefordbuzz.org.uk/2014/01/more-about-the-bridge-trust-2/>

Bideford Bridge goes to War

<http://bidefordbuzz.org.uk/2012/11/bideford-bridge-goes-to-war/>
<http://bidefordbuzz.org.uk/2013/01/bideford-bridge-goes-to-war-part-2/>
<http://bidefordbuzz.org.uk/2013/02/bideford-bridge-goes-to-war-pt-3/>
<http://bidefordbuzz.org.uk/2013/03/bideford-bridge-goes-to-war-part-4/>

There are also bound copies of back numbers of Buzz at Bideford Archives if you prefer the paper version. Contact Bideford & District Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.



Bideford Bridge © Louise Howell



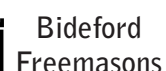
**Also in this
month's Buzz**

- ◆ 'The past is a foreign country ...' an article by Dave Holwill.
- ◆ What does 'Hygge' mean to you?
- ◆ 'Our changing coast' - a report from the Appledore Book Festival
- ◆ ... plus our regular items

**CONTACT
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary, John Wilson on 01271 860918. 3,250 copies are printed monthly.

All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE. Email: editor@bidefordbuzz.org.uk. Mobile: 07929 976120. Web: www.bidefordbuzz.org.uk.



Bideford Town Council

Bideford High Street Methodist Church - Monday Club

Our Monday Club was formed some 40 odd years ago when it was decided we had become too old to be "Young Wives" ; it has continued to be a thriving club, except for the last few years when we have sadly lost quite a few of our members. We meet on the 2nd Monday of each month in the Beginners' Room in High Street Methodist Church, at 2.30pm apart from January and February when the weather can make getting around difficult. During the summer months we visit garden centres or similar, or go for short walks. Although originally a ladies group we welcome gentlemen if they wish to come.

So if you think we might be the group for you DO PLEASE come along ; you will be made most welcome

The Repair Revolution Needs You! REPAIR IT comes to Bideford!

In a fix with your broken electrical items and gadgets? Time to get them fixed for free at a special event to be held at **IntaGR8, The Old School Rooms, EX39 2BU** on **Saturday November 19th**. Recycle Devon is putting on a series of REPAIR IT events across the county for householders to bring along their broken electrical appliances, including computers, to be fixed by local menders and the Torridge event will take place in Bideford.

Organised in conjunction with Bideford Sustainability Group (BSG), the event will run from **10am-12:30pm**. Repairs will be carried out on a first come, first served basis so please be prepared to wait and please note that they won't be able to fix CRT TVs or monitors, electric blankets or microwaves, for safety reasons.

Angus Winfield, Chair of Bideford Sustainability Group says 'Repair events like this are about reducing waste and consumption as well as promoting the repair knowledge and skills that exist within local businesses and amongst community members. We're looking forward to providing that expertise to help Bideford get their electricals fixed for free!'

Emma Croft, Re-use Project Co-ordinator added, 'Research shows that more than 75% of the small electrical items that come into recycling centres could be back up and running if they were repaired. To find out more or to volunteer as a mender, please get in touch with me on 07966 566435 or via emma.croft@devon.gov.uk'



Friday 4th and Saturday 5th November at 7.30pm Kingsley School: **Bridget Jones' Baby (15)**

Friday 11th and Saturday 12th November at 7.30pm Kingsley School: **Deepwater Horizon (12a)**

COMING SOON: Miss Peregrine's Home for Peculiar Children (12A)

The Girl on the Train (15)

Inferno (12A)

Santa's Secret Cinema

The Light Between Oceans

Fantastic Beasts and Where to Find Them

Please see weekly press or check our web site for dates and times of future films.

Bideford AFC Home Fixtures.

Sat. 12th November, 3pm
Swindon Supermarine.

Monday 21st November
7.45
Bridgewater Town.



Saturday 26th November 3pm
Mangotsfield United. All matches at Bideford AFC Football Ground,
Robin's Nest, The Strand, Bideford.

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact Samaritans on:

BARNSTAPLE
01271 37 43 43

email sams_nd@yahoo.co.uk

Real People – Real Lives - Real Difference
Information Day 26th Nov.16 10:00am-12:00pm.

WHY NOT COME ALONG & SEE.

Selection Days 20th Aug.16 & 14th Jan.17

Charity No. 261807



THE APPLEDORE SINGERS present their CHRISTMAS CONCERT

**SUNDAY 11th DECEMBER,
2.30pm**

NORTHAM HALL (top of Fore
Street)

Admission £6 at the door
(to include light refreshments)

Contact: 01237 420652

Bideford Pannier Market - open Tuesday/ Wednesday/ Thursday / Friday & Saturday

On Sunday November 27th we have the Bideford Food Fair – with over twenty five local food suppliers taking over the Pannier Market for the day – an event not to be missed – it would be especially good if we could persuade a few of them to attend on other days as well.

There are a few changes taking place within the market hall – with the loss of a couple of stall holders but this is countered by new ones – we even have a lady selling gourmet dog biscuits. Jim's books is always worth a look, as are his wife Sue's, *'Lady Paintings.'*

Scarves of many Colours is moving out of the market and joining with me in *Minxy's Sweets* (that means I'll be working alongside my MOTHER-IN-LAW what was I thinking of ?)

if you are a trader and looking for a market then why not have a look at Bideford – please contact Richard Coombes (Deputy Town Clerk) on 01237 428817 – you will be made more than welcome

Butchers' Row, Market Place, Grenville Street - Open Monday to Saturday

Have you seen John Butler's new sculpture on the front of his shop – a miniature version of an old ship's figurehead – Maid Marian & Little John.

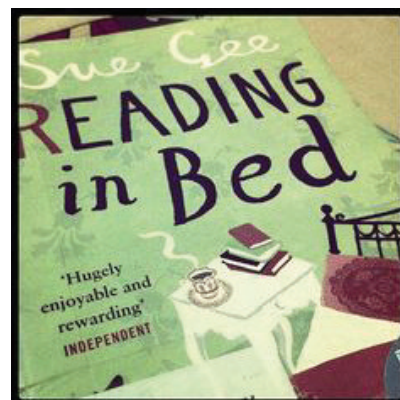
Don't forget !! all the traders in these shops are local traders and as such need your support. This is a historical part of old Bideford and all these traders are keeping the area alive
With 57 shops, 4 cafes and three pubs plus the market hall it's all well worth a visit
Trev (Minxy's Sweets)

Book Buzz.

Reading in Bed ' by Sue Gee
Discussed by Bideford Library Readers' Group.

I was immediately 'hooked' by this novel and found it absorbing and thought provoking.

Gee's sensitive and perceptive observations of deep friendships, grief and family relationships made me reflect on my own and other close friends' life experiences.



Dido & Georgia, their love of literature and obvious delight in spending time in each other's company, evokes the sadness each of them suffer later on. Georgia battles on with everyday life after the loss of a much loved husband and is coping courageously with her loneliness and despair whilst Dido has problems of her own to deal with including her husband's possible unfaithfulness.

Whatever life throws at them they seem to muddle through and keep going.

There is humour and many of us may have laughed out loud and cheered at Georgia's annoyance and disapproval at the misuse of 'like' and 'as if' and her longing for correct grammar (even on Radio 4!)

'Reading in Bed' may have begun with bright and breezy conversations and quiet thoughts but we discover many deeper and sometimes sinister issues within the novel.

Gee manages to convey real life within two families, and as the reader enters the mind of each character we witness grief, passion, hurt and anger, as well as forgiveness and acceptance. This novel is probably more popular with older readers and may be criticised for portraying two middle class families. Narrative suddenly turns into speech with just the use of a dash instead of speech marks which is slightly annoying. Some members of the group found it pretentious and disliked the use of the present tense. However, I will be reading more of Sue Gee's novels as I found the storyline gripping and moving.

Margie Summers

Bideford Library Readers' Group meets on the first Wednesday of the month at 2pm at Bideford Library. On Wednesday November 2nd we will be discussing 'The Slap', a book which should provoke some lively discussion. Copies available from Bideford Library.

Other events at Bideford Library.

Lego club. The club will be every Saturday 10 - 12 starting Saturday 12 November. It is open to all ages but children under 8 must be accompanied by an adult. Grown ups can have a go too!

November is **Active Life Active Mind** month so for the whole of November we will have a jigsaw in the library; the challenge is to complete it before the end of the month - this is an adult event.

We also have a **Scrabble Tournament**, again as part of Active Life Active Mind month happening on Friday 11th November 10 - 12

This month also sees the launch of **South West's Reading Passport** (a sort of grown up Book Track). Entrants need to read 10 books and get their passport stamped on their reading journey.

"The Reading Passport journeys through the decades to explore authors of the past 100 years' Everyone who completes the Passport will be entered into a prize drawer to win a suitcase full of books." Closing date for entrants is March. There will be a display of relevant books in Bideford Library.

Northam Library and the Ageing Well Project

We need your help! We are looking for volunteers to provide a little bit of time on a regular basis at the library to help support older people in learning to use their tablets or laptops. If you are interested in volunteering, please contact Hannah on 01805 622666. Full support provided.

The Religious Society of Friends (Quakers)

Hold their Meeting for Worship
at 17, Honestone Street, Bideford
Every Sunday Morning between 10.30 and
11.30 a.m. followed by refreshments.

Everyone is welcome.

For further information,
contact Jacqui Poole at 01271 861824
or visit the website: www.quaker.org.uk

Robin's Nest Function Room at Bideford Football Club

Available for
All Day Weddings
All Birthdays
Christenings
Wakes

Buffet Supplied

Contact Sue Tyrrell on 01237 474974

ARTEZZANE

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Home Décor Painting Service

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OPENING HOURS

Mon – Fri 09:30 – 5:30

Sat 10:00 – 4:00

01237 238035

Find Artezzane on Facebook & Twitter



Help at Home

*We offer older people a flexible service that can be
tailored to suit individual needs. Options include:-*

*Cleaning, laundry, light meal preparation,
shopping and help with correspondence.*

Available within a 3 mile radius
of Bideford

Call 01805 938537 for details



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Weekly Hatha Yoga and Relaxation Classes

Would you like to get fitter, improve your overall
wellbeing, reduces stress and strengthen the body.

Chubb/Churchill Communal Lounge,
East The Water, Bideford.

Monday Evenings 6.30-7.30pm

Experienced practitioner with 20 years yoga practice.
Classes are relaxed and informal, suitable for men and
woman of all ages and level as classes are
structured to suit your ability.

£7.00 drop in session / 6 Pre-paid sessions £6.00

Contact Trudi on Devon Yoga Ways 07988 410815

Facebook Devon Yoga Ways

Email. devonyogaways@gmail.com



Inside the Village Hall, inside the Chapel
and outside on the road
Come and visit our marquees

Saturday 3rd December '16

Over 30 Festive Stalls

**Father Christmas
will be visiting
just after 11.00**



11.00am - 3.00pm

Proceeds to Buckland Brewer New Community Hall
Registered Charity No. 297685

Enjoy an evening with

HATHERLEIGH SILVER BAND

West of England Region Champions 2016

THURSDAY 24TH NOVEMBER 7.30 P.M.

BUCKLAND BREWER PARISH CHURCH

Admission by Programme (at the door) £5

Children Free

Proceeds to Buckland Brewer Air Ambulance

Night Landing Fund



100 Years ago – November 1916

Several farms are advertised this month under the “To be let by Tender” columns. Lot 1 South Hill Farm Little Torrington comprising 157 acres and all the usual farmhouse, buildings and two workers cottages, Lot 2 Higher Cross Lawn 11½ acres, Lot 3 Lower Cross Lawn 32 acres, Lot 4 Broad Parks 28 acres. All currently in the occupation of Mr D Howard.

Also to be let - Sudden Farm, Newton St Petrock, comprising 162 acres that are stocked with sheep. The taker will be required to keep the oil engine running together with the barn machinery. Farm labour is a worry with all able bodies conscripted to the War and several farms are unable to continue in these circumstances.

Mr S J Williams of Rothsay Abbotsham Road Bideford has been “Called to the Colours” and is selling his beloved Rover 3½ hp motor cycle and coach built side-car together with lots of household furniture.

A correspondent to the paper signing himself as “Rouge et Noir” was answering queries about the number of grist mills in the area and he states that in 1866 there were 14 operating. Of these Upcott, Edge, Littleham, Halsbury, Goldworthy and Tithecott Mills have been discontinued. The only mill still working full time is Orleigh Mill where the Sanders family continue to flourish.

Farleigh’s Stores are now stocking “Nu-Way” Egg Flour. One packet makes a big cake 2lb in weight, needs no eggs, yeast or baking powder. Each packet costs 3½d and the thrifty can buy 2 packets for 6½d.

A strange Public Notice appears in several weeks during November headed “To men now serving in the Army who were employed on roadwork”. It goes on to say that if these men or their relatives will send a considerable amount of personal information including their regimental number to R A Stone, County Surveyor at Barnstaple, they will “hear something to their advantage”. (Has anyone heard of this? Was this genuine or a very early and callous scam.)

After a wet month the reservoir at Melbury is overflowing and millions of gallons of water are going to waste. The rainfall during October was over 9 inches.

We reported last month on a great storm which affected the area. Bideford Workhouse Guardians were told of considerable damage to Meddon Street premises. Slates were torn from the main roof; a piece of lead weighing 1 cwt was lifted from the SE corner of the boardroom and carried to within a few feet of the gates, 30 feet of guttering was knocked down and destroyed and a number of the Infirmary roof lights were blown in. No injuries were recorded. It seems this area escaped the heavy and early snowfall that accompanied the gale.

Under the auspices of Bideford Farmers Union, in the cattle market and in support of the British Farmers Red Cross Fund, a guess-the-weight of a bullock, sheep and a pig is to be held. Prizes consist of silver jug, tea pot and sugar basin and if one person wins all three J M Metherell President will give the Winner £5.

These and many more items of local interest are available to read at the Bideford & District Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings. You can also follow us on our Facebook page, Bideford & District Community Archive.

Devon Family History Society-North Devon Branch. Computers in Family

History-The Basics; a one day seminar. *Please book in advance to ensure a place.*

The event will be held at The Bideford Arts Centre, The Quay, EX39 2EY on 3rd December 2016, 10.00am to 4.00pm. The cost is £20 ; free tea and coffee. N.B. Please bring along your own laptop or tablet if possible, to gain the most benefit from the event and to save any results.

Come along and learn anything you need to know from how to switch on to using *Cloud Storage* and *VPNs*. I will review the leading family history programs and some of the subscription websites. I am also a professionally qualified genealogist

Contact details are, **Jonathan Frayne 01769 560830 or jonfrayne@gmail.com**

Murder, Madness and Misfortune. Local family history talk, Saturday 19th November by Stuart Windsor at Pollyfield 2pm. Free entry

News from the Burton Art Gallery & Museum

You may well be celebrating the 5th November with a fireworks party, but that would be in the evening. So why not come to the Burton Gallery in the daytime and see for yourself the stupendous exhibition sent to Bideford from the Victoria & Albert Museum in London!

They are really here – THE CLANGERS, BAGPUSS, POGGLE'S WOOD, NOGGIN THE NOGG and IVOR the ENGINE! And they are staying here right through Christmas, and the New Year, and they don't go away until 22nd January. There will be so much to see and hear, such as Oliver Postgate's voice and his puppets, and you will be

allowed behind the scenes to see how they were animated. You will even be permitted to use 21st century technology, and for some young people, this might even be the germ of a future career in film-making, and sound techniques. For us older folk, we can reminisce on the days we sat on the sofa with our children, watching Bagpuss and the Clangers, the Soup Dragon and Ivor, even buying the toys, and that haunting whistle. This is a fun exhibition for all of us, whatever age, and although it will be here for almost 3 months, and if you keep coming back it's sure you will experience something new each time you visit



The Open Annual Christmas Exhibition begins on the 19th November, and as always, every work of art is for sale, the proceeds to be used by the Friends of the Burton Gallery to support the new Trust which took over the management of the Burton from Torridge District Council last April. This exhibition supports local and regional artists, who have submitted their work for selection. As always, we expect to see paintings in all media, textiles, original prints, sculpture, graphics, craft and ceramics. Devon inspires artists, with its landscapes and coastline; it is also a haven for potters, and this year the Friends are holding a Draw for a lucky winner to take home a Harvest Jug especially made for the Friends by Harry Juniper and family. The draw will continue throughout the run of the exhibition and the winner's number will be drawn on the 24th December, when the exhibition ends.

The Craft Gallery will be beautified from 5th November by Verity Pulford, whose Glass designs glow and intrigue as the light catches each object. She incorporates the countryside within the glass, with leaves and insects, grasses and flowers, using techniques such as fusing, etching and sand-blasting. Her work will be on show until the end of December.

The Cafe du Parc invites you to its Bistro fare and much more. The Shop and Craft Gallery provide browsing opportunities (and sales) and the Museum upstairs (or lift) opens your eyes to Bideford's past, and the Ceramic Collection is unique.

Admission Free: Open from 10-4 Monday to Saturday; 11-4 on Sunday.

Diana Warmington,

Friends' Secretary.

[illegible]

Buzz Subscription

To subscribe send this completed form to Bideford Buzz C/O TTVS 14 Bridgeland Street, Bideford EX39 2QE

I would like to pay for a year's subscription to Bideford Buzz at a cost of £13 a year and make a contribution at the same time. Postage is second class and you receive 11 issues (including the Christmas Double issue.)*Why not give a subscription as a Christmas present. Bring news of Bideford to your family and friends through the post.*

I enclose a cheque for £ made out to Bidford Buzz.

Mr./Mrs	First Name	Surname
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Address

Post Code Telephone No

I am interested in posting Buzz abroad. How much would it cost ?

The past is a foreign country: they do things differently there

After umming and ahing over a decent setting for my recent novel – *Weekend Rockstars* – I eventually settled on a fictionalised unnamed westcountry town that was unnervingly close to the Bideford I left over a decade ago. As I found myself lovingly describing pubs long gone and struggling to remember the names of streets I had walked down a thousand times I began to wonder why I ever left; and then I remembered, *that* Bideford only exists in my mind now.

To make it clear, I love Bideford, I moved there with my family at the age of five in 1983 and didn't leave until 2004 – my parents still live there so I visit regularly. A lot of people I know left Bideford forever in their twenties because it was too small, rural and constrictive – and had I left five or six years earlier than I did it would almost certainly have been for the same reason. But I didn't, and it wasn't. Eventually I realised I am a yokel and my life *is* an everyday tale of country folk. Despite my teenage swagger and insistence that I was going to get out of there and do something, I had always loved the small town life: I could walk into almost any pub and the staff would greet me by name and have my usual drink ready before I had even reached the bar (I don't know if that says more about me than Bideford in the 90s, but it feels relevant) and I was only ever a short walk from somewhere big and green, where the air didn't choke.

Some time at the beginning of the new millennium all that started to change, the pubs began to close in the wake of Bideford's first superpub – The Tavern In The Port, cheap prices, no soul and a disorientingly fast staff turnover rate (see any modern Wetherspoons for reference). I was having to walk farther and farther out of town to achieve solitude and my then-dog had developed arthritis in protest – restricting us to Victoria Park perambulations that had to be so early that they would encroach on the middle of the night if we wanted the quiet. The once recession-bitten streets of boarded-up shop fronts began to be tarted up, new shiny modern buildings began to replace the crumbling edifices I had romanticised beyond their almost-certainly-dangerously-rotten reality. I didn't like it, longing for the return of Scudder's Emporium.

The famous New Year's Eve celebrations had become massive, highly organised affairs, rather than the spontaneous outbreak of fancy dress and crazy it had always been before all the publicity. Plastic glasses everywhere and no space on the bridge at midnight (though the latter was always the case). While New Year's is now undoubtedly a lot safer than back when we used to do the 21 Newcastle Brown bottle salute at midnight – it's not for me anymore.

I have since realised that it wasn't Bideford's fault, it was me (it would have been a real cliché of a breakup letter I would have had to write were Bideford a lady). The ever-growing nature of all towns is perpetual, a middle-aged Bidefordian from the 1890s would undoubtedly have complained about all the horses on the Quay compared to when he was a lad. No town in the world is ever the same town as it was ten years previously. I found another place (an undisclosed small town in the middle of Devon. I would tell you where it is, but if you all knew then you'd all come here, and I'd be back where I started). The barstaff know everybody's name and what they drink, if an event is put on, then the whole town turns up to see it (oh look! A thing! We must go, we must go...) though if there is nothing on, then the streets are curiously empty, and any person encountered therein will greet you as a long lost friend whether you have ever set eyes on them before or not – city-dwellers beware!

You are never more than five minutes walk from a completely empty, bleak, barren and utterly wonderful bit of moorland. Although at certain times of day it is full of fellow dog-walkers, unless you know the empty places and how to get to them (I do, it is glorious).

At our annual Chilli festival last weekend, the entire town had turned up – along with a smattering of newcomers, all of whom were being interrogated with smiles and enthusiasm. I was in a happy chatting group ranging from 80 something to 2 years old. None of us were related to each other (alright, the two year old's Dad was with us).

When the Chilli chow-down (don't ask, it is hellish) began, several of the contestants were pretty new to the town, including the winner. They got as big a cheer as the local institutions who were sat, sweating and crying until they dropped out. One of the newcomers is a skinny, odd, twenty something musician with a funny haircut. Just like I was 12 years ago when I came here, escaping the sprawling metropolis of Bideford, that I had once found so small and constricting.



Dave Holwill is the author of *Weekend Rockstars* currently available as an Amazon exclusive in both ebook and paperback formats ; for more of this kind of thing visit www.daveholwill.com

'The Changing Character of our coast', a talk by Dave Edgecombe

Six members of the Bideford Library Readers' group attended this talk at the Appledore Book Festival. How do we know that the areas around our coast are changing? Some changes take place in living memory, some are anecdotal, and some we may read about. Dave presented clear evidence of change that has occurred in this designated 'Area of Outstanding Beauty', through comparison of pictures and maps, old and new, and aerial photographs.

From this evidence we were able to identify man made changes and those naturally caused such as by erosion. Some changes were more obvious than others. By comparing 'then and now' photographs of Westward Ho! and Woolacombe the impact of man-made change could clearly be seen. In the mid 1800s for example there was just a single farm at Westward Ho! Following the publication of Kingsley's *Westward Ho!* however it became a purpose built Victorian resort and has continued to have 'growth spurts' ever since. We were left wondering who controls development in these areas to balance human needs with that of the environment: a debate best left for another time!

Comparison of 'then and now' photographs can sometimes be misleading though. Photographs of Hartland Quay suggest little has changed whereas in fact from 1500 to the late 19th century it was a busy port and what is now the hotel once housed a pub, a bank and customs house.

Photographs of Clovelly also suggest little change in the buildings but the way of life has shifted dramatically from dependence on fishing to tourism.

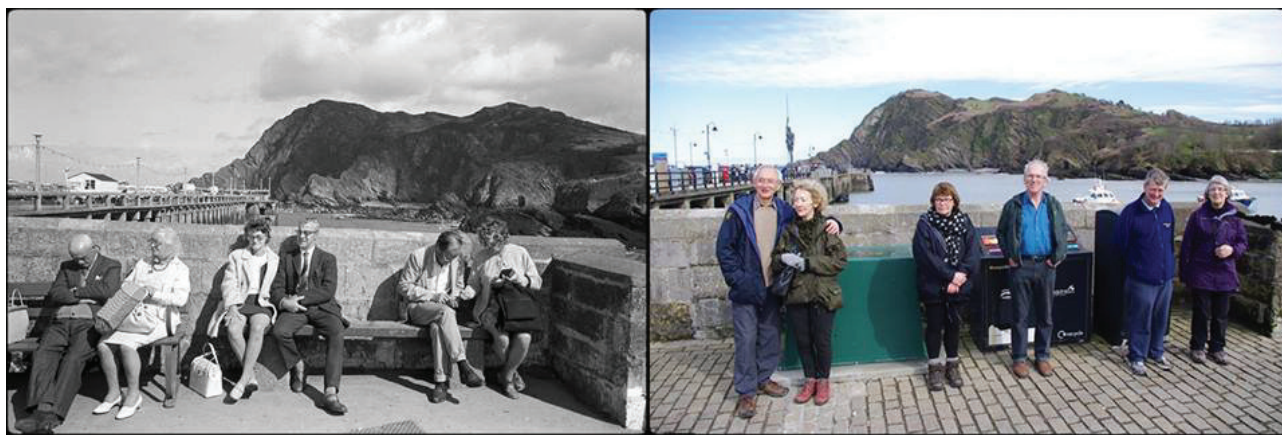
Photographs and old maps were used to show the impact of erosion on our coastline. What would Westward Ho! look like without the sea defences that have been built? Walkers on the coast path will occasionally come across stretches of old tarmac where the original roads have been abandoned due to erosion. Comparison of Clovelly's Hobby Drive maps show that part of its present location is further inland than the original drive, again due to erosion undermining the cliffs. On a more macabre note, erosion near Croyde once uncovered the graves of shipwrecked mariners who had been buried on unconsecrated ground because their religion was unknown.

We were fascinated to learn – again from old maps – that in the 1800s there were three lifeboat stations in the estuary, Appledore 1, 2 and 3. Number 3 was on Braunton Burrows yet manned by Appledore men, who, when called out, had to cross to Crow Point then run to the station! Matters weren't helped by the fact that the horses to tow the lifeboat had to come from Braunton!

Several of Dave's photographs were from the Beaford Archive who have an online gallery to which you are invited to contribute any further knowledge or information. Can you help date some of their old archive images or perhaps even name some of the people in them? **Their gallery can be**

found on www.facebook.com/BeafordArchive/

Peter Evans



Free guided walks and volunteer days on Northam Burrows this autumn

As we say goodbye to the summer and the days get shorter, Northam Burrows undergoes familiar changes. This can be the best time of year to get out and explore the park's landscape and wildlife. As well as these guided walks the Rangers need volunteers to help look after the park. To help control scrub from spreading across the common there will be a Rake Up and Burn event.

Also as part of the North Devon AONB's Coastal Creature project there will be an opportunity to help towards a national seaweed survey at the Big Seaweed Search. To register for an event or for more information please contact the Burrows Centre on 01237 429708 or see www.torridge.gov.uk/northamburrows. **Big Seaweed Search** 17th of November 2pm-4pm **Rake and Burn** 25th of November 10am-4pm



THE SHIPPING NOTES



At Appledore Arco Dart 20.9.16

On **Thursday 22nd Sept** at approx **10.15am** the SS **Freshspring** was berthed at Appledore at Babcocks' fitting out quay. She awaited a suitable high water period prior to being towed to her allocated berth at Victoria Park. Here she will remain for at least 5 years subject to inspections, while the owners, the *Freshspring Preservation Society*, complete their work on the hull and engine. Hopefully she will be passed fit to undertake trips into the Bristol Channel. Her berth was ready on the **16th October** (having been cleared of wreckage.) The vessel **Seven Seas** towed her from Sharpness, and then sailed to Falmouth.



"Freshspring" at Appledore.

(c) N. Hardaker

At Yelland

The **Celtic Endeavour** was programmed to load a cargo of chippings at Glensanda during the first week of October ; however due to berth congestion at the load port, and the prospect of missing the high water period in the River Taw and being neaped, the voyage was cancelled.

Welsh Piper 18.9.16

Bristol Channel Observations

20.9.16 at 07.54 cargo vessel **Reggedijk** 4450 tons d.w, owners Naviga Shipmanagment BV Netherlands, inward bound for Sharpness. At 14.20 cargo vessel **Roseburg** 3005 tons d.w, owners Sia Aquarius Shipmanagement Co Latvia, inward bound for Newport. Seen again **23.9.16** at 19.05 outward bound having sailed at 12.20.

21.9.16 at 18.38 vehicle carrier **Michigan Leader** 17673 tons d.w, owners Kawasaki Kisen K.K.J Japan outward bound from Portbury, having sailed at hrs 13.45.

23.9.16 at 17.10 cargo vessel **Olza** 2690 tons d.w, owners Baltramp Shipping SP Z OO Poland, inward bound for Avonmouth. At 17.25 bulk carrier **Clipper Bettina** 38221 tons d.w owners Legend Star Shipping PTE Ltd Philippines, outward bound from Newport having sailed at 11.21.

24.9.16 at 12..25 vehicle carrier **Grand Benelux** 12594 tons d.w owners Grimaldi Line of Italy inward bound for Portbury.

25.9.16 at 09.13 heavy lift cargo vessel **BBC Marmara** 6203 tons d.w, owners Wittdun Germany inward bound for Avonmouth. At 11.25 vehicle carrier **Emerald Leader** 10819 tons d.w owners Nippon Yusen Kaisha of Japan, inward bound for Portbury.

1.10.16 at 16.35 cargo vessel **Helsinki** 4221 tons d.w, owners Kapitan Siegfried Bojen Schiffahrtsbetrieb EK Germany, outward bound from Sharpness having sailed about 09.30.

2.10.16 at 11.00 vehicle carrier **Grand Duke** 18315 tons d.w, owners Cido Shipping (H.K) Co. Ltd Hong Kong, outward bound from Portbury having sailed at 05.15

3.10.16 at 15.49 tug **Duke of Normandy** 212 gross tons, owners The States of Jersey Harbour board inward bound for Avonmouth.

6.10.16 at 11.12 vehicle carrier **Glovis Companion** 18671 tons d.w owners Glovis Co. Ltd South Korea inward bound for Portbury. At 11.19 hrs bulk carrier **York** 181060 tons d.w owners Okanto Holdings Ltd BWI London, outward bound from Port Talbot, having sailed at 06.49. At 11.55 cargo vessel **Voornedijk** 4891 tons d.w, owners Navigia Shipmanagement BV Netherlands , inward bound for Sharpness.

10.10.10 at 11.50 cargo vessel **Milhail Dudin** 3030 tons d.w owners North Western Shipping Joint Stock Co Russia, inward bound for Cardiff. At 12.20 cargo vessel **RMS Laar** 2304 tons d.w, owners Rhein Maas-und See-Schiffahrtskontor GMH Germany, inward bound for Sharpness.

11.10.16 at 17.36 vehicle carrier **Vega Leader** 16396 tons d.w, owners Nippon Yusen Kaisha of Japan, outward bound from Portbury having sailed 11.31.

13.10.16 at 17.25 bulk carrier **Cape York** 28471 tons d.w, owners Cape York Shipping Ltd Hong Kong China, inward bound for Newport.

The sailing ship which was anchored in the bay **Tuesday 11th to the 12th** was the **Stavros S Niarchos** which was fitted out at Appledore waiting to proceed to Cardiff.

Regards *Norman* tel 01271 861183

Felicity's Sustainable Fish recipe and your restaurant/cafe visit.

On Saturday 29th October, (in time for some Buzz readers), there will be a "Silver Darlings" café in Appledore. This is open from 12noon-4.00pm at the "Fish in a Dish"- a West Country pottery exhibition, being held in the Appledore Baptist Hall at the end of the quay. Please come and visit us and sample the wide range of recipes made from Clovelly Herrings. Lovely fish available throughout November and up to Christmas. Shellfish bisque, Bass and Cod main recipes will be available for lunch

Here is a recipe from Rachel Allen Ballymaloe Cookery School in Ireland -more from them next month after I visit!

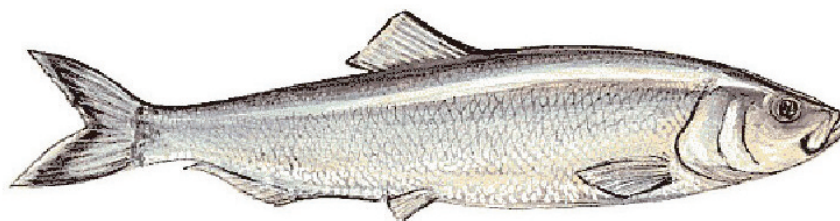
Preservation recipe when Herrings are glutting from Clovelly this month.

Pickled Herrings

12 fresh herrings
110g/4oz Sea salt
1tbsp Black peppercorn -crushed ;1 generous tsp pimentos, and /or allspice berries - crushed
6 Bay leaves
600ml Vinegar
50g /2oz Sugar

Method

1. Gut, scale and wash the whole fish leaving the heads on.
2. Put into a pottery container, pour over the vinegar and leave overnight
3. Next day. Mix the rest of the ingredients and put a layer into the base of the of stonework crock (large deep pottery bowl). Then layer with herrings and more dry mix. Pour vinegar over the herring layers keeping the herrings submerged.
4. Keep in a cool place-larder is best for 2/3 day-before eating.
5. These will keep for ages -ensure the vinegar is over all the fish.
6. Serve with bread, potato salad or green salad.



Clovelly Herring Festival, 10th Anniversary Sunday 20 November from 10 a.m. to 4 p.m.Clovelly harbour.

This year we are celebrating the 10th anniversary of the Clovelly Herring Festival, which is held to promote these tasty, nutritious Silver Darlings and support sustainable fishing.

The village once depended on the harvest of herring, which are caught in superb condition for a short season off its coast. Records go back over 400 years and in 1749, there were a hundred herring boats in the port. When fishing was good, 9000 herring could be landed at one time. Those days of massive catches are long gone and there remain just two herring fishermen who still employ sustainable fishing methods using drift nets and long lines.

There'll be delicious herring specialities, cookery demonstrations, beer tastings, local food and craft stalls, live shanty singers, stiltwalker entertainment, face painting & henna tattoos, a herring fishing photo exhibition, Herring Hunt and the National Trust event-themed children's craft activities.

Maritime historian, Mike Smylie, will be returning with his "Kipperland" exhibition, which is devoted to the history of the herring. He will also be turning herring into delicate-tasting kippers and bloaters in his smokehouse.

There'll also be net making, flax processing and a Curragh on show provided by 'Flaxland' and a Herring Art Competition organised by The Small School, Hartland with the participation of other local schools. All the art will be on display on the day to be judged.

Rachel Haines. Contact: Visitor Centre. Tel: 01237 431781. Email: visitorcentre@clovelly.co.uk

From Marathon to Snickers.

You may remember our exposé on the Barnstaple marathon last month; if not, the last week of bandy-legged waddling and seized muscles may need some explanation. But if you do, then thanks- we ran the half marathon for you! Here at Buzz Youth page, we don't do things by halves and academic discussion didn't seem enough. So we got stuck in. Or at least partially lodged; determined to experience the thrill on the day without any prior training(we wanted to throw ourselves in, but not that much. One big race is bad enough, without loads of mini races before hand as 'practice') Thus we bumbled through the 13 miles with no training and no hope. It ended much the same way as a piggy back ride from a bear - alright to begin with, but then things got savage and we lost a lot of blood. (A whole shoe-full in fact. Last month's 'Blistering Time' title proved to be chillingly prophetic.)

That was our own fault though. As soon as we arrived and saw the lengths some people had gone to- shoving protein bars down the back of their pants for later, buying a little bicep snuggie to fit their I-pods in- we knew we came underprepared. Our pack of Snickers and pocket less-shorts just couldn't quite compare. If we woefully let the side down, Jewson (the race's organisers) did not. The event ran like clockwork, as everyone filed in and out of Park school to collect their t-shirts and pin numbers to them in time for the 10 am start. The number was an odd piece of kit- a large A4 size napkin with a tinfoil fridge magnet glued to the back, as though someone had attempted to decorate their serviette but failed miserably. We were duly informed by other racers that the hunk of metal was not there to make it look pretty, but was actually a tracker; used to catch anyone who veered too far off the path, fell into the bushes, or locked themselves in a portaloo. It was also quite a clever way of ranking competitors, as their time was automatically registered when their tracker passed the finish line. So far, very technical.

What was not technical, was the race itself. We followed some prehistoric urge to run- there was no thought behind it, only the giddy adulation of being at one with the pack. (We were at one with the pack for an impressive 3 miles, then it started to hurt a little. We fought on through 'the wall' for a while, but when it became clear that this particular wall was made out of concrete not crepe paper- and each inhalation felt like choking on bits of lung- we had to slow it down.

At which point the pack all left us.) To add to the tribal feel, there were drums and jungle beats to cheer runners on throughout. There were also cheerleaders, small children with sponges and one or two pit stops that offered cold water and sweets. Never had anyone been so delighted to grab a handful of jelly babies from a passerby, or so soul destroyed when most of them fell on the floor.

No matter, the course had several wild blackberry bushes for further sustenance, though no one else seemed to eat any and there were no kids to high-five at if you did; so perhaps they weren't meant for us. Still, when every electrolyte in your body has been violently sweated out, beggars can't be choosers.

Despite our unreadiness, we actually completed the course in little under 3 hours- though the fastest time on the full marathon was 2 hours and 44 minutes, so we essentially took twice as long and had half the stamina. We ran beside some full marathon entrants for a little while- they were pacing themselves and went on to get stunning times for their event. What struck us was that this is the sort of

thing you keep returning to; that gentleman was on his 77th race, his lady friend on her 74th. For some, however, it was their first- take Arron Porter, who ran with us on the day:" I had a lot of fun running alongside the Youth page team in our Barnstaple half marathon even through the tough times of the run! I am so proud of us for finishing in 2 hours 55 minutes with pretty much no training. I have to say, I'm motivated to go again! Roll on next year". It's evidently quite addictive. Whether or not we'll ever return is subject to whether or not our calves fully heal, but if you're interested in sampling it for yourself, The North Devon Road Runners run regular morning jogs and have a few more major races lined up. If the trackers could spot us now though, they'd find us curled up in the living room with a nice warm cup of tea.



Millie Sutherland O'Gara

Got something to share ... email Millie at editor @bidefordbuzz.org.uk, contact her via Facebook, or write to us at TTVS 14, Bridgeland St Bideford Ex39 2QE. Tel 07929 976120

Christmas is coming.

Family Christmas Fair & Grotto

Northam Lodge's annual Christmas Fair & Grotto will be open for festive family fun on Saturday 3rd December 2016 from 12.00pm 3.30pm at our Rose Hill Activity Centre on Heywood Road, Bideford, EX39 3PG.

There will be many festive games to enjoy including pin the red nose on Rudolph and a mince pie treasure hunt, plus gifts to buy from log reindeers and snowmen to Christmas baubles, wreaths and decorations. Plus Santa will be in his grotto to listen to Christmas wishes and give gifts to the children.

Hot homemade soup and refreshments will be available to warm you through, as well as a bountiful Christmas cake stall.

If all this wasn't enough to make you feel all Chrismassy, then carols and Christmas songs will be provided by the school choir from St Margaret's C of E Junior School, Northam. Enter and park for free, and bring the family along.



Charity Christmas Concert featuring the Military Wives & the Hartland Orchestra

A Charity Christmas Concert featuring The Military Wives from Chivenor & The Hartland Orchestra will be taking place in aid of Northam Lodge on **Tuesday 6th December 2016** from 7.30pm at the Bideford Methodist Church on the High Street. This will be a wonderful musical celebration and will include some Christmas songs to get us in the festive spirit. There is bound to be some audience participation as well. Tickets priced at £15 each will be available from the Northam Lodge website www.northamlodge.co.uk from 17th October 2016. Under 12's are free.

The Appledore Singers –Christmas Concert

The Appledore Singers' Christmas Concert will take place on **Sunday 11th December, 2.30pm** at Northam Hall (top of Fore Street).

All proceedings will be ably, and wittily, coordinated by Anthony Chambers our compere and the choir, accompanied by Chris Beechey, will be conducted by our Musical Director, Pam Beechey. Admission is £6 at the door (under 16s free), to include light refreshments.

Buckland Brewer Christmas Market

Saturday 3rd December 2016

Once again Buckland Brewer is holding its traditional Christmas Market in the Village Hall, Methodist Church and outside in the street between the two venues. With over 30 stalls ranging from homemade chocolate to wood turned gifts, hand bags to homemade pickles, Jewellery to beautiful homemade felting, plus lots more handmade gifts and decorations. Christmas gifts for everyone. Also Steve Gladwin the family butcher and Brilliant Fish will be taking orders for Christmas along with Winkleigh Cider and others. Father Christmas has also arranged to drop in for the children during his busy schedule. With mulled wine and mince pies, pasties and BBQ, why not make this a date for your diary. Contact Dawn 01237 451822.

Appledore Food & Craft Market

Tuesday 15th November 2016 11.00am-4.00pm.

St Mary's Hall, Appledore, EX39 1RL

Come and enjoy our wonderful selection of locally hand-made crafts - great Christmas gifts! Such a tempting array of goodies, plus a super tombola, at our friendly venue by Appledore Quay.

We also have freshly made lunches and refreshments in our lounge café overlooking the river - and all in beautiful Appledore. Wheelchair access at rear and plenty of parking in the car park by the river opposite the hall

Charity Vintage Tea Party

Saturday 19th November, 2-4.30 pm Abbotsham Village Hall. Donations for tea and cakes. Free entry. Funds to be sent to Stepping Stones Orphanage in India.

Star Guests.....Fremington Singers.....Sue Procter rosedalesue@hotmail.com or ring 01237 470270

El Shaddai Charity www.childrescue.net

A Hygge guide to Bideford

Hygge - Danish word meaning **comfortable, warm, cosy.** *'It's a special atmosphere of a special moment.'* Says Marie Tourell Soderberg, a Danish actress whose book *Hygge* is one of several on the subject. *'It's where everything just falls into place. Where the company is right, where the temperature is right, where we feel comforted, safe, warm and happy.'*



We recently returned from a holiday in Copenhagen. The Danes have a comfortable, easy lifestyle which they largely attribute to their love of 'Hygge.' With Winter approaching, shorter days, and more time indoors Hygge is something we could all aspire to. But it's not all about indoor cosiness. For example the Danes love bikes and bike riding so hiring a bike and taking to the Tarka trail, particularly on a lovely Winter's day could count as Hygge. Walking the coast path or the moor, and finishing your walk at a cosy warm pub with a log fire and a pint of beer or a wine. Or enjoying a cup of coffee or a cream tea in your local cafe without the walk.

What does Hygge mean to you? Send us your ideas to editor@bidefordbuzz.org.uk ; or post to TTVS C/O 14 Bridgeland St Bideford Ex39 2QE. The best ideas will be published.
RA

Up Close Theatre and Bideford Town Band

Joint theatrical production May 2017 at the Landmark, Ilfracombe. We will be holding open auditions on Sunday 27th November 2016 at Copps close Communal rooms Bideford EX39 3EE. **Children's auditions 2pm - (parent/s must be present at all times during auditions.)**

Adult's auditions - 7pm

We need actors and backstage crew.

Actors for the following parts :-

Gloria, Coal board employee, but also takes part in the band, aged 22 to 30

Danny, The band leader and older miner, aged 50 to 65

Andy, Member of Band (was played by Ewan McGregor), 20 to 30

Phil, Member of band and son of Danny, aged 25 to 40

Shane, He is the child story teller, but needs to look small, aged 10 to 14

Craig/Melody, Younger Brother & sister of Shane, aged 7 to 9

For further information please call Mark on 07480 934643 or go to our website: www.upclosetheatre.co.uk

November Diary		
28th October 7.30pm 'Encore' Concert at St Margaret's Church, Northam NOVEMBER Tuesday 1st 10am-1pm Lavington Church coffee and lunches 10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall 2pm Bideford WI, New Sea Cadet Bldg 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall. 6.30pm Bideford Band Beginners Group at Band Room. 475653 7.30pm Northam Choral Society meet at Northam Methodist Hall 7.30pm Bideford Sustainability Group at Blacksmiths Arms	7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club Jam Night Wednesday 2nd 9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128 10.30am-12pm 'Feel Better with a Book' at Bideford Library 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053	1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720 2pm Bideford Library Readers' Group. 476075 4-6pm Sew Together at Northam Library 7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554 7.30pm Bideford Music Club concert – Ella Rundle & Miho Kawashima – at Bideford Methodist Church Hall. 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church 473798 8pm Torridge Male Voice Choir meets at Woolsey Village Hall. 441601 Continued on next page.

November Diary 2016

Thursday 3rd

10-11 & 11-12 Tai Chi, Marlborough Ct.
10.15am Northam Men's Forum meet at Northam Methodist Hall. 459757

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Appledore Men's Group at Appledore Library Meeting Rm. 459299

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 4th

2-4pm Sew Together at Westward Ho! Baptist Church 01805 622666

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club, Northam Hall 476632

Saturday 5th

9am-2pm Atlantic Village Market

7pm Film Club at Littleham Village Hall. 471928

7.30pm – 10.30pm Bonfire at Crealock Arms, Littleham.

Monday 7th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

6.30pm Yoga & Meditation classes at Chubb/Churchill Community Lounge.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band.

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 8th

10am-1pm Lavington Church coffee and lunches

10am-12pm Macular Society Support Group at Burton Gallery 441466

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

2.30pm Lift Off for ladies at Baptist Church, Westward Ho! 0792636030

6.30pm Bideford Band Beginners Group at Band Room. 475653

7-9pm Torridge Tuesday at Ethelwynne Close 07977184897

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Lions Club meet at Royal Hotel

7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 9th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel 473337

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

12-1.30pm See Hear on Wheels at Woolsery Community Hall

2pm Tea with Friends at St Mary's Church.

2-3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666

2.30-4pm See Hear on Wheels at Bone Hill Car Park, Northam

4-6pm Sew Together at Northam Library

7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church 473798

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Thursday 10th

10.15am Northam Men's Forum meet at Northam Methodist Hall. 459757

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

12.30-2pm Fish & Chip Club for over 60s at Royal Plaice, Appledore. 471394

2pm Parkinson's Shanty Group at St Mary's Church, Appledore 478128

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm N Devon British Bike Club at Robin's Nest.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 11th

10am-12pm Community Coffee Morning at Kingsley Hall, W Ho! 421274

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

7.30pm Abbotsham WI at Abbotsham Village Hall. 474711

7.30pm Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532

7.30pm Recorder Recital at Lavington Church

7.30pm RNLI Quiz and supper at Appledore Community Centre, PLEASE BOOK 01271 346560 or 861291

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

Saturday 12th

10am-12pm Coffee Morning at Holy Trinity Church, Westward Ho!

2-4pm Creative Writing Group at

Bideford Library 700901

3pm Bideford AFC v Swindon Supermarine

Remembrance Sunday 13th

11.30am Remembrance Service at St Mary's Church after procession from Victoria Park.

Monday 14th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

2pm Bideford Ladies Club at Marlborough Court. 421925

2.30pm Monday Club at Bideford Methodist Church.

6.30pm Yoga & Meditation classes at Chubb/Churchill Community Lounge

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

7.15pm Bideford & District Community Archives AGM at Northam Council Offices, Windmill Lane.

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Bideford Stamp Club – Club auction at Kingsley Hall, W.Ho! 472101

8.30pm N Devon Jazz Club, The Beaver, Appledore. Chris Biscoe

Tuesday 15th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

2.30pm Lift Off for ladies at Baptist Church, Westward Ho! 0792636030

3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765

6.30pm Bideford Band Beginners Group at Band Room. 475653

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Bideford Keyboard & Organ Club – Tony Stace at Bideford Methodist Hall. 475914

7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 16th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

November Diary 2016 *continued*

4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church 473798
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 17th
10.15am Northam Men's Forum meet at Northam Methodist Hall. 459757
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10-11 & 11-12 Tai Chi, Marlborough Ct.
11am Bideford Sustainability Group Coffee Morning at Green Goose
2pm Parkinson's Shanty Group at St Mary's Church, Appledore 478128
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms
Friday 18th
10am-12pm Northam Reminiscence café at Northam Hall. 459337
2-4pm Sew Together at Westward Ho! Baptist Church 01805 622666
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall
Saturday 19th
2pm Devon Family History - talk by Stuart Windsor at Pollyfield Centre.
Sunday 20th
1.30pm Torridge Ramblers walk 451820
Monday 21st
10am-12pm Appledore Community Art Group at Appledore Community Hall.
6.30pm Yoga & Meditation classes at Chubb/Churchill Community Lounge
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251
7.45pm Bideford AFC v Bridgwater
Tuesday 22nd
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
2.30pm Lift Off for Ladies at Baptist Church, Westward Ho! 0792636030
3pm Bideford AFC v Mangotsfield Utd
Monday 28th
10am-12pm Appledore Community Art Group at Appledore Community Hall.
6.30pm Yoga & Meditation classes at Chubb/Churchill Community Lounge
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band - training band at St Mary's Church Hall, Appledore, followed by senior band
7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652
8.30pm N Devon Jazz Club, The Beaver, Appledore. Dominic Howes Septet
Tuesday 29th
10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
2.30pm Lift Off for Ladies at Baptist Church, Westward Ho! 0792636030
6.30pm Bideford Band Beginners Group at Band Room. 475653
7.30pm Northam Choral Society meet at Northam Methodist Hall
7.30pm Bideford Camera Club meet at Chubb/Churchill hall 421391
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*
Wednesday 23rd
9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.15am Probus Club at Royal Hotel
10.30am-12pm 'Feel Better with a Book' at Bideford Library
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528
1-2.30pm See Hear on Wheels at Tesco East-the-Water
2-3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666
4-6pm Sew Together at Northam Library
7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church 473798
8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601
Thursday 24th
10.15am Northam Men's Forum meet at Northam Methodist Hall. 459757
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10-11 & 11-12 Tai Chi, Marlborough Ct.
2pm Parkinson's Shanty Group at St Mary's Church, Appledore 478128
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm N Devon British Bike Club at Robin's Nest.
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms
Friday 25th
10am-1pm Lundy Art Group at Blue Lights Hall, Appledore
10am-12pm Community Coffee Morning at Kingsley Hall, W Ho! 421274
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre
7pm Concert by flautist Simeon Wood at Holy Trinity Church, Westward Ho!
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall
Saturday 26th
10am Torridge Ramblers day walk 429080
10am-1pm Christmas Fayre at Lavington Church
IntaGr8
Free Festive Lunch. Bideford Youth Centre. 25th December from 11am. Open at 11am with lunch at 1.30pm followed by games and conversation until 5pm.
 If you are alone this Christmas we'd love you to join us for food and good company. Presence not presents, but please book as space is limited.
rachel@intagr8.net or 01237 477363
 Volunteers and donations welcome.