



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

Twinning Anniversary

**Bank Holiday Weekend this year is the 40th Anniversary
of Bideford's Twinning links with Landivisiau**

This photo, courtesy of Peter Christie shows Clifford Coates, Mayor of Bideford and his wife followed by Yves Queguiner, French Mayor of Landivisiau (*September 1976*).



In This Issue

- ✦ Roger Garde, famous Bidefordian
- ✦ Green Man Day remembered, *plus our regular items ...*

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary, John Wilson on 01271 860918. 3,250 copies are printed monthly.

All items for inclusion, advertising and distribution to be addressed to Rose Arno (Editor) c/o Torridge Voluntary Services, 14 Bridgeland Street, EX39 2QE.
Email: editor@bidefordbuzz.org.uk. Mobile: 07929 976120. Web: www.bidefordbuzz.org.uk.



north devon
print

www.northdevonprint.co.uk

**Bideford
Lions**

**COMIC
RELIEF**

Devon
County Council



Bideford
Freemasons



Bideford Town Council

Something new to try this Autumn

*When a door of opportunity closes,
many more doors open for you to proceed.
Remember; one of them is your hobby/passion.
You just have to look around, and find that door.*

- Bhavesh Chhatbar

Come and sing with us.

The Appledore Singers, your local ladies' choir, is starting a new season on Monday 5th September. We sing a wide repertoire of song arrangements - from Gospel to Show-Stoppers - and we have a special repertoire for Christmas and weddings. We travel all over North Devon to perform - and beyond! This season promises to be an exciting one, with trips to many interesting places to perform. We rehearse on Monday nights from 7.15-9pm at Appledore Baptist Church and we welcome new members. If you'd like to sing with us, why not contact our **Musical Director, Pam Beechey on 01237 420652** or see our website: theappledoresingers.co.uk or our facebook page

Mishmash entertainers - new season

Formed in 2009 "Mishmash" are an entertainment group from north Devon whose members love singing, and have a common purpose which is to organise concerts for the elderly, sick and disabled. With a new season starting on **September 8th**, 'Mishmash' wishes to contact singers for this not-for-profit singing group. They operate from Autumn to Spring and rehearse fortnightly at Alwington Village Hall on a Thursday morning.

The aim is to entertain those who cannot help themselves, with cheery and popular songs, humorous poems and stories. The challenge is to learn new songs before concerts commence in October. So now is a good time to join; are you attracted to the idea, could you offer a few hours a month to help? Then please, do contact Mishmash and speak to **Andy on 01237 440055**.

Bideford Folk Dance Club

Why not come along to Bideford Folk Dance Club and join a friendly group of people having a social evening and keeping fit and warm at the same time! Instructions for all the dances are given and there are not many moves to learn. If you enjoy dancing and have perhaps been to a Barn Dance or Ceilidh and enjoyed it, then this could be just the thing for you! We meet every Wednesday night during school term time from 19.30 until 21.30 at Bridge Hall Northam; each evening costs just £4.00. It might just be cheaper to come out and enjoy yourself than sit at home with the heating on!

For further details contact **Chris Jewell on 01237 423554**

Fish and Chips.

On the 15th September 2016, a new group run by the "Ageing Well" project will be starting. A "Fish and Chip Club" for over 60s. This will be held at the *Royal Plaice* in Appledore on the third Thursday of the month from 12:30 – 2pm. It will cost £5 per person for fish, chips and a hot drink and transport can be provided. If you would like to come along, please ring Doreen on 01237 471394 to book a place or to arrange transport. Alternatively ring the Ageing Well team on 01805 622666 if you would like more information.

Bideford Phoenix Morris

We would like to thank all those who have supported us this Summer. We have certainly drawn audiences in and around Bideford since May. Thank you. With great audience involvement and great fun had by all. Why not give it a try? We would like to invite Buzz Readers to our 'Have a Go!' sessions beginning in October. It is great fun, great exercise and once you begin to learn a dance Addictive! Contact **Neil or Carolyn Bennion at info@bidefordphoenix.co.uk or 01237 473798** for more information and 'Have a Go!'

The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday
mornings, between 10.30 and 11.30 am,
followed by refreshments and a chat,
at 17 Honestone Street, Bideford
(opposite the car park)
Everyone is welcome
For further details, contact:
Jacqui Poole Tel: 01271 861824

Robin's Nest Function Room at Bideford Football Club

Available for
All Day Weddings
All Birthdays
Christenings
Wakes
Buffet Supplied
Contact Sue Tyrrell on 01237 474974

ARTEZZANE

Shabby Chic & Pine Furniture
Home Décor Painting Service
1 Stanhope Terrace, Northam Road, Bideford
OPENING HOURS
Mon – Fri 09:30 – 5:30
Sat 10:00 – 4:00
01237 238035
Find Artezzane on Facebook & Twitter



Help at Home

We offer older people a flexible service that can be
tailored to suit individual needs. Options include:-

**Cleaning, laundry, light meal preparation,
shopping and help with correspondence.**

Available within a 3 mile radius
of Bideford



Call 01805 938537 for details

TTS Registered Charity No 1125142. Company limited by guarantee
Registered in England 6577677

APPRENTICESHIPS NOW'S THE TIME APPLY TODAY

petroc.ac.uk | 01271 338125

Automotive
Business and Professional
Construction
Creative Industries
Engineering
Hair and Beauty
Health and Social Care
Hospitality and Catering
IT and Digital
Retail and Tourism

PETROC™
COLLEGE OF FURTHER
& HIGHER EDUCATION



 **Apprenticeships**

Appledore Book Festival September 23rd to October 2nd 2016.

To book tickets visit www.appledorebookfestival.co.uk or call 01237 424949. There is a box office in Appledore run by David and Jenny at Docton Court Gallery, 2 Myrtle St, Appledore, EX39 1PH Open daily 9.30am – 5pm (Sundays 11am)

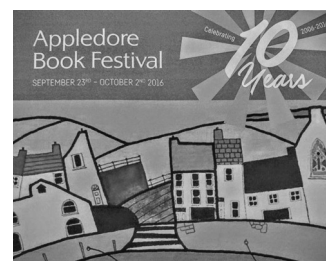
You can also email them at boxoffice@appledorebookfestival.co.uk.

At the time of writing, (mid August) the following events still have places. *Alan Johnson *Michael Morpurgo *Alexander McCall Smith *Jane Corry *Book binding workshop *Sandy Brown and Hilary Paynter, but please check with organisers.

Also open during this time:-

Book Festival Cafe St. Mary's Hall, Appledore 11.00 am - 6.00 pm Tea, Coffee, Light Snacks, Soup & Cake **In aid of the North Devon Hospice**

Copies of the Festival Brochure available at Bideford Library and Burton Art Gallery.



Events in Bideford Library September 2016

For Kids:

Summer Reading Challenge – The Big Friendly Read

This is drawing to an end but make sure you complete it by Saturday September 10th to win your certificate and medal and be entered into the prize draw.

Story time for under-fives

Restarting after the summer break on Thursday 8th September.

Every Thursday. 9:30-10:00 am

With stories, musical instruments and songs.

For Adults

Creative Writing Group

Saturday September 10th 2pm – 4pm
Creative writing with local author and publisher Nikki Brownson. For all aspiring writers looking for inspiration and guidance.

Feel Better with a Book (please check with library to confirm the group is running each week) Every Wednesday 10:30-12:00 am
Come and lift your mood through the joy of reading! No pressure and no reading required. The group is led by an experienced facilitator.

Reminiscence Session – Take a trip down memory lane

Wednesday September 14th 2:00-3:30 pm
Remember back and look forward to sharing your memories with others - chatting and looking at old items. For anyone aged 60+ Refreshments provided

Meditation and Relaxation Group

Thursday September 1st 7:30-8:30 pm
Wednesday September 21st 2:15- 3:00 pm
Guided meditation and relaxation group for adults with Nicola MacDonald

IT Help

Monday and Tuesday afternoons
For help with getting online, setting up email, using smart phones and tablets and a host of other IT challenges book a one-to-one tuition session with friendly library staff.

Bideford Library Readers' Group.

Wednesday September 7th 2.00 pm.
Discussing **'Standing in Another Man's Grave.'** by Ian Rankin

(see review of last month's book below.)

'The Stranger,' by Harlan Coben.

Adam Price has a near perfect life - a loving family, a lovely home in a much sought-after town in the US, he is "living the dream". Perfect that is, until a stranger quietly informs him that his wife, Corinne, has kept a secret from him, a secret that turns his world upside down. After investigating and confronting her, she disappears, which sends Adam on a quest to not only find her but to uncover the truth. In doing so he exposes lies, deceit, and corruption.

We all enjoyed this thriller, we found it fast-paced and gripping, with many surprising twists and turns. We did, however, feel it lacked some depth to the characters and that the ending was a little weak. We see that Adam was not the only one to be approached by 'The Stranger', but how far will people go to keep their secrets safe? Ironically, the revealing of one secret results in a new, even bigger secret!

All in all, a good read for lovers of mystery and suspense.

Mary Corin

JON TAPE BUILDING

AND MAINTENANCE

Telephone: 01237 441781 / 07776 142074

Local, fully qualified builder with over 25 years
of experience.

Friendly and reliable service.

Free quotations.

EXTENSIONS, CONVERSIONS AND NEW BUILDS

PLASTERING AND SKIMMING

PAINTING, DECORATING AND TILING

BLOCKED DRAINS AND ROOF REPAIRS

PATHS, PATIOS AND DECKING

*FASCIAS AND SOFFITS, GUTTERING AND
DOWNPIPES*

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently
need people just like you for their
branch in Barnstaple, North Devon

Samaritans offer a confidential
emotional support service which is
available 24 hours a day.

If you are interested in becoming a
listening volunteer, please contact

Samaritans on:

BARNSTAPLE

01271 37 43 43

email sams_nd@yahoo.co.uk

Real People – Real Lives - Real Difference

Information Day 26th Nov.16 10:00am-12:00pm.

WHY NOT COME ALONG & SEE.

Selection Days 20th Aug.16 & 14th Jan.17

Charity No. 261807



BIDEFORD TOWN COUNCIL

Grants for 2017/2018

**Those organisations whose work
includes benefit to the people of
Bideford may apply for a grant
from the**

Bideford Town Council

Application forms are obtainable from:

The Town Clerk,

Town Hall, Bideford, Devon EX39 2HS

E Mail: admin@bideford-tc.gov.uk

Website: www.bideford-tc.gov.uk

Telephone: (01237) 428818

**FORMS MUST BE RETURNED BY
FRIDAY 16 SEPTEMBER 2016**

Grants will be paid in April 2017



DRAYCOTTS

JEWELLERS & PAWNBROKERS

92 Boutport Street, Barnstaple, Devon EX31 1SX

01271 325767

JEWELLERY BOX COMPETITION WIN A BRAND NEW JEWELLERY BOX!

Bring us the contents of your jewellery box
during September and we'll give you a free
appraisal on the items and buy your
unwanted gold and silver.

Prize given for the most interesting
contents. Runners up gift vouchers for
2nd and 3rd place - £20.00 & £10.00
respectively.

Winners will be notified 1st October 2016.

www.draycottsdevon.co.uk

info@draycottsdevon.co.uk

The Pilton Green Man Day.

Imagine the scene. There we were, enjoying a morning coffee outside our favourite tapas bar in Barnstaple when a man dressed in green foliage and balanced on top of 6-foot stilts walked by. Now even in rural North Devon, that doesn't happen every day. Abandoning my latte, I followed the stilt walker to the square to find a crowd of green-robed and oak leaf garlanded people, giant animal skulls on poles and even a bag pipe band tuning up in the corner. On enquiry I learned that it was the start of the annual *Pilton Green Man Festival*. On impulse, we decided to follow the procession – and had one of those unplanned but electrifying fun days that happens when you just go with the flow.



After wending its way through the main shopping area, the procession ended up in one of the most ancient and historic parts of Barnstaple; Pilton, once a separate village but now a suburb of the town. As we turned into the bottom of the narrow hill that is Pilton we were literally stopped in our tracks by the sea of flags bunting and stalls that disappeared up out of sight

Although it was only a little past 11 am, the crowds were jostling for room amid the food and craft stalls that lined the street – a live band was playing on an adjacent stage and somehow an atmosphere of genuine, friendly community pervaded the area. House windows were filled with green man decorations and one thoughtful householder had even put a dozen chairs outside his home with a notice saying “Rest Place”. As we climbed the hill, we were assailed by aromas of hot dogs frying, chilli stewing and coffee bubbling – a young man was demonstrating card tricks to baffled children, a guitarist was singing on the middle stage and everywhere stalls invited you to sample home made cakes, biscuits and jam.

At the top another large stage held a band doing a credible rendition of an old Beach Boys hit and when we had satisfied our nostalgia, we followed the crowd into the old and very beautiful church of St. Mary's where a talented Acapella choir named 'Vocal Accord' were about to perform. Meaning only to stay for the first song, we were captivated by the close harmonies and intricate arrangements and stayed an hour for the whole performance. Afterwards we popped next door into the Old School House to see the Pilton Arts Group exhibition which showed that amateur talent is alive and well in North Devon.

Retracing our footsteps down the hill, we turned into the Rotary Gardens to find more music from an 'open mike' area adjacent to a very welcome beer tent. In the lower garden a hand cranked Victorian merry-go-round thrilled 21st century children (and adults!), a unicyclist who kept his balance whilst juggling Indian clubs and even a Punch and Judy stall - all side by side with a Pimm's Tent, a Caribbean Kitchen and a traditional ice cream bike. Don't know what an ice cream bike is? Better visit the festival next year and find out!

Feeling somewhat footsore, we looked at our watches and were amazed to find it was 4 pm – as the saying goes “time flies when you are enjoying yourself” so we said farewell to the Green Man festival and promised to put a note on next year's calendar to revisit.

The Green Man festival www.piltonfestival.co.uk is held on the **3rd Saturday in July** annually.
Iain Frazer.

“WHAAM Showcase” - Westward Ho! & Appledore's new event.

North Devon bands and singers performing in aid of the **Royal National Life Institution's Appledore Lifeboat Station**

On 28th September this first Music Showcase will feature some of the most innovative and talented musicians in North Devon. Presenting a broad spectrum of music from rock 'n roll bands to folksy bands and individual singers, this Showcase will be an exciting evening at The Pier House, Westward Ho! Doors open at 6.00pm and the entertainment will run continuously from 7.00pm to midnight with a short break at 9.00pm for the Grand Raffle. All of this for only £5 a ticket! Children FREE.

Admission to include a strip of raffle tickets.

Tickets will be on sale at the Delicadevon, 32 Nelson Road, W'Ho! Johns of Appledore on the Quay and at the door of The Pier House Function Room. Acts will include **Dogleg, Mark Jenkins, Jenna Witts, Dave Clinch, Nat's Blanket, The Muddy Boots, Chris Millington, The Dambuskers, Gary Meades and The Rocking Good Knights.**




find us on **facebook**

follow us **twitter**

DO YOU WANT TO LOSE WEIGHT AND GET FITTER AND HEALTHIER?

| | | | | |
|------------|---------------|--------------|--|----------|
| MON | 6:00-7:15pm | Bideford | East the Water Community Primary School EX39 4BZ | Aerobics |
| | 7:15-8:30pm | Bideford | | Zumba |
| TUE | 9:30-10:30am | Westward Ho! | Kingsley Hall EX39 1HX | Zumba |
| | 10:30-11:45am | Westward Ho! | | Aerobics |

This is a 'traditional' aerobics class, Suitable for all fitness abilities.

A mix of low intensity and high intensity moves with the party atmosphere of Zumba

WE ALSO HAVE CLASSES IN: BARNSTAPLE, ROUNDSWELL AND TORRINGTON

To book your first class for **FREE**

Please call **WENDY** on 07787607322 or E-mail wendy.cox@btinternet.com

www.wendysfitness4life.co.uk



BIDEFORD BUZZ



Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons.

If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group.

All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno.

**Email: editor@bidefordbuzz.org.uk,
Mobile: 07929 976120
or c/o Torridge Voluntary Services,
14 Bridgeland Street, Bideford EX39 2QE.
Visit www.bidefordbuzz.org.uk.**



BIDEFORD FILM SOCIETY

Doors open at 7.00pm, films start at 7.30pm

September Films

Friday 2 at 7.30pm and Saturday 3 September at 5.00pm & 7.30pm at Kingsley School:
The BFG (PG) 117 mins.

Friday 9 at 7.30pm and Sunday 10 September at 6.00pm at Kingsley School:
Star Trek: Beyond (12A) 122 mins.

Friday 16 and Saturday 17 September at 7.30pm at Kingsley School: Jason Bourne (12A) 123 mins.

Friday 23 and Saturday 24 September at 7.30pm at Kingsley School: Swallows and Amazons (ctba).

Friday 30 September and Saturday 1 October at 7.30pm at Kingsley School:
Mechanic: Resurrection (15) 99 mins.

To avoid disappointment please always check our website www.bidefordcinema.org.uk or weekly press for up-to-date listings.

Clovelly Lobster and Crab Day

Sunday 4th September 2016 at Clovelly Harbour from 10 am to 5 pm. Come and enjoy a fun-filled day out for the whole family, in celebration of Clovelly's famous lobsters and crabs, sustainably caught by local fishermen. There'll be live music, demonstrations, raffle prize draw for a magnum of champagne, local food and craft stalls, including plenty of freshly cooked lobsters and crabs, Henna tattoo's, games, and beer tasting. Children will be kept entertained by street theatre, face painting, walkabout magic, balloon modelling and event-themed craft activities provided by The National Trust. Bring your swimming costume to take part in sea snorkelling adventures hosted by the Marine Biological Association. The Historic ketch, 'Irene', will be there on the day, and boat trips to see the traditional vessel will be available. The day is in aid of the National Lobster Hatchery, Padstow, who will be exhibiting some of their baby lobsters prior to their release into Clovelly Bay at the end of the day. You can even adopt a baby lobster, as well as learning about how they are raised in captivity and then released into the sea. <http://www.nationallobsterhatchery.co.uk/>

Bideford Carnival and Regatta.

Entry forms for this year's carnival are available from Morrison's customer services and Radfords Newsagents on the quay. The theme is *Fantasy and Fairy Tales*.

Carnival date is September 10th start time 6pm!

Remember you make our carnival!

News from the Burton Art Gallery and Museum

If you are quick enough, you still have a few days in hand to visit the Burton and view an excellent exhibition of paintings, ceramics, prints, sculpture and textiles by the Westward Ho! & Bideford Art Society. Their reputation goes before them, and every year they select work by artists from all over our region to create an exceptional variety of art in all its forms. You have the opportunity to purchase an original work, that is if you are not too late because someone else has put their money down on the one you want! The exhibition ends on the **3rd September**, so make it a priority.



You may be amazed to realise that it's the Burton Gallery's 65th birthday on 31st October! It was opened on that day in 1951, with Thomas Burton standing by. He would be very proud to see it now. So, to celebrate his wonderful legacy, as from September 17th, right through to the 2nd November, you will be treated to exhibitions and collections revealing the Gallery's history. But from the 29th August, an object a day will be put on Facebook from the Burton's Permanent Collection for you to discover its hidden archives. There's more - if you happen to share your birthday with the Burton - i.e. the 31st October, - come in and tell us, and if you, or anyone in your family, are 65 this year and have a connection with the Torridge area, they will be very pleased to see you too!

Apart from these celebrations there is another exhibition for you to enjoy: Cornelia Parker's Photographic Images, - 'One Day This Glass Will Break' - begins on 24th September and continues until 7th November. Cornelia was shortlisted for the Turner Prize, and is best known for her larger-scale installations. Now she is inspired by Fox Talbot's first photographic images, with subjects such as a jug spilling ice cubes, transformed into ghost-like still life. A fascinating exhibition.

An adult workshop concludes this bulletin - on September 3rd Sophie Fordham will instruct you on 'Inventive Intaglio Printmaking'. This costs £40 + £5 for materials. Book on 01237 471455

On the 21st September, The Friends of the Burton invite you to an evening with John Biggs, of Collins Antiques, Bideford, when he will reveal the miniature world of 'Treen - Small Domestic Wooden Antiques'. 7.30 p.m. in the Gallery. £5 at the door, or book in advance on 01237 471455.

The Museum, Craft Gallery, Cafe du Parc and the Gallery Shop await your valued presence. Opening hours: Monday-Saturday, 10am to 4pm; Sunday: 10.30am to 4pm. Admission Free.

Diana Warmington, Friends of the Burton Art Gallery & Museum.

Davis Cup comes to Bideford

Last November Team GB won the Davis Cup (the tennis equivalent of the football World Cup), and to mark this achievement the LTA is taking this magnificent Trophy on tour around some selected Tennis Clubs in the UK. Atlantic Racquet Centre at Caddesdown has the honour of being chosen to be included in the tour – the only Club in Devon - and the Trophy will be coming to the Club on **Sunday 4th September**. Several local sporting celebrities and VIPs have been invited to join in the celebrations, which will be an all-day event, from 10am to 6pm, with free tennis activities for all ages and abilities to have a try:

Mini tennis (for little ones). Cardio tennis. Disability tennis. Tennis Express (for adult beginners). Touch Tennis on a reduced size court with foam balls.

2 courts will be set aside as a 'Trophy Zone' featuring local sports clubs and community groups, and in pride of place, the Davis Cup Trophy itself - so take this opportunity to come along and take a 'selfie' of you with it! Here there will also be a Live Music stage, showcasing performances from local choirs, bands, schools, and young musical talent in the area.

Everyone is welcome to visit and join in, and all activities are entirely free.



In the run-up to the day, Head Coach Tom Vinall and his team of coaches have been visiting Schools all over North Devon offering them free taster sessions, and on this day they have the opportunity to join in this mini tennis festival for schools.

For any further information about the day, visit www.atlanticracquetcentre.co.uk.

Sue Doncaster

Bideford AFC Home Fixtures.

All matches at Bideford AFC Football Ground, Robin's Nest, The Strand, Bideford.

Sat 17 September 15:00
Bishop's Cleeve

Mon 26 September 19:45
Larkhall Athletic



The World's Biggest Coffee Morning for Macmillan Cancer Support

Saturday 1st October

Instow Parish Hall, 9.30 - 12.00

Homemade cakes with coffee, Cake & preserve stall, Crafts and jewellery, Tombola, book and CD stall.

Buzz Subscription

To subscribe send this completed form to Bideford Buzz C/O TTVS 14 Bridgeland Street, Bideford EX39 2QE

I would like to pay for a year's subscription to Bideford Buzz at a cost of £13 a year and make a contribution at the same time. Postage is second class and you receive 11 issues (including the Christmas Double issue.)

I enclose a cheque for £_____ made out to Bideford Buzz.

Mr./Mrs _____ First Name _____ Surname _____

Address _____

_____ Post Code _____ Telephone No _____

I am interested in posting Buzz abroad. How much would it cost ?



THE SHIPPING NOTES



| Ship in Port Yelland | Flag | From | To | Arrived | Sailed | Crew | Cargo |
|--|--------------------------------------|-----------|--------|----------|----------|-------------------------|-------------------------|
| Sirena ex Global V 13 Rana 2008 Ramsol 2006 Bosga 2003 Built 1999 | Valletta Malta Switzerland | Glensanda | Bilbao | 03/07/16 | 04/07/16 | Lithuanian Ukrainian | 3500 tons chippings. |

At Appledore

Arco Dart 21.7.16 5.8.16 6.8.16

On Tuesday 19th July at 17.50 the Irish Patrol Vessel **Le William Butler Yeats** sailed from Babcock and Wilcox's fitting out berth at Appledore for her final acceptance trials in the Channel prior to being handed over to the Irish Navy. She was seen crossing the Bar at 18.25 by the BBC presenters Matt Woodley and Pippa Quelch, correctly calling her a warship, as advised by me. She sailed to her base in Cork on the 22.7.16. about 20.00 after leaving Ilfracombe .

Bristol Channel Observations.

16.7.16 at 16.57 cruise vessel **Prinsendam** 38848 gross tons, owners Holland America Line Netherlands, outward bound from Ilfracombe having sailed at 15.30.

17.7.16 vehicle carrier **Autosun** 6670 tons d.w, owners United European Car Carriers Norway, outward bound from Portbury having sailed at 06.41.

18.7.16 at 19.40 cargo vessel **Scot Ranger** 3418 tons d.w, owners Scot Line U.K. inward bound for Newport.

27.7.16 at 1445 vehicle carrier **Autosun** 6670 tons d.w, owners United European Car Carrier Norway outward bound from Portbury having sailed at 09.23. At 20.03 vehicle carrier **Arabian Breeze** 12577 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, outward bound from Portbury, having sailed at 14.39.

29.7.16 at 16.32 bulk carrier **Yeoman Bank** 38997 tons d.w, owners Aggregate Industries UK Ltd UK inward bound for Portbury.

30.7.16 at 19.55 chemical tanker **Stolt Puffin** 5758 tons d.w, owners Stolt Nielsen Rotterdam, outward bound from Barry, having sailed at 14.23.

31.7.16 at 13.24 vehicle carrier **Viking Odessa** 4693 tons d.w, owners Gram Car Carriers A/A Norway, inward bound for Portbury.

4.8.16 at 18.53 buoy maintenance vessel **Patrica** 997 tons d.w owners Trinity House London, outward bound from Swansea.

5.8.16 at 13.25 vehicle carrier **Electra** 22588 tons d., owners Wallenius Wilhelmsen Norway and Sweden, outward bound from Portbury having sailed at 07.38.



(c) N. Hardaker.

6.8.16 at 13.30 sand dredger **City of Cardiff** 2730 tons d.w owners Ltm Western Ltd Solihull outward bound from Milford Haven having sailed at 22.16 5.8.16 bound for Marchwood near Southampton. At 13.50 vehicle carrier **Michigan Highway** 17673 tons d.w owners Kawasaki Kisen KK Japan (k> Line) Japan outward bound from Portbury having sailed at 08.15.

7.8.16 at 14.15 vehicle carrier **Victory Leader** 13363 tons d.w, owners Ray Car Carriers Israel, inward bound for Portbury.

9.8.16 at 15.48 vehicle carrier **Crystal Ace** 18381 tons d.w owners Mitsui OSK Line Japan, inward bound for Portbury.

11.8.16 at 13.35 buoy maintenance vessel **Patricia** 997 tons d.w, owners Trinity House London working in the bay and sailed at 13.55 to St.Ives. At 17.10 vehicle carrier **Hoegh Detroit** 27100 tons d.w. owners Hoegh Autolines Shipping A/S Norway, inward bound for Portbury.

12.8.16 at 19.30 cargo vessel **Tasman** 4535 hrs owners Flinter Group Netherlands outward bound from Cardiff, having sailed at 13.53

14.8.16 at 09.16 cargo vessel **Ammon** 3800 tons d.w, outward bound from Birdport , having sailed at 02.31. At 11.03 vehicle carrier **Michigan Highway** 17673 tons d.w, owners Kawasaki Kisen KK Japan, inward bound for Portbury.

Norman 01271 861183

Connections

Roger Garde (circa 1585-1645), The First Mayor of New England.

Roger Garde was born in Bideford in about 1585, (although his parents may have come from Alwington,) and he married a Phillippa Gist on 4 July 1610. They had at least six children*, though only two survived into adulthood. Roger was a woollen draper by trade. After the death of his wife he left England, and settled in York, Maine, where he bought some land from the local proprietor, Thomas Gorges. He must have been a diligent and upright character, because Gorges made him his agent on his own return to England in 1643. Garde then served as Alderman, Town Clerk and Recorder of the York Court in the early 1640s, eventually becoming Mayor of York in 1644-5, and, in doing so, became the first ever Mayor in New England. *(It has to be said that at that time York, then called Agamenticus was little more than a village. In fact, it was granted a municipal charter in 1641, thus making it a city before it became a town!)*

However, in his capacity as Mayor, he presided over a famous trial, where a woman of ill repute, Catherine Cornish, was accused of murdering her husband, Richard ; his body having been found floating in a nearby river. The trial was seemingly impartial, and she was found guilty, and sentenced to death but before the sentence was carried out she accused Roger Garde and another townsman, Edward Johnson, of having illicit affairs with her. Johnson admitted that he had had such an affair, but Garde denied any involvement. She maintained that his need to keep quiet about the affair in those puritanical times, provided him with sufficient motive for wanting her executed, but he was adamant that no such affair had taken place, and she was duly hanged.

The townsfolk were never entirely convinced of his innocence. This weighed heavily upon him mentally and physically, and a year later, he was dead. Even the Governor of Massachusetts was not convinced, and thought he might be lying, pointing out that "he was a carnal man and had no wife in the country." As his death approached, Garde was reputed to have said, "The people have broken my heart."

The authorities, however, did not take sides. In the end, he was exonerated by the people and was treated after his death with the honour that a man of his status would normally receive.

A brother, John, seems to have followed him to America, where he became a trader on Rhode Island.

In spite of his unfortunate end, Roger Garde was one of the pioneer settlers in America. There were many others from Devon including some from the Bideford area, but whose lives and achievements have now been largely forgotten.

***Children of Roger and Philippa Garde baptised at Bideford, Devon:**

- i. Elizabeth, bpt. 16 Feb, 1613/14
2. ii. Rebecca, bpt. 9 May 1616; married William Champlin in 1641.
3. iii. John, bpt. 8 Nov. 1618; married Mary? Tetherley and Martha Brenton.
- iv. Thomas, bpt. 21 Jan 1620/21
- v. Patience, bpt. 13 July 1623
- vi. Mary, bpt. 1 Feb. 1626/27
4. vii. (possibly) Roger, probably born about 1630; remained in Bideford, twice married.

Chris Trigger.

Bibliography

My own sources were a book entitled "Westward, Look..." to be found in the reference section for local books at Bideford library, a book specifically about Devonians who had some impact on American society at the time of the Mayflower landings in 1620, plus a genealogical account, written by one of his descendants, on the internet. There are many more references to him in the American archives, but I don't have access to them. After he died, his post as Mayor was filled by another Devonian, known for his drunkenness !

The legend of Biddebury

The event people are already calling "Biddebury" landed in style on August 6th, with Victoria Park's annual music day. The event seems to be growing year upon year- this time with a bucking bronco, trampoline area and bouncy castle suspiciously reminiscent of the big red balls from Total Wipeout - there was plenty to soak up. Even an ageing Ludwig Van Beethoven would have had a great time; the story goes that when his hearing deteriorated, the composer was able to tell sound through bodily vibrations instead of noise, and there was certainly a tangible feeling in the air that day; the atmosphere thick with something other than static from the amps. People congregated on the grass to enjoy fellow fans' company and bask in the sun without a care in the world. Music for more than the ears, an aura of merriment pervaded. (Merry auras aside, we also know Beethoven was the rock god of his time, so the raucous tunes on offer would no doubt have struck a chord with him too.) The soundtrack to the day can't be overlooked, as the bands were to a man brilliant. An eclectic mix of hard rock/ post punk (Rattle the Point) Indie (Capital) , Folk Rock (Wilderland) and tens more, each with around an hour, there was enough time to acclimatise to the genre, though not long enough to get bored. Like a vibrantly stuffed Pez dispenser, if one flavour didn't quite tickle your fancy, you could rest assured that another would come along soon to take away the aftertaste; unlike many festivals, where the headliner is a massive gobstopper that will take an interminable 2 hours of sucking to get through.

Those we spoke to on the day vehemently insisted that none of the acts sucked, however, and we're inclined to agree. Some such fans had been there all day- serial festival goers with the wherewithal to baggie either one of the tables or an appealing spot of grass to sit on. Meanwhile, others dribbled in gradually and were accepted with open arms by the beer tent. This large white cube was the centre of activity, with boundless intel on all who had been through Victoria Park's metal fencing. Misplaced a friend? Ask at the beer tent. Don't know what the next act's set to be? The beer tent will tell all. Infact, it was these Oracles of the ale that helped us track down event supervisor Lucy Dowding herself. Organising an event like this takes a great deal of time and effort, and even when the thing was in full swing, Lucy found herself required in each corner of the park at once to keep it on course.

Yet after the last hot dog wrapper had been swept away, the last daisy chain sunk back into the soil and all remnants of that day were gone, she very kindly sat down to give us her own words. *"It was a fantastic day - we were all extremely pleased with the phenomenal turn out - over 4500 people attended. It was a hugely busy weekend for everyone involved with the set up and break down phases but well worth the effort. We are really looking forward to next year's event which is being planned at this moment. Speaking of which, we do need volunteers for 2017 and would love to hear from anyone out there who wants to be involved with it. If you are interested, please contact us via the Facebook page www.facebook.com/BidefordMusicDay or on 07518066623. We would gladly appreciate some help! Otherwise, thank you for coming, and I hope you felt the music in your bones."*

Millie Sutherland O'Gara.



What was I going to say?

We were sitting comfortably, the other night watching an old film on the box when my wife thought that one of the chaps looked awfully familiar but she couldn't remember his name. I also recognised him but like her couldn't bring his name to mind. I felt sure I had seen him in another film in which he had an affair with a tall blond woman, I think she was wearing a long dress, with tassles, and carried a small dog... Now what was her name? and the name of the film? One thing I do remember, we saw it while we were on a spring break in... I think it was Salcombe? remember dear? Anyway I think we stayed in a little hotel on the sea front ... I can picture it now but the name escapes me. I do remember we had a few days of wonderful weather, or was that the time it rained buckets? Anyway we drove, to Salcombe... I'm sure it was Salcombe... in our old Morris, or did we have the Vauxhall by then? Anyway what were we talking about? ... Oh yes, the film... and I still can't remember who he is.... but I might remember after I've made the tea..... darling! where's the kettle?

Michael Darling



Bideford Pannier Market - open Tuesday/ Wednesday/ Thursday / Friday & Saturday

If you haven't been to the Pannier Market recently then it really is time you gave it the once over – the feed back we are getting from tourists is excellent ; they are loving the new workshops and the additional days trading -

If the market is to really succeed then we need the support of the local community. I am still getting visitors telling me that they have been told there is nothing up here. They are also saying how surprised they are by the quality and the variety of traders in and around the Pannier Market – We need to promote the whole pannier complex not talk it down – come on Bideford.

If you are a trader and looking for a market then why not have a look at Bideford – please contact Richard Coombes (Deputy Town Clerk) on 01237 428817 – you will be made more than welcome

Butchers Row, Market Place, Grenville Street - Open Monday to Saturday

The Beauty Salon and Pannier Toys in Market Place are now fully open and are proving to be an asset to the area – make sure you check them out

They are redecorating the Art Deco building on the corner of Grenville Street and surprise surprise it's got copper window frames – we are looking good

With 57 shops including at least 4 cafes and three pubs plus the market hall it's all well worth a visit, *(not forgetting the loos which are the best in town.)*

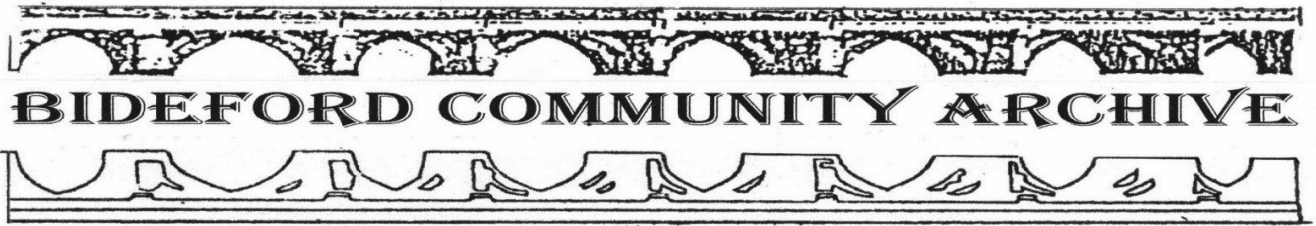
Trev (Minxy's Sweets)

Get creative and celebrate North Devon's natural beauty with your own short film

As part of the BBC's Get Creative campaign, community film makers North Devon Moving Image (NDMI) want you to get out into the wild and create a short film about the landscape and nature of the North Devon Coast AONB.

All the information you will need about the Wild Shorts competition can be found on the NDMI website www.northdevonmovingimage.org.uk or by telephoning **Amanda on 01271 860610**: the website also provides film making tips and for inspiration NDMI will be blogging with inspirational ideas throughout the competition.

Wild Shorts is open for entries throughout the summer and autumn with a closing date of 30 November 2016. There are some great prizes to tempt all ages and the winning films will be shown at a red carpet award ceremony in January and be exhibited on the AONB website.



100 Years Ago - September 1916

On the front page of the 5th September edition is an advertisement for wooden 5 bar field gates, portable buildings, pigeon fanciers' lofts and motor car houses. All are constructed in timber (creosoting is extra). The supplier is F W Barker & Co Nottingham and all goods are priced to include carriage paid to any station. This is the first time that "out of area" traders have used the Gazette for advertising.

A W Cock, Auctioneer, offers for sale the following Bideford properties: - 25 Victoria Grove, 19 & 20 New Street, 50 Honestone Street and 22 Milton Place. All these properties have tenants in residence.

On the 12th September edition there is a half-page advert "Labour required for building munitions factories". Navvies and labourers not yet engaged in national work will be accepted. Every man enrolled will be given a certificate showing the service he has rendered to the country. A public meeting of town traders convened by Bideford Chamber of Trade considered the question of closing shops earlier during the autumn and winter months because of the new public lighting order introduced by the government and to compensate for depleted staffing problems. The Chamber recommended 6pm closing on Monday, Thursday and Friday; 7pm on Tuesday and 8pm on Saturday. (*Late night shopping is not a recent concept.*)

The Vicar of Northam, Prebendary M D Dimond—Churchward, has announced his resignation due to advancing years. He was well known for his advocacy of Temperance and spoke extensively on the topic.

In Hartland, Mr W T Westlake has presented the United Methodist Church with a nice new clock.

At Parkham a slow corn harvest is blamed on the showery weather, rainfall during August having been 4.07 inches.

A heart-warming story comes in the District news from Alwington and we quote it here. "A good deal is heard about the young men slackers in North Devon. Many of them do not seem to have the same enthusiasm to serve their country as even the children, girls and women in their midst. Throughout the school holidays many of the children as well as their mothers, gave valuable help to the farmers during the corn harvest. One girl of 11 years led the horses for her father, while others assisted in binding. A farmer's wife drove the horses whilst riding on the machine while another pitched the corn. Others helped by driving the loads from the fields. On one farm a Superintendent of Police, on holiday from the East Coast, rendered yeoman service in the field while his daughters milked the cows and also helped in the corn fields".

These and many more items of local interest are available to read at the Bideford & District Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings. You can also follow us on our Facebook page, Bideford & District Community Archive.

Open garden and river walk

At Hole farm, Woolsery EX39 5RF

On Sunday 4th September

From 2-6pm

Admission £4 children free

In aid of NGS.

Homemade teas available in the barn

All welcome including dogs on leads.

Plenty of parking in field and it's signposted from the A39 at Bucks cross

September Diary 2016

Thursday 1st

10.30am Flying Fish Coffee Morning & Art Sale at Rock Park Lodge, Barnstaple

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Appledore Men's Group at Appledore Library Meeting Rm. 459299

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 2nd

2-4pm Sew Together at Westward Ho! Baptist Church. 01805 622666

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club, Northam Hall 476632

Saturday 3rd

10am Torridge Ramblers day walk. 01237 470004

2.30pm Bucks Cross & District Gardening Show at Village Hall

7pm Film Club at Littleham Village Hall. 471928

7.30pm Autumn Charity Dance + bring & share supper at Woolserly Hall.

Sunday 4th

10am-6pm Davis Cup Trophy at Atlantic Racquet Centre, Caddisdown + free tennis activities for all ages & abilities.

12-4pm Bideford Positive Living Fair at Bideford Pannier Market.

Monday 5th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band - training band at St Mary's Church Hall, Appledore, followed by senior band

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 6th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2pm Bideford WI, New Sea Cadet Bldg

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Bideford Sustainability Group at Blacksmiths Arms

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 7th

9.30am-2.30pm Free Social Club for

ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

2pm Bideford Library Readers' Group. 476075

4-6pm Sew Together at Northam Library

7.30pm Two Rivers Wind Ensemble

Rehearsal at Bideford Band Room

8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

Thursday 8th

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm N Devon British Bike Club at Robin's Nest.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 9th

10am-12pm Community Coffee Morning at Kingsley Hall, W Ho! 421274

7pm Dinner Party at 20 Bidna Lane, Appledore for Help for Rwanda. 477470

7.30pm Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532

7.30pm Abbotsham WI at Abbotsham Village Hall. 474711

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club, Northam Hall 476632

Saturday 10th

2-4pm Creative Writing Group at Bideford Library 700901

6pm Bideford Carnival

Monday 12th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band - training band at St Mary's Church Hall, Appledore followed by senior band.

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Bideford Stamp Club - Bryan Short at Kingsley Hall, W.Ho! 472101

Tuesday 13th

10am-1pm Lavington Church coffee and lunches

10am-12pm Macular Society Support Group at Burton Gallery 441466

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

2.30pm Lift Off for ladies at Baptist Church, Westward Ho! 0792636030

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7-9pm Torridge Tuesday at Ethelwynne Close 07977184897

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Lions Club meet at Royal Hotel

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 14th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

12-1.30pm See Hear on Wheels at Hartland Pavilion

2pm Tea with Friends at St Mary's Church.

2-3.30pm 'Bideford Friends' at Burton Art Gallery. 01805 622666

2.30-4pm See Hear on Wheels at Bone Hill car park, Northam

4-6pm Sew Together at Northam Library

7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Torridge Male Voice Choir meets at Woolserly Village Hall. 441601

Thursday 15th

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

11am Bideford Sustainability Group coffee morning at Green Goose.

12.30-2pm Fish & Chip Club for over 60s at Royal Plaiice, Appledore. 471394

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 16th

10am-12pm Northam Reminiscence café at Northam Hall. 459337

2-4pm Sew Together at Westward Ho! Baptist Church 01805 622666

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

7.30pm Film Night at Deri's for 'Help for Rwanda' 477470

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

September Diary 2016 *continued*

Sunday 18th

2pm Torridge Ramblers walk

01805 622108

Monday 19th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

2pm Bideford Ladies Club at Marlborough Court. 421925

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251

Tuesday 20th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

2.30pm Lift Off for ladies at Baptist Church, Westward Ho! 0792636030

3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Bideford Keyboard & Organ Club – Paul Roberts at Bideford Methodist Hall. 475914

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 21st

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

4-6pm Sew Together at Northam Library

7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Thursday 22nd

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm N Devon British Bike Club at Robin's Nest.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 23rd

10am-12pm Community Coffee Morning at Kingsley Hall, W Ho! 421274

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

7.30pm Hartland Chamber Orchestra 'Last Night of the Proms' at Stoke Church

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

Saturday 24th

10am Torridge Ramblers day walk. 01237 429080

11am-6pm Book Festival Café (*until 2nd October*) St Mary's Hall, Appledore, in aid of North Devon Hospice.

Sunday 25th

9.30am-12.30pm Bideford Band Big Breakfast at Weare Giffard Village Hall.

Monday 26th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 27th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

2.30pm Lift Off for ladies at Baptist Church, Westward Ho! 0792636030

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society meet at Northam Methodist Hall

7.30pm Lions Club meet at Royal Hotel

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

Wednesday 28th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel

10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

1-2.30pm See Hear on Wheels at Tesco, East-the-Water, Bideford

2-3.30pm 'Bideford Friends' at Burton

Art Gallery. 01805 622666

4-6pm Sew Together at Northam Library

7pm Introduction to the Qur'an at St Helen's Church, Abbotsham, 475083

7.30pm Bideford Folk Dance Club meet at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Thursday 29th

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10-11 & 11-12 Tai Chi, Marlborough Ct.

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms

Friday 30th

10am-1pm Lundy Art Group at Blue Lights Hall, Appledore

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall

For more information about What's On, visit our website at www.bidefordbuzz.org.uk or Find us on Facebook.