

# BIDEFORD BUZZ

A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland



## Also this month

The history of the  
Bideford Blues and  
Appledore Junior  
Football Club.

More about  
'Yarn Bombing'.

Lundy in wartime.

Plus our regular items.

We would like to thank Bideford Town Council for their generous grant (received at the Parish meeting in April).

We value their long standing support and commitment to Buzz over many years.

## Rolle Canal Walk - a message from Chris Hassell

Each Autumn, I find myself wondering will spring really follow on again in six months time, and will I still be here to see it?

Well, here we are at the beginning of May and I'm once again sitting down to invite you all to a walk by the Rolle Canal on Sunday afternoon May 15th at 2.30pm. This walk explores the northern end of the canal from Annery Kiln, south along the Torridge flood meadows to Ridd where, in the 19th century, the canal boats were hauled up an incline to the canal's upper level which continued along the valley to Rowe's Moor, now Rosemoor Gardens south of Torrington.

Of course it's almost 150 years since the canal ceased to function and the landscape around it has altered beyond recognition, with the railway and then the Tarka Trail usurping its route along the valley side, and saplings that sprang up by the railway now grown into tall trees. Little remains of the Rolle Canal itself, but the canal society guides know all the clues that point to

hidden features that the casual visitor would miss. There's not only canal history to discover, as along the route will be wildflowers in profusion, with Yellow Archangel beside the Tarka Trail and Early Purple and Twayblade Orchids (see picture) in the dry canal basin. The first quarter of a mile is over rough grass meadow which may be wet if there's been rain but after that the route is on the Tarka Trail.

The start point is at Annery Kiln, by Halfpenny Bridge on the Weare Giffard road off the A386. The actual distance walked is little over a mile, so any keen walkers can come along the Tarka Trail from Bideford, leaving at the Weare Giffard exit to get to the start. The same route is also ideal for cyclists. The event is organised by the Rolle Canal and Northern Devon Waterways Society and a contribution of £2 per person will be appreciated.

Any questions email: [hassallc@ymail.com](mailto:hassallc@ymail.com).

**CONTACT  
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary, Chris Trigger, Tel 01237 475154. 3000 copies printed monthly.

Email: [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk), Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk).



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Northam Town Council

**Bideford  
Lions**



Bideford  
Freemasons



Bideford Town Council

## University of the Third Age (U3A)

Our local branch has over forty activity groups including four art groups – some of which have waiting lists – and two craft groups. We also have three walking groups.

**Third Friday Walkers.** Last month we walked from Fremington through lanes and along the Tarka Trail, enjoying a long coffee break at Fremington Quay on a gloriously summer-like day before lunching at The New Inn. Next month we meet at Torrington Golf Club for a circular undulating walk of approximately three miles (lunch and facilities at the Golf Club).

### Seals spotted!

One group, on a longer walk to Lee Bay, had an unexpected bonus when seals were spotted on the return trip, at Morte Point.

### Writing Group

Topics have included stories about a Daschund, trips abroad to Switzerland and Istanbul, a Northumbrian childhood and a visit to Rosemoor. So lots of scope for budding authors.

### Eating Out.

For those of us who just enjoy good food and company we have a monthly lunch – with a speaker – at The Royal Hotel. We also have several 'eating out' groups.

To find out more about all our groups go to [www.torridgeu3a.btck.co.uk](http://www.torridgeu3a.btck.co.uk) or phone 01237479588

## Torrington Men's Shed

Join us to celebrate our first successful year of operation at the AGM on Thursday 19th May 7.30pm at the Globe hotel, Torrington. Light refreshments and short film show.

**Our achievements :-** creation of first class workshop; six major projects for the community; several projects pending.

New members very welcome. There is much work to be done.

For further information please ring 01805 938965 or 01271 379016



## Queen's Birthday The Big Lunch

The Big Lunch is a simple idea from the Eden Project. The aim is to get people across the UK to have lunch with their neighbours in a simple act of community, friendship and fun. This year's official Big Lunch date is Sunday 12 June, the same day as The Patron's Lunch which celebrates the Queen's 90<sup>th</sup> birthday and her patronage of over 600 charities and organisations. A Big Lunch doesn't have to be complicated - a bring-and-share lunch, coffee morning, a cup of tea in your front garden, a bbq – and it doesn't have to take place on 12 June. You just have to open your front door to get involved in your community!

Interest can be registered at <http://www.thebiglunch.com/join-in/registercrm-2016.php> or ring 0845 850 8181



## Northam Lodge Birthday Cruise

**“The Queen's 90<sup>th</sup> Birthday Cruise”** is the theme of this year's MS Oldenburg trip and it will take place on **Friday June 24<sup>th</sup>** – boarding from Bideford Quay at approximately 6.45, departing at 7.30 and returning at about 9.30/45pm. Tickets £15.00 pp. Please feel free to bring along a picnic, but sadly no alcohol can be brought on board – this is a very firm Lundy Office ruling. There is a bar on board selling beer, wine and soft drinks. You can of course bring any amount of soft drinks along with your picnic. The Alan Lewis All Stars Jazz Band will be entertaining us as they have kindly done since we began doing these fundraising cruises. Tickets are available online from our website [www.northamlodge.co.uk](http://www.northamlodge.co.uk) Or contact the office on 01237 477238



2016/17

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## HIGHER EDUCATION EVENT:

University Centre  
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For more information  
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## The Bideford Branch of THE RELIGIOUS SOCIETY OF FRIENDS or QUAKERS

hold their Meetings for Worship on Sunday  
mornings, between 10.30 and 11.30 am,  
followed by refreshments and a chat,  
at 17 Honestone Street, Bideford  
(opposite the car park)  
Everyone is welcome

For further details, contact:  
Jacqui Poole Tel: 01271 861824

## This space could be selling your business

To advertise in Bideford Buzz,  
or for details of rates and terms  
please contact us at:

[editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk)

Or write to us:

c/o Torridge Voluntary Services  
14 Bridgeland St. Bideford EX39 2QE  
or telephone 07929 976120

# Book News



## **Tablet tuition classes coming soon to Northam Library.**

The Ageing Well Project (sponsored by the Big Lottery) has been asked by the library to support its up and coming IT project with some volunteer helpers...

The time and place will be:- twice a month on a Friday morning 10.30am – 12 noon at Northam Library!

The intention is to pilot a FREE 6 session course covering topics such as; email, google searches, online shopping, using the Devon Libraries website to renew and reserve books and to download ebooks, how to access the libraries subscription to ancestry online, taking photographs with your tablet, playing games and downloading free magazines. Plus help with any queries you have regarding using your tablet or other device. Tablets will be available for use, but guests may bring their own. In order to make this work well, we really need a few volunteers to sit with the 'students' and support them through each session. You don't need to be an expert, just a little bit IT savvy! If you think you could help, please call us on 01805 622666 or e-mail [enquiries@torrage.org.uk](mailto:enquiries@torrage.org.uk). We are happy to welcome volunteers of all ages and from all walks of life.

Please call the library on 01237 475111 if you would like more information about how to book onto a 'tablet' course; we very much look forward to hearing from you!

## **Events for kids in Bideford Library**

### **Half-term Sunflower Crafts**

May 31<sup>st</sup> 10am – 12 noon

Drop in crafty sunflower fun for kids. Bring an adult. Free but donations welcome

### **Story time for under-fives**

Every Thursday. 9:30-10:00 am (except school holidays)

With stories, musical instruments and songs.

## **'Harvest' by Jim Grace *Discussed by Bideford Library Readers' Group.***

'Harvest' was on the short-list for the Man Booker prize in 2013 and we all thought it was an exceedingly well-written book, though some of us found it difficult to get into. Despite the violence, we did not feel that it was an emotional read. This may have something to do with the way the story is told. The narrator is a middle-aged widower, Walter Thirsk, and he is an observer of all the many misfortunes that befall his village over a short period of time. Although he had lived there for ten years, he still feels an outsider.

The story is set sometime in the past when communal held land is being enclosed and given over to sheep rearing. As Walter describes it, the village is being surrendered "to the yellow teeth of three thousand sheep". He chronicles the breakup of a tightly knit community and its descent into chaos. Grace has been compared to William Golding and there is something of the feel of *Lord of the Flies* in the way the old order disintegrates. There are also religious overtones. Is Eden being destroyed? Walter talks of the coming felling of the woods "which linked us with eternity", the grizzled oak which "must have come from Eden". The stocks are compared to crosses and the field Mistress Beldame's husband ploughs is, for one day, "a field in heaven rather than on earth". The action takes place over seven days. But instead of a world being created in seven days, it is a world being destroyed. Man is losing his close relationship with the land, with disastrous consequences. As relevant today as it was then.

The power of the book lies in the language. Grace has an amazing feel for the minutiae of landscape. We feel right in that village, the way that the seasons touch the woods and lanes and fields. We see, hear and smell with Walter. There is a haunting quality which remains long after the book is finished.

**Hilary Aikman.**

**Next Meeting** : - Wednesday May 4<sup>th</sup> 2.00 pm. Discussing *Mr Golightly's holiday* by Sally Vickers.

*For information on all other events at Bideford Library please ring 01237 476075.*

<http://www.devon.gov.uk/libraries>

# ***SAMARITANS***

**Do you have the skills to be a listening volunteer?**

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact

Samaritans on:

**BARNSTAPLE**

**01271 37 43 43**

email [sams\\_nd@yahoo.co.uk](mailto:sams_nd@yahoo.co.uk)

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Information Day 31<sup>st</sup> Oct. 15 10:00-12:00am.

**WHY NOT COME ALONG & SEE.**

Selection Days 22<sup>nd</sup> Aug & 28<sup>th</sup> Nov. 15

Charity No. 261807

## **SUPER SUMMER CONCERT!**



**THE APPLEDORE SINGERS**

*with special guests*

**THE ABERTILLERY LADIES**

**ORPHEUS CHOIR**

**Saturday 11<sup>th</sup> June, 7pm**

**Lavington Church**

**(Bridgeland Street, Bideford)**

***£6 entry at the door***

***(inc. light refreshments)***

**Contact: 01237 420652**

### **EX39: NORTH DEVON CONCERTS**



## **Midge Ure**

Sat 28th May, 7:30pm £22

**Bideford Devon Hall**

*True Music Legend*

*Band Aid, Live Aid, Ultravox etc*

## **Peter Howarth**

Sat 2nd July, 7:30pm £16

**Hartland Parish Hall**

*Lead Singer of the Hollies*

*Singer/Guitarist with Cliff Richard*

*West End Star of Roy Orbison Story*



## **Eddi Reader**

Sun 25th Sept, 7:30pm £22

**Bideford Devon Hall**

*Ex Fairground Attraction*

*Many Hits e.g. "Patience of Angels" and "Perfect"*

Local Tickets: DevonHall Box Office

Cash sales only no booking fee

**Online Tickets and Information : [www.ex39.net](http://www.ex39.net)**

Or Call 0333 666 3366 (booking fees apply)

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## **AN EVENING WITH Paul Jones & Fiona Hendley**

'Manfred Mann'

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has changed their lives**



**Monday 16 May 2016**

**7 for 7.30 pm**

**St Mary's Church, Bideford**

**FREE**



## And now for something different this May

Are **you** prepared to meet our Challenge?

What wraps up, ventures out early with waterproofs, wears sun glasses (just in case) even brings a chair, light refreshments and blankets, has free parking, takes in the views, watches, listens and has some fun taking part in celebrating the beginning of our lovely summer? The answer is of course the many that come to watch Bideford Phoenix Morris Dance in the Dawn on **Sunday 1st May at 5.30/5.45am** at the Kingsley Statue, Bideford Quay. We had about 10 intrepid supporters last year thanks to the Buzz but we might be able to persuade others to join us this year? We dance for about an hour. We invite you to join us and be prepared for something different. Sticks and wavers will be provided - but just watching is fine. Join us and be able to say 'We were there, were you?'



## War Time Savings Continue - May 1916.

### Street lighting.

The Mayor Mr F R Chope hopes that in view of the Daylight Saving Bill having been passed by parliament no public lamps should be lit in the town during June, July and August.

### Paper saving

The Bideford UDC have decided to grant the Bideford Chamber of Trade rent free use of a loft at the market for the collection and disposal of waste paper which will be sent away and repulped. This will alleviate the shortage and deficiency created by restricted importation of wood pulp. The action would also considerably lessen the need for horses and manual labour. The store is over the Borough Fish Market and a paper baler will be purchased at a cost of £19:0:0d. Waste paper will be collected 3 times each week and can also be brought in.

**Sapper W H Westlake**, Royal Engineers, of Chanters Road Bideford has received the Silver medal of the Russian Order of St George fourth class in recognition of gallant services at the second Battle of Ypres. Sapper Westlake was formerly in charge of Bideford Telephone Exchange and was a prominent member of the swimming club.

**Lance Corporal Fred T Cole**, in acknowledging the receipt of a pair of knitted socks from Bideford, mentioned that they were spoilt when he took them into action in the pocket of his British Warm coat on March 8<sup>th</sup>. Only one bullet went through them but as the socks were folded it made so many holes that they were useless.

This advertisement appeared on the front page of the paper:

### **Farleighs Stores Bideford. Telephone 79**

A special offer of sardines for sale.

1000 small tins of Choice Quality @ 2½d.

1000 large tins of Good Quality @ 6½d.

500 large tins of Very Choice Quality @ 10½d.

500 medium tins of Finest French @ 8½d.

1000 tins of Skipper & Topmast Brand Brisling in Oil and Tomato @ 6½d.

(Brisling were formerly called sardines)

*These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.*

## Lundy – Wartime Farming Problems

In May 1940, Martin Coles Harman, the owner of Lundy, made the surprising decision to lease the island for a period of ten years to a Mr. Herbert A. Van Os. His reasons have never been fully understood, but the difficulties of reaching the island during the war, provisioning the island and the shortage of staff may all have contributed to this decision. It is known that Mr. Felix William Gade, agent and administrator of Lundy from 1925 to 1971, was totally against this leasing arrangement. In his memoirs entitled *"My Life on Lundy"* published in 1978, and in chapter 10, Mr. Gade tells us exactly what he thought of Mr. Van Os and his abilities as a farmer.

Van Os had a small farming business in Middlesex and persuaded Martin Coles Harman that he could run the farm on Lundy to a profit. He brought a couple of men with him, who turned out to have had no farming experience whatsoever, and a lady to run the hotel and shop. Mr. Gade and his wife Rene moved into Millcombe House, the home of the owners, with the remit of simply keeping a watchful eye on the farm activities.

In fact Gade still had to perform many of the farm tasks, such as sheep sheering, ploughing and repairing and maintaining of machinery as Van Os and his men were quite incapable of performing these tasks. The sheep were uncared for and most lambs died, the crops were not harvested in time and rotted in the fields and the deer were shot in large numbers, including the last of the fallow deer. The shippens were not cleared of dung and the cows not milked on time. One of the only two work horses on the island was allowed to die of a chill. The whole farming structure of the island was virtually wrecked and left in ruins when Van Os finally departed.

Probably at Gade's suggestion, Martin Coles Harman came down, alone, to Lundy for Christmas 1941 and after discussions with Van Os which were likely to have been very heated, although Gade in his memoirs does not specifically say so, in February 1942 Van Os and his employees departed Lundy.



The Gades soldiered on for the rest of the war, restoring and running the farm and keeping the island supplied and dealing with the few visitors that were able to get there. There was a small Royal Navy Contingent of men billeted at the Old Light and the Light House keepers to provide occasional volunteer work, plus one or two other workers that remained. The island had no ship of its own during the war and all ships and visitors to the island, including even the owners, had to obtain permits from Admiral H. G. Franklin, the commandant of the Appledore and estuary area, who handed them out grudgingly.

Documents with the signature of Herbert Van Os from the period he was on Lundy are very rare but a single item, a postcard, is in the collection of the writer of these notes. It is dated Nov 1941, and indicates that at least some farming activity was carried on during that unfortunate time. Typically, no postage stamps were placed on the card, which bears postage due stamps for 4d.

Addressed to Messrs G. T. Andrews & Sons Ltd., Town Mills, Barnstaple, the text ran as follows:-  
"We have today shipped to you the undermentioned:-

46 lbs Locks.

7 lbs Fleece.

The above will be laying at Royal Navy Stores, The Quay, Appledore. Hope that you can collect when in district. Have you sent off poultry grain and have I coupons for a sack of middlings?  
(Signed) Herbert Van Os."

This short text actually says quite a lot. It shows that sheep were being shorn, even though probably by Mr. Gade, and that the wool was being transferred and sold on the mainland. Interestingly the fleeces were being deposited in the Royal Naval Stores at Appledore, under the beady eye of Admiral Franklin no doubt. It is also worthy of note that in war time, farmers still needed 'coupons' to purchase some of their supplies, in the same way as ration books were issued to the ordinary citizens. And what are 'Middlings'?

This story of Herbert Van Os and Lundy during wartime is covered in much greater detail by Mr. Gade in his memoirs, as indeed he covers almost every moment of the last 53 years of his life that he spent on Lundy.

**Roger Allen**

## Bideford Pannier Market - open Tuesday/ Wednesday/ Thursday / Friday & Saturday

The studio workshops are now in position and have been officially opened for business.

We wish all the artisans a busy and prosperous year in their new ventures. If they prove successful there is a chance that more will open.

The market itself has some new traders which will create more public interest and greater footfall. There are also plans for a food fair /market to be incorporated within the existing market once a month.

The next thing we need are glass sliding inner doors to the three market entrances – this will eliminate the current wind tunnel effect and transform the building into a lovely warm environment for both traders and customers. If you are a trader why not have a look at Bideford – please contact Richard Coombes (Deputy Town Clerk) on 01237 428817 – you will be made more than welcome.



## Butchers' Row, Market Place, Grenville Street

All the traders are supporting the new venture within the market and view it as a means of revitalising the whole area.

We are not relying on handouts - All the traders in the market and surrounding businesses contribute to our advertising fund. We are about to place adverts in the major trade magazine for coach operators highlighting the market complex as a place to visit. We did this last year on a smaller scale and had some positive results so this year we are increasing our advertising.

**Trev Hill**

## News from the Burton Art Gallery & Museum

As from 1<sup>st</sup> April, 2016, the Burton Gallery is being managed by a Trust. This has taken a year to put in place, and there is now a Chairman, Judith Gentry, and at present, five Trustees. The Gallery was formerly under the aegis of Torridge District Council, who still own it and its collection of works of art.

There is no change there, but the Trustees and Gallery staff will now be responsible for staffing, for exhibitions and displays.

We sincerely hope that the Gallery's future is in good hands, and that it will prosper and develop for years to come, and that there will always be funding to keep Bideford's treasures and its greatest asset safe and open for the community, and the nation, to enjoy in perpetuity.



Exhibitions to enjoy during May (until 23<sup>rd</sup>) include a wonderful collection of cartoons, gouache paintings and sketches by Bideford-born artist and illustrator, Bertram Prance.

Bertram was eventually much sought after as an illustrator and cartoonist, and you will laugh out loud when you see them, for sure. They reflect the 1930s, but the jokes and humour are ageless. When you realise that Bertram used just one nib for his pen, both thin and thick strokes were with just the one pen – you will be amazed at the variety of strokes, and his ability to show movement, his characters don't just stand still, they are very active.

From 21<sup>st</sup> May until 4<sup>th</sup> July, Rachael Howard's 'Red Work' is on show. Rachael is a textile artist, and her work will raise a smile. She celebrates the joys and frustrations of family life and everyday happenings with her lively creations. Her use of textiles is so smooth, that many of her works appear like paintings, and a closer look will reveal her special skills with fabric.

This is a touring exhibition for Waterside Arts Centre with funding from the Arts Council. Join Rachael on Saturday, 21<sup>st</sup> May at 2.00 p.m. for a Talk and Tour of her work. (Free)

The Burton Gallery Friends have invited Peter Christie to give us another of his fascinating talks, and this one, on Wednesday, 11<sup>th</sup> May, at 7.30 p.m. is on 'Folklore in Devon.' All are welcome. Admission is £5 at the door.

Admission to the Gallery is free, donations welcomed.

**Diana Warmington.** *Friends of the Burton Art Gallery & Museum.*



# Choir News.



## **Torridge Male Voice Choir.**

Since the beginning of the year, the choir has had a new Musical Director, Malcolm Pike (pictured). Malcolm has always been involved with music and singing. He was at the Royal Academy of Music, Musical Director in schools in both Surrey and Gloucestershire and has run choirs in Farnham, Gloucestershire and West Wales. He and his wife, half his family and animals, moved to Bradworthy in the summer of 2015. He plays bowls for Bradworthy, tenor horn (in Holsworthy) and the choir is immensely pleased that he has become their new Director.

The Choir has moved its rehearsal days to Wednesday evenings (7.45-9.30pm) at Woolsery Community Centre. They will be performing a revised repertoire from June 2016 and will be available for concerts, weddings etc by arrangement with secretary, Gordon Mills (01237 441601).

We welcome new members, there is no age limit and no previous singing experience is needed. Our website gives full details of all activities. Come and sing, have fun, raise some money for local charities and meet others with a similar outlook on life.

**John Stotesbury**

## **The Appledore Singers - Super Summer Concert!**

The Appledore Singers invite you to their '**Super Summer Concert**' on **Saturday 11<sup>th</sup> June, 7pm at Lavington Church, (Bridgeland Street, Bideford).**

This year they are delighted to have as guests the Abertillery Ladies Orpheus Choir, all the way from South Wales.

This ladies' choir is a long-established one, having been formed in 1911 and has played an active role in the local community, raising many thousands of pounds for various charities and taking part in festivals and celebrations, both here and abroad. They are conducted by Steve Bard and their accompanist is Penny Hughes.

Apart from arrangements of songs, both old and new sung by both choirs, and a joint item, the concert will consist of piano solos from Penny Hughes and pieces sung by the 'Apple Pips'. There will also be a 'Grand Raffle' and light refreshments will be served.

The Appledore Singers will be conducted by their Musical Director, Pam Beechey and accompanied by Chris Beechey.

The Concert will be compered by Anthony Chambers and it promises to be a most enjoyable evening!

Admission £6 at the door (to include light refreshments)

**Contact Pam Beechey 01237 420652 or see our website: [theappledoresingers.co.uk](http://theappledoresingers.co.uk) or our facebook page.**

## **The Northam Choral Society**

Founded in the mid-19th Century, we are the oldest local choir still singing today! We aim to bring classical choral music to local people in this area. We are a bunch of ordinary people who live locally in Northam, Appledore, Bideford, Hartland and surrounding communities. Our conductor is Michael James and accompanist, Claire Trewin. We rehearse on Tuesday evenings at 7.30-9.15pm in the hall of Northam Methodist Church in Cross Street, Northam from September to May each year. We also sing some lighter music such as selections from *Les Miserables*, and many carols at Christmas! Why not join us to sing for our Autumn season, and also come to hear us at our Spring concert?

**On Saturday May 14<sup>th</sup>, in Bideford Methodist Church at 7.30pm, we shall have a concert to celebrate the Queen's 90<sup>th</sup> birthday featuring the four well known Coronation Anthems by Handel, including *Zadok The Priest*. We are accompanied by the Hartland Chamber Orchestra which will include three baroque trumpets, of the type originally planned by Handel for this piece. They are valve-less and have a spectacular bright sound. The orchestra will also entertain us with some pieces of their own during the evening. Do come along! Tickets on the door at £8.**

**Paul Smith Chairman**



# THE SHIPPING NEWS



Ship in Port Bideford	Registered flag owners	From	To	Arrived	Sailed	Crew	Cargo
<b>RMS Laar</b> Built 1985 ex George Luhrs 03	St Johns Antigua and Barbuda Germany	Rochefort	Naantalli	21/03/16	23/03/16	Polish Ukrainian Cape Verde island	1800 tons ball clay

According to the National Timetable the small cruise ship **Barmoral** is due to visit Bideford on the 16<sup>th</sup> August from 16.30 departing at 17.30, weather permitting.

**Welsh Piper** at Yelland **5.4.16**

**Le William Butler Yates** still fitting out at Appledore. Trials due to take place in June

## Bristol Channel Observations

**19.3.16** at 08.05 cargo vessel **Wilson Alster** 2500 tons d.w, owners Wilson ASA Norway, outward bound from Birdport at 03.02. At 08.46 cargo vessel **Wilson Gdansk** 3610 tons d.w. owners Wilson ASA Norway, outward bound from Birdport, having sailed at 03.28.

**22.3.16** at 08.20 cargo vessel **Merweriver** 4066 tons d.w, owners Kornet & Zonen BV Netherlands, inward bound for Sharpness.

**25.3.16** at 11.47 vehicle carrier **Autosun** 6690 tons d.w, owners United European Car Carrier Norway, outward bound for Portbury. having sailed at 06.50.

**28.3.16** at 19.22 tanker **Torm Ismini** 74999 tons d.w, owners A/S Dampskippsselskabet Torm Demark, inward bound for Portbury.

**29.3.16** at 16.20 vehicle carrier **Autosun** 6690 tons d.w, outward bound from Portbury, having sailed at 0650 hrs. At 17.10 bulk carrier **Mandarin Phoenix** 56091 tons d.w. owners Phoenix Shipping Singapore, inward bound for Portbury.

**31.3.16** at 18.20 cargo vessel **Kati** 4953 tons d.w, owners Hansa Shipping Ltd Mta Estonia, outward bound from Avonmouth, having sailed at 13.01. At 19.34 cargo vessel **Uttum** 2568 tons d.w, owners Reederei Erwin Strahlmann Germany, outward bound from Birdport, having sailed at 10.48.

**3.4.16** at 07.40 vehicle carrier **Opal Leader** 12200 tons d.w, owners Nippon Yusen Kaisha of Japan, inward bound for Portbury.

**5.4.16** at 07.47 cargo vessel **Monika Meuller** 3723 tons d.w, owners Otto A Muller Schiffhart Germany, inward bound for Sharpness.. At 12.45 container vessel **Nikolas** 32391 tons d.w, owners Aphrodite Maritime LLC Athens Greece outward bound from Portbury, having sailed at 08.17.

**7.4.16** at 11.35 vehicle carrier **Grande Anversa** 12353 tons d.w owners Grimaldi Lie of Italy inward bound for Portbury.

**10.4.16** at 14.50 cargo vessel **Arklow Bay** 8660 tons d.w, owners Glenthorne Shipping Ltd Eire outward bound from Avonmouth. having sailed at 08.41. At 18.53 cargo vessel **Westborg** 3780 tons d.w, owners W. Bockstiegel Reederei GMBH & Co Germany, inward bound for Newport.

**13.4.16** at 14.30 cargo vessel **BBC Coral** 14457 tons d.w, owners Coral Schifffahrts GMBH & Co Germany, outward bound from Swansea having sailed at 10.40. At 19.35 container ship **Endeavour** 9167 tons d.w, owners J.R Shipping Netherlands, outward bound from Portbury, having sailed at 13.51.



(c) N. Hardaker



## Bideford Blues and Appledore Junior Football Club

We are a Youth Football Club catering for boys and girls from ages 6 to 16 around 300 in all. Qualified coaches manage all teams and we currently have teams playing in either the North Devon Opticop or Kingsley Leagues.

We began in our current form in the late 1970s at the instigation of Barry Davies and the late Dave Barrett. At the time there were only 9 teams in two age groups in the whole of North Devon! Now there are 100 teams!

Initially all home games were played at Bideford Park. In the early 1990s Eric Palmer and Peter Evans began to explore possibilities of purchasing new land for pitches. In 1999, following the hard work of committee members, such as Andy Lobato, Tony Sawyer and Anne Oliver among others, the facility [Pictured above] opened at Sandymere at a cost of over half a million pounds, much of which was funded by Sport England's Lottery Fund.

This gave the Club its own home for the first time and included a state of the art floodlit astro surface ( at the time of laying it was only the second of its type in the country and was visited by league clubs to check on its suitability before installing one themselves!) Ownership of this facility has been instrumental in the expansion of the Club.

In the past there have been close links with Plymouth Argyle, with one of its soccer schools taking place at Sandymere. From here, higher ability players were fed into the Argyle Academy at Plymouth. As a result former club members have gone on to play with League clubs - **David Downing** at York, **Nicky Spry** at Aldershot (both clubs were in the league at the time), **Luke Guttridge** at Southend, **Gary Sawyer** currently a regular at Argyle and **Marc Edworthy** who has played in the Premiership with Crystal Palace, Coventry and Derby. Marc may be possibly the only player to have participated in Championship playoffs at the old and new Wembley and at the Millennium Stadium, Cardiff! **Danny Seaborne** is currently Exeter's centre back and many former Blues members have gone on to play in the Western League.

May 2009 the Club was awarded the FA Charter Standard, which demonstrated the Club's commitment to raising the standard of the Club. They were then awarded the Community Charter standard, which saw the Club being held as the F.A's "Beacon Club" for Devon. This was a remarkable and most welcome achievement.

2009 ended with the award of match funding for a new state of the art 3G Artificial Grass Pitch ; this had been a major achievement putting Bideford Blues & Appledore JFC on the footballing map within the local community for years to come. **Neil Blackburn**



## No need for a Band-aid, Ultravox front-man won't cut and run...

"It means nothing to me!" It really did mean nothing to him- the Ultravox front man hadn't touched Vienna when he wrote this majestic track- but you don't need a local's knowledge coffee bars and side streets to pen a sterling tune about it. What you do need has puzzled man for centuries, but apparently not Midge Ure, he knows exactly how to concoct a hit. Although the man himself wouldn't admit it, he's far too humble, his song writing genius has stretched throughout the decades, and now small tendrils of it are clawing their way to Bideford. That's right- the Live Aid founder who won't mooch for more money, the star on tour to more intimate venues, will be playing at Bideford College's North Devon Hall this Spring. Taking to the stage at 7:30 pm, May 28th, Midge Ure will bring it close to his fans before the larger, more packed concerts in Autumn this year.



Ticket fees will be £22, and grant access to every track, though so far he's kept quiet about the listings. Despite its release in cinemas this month, Eddie the Eagle's theme "touching hearts and skies" is unlikely to be on the song list- Midge Ure wrote it, but lugging a full piece orchestra up the High Street is quite a challenge for someone who doesn't know the area, so a simpler rendition may be all we can hope for. This- along with a well loved back catalogue of Ultravox, Rich Kids and solo hits -( Vienna, Cut and run...) will be enough to make the night one to remember. 2014's 'Fragile' was an album both critically acclaimed and fast selling- could this tour be a sign of another on the cards?

Only time will tell, but as Eddie Reader, Hollies singer Peter Howarth and Toyah are all coming to the area this year for concerts too, it seems a host of big names are following in Midge's intrepid footsteps. And that's enough to look forward to for now, at least.

## We've been 'yarn bombed.'

Also this month, you may have noticed our little white town has grown a neon coloured woolly coat of late. Lamp posts now sport scarves long enough to make Tom Baker weep, bollards keep out the cold with pirate shaped onzies- or they did until said onzies were nicked, but that's par for the course when it comes to street art. The yarn bomb went off overnight, and with every bobble and crochet drain cover we're reminded of its purpose- to drum up support for the North Devon Children's Hospice. Many shops in town have collection dishes, to ensure the sheep fluff achieves its desired result of more money for a good cause. It's unclear right now if the yarn is going to leave as suddenly as it came, though it's weathered our appalling weather well so far. Despite absorbing enough rain water to sink Atlantis all over again, the wool still looks springy and clean- fingers crossed it stays that way for a long time to come! We'll try to keep you updated if we hear how much is raised...

*'I've been interested in yarn bombing since I first saw it in a magazine a few years ago and have a pinterest page devoted to it. I thought it would be an attraction for Bideford ; something to encourage people to pay us a visit, I hoped people would like it, and it's had a very positive reaction. Lots of people were involved with the knitting and installation or "bombing" to give it the correct name.'* (From Sue Beer, Mill Street Makery.)

## New Youth Worker

Finally, a huge congratulations to the resident-run Community Centre in Northam and youth worker Aaron Piper, who see the start of a great union today. Health Lottery funding gave the Morwenna Youth Project a £17,000 investment; meaning they can now employ Aaron. He has previously volunteered at Bideford Youth Club for several years, is qualified to teach gymnastics with a level 1 instructor's qualification and is an experienced coach in table tennis.

Aaron, who is also qualified in level 1 sign language, will start his new role at the centre by supporting the volunteers at the drop-in youth club sessions, open to youngsters of all ages, on Thursday evenings. He will also start and develop a Friday evening session for year 11's and above.

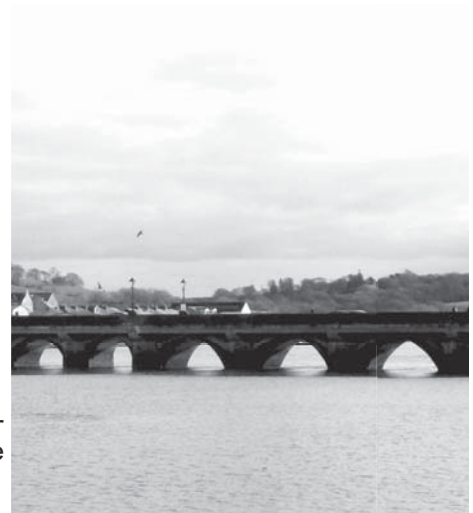
*Millie Sutherland O'Gara*

# BUZZ

# Word.

## Thanks Buzz

I cannot thank you enough for the pictures of the Bridge.\* During the war I lived with my grandmother and her sisters at 24 Park Lane. My mother was working in London and my father was building airstrips in Algeria. He was out in the desert where there were no shops so he was not able to buy me birthday presents so he used to write little stories. My favourite was Balthasar the Seagull.



My two grandchildren are now roughly the age I was when I was given the story so I have been trying to find pictures to illustrate it and make it more interesting and colourful. Bideford Bridge was a great feature in the story. One of the highlights described how Balthasar flew in and out of the arches screeching and frightening the baby seagulls.

The story begins, 'Once upon a time there was a seagull, who lived with his mother in a nest quite close to the path that runs along beside the river from Bideford to Appledore. The nest was built up on a small rock - about the third or fourth from the right-hand side after you pass the pond where the ducks are.' This was how my father remembered the river path in 1944 - I imagine it has quite gone by now!

**Susan (Normington)**

*\*(Susan asked us for pictures and Buzz was able to help.)*

## Are you Road Fit?

On average every third day a collision involving an older driver occurs on Devon's 8,000 mile road network with four out of five of those incidents taking place on a rural road. Devon has an ageing population and older drivers are over represented in both national and local collision figures, especially considering the lower number of miles in general travelled by older drivers. **The Road Fit Driver Support Scheme** enables individuals to take a short assessed drive with one of our local professional driver trainers. Advice is given about the driving performance and a written report at the conclusion of the assessment. The drivers' GP will be sent a copy of this report. This will help the driver and doctor decide the best course of action to take to reduce the chance of problems occurring when behind the wheel. There is a fee payable. For more advice or information please contact Devon Travel Academy on 01392 444773 email [drivers@devon.gov.uk](mailto:drivers@devon.gov.uk) or visit [www.max-driver.co.uk/courses/road-fit-assessment](http://www.max-driver.co.uk/courses/road-fit-assessment)



## BIDEFORD CINEMA MAY PROGRAMME

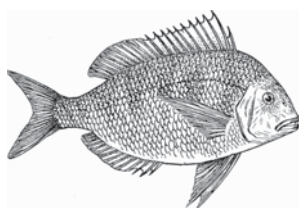
Friday 6 and Saturday 7 May at 7.30pm at Kingsley School: **Eddie The Eagle (PG)** 106 mins

Friday 13 and Saturday 14 May at 7.30pm at Kingsley School: **The Man Who Knew Infinity (PG)** 108 mins

Friday 20 and Saturday 21 May at 7.30pm at Kingsley School: **The Huntsman: Winter's War (12A)** 114 mins

Friday 27 and Saturday 27 May at 7.30pm at Kingsley School: **Captain America: Civil War (ctba)** 146 mins

Saturday 27 at 5.00pm and Sunday 28 May at 6.00pm at Kingsley School: **The Jungle Book (PG)** 105 mins



# Felicity's Sustainable Fish Recipe and Restaurant Visit

Sorry that some of the recipe for the Mussels Mariniere was incomplete ; here is the ingredients' list for the **Mussel Broth**,

## Ingredients

2 Spring onions, finely chopped

2 garlic cloves-chopped

1 kg(2lb) fresh mussels, cleaned and beards removed

1 tbsp. cream

Handful of flat-leaf parsley, chopped.

**You can find the rest of the recipe at [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk) or go to our Facebook page.**

I was contacted by a reader this month and Fiona and I had lunch at the Pier House, Westward Ho! We ordered 4 varied starters, Chowder, Squid and Chorizo and Mussels Mariniere. Our favourite was the Crab and Cod Fishcakes with Saffron Mayo. The restaurant was really busy and the service was great with friendly, helpful, and informative waiters. As you all know the view is amazing across Bideford Bay and the Atlantic Ocean.

Here is a recipe for Saffron Mayo -suitable for an accompaniment for grilled fish and any fish salad.

## Saffron Mayo

### Ingredients

150g Mayonnaise

¼ teaspoon Saffron Powder/Ground Saffron

Squeeze of fresh Lemon Juice

150ml Natural Yoghurt

### Method

1. If you can source Saffron Powder-this recipe is easy!
2. To produce the ground saffron -dry fry the strands very briefly for 5 secs in a hot pan until crisp, then grind in a pestle and mortar. This can then be stored for future use.
3. Combine all the ingredients and chill.
4. Makes 300ml of primrose and gold coloured light mayonnaise.

We now have several names for the Restaurant Visits. Please send more in to the Editor and we will choose a name for a visit in the first week in May. Also if you are interested in being a volunteer for the Appledore Shark Event in August please contact me on [brilliantfishsw@gmail.com](mailto:brilliantfishsw@gmail.com) or call 07918 770 060. Thank you.

## The Bideford Appledore Connection

2016 was the 50<sup>th</sup> anniversary of England winning the world cup. It is also the anniversary of a rowing race when two boats crossed from the USA to England - unlike today's rowers, with no support vessel.

John Ridgway and Chay Blyth successfully did the crossing in ninety two days and were hailed at the time as the first men to row the Atlantic.

However two Norwegians, Frank Samuelson and George Harbo also completed the crossing in 1896 arriving after fifty five days on the Scillies.

Two other men raced against Ridgway and Blyth. David Johnson and John Hoare left Virginia in their tiny boat, 'Puffin' (only 15ft in length with a beam of 5ft 6.) Tragically both men lost their lives, probably in the area of 'Hurricane Faith.'

In October 1966 the Canadian ship 'Chaudiere' sighted an upturned hull of a small boat ( Puffin). Copies of the ship's log were found on board stating that on 6<sup>th</sup> June , a ship was sighted by them which stopped and gave them food, beer and cigarettes. The ship was 'Orient City' Bideford . She had a yellow funnel with a red stripe and a yellow star. 'Orient City' was one of many ships owned by William Reardon Smith who was born in Appledore in 1856. He became a successful shipowner and founded his own company William Reardon Smith and sons, based in Cardiff.

**Eric Stallard**



# May Diary 2016

## Sunday 1<sup>st</sup>

**5.30am** Bideford Phoenix Morris -Dancing in the Dawn at Kingsley Statue

## Monday 2<sup>nd</sup> - Bank Holiday

**1030am** Grand Table Top Sale at the Green, Westward Ho! in aid of David Rundle Trust. 477470

**2pm** Bideford Victoria Park Bowling Club Open Day. 473709

## Tuesday 3<sup>rd</sup>

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2pm** Bideford WI, New Sea Cadet Bldg

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**6.30pm** Bideford Band Beginner's Group at Band Room. 475653

**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall.

**7.30pm** Bideford Keyboard & Organ Club at Bideford Methodist Church Hall

**7.30pm** Bideford Sustainability Group at Blacksmiths Arms

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

**8pm** Jam Session at Thatched Inn, Abbotsham. 472746

Palladium Club *Jam Night*

## Wednesday 4<sup>th</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.30am** Parkinson's UK meets at Ethelwynne Brown Close. 478128

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

**2pm** Bideford Library Readers' Group. 476075

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club at Northam Hall. 423554

**7.30pm** Bideford Music Club AGM at Bideford Methodist Hall.

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolsey Village Hall. 441601

**8pm** Appledore Band – seniors rehearse at St Mary's Hall, Appledore

## Thursday 5<sup>th</sup>

**7am-10pm** Local Elections.

**10am-12pm** See Hear on Wheels bus at Hartland Pavilion 01271 373236

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10.30-11.30am** Tai Chi at Chubb Churchill Centre ETW

Northam Men's Forum lunch 476201

**2-4pm** See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7.30pm** Appledore Men's Group at Appledore Library Meeting Rm.425247

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## Friday 6<sup>th</sup>

**2-3.30pm** Sew Together at Westward Ho! Baptist Church. 01805 622666

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre.477932

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall 476632

## Saturday 7<sup>th</sup>

**9am-2pm** Village Market at Atlantic Village

**10am** Torridge Ramblers day walk 451820

**7pm** Film Club at Littleham Village Hall. 471928

## Monday 9<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band.

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**7.30pm** Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101

## Tuesday 10<sup>th</sup>

**10am-12pm** Macular Society Support Group at Burton Gallery 441466

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

**2.30pm** 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471

**6.30pm** Bideford Band Beginner's Group at Band Room. 475653

**7.30pm** Northam Choral Society rehearse at Northam Methodist Hall.

**7.30pm** Bideford & District Gardeners Club at Bideford Methodist Hall.475914

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

**7.30pm** Lions Club meet at Royal Hotel Palladium Club *Jam Night*

## Wednesday 11<sup>th</sup>

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.15am** Probus Club at Royal Hotel

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**2pm** Tea with Friends at St Mary's Church.

**2-3.30pm** TorrAGE Ageing Well Project at Burton Art Gallery. 01805 622666

**2.30-4pm** See Hear on Wheels bus at Bone Hill car park, Northam

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**7.45pm** Bideford Phoenix + Exmoor Border Morris at Crealock, Littleham.

**8pm** Torridge Male Voice Choir meets at Woolsey Village Hall. 441601

**8pm** Appledore Band – seniors rehearse at St Mary's Hall, Appledore

## Thursday 12<sup>th</sup>

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10.30-11.30am** Tai Chi at Chubb Churchill Centre ETW

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7.30pm** Abbotsham WI meets at Abbotsham Village Hall. 474711

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**7.30pm** N Devon British Bike Club at Robin's Nest.

**8pm** Bideford Folk Club at Joiners Arms

## Friday 13<sup>th</sup>

**10am-12pm** Community Coffee Morning at Kingsley Hall, W Ho! 421274

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre.477932

**7.30pm** Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall 476632

## Saturday 14<sup>th</sup>

**10.30am** AGM at St Margaret's Church, Northam.

**2-4pm** Bideford Creative & Writing Group at Bideford Library.700901

**7.30pm** Northam Choral Society & Hartland Chamber Orchestra Concert to celebrate The Queen's 90<sup>th</sup> Birthday at Bideford Methodist Church.

**Nightwalk** in aid of North Devon Hospice

## Sunday 15<sup>th</sup>

**1.30pm** Torridge Ramblers 429080

## Monday 16<sup>th</sup>

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**2pm** Bideford Ladies Club at Marlborough Court. 421925

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

# May Diary 2016 *continued*

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

**7.30pm** Appledore Amateur Radio Club, Appledore Football Social Club. 473251

**8.30pm** N Devon Jazz Club, The Beaver, Appledore. Asaf Sirkis Trio. 421065

## **Tuesday 17<sup>th</sup>**

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471

**3pm** 'Reflections' Grief & Loss Group at St Mary's Church. 475765

**6.30pm** Bideford Band Beginner's Group at Band Room. 475653

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

## **Wednesday 18<sup>th</sup>**

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

**1.30-3.30pm** Knit & Natter Group at Holy Trinity hall, Westward Ho! 475720

**4-6pm** Sew Together at Northam Library

**7.30pm** Bideford Folk Dance Club at Northam Hall. 423554

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**7.45pm** Bideford Phoenix Morris at Abbotsham Thatch.

**8pm** Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

**8pm** Appledore Band – seniors rehearse at St Mary's Hall, Appledore

## **Thursday 19<sup>th</sup>**

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10.30-11.30am** Tai Chi at Chubb Churchill Centre ETW

**11am** Bideford Sustainability Group coffee morning at Café du Parc.

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**7pm** Fashion Show at M&Co, Bideford in aid of David Rundle Trust. 477470

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7.30pm** Torrington & District Men's Shed AGM at Globe Hotel. 01805 938965

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**8pm** Bideford Folk Club at Joiners Arms

## **Friday 20<sup>th</sup>**

**10am-12pm** Northam Reminiscence café at Northam Hall. 459337

**2-4pm** Sew Together at Westward Ho! Baptist Church Hall. 01805 622606

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre.

**7pm** Concert by Barnstaple Ladies Choir at Holy Trinity Church, W, Ho!

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall 476632

## **Saturday 21<sup>st</sup>**

**10am-3pm** Buckland Brewer Annual Plant Sale

**2pm** Family History Society 'Tracing European Ancestors' at Pollyfield Centre

## **Sunday 22<sup>nd</sup>**

**11am-3pm** Buckland Brewer Annual Plant Sale.

**12.15 & 1pm** Safari Lunch at Buckland Brewer 451132

## **Monday 23<sup>rd</sup>**

**10am-12pm** Appledore Community Art Group at Appledore Community Hall.

**7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532

**7pm** Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band.

**7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

## **Tuesday 24<sup>th</sup>**

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471

**6.30pm** Bideford Band Beginner's Group at Band Room. 475653

**7pm** Torridge Ramblers evening walk. 01805 622183

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

**7.30pm** Lions Club meet at Royal Hotel Palladium Club *Jam Night*

## **Wednesday 25<sup>th</sup>**

**9.30am-2.30pm** Free Social Club for ages 19+ at Happy Café, W Ho!

**10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

**10.15am** Probus Club at Royal Hotel

**10.30am-12pm** 'Feel Better with a Book' at Bideford Library

**10.30am** Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

**1-2.30pm** See Hear on Wheels bus at Tesco East-the-Water.

**2-3.30pm** TorrAGE Ageing Well Project at Burton Art Gallery. 01805 622666

**4-6pm** Sew Together at Northam Library

**7.30pm** Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

**8pm** Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

**8pm** Appledore Band – seniors rehearse at St Mary's Hall, Appledore

## **Thursday 26<sup>th</sup>**

**10.30am** Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

**10.30-11.30am** Tai Chi at Chubb Churchill Centre ETW

**2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

**7pm** Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801

**7.30pm** N Devon British Bike Club at Robin's Nest.

**8pm** Bideford Folk Club at Joiners Arms

## **Friday 27<sup>th</sup>**

**10am-12pm** Community Coffee Morning at Kingsley Hall, W Ho! 421274

**2.30-4.30pm** Torridge Table Tennis Club at Bideford Youth Centre.

**7.45pm** Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

**8pm** Ceilidh Club at Northam Hall 476632

## **Saturday 28<sup>th</sup>**

**9am-2pm** Village Market at Atlantic Village

**10am-6pm** Lundy Art Group Exhibition at Blue Lights Hall, Appledore.

**12.30-4pm** Alwington Spring Plant Sale & Community Action Day at Village Hall

## **Sunday 29<sup>th</sup>**

**10am-4pm** Lundy Art Group Exhibition at Blue Lights Hall, Appledore.

## **Monday 30<sup>th</sup> – Bank Holiday**

**10am-4pm** Lundy Art Group Exhibition at Blue Lights Hall, Appledore.

## **Tuesday 31<sup>st</sup>**

**10am-1pm** Lavington Church coffee and lunches

**10.30am** Walking for Health. 421528

**11.45am-12.45pm** Tai Chi at Northam Community Hall

**2-3.30pm** Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

**2.30pm** 'Lift Off' for ladies at Westward Ho! Baptist Church. 425471

**6.30pm** Bideford Band Beginner's Group at Band Room. 475653

**7.30-9pm** Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk Palladium Club *Jam Night*

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