

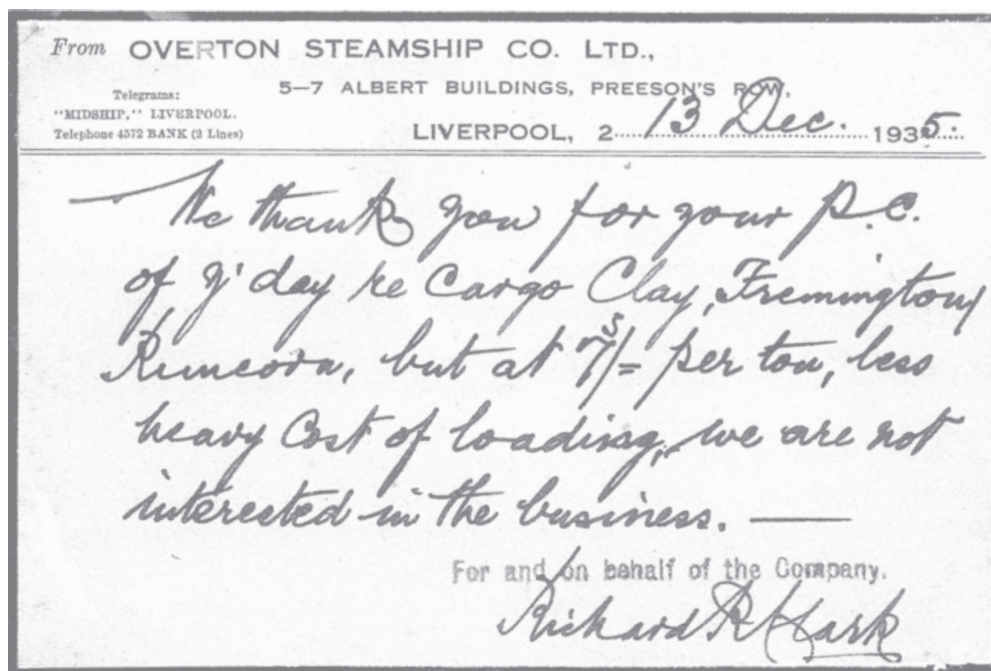


BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

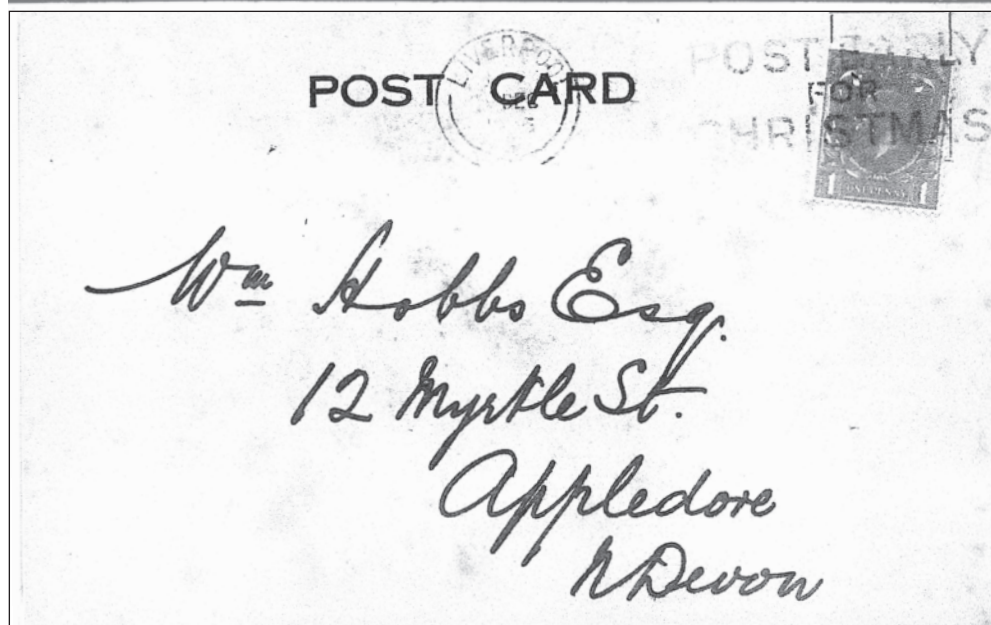
The price of clay has gone up !



Thank you Norman Short, for sending us this postcard from 1935. As you can see the price of seven shillings per ton was considered far too much. The card was sent to an address in Myrtle Street.

The current Shipping News is on Page 10 and includes a photo of the 'Aberdeen' - which recently loaded a cargo of ball clay at Bideford for Castellon.

For further photos of recent shipping at Bideford as well as the newly floated 'LE William Butler Yeats,' visit our website at www.bidefordbuzz.org.uk.



Also in this month's Buzz

Special event on April 23rd at Bideford Pannier Market.

Connections Series featuring Rosalie Chichester.

A new short story by Richard Small.

A restaurant review.

Plus our regular items.

CONTACT BUZZ

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary, Chris Trigger, Tel 01237 475154. 3000 copies printed monthly.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



www.northdevonprint.co.uk



Northam Town Council



Bideford Freemasons



Bideford Town Council

Rosalie Chichester (1866-1949), the last of the Chichesters of Arlington.

Part of our Connections Series

Rosalie Chichester was the only daughter of the flamboyant Sir Bruce Chichester of Arlington. The family can be traced back to the Norman Conquest, and have owned property and land all over North Devon, but the largest estate is **Arlington Court** (currently about 3,500 acres), a Georgian country house, built in the neoclassical style, by local architect Thomas Lee in 1822.

Rosalie was born there. She was fortunate to travel extensively all over the world on two separate trips before she was out of her teens. Her father was a keen yachtsman, owning two yachts, the 'Zoe' and the 'Erminia', and used to sail with his family to the Mediterranean, visiting Sintra (in Portugal), Malaga, Malta and Naples.

Rosalie also travelled around the world, visiting Canada, New Zealand, Australia and South Africa with her companion Miss Chrissie Peters, (almost unheard of for women in those days.)

She made extensive sketches of her travels, and her sketchbooks are still extant. She was an animal-lover, and many of the animals on the estate today, including the ponies and sheep, are descendants of the stock that she introduced. She abhorred fox-hunting, and banned it from her estate, much to the chagrin of the local huntsmen. The ban was not always observed, and on several occasions, to their further annoyance, she took people to court for trespassing on her land.

Her travels probably started her mania for collecting. Amongst other things, she collected costumes, model yachts and boats, British and foreign shells, pewter, snuff boxes, tea caddies, paperweights, examples of scrimshaw (pieces of ornately decorated whalebone), and fossils.

Her favourite piece was a red amber elephant from China. After her death, when the National Trust came to do an inventory, they found an original William Blake painting gathering dust on the top of a cupboard.

She spent much time managing the estate, but she was also an avid painter, photographer and gardener.

She never married, and two years before her death, willed the house and its grounds to the National Trust, who have run it since 1949.

Since 1966, Arlington Court has housed the National Carriage Collection, and is also well known as a bat sanctuary.

Of course, her early adventures may have inspired her better-known nephew, Sir Francis Chichester, the famous aviator and yachtsman, but Rosalie deserves to be remembered in her own right for keeping her estate in good condition for posterity to enjoy. Her ashes are buried beneath an urn near a lake in the grounds, but her real monument is the house and grounds itself.

Chris Trigger

Arlington Court is ten miles north of Barnstaple on the Lynton road.

Arlington Court Walk for Parkinson's.





Join us on Sunday 24 April to discover the hidden jewel in the crown on the edge of Exmoor whilst raising funds for Parkinson's UK. We'll be there to cheer you on and award you with a medal. The walk will start at 10.30am. Registration will be open before that. *On a local note the organisers are looking for lots of help on the day, with meeting and greeting at the registration table, and some car park marshalls. If you would like to offer your help please contact Julie Jones 01237 478128. Please spread the word.*





Driver Support Scheme

The Road Fit scheme is for any driver who has:

-  **Experienced a loss of confidence in their driving**
-  **A medical condition or is on prescribed medication**
-  **Returned to driving, perhaps after an operation or a health episode**
-  **Any concern about their ability or that of a friend or relative to drive**

It is all about helping you to cope safely as a driver.

The scheme enables you to take a short assessed drive with one of our local professional driver trainers. You will be given advice about your driving performance and a written report at the conclusion of your assessment. Your doctor will be sent a copy of this report. This will help you and your doctor decide the best course of action to take to reduce the chance of problems occurring when you are behind the wheel.

How do I access the Road Fit scheme?

You can be referred by your GP or other health professional

You can refer yourself

You can refer a family member or friend

There is a fee payable for the Road Fit driving assessment.

Your Road Fit driver trainer will not have any role regarding your driving licence.

In the event that a driver is considered unsafe, this will be included in the report to the doctor, who has a duty to act on this information.

For more advice or information please contact Devon Travel Academy on 01392 444773
email drivers@devon.gov.uk or visit www.max-driver.co.uk/courses/roadfit-assessment

Book News

Northam Library

Meet author Wendy Hilling and her golden retriever Teddy at Northam Library on Saturday 9th April 11-12. Wendy will be signing copies of her new book 'My Life in His Paws'. For more information please call 01237 475111.

Bideford Library

Bideford Creative Writing Group

Free event - held 2nd Saturday of each month

Bideford Library between 2 - 4 pm Contact Nikki Brownson 01237 700901

Feel Better with a Book (please check with library to confirm the group is running each week)

Every Wednesday 10:30-12:00 am

Come and lift your mood through the joy of reading! The aim of the groups is to enable you to enjoy the pleasure and relaxation of listening to great stories and poems - classical and new - and sharing responses with others. No pressure and no reading required. The group is led by an experienced facilitator.

Book Breaks for Carers – A Shared Reading Group for Carers

Every Wednesday 10:30-12:00 am

A chance to meet with other carers and enjoy great stories and poems read aloud in a small friendly social group.

Bideford Library Readers' Group.

Meets on the first Wednesday of the month at 2pm. Meetings are very much book centred, but we do break for tea and biscuits (sometimes cake) after an hour's discussion. On April 6th we are discussing 'Harvest' by Jim Crace, a runner up for the Booker Award in 2013. If you don't have a copy Bideford library can supply one on request. Cost is £1 per meeting, first meeting free.

For further information on events at Bideford Library please ring 01237 476075

In support of the Visually Impaired

The Torridgeside Talking Newspaper, best known for its distribution of weekly recordings of the local papers for the blind, has recently been in touch with other charities whose sole concern is the visually impaired.

Meetings with officials representing the Macular Society, the Blind Club and a local government official, one of whose responsibilities is care for the blind, have produced interesting results and the Talking Newspaper will continue to encourage these sessions it says.

A spokesman for the Newspaper said "As a wider group there is a lot more we can do to assist the visually impaired beyond, of course, just creating awareness of their plight."

John Henderson.

'Bideford Library has over 500 unabridged audio books available for loan to its members and the stock is regularly refreshed as stock is circulated around Devon Libraries. The normal hire charge for these is £2 for a three-week loan but for people with a visual impairment they are free to borrow. Across the whole of Devon Libraries there are over twenty five thousand audio books in stock so if it's not on the shelves in a particular library it can probably be requested from another branch. Again, the request service is free for VIPs. The books come in three formats: audio CDs, MP3 CDs and a dedicated MP3 device known as a Playaway. For more information, contact your local library.' (Matt Chamings, Bideford Library.)

Allhalland Books

We are sad to say that we will be leaving Allhalland Street in Bideford on the 30th April after 18 years. However, we will still be selling our books and Sue's Lady Paintings in the main hall of Bideford Pannier Market, and taking commissions as usual, from that time.

The paintings are also available at Cecile's restaurant and Garland's art and stationery- both in Allhalland Street. Thank you to all our loyal friends and customers- we hope to see you all at the market in the future. **Jim and Sue.**

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact

Samaritans on:

BARNSTAPLE

01271 37 43 43

email sams_nd@yahoo.co.uk

Real People – Real Lives - Real Difference

Information Day 31st Oct. 15 10:00-12:00am.

WHY NOT COME ALONG & SEE.

Selection Days 22nd Aug & 28th Nov. 15

Charity No. 261807



Notice is hereby given that Bideford Annual Parish Meeting will be held on Wednesday 20 April 2016 at 7.00 pm in the Town Hall, Bideford. The Mayor of Bideford will submit a report on the Council's activities during 2015/16 and reviews will be given of the work undertaken by the Council's Committees. Grant cheques will be presented to Local Organisations and consideration will be given to any matters raised by Registered Electors who reside within the parish of Bideford.

EX39: NORTH DEVON CONCERTS



Midge Ure

Sat 28th May, 7:30pm £22

Bideford Devon Hall

True Music Legend

Band Aid, Live Aid, Ultravox etc

Peter Howarth

Sat 2nd July, 7:30pm £16

Hartland Parish Hall

Lead Singer of the Hollies

Singer/Guitarist with Cliff Richard

West End Star of Roy Orbison Story



Eddi Reader

Sun 25th Sept, 7:30pm £22

Bideford Devon Hall

Ex Fairground Attraction

Many Hits e.g. "Patience of Angels" and "Perfect"

Local Tickets: DevonHall Box Office

Cash sales only no booking fee

Online Tickets and Information : www.ex39.net

Or Call 0333 666 3366 (booking fees apply)

"FOR YOUR COMMUNITY IN YOUR COMMUNITY"



FARM & COUNTRY STORE

We are excited to announce that **Natasha Baker** Paralympic Gold Medalist will be with us on **1st April at 2 pm** to officially open the store!

She will also be giving a talk at the Pollyfield Centre later that evening. Tickets for the evening event will be £4 and all proceeds will be donated to **RDA and North Devon Equine Rescue**.



For more information please call **01237 425000** Or pop into the shop and buy your tickets for the evening event.

Find us just off the roundabout next to the Evans Transport Alverdiscott Road, Bideford, Devon EX394FG

RDA
Riding for the Disabled Association
Incorporating Carriage Driving



Quaker Meetings for Worship

are held at 17 Honestone St, Bideford
(Near Pannier Market)

10.30am on Sunday mornings

All are welcome

Contact Jackie Poole

Tel: 01271 861824

A line of thought

Some of the Torrington – Bideford commuters suffering inconvenience on the obligatory diversion route via Monkleigh could be wishing it was still possible to do a nine minute journey between the two places by train.

Sadly this line was closed in the 1960s ; prior to this it was possible to board the train at Torrington or Bideford and travel direct to / from London Waterloo without a change.

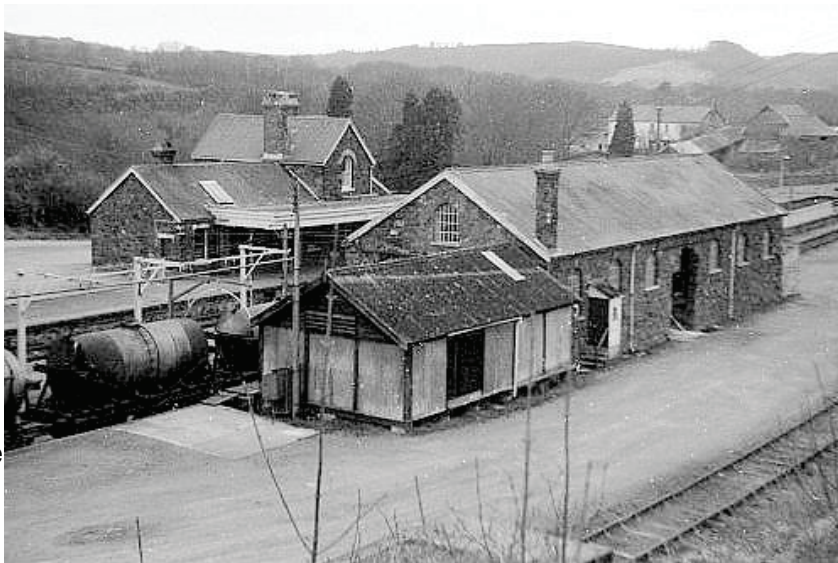
The 'flagship' of this route was the 'multi -portioned' Atlantic coast express which carried portions for diverse terminals at Ilfracombe, Torrington, Bude, Padstow and Plymouth (Friary.)

Significantly 2016 marks the 90th anniversary of its introduction in 1926.

An unfortunate sequel to any rail closure is the ripping up of its track and obliteration of its infrastructure.

In this respect Torrington is the sole surviving terminal of the once famous train, the other four terminals having been demolished or re developed for non railway purposes. In fact Torrington is in advanced negotiations to extend its existing track northwards to Beam and Weare Giffard.

Alan Wilkinson



News from the Pannier Market open Tuesday/ Wednesday/ Thursday / Friday & Saturday

The studio workshops are now in position and the market hall has been re-organised and is looking much better. The tenants for the workshops are moving in and will be open for business. It is all systems go and a big step forward for the market hall with increased opening hours – Tuesday to Saturday – it is such a beautiful iconic building and needs to be used to its full potential

On Saturday the 23rd April (St George's Day) there will an official opening ceremony for the new workshops with additional craft and food stalls plus live music. Make a note in your diary and come along and give us your support.

I believe all the stall spaces are already taken for the 23rd of April but if you are a trader and looking for a market then why not consider one of the other days – please contact Richard Coombes (Deputy Town Clerk) on 01237 428817 – you will be made more than welcome(deputyTC@bideford-tc.gov.uk)

Butchers' Row, Market Place, Grenville Street

All the traders are hoping that the new workshops and the increased opening hours for the market will bring increased footfall to the whole area and are lending their support to the whole project

The market building itself is having a spruce up with painters working on the front of the building in Market Place – my-oh-my won't we look posh What we need now is for people to get behind the whole area and instead of telling tourists there is nothing up here (yes it still happens because visitors tell me so when they come into my shop) they should be telling visitors and locals about the craft workshops, the market, promoting the fact that it is open for business. This could become a major asset to Bideford – not just craft shops but living breathing craft workshops – Come on Bideford help us make it work – many towns would love to have this facility
Trev Hill (Minxy's Sweets.)



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& HIGHER EDUCATION

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Web Developer

Website Content Administrator

Graphic Designer

Sign Maker

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Get in touch, call +44 (0)1271 852419 or email apprenticeships@petroc.ac.uk



ARTEZZANE

Shabby Chic & Pine Furniture
Home Décor Painting Service

1 Stanhope Terrace, Northam Road, Bideford

OPENING HOURS

Mon – Fri 09:30 – 5:30

Sat 10:00 – 4:00

01237 238035

Find Artezzane on Facebook & Twitter

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including BT's new Infinity Network

• **New Line Installations** •

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• **Phone & Line Repairs** •

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www.devontelecom.co.uk

Buzz Subscription

To subscribe send this completed form to Bideford Buzz c/o TTVS 14 Bridgeland Street, Bideford, Devon EX39 2QE.

I would like to pay for a year's subscription to Bideford Buzz at a cost of £13 a year and make a contribution at the same time. Postage is second class and you receive 11 issues (including the Christmas Double issue).

I enclose a cheque for £_____ made out to Bideford Buzz.

Mr / Mrs _____ First Name _____ Surname _____

Address _____

_____ Post Code _____ Telephone No _____

I am interested in posting Buzz abroad:

How much would it cost to send the Buzz to _____ for a year.

Fay, the homeless. A short story

Gathered together in friendship, warm and comfortable around the window table of Maxime's café, the small group of ladies only had eyes for the fine patisseries and only ears for the inane tittle tatttle gossip of the middle classes.

They neither saw nor heard Fay's frail body sheltering from the rain, huddled against the low window of the grand entrance. Fay sought refuge there night and day but few ever noticed her presence or predicament and even fewer cared. They walked on by, blabbing mindlessly on their mobile phones, never even noticing, not aware of her cry for help. Despite her grubby and tattered clothes she was a pretty young woman of Chinese descent and had at one time been employed as a dish washer at Maxime's. Life had taken a decided and irrevocable turn for the worse since the accident. Her home was now occupied by others, her job taken by a stranger and she had no one to talk to, no one to share her troubles and no shoulder to cry on. Try as she might, she could find no one who would listen, and try, she had. Fay had long since stopped feeling the cold and damp of the English weather; somehow it didn't affect her anymore like it did those hurrying by with warm scarf and long coat.

The boisterous conversation in the café lurched from, 'of course our mortgage's paid off', to 'hubby's new job' and 'the boss has his own yacht,' to 'how well the children are doing at university,' 'of course Rupert wants to be a doctor you know', well 'Daniel, our new under-gardener is so attractive and insists on bringing fresh flowers to the house for me every day,' 'we might move soon, there are some awful working class people buying a house in the village,' 'cousin Matilda has a new book published you know' . . . I don't think I should eat any more cake . . . perhaps I'll just have a special coffee to round it off, 'Cointreau coffee here please, waiter.'

The effectively indiscernible Fay could both hear and see it all but it made no difference, she could never be one of them, it seemed her lot to endure the desolation of forever hopelessness, alone and homeless, unseen by the passing wealthy and poor alike.

The waiter keenly approached the ladies group, rubbing his hands with anticipation of a good tip. "Where's my coffee?" asked the cake filled lady who incidentally kept her posh hat on even indoors, 'Harrods you know . . . and not in a sale either!'

Grovelingly ingratiating himself to the group the waiter feigned a sincere apology and explained that they were short staffed due to the accident outside the café the other week. "Hit and run driver, probably drunk, in a new BMW had run over and killed the Chinese girl who used to wash up. Not to worry, we've a new one but she's still learning. All will be back to normal soon. I'll fetch your coffee, ma'am."

Outside in the mizzling rain, Fay's ghost would indeed be forever homeless and like so many others in shop doorways, simply invisible to any kindness, any justice.

Richard Small.

Torridge Branch Parkinson's UK

Spring Fayre

Weare Giffard Village Hall
Saturday 23rd April
11:00am to 2:00pm

To be opened by:-

Local author Liz Shakespeare

Stalls to include

Crafts Shake a Dice Books & CDs
Plants Bric-a-Brac
Cakes Raffle Tombola Live Music
Refreshments – Come for lunch.
Silent Auction and much more

Free Entrance

**Parkinson's Awareness Week 18th –
24th April.**

BIDEFORD FILM SOCIETY

Doors open at 7.00pm, films start at 7.30pm

Friday 1 and Saturday 2 April at 7.30pm at
Kingsley School: **The Big Short** (15) 97 mins

Friday 8 and Saturday 9 April at 7.30pm at
Kingsley School: **Grimsby** (15) 83 mins

Friday 15 and Saturday 16 April at 7.30pm at
Kingsley School: **Hail, Caesar** (12A) 106 mins

Friday 22 and Saturday 23 April at 7.30pm at
Kingsley School: **The Divergent Series:
Allegiant** (12A) 121 mins

Friday 29 and Saturday 30 April at 7.30pm at
Kingsley School: **Batman v Superman: Dawn of
Justice** (ctba)

Thereafter we will be showing:

Eddie the Eagle (PG)
The Huntsman: Winter's War (ctba)
The Jungle Book (ctba)
Captain America: Civil War (ctba)

Bucket List

My daughter has just returned from Kerala. I am mightily jealous. Not least because it has always been on my bucket list. What makes it worse is that my daughter had a wonderful time, which I know is a good thing but, I am now going to act in a very childish way, I wanted to go first! I have had a desire to visit Kerala for years and years and now that I know that it is exactly what I hoped it would be I want to go even more. There is a tangible feeling of goodwill and joy, of friendliness and happiness. India is a very spiritual place. If any of you have recently watched the Real Marigold Hotel on BBC2, which was filmed in Jaipur, and the change that some of the cast experienced you begin to get a sense of what India is really all about.

There are sun drenched beaches, high mountains and hills planted with tea shrubs, kingfishers, (who has always wanted to see kingfishers?) I have only ever seen one once and it was only the flash of orange and iridescent blue that I caught, but my heart lifted. Elephants, monkeys and waterfalls. Then there are the people themselves who, according to my daughter, could not be more friendly, helpful and smiley. Perhaps it is the meditation and the yoga or their deep rooted beliefs in family life. Or maybe it is the practise of ashram, the literal meaning comes from the Sanskrit root srama which means "to toil", the "a" prefix indicates the negative, therefore ashram means "not to toil". We could all do with some time for ashram in our life. The notion of consciously choosing not to toil is very appealing. It worked for many of the cast in the Real Marigold Hotel series.

People get to a certain age, begin to take stock of their lives, and measure achievements. A recently completed survey from Harvard University which lasted for seventy five years found that what made people happy and healthy was not fame and fortune but good relationships. Whether this be in a marriage, friendship, work, family or social environment. People needed to be with people. But not just any person. Those people that they needed to be with also needed to be positive people. I wholeheartedly believe this. They also concluded that those people who did not socialise and have a wide circle of friends and interests were more likely to be ill, suffer pain more acutely and be very lonely. So, just take a moment to write your Bucket List. Don't look back at what you have not done yet, but what you still can do in the future. It doesn't have to be life changing or expensive. For me the biggest challenge will be to go to Kerala. I was recently diagnosed with osteoarthritis and will have to have both hips replaced soon, this feels me with dread,

but knowing that I will have something to aim for feels me with positivity. I also want to finish writing my book and get it published. I would also like to make some bunting out of some old bits of material, learn how to play euchre, sing in a choir, make a willow basket, make yoghurt from scratch, have a go at smoking a whole salmon, watch England play Rugby at Twickenham, abseil down a taller building than I did last time.....the list is endless once you get started. Go on start your list, ticking off the list is one of the most satisfying things ever.

I will never forget driving my friend's Porsche, scared the life out of me. Or riding in a limousine down to watch Ascot on Ladies Day, or being lucky enough to watch Red Rum parade around Aintree before the Grand National. Tomorrow is another day to not to toil, make the most of it.

Kerala is on my bucket list of places to visit. I am running out of time

Ildi McIndoe.

Local Bucket list- Learn how to surfboard or at least stand on a surfboard. Visit the only Michelin star restaurant in North Devon, The Masons Arms in Knowstone. Visiting Clovelly Herring Festival.



Nightwalk is back... brighter than ever!

We're delighted to announce that Nightwalk 2016 will take place on Saturday 14th May, with a brand new theme! 'Let Yourself Glow' is something everyone can get involved with, whether you're simply bringing glowsticks, wearing neon lipstick or coming full on with a head-to-toe glowing outfit. We want to light up the darkness and blaze a trail of colour, with more than one thousand women walking together in support of North Devon Hospice.

Sign up today to take advantage of the early bird registration fee!

Walking from: Barnstaple • Bideford • Instow

Register at www.nightwalk.co.uk

call: 01271 347224 email: nightwalk@northdevonhospice.org.uk

North Devon
Hospice
being there for all the family



THE SHIPPING NEWS



Ship in Port Bideford.	Registered Flag Owners	From	To	Arrived	Sailed	Crew	Cargo	
Aberdeen Built 2009 ex Wilson Aberdeen 2011	Valletta Malta German	Sharpness	Castellon	06/03/16	09/03/16	Russian Ukrainian.	2960 tons ball clay.	



Activity at Yelland Welsh Piper 26.2.16

At Appledore

9.3.16 at 17.45 the Irish Patrol Ship **LE William Butler Yates** was due to be floated out from the building shed at the shipyard ; however the weather conditions were not favourable for moving a dead ship (it was blowing at 33 knots) so a decision was made to postpone the float out until **06.15 10.3.16**. She was assisted by the tug **Willendeavour** and the **Lundy Puffin** to the fitting out quay at the Middle yard.

Arco Dart 25.2.16 8.3.16

Bristol Channel Observations

18.2.16 at 08.23 vehicle carrier **Delhi Highway** 18891 tons d.w. owners Kawasaki Kisen KK Japan inward bound for Portbury.

23.2.16 at 14.20 vehicle carrier **Emerald Leader** 10819 tons d.w, owners Nippon Yusen Kaisha Japan outward bound from Portbury, having sailed at 10.00. At 15.46 bulk Carrier **Saint Vassilios** 33889 tons d.w, owners Fygkia Marine Inc Greece, inward bound for Portbury. At 16.53 cargo vessel **Kertu** 4800 tons d.w. owners H.S Kertu OS Estonia, outward bound from Swansea having sailed at 18.16 - **21st**.

24.2.16 at 13.30 vehicle carrier **Titania** 30907 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, outward bound from Portbury, having sailed at 08.42. At 14.30 container ship **Flintercape** 9597 tons d.w, owners Flinter Group B.V Netherlands, outward bound from Avonmouth, having sailed at 10.22.

28.2.16 at 0928 cargo vessel **Aberdeen** 3614 tons d.w owners Stortekekus Germany, inward bound for Sharpness. (See above next voyage loading clay at Bideford for Castellon. At 12.05 cargo vessel **Sylvia** tons d.w, inward bound for Avonmouth.)

29.2.16 at 15.30 hrs bulk carrier **Nord Mumbia** 36610 tons d.w owners Nordin Shipping Singapore PZ Singapore, outward bound from Portbury having sailed at 10.10.

2.3.16 at 16.03 vehicle carrier **Opal Leader** 12200 tons d.w. owners Nippon Yusen Kaisha of Japan outward bound from Portbury, having sailed at 10.40.

6.3.16 at 09.39 cargo vessel **Sormovskiy** 3068 3391 tons d.w, inward bound for Cardiff seen again on the **10th** at 11.35 outward bound from Barry, having sailed at 06.33

and at the same time cargo vessel **Karla C** 6250 tons d.w, owners Carisbrooke Shipping Cowes IOW inward bound for Avonmouth. At 10.5 vehicle carrier **Grande Anversa** 12420 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury having sailed at 06.31. At 11.15 vehicle carrier **Hermes Leader** 20941 tons d.w, owners Nippon Yusen Kaisha of Japan, inward bound for Portbury .

Norman

Photo (c) Norman Hardaker

News from the Burton Art gallery & Museum

'**Contemporary British Watercolours**' which began on 24th March, continues until 9th May, so we have a good few weeks in which to enjoy it. There are 21 British artists taking part, and their names will mostly be new to us, as this exhibition demonstrates the 21st century approach to our usual conception of what is called 'British' art.

Bertram Prance – 'Humour and Light': what an appropriate title for this talented artist's cartoons and gouache paintings! The Gallery is privileged to own quite a large selection of Bertram's work, collected over the years from donations, and gifts from his son, Christopher. Bertram was born in Bideford in 1889, and trained at the Bideford Science, Art & Technical School, now the Art Centre on the Quay, and was praised for his skill in the Gazette's report from that establishment on many occasions from 1906 while a student. On leaving Bideford for London, he became a member of the Savage Club, where he met other artists, and was elected President of the Sketch Club in 1948. His pen sketches were published in 'The Tatler', and he illustrated for a 'Punch' magazine contributor, Anthony Armstrong. From then on his humorous cartoons were much in demand, and the list of periodicals and newspapers using his work is endless. Prepare yourself for a good laugh, but also take time to admire his gouache paintings: landscapes, street scenes, and his technique with cloud formations. His son, Christopher, is giving a free 'Talk and Tour' of his father's work on Saturday, 9th April, at 2.00.

Vicky Lindo's latest creations are in the Craft Gallery collection. Her sense of humour comes over in all her work; the funny things that cats get up to, is one of her favourite subjects. Her work is bold and simple, and very buyable. Enjoy it until 30th April.

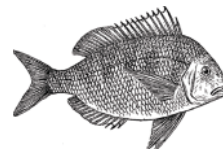
The Friends of the Burton Gallery are holding their Annual General Meeting on Saturday, 9th April, from 10.30, in the Kingsley Room (upstairs) and all are welcome. The speaker this year is Judith Gentry, Chair of the 'Burton At Bideford' Trust, which comes into force this month, taking over management of the Burton from Torridge District Council, who have had this role since 1974. Diana Warmington,
Friends of the Burton Art Gallery & Museum.

Felicity's Seasonal Local Fish and Restaurant Review

Please send in you details to the editor if you would like to come along to the April restaurant visit for the May review!Thanks.

I went to see the new extension to the Coffee Cabin on Appledore Quay. This is a very popular modern café serving wonderful breakfasts, lunches and great cakes. And, of course, good coffee. There is now a small airy upstairs area with a view of the two rivers, where the Taw and the Torridge meet. Everyone is made most welcome-families, couple groups of friends and single people. Always lots of local information. The cabin supports local food producers including -Dan the fish man, Cottage Bakery and Torridge Mussel and Oyster company-Here is a good mussel recipe with cheesy rarebits, the latter suitable for vegetarians!

1 leek, trimmed and finely sliced
25g(1oz) flour
1x330ml bottle beer- Clearwater Brewery beers are good!
125g(4oz) Cheddar grated
1or 2 tbsp. Dijon mustard
8 slices of Toast - sourdough, granary or white.



Method

1. For the rarebits -melt the butter in a pan. Add the leeks and cook until softened. Stir in the flour, cook for 2mins.then stir in 125ml(4 floz) beer, the cheese and 1 tbsp. mustard. Season with a little black pepper. Let stand to combine.
2. In a lidded pan melt the remaining butter. Add the shallots and fry for 5 mins. or until golden. Add the garlic and the remaining beer, leave to bubble for 2 - 3 minutes.
3. Meanwhile, spread the rarebit mixture on the bread. Toast under a hot grill until melted and golden.
4. Tip in the mussels, then cover the pan with the lid and steam for 4-5minutes.until opened (discard any that remain closed). Transfer the mussels to a serving bowl, leaving the liquor in the pan. Whisk the cream parsley into the remaining mustard into the mussel liquor. Season. Pour over the mussels. Serve with the rarebits. Good to share with family and friends.

More details of the Four Day Appledore Shark Attack! In August, next month.

Tussles in Brussels.

Referendum on the United Kingdom's membership of the European Union	
Vote only once by putting a cross (X) in the box next to your choice	
Should the United Kingdom remain a member of the European Union or leave the European Union?	
Remain a member of the European Union	<input type="checkbox"/>
Leave the European Union	<input type="checkbox"/>

For a lot of Youthpâgeers(for that is a word), something special is about to happen in June. We're treated to a birthday most years, but it's undoubtedly our 18th that opens up the most doors; the gateway to pub quizzes, horror movies and voting. Talk about a baptism of fire: anyone who comes of age this Spring doesn't get to flex their political muscles with a local election- or even strain them with a General one- they have to handle a real life referendum and that's quite likely to dislocate some shoulders.(Purely metaphorical ones of course, the actual act of voting isn't too strenuous, the only thing you have to lift is a rather shrunk pencil.)

The best and worst aspect of a referendum is that every vote counts. It's an important decision, and one we should be clued up on. Here for your intent mulling then, are the facts and figures for both sides so you can decide for yourselves: are you an innie, or an outie?

<http://www.theweek.co.uk/eu-referendum>

There are more things affected than might immediately spring to mind- money's an obvious biggie with our annual £13 billion subscription to the EU, but coastal fishing, immigration and trade would all have knock on effects.

The facts themselves are quite dry, but it's worth reading them without any party political bias or metaphors, just to gauge your own opinion. World standing, law and banking are also likely to be affected, and the link above explores these in more depth. Exiting from the EU could either be a brilliant move or a disastrous one, the choice is up to us. (Here at Buzz, we understand that a lot of Youthpâgeers are not yet over the 18 threshold; but there are a lot of undecided minds out there who are; just ripe to be swung round to your point of view. If you take an interest in politics, it's quite amazing what you can change.) Bideford's quite often overlooked on the National scene - now's our chance to make sure we're heard. Sifting through the facts and figures might be back breaking work, but imagine the physiques we'll have afterwards...

Art Classes

Speaking of physiques, if any of you have an interest in art, and need to work on drawing the human figure, life drawing classes are currently being held in the Bideford Arts Centre. Located just to the right of the Post Office, each session runs from 7 pm until 9 on a Thursday night, with free biscuits, tea and charcoal drawing materials. For a measly £6 fee, you can draw a very friendly live model and work on your art skills from the ground up with a group of like - minded artists. It's not hugely publicised, but for anyone taking an art A-level, it's hugely helpful.

Millie Sutherland O'Gara



Clean for the Queen

As we all know the Queen is going to be celebrating her 90th Birthday this year and she has asked that we all give our towns, cities, and villages a bit of a spruce up.

Bideford's Bunnies are very keen to join in with making Bideford Beautiful, so have 'hopped' at the chance to get involved with the town's efforts ; you will be able to find 60 of them around Bideford in the business windows holding something to do with cleaning. Can you find the bunnies and see what they are holding ? Pick up a trail sheet from any of the following places:-

Minxy's Sweets ,Butchers Row Pannier Market; Bideford Cobblers and Keys ,High St ; First Years and Beyond, Mill St ; Burton Art Gallery, Kingsley Road. There are three trails to follow, The Hutch, The Warren, and The Burrow ; do one, two, or all three; return your sheet for a small prize.Fun ends 9th April
Businesses of Bideford.

Buzz Bits.

West Quay Fundraisers held a presentation night at The Beaver Pub Appledore on Tuesday 23rd February; a fantastic £13,169 was raised in 2015. Chairperson Liz Simpson was delighted to announce that 16 local charities have benefited - these included their two main charities North Devon Hospice, and North Devon Children's Hospice; amongst others were Northam Lodge, Devon Air Ambulance, Brownies, Guides, Re-Map and Headway. Their next fundraising event is on Saturday 2nd April '*The Big Breakfast*' at St Mary's Church Hall, Appledore. If you would like to help or want more information on West Quay Fundraisers please contact Graham and Ali Stone at **The Beaver 01237 474822**

Littleham's Art and Music Festival 2015 was a huge success and to celebrate raising more than £4,000 for local charities everyone involved was invited to a Bring and Share Party in Littleham Village Hall where the cheques were presented.

Benefiting were Devon Air Ambulance Trust, North Devon Stroke Unit, the local Multiple Sclerosis Society, Neuroblastoma UK, the local Memory Cafes in Northam, Torrington and Winkleigh (for people with Alzheimer's) and the Littleham Children's Playground Appeal.

Littleham Arts and Music Festival Committee would like to thank everyone who contributed in any way whatsoever to the success of the Festival. Littleham's next big event - an Art Exhibition at the Plough Arts Centre ends on 16th April organised by Littleham Art Group. For more details contact **Rob Reed 01237 475716**.

Flying Fish Artists is a small local charity (Reg No 1157556). Through the use of art as therapy we aim to enhance and promote the mental health of people in Devon and support the resilience and recovery of those experiencing mental ill health. We are holding a Coffee morning at our studio in Barnstaple on **Thursday 21 April from 10.30 a.m. to 1 p.m.** Readers are warmly invited to come along, and find out more about what we do. There is outstanding artwork for sale, as well as a bric-a-brac table. Please just turn up on the day at Rock Park Lodge, New Road, Barnstaple, EX32 9AE opposite the Park Hotel; alternatively contact **Toni Hasler at 078 17431067 or toni@support4charities.com for further information.**

Torridge Third Age Group is affiliated to The University of the Third age. We are a secular non-political organization for retired and semi-retired people who meet and learn together, not for qualifications but for its own rewards. At the last count there were 47 activity groups covering a wide variety of mental, skills and physical pursuits. Every month each group submits a report for our Newsletter- which can be found on www.torridgeu3a.btck.co.uk or by asking to see a copy at your local library- In the future we hope to publish one or two of the latest of these reports in the Bideford Buzz. Watch this space!

Bideford Victoria Park Bowling Club are holding an Open Day on Bank Holiday Monday **2nd May 2016** from 2pm. All ages welcome, all equipment supplied, with **Free** tuition, **Free** refreshments, and a friendly welcome from our members. No obligation, even if it's wet, come down for a cuppa and a chat, we look forward to seeing you! (Flattish shoes or trainers would be appreciated) **Further information from Colin on 01237 473709.**

Northam Lodge.

"The Queen's 90th Birthday Cruise" is the theme of this year's MS Oldenburg trip and it will take place on **Friday June 24th** – boarding from Bideford Quay at approximately 6.45, departing at 7.30 and returning at about 9.30/45pm. Tickets £15.00 pp. Please feel free to bring along a picnic, but sadly no alcohol can be brought on board – this is a very firm Lundy Office ruling. There is a bar on board selling beer, wine and soft drinks. You can of course bring any amount of soft drinks along with your picnic. The Alan Lewis All Stars Jazz Band will be entertaining us as they have kindly done since we began doing these fundraising cruises. Tickets will be available online from our website www.northamlodge.co.uk as from April 4th. Or contact the office on 01237 477238



100 years ago –April 1916

Mr A W Cock has auctioned three freehold properties in the town. These were 7 Elm Grove, 13 Vinegar Hill and a dwelling house and stables at 1 Bull Hill, the latter premises formerly known as The Cornish Arms.

Bideford Borough Council holds tribunals every week, sitting in the Town Hall, to hear and determine applications for exemption from military service. Herniman Prust Woodyard, 32 years old and a proprietor of a grocery and provisions merchant's business, was granted exemption as long as he remains in his present occupation. He has been left single handed as both his assistants have joined up and his 5 brothers are already serving in the Army.

Albert Henry Prance, a Fish and chip shop proprietor, claimed that his wife could not carry on the business which would have to be closed if he went to war. It was obvious that such a business was a great advantage to the people living in the neighbourhood. He was granted a one month exemption.

Any ladies who are interested in Motor Cycling should inspect the latest model, the "Royal Ruby" 2 stroke motorcycle, perfect in every detail, now on show at Messrs George Boyle, 1 Allhalland Street.

At a meeting of Bideford Urban District Council it was decided that the names of those who had volunteered for the war should be displayed on boards fixed on to the Market walls.

The Taw & Torridge Fishery Conservators heard a status report from the Superintendent Water Bailiff. Large numbers of salmon have passed through the town and on to the upper waters of both rivers. Salmon fishing was very good and a good number of fish have been taken. The weather has been too cold for trout fishing

Henry Hopkins of Bideford was summoned for **using** headlights on his motorcycle at 10.10pm on 29th March. He pleaded guilty through ignorance. Superintendent Hulland said that under current wartime regulations, no headlights were to be carried within a 6 miles of the sea or estuary. Mr Hopkins was fined 2/6d.

These and many more items of local interest are available to read at the Bideford Community Archive at the Council Offices, Windmill Lane, Northam. Tel: 01237 471714. Open Monday, Tuesday and Wednesday mornings.

A new Community project is aiming to discover and celebrate historical connections to Brunswick Wharf and other Wharves on the East side of the river in Bideford, from early maritime history through to the present day.

Come and join in – meet regularly throughout the year, make new friends, share information and dig up the past. Your help is needed to chat to other volunteers; make the tea and cake; talk to people in your neighbourhood and record their stories; visit heritage organisations; carry out research; collect old documents and photos; plan events such as workshops, walks and talks; and promote and celebrate what we have learnt. Some training and expenses are available.

We meet on the 2nd and 4th Thursdays of the month, our next 2 volunteer group sessions are Thursday April 14th and Thursday April 28th 2pm to 4pm at The Common Room, Ethelwynne Brown Close, Bideford. If you would like to come along, find out more or have information to share, please contact Project Co-ordinator Sadie Green at project@bbcdevon.org or on 07530 508676. Visit and 'like' our facebook page at <https://www.facebook.com/BrunswickWharf>

Sadie Green, Project Co-ordinator

April Diary 2016

Friday 1st

2-3.30pm Sew Together at Westward Ho! Baptist Church. 01805 622666
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932
7pm Talk by Natasha Baker, Dressage Paralympian Gold Medallist, at Pollyfield Centre. 425000
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall 476632

Saturday 2nd

9am-2pm Village Market at Atlantic Village
7pm Film Club at Littleham Village Hall. 471928

Monday 4th

10am-12pm Appledore Community Art Group at Appledore Community Hall.
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532
7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band. 473723
7.30-9pm Appledore Singers Open Rehearsal at Appledore Baptist Church. 420652
7.30pm Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101
8.30pm N Devon Jazz Club, The Beaver, Appledore. Andy Newark Trio 421065

Tuesday 5th

10am-1pm Lavington Church coffee and lunches
10.30am Walking for Health. 421528
11.45am-12.45pm Tai Chi at Northam Community Hall
2pm Bideford WI, New Sea Cadet Bldg
2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.
6.30pm Bideford Band Beginner's Group at Band Room. 475653
7.30pm Northam Choral Society rehearse at Northam Methodist Hall.
7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall
7.30pm Bideford Sustainability Group at Blacksmiths Arms
7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk
8pm Torridge Male Voice Choir meets at Woolsey Village Hall. 441601
8pm Jam Session at Thatched Inn, Abbotsham. 472746
Palladium Club *Jam Night*

Wednesday 6th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.
10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128
10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053
1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho!
4-6pm Sew Together at Northam Library
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room
7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church. 473798
8pm Appledore Band – seniors rehearse at St Mary's Hall, Appledore

Thursday 7th

10am-12pm See Hear on Wheels bus at Hartland Pavilion 01271 373236
10.15am Northam Men's Forum at Northam Methodist Hall 476201
10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528
10.30-11.30am Tai Chi at Chubb Churchill Centre ETW
2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236
2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666
7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.
7.30pm Appledore Men's Group at Appledore Library Meeting Rm. 425247
7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801
8pm Bideford Folk Club at Joiners Arms

Friday 8th

10am-12pm Craft'n'Chat at The Old Schoolroom, Kingsley Hall, W Ho!
2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932
7.30pm 'Jazz at the Hall with Alan Lewis 'Rarebits'' at Weare Giffard Medieval Hall in aid of church funds. 475168
7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711
7.30pm Bideford Machine Knitting Club at Chubb/Churchill Comm. Hall 477532
7.30pm Devon Wildlife Trust talk on the North Devon Hedgehog rescue centre, plus brief Local Group AGM. Non-members welcome, Castle Centre, Barnstaple. £3 inc refreshments.
7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309
8pm Ceilidh Club at Northam Hall 476632

Saturday 9th

10am Torridge Ramblers day walk 01805 622183
10am Nearly New Sale at St Peter's Church, Fremington
7.30pm 'Jazz at the Hall' Alan Lewis 'Rarebits'' Weare Giffard Medieval Hall 475168

Monday 11th

10am-12pm Appledore Community Art Group at Appledore Community Hall.
7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band.

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101

Tuesday 12th

10am-12pm Macular Society Support Group at Burton Gallery 441466

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall.

2.30pm 'Lift Off' at Westward Ho! Baptist Church. 425471

6.30pm Bideford Band Beginner's Group at Band Room. 475653
7.30pm Northam Choral Society rehearse at Northam Methodist Hall.

7.30pm Bideford & District Gardeners Club at Bideford Methodist Hall. 475914

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

7.30pm Lions Club meet at Royal Hotel

8pm Torridge Male Voice Choir meets at Woolsey Village Hall. 441601

Palladium Club *Jam Night*

Wednesday 13th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!
10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

2pm Tea with Friends at St Mary's Church.

2-3.30pm TorrAGE Ageing Well Project at Burton Art Gallery. 01805 622666

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Bideford Music Club concert at High St Methodist Hall. 423112

7.30pm Bideford Phoenix Morris

practise at Bideford Baptist Church.
7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Appledore Band – seniors rehearse at St Mary's Hall, Appledore

Thursday 14th

10.15am Northam Men's Forum at Northam Methodist Hall. 476201

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

12.30 for 1pm WoodaPlus AGM at Wooda Surgery. Tel 427813

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at

April Diary 2016 *continued*

Westleigh Village Hall. 473801

7.30pm N Devon British Bike Club at Robin's Nest.

8pm Bideford Folk Club at Joiners Arms
Friday 15th

2-3.30pm Sew Together at Westward Ho! Baptist Church. 01805 622666

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall 476632

Saturday 16th

9am-2pm Village Market at Atlantic Village

Sunday 17th

2pm Torridge Ramblers 01805 622183

Monday 18th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

2pm Bideford Ladies Club at Marlborough Court. 421925

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251

8.30pm N Devon Jazz Club, The Beaver, Appledore. Sam Crockett Quartet. 421065

Tuesday 19th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

2.30pm 'Lift Off' at Westward Ho! Baptist Church. 425471

3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society rehearse at Northam Methodist Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601
Palladium Club *Jam Night*

Wednesday 20th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.30am Walking for Health in Victoria Park. Meet at Café du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1.30-3.30pm Knit & Natter Group at Holy Trinity hall, Westward Ho!.

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Bideford Phoenix Morris practice at Bideford Baptist Church.

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

8pm Appledore Band – seniors rehearse at St Mary's Hall, Appledore

Thursday 21st

10.15am Northam Men's Forum, Northam Methodist Hall. 476201

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30am Flying Fish Artists Coffee Morning & art sale at Rock Park Lodge, New Rd, Barnstaple 07817431067

10.30-11.30am Tai Chi at Chubb

Churchill Centre ETW

11am Bideford Sustainability Group coffee morning at Café du Parc.

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

8pm Bideford Folk Club at Joiners Arms
Friday 22nd

10am-12pm Northam Reminiscence café at Northam Hall. 459337

10am-12pm Craft'n'Chat at The Old Schoolroom, Kingsley Hall, W Ho!

2-4pm Sew Together at Westward Ho! Baptist Church Hall. 01805 622606

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall 476632

Saturday 23rd

9am-3pm St George's Day Fair & opening of new art & craft studios at Bideford Pannier Market,

11-2 Parkinson's UK Torridge branch Spring fayre at Weare Giffard Village Hall.

7.30pm Bideford Town Band. St Margaret's Church, Northam £5 entry

Monday 25th

10am-12pm Appledore Community Art Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7pm Appledore Band – training band at St Mary's Church Hall, Appledore followed by senior band.

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 26th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club Baptist Hall.

2.30pm 'Lift Off' at Westward Ho! Baptist Church. 425471

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society rehearse at Northam Methodist Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk

7.30pm Lions Club meet at Royal Hotel

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601

Palladium Club *Jam Night*

Wednesday 27th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho!

10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

10.15am Probus Club at Royal Hotel

10.30am Walking for Health in Victoria Park. Meet at Café du Parc. 421528

2-3.30pm Torridge Ageing Well Project at Burton Art Gallery. 01805 622666

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church.

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

7.30pm Concert by Kingsley School Choir at Holy Trinity Church, W. Ho!

7.30pm 'Thinking Matters' group at The Cedars, Barnstaple 474225

8pm Appledore Band – seniors rehearse at St Mary's Hall, Appledore

Thursday 28th

10am Coffee Morning in aid of North Devon Hospice at N Devon Yacht Club,

10.30am Northam Men's Forum AGM, Northam Methodist Hall. 476201

10.30am Walking for Health Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Chubb

Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

7.30pm N Devon British Bike Club at Robin's Nest.

8pm Bideford Folk Club at Joiners Arms
Friday 29th

10am-1pm Lundy Art Group at Blue Lights Hall, Appledore.

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.

7pm Homestart Quiz at Conservative Club tel 422944

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309

8pm Ceilidh Club at Northam Hall 476632