



# DEFORD



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland





## The Bideford Buzz Challenge

These photos showing Bideford Ship Yard in the sixties were sent in by Fred Palmer. Thank you Fred for your interest. Does anyone recognise the people in the photos? If you do, or if you can tell us more about the Shipyard get in touch.

This leads us to the **Buzz Challenge**.

Christmas has come and gone and no doubt by now the New Year's resolutions are but a distant memory, so what next? If you're not sure of your answer perhaps you could take on the Bideford Buzz Challenge. We are a community newspaper for the whole area yet our readership is very reluctant to send us news. So much goes on that very few people hear of, yet in conversation with people it becomes obvious that you all know something!

How about passing it on. We advertise lots of social events and meetings; can you give Buzz feedback on how it went and perhaps why it was originally set up. Does your organisation need volunteers? Does it run a welcoming scheme? Do people know about it? Many people say they would like to volunteer but are very reluctant to make the initial enquiry. Something in Buzz may be just the push they need. Have you seen a good film lately or been to the theatre? ... write us a review.

It doesn't have to be pages, you don't need to worry about spelling [lots of us do] and it will all be proof read, it can be hand written, sent via social media or a chat with a committee member. We are here to help. If we are to keep Buzz buzzing we need you! Are you ready to take up the Buzz Challenge and make it a "buzzing" 2016?

#### Contact details below:

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Further information about us can be obtained from the Buzz Secretary, Chris Trigger, Tel 01237 475154. 3000 copies printed monthly.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



north devon vww.northdevonprint.co.uk Northam Town Council



Bideford Lions





Bideford Freemasons





## Recipes for 2016 **February**

**Cod Caramba** 

So winter is here and now that the cold weather has finally started, this colourful Mexican standard fish recipe is simple to prepare and is a lovely warming family supper dish.

Cod is now available and is often on special offer as it has bigger quota and is no longer on a sustainable fish to be avoided list. Pollack ,Ling or Coley will be just as good and still cheaper!

Ingredients

450g/1lb cod fillets or Pollack, coley or any inexpensive white fish fillets

225g/8oz smoked cod or any smoked white fishpollack, haddock or whiting

300g fish or vegetable stock

50g/2oz butter

1 onion sliced

2 garlic cloves-crushed

1 green +1red pepper-diced

2 courgettes -diced

115g/40z sweetcorn-can or frozen

2 tomatoes, peeled and chopped

Juice of 1 lime

Tabasco sauce

Salt, ground black pepper and cayenne pepper For topping-

75g tortilla chips and 50g/2oz grated cheddar

Coriander sprigs and lime wedges to serve. Method

1, Lay the fish in a shallow pan and pour over the for the meals ourselves. Thank you. stock. Bring to the boil and then simmer for 8-

Seasonal Local Fish 10mins only and then turn off the heat and leave to cool. Then drain and remove skin and separate the flesh into large flakes. Keep hot. 2, Fry the onion and garlic in the butter, cook gently until soft and add peppers and cook for 2mins. Stir in the courgettes and cook for 3 mins

> 3. Stir in the corn and tomatoes, add lime juice and tabasco to taste. Season with salt, black pepper and cayenne. Cook for 2mins to heat through the corn and tomatoes, then stir in the fish and transfer to a heatproof dish-suitable to heat under the grill.

4, Preheat the grill. Make the topping by crushing the tortilla chips then mixing with grated cheese. Add cayenne pepper to taste and sprinkle over

the fish mixture.

5. Place under the grill until the topping is crisp and brown. Garnish with coriander sprigs and lime wedges.

Pollack wrapped in Parma Ham

If you have lots of Serrano Ham from that extra special deal at Morrisons this is a fantastic quick and easy dish or you can make small wraps on cocktail sticks to eat with drinks-lovely, see recipe on www.brilliantfishonline.co.uk/recipes.

During 2016, this article will also be a review of a fish dishes in a local restaurant, pub, fish and chips shop or street food outlet. I will share a good recipe from these visits. As I do not want to dine alone please could you send name and contact details into the editor if you would like to join me. The name will be drawn from a hat. We will have to pay

Felicity Sylvester

## Festival of Love 6th -14th

This year's Business Window theme will be Disney Couples.

On 13th Feb at 7.30pm Encore will be putting on a special concert in Lavington Church with proceeds jointly going to BOB and Lavington Church, at only £5 a ticket (£3 for children.) (recommended age over 8yrs). You will be entertained with songs from your best loved musicals from the totally amazing ENCORE. The concert, 'Songs of Love, from Stage and Screen',

Light refreshments included in interval. Tickets will be available shortly from Bideford Cobblers and Keys.

#### An Admirer

Being a Radio 4 listener I switched on one morning to catch the usual combative interview programme. Shortly before it started was the remainder of a news item about some recent archaeological finds. During this the expert spoke of searching one particular 'strata' and later referred to other 'stratas'. He then went on to speak of finding a single human 'vertebrae'.

This had set my mood by the time my programme started. More than once I heard grammatical crimes of the 'between you and I' kind (following prepositions and verbs with 'I' instead of 'me'). Then, an interviewee - a woman - used the correct form and I thought "How refreshing" and began to listen to her.

A little later, she used the word 'criterion'. Now this is a word you rarely hear these days: its place being usurped by the plural 'criteria'. I thought "Good for you" and began to warm to her. There followed another example: 'phenomenon' and she continued to be correct in all she said. She represents a political party that I don't normally support, but I was beginning to reconsider my position.

The clincher came when she said that the media are responsible for . . . "She knows 'media' is plural! - how rare, how wonderful!"

I'm going to send her a message - perhaps a tweet.

No, I'll send a Valentine Card. I think I'm in love. X (Anon)

## **Devon** Telecom **Telephone Solutions** including BT's new Infinity Network New Line Installations Phone & Line Repairs 01237 488888 www.devontelecom.co.uk

## **Quaker Meetings for Worship**

are held at 17 Honestone St. Bideford (Near Pannier Market) 10.30am on Sunday mornings All are welcome

> Contact Jackie Poole Tel: 01271 861824

#### Care Quality Commission Registered



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Email: info@mytime2care.co.uk www.mytime2care.co.uk

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#### This space could be selling your business

To advertise in Bideford Buzz. or for details of rates and terms please contact us at: editor@bidefordbuzz.org.uk Or write to us: c/o Torridge Voluntary Services 14 Bridgeland St. Bideford EX39 2QE or telephone 07929 976120

# SAMARITANS

## Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently

emotional support service which is If you are interested in becoming a

> BARNSTAPLE 01271 37 43 43

email sams\_nd@yahoo.co.uk Real People – Real Lives - Real Difference

Information Day 31<sup>st</sup> Oct. 15 10:00-12:00am. WHY NOT COME ALONG & SEE. Selection Days 22<sup>nd</sup> Aug & 28<sup>th</sup> Nov. 15



## Of Mice & Men by John Steinbeck

This powerful, short novel is both engaging and emotional for the reader. George Milton and Lennie Small are two of the many hundreds of thousands of migrant workers in California during the Great Depression. They roam from place to place - sometimes escaping from mishaps made by Lennie with George protecting him and repeating that one day they will have land of their own. Encompassing this dream they encounter other workers on a ranch in Salinas Valley and tension and frustration unfold as well as friendships as George and Lennie settle in . Lennie's mental handicap is explored - he does not know his own strength and accidentally kills the puppy he is given.

The men survive long, arduous hours of work and the boss's son Curley is constantly looking for his wife Candy. He is suspicious of her flirtations and this causes arguments and a fight occurs between him and Lennie. Lennie crushes Curley's hand.

Racism is also evident as one of the ranchers, Crooks, is expected to live in a separate room because he is black. Candy flirts with him whilst the ranchers including George & Slim go out in the evening to the town. Lennie is in the barn next day after accidentally killing his puppy and Candy finds him. She is desperate to 'talk' - her loneliness amongst these tough men is misunderstood and she too has a dream that she'd one day be a movie star. She tries to console Lennie and when he says he likes to stroke soft things she offers her hair. However, Lennie grabs too tightly and panics

when Candy starts to shout and struggle. He breaks her neck.

Her body is found later after Lennie runs away down to the river where George has often told him to go if he finds himself in trouble.

As the reading group discussed the death of Lennie shot by George, his companion & protector, many attributes within Steinbeck's writing were mentioned. Themes running through this novel emphasise loneliness as opposed to companionship as well as aggression and abuse. The tenderness George obviously feels for Lennie is often swamped by utter frustration and ends with his decision to kill him. We feel the sultry heat and the impending doom of Lennie's fate. The conversations between the ranchers and Lennie and George , their repetition of having a place of their own and 'livin' off the fat o' the land', all prepare us for the upsetting and shocking dilemma in the final scene. We questioned whether George had finally realised he could no longer live this tough life knowing Lennie 's mistakes would one day destroy their lives for ever.

Rather than witness his companion 's lynching or horrible death from the others , it must be him and no one else who pulls the trigger. He instructs Lennie to look away from him into the distance, and tells him again of what they might find one day for themselves.

Other questions were raised about putting someone out of their misery, what about George's future and was he beginning to wish he could live a life without Lennie? Slim has formed a good friendship with him and consoles him after the shooting - he understands why George felt he hadto kill him. It was out of desperation and mercy.

This is a poignant, passionate and often disturbing novel which promoted much discussion within the group and we all agreed it was an inspirational masterpiece!

Margie Summers
Bideford Library Readers' Group

Next meeting Wednesday 3<sup>rd</sup> February at 2pm. Discussing 'Me Before You' by JoJo Moyes

#### Other events at Bideford Library.

#### Feeling Better with a Book

Time: every Wednesday 10.30 - 12.00

Winter blues, feeling lonely but love reading? Neither of these but just love reading? Come and join our group to read a variety of short stories, or part of a novel, and a poem. Read a page or two aloud if you wish or just listen and relax.

We would love you to join us.

#### **Story time for under-fives**

Every Thursday. 9:30-10:00 am (except school holidays)

With stories, musical instruments and songs.

#### Half Term

Tuesday February 16<sup>th</sup> 10.00 till 12.00 Drop-in craft session for children of all ages.

For all other events at Bideford Library in February please ring 01237 476075 0r phone 0345 155 1001 for all Devon libraries.

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#### CEREMONY OF BIDEFORD MANOR COURT 19 MARCH 2016



Opportunity is being made for members of the public to take an active involvement in the centuries-old Manor Court Ceremony. Currently held on a Saturday in March, the ceremony was originally held to allow townspeople to bring issues before the Lords of the Manor for consideration. Presentments submitted to the Town Council are considered by a chosen jury of 12 respected town residents and the most feasible are presented to the Court.

Actions regarding presentments of the previous year are also reported.

Anyone wishing to take part in the occasion is invited to complete the application form and return it to the Town Clerk. Those chosen will be able to take a guest and will also be invited to the Civic Reception at the Royal Hotel following the Ceremony.

Notice is hereby given that Bideford Manor Court will be held on Saturday 19 March 2016 at 10.30 in the forenoon within the Town Hall, Bideford. Presentments from registered electors in the parish of Bideford for consideration of the Court are invited by submission in writing, addressed to the Foreman of the Jury, c/o the Manor Steward, Town Clerk's Office, Town Hall, Bideford to arrive no later than 12 Noon, Wednesday 2 March 2016. Bideford residents who wish to be considered for an invitation to attend or wish to apply to be a Juror at the

Manor Court Ceremony, must complete this coupon, and return it to:

The Town Clerk, Town Hall, Bideford EX39 2HS by 12 Noon, 2 March 2016.

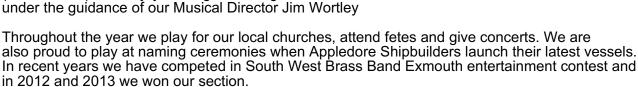
Name:	Address:			
Postcode:	Telephone No:			
Signature:	As a member of the audience  or as a Juror			
All applicants must reside in the Parish of Bideford and appear in the Register of Electors. The applicant will be entitled to bring a guest with him/her, who must be aged 18 or over.				
Guest's Name:				
In the event of demand exceeding seating provision, the Ma	ayor will conduct a ballot. H J Blackburn			

### Music Buzz.

<u>Appledore Band</u>

A community band which records show dates back to the 1880s.

We are a very friendly group of people of all ages (from 8 to 80) who enjoy making music together under the guidance of our Musical Director Jim Wortley



We have just completed a very successful Christmas period playing at local supermarkets and hotels and through the generosity of the public have raised enough in donations to enable us to support charities in the area to the tune of over a thousand pounds.

If anyone is interested in joining our band we rehearse on Monday and Wednesday evenings at St Mary's Church Hall, Appledore.

We welcome beginners and any musician interested in taking up a brass band instrument.

For Bookings contact our Secretary Hugh Wormington on 01237 473723 or to join the band contact our Training Band Director Neil Hamilton on 01271 831555.

#### The Appledore Singers - Charity Fundraising Christmas 2015

The Appledore Singers are delighted to announce that they have raised the magnificent total of £1005.74 for Devon Freewheelers, over the festive season.

We'd like to thank all who made our Charity Christmas Concert such a success - performers and backstage alike. We raised £750 from this event alone!

Donations from Langtree WI and Fremington Senior Citizens, as well as the generosity of the Management of Atlantic Village and shoppers, who gave whilst we sang, all bumped up the total past the £1000 mark.

Well done to everyone concerned!

New members will be most welcome.

Contact Pam Beechey 01237 420652 or see our website: theappledoresingers.co.uk or our facebook page.

#### **Bideford Music Club**

Trombonist **Peter Moore** will perform at Bideford Music Club's February concert with pianist **Jonathan Ware.** In 2008, at the age of 12, Peter became the youngest ever winner of the BBC Young Musician Competition. When he was 18 he was appointed co-principal trombone of the London Symphony Orchestra and this last autumn he joined the BBC Radio 3 New Generation Artist Scheme.

Born in Texas, Jonathan studied at the Eastman School of Music, The Juilliard School and at the Hochschule für Musik 'Hanns Eisler' Berlin where he now teaches. He won the Pianist's Prize at the Wigmore Hall/Kohn Foundation International Song and Das Lied Competitions and in 2014 won first prize in the International Hugo Wolf Competition and was selected by YCAT.

Peter and Jonathan will play music by Beethoven, Mahler, Debussy and Brahms as well as music written for the trombone.

This concert will be held in Bideford Methodist Church Hall, High Street, on Wednesday, February 10<sup>th</sup> at 7.30 pm. Tickets are £13 at the door (students and children are free). Any other information from 01237 477242.









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## **Buzz Word**

## Bucket Collections for The Lions Club of Bideford at Morrisons Supermarket Bideford 21st/22nd December 2015

The Lions Club of Bideford wish to thank Morrisons of Bideford for allowing the collections and all their very generous customers for their donations. These collections raised the very gratifying amount of £1100.10 which will be used to support local charities and those in need within the local community.

The Club would also like to wish the staff at Morrisons and all their customers a Very Happy 2016.

John Margrie Secretary, The Lions Club of Bideford 01271 861071.

#### **Tarka Quilters**

We meet twice a month – the second Tuesday of the month at Fremington Methodist Church and the last Saturday of the month at Northam Hall. We have people of all abilities from complete beginners to the more experienced. We are a friendly group and organise a range of activities – we have a variety of workshops on offer every year but some just prefer to work on their own projects. For beginners we have plenty of people to offer advice and help. We also organise trips to quilt shows including an overnight trip to the Festival of Quilts at the NEC every year (the biggest quilt show in Britain). We have had exhibitions in the Burton Art Gallery which were well received.

We are having an open day on **Saturday March 12**<sup>th</sup> at Northam Hall for beginners and anyone interested in joining us; everyone is very welcome. We will be in the hall from 10.00 am – 3.30 pm with different techniques being demonstrated. Just drop in and have a cup of coffee; for further information ring **Steph 01237 470570 or Kate 01237 470846.** 

Brunswick Wharf Project needs you!

Are you interested in local history, fishing, shipbuilding or pottery trades? Does your family have historical links to Bideford and its Port? Do you live on the East or West side of the River? A new and exciting project from Bideford Bay Creatives has just started with a grant from the People's Health Trust. We are working with neighbourhoods in Bideford on both sides of the water to set up a Community group of volunteers. This group will discover and celebrate local and historical connections to Brunswick Wharf and the Port of Bideford from early maritime history through to the present day.

This is a great opportunity to make new friends, explore and research, share information and dig up the past. I will meet regularly with the volunteers throughout the year to devise, plan and put in place a programme of public events for 2016 such as workshops, walks and talks. Training is also available with plenty of tea biscuits and cake!

If you would like to know more or you are interested in volunteering please visit the website at <a href="https://www.bbcdevon.org">www.bbcdevon.org</a> the facebook page <a href="https://www.facebook.com/BrunswickWharf">https://www.facebook.com/BrunswickWharf</a> or email <a href="project@bbcdevon.org">project@bbcdevon.org</a>. or on 07530 508676 Printed information will also be available in the library.

Sadie Green, Project Co-ordinator Bideford Bay Creatives

They only needed to get out of the house.

Our client Doris (not her real name) was housebound, no longer able to drive her car and too far from the bus stop to use the bus. Her sister was the same. They hadn't seen each other for months though they lived only a few miles apart. Neither of them could afford a taxi. Then she discovered **Torridge Volunteer Cars (TVC)**. Volunteer drivers could take her from house to house for the cost of the driver's expenses plus an admin fee. Doris could start to see her sister regularly again and when she needed hospital treatment, TVC was available for that journey too. Another client, Melanie (not her real name) had developed Parkinson's Disease. She lived in a very rural area and was effectively trapped in her home, imprisoned by her condition. TVC allowed her to make weekly trips outside the home to go to the supermarket or to get her hair done. Things which made her feel normal again. We always need drivers, so if you have a car and can give us your time, please contact us on 01237 237200.

All drivers are required to give references and are police checked. Volunteer driving does not affect bene fits. TVC is there for people, who need transport for whatever reason, medical or social. If like Doris or Melanie you need us, call on **01237 237200 Monday to Friday 09:30 to 13:00.** We're there to help.

Deirdre Conniss.

## News from the Burton Art Gallery & Museum

It will be a refreshing change from the stormy weather to find oneself back in the Burton Gallery after its January closure, and to discover the refurbished Cafe du Parc, now with a view onto the Park from the inside, and a view into the Cafe from the outside, thanks to the new window on the east wall. We trust that all patrons will have returned to Jo's establishment after the long break, which was essential in order to make the changes.



It will also be refreshing to view paintings of the '**Torridge, Source to Sea**' by local artist and calligrapher, Sheila Hutchinson. Sheila died in 1999, but left a huge legacy of watercolours, and this Exhibition represents a collection of some of her finest work. She travelled to the source of the Torridge, high up on Bursdon Moor, and followed its meanderings, painting the bridges and the landscape around it, eventually arriving at the estuary where it meets the sea. There are 74 paintings in all, and Sheila even researched the derivation of the names of the bridges and villages it passed through. The Friends of the Burton took the initiative and had all these evocative paintings framed, and you can visit this unique collection of watercolours until 8th February. They form part of the Gallery's Permanent Collection, which are not for sale, but Sheila left many unframed landscape paintings, some of which will be on sale during the exhibition.

At the same time, the **Torridge Schools Exhibition** takes centre stage in the main gallery. As ever, the works by children in our local schools is creative, imaginative, colourful, spectacular – the list of superlative adjectives is endless, and you can see for yourself just what these young people have achieved, thanks to the teachers who inspire them, from 6<sup>th</sup> February to 14<sup>th</sup> March. Family members will be queuing up to see what their offspring have on show, as virtually everything the schools send to the exhibition will be on the walls and plinths. Works of art from floor to ceiling is the usual scenario at this very special and popular exhibition.

The Shop and Craft Gallery will no doubt tempt you into a purchase, and the Staff in charge of the Tourist Information Centre will be on hand to help with coach travel, B & B, and local guide maps. The Gallery opening hours are: Monday-Saturday, 10am to 4pm, and Sunday from 10.30am-4pm. Admission is free. Donations welcome.

The Museum of Bideford and the North Devon Ceramic Collection on the first floor (lift available) await you. Enjoy your visit.

Diana Warmington,

Friends of the Burton Art Gallery & Museum.

## Bideford Pannier Market - open Tuesdays, Fridays and Saturdays

Christmas has come and gone and we are now into the quietest months of the year. However the market hall remains open Tuesdays, Fridays and Saturdays so please come and support your local traders.

We have the **Valentine Food Festival Market on February 13**th – Lots of extra stalls and free entertainment – watch the Pannier Market Facebook page for further details; there will also be posters in many shops so please come along and support this which we are hoping to turn into a regular event

By the time you read this we should have final approval on the new studio workshops in the market hall – hopefully we will get at least some of them open for Easter. This means the market hall will be open 6 days a week and will be a major boost for the complex. It should create a platform on which we can raise the profile of the whole area; if we can get the Market and Butchers' Row back to its vibrant self, it will be a major asset to Bideford and should draw in more visitors, which in turn will benefit the whole town.

#### **Butchers' Row, Market Place, Grenville Street**

Some changes are also taking place to the shops in Grenville Street and Market Place – We have a new computer repair and printing shop / Children's activity centre / the Heaven and Earth shop has a new owner. We are unfortunately losing Sue Wade and her two antique shops who are relocating down to the Pill. We are waiting with bated breath to see what the new shops will become; hopefully they will be a further draw for locals and visitors.

Trev (Minxy's Sweets)



#### THE SHIPPING NEWS



Ship in Port Bideford	Registered flag owners	From	То	Arrived	Sailed	Crew	Cargo	
Edzard Cirksena Built 2009	St Johns Antigua& Barbuda German	Newport	Bendorf via Teignmouth	25/11/15	25/11/15	Russian	1100 tons ball clay.	
Ship in Port Yelland Vita Built 1900 ex Emja 04	St Johns Antigua &Barbuda Latvia	Glensanda	For orders	13/12/15	14/12/15	Russian Ukrainian Latvian	3717 tons chippings	
	Cardiff							
Celtic Endeavour* ex Athos 15 Antabe 01 Northern Lady	Cardiff British	Glensanda	Avonmouth	27/12/15	29/12/15	Russian Bulgarian	3000 tons Chippings	
	British							

<sup>\*</sup>Vessel completed discharge pm 28th and was due to sail on the pm tide 28th; however due to an electrical problem she was not ready to sail until the pm tide of the 29th.

**Bristol Channel Observations** 

24.11.15 at 09.10 vehicle carrier Lavender Ace 17262 tons d.w, owners Mitsui OSK Lines Japan outward bound from Portbury, having sailed at 05.05.

13.12.15 at 10.39 vehicle carrier Grande Napoli 14565 tons d.w owners Grimaldi Line of Italy outward

bound from Portbury, having sailed at 05.01. **24.12.15** at 11.07 cargo vessel Blue Image 24228 tons d.w, owners Sealine Premium SA Pireaus, outward bound from Avonmouth having sailed at 04.19.

28.12.15 at 09.30 buoy maintenance vessel Patricia 990 tons d.w, owners Trinity House Harwich undertaking repairs to the entrance buoy for the River Taw/Torridge .Sailed later in the morning and returned a few days later.

**6.1.16** at 16.38 cable ship **IId Daix** 7776 tons d.w. owners Alcatel -Lucent France, outward bound from Avonmouth, having sailed at 13.41. on the 4th.

7.1.16 At 14.38 vehicle carrier Fedora 30386 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, inward bound for Portbury. 8.1.16 At 16.15 vehicle carrier

Viking Odessa 6500 tons d.w, outward bound from Portbury, having sailed at 18.01 27.12.15 and has been anchored in Bridgewater Bay awaiting orders.

**9.1.16** at 08.50 vehicle carrier Morning Calypso 18932 tons d.w owners Kaho Shipping Co Ltd Japan, outward bound from Portbury, having sailed at 03.42

**14.1.16** at 12.43 container vessel **MSC Sabrina** 43078 tons d.w, owners Freshen Corp Switzerland on charter to Mediterranean Shipping Co

EDZARD CIRKSENA

Switzerland, outward bound from Portbury having sailed at 08.05.

Roger Hoad - the Bideford Pilot.

The Bideford Pilot is an insightful and dramatic new short film showing the work of the pilot, Roger Hoad,

who guides ships safely into Bideford, Appledore or Yelland. In the film, Roger says "People from Bideford often open their curtains to find a ship down at the quay. They go to work while the ship is being loaded and the next morning it has vanished again.'

You can watch the Bideford Pilot along with the other nine Boat Stories short films at www.boatstories.co.uk.



#### Are Migrants and Refugees welcome?

It's a question that's currently being posed across Europe with varying response. You might think I refer only to the human drama, but it could also be related to the plant world. Britain has, due to the Channel's creation soon after the last ice age, a limited native flora. Yet, as far back as Roman times at least, plants have been brought to these shores for utility. The result is one of the world's largest cultivated floras. Mostly, the nation rejoices in this fact, yet not all our plant immigrants were invited whilst some are now seen as problematic - think 'invasive aliens' like *Rhododendron*.

In recent years I've been exploring the subject of immigrant plants and how they are, or could be, perceived. My research has informed 'walking talks' locally. It turns out that, often, for every negative aspect one could assign to an 'alien' there's a positive to counter it. As with human migrants, it's also interesting to observe how the telling of a plant's story (how it got here, what it offers) often increases empathy towards it.

There's a truly fascinating conversation to be had here, far from black and white. Like the current refugee crisis, we will surely all benefit from a deeper understanding of the issues. And as with humans, the reality of climate change will only increase plant migration. Interestingly, given plants are less able to move quickly enough, certain threatened species are already the focus of relocation proposals, not unlike refugees.

As I wander our countryside I see change, the beginnings of a more southerly flora. And I wonder whether, in time, we may be glad of the Mediterranean species we've introduced, say, whom are already happily naturalising; their ability to fill the gaps left by retreating natives might be invaluable. If we stepped back far enough, might we see that Nature is already striving to balance a new dynamic, and could we help it?

I mentioned *Rhododendron*. Domineering it may be in 'new' terrain, but this relative of heather grew wild in Britain before the last ice age. Surprised? Me too.

If you'd like to join this conversation and meet some of our plant immigrants I can be contacted at peteyeo67@gmail.com. I'm happy to run walk & talks, by donation (to a local charity). I may also be contributing again to this year's Tales of the Riverbank series run by Bideford Bay Creatives (watch this space: <a href="https://www.bbcdevon.org">www.bbcdevon.org</a>).

Pete Yeo, local environmentalist and plantsman.



Friday 5 and Saturday 6 February at 7.30pm at Kingsley School: Carol (15) 118 mins

Friday 12 and Saturday 13 February at 7.30pm at Kinsgley School: Sunset Song (15) 135 mins

Saturday 13 at 5.00pm and Sunday 14 February at 6.00pm at Kingsley School: The Good Dinosaur (PG)\* 92 mins

Friday 19 and Saturday 20 February at 7.30pm at Kingsley School: The Danish Girl (15) 119 mins

Saturday 20 at 5.00pm and Sunday 21 February at 6.00pm at Kingsley School: The Peanuts Movie (U)\* 88 mins

Friday 26 and Saturday 27 February at 7.30pm at Kingsley School: The Revenant (15) 156 mins

Films marked \* are subject to confirmation. Please check weekly press or our web site <a href="https://www.bidefordcinema.org.uk">www.bidefordcinema.org.uk</a> to avoid disappointment.



The Archive started work as a registered char ity in 1985 and over 30 years has amassed a fascinating collection of photographs and documents that tell the exciting story of our local past. Some parts of the story are told in great detail; for example, copies of The Gazette newspaper dated from 1856 to the present day give us word by word accounts of shipping disasters, murder investigations, accident inquests, festivals and civic celebrations. We have detailed accounts of badger, fox and otter hunts where the names of the dogs highlight the pace of the game.

Likewise, we have hundreds of photographs and memorabilia donated by families who wish us to be the custodian of their family history. Sadly a number of the photographs are only partly useful to us because the all-important detail, such as date, location and persons present, are missing. Perhaps this is a lesson to us all. To preserve our family histories for future generations we should ensure that relevant information is attached.

addi	ition we have many other local collections and sources of information:-
	280 Ordnance Survey maps of North Devon area dating back to 1884
	Birth Marriage & Death announcements 1856-1978
П	Prior to 1837 Birth Marriage & Death information was only recorded by the clergy and we
_	have copies of the Bishops Transcripts for the North Devon area.
	A complete Census set from 1841 for all of Devon on microfiche with the four local areas
	transcribed.
	Churchyard plans and memorial inscriptions for St Mary's Appledore; St Margaret's
	Northam; East the Water Bideford & Old Town Cemetery Bideford.
П	Alphabetic lists of WW1 & WW2 casualties, War memorials & Rolls of honour.
П	Over 250 recorded conversations with local prominent people. Some unique insights are
_	revealed!
П	Bideford Buzz back issues, Hartland Times and other village magazines.
П	Original planning applications and drawings for the rural districts of Holsworthy and
_	Torrington as well as Bideford and Torridge back to early 1900s.

The Archive is open on **Monday, Tuesday and Wednesday mornings between 9.30 and 1.00** at the Council Offices in Windmill Lane, Northam, (Tel: 01237 471714) and a warm welcome is extended to anyone who wishes to visit us. It is run by volunteers who may be able to help with family history research or local information. Come and see us sometime!!

#### 100 Years Ago – February 1916 (from the archives)

In

At a meeting of the War Agricultural Committee to discuss the shortage of labour, Mr W T Braddick, the Honourable Clerk, said "he was confident that despite the prejudice of many farmers, they would have to utilise women's labour to make up for the shortage."

Last week the Bideford War Supply Depot sent a bale of 100 pairs of socks, 250 pairs of mittens and 150 mufflers to the Military Forwarding Offices at Le Havre. This week the Depot will be forwarding a bale of felt slippers to St David's Military Hospital in Malta.

William Hatch, a rabbit trapper, was summoned for setting 120 spring traps without the permission of the landowner, Mr Norman. Mr Hatch was fined 15 shillings.

Lionel E Davis, of Mill Street, has joined His Majesty's Forces and has disposed of his dental practice to Mr W G Friendship.

Walter J Slee, auctioneer, reports that at the cattle market monthly auction, 100 choice bullocks were sold at good prices; 120 fat sheep were also snapped up. There was a good attendance of dealers.

Privately run Bideford Hospital, at its 66th Annual General Meeting, has elected retired Brigadier General Fanshaw as its new Chairman, to replace Mr F A Searle. Medical reports stated that 272 inpatients had been treated during the last year, 143 outpatients and 197 minor casualties. 288 operations had been carried out. Support for the hospital has continued despite the war and it is seen as an essential service for the Bideford community.

Owing to the recent spell of damp and mild weather, all vegetation is remarkably forward in North Devon. Trees are budding freely and in some cases blossom is appearing on pear trees.

#### Sad square eyes....

For decades, TV has been a lazy source of entertainment, presumably because channel-surfing takes little agility, shark attacks are rare and you can't eat a couch potato so why bother raising one? This year, however, the humble hobby has become considerably harder. With Top Gear's stars moving to Amazon prime, and BBC 3 set to follow them online too, it seems that an awful lot of entertainment is packing its bags for cheaper, less regulated areas. While this gives producers more freedom, less censorship and a bit of a ballooned budget- as long as the sponsors are therein rural parts of Devon, 1/5th of houses don't yet have the superfast broadband needed to stream it meaning the shows might as well move to Alcatraz's penthouse-suite for all the chance we'll have of visiting. We might be a digital generation, but sadly our signal's blocked by trees. And washing machines. And anything vaguely mechanical. Apparently our digital signal is absorbed by a huge number of things, but that signal should be boosted by 2017, so eventually everyone will be able to enjoy it.





Even if their wifi is tip top because they live astride a tall, paved mountain, chances are someone either belongs to either the Netflix, Now.TV or Amazon Prime tribe, purely because you'd need several credit-cards, and millennia, to watch everything on all three. Which can make for incredibly awkward small talk if, for example, you're discussing The Man In The High Castle, realise you're the only person whose seen it, all these other people hate Netflix, you're forced to abort the conversation and trail off mid-sentence- leaving them with something about Nazis and time travel. People migrate from your chit chat pretty quickly Elsewhere, there's the poached show- unlike its delicious egg counterpart, the poached show is introduced to our waters for a short time before it's nicked by a slightly richer company, never to be seen on terrestrial stations again. The sky may be the limit, but it's also where TV shows go that have been taken from us too soon.

All these are quite new issues- it wasn't so long ago that there were only 4 channels, chances are everyone was seeing exactly the same thing always be able to watch search for plot summar elsewhere on the web.

as you, and ratings for most shows could reach the million mark easily. Right now, you'd have to promise death, destruction or at the very least a wedding to pull in that sort of crowd, with so much vying for our attention at any one time. This introduces a new sense of jeopardy. By watching filler until something better comes on, are we actually missing something really good on one of the 212 other channels? Will this show be commissioned again next year, or are the 8 people who currently tune in not good enough? Or has its substantial following of 8 brought it to the attention of another TV station that'll whisk it away from us? We don't know any of the answers, and it changes how we watch the box. Each decision is fraught with danger, each series cliff-hanger may be left perpetually hanging, never to be picked up again. Television is no longer a relaxing distraction, in fact it looks like in years to come, we'll need something else to distract us from it. But with broadband speeds set to peak over most of Bideford during 2016, we'll always be able to watch it on catch up, and search for plot summaries of lost treasures

#### Millie Sutherland O'Gara

## First Buzz Challenge of 2016 – who will be the first to send us this information?

Did you know that that there is no central register of sports clubs for the area? There are a few on the Bideford Town Hall web site and Torridge District Council information but there are many more clubs in the area than appear on these.

With your help we can assemble one. All you need to do is send us the name of the club, where it meets, times, cost, age range and the contact number/email for further information.

#### More Youth News on next page.

**North Devon Display Gymnastics Club** 

The music from great British films was the inspiration for the North Devon Display Gymnastics Club when they performed at the London Festival of Gymnastics in Brentwood, Essex in November. The 50 strong group of gymnasts performed two routines over the course of the two day festival, wowing the crowds with their display of tumbling, throws and dance sequences to classics from Harry Potter and James Bond.

With some gymnasts as young as six, for many it was the first time they had performed at a national event. Hard work and training paid off as they gave their all on stage to huge applause. Many clubs at the festival train solely for display events but North Devon train for their displays for only three hours a week, thus gaining them high praise from their peers.

As well as festival performances the team had the chance of a little "down time", making use of the

swimming pool facilities on site. The highlight of the trip was a visit to Jump Giants trampoline park where everyone had a chance to show off their gymnastic skills even the adults.

even the adults.
Following on from the success of the London Festival and the Gymnastic Magique competition at Disneyland Paris, the display team has gained a place at the Festival Del Sole in Italy. Taking place in July, the festival features teams from all over the world. The city of Riccione turns into a giant stage where more than 4000 athletes from around the world will perform at their best. The North Devon Display Club



will represent Great Britain, taking part in the opening ceremony, performing their routines and enjoying the many workshops and activities on offer. The festival is the biggest international "Gymnastics for all" event in the Mediterranean area.

The team are seeking sponsorship to help raise funds for the trip and the gymnasts have many fund raising events planned over the coming months. If you are able to support the gymnasts in any way please contact Rattie, the Head Coach via our website, northdevongymnastics.org.

## Jem Collins - Video Journalist and Producer at <u>Politics.co.uk</u> and former Buzz journalist.

Jem was a regular contributor to the Bideford Buzz's youth page while she completed her 'A' Levels at North Devon College, before going on to study journalism at the University of Kent.

She continued to contribute occasionally whilst working towards her degree, and in 2012 was awarded the Bob Friend Memorial Scholarship from Sky News, paying for her tuition fees and offering a one month placement at the channel.

After graduation she begun work as a reporter and presenter at Kent based TV station, KMTV, where she interviewed the likes of Nigel Farage, David Cameron and Brian May.

In November of 2015 Jem moved to politics.co.uk, where is she currently producing short political documentaries and breaking news.

She also works freelance as a content writer for <u>VoucherCodes.co.uk</u>, and as a deputy editor for Grip Media, managing the popular student website, <u>SavetheStudent.org</u>.

#### February Diary 2016

#### Monday 1st

**10am-12pm** Appledore Community Art Group at Appledore Community Hall. **7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532 7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 8.30pm North Devon Jazz Club at The Beaver, Appledore, 421065

Tuesday 2nd

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2pm Bideford WI, New Sea Cadet Blg 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall. 6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearse at Northam Methodist Hall. 7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall 7.30pm Bideford Sustainability Group at Blacksmiths Arms

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601 8pm Jam Session at Thatched Inn, Abbotsham. 472746

Palladium Club Jam Night

Wednesday 3rd

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128 10.30am-12pm 'Feel Better with a Book' Methodist Hall. at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 **11am-1pm** Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam.

at Tesco, East-the-Water. 2pm Bideford Library Readers' Group.

**4-6pm** Sew Together at Northam Library **7.30pm** Lions Club meet at Royal Hotel 7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church. 473798

#### Thursday 4th

10.15am Northam Men's Forum at Northam Methodist Hall476201 10.30am Walking for Health along Tarka 10.15am Probus Club at Royal Hotel Trail. Clarence Wharf Car Park. 421528 10.30am-12pm 'Feel Better with a Book' 10.30-11.30am Tai Chi at Chubb Churchill Centre ETW 2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236 **2-3pm** Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at at Burton Art Gallery. 01805 622666 Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at Community Arts Network,13 Rope Walk. 7.30pm Bideford Music Club concert at 8pm Bideford Folk Club at Joiners Arms High St Methodist Hall. 477242

2-3.30pm Sew Together at Westward Ho! Baptist Church. 01805 622666 2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall 476632

#### Saturday 6th

Friday 5<sup>th</sup>

9am-2pm Village Market at Atlantic

**7pm** Film Club at Littleham Village Hall. 471928

#### Sunday 7th

2.30pm Folk Dance with live music by Nick Wyke & Chris Jewell at Northam Hall. 423554

#### Monday 8th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 **7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652 7.30pm Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101 Tuesday 9th

10am-1pm Lavington Church coffee and lunches

10-2 Stitch and Chat at Fremington

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club at Baptist Church Hall. 2.30pm 'Lift Off' at Westward Ho! Baptist Church. 471056

5pm 'Lentsherd' at Clovelly Village. 1-2.30pm SHoW (See Hear on Wheels) 6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Bideford & District Gardeners Club at Bideford Methodist Hall. 475914

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 470913 Palladium Club Jam Night

#### Wednesday 10th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 2pm Tea with Friends at St Mary's Church.

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

2-3.30pm TorrAGE Ageing Well Project

7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church.

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room Thursday 11th

10.30am Northam Men's Forum at Northam Methodist Hall. 476201 10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528 10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall. 7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. 8pm Bideford Folk Club at Joiners Arms Friday 12th

10am-12pm Craft'n'Chat at The Old Schoolroom, Kingsley Hall, W Ho! 2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932 7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall 476632

#### Saturday 13th

Valentine Food Festival at Bideford Pannier Market.

**7.30pm** 'Encore' concert at Lavington Church. 424982

#### Monday 15th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 10.30am Book launch by Anthony Pardoe at Cecile's Cafe Allhalland St. 2pm Bideford Ladies Club at Marlborough Court. 421925 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 **7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652 7.30pm Appledore Amateur Radio Club, Appledore Football Social Club. 473251 8.30pm North Devon Jazz Club at The Beaver, Appledore. 421065 Tuesday 16th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall.

#### February Diary 2016 continued

3pm 'Reflections' Grief & Loss Group at St Mary's Church. 475765 6.30pm Bideford Band Beginner's Group at Band Room. 475653 8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601 Palladium Club Jam Night

Wednesday 17th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park.

at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam. 7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church.

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 7.30pm Rolle Canal and Northern **Devon Waterways Society at Castle** Centre Barnstaple. £2.50.

Thursday 18th

10.15am Northam Men's Forum, Northam Methodist Hall. 476201

10.30am Walking for Health along Tarka 473798 Trail. Clarence Wharf Car Park. 421528 7.30pm Two Rivers Wind Ensemble

10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

**7.30pm** Scottish Country Dancing at Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at

Community Arts Network,13 Rope Walk. W Ho! Baptist Hall. 01805 622666 8pm Bideford Folk Club at Joiners Arms 7pm Hartland Aikido Club for over 18s Friday 19th

10am-12pm Northam Reminiscence café at Northam Hall. 459337 2-4pm Sew Together at Westward Ho! Baptist Church Hall. 01805 622666

2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall 476632

Saturday 20th

2-4pm Devon Family History Society. Venue Change Burton Art Gallery for this month only. Tamar Valley tales by Paul Rendell. Details 451305. (Pollyfield in March)

Sunday 21st

1.30pm Torridge Ramblers walk 01805 625485

Monday 22<sup>nd</sup>

Group at Appledore Community Hall.

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652 Tuesday 23rd

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Hall. 10.30am-12pm 'Feel Better with a Book' 6.30pm Bideford Band Beginner's Group at Band Room, 475653

> 7.30pm Lions Club meet at Royal Hotel 8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 441601 Palladium Club Jam Night

Wednesday 24th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 10.30am-12pm 'Feel Better with a Book' at Bideford Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 2-3.30pm TorrAGE Ageing Well Project at Burton Art Gallery. 01805 622666 7.30pm Bideford Phoenix Morris practise at Bideford Baptist Church.

Rehearsal at Bideford Band Room

Thursday 25th

10.15am Northam Men's Forum, Northam Methodist Hall. 476201 10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk 8pm Bideford Folk Club at Joiners Arms Send to Rose Arno Friday 26th

10am-1pm Lundy Art Group at Blue Lights Hall, Appledore

10am-12pm Craft'n'Chat at The Old Schoolroom, Kingsley Hall, W Ho! 2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Barn Dance & music by Pigeon Swing at Northam Hall 476632

Saturday 27th

10am Torridge Ramblers day walk 01805 625485

10 - 2 Tarka Quilters at Northam Hall. 10am-12pm Appledore Community Art Boo Boyne 'Easter Celebrations.'

Sunday 28th

6.30pm Alverdiscott Methodist Chapel 'What is prayer?'

Monday 29th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

All items for inclusion in next month's Buzz should reach us by the 15th February 2016.

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