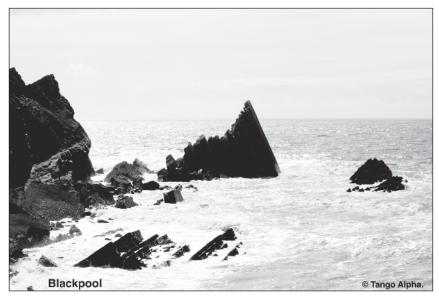




BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland





helping to save lives at sea

Fish Supper Event

Eat, drink, and raise money for the lifeboat crew.

October – is the month of the Fish Suppers.
Breakfast, lunch or dinner RNLI Crew leave their families at a moment's notice to save lives at sea.
This October we hope you will answer our rescue call over dinner by hosting an RNLI Fish Supper. Every penny you raise will help us protect our crew and reassure their families. We'll do that by giving our

lifesavers world class training, the best rescue kit and lifeboats that can withstand even the most treacherous conditions at sea.

Please join in our Fish Supper Event in North Devon. A lot of our local pubs and fish restaurants are signing up for this Great Supper Event. Please go along and support them or hold a dinner at home, or at your club. We would ask that these be held in October.

For more information please ring Pat Hughes on 01271 346560.

Art Exhibition Instow

22nd-24th October 10am -5pm, 25th October 10am-2pm

For those of you who have a love of art this exhibition is a treat. With artists from North Devon and Cornwall displaying their work in the tranquil environment of The North Devon Yacht Club at Instow. A wide range of work will be on show; paintings, ceramics, ironwork, felt, turned wood and handcrafted jewellery, by artists Kim Etchells, Daisy Temple, Michael Lawes, Ian Hudson, Jo Pryor, Jill Denton, James Kendrew, April Doubleday and Harry Juniper to name a few.

The exhibition will be an opportunity to view and buy unique artwork. Throughout the exhibition there will be a café open to buy light lunches, tea, coffee and delicious cakes.

To complete the RNLI events there will be a concert at The Yacht Club featuring Hummingbird with guest Jenna Watts on Thursday 29th October at 7pm, tickets £7.50 to include a ploughmans' supper. Advance booking for the Workshops and Concert are essential; Workshop box office number: 07976 633528, Concert box office number: 07811 678496.

All proceeds are in aid of the RNLI.

CONTACT B U Z Z Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, South West Foundation, Devon County Council & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno.

Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.







Bideford Lions



Bideford Freemasons



Wicked Week in Bideford - 24th October - 31st

<u>Wicked Week Promotion Day</u> held outside the Co-op in Bideford from 9:30 – 15:00.**Saturday 24th October** – We will have some fun entertainment on the day so don't miss it!

<u>Free Workshops</u> - all of these are held at the Conservative Club on Bridgeland Street. <u>Trepanning Through History</u> will be running lantern making (as well as these other craft sessions) throughout the week Monday to Friday (and we've designed a non-glass lantern for little ones this year)!

And with special guests we will be running the following from 10:30 – 4pm:
Monday 26th October 2015 Bats in the Belfry (with North Devon Bat Care - all day)
Tuesday 27th October 2015 Witches and Wizards (with a "how to be a witch/wizard" workshop)
Wednesday 28th October 2015 Scabs, Scars and Scary Masks
Thursday 29th October 2015 Creepy Crawly Bug Day (With bugs from Ned Morgan from Ned Morgan Sculptures - afternoon)
Friday 30th October 2015 Puppet Mayhem

There will be some entertainment running alongside the crafting activities - apart from on the Friday when the children will provide the entertainment with the puppets that they make!

<u>Lantern Parade</u> Saturday 31st October from Jubilee Square up to the Pannier Market (with the Mayor). We will meet at 5:30pm for a prompt start to the parade at 6pm. **The Ugly Bug Ball** is then from 6pm - 8pm.

Other activities include:

The **Spooky Treasure Hunt** will run from the 'Cobblers and Keys' (on the High Street) this year. Torches will be available between 5.30pm and 8pm from Saturday 24th October till Friday October 30th. Find the spooky messages among the wonderfully decorated Spooky windows of Bideford. There will also a be competition for the best dressed window and a **Spooky Quiz** running throughout the week.

<u>Burton Art Gallery</u> are bringing us *The Horrid Halloween Hunt – Part 2* – which runs all week.

<u>Learn Devon</u> Are making *Day of the Dead* masks and hats on Wednesday 28th October 10 - 1pm.

The Magpie Nest at the Pannier Market are also running a craft workshop during the week.

Bideford Library

Creepy Crafts

Tuesday 27th October 10-12 am. Drop in craft session for kids and their carers. Free

Sleepyheads Storytime

Friday 30th October 6:15-7 pm. Slightly Scary Stories to make you Shiver! For Kids and their carers. Come in fancy dress or wear your PJs. Bring a teddy to keep you safe! Free

This year we are *Batty About Bugs* and the emphasis is on bugs. Wicked Week (as last year) is focused around the children having fun. Wicked means fun not naughty. We are discouraging trick or treating.

Sponsored by

Bideford & District Chamber of Commerce, Bideford Town Council, Bridge Trust, Businesses of Bideford, Trepanning Through History.



а

Well met, on a bridge to the other side - a short story.

A clumsily dressed, thin young man in his early thirties stood motionless on the old bridge, like a young rabbit caught in speeding headlights, mesmerised by the swirling torrent far below as it rushed headlong in search of the dark and all embracing mother ocean.

By two in the morning all was graveyard silent; he was still there lost in thought, the air was warm and his frayed T shirt and old trousers were all he needed that night, or any night . . . his body and soul braced forlorn on the wrong side of the railings.

Suddenly a voice shattered the silence and with it went any semblance of peace he might have had. The young man nearly jumped out of his skin, for he'd not seen or heard a soul for three hours or more. 'Steady on mate,' said the voice, 'didn't mean to make you jump.'

The young man gripped the railings even more tightly with both hands, pulling his back firm against the bars, his mind now in turmoil, for he'd hoped to end it all alone.

There was something of an Aussie twang to the voice from the dark; its owner came closer, stopped a few feet away, rested his folded arms on the parapet and continued talking as though finding a walker, never mind an erstwhile jumper, on the bridge at this god forsaken hour was quite a normal occurrence. 'So, what you doing here then, young fellah? Sure is a lovely night and what a beautiful view you've got yourself here. . . betcha that river's full of life down there, them crabs and fishes don't sleep at night yer know.'

The young man didn't know what to say, in fact he didn't want to say anything, he just wanted this bloke to clear off to whence he came. He'd been content with his prior misery. However, curiosity had the better of him and he sensed a non judgemental calm from his surprise visitor, 'Crumbs, you made me jump,

no pun intended, what on earth are you doing here at this hour?'
'Well young fellah, I could ask you the same, but me, I'm what you might call of no fixed abode, a gentleman of the road, homeless if you like. It's not so bad you understand, though it was before, loads of things went wrong before, lost the missus and kids, parents died, injured at work ... in the army I was you know. Oh they paid me off all right but pound notes were no compensation nor cure for my ills back then.'

'So what brings you to this road, this bridge, tonight then?' the apprentice jumper asked again.

'Oh, dunnor really, just going with feelings, always follow the good feelings I say. It just to go

further south, more rural, nicer people; chance of a few jobs on a farm or something. Food in the hedgerows, berries and the like - yeah, that's about it really - just feelings and as it was a warm night I thought I'd take advantage of the cooler air and quiet road. Then I met you, nature watching from your fine perch on my bridge.'

Sorry about that,' said the reticent jumper, who somehow felt empathy for the ex-soldier and his losses in life. In fact, this happy tramp had suffered far more than he ever had himself, 'You never thought of ending it all then?' he enquired.

Yeah mate, I thought about it but when I got there some young fellah had nicked my spot – you

gonna be long?' the jovial tramp's smile could just be made out in the moonlight.

For some peculiar reason, perhaps contagion, it appeared funny to the would-be jumper and he smiled back, 'Oh yeah, good one, very droll,' he said. The strange thing was, the thoughts that drove his racked body to the bridge were changing and as the thoughts changed so did his feelings. In fact, the tramp was right, it was a beautiful view, it was a great night, the moon smiled down on a land at peace with itself and he, for that moment felt part of that. What had possessed him to ever want to throw such beauty away? 'I'm coming back over,' said the reformed jumper.

'No mate, stay there, you'll be fine, in fact, I'll join you over there – that little bit of fear, the adrenalin rush just spices life up a bit at times, makes you feel more alive than ever - come on, shift over a bit, give us

a hand.

The pair of them nattered away for ages, like two reunited long lost pals.

Interspersed with tales from down under, of joys and woes, the gentleman of the road implanted his wisdom and set the seeds of hope and resolution in his young friend's mind. Good thoughts began to bring the young man good feelings and they filled his very soul and body.

'Well, I reckon I'll thank you kindly for all your help and wisdom and be on my way home now, for tomorrow I have much to begin.' So saying, the young man clambered roadside of the railings, his body and spirit lightened from the burdens he'd earlier carried to the bridge. Now it was as though he'd dropped them into the swirling depths below to be lost forever. He was now free and felt it, like somehow he'd paid off some long outstanding debt at last.

'So long mate, I'm gonna stay a while longer, then I'll make my way to the other side. You be good, you think happy, feel happy, don't waste yer life ...live it well.'

As the young, now rehabilitated, jumper reached the end of the bridge he suddenly realised he didn't even know this saviour stranger's name, he turned and started to shout his question but there was no point in finishing it, the kindly stranger had already gone. 'Oh well,' he thought, 'After his good deed tonight I hope at last he finds somewhere to rest in peace, he's obviously decided not to wait any longer on the bridge after

That young man went home, made a better life, repaid that good deed a thousand times over and never forgot his friend the tramp, well met on the bridge to the other side. He resolved to share his story with anyone who would listen, just like he had listened that fateful night so many years ago.

... And now you have heard it.

I must leave you now, for there are others waiting in darkness, on bridges they built for themselves.

Richard Small

Events at Bideford, Northam and Appledore Libraries.

Active life Active Mind

Friday 9 October 2pm 'The Three Library Challenge' – join us for a walk along the coast path from either Bideford or Appledore Libraries to Northam Library, where Northam WI will reward your efforts with afternoon tea! £2.50 per person. To book 01237 475111 or 01237 476075

Northam Library only

Wednesday 7 October 10.30-12.30 Ancestry Helpdesk – a member of the Devon History Society will be joining us to answer your family history research queries. To book: 01237 475111

Wednesday 14 October 2pm - guided local history walk with Peter Christie starting at Northam Library and returning for light refreshments. To book: 01237 475111

Wednesday 21 October 10-4pm – 'Have We Got News for You' a selection of national and local newspapers will be available throughout the day for reading and discussion along with tea, coffee and biscuits. We are hoping this will inspire a regular newspaper discussion group.

Wednesday 21 October 2-4 Ancestry Helpdesk – a member of the Devon History Society will be joining us to answer your family history research queries. To book: 01237 475111

Bideford Library only

Story time for under-fives

Every Thursday. 9:30-10:00 am (except school

With stories, musical instruments and songs. see also Halloween events on page 2

Active life, Active Mind. Introducing the Raspberry Pi

Monday 19th October and Monday 26th October 10 am – 4 pm

What is the Raspberry Pi? A cheap computer you can hold in the palm of your hand. It plugs into your TV so no monitor is needed. Learn how to program or control electronics. Great for hobbies and home projects. To find out more and have a go, drop in to Bideford Library. All ages. Free.

Regular Events

Nifty Needles

Every Thursday. 2 – 4pm For anyone who enjoys embroidery, quilting, knitting, crochet and other handcrafts.

Board Games Afternoon

Every Friday 2 – 5pm If you enjoy games like chess, scrabble, backgammon or dominoes come and join other enthusiasts for a game.

Feel Better with a Book (please check with library to confirm the group is running each week)

Every Wednesday 10:30-12:00 am Come and lift your mood through the joy of

Bideford Library Readers' Group.

Wednesday October 7th 2.00 pm. Discussing A Thousand Splendid Suns by Khaled Hosseini

Reminiscence Session – Take a trip down memory lane

Wednesday October 14th 2:00-3:30 pm Remember back... and look forward to sharing your memories with others -

chatting, looking at old items, perhaps creating a book of memories together.

For anyone aged 60+ Refreshments provided

<u>Creative Writing Group</u> Saturday October 10th 2pm – 4pm Creative writing with local author and publisher Nikki Brownson. For all aspiring writers looking for inspiration and guidance.

Meditation and Relaxation Group

Thursday October 1st 7:30-8:30 am Wednesday October 21st 2:15-3:00 pm Guided meditation and relaxation group for adults with Nicola MacDonald

Book Breaks is a shared reading group for carers. A chance to meet with other carers and enjoy great stories, read aloud in a small, friendly social group. It meets every Wednesday at Bideford Library from 10.30-12.00. More information can be obtained from Nick Bigwood on 08456 434435 or

n.bigwood@westbankfriends.org.

Appledore Book Festival

Appledore Book Festival continues until 4th October.

Tickets can be purchased online at www.appledorebook festival.co.uk, from the Festival Box Office on 01237 424929, by post_ using the form in the_Festival brochure, or in person at Docton Court Gallery Appledore.

Devon Telecom **Telephone Solutions** Fast Reliable Broadband including BT's new Infinity Network New Line Installations Phone & Line Repairs 01237 488888 www.devontelecom.co.uk

BRITISH RED CROSS

We are currently recruiting volunteers in the BIDEFORD AREA for our SUPPORT AT HOME SERVICE.

Are you that special person who is caring, friendly and willing to help people in their own homes who need a little extra support to rebuild their confidence and maintain independence?

We need your help to deliver a much needed service in Bideford, giving a little of your time to make a big difference.

Free training and expenses paid. Car driver preferable.

Contact: 01271 318086 or

Email: northdevon@redcross.org.uk or visit www.redcross.org.uk/northdevon

ARTEZZANE

Shabby Chic & Pine Furniture Home Décor Painting Service

1 Stanhope Terrace, Northam Road, Bideford **OPENING HOURS**

> Mon - Fri 09:30 - 5:30 Sat 10:00 - 4:00

> > 01237 238035

Find Artezzane on Facebook & Twitter



Join a warm and friendly group near you today...

Tuesday 9.30am or 11.30am Robins Nest, Bideford AFC

Tuesday 3.45pm, 5.30pm or 7.30pm East the Water School, Bideford

Tel: Kate 01409 221873 or 07974 041548

Quaker Meetings for Worship

are held at 17 Honestone St. Bideford (Near Pannier Market) 10.30am on Sunday mornings All are welcome

Tel: 01271 861824

Contact Jackie Poole

Northam Lodge Quiz Night

The Westleigh Village Hall Quiz Night, starting at 7.00pm for 7.30pm

If you want to book a table for this Wine and Wisdom Evening, please contact Annabel

Tel: 01237 477238 Fax: 01237 422850

www.northamlodge.co.uk

(Registered Charity No. 1081784)

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently branch in Barnstaple, North Devon

emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact

> BARNSTAPLE 01271 37 43 43

email sams_nd@yahoo.co.uk Real People – Real Lives - Real Difference

Information Day 31st Oct. 15 10:00-12:00am. WHY NOT COME ALONG & SEE. Selection Days 22nd Aug & 28th Nov. 15



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CONTACT OUR GUIDANCE CENTRE ON 01271 338125 www.petroc.ac.uk





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To find out more or arrange an individual visit please call
Mrs Caroline Bailey on 01237 426200 or by email
cbailey@kingsleyschoolbideford.co.uk.
Thank you.

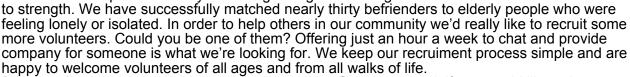
Kingsley School, Northdown Road, Bideford, Devon, EX39 3LY t: 01237 426200 www.kingsleyschoolbideford.co.uk

NURSERY | PRE SCHOOL | JUNIOR SCHOOL | SENIOR SCHOOL | SIXTH FORM



Befriending, because we care...

The Ageing Well Project (sponsored by the Big Lottery) has been established in the Bideford area for about six months now and we are pleased to say that it is growing from strength



Please call us on 01805 622666 or e-mail enquiries@torrage.org.uk if you would like to know more, we very much look forward to hearing from you!

PS We are also running gentle exercise and group social activities in the local area, with all over 60s welcome to attend. Please visit our website www.torrage.org.uk or call the phone number above for further details.

Charity Concert with the Military Wives & the Hartland Orchestra

The Military Wives from Chivenor & The Hartland Orchestra have kindly agreed to give a Charity Concert in aid of Northam Lodge on Tuesday November 24th 2015 at the Bideford Methodist Church, High Street, Bideford, at 7.00pm.Charlie Dixon, Executive Director of Northam Lodge, said "we are very excited about this event and are hoping it will raise much needed funds for Northam Lodge. The Military Wives have been wonderful in helping us organise the concert and we are delighted that the Hartland Orchestra are able to join the event and make this a truly local musical celebration. I believe there will be some well-known songs as well as some new ones and of course some audience participation."Tickets will be £15 each and will be available from the Northam Lodge website, www.northamlodge.co.uk as from October 1st. Or if you would prefer please contact Annabel Cope on 01237.477238 or email tickets@northamlodge

Parkinson's UK Quiz Night

St John's Community Hall, Barnstaple Saturday 7th November 7pm for a 7:30 start

Teams of up to 6.

Entry fee £5 per person includes a light supper. Soft drinks available but feel free to bring your own alcoholic drinks

Telephone Julie on 01237 478128 or Jennie on 01271 814159 to book a table.

Lions Club of Bideford Charity Quiz Night

at Woolsery Community Centre 7.30 pm. 16th. October 2015

Teams max 4 Persons
Light supper included
Bar & raffle £5.00 per person
Booking Essential
Contact Lion Mike Hacker. 01237
475246

Tarka Child Contact Centre

The Tarka Child Contact Centre will be holding their Annual General Meeting on Tuesday 13th October, 2015, at Bazeley, Barnes & Bazeleys Solicitors, 24 Bridgeland Street, Bideford at 5.30pm. If you would like more information about the Centre and the service it provides, please call 07530 605681

Alix TCCC Co-ordinator

News from the Burton Art Gallery & Museum

Bideford Black – or 'Biddy Black', as it was known when the mine at East-the-Water was a going concern, is a soft, anthracite-type culm, discovered and mined over 100 years ago. In 1811 it was known to be used as paint for ships of the British Navy, and has had many commercial uses over the years, as well as for military camouflage, and even as khol pencils for eye make-up. The mine closed in 1969, but in recent years was rediscovered by artists, often to create atmospheric and dramatic works of art. This October, nine artists have been commissioned to explore this unusual pigment, and the Exhibition, entitled 'Bideford Black: The Next Generation' begins in



the Burton Gallery on 3rd October, continuing until 13th November. Artists from France and Spain, as well as Devon, Cornwall, Bristol and Essex, will take a fresh look at this adaptable pigment, and present their interpretation in their artwork.

The Exhibition is a Burton project produced by Flow Contemporary Arts, in association with Claire Gulliver. Funded by the National Lottery, through Arts Council England, and supported by the Friends of the Burton Art Gallery & Museum.

In the Burton Museum on the first floor, you can view an interactive display telling you all you need to know about Bideford's Paint Mine. Give it a try!

On 24th October, Grisel Luttman-Johnson will help you to use Bideford Black, starting with some drawing, to make prints inked with the pigment in an oil-based medium. You can make several prints from the same plate and experiment on different types of paper. Phone 01237 471455 to book a place on this Workshop, starting at 10am, ending at 4pm. The cost is £35, and there is a fee of £5 for materials, to be paid to the tutor on the day.

Christine Halstead was founder of the Devon Guild of Crafsmen at Bovey Tracy, and was an enthusiastic collector of ceramics. She amassed almost 500 works, and built a special room to house them; they represent some of the most famous ceramists in the world. In her Will she bequeathed her entire collection to the Friends of the Burton Gallery, who have transported and stored them, and hope eventually to be able to display them. Warren Collum, Collections and Exhibitions Officer at the Burton, who is closely involved with this project, has been invited to talk about the collection, with examples, on Thursday, 22nd October, in the Gallery at 7.30 p.m. All welcome: admission £5, pay in advance at Reception, or at the door on the 22nd.

Diana Warmington,

Friends of the Burton Art Gallery & Museum. (photograph shows Bideford Black at Greencliff)

Wind Trio to launch new season

The Marylebone Trio will perform Bideford Music Club's first concert of the new season. Jemma Bausor (oboe), Helen James (clarinet) and Alexandra Davidson (bassoon) will play pieces by J.S.Bach, Schubert, Ibert, Telemann, Beethoven, Mozart, C.P.E Bach, Maros, Kovács and de Haan.

This is a classical woodwind trio formed in 2003 by postgraduate students at the Royal Academy of Music and since then the trio has been working regularly together, touring the UK and beyond giving recitals, running education concerts and workshops and providing music for weddings and other events.

Concert performances have included well-received recitals at music festivals in Deal, Stratford-upon-Avon and Church Stretton. London venues include Kings Place and the National Portrait Gallery as well as numerous music clubs and societies around England. Many audiences appreciate hearing an ensemble that is a bit different from their usual diet of strings and piano and enjoy the trio's lively presentation style.

The trio is also enthusiastic and passionate about encouraging the next generation and has a wide range of education work for all levels and they will be giving a workshop to one of Bideford's primary schools the morning after the concert. The concert will take place at The Methodist Church Hall, High Street, Bideford on Wednesday 7th October at 7.30 pm. Single tickets are £13.00 or a season's membership for four or six concerts will be available at the door.

Bideford Pannier Market - open Tuesdays, Fridays and Saturdays; Butchers' Row open Monday to Saturday.

We have a new stall holder starting on the 3rd of October – Dave Bailey a professional gardener will_be selling his plants on Tuesdays and Saturday - Good luck to Dave in his new venture

But the really **Big News** this month is the agreement by the Bideford Town Council / Market Management Committee to fund the new workshops in the Market Hall – Eight workshops in total will be available to artisans who want a small workshop to carry out their craft and also a place to showcase their goods. There is already a list of interested tenants.

Once the workshops are operational the Market Hall will be open five or six days a week. This will encourage other traders - more traders means increased footfall - and will not happen instantly but in time we could even end up with specialist markets on different days

Rumour has it that the future of the Farmers' Market in Jubilee Square is in doubt over the winter period. Surely it would be prudent to move them to the Pannier Market rather than lose them altogether.

A simple message to all market traders or budding entrepreneurs – Bideford Pannier Market is about to change, For more details please contact Richard Coombes at the Bideford Town Council on 01237 428817. Stalls available from £3.00 per day monthly or £5.00 per day on a casual basis All you crafters and budding crafters why not come along to our Pannier Market Knitting Circle held every Wednesday between 11.00am and 1.00pm at the Pannier Café.

Did you see Pannier Pete in the carnival? we had a walking entry and got a second in our class; that's two years running now. We love doing the carnival, it's such great fun and there is always lots of support from the crowd, all in all a great night !!!

Trev, Minxy's Sweets

Felicity's Sustainable Fish -October

We have had a very busy summer running all the various events and sessions for the Appledore Fish Summer School. We have shown preparation and enabled tasting of a wide range of local summer fish and shell fish. We have some new unique recipes and lots of popular simple recipes for unusual fish such a cutle fish, squild, megrim, hake and polack. See the recipe below.

Drunken Pollack with mayonnaise and **yoghurt**

Pollack is best from August to March and the fillets are a good size and can be cut into portions. This is a simple dish that is very popular once tasted!

Ingredients for 4

- 4 portions/fillets of pollack fillets; these can be cut in large pieces
- 1 glass of wine for marinade
- 4 spring onions chopped
- 4 tablespoon plain yoghurt 4 tablespoons fresh breadcrumbs

1 teaspoon paprika for decoration

Method

- 1. Marinade the pollack pieces in the wine for 3/4 hours.
- 2. Place the fish in a buttered ovenproof
- 3. Mix well the mayonnaise and the yoghurt with the marinade and cover the fish
- Mix chopped spring onion with the breadcrumbs and spread on top of the dish
- Place in a hot oven 220C/ gas mark 7 for 15/20 minutes and serve decorated with a sprinkling of Paprika.

I plan to write an Appledore Fish Summer School Recipe Book to help promote the Summer School in 2016 and to encourage more people to take advantage of the fantastic range of local fish and shell fish available in North Devon.

If you have a favourite fish or shell fish recipe and would like it included in the cookery book.please contact me on brilliant fish@btinternet.com /call 07918 779 060



100 Years Ago - October 1915

The Bideford, Westward Ho! andAppledore Railway Co. advised that the Sunday train service would be discontinued from October 10th 1915 until May 7th 1916. It was also announced that from November 1915 the down night mail train would not arrive in Bideford until 8:09am and deliveries would not commence until 9:30am. This was due to the release of men for enlistment and to provide for better disposal of military traffic. The up night mail train would also be affected. The Southern Railway thought it could safely promise the arrival of a new train called the 'Devon Belle' to the West for summer 1916.

A very interesting service was held in the Primary department of the Bideford Wesleyan Sunday School on October 10th. Tokens of remembrance were sent to the lads and fathers who had gone from the school to the scene of battle. The little folks were able to purchase a folding pocket book for every one of the men from the School and included in it a prayer for the lad's protection and safe return, a hymn, a letter from a little one and a beautiful view of dear old Bideford.

Reported in a Council Sub-Committee Report in October 1915 was the fact that there were 113 Belgian refugees billeted in 38 Bideford homes costing £50 - on average 3s 9d per week. The billeting householders were being paid by the Refugee Committee in London.

The Bideford ketch, *Trio*, with the Captain's wife on board and laden with scrap iron sprang a leak off Trevose Head and was in a perilous condition. Crew from the steam lifeboat, *Helen Peele*, which also towed the lifeboat, *Edmund Harvey*, assisted with manning the Trio's pumps. *Helen Peele* towed the ketch into Padstow.

A very pretty wedding took place at St Mary's Church, Bideford, between Emma Sluman of 64 Honestreet, Bideford and John Bryant of Twinington. The bride was attended by Maude, Gertrude, May, Florrie, and Gwennie Sluman. After a reception at the home of the bride's mother, the happy couple left by motor, amid showers of confetti, for Alcombe, Taunton, their future home.

These and many more items of local interest are available to read at the Bideford CommunityArchive at the Council offices, Windmill Lane, Northam. Tel: 01237 471714

Need to buy a Christmas present and don't want to spend too much? To celebrate its 30th anniversary, the Bideford & District Community Archive has produced a 2016 calendar priced at £5. Pick one up by popping into the Archive or register your interest by ringing 01237 471714. It's also on sale in all good outlets in Bideford, Appledore, Northam and W Ho!

Historical Note

'Like the fictional Poirot, roughly a quarter of a million Belgians found refuge in Britain during the First World War. It is an episode that we can be proud of. 'Prodigious efforts were made on behalf of those refugees', writes Terry Charman in his book 'The First World War on the Home Front.' They were sheltered throughout this island, from Kent to Strathaven, in villages, seaside resorts and mining towns.' (Michael Walker, 'Open Democracy.')

Tales of the Riverbank and Bideford Film Society.

Friday, 16 October, 19:30 to 21:30, Boat Stories Film Premiere: an associated event. Join your local fishing and boating community to watch Boat Stories on the big screen. This is a series of ten short documentary films about working, heritage or leisure boats filmed entirely on location on the North Devon coast and rivers. Each five minute film is a lively story told by fishermen, skippers, coxswains or crews themselves. A chance to meet the characters, ask them questions and share their experiences. Organised by Boatstories.co.uk and North Devon Moving Image, hosted by Bideford Film Society - for further information and to reserve your free tickets please go to this web link: https://bc.yapsody.com/event/book/12468/94925

Lady Anne Berry (1919 -) a local horticulturalist who founded Rosemoor. Part of our Connections Series.

Lady Anne Berry came from an aristocratic family, which included Britain's first Prime Minister, Sir Robert Walpole, the first Earl of Orford. Her father was the fifth Earl. He was already 67 when Anne was born, and had no male heir, so before he died, he made over his family estate in Norfolk to a distant male cousin, then emigrated to Australia, where he died in 1931. In 1923, he had bought a smaller property at Rosemoor, near Torrington, which he used as a fishing lodge, and where Anne and her mother lived when not in New Zealand.

She liked the carefree New Zealand life and found being a debutante and courtier in London somewhat stifling. In 1939, she married Colonel Eric Palmer, and as a young military wife followed her husband from post to post, including a two-and-a-half year stay in Northern Ireland. Anne had two children, John and Eric.

During the War, Rosemoor was lent to the Red Cross.. After the War, her husband bought more land at Rosemoor, where she established a dairy farm, and rode horses.

In 1959, she went to southern Spain to recuperate from a bout of measles, and met Collingwood 'Cherry' Ingram, a well-known plantsman, who introduced her to the world of horticulture, and gave her some specimens from his own garden in Kent. With the help of other gardeners, and together with her own collection of plants from her extensive travels abroad, she began to develop her garden at Rosemoor.

In the late sixties, she joined the RHS, and then the International Dendrology Society, which she was chair of for five years from 1983 onwards.

This job took her all over the world, including a trip to New Zealand, and to Hackfalls Arboretum, created by Bob Berry.

In 1979, she started a small nursery at Rosemoor, containing over a thousand items. In 1980, her husband Eric died, and she found it increasingly difficult to manage the estate, so she offered the garden, the house and the remaining farmland to the RHS. In 1990 Rosemoor was opened to the general public.

In the same year, she made another visit to New Zealand and Hackenfalls Arboretum,

where she married Bob Berry. You could say the marriage was rooted in a love of trees. The wedding took place in England, but she then went to live in New Zealand, in Gisbourne.

RHS Garden Rosemoor is now a major attraction in North Devon, with more than 100,000 visitors a year.

Chris Trigger. (Photo shows Bamboo at Rosemoor)

Bideford EX39 2QE I would like to pay for a year's subscript	to Bideford Buzz C/O TTVS 14 Bridgeland Street, tion to Bideford Buzz at a cost of £13 a year and Postage is second class and you receive 11 issues made out to Bideford Buzz.
Mr./Mrs First Name	Surname
Address	
Post Code_	Telephone No
am interested in posting Buzz abroad. H	low much would it cost to send the Buzz to for a year.

Devon Family History Society

Have you watched the celebrities on 'Who do you think you are?' Would you like to follow them and find out what your great Granddad did and what he was like? Now you can and it is easier and cheaper than ever before.

It is over 20 years since Granddad's WW1 medals were passed to me. He died when I was small. Grandma had told me some



stories involving him, but she had gone too by then. I sent off for marriage certificates and birth certificates and found details of their jobs or parents' names and where they married and were born. Computers and then the internet made life a lot easier. No more going round record offices with a pencil and a magnifying glass squinting at microfilm. Now in 2015 there are lots of websites offering family history data, many of them free to use. Try www.freebmd.org.uk/search, where you will find instructions on how to search for births, marriages and deaths of your ancestors. Like many sites, the records here are updated by volunteers, so the records are nowhere near complete for recent years events. You will find though, details of which areas' records are completed and for what periods of time. Ordering and paying for a certificate will, a few days later, give you the same feelings as those celebrities when they open those envelopes.

"Wow, Granddad's Mum was called ..., his Dad worked as a...., and look where they lived then!". Armed with this information you can now look for these new names as marriages and births right back to 1837 when registration officially began.

Devon libraries are very useful here as they have computers the public, can use. Help for computer starters is available too. With just a few computer skills you can freely access the Ancestry site at the library search the census records or the military records to fill in more gaps about Granddad and beyond.

Every third Saturday afternoon, a group with an interest in their family histories meet at the Pollyfield Centre, East the Water at 2pm. There are usually excellent speakers who give talks on aspects of FH or research advice, followed by a chance to discuss your successes and what to do next over tea and biscuit.

The **November** meeting of the Devon Family History Society promises to be quite an eventful day, starting from 11 in the morning until about 4 in the afternoon.

The *FindMyPast website* has been putting some new records online. Records are normally only released after 100 years in the interests of privacy. So the last census available online is the 1911 one. 1921 will be released around 2021.

The 1939 register recorded all the family members in all the England and Wales households on one night in September 1939. This will be available soon on the FMP website. The records were used in WW2 to recruit all the military, provide Identity cards and ration cards, and perhaps formed the basis of the NHS some years later too.

FindMyPast has chosen Bideford for the Devon introduction to these records. Family historians from all over Devon will be coming to hear FMP staff explain what will be available and when. There will be plenty of opportunity for Q & As about the 1939 Register and for help with your FH research too. A major boost to your research and a chance to be really up to date too. Older parents and grandparents will have a major opportunity, when this is released, to find more about folks that they perhaps knew or knew of, when they were children.

In the afternoon there will be a presentation entitled "Oakum and stones". A fascinating insight into the help available for the less well off or infirm members of the Victorian community. Most families seem to have ancestors who struggled in the mid 1800s. If you watched *Time Crashers* or *One foot in the past*, then this is the opportunity to explore those times and relate them to your ancestors, rather than celebrities.

Follow these suggestions and when your family all meet up for Christmas, you will be able to tell them that "You know who you are!". If you get stuck, come to Pollyfield, 2pm, third Saturday of the month, with a note of the problem. You will get a warm welcome. **Peter Blackaby**

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THE SHIPPING NEWS



No shipping at Bideford since last issue; vessel due end of September to load for Castellon The small vessel alongside the quay is an ex Admiralty Tender Elkstone who will be moving to Bank End shortly.

Activity at Yelland

Ship in Port	Registered flag owners	From	То	Arrived	Sailed	Crew	Cargo
Arklow Rock Built 04	Holland Rotterdam Netherlands	Glensanda	Antwerp	14/9/15	15/9/15	Russian Ukranian Philipino	4200 tons chippings.

Activity at Appledore

Arco Dart 31.8.15

The small cruise ship **Balmoral** did not call at Bideford on the 26th August due to weather conditions

Bristol Channel Observations.

26.7.15 at 08.30 whilst at Ilfracombe to see the cruise ship Prinsendam the cargo vessel Ocean Bloom 38232 tons d.w. owners Luster Maritime/Higaki Sangyo Japan, en route to Avonmouth; she would have passed Lundy about 90 minutes previously. **28.7.15** at 07.00 vehicle carrier **Emerald Leader** 10819 tons d. w, owners Nippon Yusen Kaisha of Japan,

inward bond for Portbury. At 11.43 vehicle carrier **Toronto** 19628 tons d.w, owners Wallenius Wilhelmson Sweden & Norway, outward bond from Portbury, having sailed at 07.11 **29.7.15** at 12.45 container vessel **Endeavour** 9167 tons d.w, owners J.R. Shipping Netherlands, outward

bound from Portbury, having sailed at 08.15.

30.7.15 at 10.30 vehicle carrier Grande Benelux 12594 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury.

8.8.15 at 0716 vehicle carrier Bravery Ace 17686 tons d.w, owners Mitsui OSK lines of Japan, inward bound for Portbury. At 14.19 cargo vessel **Sir Walter**18315 tons d.w., owners Walter Shipping Navigation Greece, inward bound for Avovmouth. At 17.48 cargo vessel **Balder** 2800 tons d.w owners Balder Shipping Ltd Riga Latvia, inward bound for Newport. At 18.21 vehicle carrier Grande Napoli 14565 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury, having sailed at 12.49.

9.8.15 at 07.15 cargo vessel **Sea Hunter** 3148 tons d.w.owners Boddingtons Shipping Grimsby UK, outward bound from Avonmouth, having sailed at 22.42 on the 8th.

12.8.15 at 20.22 cargo vessel **Aller** 2910 tons dw. owners Roland Ship Administration Germany, inward

bound for Newport.

23.8.15 at 14.58 dredger **Welsh Piper** 1923 tons d.w, owners Cemex UK Marine Ltd Southampton, inward bound for the dredging grounds after drydocking on the North East Coast.

26.8.15 at 16.35 Čargo vessel Arklow Beacon 8660 tons d.w, owners Arklow Shipping Nederlands BV Rotterdam, inward bound for Portbury.

31.8.15 at 12.17 vehicle carrier **Opal Leader** 12200 tons d.w, owners Nippon Yusen Kaisha of Japan,

outward bound from Portbury, having sailed at 07.49.

3.9.15 at 16.45 bulk carrier Poplar Arrow 47818 tons d.w., owners Gearbulk Holding Ltd Bermuda, inward bound for Portbury. At 18.24 cargo vessel **Marry S** 3470 tons, inward bound for Birdport. **6.9.15** at 09.55 cargo vessel **Arklow Resolve** 4530 tons d.w. owners Arklow Shipping Eire. inward bound

for Swansea.

9.9.15 at 08.51 vehicle carrier Gala Leader 21286 tons d.w, owners Nippon Yusen Kaisha of Japan,

outward bound from Portbury having sailed at 02.16. **12.9.15** at 18.04 vehicle carrier **California Highway** 18644 tons d.w, owners Kawasaki Kisen K.K. Japan, inward bound for Portbury

19.9.15 at 08.29 cargo vessel BBS Sky 3171 tons d.w, owners BBS Bulk 111 K.S Norway, inward bound for Newport. At 08.29 Coral Leader 12164 tons d.w owners Nippon Yusen Kaisha of Japan inward bound for Portbury. At 09.03 cargo vessel Eva Maria Muller 3722 tons d.w, owners Otto A Muller Schiffahrt)GMBH) Germany, inward bound for Sharpness. At 12.57 cargo vessel Darina 4554 tons d.w, owners Transflot Ltd St Petersburg Russia, inward bound for Newport

8.9.15 I would like to thank the ladies and gentlemen of Lavington Church for their kind reception and their questions on shipping; also their contribution to Bideford Buzz Funds. Regards Norman

News & Views

from Bideford's young people

Fresh Prints of Bideford

Last month the Burton Art Gallery had its display of prints from the Royal Society of Print Makers. These ranged from traditional lino prints and etchings to more convoluted methods of picture creation- such as dunking it in acid and letting your carefully placed metal baubles be corroded away into the copper plate. A far cry from the comfortable landscape of potato prints.

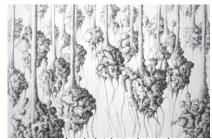


How do we even know this method exists? It wasn't a hurried flick through the encyclopaedia to obtain the most daring example of arts and crafts, but through a chat with exhibited artist Ruth Uglow. Arriving on the 22nd of August to meet any visitors and answer any questions on the subject, she gave guided tours to a steady stream of people and was kind enough to answer a few of our questions in between.

The above method is called *Intaglio* and understandably it's rather specialised- Ruth said the ferric chloride was a lot better than its equivalents, as it doesn't have their noxious fumes or skin permeating abilities, though it is still highly corrosive. Here at Buzz, we feel anxious about breathing in Tippex, so anyone willing to brave dangerous chemicals of any sort for such breathtaking art work is highly respected. And it is amazing. That such minute levels of shading and soft lines can be achieved this way is one thing, but when you think that the first image itself is just one step in a rather intense Riverdance, the fact these pictures exist at all is a miracle. Unlike most other versions, the grooves you cut are where the ink sits and these lines are, in turn, what's transferred to the damp paper in the press. In other forms like wood block printing, what's left raised is introduced to the final picture and the artist is constantly working in negative, chiselling out the areas which are to be blank. This image has to be built up and up with different hues, often from light to dark, with the first cuts preserving the primed colour of the paper, and as the block has to be placed on the paper at precisely the same angle each time to achieve this layered result, it is exacting, fiddly work. Say Riverdance with the chilling notion that Michael Flatly is waiting in the wings with a Taser if your footwork slips. Each artist in the exhibition does this for weeks on end to create their visions- and even sets 100 or so strong have to be created in this painstaking fashion, meaning those belonging to a larger family are just as special as those from tiny little broods. (Because of human error, no two prints can be identical either- so they're each originals in their own way!)







As well as imparting some of her vast know how, Ruth gave us some insight into how her own inking journey began. "After finishing my A-Levels the natural progression was to go to my local art college to do a one year Art Foundation." She explained." Growing up in Cornwall I was fortunate to go to Falmouth School of Art. It gave me a wonderful introduction to many areas of art, from painting, printmaking, sculpture, photography, digital art, textiles, etc. During this time I discovered I really enjoyed printmaking. I then applied to go to Winchester School of Art to study BA(Hons) Fine Art Printmaking, as it had such a good reputation. The course gave me three years to learn about all aspects of printmaking and explore my own subject matter, as well as art history and professional development. My tutors encouraged me to apply to the Royal College of Art to study MA Fine Art Printmaking. I was fortunate to be offered a place and it was the most fantastic experience. "Since leaving college she has done several art residencies, now makes her living from prints and drawings, and, along with the rest of the Royal Print Making Society, is a strong advocate that other students can follow their dreams and make art their career too. If we have learnt anything from this meeting, aside from just what wonders you can work with some chisels and a lump of wood, it's that a life in art is open to anyone with a love and a talent for it. There may be hundreds of paths to success, but there are still people willing to help read you the sign posts. **Millie Sutherland O'Gara.**

October Diary 2015

Thursday 1st

10.15am Northam Men's Forum, Northam Methodist Hall, - Mike Durkin 'Save the Park at Westward Ho!' 476201 10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528

10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

11am-6pm Book Festival Café at St Mary's Church Hall, Appledore. Proceeds to N Devon Hospice 422215 2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. 01271 373236 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 2nd

11am-6pm Book Festival Café at St Mary's Church Hall, Appledore. Proceeds to N Devon Hospice 422215 **2-4pm** Sew Together at Westward Ho! Baptist Church Hall. 01805 622606 7pm Quiz Night at the Conservative Club, Bridgeland Street.

7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall 476632

Saturday 3rd

9am-2pm Farmers Country Market at Atlantic Village

11am-6pm Book Festival Café at St Mary's Church Hall, Appledore. Proceeds to N Devon Hospice 422215 2pm Bideford & District Community Archives - Peter Christie 'History of Bideford' at Northam Hall £3.

2.30-5.30pm Family Disco at Northam Community Hall. Proceeds to Homestart. 431426

7pm Film Club at Littleham Village Hall. 8pm Bideford Phoenix Morris practise 471928

7.30pm Massed Bands Concert with Bideford, Appledore & Torrington Brass Bands at Kingsley School, Northdown Road. 475653

Sunday 4th

11am-6pm Book Festival Café at St Mary's Church Hall, Appledore. Proceeds to N Devon Hospice 422215 Monday 5th

10am-12pm Appledore Community Art Group at Appledore Community Hall. **7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532 7-9pm 'Support for Those Bereaved

by Suicide' at Burton Art Gallery. **7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 6th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2pm Bideford WI, New Sea Cadet Blg 2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearse at Northam Methodist Hall. 7.30pm Bideford Keyboard & Organ Club at Bideford Methodist Church Hall 7.30pm Bideford Sustainability Group at Blacksmiths Arms

8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 470913 8pm Jamming at The Thatched Inn, Abbotsham. 472746

Palladium Club Jam Night

Wednesday 7th

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.30am-12.30pm Ancestry Helpdesk at Northam Library. 475111 10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

Margaret's Church, Northam. 2pm Bideford Library Readers' Group.

1.30-3.30pm Knit & Natter Group at St

2.30-4pm See Hear on Wheels (SHoW) at Woolsery Village Hall. 470913 at Northam Community Centre.

4-6pm Sew Together at Northam Library Wednesday 14th **7.30pm** Bideford Music Club – The Marylebone Trio at Bideford Methodist Church. 423112

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room at Bideford Baptist Church. 473798 Thursday 8th

10.15am Northam Men's Forum, Northam Methodist Hall - James Morrish 'Auctioneering'. 476201

10.30am Walking for Health along Tarka with Peter Christie. 475111 Trail. Clarence Wharf Car Park. 421528 2pm Tea with Friends at St Mary's 10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope

Walk. New members welcome.

10am-12pm Craft'n'Chat at The Old Schoolroom, Kingsley Hall, W Ho! **2pm** The Three Library Challenge walk from Northam Library. 475111 7.30pm Abbotsham WI meets at

Abbotsham Village Hall. 474711 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall

Monday 12th

10am-12pm Appledore Community Art Group at Appledore Community Hall. 7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532 **7.15pm** Appledore Singers rehearse at Appledore Baptist Church. 420652 7.30pm Bideford Stamp Club at Kingsley Hall, Westward Ho! 472101 8pm N Devon Jazz Club at the Beaver, Appledore – .Tom Green Sextet Tuesday 13th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

2.30pm 'Lift Off' for ladies of all ages at Westward Ho! Baptist Church. 471056 6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearse at Northam Methodist Hall. 7.30pm Bideford & District Gardeners

Club at Bideford Methodist Hall. 475914 7.30pm Lions Club meet at Royal Hotel 8pm Torridge Male Voice Choir meets Palladium Club Jam Night

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 **2pm** History walk from Northam Library

Church.

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room **8pm** Bideford Phoenix Morris practise at Bideford Baptist Church. 473798

Thursday 15th

10.15am Northam Men's Forum, Northam Methodist Hall - John McGovern 'Policing' 476201 10.30am Walking for Health along Tarka

Trail. Clarence Wharf Car Park. 421528 10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666

October Diary 2015 continued

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at

Community Arts Network, 13 Rope Walk. New members welcome.

Friday 16th

10am-12pm Northam Reminiscence café at Northam Hall. 459337

2-4pm Sew Together at Westward Ho! Baptist Church Hall. 01805 622606 2.30-4.30pm Torridge Table Tennis Club at Bideford Youth Centre. 477932 **7.30pm** Boat Stories - film premiere at

Kingsley School. 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 **8pm** Ceilidh Club at Northam Hall 476632

Saturday 17th

7.30pm Appledore Band Concert at St Margaret's Church, Northam.

Sunday 18th

1pm Torridge Ramblers walk 01409 253462

Monday 19th

10am-12pm Appledore Community Art **7pm** Hartland Aikido Club for over 18s Group at Appledore Community Hall. 2pm Bideford Ladies Club, Marlborough 7.30pm Scottish Country Dancing at Court. 421925

7pm Tai Chi at Bideford High Street Methodist Church Hall. 472532

7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

7.30pm Appledore Amateur Radio Club, 10am-5pm RNLI Art Exhibition at the Appledore Football Social Club. 473251 North Devon Yacht Club, Instow 8pm N Devon Jazz Club at the Beaver, 10am-12pm Craft'n'Chat at The Old Appledore -. Lianne Carroll

Tuesday 20th

10am-1pm Lavington Church coffee and lunches

10.30am Walking for Health. 421528 11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

2.30pm 'Lift Off' for ladies of all ages at Westward Ho! Baptist Church. 471056 3pm 'Reflections' Grief & Loss Group at North Devon Yacht Club, Instow St Mary's Church. 475765

6.30pm Bideford Band Beginner's Group at Band Room. 475653

7.30pm Northam Choral Society rehearse at Northam Methodist Hall. 8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 470913 Palladium Club Jam Night

Wednesday 21st

9.30am-2.30pm Free Social Club for ages 19+ at Happy Café, W Ho! **10am-12pm** Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10am-4pm 'Have We Got News For You' at Northam Library

10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528

11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053

1-2.30pm SHoW (See Hear on Wheels) 10.30am Walking for Health. 421528 at Tesco, East-the-Water.

1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam.

2-4pm Ancestry Helpdesk at Northam Library. 475111

7.30pm Bideford Folk Dance Club at Northam Hall. 423554

7.30pm Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris practise at Bideford Baptist Church. 473798 Thursday 22nd

10am-5pm RNLI Art Exhibition at the North Devon Yacht Club, Instow 10.15am Northam Men's Forum, Northam Methodist Hall - TDC Officers 'The Future View for Torridge' 476201 10.30am Walking for Health along Tarka Wednesday 28th

Trail. Clarence Wharf Car Park. 421528 9.30am-2.30pm Free Social Club for 10.30-11.30am Tai Chi at Chubb

Churchill Centre ETW 2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666 at Bucks Cross Village Hall.

Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Friday 23rd

Schoolroom, Kingsley Hall, W Ho! 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 8pm Ceilidh Club at Northam Hall 476632

Saturday 24th

Start of Wicked Week(see page 2) 9am-6pm Food & Craft Fair at Atlantic

10am Torridge Ramblers day walk 429080

10am-5pm RNLI Art Exhibition at the 10am-12pm N Devon Adoption Info Meeting at The Garden Flat, Filleigh Estate. 01271 612004

7.30pm St Mary's Singers - Fauré's Requiem at St Mary's Church.

Sunday 25th

10am-4pm Food & Craft Fair at Atlantic Friday 30th Village

10am-2pm RNLI Art Exhibition at the North Devon Yacht Club, Instow Monday 26th

10am-12pm Appledore Community Art **8pm** Ceilidh Club at Northam Hall Group at Appledore Community Hall. **7pm** Tai Chi at Bideford High Street Methodist Church Hall. 472532 7.15pm Appledore Singers rehearse at Appledore Baptist Church. 420652

Tuesday 27th

10am-1pm Lavington Church coffee and lunches

11am-4pm Appledore Food & Craft Market at St Mary's Hall. 422808

11.45am-12.45pm Tai Chi at Northam Community Hall

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

2.30pm 'Lift Off' for ladies of all ages at Westward Ho! Baptist Church. 471056 6.30pm Bideford Band Beginner's Group at Band Room. 475653 7.30pm Northam Choral Society rehearse at Northam Methodist Hall. 7.30pm Lions Club meet at Royal Hotel 8pm Torridge Male Voice Choir meets at Woolsery Village Hall. 470913 Palladium Club Jam Night

ages 19+ at Happy Café, W Ho! 10am-12pm Bideford Healing Group at Sea Cadets Bldg in Victoria Park. 10.15am Probus Club at Royal Hotel 10.30am Walking for Health in Victoria Park. Meet at Cafe du Parc. 421528 11am-1pm Creative (Memory) Café at Quay Meeting Rm, 5 Danver Court, Clovelly Rd Ind Estate. 07817976053 1.30-3.30pm Knit & Natter Group at St Margaret's Church, Northam. 7.30pm Two Rivers Wind Ensemble

Rehearsal at Bideford Band Room 8pm Bideford Phoenix Morris practise at Bideford Baptist Church. 473798 Thursday 29th

10.15am Northam Men's Forum, Northam Methodist Hall - Robin Julian 476201

10.30am Walking for Health along Tarka Trail. Clarence Wharf Car Park. 421528 10.30-11.30am Tai Chi at Chubb Churchill Centre ETW

2-3pm Seated Exercise for over 60s at W Ho! Baptist Hall. 01805 622666 7pm RNLI Concert North Devon Yacht Club, Instow. Tickets 07811678496 7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Scottish Country Dancing at Westleigh Village Hall. 473801 7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

10am-1pm Lundy Art Group at St Mary's Church Hall, Appledore. 472158 7.45pm Modern Sequence Dancing, Kingsley Hall, W Ho! 01769 540309 476632

Saturday 31st

10am-12pm Jumble Sale at St Margaret's, Northam