



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

BIDEFORD'S CHRISTMAS WISH Sunday 1st December 12pm to 8.00pm



Hopps & Chapple kick off Bideford's Christmas Wish. For the first time the Children's Hospice Santa Run will be coming through Bideford. Starting from Jubilee Square at 1.30 pm, hundreds of Santas will participate in a 2K festive fun run around the town. Registration for this event is from 12pm at The King's Arms. Adults £10, children £5 (under 3's free), family ticket £25. Call 01271 325270 or register online at www.chsw.org.uk/santas.

Phil Vanstone's Children's Fairground Rides - Quayside, between Long Bridge and Lundy Office.

Fantastic Quayside entertainers including Dave Hendy the Magician and Abi Falkner's Stilt Walkers. Peppa Pig and Jake and the Neverland Pirates will also be joining the fun! As well as performing a show each throughout the day Peppa and Jake and the Pirates will be meeting the crowd from 1.00pm until 5.00pm saying hello and posing for photos.

Christmas Lights Switch On 5.00pm.

Reindeer Parade 5.30pm through the town.

Fantastic Firework Display starting at 6.00pm.

Performing throughout the day will be:

Kingsley School Choir, St. Mary's School Choir, Bideford Town Band, Bideford Pipe Band and various other artists

There will also be entertainers at the Pannier Market with many stall holders opening from 12pm to 6pm.



BIDEFORD (ST. MARY), a sea-port, incorporated market-town, and parish, having separate jurisdiction, and the head of a union, locally in the hundred of SHEBBEAR, Great Torrington and N. divisions of DEVON, 39 miles (N. W. by W.) from Exeter, and 201 (W. by S.) from London; containing 5211 inhabitants, of whom 4830 are in the town. This place, called also Bytheford, of which its modern appellation is a variation, derives its name from being situated near an ancient ford on the river Torridge . . . after the revocation of the edict of Nantes, in 1685, many French Protestants settled in the town, and established the manufacture of silk and cotton; a great quantity of wool was imported from Spain, and, in 1699, its trade with Newfoundland was inferior only

to that of London and Exeter . . . Ship-building is extensively carried on: during the late war, several frigates were launched at this port, and there are eight or ten dockyards, in which smaller vessels are built. The principal articles of manufacture are cordage, sails, and common earthenware; there are also several tan-yards, and a small lace manufactory . . . The free grammar school, of remote foundation, was rebuilt in 1657 . . . A charity school is supported by the trustees of the Bridge Estate, and by subscription; a building has likewise been erected for a national school." (From Lewis' Topographical Dictionary of England (1844))

**CONTACT
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre, South West Foundation, Devon County Council, The co-operative Community Fund & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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Bideford Town Council

Valued in life and remembered in death.

Summer 2013 and I was honoured with an opportunity to teach Tai Chi and Aiki Jo for a week on a beautiful Greek Island. My room mate was a Russian Aikido 4th dan, whom I'd met many years previously, a real gentleman whose English far outshone my Russian. One day I noticed he was proudly wearing a T shirt with the word 'Spartans' emblazoned across the front. I made a little joke about him wearing it. Later, as he walked by me in the villa's gardens, he paused and said in a quiet and serious voice, "he who dies in defence of his country will never die".

As is often the case, it's not just the words but the feeling behind them that inspires us; I could sense his deeper belief. (In 480 BC at the battle of Thermopylae 300 Spartans sacrificed themselves to hold back a vastly outnumbering force so that the remains of the Greek Army could retreat to safety). Something of them and their deeds lives on into eternity.

What my friend Slava said that day led me to think deeper. In the mid 1850s both our ancestors and probably your's too, would have been at war, mortal enemies in a savage and merciless struggle for dominance in the Crimea. They, who could have been good friends like Slava and I instead engaged in the brutality of conflict. . . many were to die.

No doubt there were men from the town of Bideford who died in the Crimea and they mostly rest in unmarked, unknown graves, where summer grasses still do wave.

'12th October 1854; Lists of local Crimean War casualties are posted up outside Bideford Town Hall.' And on the '30th October 1854 Bideford postal staff contribute a day's wages to help troops fighting the Crimean War.' (From Peter Christie's 'Looking Back' Column in the North Devon Journal (1951-1959))

Unlike the many who never returned, Sir Gerald Graham did; he died age 68. His exploits were valued and are remembered.

"Lieutenant-General Sir Gerald Graham, V.C., G.C. B., G.C.M.G., died at Bideford from pneumonia on the 17th of December, 1899, and was buried at East-the-Water Cemetery, Bideford, Devon. Lieutenant Graham landed in the Crimea in September of 1854, and took part in the battles of Alma and Inkerman and was twice wounded at the battle of Sebastopol; He was awarded the Victoria Cross."

When I researched my own family tree in the South West I found a grave yard monument to another brave soul, yet his body still lies far away under waving grass in the Crimea. My ancestor's family lost their youngest son, Thomas Baker of Morwenstow. Thomas, born 1831, enlisted in the Scots Fusilier Guards on 18th May 1850 and died 16th January 1855. Thomas was entitled to the Crimea medal with clasps for Alma, Inkerman and Sebastopol. A medal he would never see; cholera being a more deadly enemy than the Russians. British Crimean War Casualties: 2,755 killed in action, 2,019 died of wounds, and 16,323 died of disease.

Both Slava and I practise a martial art that unites us in friendship not separates us in conflict. We all want to be valued and remembered so why not visit the Bideford Aiki Jo Club where you will be both. Don't let summer grass wave over an unknown life ; as students of our art we respect and remember those who went before. Become as one with friends, like Slava, across the world.

Richard

01271 345513 www.aikijo.weebly.com for the martial arts class
To read the full story of the life and times of Thomas Baker go to
www.goodshortstories.net/sacrifice



REMEMBRANCE SUNDAY is on 10 November this year. There will be a short Act of Remembrance at 10.50 am in Victoria Park. The organisations will then parade to St Mary's Parish Church where there will be a traditional service starting at approximately 11.30 am. This is a moving service, remembering those who have fought for their country over the many years, and who are still doing so

On **ARMISTICE DAY** itself, Monday 11 November, there will be a short Act of Remembrance at the memorial outside St Mary's Parish Church, starting at 10.50 am, to which everyone is welcome.

Peace Time celebrations.

Two photographs of the V.E. Day Celebrations, 1945 which took place at the bottom of Pitt Hill, Appledore. I cannot remember all the names of the persons in the photographs, but I am sure some of your readers can.

Picture 1: The two lads at the bottom of the picture are Left to Right :- Michael Eastwood and Billy Edwards. On the other side of the table L. to R. Alan Popham, ?, Phillip Scilly, Owen Vaggers, John Scilly, ?, ? Hargreaves (Visiting) and ?



VE day Appledore 1945

Photos from Owen Vaggers

Picture 2: The two girls at the bottom of the picture are L. to R. Geraldine Prouse and Alice Vaggers. On the other side of the table L. to R. ?, ?, Gillian Eastwood, Alan Popham, ?, Phillip Scilly, Owen Vaggers, ?, ? Hargreaves (Visiting)



Northam Lodge

Our next fundraising event will be our Christmas Fayre on **Saturday December 7th**, from 12.00 till 3.30pm in Northam Hall, Fore Street, Northam. Do come along and buy gifts, maybe win a raffle prize, meet Father Christmas and have a delicious mince pie or two.

Clovelly Christmas Lights

Come and join us in Clovelly on the **1st of December** for the switch-on of the Christmas Lights. This magical display of colour and light has become a famous local event marking the lead up to Christmas.

The evening starts at 4pm with the Appledore Training Band playing carols down the cobbles. At 5pm there will be a Carol Service with the Woolsey County Primary School choir leading the singing. The lights will then be switched on at 6pm, followed by Fireworks. There will also be a Hog Roast!

All proceeds from this event will go to the RNLI

100 Years Ago - November 1913

The water supply problems mentioned last month continue to give considerable concern. Abbotsham Road, High Street and all of Old Town are without water whilst "They scrape the pipes" The supply to the workhouse in Meddon Street has been interrupted frequently and the Guardians are considering opening a well on the premises but are hesitant due to the proximity of the old cemetery.

Two shipping stories make the headlines this month. Firstly a fire virtually destroys the trawler 'Busy Bee' moored off Williams's boatyard at Appledore. At 4.00am the vessel was alight from stem to stern and, to extinguish the fire, it was sunk. It is not expected to be salvaged. On a lighter note Coxswain Cann from Appledore was on the beach near the lifeboat station and found a bottle con

taining a paper stating that 'on being found and forwarded to an address given' (Edwin Hall, The Docks, Swansea) the finder would be given a box of cigars! The letter and the paper were sent and Mr Cann duly received the cigars together with a note that the bottle was thrown into the river Towy at Llandilo on the 6th April 1913.

Nearly 40 Hartland residents attended a meeting at Dr Crew's house to arrange for Hartland's first ever carnival.

Bideford masons and carpenters have given notice to the master builders that they will require a rise of ½d per hour, making the wage 7d per hour on May 1st next year and also 2 shillings for Sunday work. This will bring them into line with Barnstaple tradesmen. It was also stated that painters are seeking the same rate of pay.

Bideford Grammar School prize-giving took place on 4th November. It was reported that a total of 98 boys were attending the school.

These and many more items of local interest are available to read at the Bideford Community Archive at the Council offices, Windmill Lane, Northam.



History of the "Westward Ho! Hotel"

In February 1864, Captain George Mill Frederick Molesworth's company began building the hotel which was originally to be called The Royal Hotel. As well as building hotels, houses and villas, George Molesworth set up two colleges - the United Services

College in 1874 and Kingsley Memorial College in 1882. The owners of the hotel asked Charles Kingsley to perform the opening ceremony but at first he declined, believing that the development of the area would ruin its rugged beauty. A quick change of name was undertaken and the hotel became The Westward Ho! Hotel. Kingsley attended, took his cheque and it is said he never came near the place again.

Later the hotel reverted to The Royal Hotel, following the patronage of the Prince of Wales (later King Edward VII). It was described as Victorian Domestic Gothic Style and contained 33 luxury bedrooms and 75 acres of land. By 1866 a matching villa had been built to the east of the hotel catering for the servants staying in the main hotel along with other minor customers. This building survives as Golden Bay Court.

Access to the village was via the steep Stanwell Hill and at the bottom near the hotel were stables and a public bar for the coachmen and ostlers. The stables were converted to dwellings in the 1990s and named The Rocks. In 1900 an extension was added to the hotel called the Golden Bay Tea Rooms which became the well-known and loved Anchor Inn many years later. In 1963 the hotel, now named Golden Bay Hotel closed down. It was converted to 14 flats and the land was sold off. In 1976 the tennis courts opposite the hotel entrance were sold off and the 12 houses built there which stand today. Demolition of the old hotel along with The Anchor pub took place in 2000 and Ocean Park apartments were built on the site. Next time you pass, take a look at the lower section which is built from reclaimed stone taken from the original Westward Ho! Hotel.

Stan Andrews

More information at www.westwardhohistory.co.uk and "Westward Ho! History Group" on



Compact Community.

A new page has been set up on Facebook called the Compact Community. It's based on a movement that started in America called '**The Compact**' whose members promised not to buy anything new for a year. It was started in [San Francisco](#) as a challenge among 10 friends and its goals were:

1. to go beyond recycling in trying to counteract the negative environmental and socio-economic impacts of consumer culture, to resist global corporatism, and to support local businesses, farms, etc
2. to reduce clutter and waste in our homes;
3. to [simplify our lives](#)

The only brand new items Compacters buy are consumables such as food, underwear, cleaning products and toilet paper. Otherwise they try to buy everything else secondhand or even better, barter, give away or lend items. For example, I'd really like some apples to make a crumble cake this weekend, and in return I could give you a couple of the books I read on holiday. I could then make two cakes and offer to give one in return for a jar of someone's homemade wine. Easy, and what's more I think this could really help to foster a sense of community. Hence, the Compact Community.

While part of the goal of the Compact is clearly to live simply, it doesn't mean not having the things you love. You can buy things secondhand and you can freecycle to your heart's content. It's more about sustainable living, helping protect the environment and reflecting on your own consumerism. Compacters do of course use services such as restaurants and hairdressers but try as much as possible to do this via LOCAL businesses. Here in North Devon, a greater proportion of our community's income comes from small businesses and it's important that we support these. If we buy a coffee and a cake in a local business, the revenue is more likely to stay within our community which benefits us all. If you spend your cash in a coffee chain, chances are it's distant shareholders that benefit!

So, why not "like" this page on Facebook and.....

1. Share ideas about how to make our lives a little more "compact".
2. Offer goods or services to swap or give away
3. Advertise local events such as garage sales, jumble sales, craft sales, clothes swapping parties and book swaps

Please visit and like the "Compact Community" on Facebook!

Claire Hunter

Please, no roast Hog on Nov 5th

At this time of year, hedgehogs are feeding themselves up with slugs and snails and all sorts of garden pests in order to put on lots of fat for the winter. Then they settle down in the cosy nests they have prepared for themselves, under garden sheds or in the bottom of wood piles. Here they sleep the cold winter months away until they wake up in the spring, hungry and eager to get to work ridding the garden of pests that would have eaten our newly planted flowers and vegetables.

Unfortunately, a nice big wood pile to a hedgehog may be a bonfire heap prepared in advance for our Guy Fawkes festivities. It's many years since roast hedgehog was a favourite dish for gypsies, and in the last ten years hedgehogs have halved in numbers in some parts of the country, so the gypsies would have a thin time if they relied on them for sustenance.

So one thing we can do to avoid cooking some of our remaining hedgehogs, is not to build up our bonfires until the day we plan to burn them. This wet weather we'll get a better burn that way too, by keeping the fire lighting materials dry under cover until we're ready and then bringing them out and building up a bonfire heap over them in a place where we know no animals are hiding.

We really must do our bit to "help the hog", so let's at least make sure we don't roast any this November.

Chris Hassall

NDSE is a Social Enterprise striving to build the skills and environment for Northern Devon to prosper long into the future. Email NDSustainableEnergy@gmail.com 01237 477 852 or 07564 050 808

Young Buzz

Top Four Ways to Keep the Kids Entertained this Winter by *Jem Collins*

As the nights draw in and the temperature drops, it's easy to find yourself at a loss for things to do. With frosty mornings and an increased threat of torrential rain, sending the kids out to play or setting out on a country walk is no longer an option. However, that's not to say you have to spend the whole winter in hibernation. We've come up with four top ideas to keep the whole family from going crazy without resorting to the dreaded TV or Playstation.

1. **Learn to Cook**

There's never a bad time to learn how to cook up something scrummy, but with cold wintery evenings leaving most of us yearning for something warm and hearty, there's never been a better time. Teaching your children how to cook healthy and nutritious meals will be a great life skill later on and can even help combat the dreaded food fads. Kids are much more likely to eat up if they've seen it from shop to table and if they made it.

It's also a great way to spend some more one on one time with your offspring, whatever age they are, as they'll need someone on hand to supervise.

You don't need to splash out on expensive cook books either; you can find a whole section of easy recipes for kids on the BBC Good Food website (<http://www.bbcgoodfood.com/recipes/collection/kids-cooking>)

2. **Wintery Crafts**

Everyone loves cutting, sticking and making a general mess of things and far from stopping you, winter weather throws up some exciting new favourites. Combine crafty activities with brisk walks; not only do you get a chance to get out and about but you can also collect some new materials. Pine cones, conkers and autumn leaves all make great additions to your creations.

Leaf prints or rubbings are a great activity for younger children or you can try making some authentically seasonal Christmas decorations with the help of some glitter and spray paint.

If the weather's cold enough you can try our personal favourite; ice globes. Simply fill up several balloons with cold water mixed with food colouring and leave outside to freeze, before removing the outer balloon

3. **Set up your own talent show**

While we might not all be fans of the X Factor, there's much fun – and exercise – to be had in making your own version of popular talent shows. Pick a song they like, dress them up with whatever you have to hand and concoct an entire dance routine to accompany it.

Aside from the fun of dressing up as your favourite pop star dancing around is a great way to burn off steam and energy.

It'll also make for some great pictures to show them when they're older!

4. **Spooky story evening**

Well, it doesn't have to be spooky if you're prone to fright, but with the cold nights drawing in it's the perfect opportunity to snuggle up with a book. Kit out a room with duvets, cushions and some gentle lighting, stock up on snacks and hot chocolates and you're good to go!

If you want to get super creative you can even task them with coming up with their own masterpiece during the daytime, which you can read out later.

On the other hand, if reading aloud isn't your style, you can always grab some audio books with great sound effects from your local bookstore or online.

Have you cooked up a treat this month or made something worth sharing? Snap a picture and send it in to us at editor@bidefordbuzz.org.uk

Burton Art Gallery and Museum

Crafty Kids: Crafty Kids for Under 5's every Monday 10am - 12noon (except Bank Holidays). Always something fun for kids to do. For under fives and families.

Young Friends - last Saturday every month, except December. 10am - 12 noon. £1 donation. Supported by The Friends of the Burton.

At Bideford Library

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News from Bideford College

Two Bideford College students, Connie Leitch and Angel Chamber-Barnes, have been donning their sports kit and taking part in a sponsored run to raise money for Skateistan.

Skateistan is an Afghan Youth Charity that works with young people aged 5 to 18 and helps them by providing access to education and uses skateboarding as a tool for empowering youth and to create new opportunities and the potential for change. The students chose the charity as it is a project supported by Bideford College and they wanted to be a part of it themselves.

The students, neither with much experience of running long distances, ran a total of 6 miles from the Puffing Billy to Bideford Quay supported by two teachers – Miss Luke and Mr Cope. Their effort was rewarded by a fundraising total of £83.31.

When asked about the challenge the students said 'We did it because we love to help other people's families, and we know that the money raised will help people's lives! This is not the only piece of charity work we have done, we have also done a garage sale, which made a profit on £86.58 and we hope to be able to do more in the future!'

A big well done to the two students!

Kim Jenkin



Good Age Page



Do you provide unpaid care for someone?

Devon Carers' Service provides free support and services to anyone who provides unpaid support or care for a family member, partner or friend because they are ill, frail or have a disability. Devon Carers is funded by Devon County Council and the Devon NHS Commissioning Groups to provide information, support and short breaks to unpaid carers. The service provides locally based Carers Support Workers in every area of Devon so that every unpaid carer can have access to their own Carers Support Worker. Sarah Ince and Samantha Major are the Carers Support Workers who cover Bideford and the surrounding areas. Their role is to provide advice, support and a listening ear to carers either in their home, by phone or in a neutral place depending on the carer's preference.

Devon Carers also provides non means tested grants and schemes for carers to use to have a break from their caring role. They also provide an Alert Card which ensures that if something unexpected happens to a carer, the person they care for gets help 24hours a day 7 days a week.

There is also a Devon based Carers' Helpline which provides Information and advice to carers and is staffed from 8am - 6pm Monday to Friday and 9am-1pm on Saturdays. a popular service which receives an average of 400 calls per week.

Within Devon Carers Service there are also specific services for young carers. Devon Young Carers, known locally as Carewise, provides specific support for young carers aged 4 -18. This includes leisure activities and trips, 1:1 direct support and a newsletter. For more information on any of the services provided by Devon Carers please call **08456434435** or go to **www.devoncarers.org.uk**

Free event for carers

Carers Rights Day is an annual national event aimed at encouraging carers to become aware of their rights. This year, the local Devon Carers Service team will be holding a free Carers Rights information session on **Friday 30th November, 1.30pm - 3:30pm at Bideford Town Hall**. Nell Casey from Devon County Council will be giving a talk on the services provided by Care Direct and Care Direct Plus, including how carers can get care and support provided for the person they care for should this be needed. Phil Pennington from the CAB will also be giving a presentation on the benefits system including recent changes and developments. There will be free tea, coffee and mince pies and a chance to meet our team of Carer Support Workers. To book a place or for more information please contact the Northern Devon Team on **08456 434 435**.

Reminiscence cafe at Northam Hall We are open every third Friday of the month, between 10am -12pm at Northam Hall.

Please come and join us. You will be welcomed by a friendly smile and refreshments. **Next meeting 18th October** Please give Sophie a call if you would like to know more or need transport on 01237 459337

Reminiscence Session – Take a trip down memory lane at Bideford Library Wednesday 9th October 2:00-3:30 pm

Remember back... and look forward to sharing your memories with others - chatting, looking at old items, perhaps creating a book of memories together. For anyone aged 60+

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Swinging the lamp on fires and fire fighting

Richard Small describes life in the Fire Service

Many things have changed but the nature of fire and the nature of man are inherently unaltered for millennia. Fire is both friend and foe, it can be saviour or destroyer in the blink of an eye; it is to this end that men joined the British Fire Service. If we go back, before women even had the vote, let alone distinguish themselves as the modern fire-fighters of today, it was an entirely male dominated service. At one time it was a service run by insurance companies and unless your house displayed one of their signs then they wouldn't put it out.

There were heroes and villains in the fire service and the truth of both was often obscured. At the beginning of the Second World War firemen were despised and seen as cowards dodging the bullets their fellow countrymen were facing in the armed forces overseas.

This would all change during the blitz when firemen would be out all night fighting major fires with limited resources while the rest of the population sheltered in fear wherever they could. Worse still, enemy bombers used the fires in the towns and cities below as targets for their bombs. Bad enough fighting a fire with limited water, intense radiated heat igniting buildings on the other side of the street and tumbling walls and chimney stacks. . . but to be bombed at the same time, real courage and tenacious effort was required. Their sense of and adherence to duty in such circumstances turned them from villains to heroes in the eyes of the people. I am sure that the fire-fighters of today share the same qualities. They may not face danger every day, they may not save a life but the essence of it is. . . they are prepared to put themselves between others and danger every single day. It is this sense of duty and constant training that makes them so valuable.

Much has changed over the years. When I joined Northamptonshire in 1974 we were not allowed to wear gloves when entering fires, whereas, today, fire kit is excellent and almost too protective. We were issued with some plastic coated soft gloves for debris work after the fire, but those who wore breathing apparatus and entered the building were forbidden gloves. The brigade was run on a shoe string; firemen did their own paperwork, checked their own hydrants and cleaned their own toilets. One of my gloves had a hole in it and I reported it to the Station Officer. He said, after carefully inspecting the said glove to ensure the hole was big enough to warrant such expenditure, "Ok, I have a hole in a glove too so I will order gloves from stores." Next time I was on duty I was thrilled to find that a new glove had arrived. . . it was my station officer's old one; he had ordered a new pair for himself and given me his old good one.

Much has changed; wartime fire fighters who were injured were only given a few weeks to return to duty or they were sacked . . . no pay . . . sacked . . . no million pound bonus or golden handshake , sacked. It was then that the Fire Service Benevolent Fund was set up to support them and Fire-fighters enjoy reasonable pay and conditions now.

We were once called to a field fire and had to walk through one field to a hedge the other side of which were some children. "Can we get through?" asked my boss. "Yes", they called back, "there's a gap in the hedge that way." I followed him along and sure enough there was a small gap in the bottom of the hedge through which he crawled and I followed; much to the astonishment of the children who were now standing by an open field gate only a few yards away! Another time we were to go and fill a school swimming pool from a hydrant. My boss asked me to calculate how long it would take. . . I did so explaining my method. While we were filling the pool I realised a mistake, I should have divided by sixty to get hours instead of minutes. I went to him and explained my error and he became very angry; "you fool," he said, "I've just told the headmaster how long it will take and how we work it out." He was promoted to Station Officer within a few months, makes you wonder, eh?

We all make mistakes. . . I've made plenty myself, perhaps swinging the lamp is one of them.

Richard Small (photo shows thatch fire)



Children Hospice South West

The Firewalk is taking place on **Friday 8th November** at Little Bridge House in Fremington from 7pm. If you ever harboured a desire to walk bare foot across hot coals then this is your chance.

Firewalk – Friday 8th November, 7pm. £20 to register with a pledged sponsorship of £12.

Register online at www.chsw.org.uk/fire or call 01271 325270.

SAMARITANS

Samaritans is a confidential emotional support service.

The service is available 24 hours a day for people who are experiencing feelings of distress or despair, including those which may lead to suicide.

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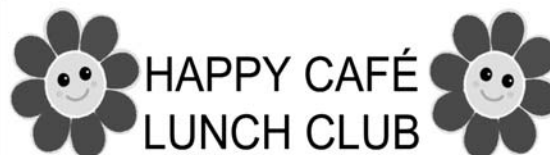
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**We now have a second shop in
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**Our head office is right in in Bideford,
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Community training café for new chefs.
New volunteers are welcome to join the FREE training to gain a qualification OCN Level 1 & 2 Kitchen & Work Skills

The Old Tennis Pavilion, Golf Links Road, Westward Ho!

**three set courses
£6.00
every Friday at 1pm**

Cooked by trainees as part of accredited kitchen skills course.

Bookings essential, call 07773 679559

Café usual opening times:
Thursdays and Fridays
10.30am until 2.30pm
Take away also available, please ask



THE PRINCESS
COUNTRYSIDE
FUND

www.seize-the-moment.net

Of interest to 'The White Queen' followers!

Edward IV aged 17 years, later to become Elizabeth Woodville's handsome husband (6 ft 4 ins) was rescued at Hartland by the Dynham family in 1459. After the battle of Ludlow, the Earl of Warwick and Edward escaped across Wales probably to Swansea where they chartered a trading ship for Bristol. Once on board, Warwick forced the master to take them over the Channel to Barnstaple Bay (sounds true to character!). They landed, hopefully on a calm day, in a cove near Hartland Point and were taken by Sir John Dynham to Hartland Manor/Abbey. The party then rode across Devon to Nutwell Manor, Exmouth. John Dynham's mother, Joan hid them and procured a ship at Falmouth on which they left for Calais. There was no payment but when Edward became king he gave her a royal ward whom she married to one of her daughters and she was sent £80 in cash 'for her household and servants and for the mariners, by way of regard and in recompense for their true services, labour and diligence at the last departure of the King that is now is from his realm towards his town of Calais and for his safe conveyance to the said town'.

Pam Cattle

News from the Burton art gallery & museum

November already, and we are starting to think of Christmas; but before it all really gets going, the Burton has some exciting exhibitions for everyone's enjoyment, and they take us right up to Christmas itself.

But before I reveal what's on later in the month, take a look at what's on at the moment: '**Abstract Impressions**' by Ben Nicholson, Josef Albers and Naum Gabo, remain on show until the 4th November. This exhibition has been visited by many school children during October; they have been fascinated by the designs these three artists have created. They understood the geometric drawings in particular, the angles and spaces, reminiscent of mathematics and architecture. They also liked the boldness and confidence of abstract forms and copied many of the works they saw.

At the same time, some of the Permanent Collection is on show, and it is always a pleasure to see works by Allin Braund, Aubrey Hunt, James Pipkin, Hubert Coop, and Sir Joshua Reynolds' portrait of Mrs. John Cleveland of Tapeley, and many other well-known artists. Hurry if you want to see them before they are put away after 4th November

The next exhibition, well worth waiting for, is '**In Stitches – Bideford and Tarka Quilt Groups**' who once again bring out their handiwork for us to admire and enjoy. Always a popular craft, quilts and wall-hangings have been designed and sewn for centuries, and our local groups have combined to show us what they have been up to for at least the past three years. The Group have also made something special, **The Dear Jane Quilt**, to raffle, and have been selling tickets for several weeks already. The North Devon Hospice will benefit from the money raised from ticket sales, and someone will be the lucky winner of a stunning quilt: some members of the Group have each designed and made a square, putting them together to form a future heirloom for the new owner to treasure. Make sure you have a ticket to support the Hospice to win this unique quilt. The exhibition runs from 16th November to 22nd December.

The Friends hold their **Annual Open Christmas Exhibition** each year, and this is no exception. It begins with the Handing-in Days, which are: Sunday and Monday, 17th and 18th November, during normal opening hours (11-4 on Sunday, 10-4 on Monday). Artists are invited to submit work on those days, and the exhibition will be open to the public on Saturday, 23rd November, and ends on 22nd December. We look forward to seeing a huge turnout of artists' work in all media, to make an exhibition which will not only be a selling-place for the many local and regional artists who take part, but also be an opportunity for visitors to purchase an original piece of art or craft, either as a gift or just to please themselves. And why not?

Paul Young's Ceramics can be seen in the Craft Gallery, and you can 'Meet the Masters' and learn how to throw a pot every Saturday from 2nd November to 14th December, 10am to 1pm. You can also attend two Craft Workshops, one with Bridget Arnold, on 29th November, to learn Wild Silk Painting, and at the other, Catherine Lewis will teach you the Art of Shibori and Devore, on 30th November.. Each class £35, 10-4 each day. For more details, phone 01237 471455.

So much to enjoy this month!

Diana Warmington, Secretary/Vice-Chairman, Friends of the Burton Art Gallery & Museum.



LATHWELLS RESTAURANT AND BAR, Cooper Street, Bideford

A tranquil haven amidst the hustle and bustle of Cooper Street. Our aim is to provide good food using as many local ingredients as possible, and giving first class service, in a cosy and intimate atmosphere. If you haven't discovered us yet - come and explore.

We have a bar licence now which means you can pop in for a drink during our opening hours without having to eat. Bring your newspaper in, or dominoes ; we have playing cards.

Our **Christmas Menu** is still based on 2011 prices (if you like we have extended our reduced VAT night!) with an interesting and varied menu, much enjoyed in previous years . John Emms, proprietor and head Chef explains, "We see Christmas parties as a showcase for any future bookings we may get so we are not greedy on our prices and our drinks' menu represents very good value."

CHRISTMAS MENU 2013 £22 per person for 3 courses

£18 per person for 2 courses

TO START . . .

Soup of the Day (V) with our own sourdough bread

Mixed Olives, Feta Cheese and Suntouched Tomatoes (V)

Chicken and Pork Terrine with onion marmalade Goatscheese and Beetroot (V)

Lathwells Fishcakes - with our own Thai dip

SOMETHING SWEET . . .

Traditional Christmas pudding with brandy custard

Really Rich Chocolate Truffle Torte with double cream

Winter Berry Pavlova

Liqueur Coffee

MAINS . . .

Roast Turkey with all the trimmings

Beef Olives (no olives!)

Butternut Squash & Tomato Lasagne

Trio of Fish Fillets in plain or garlic butter

Pork Escalopes in a white wine and cream sauce

All above served with seasonal vegetables and potato

Every year we try to make **New Year's Eve** at Lathwells that little bit different, and this year is no exception. Those of you familiar with our hot buffet will know how lovely it is to have a table for the night, (we say with pride) lovely loos, and the added advantage of being able to come and go as you please .

This year we are doing a 1970s style Wine and Cheese (anyone remember Abigails Party?) So, we are looking for the long flowing tresses and dresses, the Demis Roussos lookalikes! It'll be fun!

£25 per person includes a generous platter of cheeses with charcuterie, bread and chutney, a plate of fruit with honeyed creme fraiche, and a half bottle of house wine per person.

For details of our Festive events, or to make a booking please call us on **01237 476447**, email us at restaurant@lathwells.com, visit us at www.lathwells.com or follow us on **Twitter**.



Bideford Film Society

Doors open at 7.00pm, film starts at 7.30pm.

Tickets: General £5.50 Concessions £5.00 Members £4.00 Family (up to 3 children & 2 adults) £12.00 To avoid disappointment please check local press for confirmation of above programme or visit our web site www.bidefordfilmsociety.co.uk

November 1st and 2nd 7.30pm at Bideford College - About Time 12A) – U (possibly last film to be shown in 35 mm)

Friday 8 November at 7.30pm at Kingsley School - British Transport Films – West Country Journey and others all archive footage from the British Film Institute.

Saturday 9 and Sunday 10 November at 7.30pm at Kingsley School - Blue Jasmine (12A) -

Friday 15 and Saturday 16 November at 7.30pm at Kingsley School - Rush (15)

Saturday 23 November at 7.30pm at Bideford College - Prisoners (15)

Friday 29 and Saturday 30 November at Bideford College – Emperor



THE SHIPPING NEWS



Oldenburg has complete her programme for the year and no doubt will be off to Sharpness for drydocking.
Arco Dart at Appledore 7.10.13; **Welsh Piper** at Yelland 20.9.13

Bristol Channel Observations

14.9.13 at 18.40 fruit juice tanker **Orange Wave** 16700 tons d.w owners Atlanship S.A Switzerland outward bound from Avonmouth, having sailed at 13.46.
16.9.13 at 11.45 vehicle carrier, **Euro Spirit** 15483 tons d.w owners Mitsui OSK Lines Japan, inward bound for Portbury
19.9.13 at 09.05 cargo vessel **Grona Biessun** 5217 tons d.w, owners Grona Biessum Germany, inward bound for Avonmouth
20.9.13 at 09.50 cargo vessel **Barizo** 5647 tons d.w, Atlantic Shipping SC Bilbao Spain owners, inward bound for Newport.
22.9.13 at 12.07 cargo vessel **Carla** 7616 tons d.w owners Peter Dohle Schiffahrts KG Germany, inward bound for Newport.
 At 12.50 cargo vessel **Arklow Rose** 5005 tons d.w,, owners S & P bulk X AS Netherlands, inward bound for Sharpness.
27.9.13 at 14.15 whilst passing Portbury on the M5, I noticed that a lot of the storage ground cars etc were empty; there were two vehicle carriers discharging, the **Toledo** 19628 tons d.w, owners Wallenius Wilhelmsen Logistics Norway and Sweden and the **Delhi Highway** 18891 tons d.w, owners Kawasaki Kisen L.K. Japan Also alongside were two bulk carrier the **Golden Bull** 74500 tons d.w, owners Golden Crystal Inc Bernuda and the **Cetus Ocean** 82986 tons d.w owners Diamond Camellia Sa Japan ; they may have passed Lundy the previous days.

1.10.13 at 1900 cargo vessel **Hanoi** 2625 tons d.w, owners Briese Schiffahrts GMBH & Co KG German, inward bound for Avonmouth
4.10.13 at 17.50 cargo vessel **Ida** 2019 tons d.w, owners Interscan Schiffahrts GMBH Germany outward bound from Newport, having sailed at 09.45.
5.10.13 at 12.10 container ship **Endeavour** 9612 tons d.w, owners J.R. Shipping Netherlands, inward bound for Avonmouth.
6.10.13 at 11.06 heavy lift car vessel, **BBC Fuji** 9266 tons d.w, owners Briese Schiffahrts GMBH & Co KG Germany inward bound for Swansea.
7.10.13 at 07.25 cargo vessel **Caroline G** 3850 tons d.w owners Kaptain Josef Gerdas Schiffahrts GMBH & Co Germany, inward bound for Birdport. Seen again on 9.10.13 at 1600 having sailed at 09.37 . At 13.25 wood chip carrier **Silviculture** 54086 tons d.w. owners Cygnet Bulk Carrier Tokyo Japan, outward bound from Portbury, having sailed at 08.10. At 14.03 vehicle carrier **Global Spirit** 16493 tons d.w, owners Nissan Motor Car Carriers Japan, inward bound for Portbury. At 17.23 Bulk carrier 83349 tons d.w owners Primavera Montana S.S Japan, inward bound for Portbury.
9.10.13 at 16.07 cargo vessel for carrying wings for Airbus **Ciudad de Cadiz** 3500 tons d.w Anita 2 SNC France, inward bound for Avonmouth.
11.10.13 at 17.50 vehicle carrier **Silverstone Express** 15154 tons d.w owners Vroon BV Netherland inward bound for Portbury.
12.10.13 at 0825 **BBS Star**, 3211 dwt, owners BBS Bulk I KS Norway tons d.w, outward bound from Sharpness having sailed at 00.48. At 0940 container ship **Endeavour** 9612 tons d.w J.R. Shipping Netherlands inward bound for Avonmouth ;
14.10.13 at 11.20 vehicle carrier **Grande Italia** 12594 tons d.w owners Grimaldi Group Italy, inward bound for Portbury.

Captain Hoad kindly ascertained from the Appledore Shipyard that the first of the two naval patrol vessels being built for the Irish Navy is due to leave the building shed on the 3rd November about 19.00 and will undertake 6 days sea trials at the end of January. The second vessel is well underway in her construction .

I would like to thanks the Huntshaw Ladies Breakaway Group for their kind reception of my talk on Bideford Shipping on 9th October and their donation to Buzz funds

Regards
Norman

Ship	Registered Flag Owners	From	To	Arrived	Sailed	Crew	Cargo loaded
Celtic Challenger Built 1993 ex Atlantic Coast 08 Apus 03 Anke Ehler 98 <i>Discharged at Yelland</i>	Cardiff British British	Glensanda	Birdport	18/09/13	18/09/13	Polish	3810 tons chippings
Valentin Pikul Built 1994 <i>Loaded at Yelland</i>	Malta Russian Valletta	Dundalk	Wismar	28/09/13	05/10/13	Russian	2500 tons timber
Exe Otter* Built 1989 ex Aspen 12 Amy 06 Change of crew and ownership at Bideford The new owners are based in Crediton	St Johns Antigua and Barbuda British	Warrenpoint		05/10/13		Russian Cape Verde	

*vessel sailed 15.10.13 - will keep her original name but changed Flag, to be registered in Kingstown St Vincent and Grenadines, with the new crew from the Ukraine

At the time of going to press the vessel **Casablanca** will be loading for Castellon - full details next month.

Buzz Word -

Please send us your Buzzes!! Write to editor@bidefordbuzz.org.uk or to the address on front page.

Tarka Morris Men

Tarka Morris Men are now getting into their Winter practice season, and are on the look out for new members. Morris Dancing is a great old English tradition, and is a marvellous way of keeping fit and making friends. It's also more fun than the gym!

Nobody knows the precise origins of Morris Dancing, but it has been well documented since before the time of Shakespeare. Some say that it is part of an ancient fertility ritual, but nobody can be certain.

We dance around the villages and resorts in the North Devon area on Tuesday evenings from May to September. After dancing we always drop into a friendly pub for music, singing and general merrymaking. We also dance at festivals and local events such as the Pilton Green Man celebrations. We dress in white, with rosettes in the colours of the local woodland, yellow, green and brown, on which are depicted otter paw prints, representing Henry Williamson's creation, Tarka the Otter, who swam in the rivers and tributaries of this area.

Our practices are held on Tuesday evenings from 8pm at the Bideford Amateur Athletic Club, The Pill, Bideford. All you need to be is male, with a good sense of fun and a willingness to learn.

Come along and give it a try! just turn up on a Tuesday evening or give me a ring on 01237 476632.

John Blackburn.

Pannier Market

We are at present in talks with the Town Council, hoping to open the market an extra day a week. We will keep you updated. November 16th sees Jacky of Moonbears holding an animal charity day with many animal charities taking part; please pop along and support these charities. In Butchers' Row we have a new shop, KARIZMA, meet Suzy with all her pom poms, bright and colourful for weddings, birthdays and home décor etc, which also incorporates Brian's photography.

Is it a bird? Is it a plane? No its our very own SOUPERMAN - Michael is back with his tasty soups, rolls etc with porridge for the early birds.

Minxy's Sweets are busy expanding into number 2 and are aiming to unveil their new shop 1st November.

We wish everyone well in all their businesses as they get ready for the Christmas shoppers.

November 30th sees our first winter wonderland in the pannier market this season, where we will be dressed in our Victorian outfits. There will be something for everyone, every Saturday in December. Choirs, nativity play and much much more. Full programme to be announced soon.

If anyone is interested in having a stall in the Pannier Market please come up and see Ahmet on Tuesdays and Saturdays. Alternatively ring Ahmet 07955028603 or Richard Coombes Bideford Town Council on 01237 428817-(Look out for the Parkinson's stall on the 30th)

Writer's Blog!

It's good to see that Appledore Book Festival is going from strength to strength with each year that passes. I personally went to three events this year: the Appledorian Day on the Sunday, Peter Snow on the subject of his latest book, the burning down of the White House during the 1812-1814 war with the USA, on the Monday, and Jonathan Dimpleby on the Battle of el-Alamein on the Saturday. All three events were well-attended. The speakers themselves all seemed delighted to come here, and visitors from all parts of the country mentioned how enjoyable was both the Book Festival and their stay in Appledore.

I also discovered another local cultural gem during the month: The North Devon Decorative and Fine Arts Society. This is the local branch of a national organization that meets once a month at Durrant House Hotel, with guest speakers on all manner of subjects artistic: this month's talk was by Mr. Julian Halsby on the Pre-Raphaelite painters. Next month's talk is on the subject of Tudor and Jacobean Miniatures by Dr. Catherine Oakes. It doesn't really need any advertising from me, though, as it is already very well-attended.

Next month is November, and November in North Devon means herrings. I notice that Clovelly is holding its annual Herring Festival on **Sunday 17 November.**

Chris Trigger

Appledore Book Festival puts atmospheric fishing village well and truly on the literary map

With some 59 events ranging from a talk by tireless 81-year old local charity worker Deri Rundle on her recent book *Never Again* - about the work she undertakes in war-torn Rwanda – to a lavishly illustrated talk about *Brazil* from Monty Python star turned travel writer Michael Palin, this year's Appledore Book Festival offered an eclectic range of the talks by authors that also included Lynda La Plante and television presenters Richard and Judy - along with workshops for aspiring authors – and such annual fixtures as an Appledorian Day exhibition of local memorabilia, a jazz evening at The Beaver Inn - this year featuring the Martin Speake Trio - a comedy evening at the Appledore Hall with Les Barker - and a number of guided walks with local historian David Carter and ghost walks with Terry Bailey- and a Books & Authors quiz evening at the Seagate Hotel.

Comments left by festival visitors summed up their impressions of Appledore - and these include Professor Helen Taylor of Exeter University, who chaired the New Voices event for debut authors - and said: "It's absolutely wonderful and such a privilege to be able to talk to first-time novelists about their work and to hear about their struggles and their enthusiasm and read their amazing books. The enthusiasm of Appledore is great and testifies very well to the strength of the Festival." Lucy Clarke, debut author of the successful *The Sea Sisters*, benefited from her visit to the coastal village. After taking part in the New Voices event, she said: "I've met lots of very nice locals and in fact the taxi driver who picked me up from Barnstaple station is now going to be a research assistant on my next book. He knows a lot about sailing and he's offered to answer any questions to do with that so we've swapped emails.

And there were plenty of laughs when poet Pam Ayres entertained audiences with such comments as: "It was my first time in Appledore and I'm rather sorry because it is so nice and I didn't even know it was there."

The Appledore RNLI lifeboat crew saved the life of historical and romantic novelist Kate Furnival and her son several years ago. As a North Devon resident and a speaker at this year's festival she told us: "Queen Mary I said that when she died Calais would be engraved on her heart. Well, when I die Appledore will be engraved on mine." Given the heavy workload involved for the organisers, planning for next year's festival will soon be under way - and if you'd like to note the dates in your diary - it will run from Saturday 27 September to Sunday 5 October 2014. The festival's web address is www.appledorebookfestival.co.uk

Barry Evetts.

Northern Devon Foodbank.

Since April of this year, the Northern Devon Foodbank has distributed almost 10 tonnes of food and has been able to help over 1400 adults and children, through crises such as benefit changes, sickness, debt, unemployment and domestic violence. A big 'thank you' to those churches and schools who donated almost 1 tonne of food throughout the Harvest Festival period, the variety of donations was wonderful. In November, volunteers for the Northern Devon Foodbank will be asking for your donations from some local supermarkets. However, please contact us if you are a member of a church, school, community organisation or local business and you would be willing to arrange a work day food collection of non perishable items or organise a fund raising event. We can be contacted on info@northerndevonfoodbank.org.uk and 07874 206438.

Ginette

November Diary

Friday 1st

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

8pm Norman Watt-Roy & Friends @ the Palladium. £12. 478860

Saturday 2nd

9am-2pm Farmers Country Market at Atlantic Village.

10am-12pm Coffee Morning at Holy Trinity Church, Westward Ho! £1.25

3pm Bideford AFC v Bashley

7.30pm Film 'The Great Gatsby' at Littleham Village Hall. 420372

Sunday 3rd

11am-5pm Westward Ho! 150.

Exhibition of historic maps & pictures at Kingsley Hall, Westward Ho!

Monday 4th

2-4pm Lip-reading classes at Burton Art Gallery Reading Room. 07794390807

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

7.45-9.30pm Bideford Band rehearses

Tuesday 5th

10am-1pm Lavington Church coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

7.45pm Bideford AFC v Poole Town Palladium Club *Jam Night*

Wednesday 6th

10.30am Parkinson's UK meets at Ethelwynne Brown Close. 478128

11am-1pm Creative (Memory) Café at Pollyfield Centre. 07817976053

2.00pm Bideford Library Readers' Group. 476075

7.30pm Bideford Folk Dance Club meets at Northam Hall. 423554

7.30pm Bideford Music Club at Bideford Methodist Church Hall. Anthony Brown

& Leo Nicholson.

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room

01271 860061

8pm Bideford Phoenix Morris rehearse at Baptist Church, Mill St. 473798

Thursday 7th

10.15am-12pm Northam Men's Forum, Northam Methodist Hall. Matt Edworthy 'Biosphere Torridge Project'. 478123

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. Mobile service with wide range of sensory equipment to try/borrow. 01271 373236

2.15pm Thursday Fellowship, Northam Methodist Hall. Julia Spencer 'Extreme Iceland'.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.45-9.30pm Bideford Band rehearses.

Abbotsham Village Hall. 474711

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769

540309

November Diary 2013 *continued*

Friday 8th

7pm Firewalk at Little Bridge House, Fremington. 01271 325270

7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Saturday 9th

7.30 pm Concert by Encore! at Lavington United Reformed Church. £5 pp under 18's free

Sunday 10th – Remembrance

Sunday

10am-1pm Antiques & Collectors Fair at Instow Parish Hall supporting RNIB.

Admission 20p. 01271 812711

10.50am Act of Remembrance in Victoria Park followed by Parade to St Mary's Church for Service at 11.30 am.

Monday 11th

10.50am Act of Remembrance outside St Mary's Parish Church.

2-4pm Lip-reading classes at Burton Art Gallery Reading Room. 07794390807

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

7.30pm Bideford Stamp Club, Old School Room, rear of Kingsley Hall, Westward Ho! 472101

7.45-9.30pm Bideford Band rehearses

Tuesday 12th

10am Macular Society meets at Burton Art Gallery. 474128

10am-1pm Lavington Church coffee and lunches.

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

2-4pm Epilepsy Action Group meets at The Corner House Café, Boutport St, Barnstaple. 07875577428

7.30pm Northam Choral Society rehearses at Northam Methodist Hall.

7.30pm Bideford Sustainability Group meets at Blacksmith's Arms

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome. Palladium Club *Jam Night*

Wednesday 13th

11am-1pm Creative (Memory) Café at Pollyfield Centre. 07817976053

7.30pm Bideford Folk Dance Club meets at Northam Hall. 423554

7.30pm The Two Rivers Wind Ensemble rehearsal at Bideford Band Room

01271 860061

8pm Bideford Phoenix Morris rehearse at Baptist Church, Mill St. 473798

Thursday 14th

10.15am-12pm Northam Men's Forum, Northam Methodist Hall. Chris Braund 'Weapons of the English Civil War'.

11am-12.45pm Christmas Fayre at

Durrant House Hotel. Riverside Support Group of North Devon Hospice. £2

2.15pm Thursday Fellowship, Northam Methodist Hall. Ken Egan 'Post Office & Trunk Roads'.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.45-9.30pm Bideford Band rehearses

Friday 15th

10am-12pm Northam Reminiscence cafe at Northam Hall. 459337

2pm Devonshire Association at Burton Art Gallery. 459224

7.45pm Modern Sequence Dancing Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall 476632

Saturday 16th

9am-2pm Farmers Country Market at Atlantic Village.

2pm Grand Autumn Fair at Instow Parish Hall.

Sunday 17th

1.30pm Torridge Ramblers walk. 01805 625485

Monday 18th

2-4pm Lip-reading classes at Burton Art Gallery Reading Room. 07794390807

7.15pm Appledore Singers rehearse at Appledore Primary School. 424982

7.30pm Appledore Amateur Radio Club at Appledore Football Social Club. 473251

7.45-9.30pm Bideford Band rehearses

8.30pm North Devon Jazz Club at the Beaver, Appledore. Stekpanna. 421065

Tuesday 19th

10am-1pm Lavington Church coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30pm Northam Choral Society rehearses at Northam Methodist Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Palladium Club *Jam Night*

Wednesday 20th

11am-1pm Creative (Memory) Café at Pollyfield Centre. 07817976053

7.30pm Bideford Folk Dance Club meets at Northam Hall. 423554

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room.

8pm Bideford Phoenix Morris rehearse at Baptist Church, Mill St. 473798

Thursday 21st

10.15am-12pm Northam Men's Forum, Northam Methodist Church Hall. Rick Dooley 'Astronomy'. 478123

2.15pm Thursday Fellowship, Northam Methodist Hall. Social Afternoon.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.45-9.30pm Bideford Band rehearses

Friday 22nd

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Saturday 23rd

10am-4pm Craft Fair at Littleham Village Hall. 473338

10am-1pm Christmas Fayre at Lavington Church.

2pm Christmas Fair at Northam Hall Parish Ladies Group.

3pm Bideford Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

7.45pm Bideford AFC v Banbury United

Palladium Club AFC v Stourbridge

Monday 25th

2-4pm Lip-reading classes at Burton Art Gallery Reading Room. 07794390807

7.15pm Appledore Singers rehearse at Appledore Primary School. 420652

7.45-9.30pm Bideford Band rehearses

Tuesday 26th

10am-1pm Lavington Church coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30pm Northam Choral Society rehearses at Northam Methodist Hall.

7.30-9pm Sam *Jam Night*

Wednesday 27th

11am-1pm Creative (Memory) Café at Pollyfield Centre. 07817976053

7.30pm Bideford Folk Dance Club meets at Northam Hall. 423554

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room.

01271 860061

7.30pm North Devon Humanists meet at Fremington Parish Hall. 474225

8pm Bideford Phoenix Morris rehearse at Baptist Church, Mill St. 473798

Thursday 28th

10.15am-12pm Northam Men's Forum, Northam Methodist Hall. Dave Eadie judging entries for 2013 Photographic Competition.

2.15pm Thursday Fellowship at Northam Methodist Church. Terry Bailey 'Appledore Ghosts'.

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.45-9.30pm Bideford Band rehearses

Friday 29th

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho 1769 540309

8pm Ceilidh Club, Northam Hall. 476632