



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

Bideford Amateur Rowing Club (the Reds) TAKE TO THE WATER



The Men's senior crew of Richard Prust, Adam Curtis, James Williams and Jon Lamont.
It was their first win of the season at Plymouth Regatta 2013.

'The B.A.R.C was founded in 1882 and has stood proudly on its present site, on the Quay, since 1939. The club, better known as 'The Reds' has produced Rowing Championship crews second to none in the area and between them have amassed over 40 West of England A.R.A Championships and three South Coast Championship victories.' (From the website www.bidefordreds.co.uk).

The club is now in the summer regatta season around the West Country which includes seniors, vets and juniors who race in quads, doubles and singles. There are 'explore rowing courses' to give adults a taster of

rowing - to find out more contact James Williams on the number below.

They also take junior rowers age 12+. A new scheme through British rowing encourages 14-25 year olds to try rowing, contact Dave Godfrey.

Bideford Amateur Rowing Club (The Reds)
Tel: 01237 478646

Other Contacts

Club Captain: Andy Maynard, maynardandy@hotmail.com

Secretary: Carol Hadcroft, Tel: 01237 479183,
bandc@hadcroft1120.freeserve.co.uk

Safety Adviser: Andy Cox, angrycox@btinternet.com

**CONTACT
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre, South West Foundation, Devon County Council, The co-operative Community Fund & Bideford Freemasons. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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The **co-operative**
Community Fund



West Quay
Fundraisers



Bideford Town Council

Bideford Hospital 1962

My father had a chemist's shop in the High Street and I married a local girl just before my final exams. From a London teaching hospital to Bideford Hospital was a steep learning curve for me as a junior hospital doctor, just registered! to be the sole senior house officer in residence. My wife and I lived in a two roomed flat above the casualty department with our baby son and our meals were cooked and brought up to us from the hospital kitchen each day. I was expected to be 'on call' except for one half day a week, (which ended at midnight) and the local



GP's were on hand for help and advice. Mr. Stirk and Dr Hewetson did the major surgery and I was their assistant while Dr Shaw and Dr Hunt did most of the anaesthetics. Consultants for Exeter came regularly - Mr Capener for orthopaedics and Dr Brimblecombe for paediatrics, visiting the tiny children's ward next to our flat. Dr King and Dr Smart (of Marwood Garden's fame) were the physicians.

It would be true to say I became a better doctor in the next few months as casualty officer as well as my other duties. We had a patient with an adder bite and sent for anti venom from Exeter. I didn't know how to give it, but happily one of the staff nurses had worked in India and told me how to inject it into the abdominal wall muscles. Another patient arrived one evening asking to have his ears syringed. I said I thought he should be going to his doctor as it was hardly an emergency. 'I'm the catcher of the the trapeze artist in the local circus' he said. I syringed his ears.

We used the stomach pump for overdoses, always a hairy moment, but I do recall someone from the shipyard at Appledore when the casualty floor was awash with cider. He must have drunk about a gallon! We also had a smallpox scare that year when there was a big catch up with vaccinations rather like the recent measles epidemic,

I left to work in Obstetrics and Gynaecology prior to finding a general practice in Sussex and have only returned to our roots in the past eleven years but Bideford has always been where we wanted to be. **Michael M Wilks M.B. MRCS. LRCP.D.Obt; MRCGP.**

Bideford Hospital 1940

I spent some time in Bideford Hospital as a child. I lived in Orpington, Kent and suffered frequent sore throats so my Doctor thought I should have my tonsils out. As the 2nd World War had started my parents did not want me to be in hospital there and arranged for me to come to Bideford where some relatives had already moved.

I was about 7 years old and remember vividly my confusion and embarrassment being carried to the operating theatre with the back of the gown being apart and my posterior being visible to the other children! I didn't much like having my hands held down when the anaesthetic was given either. Afterwards I was given thin bread and butter slices - with the crusts cut off! It was disappointing to find subsequent ones had the crusts on!

I was longing to get out of bed and play with the rocking horse and doll's house although I don't remember doing so.

The girl in the next bed - the end one - had doctors to see her without at first drawing the curtains and I was fascinated to see that she had all sorts of tubes coming out of her. When they saw me looking they pulled the curtain and I could see no more, I often wondered what she had wrong. My aunt by marriage, Phyllis Prentice, was a ward sister at Bideford hospital for some time before she became Sister Tutor before retiring. In her retirement she spent about a year as a patient - in the new buildings and did her best to keep the nurses on their toes!

Mary Maine (Cartoon by Michael Darling)

(More on Good Age Page)

Graham Frisby.1958-2013.

Last month I attended the memorial service for Graham at the new Westward Ho! Baptist Church.

Graham's sons spoke eloquently and movingly about their father, a lovely sociable man whom we all remember from trips to Bideford Pannier market where he ran an art stall selling his pictures, or from seeing him around town.

Graham and Becky both helped a lot with Buzz in its early days with distribution and typing.

It was obvious from the size of the congregation that there was a huge love and respect for Graham and his family.

We sang the Devon Hymn (new to me) to the tune of *Morning has Broken* which summed up Graham's love of the Devon countryside and all things rural.



Devon Hymn

Celebrate Devon. embracing Heaven,
Green fields and pastures, seaside and
moor,

All that the Lord gives throughout the ages
Is ours to treasure from shore to shore

Give God the glory! Sing Devon's story
Glorious Devon, this we adore;
Poets and painters, seamen and farmers,
All these enrich us for evermore.

Walk on the highways, stroll in the byways.
Swim from the gold sands, cycle the lanes.
Cherish the beauty of field and flowers,
Churches and chapels, all God's domain.

Heaven in Devon! Praise the creator
For all the past years and those to come.
Bells will ring out now all over Devon.
We shall praise God here Amen! Amen

News from the Burton Art gallery

Will you be submitting work for the Summer Exhibition? It's that time of year again, when the Westward Ho! And Bideford Art Society take over the Burton and select their Annual Open. This year will be the 91st year of the annual exhibition. It runs from the 27th July – 30th August and regularly features over 300 works of art, including painting, sculpture, textiles, printmaking, ceramics and more. A talk and tour lead by members of the society will introduce the exhibition at 2pm on the 27th July, free, all welcome. Handing in dates are **Friday 19th July 2 - 4pm and Saturday 20th 10 -11am**. For an entry form, pop into the Burton to collect.

When asked recently why the exhibition was so important, Judith Westcott, Chair of the Westward Ho! & Bideford Art Society said, *"It is the society's main event and showcase. Having it at the Burton, in the summer months, is greatly to our advantage. There is no gallery space to match it in North Devon."*

As many of you will remember, late last year the Burton was awarded an £8700 funding bid from the Heritage Lottery Fund All Our Stories programme to explore the heritage of Bideford Black. *"We've been amazed by how many people and how much information has come forward, in fact the hardest part of the project has been knowing where to stop. Ultimately there will be a permanent display, funded by The Friends of the Burton."* **Miranda Clarke, Visual Arts Manager.**

Friends of the Burton

Wednesday, 10th July, in the Burton Gallery, at 7.30 p.m. Irene Hahn on 'Inside and Outside the B.B.C.' £5 at the door. All welcome.

Memories of St Peter's Church East the Water

This church was consecrated on Saturday June 28th 1890 by the Bishop of Exeter. The cost of the site and building, over £2000, was defrayed by the then Rector of Bideford, the Rev. Roger Granville. At the conclusion of the service, a public luncheon was served at the Royal Hotel, and then the new cemetery at East the water was consecrated.

One of the greatest benefactors of the new church was Mr. C Strachan Carnegie of Cleveland's Northam

(cousin of Andrew Carnegie who endowed Bideford Library, and who opened the new library in 1906) The stone from the building was obtained from a quarry at Cornborough and was built by Mr Glover of Abbotsham. The church was built on the site of an allotment and a tollgate.

As the years passed the town of Bideford grew in size and the church was no longer able to accommodate them, and a larger meeting place was needed.

Sadly for numerous reasons St Peter's Church has not been in use for some time and now the sale of the building has been completed. Many people will have very happy memories of their church at East the water.

Mike Davy



Do you have any memories of St Peter's Church? Please share them with us.

One Hundred years Ago

Bideford The new Bideford United Methodist Church opened in High Street. The celebrations included a public luncheon attended by the Mayor and Corporation.

Littleham

The inhabitants of Littleham were delighted to once more hear the merry peal rung on their church bells. It was discovered that the tenor bell, dating back to the 16th century was badly cracked. Ringers from Buckland Brewer, Abotsham, Parkham and Monkleigh rang peals after the dedication ceremony.

Langtree

A new Juvenile Tent of Rechabites at Langtree was successfully instituted and nearly 40 members being initiated,

"Local Food for belly and brain"

Hartland Farmers' Market is well known as the friendliest farmers' market in North Devon, as well as for its incredible range of local food. The market is non-profit making and raises money for local charities, including the Small School, which benefits from a free stall. This year the school is aiming to offer a different food at every market, and to seize the educational opportunity offered.

The market on **July 7** will focus on local history and St. Nectan, whose story I have previously covered in the Buzz - well worth following up for those with an appetite for the gruesome stories of early English saints! Mediaeval recipes will be adapted with flat-breads made from brewer's rather than baking yeast and sour dough. There will also be an elderflower cordial made with honey rather than sugar, and a fruity dessert with un-milled barley. You will be able to take away recipes printed and stories about St. Nectan.

All of this plus the market's usual amazing range of local meats, game, fish, bread, cheeses, organic vegetables, pies, preserves, honey, cakes and plants. For those with more conventional tastes the Renowned Farmers' Café will be selling the best value Full English in Devon using only fresh local ingredients provided by our stallholders.

Rod Landman

The market runs from 10am – 1pm in Hartland Village Hall. You can find out more by calling Rod on 01237 441786 or emailing rod.landman@virgin.net



Good Age Page



An Ode To My Granddaughter, Daughter, And Me, Granny.

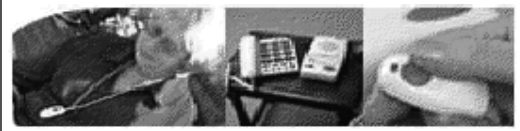
I felt a limb through your Mum's
skin
And all three of us
connected,
Which limb it was is the
question?
Just one that you
selected!
Now you are born my emotions
are torn
And I love you with all of
my heart
You are new life,
A new beginning
A new start.

Jean Summers

I noticed in the June Buzz that you are hoping to run a feature on Bideford Hospital. In 1975 my mum Jean Summers worked as one of the cooks alongside Mandy and Edna. I also worked as a kitchen assistant with Janet Evans, Joanne Moody, Sheila Mugford, Mary Mugford and a lady from Torrington (Dorothy Stapleton) and the Scottish gardener called Jock who lived at Fairy Cross. We had a lot of fun and laughter as my mum had a brilliant sense of humour.

After a while they shut the Bideford Hospital kitchen down, and re-opened it a few years later after refurbishing it. Hope you print this as my mum, who passed away last year in March, was a well liked lady.

Janet Summers



Devon Homelink

Emergency alarm system: are you or someone you know worried about being able to contact help in an emergency?

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Northam Reminiscence cafe

We are open every third Friday of the month, between 10am -12pm at Northam Hall. Please come and join us. You will be welcomed by a friendly smile and refreshments.

Next meeting 19th July. Please give Sophie a call if you would like to know more or need transport on 01237 459337

Reminiscence Session – Take a trip down memory lane at Bideford Library

Remember back... and look forward to sharing your memories with others - chatting, looking at old items, perhaps creating a book of memories together.

For anyone aged 60+
Refreshments provided

Gadget Week

8th -12th July at Bideford Library.

Need help with your gadgets? For one week young people will be at Bideford Library to help you with problems relating to your gadget e.g Mobiles, tablets, laptops, e readers, Skype and facebook.

Tarka Child Contact Centre Celebrates its 5th Anniversary

June saw the 5th Anniversary of a local charity...the Tarka Child Contact Centre (TCCC). The members of the charity celebrated this milestone at the recent Volunteer Recognition Night, which was organised by Torridge District Council and TTVS, at the Pier House, Westward Ho! As an Accredited member of the National Association of Child Contact Centres, TCCC registered for their long service awards and the Northam Mayor, Barry Mason, presented some of the volunteers with NACCC silver awards for 5 years volunteering with the charity.

TCCC offers Supported Contact in order for children, aged birth to 16 years, to spend time with their absent parent, and often other family members, when there is no other viable option; thus ensuring that children continue to have a relationship with both of their parents.

TCCC opens on the 2nd and 4th weekends of the month and rents the Bideford Bay Children's Centre, which offers excellent facilities for play, to hold the contact sessions. The Centre aims to provide a safe, impartial and friendly environment in which children can continue their relationship with their absent parent whilst just playing and having fun! Nationally, there are more than 350 Child Contact Centres, who acknowledge the need for parents to be supported and encouraged in order to rebuild trust and communication and ultimately progress towards making their own contact arrangements.

Since opening, the charity has made many changes and improvements to the service that it offers:

- Increasing from the original Saturday session to offering an additional Sunday session, thus offering 48 sessions per year, instead of the original 28.
- In response to the recent restrictions on the availability of Legal Aid, the Centre now accepts Self-Referrals, making the service more accessible.
- Due to the recent closure of a Child Contact Centre in Barnstaple, TCCC is now the only centre accommodating referrals from the North Devon and Torridge area

The Centre is operated by a team of well trained volunteers and relies entirely on fundraising, donations and grants in order to continue to offer this service free of charge.

If you would like more information about the Centre and the service that it offers, or would like to join our Team of volunteers, please call Sally on 07530 605681. Alternatively you can read more about TCCC on its website: www.tarkachildcontactcentre.co.uk

Sally

Events for children.

Your Local Library

Bideford and Northam Libraries continue to run their under fives story time sessions ; Bideford's is on **Tuesdays and Thursday** mornings from 9.30am- 10am (except for school holidays) and Northam's Bounce and Rhyme are on **Monday** mornings from 9.15 - 10.45 (Please note change of day)

Paper Dolls - World Record Event Saturday 6th July 10am - 12 noon We need your help to make the world's longest ever chain of paper dolls

Summer Reading Challenge begins at all Devon Libraries from **Saturday 13th July** and called 'The Creepy House'. Collect your pack from your local library on and after this date.

Burton Art Gallery and Museum

Holiday Art Trolley, Children's workshops & Young Friends

The Burton's Art Trolley will be doing the rounds again this summer holiday. Generously supported by the North Devon branch of NADFAS (National Association of Decorative and Fine Arts) it has self guided activities for families - last time it was out over 120 of you had a go. And look out for the Children's workshops for 7 – 11 year olds, not to mention Young Friends, Saturday 27th July, 10am – 12noon.

The wonders of modern communication

Poppy's first tooth came out at nursery and she lost it! A few tears but I have texted Tooth Fairy and that is now sorted!

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Quaker Meetings for Worship

are held at 17 Honestone St, Bideford
(near Pannier market)

10.30am on Sunday mornings

All are welcome

Enquiries tel **01237 421549**

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miranda@headweb.co.uk

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information.



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and friendly
group near you
today...

Tuesday 9.30 or 11.30am

Bideford Angling Club, Honestone Street,
Bideford

**Tuesday 3.45pm 5.30pm or
7.30pm**

East the Water School Bideford
Tel Kate 01409 221873, 07974041548

Bideford Buzz

**Thanks to all the people who
attended our AGM and
welcome to our new committee
members. Thankyou Peter
Christie for a fascinating talk on
lost shops and to the Reds
Rowing Club for the use of the
venue.**

News from Bideford Library Readers' Group

Remarkable Creatures by Tracy Chevalier.

This book was unusual in more ways than one. Firstly, it gained (almost) universal approval from everyone at the meeting: this in itself is a rare occurrence! Secondly, it was the sort of book that you could put down (it certainly wasn't a thriller where you might feel you had to keep reading) yet once put down, you couldn't wait to pick it up again!



The story is about Mary Anning, the 'greatest fossil hunter in the world', and her friend Elizabeth Philpott. Both characters really existed, living in early 19th Century Lyme Regis. Mary Anning's life is documented at the Natural History Museum but this novel 'fills in the gaps' imaginatively. The mix of fact and fiction makes for thought stimulating reading.

Tracy Chevalier's writing evokes a strong sense of time and of place – the group are now contemplating a visit to Lyme Regis, which also features in *Persuasion* by Jane Austen -the story has echoes of that author, being set in a similar time period.

Events in the novel give a flavour of how class divisions might have operated at the time and the barriers this created. Elizabeth and Mary were unusual in being able to by-pass their class divisions but few other characters in the story were able to do the same. The story also drew out the hugely differing roles of males and females during this time. Chevalier's accessible style of writing showed the two females as strong characters whilst the males were rarely portrayed in a positive light. There was a sense of how difficult it was for females to operate in the world of science at the time. Some might say that this is still an issue today!

Despite almost universal approval of this story – or perhaps because of it – this was one of the longest discussions the group has had. It led to an exchange of opinions on the roles of males and female, then and now, on how the world might have been, family loyalties and on endangered species/extinction. Few of us in the group knew much about fossils and were thankful to John Martin for answering many of our questions on the topic. **Peter Evans**

*The next meeting will be on **July 3rd at 2.30 pm at Bideford Library** when the book for discussion will be Philippa Gregory's 'A Respectable Trade.' - copies available from the Library if you haven't already got one;also at the next meeting - anyone who would like to bring along their **favourite poem** to read to the group (not compulsory!) is welcome to do so.*

Feel Better with a Book. Every Wednesday 10:30-12:00 pm at Bideford Library. Come and lift your mood through the joy of reading! No pressure and no reading required. The group is led by an experienced facilitator.

Huguenots in Bideford

As a descendant of Huguenots by marriage, I was fascinated to learn from the very useful Heritage trail by David Howell that many of them settled in Bideford when they fled from France in 1685. Many were skilled weavers who settled in the town and developed the silk and cotton trade. The French Huguenot chapel was in Chapel Lane (off Allhalland Street) and it is possible that Samuel Pepys worshipped there because his wife Elizabeth came from a Huguenot family in Bideford. 'Elizabeth was born in Devon, in the neighbourhood of Bideford where her parents had settled. She was the daughter of Alexander St Michel an exiled Huguenot, and a penniless bride of fifteen years.' (from the introduction to *The diary of Samuel Pepys*, Macmillan edition 1905) There is also a little book by Inkermann Rogers, 'Huguenots in Devonshire,' (used to be at Bideford Library), but which is now available for reference at Barnstaple Local studies which lists many Huguenot names associated with Devon, including Arno. So perhaps I can very loosely claim to have had connections with Bideford since the 17th century! **RA**

Crossing the Torridge – 11 Bridges between Bideford and Torrington!

It's surprising how they add up once you set out to count the bridges.!

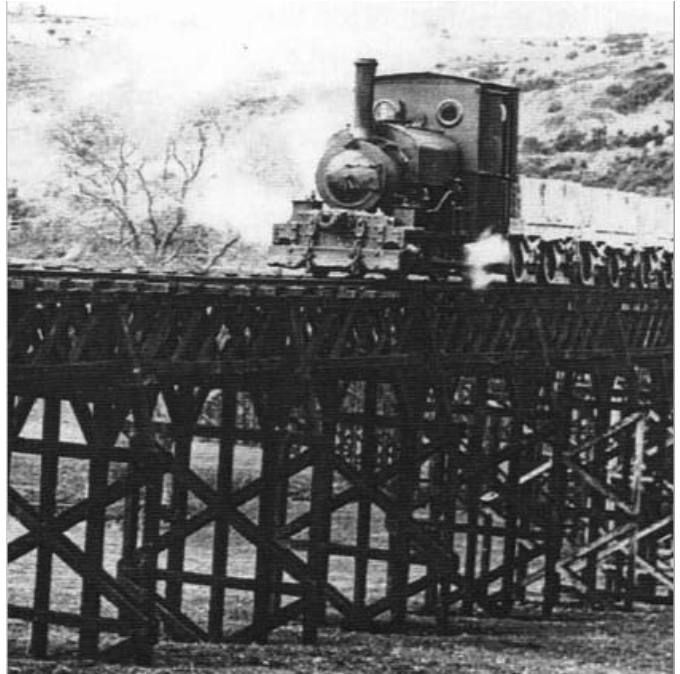
The oldest of course were the pack-horse bridges dating from around the 12th century of which there were three, Bideford, Rothern and Taddipport. All these show clear evidence of various widening works over the centuries to enable initially carts and carriages and eventually motor vehicles to cross, although still supported on the original stone piers except in the case of Bideford Long Bridge where it is believed that an original timber structure is embedded within the more recent, 13th century, masonry arches.

No new bridges were built until the Aqueduct was constructed to carry the Rolle canal across the valley in 1827 but this was quickly followed by Halfpenny Bridge connecting Weare Giffard with the new Turnpike road in the 1830s. (No prizes for guessing the amount of the toll charged for crossing the river).

The coming of the railway in the 1870s entailed a further four bridges to carry it in a fairly straight line up the valley and, while the first of these, at Landcross, is a basic iron girder construction, the three near to Lord Rolle's residence at Beam Mansion are made up of handsome stone built arches illustrating the power of the aristocracy to preserve the beauty of the landscape.

Rothern Bridge at Staple Vale, having stood alone for some five centuries, was now joined by a spectacular wooden viaduct to carry the Marland Light Railway across the valley, bringing in clay from the Peters Marland clay pits for transshipment to the main line railway to Bideford. This was in turn replaced by another iron girder viaduct similar to that at Landcross when the mineral line was upgraded to standard gauge and extended to Halwill Junction.

The last new bridge was built in the mid 20th century, in between Rothern Bridge and the railway viaduct, to relieve the old turnpike bridge from all the fast and heavy traffic of the new, enlarged main road, the A386. This leaves Taddipport Bridge as the last of the original three pack horse bridges to remain of single track width and yet carrying a significant classified road linking Torrington with the country to the west.



Guided Walk

There is a guided walk scheduled for July 21st which takes in the history of the road, railway and canal at Staple Vale and the canal route north to Beam House where new steps have been installed linking it to the Tarka Trail. This is part of the Heritage Lottery funded "Life's Journey" project to enhance access and interpretation of the Rolle Canal along the Tarka Trail and the walk is organised by the Rolle Canal Society who will appreciate a contribution of £2 per person towards their on-going volunteering work on the canal and its associated heritage. The walk is only about a couple of miles, starting from the Puffing Billy (Old Torrington Station) at 2:30pm on Sunday July 21st and is open to all comers. For any further information, email <hassallc@ymail.com> or phone 01237 425357. *Photo is of wooden viaduct at Staple Vale.*

Chris Hassall

Foodbank News

The aim of The Big Lunch, an idea from the Eden Project, is to get neighbours, once a year, to have lunch in a simple act of community, friendship and fun. Neighbours in Pebble Close and Dune View, Westward Ho!, took part in a Big Lunch 'Bring and Share tea' and with support from the Halifax and Asda, they raised £70 in monetary donations and a sizeable non-perishable food donation for the Northern Devon Foodbank.

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact Samaritans on:

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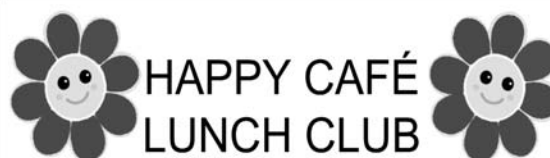
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**We now have a second shop in
Bideford at 49 Mill Street where
you will find a range of
T shirts, hoodies, mugs and other
licensed merchandise.**

**INDEPENDENT, LOCAL &
PROUD OF IT.**

**Our head office is right in Bideford,
not in Luxembourg !**



Community training café for new chefs.

New volunteers are welcome to join the FREE training to gain a qualification OCN Level 1 & 2 Kitchen & Work Skills

The Old Tennis Pavilion, Golf Links Road, Westward Ho!

three set courses
£5.00

every Friday at 1pm

Cooked by trainees as part of accredited kitchen skills course.

Bookings essential, call 07773 679559

Café usual opening times:

Thursdays and Fridays

10.30am until 2.30pm

Take away also available, please ask



PETROC



www.seize-the-moment.net

First Fridays in Bideford

Following the 'buzz' created by the wonderful Yazzy in June, July's First Friday on the 5th brings Mill St alive again with some fantastic free live music and good food and drink.

Come and listen to Trudi Mackie-Brown at 4pm, and BabelFish (Chris Millington, Lisa Sture and John Hextall) from 5.30 – 7pm. Music is punctuated by DJ Simpkins, playing great sounds from local musicians plus some short story reading.

This event is part of the Biosphere's 10th anniversary (B10) celebrations, so look out for special recipes promoting local produce.

Come and enjoy with friends and family, see you there!

For further programme details and updates see our Facebook page at this link:

<https://www.facebook.com/BidefordFirstFriday>

There will be no First Friday Late Night Opening in Café du Parc for July and August. _

Meanwhile.....

A new shop quietly opened on Mill Street on June 5th. So far the people that have found it have reacted very positively. The shop is run by Susie Ottway who is also a partner in Sounds

Interesting, the CD & DVD shop on Bideford High Street. She is selling what is known as licensed merchandise. This means T shirts, mugs, badges and all sorts of other items that display band or film logos and other images that have been approved and licensed by the acts depicted.

Flower festival at St. Margaret's Church Northam

There will be over 30 flower arrangements by members of the Atlantic Flower Club with the theme of "Follow the Rainbow"; most of these have been sponsored by local businesses and people who have connections with the church during the weekend of the **19th-21st July**.

Church opening times are on **Friday, 19th, and Saturday, 20th July from 10 am. to 5 pm.; Sunday from 1 pm to 5 pm.** Music for a Summer Evening, the organ concert with song recital, is on Saturday 20th at 7.30 pm. Refreshments will be available during the exhibition opening hours and a warm welcome awaits everyone.

Littleham Arts and Music Festival continues

Tucked into the folds of the hills behind Bideford, North Devon, is Littleham - a small village with an impressive history of putting on ambitious and popular events. Singer-songwriter Robin Hild is back by popular demand in a concert at the village hall (**July 13**); there is a candlelit concert in the beautiful village church of St. Swithun's (**July 10**); a four-part harmony choir is guaranteed to lift spirits in the Methodist Chapel (**July 7**); a sing-a-long Curryoke (with curry) is staged at The Crealock Arms village pub (**July 11**); the showing of a film (Les Misérables on **July 1**) and a tongue in cheek Murder Mystery Cabaret (**July 19**), both at the village hall - and every event will be accompanied by home-made refreshments and a big, big welcome. . Money raised is going to support the North Devon Chemotherapy Appeal and our village hall and we hope many will join us for a great few weeks.

There are tickets for some of the events still left, and full details of the festival are on the village website, www.littlehamandlandcross.org.uk.

Appledore Band will be taking part in the national **OUR BIG GIG** event when bands at over 270 venues throughout the country will be taking part. They will be playing on Appledore quay between 2pm and 6pm on 14th July as well as Bradworthy Primary School Brass group. The audience will also be given the opportunity to try out playing an instrument themselves.

Appledore Singers

The Appledore Singers will be presenting their annual 'Summer Song' concert on Sunday 21st July, 2.30pm at Northam Hall. It's going to be full of well-known music and there will be a special tribute to Her Majesty in the year celebrating the 60th anniversary of Her coronation - bunting, flags and several songs for the audience to join in with! We think it'll be great fun.

Bideford Cinema News

Jack the Giant Slayer

I was exceptionally pleased to have been asked by Bideford Film Society to review the film 'Jack the Giant Slayer' because it is my favourite film so far this year. It had the excitement and the adventure which had me on the edge of my seat throughout the whole film.

The story is about a young farmer called Jack (Nicholas Hoult) who accidentally starts a war between humans and the giants. As in the fairytale, Jack comes into possession of some magic beans. During a brief encounter with Princess Isabelle (Eleanor Tomlinson) at his farmhouse, he mistakenly drops one of the beans which rapidly grows into a massive beanstalk reaching high into the sky. The house, with Princess Isabelle still inside, is carried up where she becomes the prisoner of the giants in their kingdom in the clouds. Jack, who is in love with Princess Isabelle, is on a mission to save her!

Unlike the pantomime or traditional tale of Jack and the Beanstalk that might be read to young children at bedtime, this film would be more suitable for older children due to its frequent frightening and rather violent scenes.

In my opinion, the acting was first class and the special effects were very realistic and scary! This was an action-packed adventure, filled to the brim with twists and turns which captivated the audience. A superb film, not to be missed!

Amy Seaman

Bideford Film Society thanks Amy for reviewing our films for younger viewers.

We value her opinions. We are planning more good films for the Autumn. Don't forget that 'The Great Gatsby' will be showing on Friday July 5th and Saturday July 6th at Bideford College 7.30pm. Do check for further details in the press and website www.bidefordcinema.co.uk and see below.

Mavis Blow



Friday 5th and Saturday 6th July *The Great Gatsby (ctba)* venue Bideford College
Friday 12th and Saturday 13th July *The Big Wedding (15)* Bideford College.; Friday 14 and Saturday 15 June *Olympus has fallen (15)* ; Friday 21 and Saturday 22 *Iron Man (12a)* I; Friday 19 and Saturday 20 July *Byzantium (15)* Venue Bideford College; Friday 26 and Saturday 27 July *Film to be confirmed.* Venue Kingsley School.
Friday 1st 7.30pm and Saturday 2 August 6pm *Man of Steel* Venue Kingsley School.

Doors open at 7.00pm, film starts at 7.30pm.

Tickets: General £5.50 Concessions £5.00 Members £4.00 Family (up to 3 children & 2 adults) £12.00 To avoid disappointment please check local press for confirmation of above programme or visit our web site www.bidefordfilmsociety.co.uk

Tarka Run Challenge & Bideford Bay 50K

The North Devon Biosphere Reserve is all around us and as well as providing us with homes, work and community it is a most valuable resource for outdoor sports.

Celebrating B10 – ten years of North Devon's Biosphere Reserve – we have two high profile sporting events in our calendar.

The first is the Devon Tarka Run Challenge which is taking place on **Sunday 1 September 2013** on the Tarka Trail. This is a flat course along the Trail from Bideford to Barnstaple which makes it extremely accessible for all abilities. As well as celebrating B10, the Tarka Run Challenge is raising funds for the North Devon Hospice. This is a social run (and not a race!) Entry fee £15 plus a commitment to raise a further £20 in sponsorship for the North Devon Hospice. Places are limited to 400 so get your entries in now. Visit the website at www.tarka-run.co.uk for more information or contact Simon Paddon by email at simon@coast-coast.co.uk or on **07791 906433**.

The second running event is in a different category altogether! The Bideford Bay 50K on **Saturday 7 September 2013** is an ultra marathon! Local sporting event organisers Beacon Running have put together this extreme run, up hill and down dale along the North Devon Coast from Hartland to Bideford. This challenging event is raising funds for the Northern Devon Chemotherapy Appeal. Entry fee is £35 for solo runners with discounts for teams ... and there will be prizes! For more information contact Race Director Adrian Colwill by email at beaconrunning@outlook.com or by telephone **07527 536817**.



THE SHIPPING NEWS



None loaded at Bideford since last issue ; **MTS Vector** at Bideford Quay **4.6.13**, having arrived from Falmouth to undertake work on the RNLI buoy at Appledore, sailed pm **5.6.** for Newlyn ; she had Estonian/British & Russian crew.

Ship	Registered Flag Owners	From	To	Arrived	Sailed	Crew	Cargo
Hagen Built 1998 ex Kopenhagen 01 <i>Discharged at Yelland</i>	St Johns Antigua and Barbuda German	Glensanda Scotland	Antwerp	27/5/	28/5	Russian Ukrainian	3800 tons granite chippings*
Baltiyskiy 202 Built 1994 <i>Loaded at Yelland</i>	Valletta Malta Russian	Ayr	Wismar	5/6	7/6	Russian	2574 tons timber

**This is the largest cargo ever discharged at Yelland ; the previous was 1600 tons coal on the Ann M in the 1980's. It took 10 hrs to discharge . It saves approx 120 road vehicles collecting chippings from Cornwall !*

Arco Dart at Appledore 26.5.13 27.5.13 29.5.13 ;**Oldenburg** sailing from Bideford and Ilfracombe to Lundy Island ;**The Southern Beaver** still alongside the Oil Jetty at Yelland waiting to be towed away.

Bristol Channel Observations.

15/5/13 At 20.05 hrs container vessel **Maersk Windhoek** 21441 tons d.w, owners Takanawa Line inc Japan, inward bound for Portbury.

16/5/13 at 06.10 hrs container vessel **Ahr St Georg** 12558 tons d.w, owners Ahs St Georg Schiffahrts Germany, inward bound for Avonmouth. At 16.25 hrs product tanker **Maersk Kiera** 39724 tons d.w, owners A.P Moller Singapore Pte Singapore, inward bound for Portbury.

17/5/13. At 18.14 hrs the sail training vessel **Stavros S Niarchos** 60 tons d.w, owners Tall Ships Youth Trust, outward bound from Swansea, having sailed at 12.47; this vessel was built at Appledore in 2000 .

18/5/13 At 15.48 hrs bulk carrier **Ocean Shanghai** 76801 tons d.w, owners Ocean Great Industrial Ltd Singapore, outward bound from Portbury, having sailed at 10.13 hrs.

19/5/13 at 09.13 hrs vehicle carrier **Grande Portogallo** 12594 tons d.w, owners Grimaldi Line of Italy inward bound for Portbury.

20/5/13 at 05.38 hrs vehicle carrier **Tongala** 22.585 tons d.w , owners Wallenius Wilhelmsen Sweden and Norway, outward bound from Portbury, having sailed at 00.44 hrs .

21/5/13 at 20.50 hrs cargo vessel **Polaris Beauty** 16988 tons d.w, owners Spac Shipping Ltd Turkey inward bound for Newport.

22/5/13 At 08.50 hrs container vessel **Maersk Windhoek** 21441 tons d.w Takagawa Line Inc Japan owners, inward bound for Portbury.

26/5/13 at 15.19 hrs vehicle carrier **Eurocargo Cagliari** 10780 tons d.w, owners Atlantica Navigazione Italy, outward bound from Portbury, having sailed at 10.57hrs, at 15.36 hrs cargo vessel **Scot Pioneer** 3638 tons d.w owners Scotline Ltd UK, inward bound for Newport.

28/5/13 at 13.30 hrs vehicle carrier **Grande Bretagne** 18461 tons d.w owners Grimaldi Line of Italy, inward bound for Portbury.

31/5/13 at 19.10 hrs vehicle carrier **Grande Colonia** 12292 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury, having sailed at 14.19.

1/6/13 At 19.34 hrs cargo vessel **Nassauborg** 17600 tons d.w owners Wagenborg Shipping BV Netherlands outward bound from Newport having sailed at 14.54 hrs .

2/6/13 at 19.37 hrs vehicle carrier **Opal Leader** 12300 tons d.w, owners Payton Maritima SA Tokyo in the colours of Nippon Yusen Kaisha Japan, inward bound for Portbury. At 20.07 hrs vehicle carrier **Aniara** 30089 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, inward bound for Portbury .

4/6/13 at 06.30 hrs vehicle carrier **Euro Spirit** 15483 tons d.w ,owners Mitsui OSK Lines Japan, outward bound from Portbury, having sailed 01.35 hrs

5/6/13 At 11.30 hrs vehicle carrier **Grande Roma** 14900tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury.

8/6/13 At 22.00 hrs vehicle carrier **Viking Drive** 10817 tons d.w owners Gramcar Shipping HK Ltd Singapore, inward bound for Portbury.

9/6/13 at 05.30 hrs vehicle carrier **Grande Benelux** 12594 tons d.w, owners Grimaldi Line of Italy ; at 15.41 hrs vehicle carrier Planet Ace 15327 tons d.w, owners Mitsui OSK Line Japan inward for Portbury;

14.6.13 at 15.15 hrs cable ship **Responder** 10844 tons d.w, owners Tyco Responder Inc Baltimore, outward bound from Avonmouth, having sailed at 09.19 hrs .

*With many thanks to pupils and teachers of Pynes Infants School for listening to me on the 12th June **Norman***

Buzz Word -

Please send us your Buzzes!! Write to editor@bidefordbuzz.org.uk or to the address on front page.

Sally Satterley

In the May issue we published a letter from Janet Palmer, who was keen to get in touch with Mr. DL Barnes, the great great grandson of a famous Dartmoor lady, Sally Satterley. Janet has written an article for Dartmoor magazine about the family. Buzz contacted Mr. Barnes and they have since arranged a meeting. In her letter to him she said *'I searched on the internet for your name and came across the excellent Bideford Buzz and very helpful they have been too.'* (Very glad we were able to help in this instance - perhaps an article on Dartmoor families will feature in Buzz soon. **Ed**)

Handy Cross Camp

I can assure MIKE SHEPPARD he's not delusional! (**June Buzz**) However it was a camp for refugees and displaced persons rather than POW's. My parents moved into the Grenville Estate when the prefabs were first assembled (no 40!) and our garden backed on to the hedge which bordered the camp, located behind Blights garage, and I often climbed through the hedge to talk to these men living in very basic huts. Some may remember a Franz Belak an Austrian who fled Yugoslavia when Mr Hitler's troops invaded that country. Franz was a great sportsman and played ice hockey and football and it was through football that Franz and my Father met and struck up a friendship which was to last for many years (they played for Bideford AFC). Franz eventually emigrated to Toronto where he met and married a B IDEFORD girl (small world!!) but we still kept in touch right up to Franz's death, which we knew about when receiving a letter from his widow containing a report from the newspaper on his life. Most of the men had gone from the camp by about the late forties or early fifties as I remember some of the GE residents organising a Coronation day party which we held in one of the now empty huts.

Terry Palmer

Jazz in the mist

Northam Lodge's annual fund raising trip on the MS Oldenburg on Friday June 14th was unfortunately one of the wettest and mistiest days of the week. However, this did nothing to dampen spirits or enthusiasm, and we would like to pass on an enormous thank you to everyone who came along and supported us. Two of our guests even braved the top deck and commented "we thoroughly enjoyed ourselves up top looking at all the surrounding countryside and getting the occasional waft of music coming through".

The Alan Lewis All Stars Jazz Band entertained us as they have done before, only this time they were below decks, which made for an incredible party atmosphere. People bravely ate their picnics in the rain, or sat snugly in the bar, and everyone agreed it was a wonderful evening. This was reflected in the amount raised for Northam Lodge which came to just over £1,000.

Fiona White

Atlantic Array Update

The developers (RWE N-power) on 14th June put in their formal application for consent to build this off-shore Wind Farm. However full details will not be available until around 15th July - from the Planning Inspectorate, either via (<http://infrastructure.planningportal.gov.uk/projects/south-west/atlantic-array-wind-farm/>) or by telephone on 0303 444 5000.

To have your say formally, you MUST register as an "Interested Party" - probably in August but check as above in late July for more precise dates. I will aim to provide more information for the August Buzz but, sadly, your mid-month copy date may mean that articles cannot be fully up-to-date. Meanwhile, thank you for ongoing coverage of this subject.

Alan Rayner

(Items received after the 15th of the month can still be included on our webpage at www.bidefordbuzz.org.uk)

Help for Motor Neurone Disease

My younger brother Michael Morgan has Motor Neurone Disease. MND is a progressive disease that attacks the motor neurones, or nerves, in the brain and spinal cord. This means messages gradually stop reaching muscles, which leads to weakness and wasting. MND can affect how you walk, talk, eat, drink and breathe. There is no cure at the moment so we are looking for people or help to do some fundraising.

He was diagnosed at the beginning of 2010, at the age of 28. Over the past 3 years Michael's condition has deteriorated quite rapidly. Michael, his wife (who is also his full time carer) and his 2 small children have received much help & support from friends & family. Michael is now getting to the stage where he is in need of an eye gaze computer system to help keep him as independent as possible, however these cost around £14,000! Eye gaze systems allow people with severe physical disabilities to access a computer. These systems have an inbuilt camera which tracks where your eyes are looking, enabling you to move the mouse pointer around. He can use also use it as a mobile, control the bed, his chair, the TV and many more things.

Jodie, Michael's wife, is trying to organise a sponsored walk from Bideford to Barnstaple on Sunday July 14th, with a start time of 10am; to help raise funds to go towards the Eye Gaze System. Jodie has set up a page on Facebook, 'Support for Mik (Michael Morgan)', where anyone will be able to access the link to the join the sponsored walk if they would like to help try and raise funds and awareness in the local community or for those who do not have access to Facebook they could email Jodie at toon.j@sky.com

<https://www.facebook.com/groups/171715952995839/>

Jenni Morgan

July Diary

Monday 1st

7pm 'Les Miserables' film at Littleham Village Hall. 471928

7.30pm Appledore Singers rehearse at Appledore Primary School. 424982

8-9pm Appledore Band plays on Appledore Quay (training band 7.15-7.45). In St Mary's Church if wet.

Tuesday 2nd

10am-1pm Lavington Church coffee and lunches.

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome.

Palladium Club Jam Night

Wednesday 3rd

10am-12pm Table-top Sale at Bideford Town Bandroom by Victoria Park

10.30am Parkinson's UK meets Ethelwynne Brown Close. 478128

2.30pm Bideford Library Readers' Group. 476075

8pm Bideford Phoenix Morris at Coach & Horses, Buckland Brewer.

Thursday 4th

2-4pm See Hear on Wheels (SHoW) bus at Pill Car Park. Mobile service with wide range of sensory equipment to try/borrow. 01271 373236

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band outdoor concert at Westward Ho!, weather permitting.

Friday 5th

Northern Devon Foodbank collection at Tesco.

11am Sponsored ramble to Instow (£5.00) meet next to Wooda Surgery Lunch at Bar One. David Rundle Trust. 01237 477470

4pm - 7pm Bideford First Friday, Free live music outside the Baptist Church. Cafes providing good food and drink in Mill St.

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho!

01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Palladium Club – Basil's blues band £3

Saturday 6th

Northern Devon Foodbank collection at

Tesco.

9.30am Torridge Ramblers day walk.

01805 622183

10am-12pm Coffee Morning & Open Gardens at Kenwith Barton, Abbotsham in aid of Cancer Research UK.

2pm Littleham Village Fete.

Palladium Club – boom boom room with Wendy May. £3

Sunday 7th

4pm Rejoice the Voice Community Choir at Littleham Methodist Church.

Monday 8th

7.30pm Bideford Stamp Club, Old School Room, rear of Kingsley Hall, Westward Ho! 472101

7.30pm Appledore Singers rehearse at Appledore Primary School. 424982

8-9pm Appledore Band plays on Appledore Quay (training band 7.15-7.45). In St Mary's Church if wet.

8.30pm Sarah Gillespie at North Devon Jazz Club at The Beaver, Appledore. Free entry – donation for band. 421065

Tuesday 9th

10am-1pm Lavington Church coffee and lunches.

10am Macular Society meets at Burton Art Gallery. 474128

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

2-4pm Epilepsy Action Group meets at The Corner House Café, Boutport St, Barnstaple. 078755774287

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome. Palladium Club Jam Night

July Diary 2013 *continued*

Wednesday 10th

10.15am Probus Club meets at Royal Hotel. 473337

7.00pm Torridge Ramblers walk. 475168

7.30pm Burton Gallery, Irene Hahn on 'Inside and Outside the B.B.C.' £5 at the door. All welcome.

7.30pm Music Concert at Littleham Church. 473707.

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room 01271 860061

8pm Bideford Phoenix Morris at The Beaver, Appledore.

Thursday 11th

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band outdoor concert at Jubilee Square, weather permitting.

8pm Curryoke Singalong at Crealock Arms, Littleham. Free entry & curry.

Friday 12th

10am-12pm Memory cafe at Northam Hall. 459337

7.30pm Abbotsham WI meets at Abbotsham Village Hall. 474711

7.30pm Wine Man's Bluff at Appledore Community Hall. Tables of 6. £12.50 pp inc. wine tasting & refreshments. Proceeds to N D Hospice. 422710

7.45pm Modern Sequence Dancing Kingsley Hall, Westward Ho! 01769 540309

Palladium Club – smokestack shakers £8

Saturday 13th

9am-2pm Farmers Market on the Quay Table Top/Jumble Sale. Abbotsham Village Hall. In aid of Devon Air Ambulance/David Rundle Trust.

2pm Bideford Phoenix Morris at Buckland Brewer fete.

2.30pm Summer Fete at Pollyfield Centre organised by Sacred Heart Church.

7.30pm Concert – Robin Hild & Out of the Blue at Littleham Village Hall. 473707

7.30pm Shoestring Players present 2 one-act plays, Slim Chance & Nasty Things, Murders, at Pollyfield Centre. £4. 432939

Palladium Club – metallica reloaded £10

Sunday 14th

10am-1pm Antiques & Collectors Fair at Instow Parish Hall supporting RNIB. Admission 20p. 01271 812711

1-4pm Woolserly Coronation Celebrations at Woolserly Hall.

Monday 15th

10am Lip-Reading classes at Ethelwynne Brown Close. Heather Smith 07794390807

7.30pm Appledore Amateur Radio Club at Appledore Football Social Club. 473251

7.30pm Appledore Singers rehearse at Appledore Primary School. 424982

8-9pm Appledore Band plays on

Appledore Quay (training band 7.15-7.45). In St Mary's Church if wet.

Tuesday 16th

10am-1pm Lavington Church Coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome Palladium Club *Jam Night*

Wednesday 17th

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room.

8.00pm Bideford Phoenix Morris – Instow Walking Tour.

Thursday 18th

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band outdoor concert at Westward Ho!, weather permitting.

8pm Bideford Folk Club at 'Next Door' Cooper St

Free Family History course run by The Church of Jesus Christ of Latter-Day Saints at Bideford College. 07722707546

Friday 19th

10am-7.30pm Flower & Craft Festival at Alwington Church.

7.30pm Murder Mystery Cabaret at Littleham Village Hall. 473707

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall.

476632 Palladium Club – 9 yards £3

Saturday 20th

10am-12pm Coffee Morning at Holy Trinity Church Hall, Westward Ho! £1.25

10am-7.30pm Flower & Craft Festival at Alwington Church.

Palladium Club -tba

Sunday 21st

10am-7pm Flower & Craft Festival at Alwington Church.

11am Another Country Service at Littleham Church 2.00pm Torridge Ramblers walk. 01805 622183

2.30pm Appledore Singers 'Summer Song' concert at Northam Hall.

7pm Songs of Praise at Alwington Church

Monday 22nd

7.30pm Appledore Singers rehearse at Appledore Primary School. 424982

8-9pm Appledore Band plays on Appledore Quay (training band 7.15-7.45). In St Mary's Church if wet.

Tuesday 23rd

10am-1pm Lavington Church coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome Palladium Club *Jam Night*

Wednesday 24th

10.15am Probus Club meets at Royal Hotel. 473337

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room. 01271 860061

7.30pm North Devon Humanists meet at Fremington Parish Hall. 474225

8pm Bideford Phoenix Morris at The Thatched Inn, Abbotsham.

Thursday 25th

7pm Hartland Aikido Club for over 18s at Bucks Cross Village Hall.

7.30pm Bideford Band outdoor concert at Westward Ho!, weather permitting.

Free Family History course run by The Church of Jesus Christ of Latter-Day Saints at Bideford College. 07722707546

Friday 26th

10am-1pm Summer Fayre at Lavington Church.

7pm Jazz Concert by Alan Lewis All Stars at Holy Trinity Church, Westward Ho! Retiring collection for NDMS Society and New Heating Fund.

7.30pm Emily Wright and The Royals at RHS Rosemoor. £12. 451193

7.45pm Modern Sequence Dancing, Kingsley Hall, Westward Ho! 01769 540309

8pm Ceilidh Club, Northam Hall. 476632

Palladium Club – 80s disco night £3

Saturday 27th

9am-2pm Farmers Market on the Quay

9.30am Torridge Ramblers day walk. 429080

Palladium Club – the rivals £3

Sunday 28th

Palladium Club – muso collective of North Devon £3

Monday 29th

Woolserly Show

7.30pm Appledore Singers rehearse at Appledore Primary School. 424982

8-9pm Appledore Band plays on Appledore Quay (training band 7.15-7.45). In St Mary's Church if wet.

Tuesday 30th

10am-1pm Lavington Church coffee and lunches

2-3.30pm Salvation Army 'Fun & Fellowship' Club meets at Baptist Church Upper Hall.

7.30-9pm Samba Baia Rehearsal at Community Arts Network, 13 Rope Walk. New members welcome

Palladium Club *Jam Night*

Wednesday 31st

7.30pm The Two Rivers Wind Ensemble Rehearsal at Bideford Band Room.