



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland



Richmond Drydock

On Thursday 6th September Norman, our shipping correspondent, was privileged to witness the arrival at Richmond Drydock Appledore of the beam trawler Anneliese. It was wonderful to see the dock being used again nine years after the last vessel the Antic used the drydock. Bideford Buzz would like to wish them every success with this venture.

Built 1968 at Hoogezand Holland, length 26.21 metres, beam 6.6. metres ex Geesje. Bought in 1976 by W. Stevenson & Sons of Penzance. *(Read more on shipping page and at www.bidefordbuzz.org.uk).*

BIDEFORD BUZZ would like to hear from you!

When I was about eleven, I produced a newspaper in aid of the PDSA (People's Dispensary for Sick Animals) Our group was called co-incidentally the Busy Bees and we made the vast sum of 10 shillings (50p) towards the charity. We called the newsletter 'Junior Magazine for the young in heart' and my parents both contributed to it - my father wrote a piece on how to grow roses, and my mother offered what would now be a very non PC piece called 'Buying a Fur Coat!'. However it obviously gave me a taste for journalism, as here I am 50 years later editing and producing Bideford Buzz each month.

What this is all leading up to is - as witnessed by my own early attempts at magazine editorship - anyone can write for Buzz and the more individual the contribution (preferably related to the local community) the more it will suit our ethos. So what are you waiting for? I am sure there are lots of people out there with something to say. Our only stipulation is that we are 'moan free' and non commercial or political. If you don't do email, not to worry. We have a small team of typists to convert your articles into the Buzz format, and you can post or hand in your contributions to the address below. **Remember it is Your Community Newsletter.**

**CONTACT
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre, South West Foundation, Devon County Council and The co-operative Community Fund. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Email: editor@bidefordbuzz.org.uk, Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit www.bidefordbuzz.org.uk.



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The **co-operative**
Community Fund



Devon
County Council



Bideford Town Council

Horse Chestnut tree. Commonly known as the Conker tree. (*Aesculus hippocastanum*)

This large deciduous tree is often planted as a feature in parks. It was introduced into the UK from the Balkans in the 1600s and therefore is not a native tree. Its large white flowers (affectionately known as candles) put on a spectacular display in the spring after its sticky buds open. There is also a pink flowering variety. Have you ever wondered why the buds are sticky? It is because many insects lay eggs on tree buds so their larvae can eat the new leaves as they grow and the Horse chestnut produces sticky buds to protect its new leaves. Any insects that land on the sticky buds will be immobilised. The autumn is when this tree is sought after by children collecting its glossy brown seeds, (conkers) which are encased in a prickly shell.

Although the conkers are poisonous if eaten by horses and humans, squirrels and badgers seem to be immune from the toxins. The flowers, leaves and seeds have many uses in the world of herbal medicine and in various forms they are used to treat varicose veins, haemorrhoids, diarrhoea, fever, enlarged prostate, eczema, menstrual pain, soft tissue swelling from bone fracture and sprains, coughs, arthritis, and joint pain. The bark has been used to treat malaria and dysentery. It is also used in Bach Flower Remedies.

DO NOT TRY AND MAKE ANY CONCOCTIONS YOURSELF. IT IS POISONOUS AND IF USED INCORRECTLY CAN MAKE YOU VERY ILL.

A well known feature of mature Horse chestnut trees is the way large branches sag down to the ground. A famous example is the tree on the north end of Bideford Quay which has a branch supported by a carved wooden hand. (made by John Butler) Two new threats to Horse chestnut trees are a leaf miner moth, whose larvae eats the leaves, and a disease known as bleeding canker. This disease is as serious as Dutch Elm disease and many affected trees will die or lose large limbs.

Jan Whittington

**BE THE NEXT...
"BIDEFORD WORLD
CONKER CHAMPION"
2012**



Saturday 13 October, Starting at 11.30am
BLAZEYS OF BIDEFORD
20a Mill Street, Bideford

FREE TO ENTER – OPEN TO ALL AGES
Don't Miss Out, Hurry To **BLAZEYS OF BIDEFORD**
To Collect Your Free Entry Ticket – NOW!

**A GRAND TROPHY
FOR THE WINNER**

BLAZEYS BARBEQUE



In association with
THOMAS & SON JEWELLERS
Who kindly donated the trophy...
...could yours be the next name on it?

Players' Rules of Engagement for the Noble Game of Conkers (Formulated For The Bideford World Conker Championships):

1. All entrants' ticket numbers shall be drawn at random to establish the first round playing schedule.
2. Each player must use a conker chosen at random from a selection supplied by the organisers and laced by the organisers at the beginning of each game. No conker may be reused.
3. All Conkers and Laces are to be checked by the referee before the start of each game. Laces must not be knotted further or tampered with after checking.
4. The game will commence with a toss of a coin, the winner of the toss may elect to strike or receive.
5. A distance of no less than 8" or 20cm of lace must be between knuckle and nut.
6. Each player then takes three alternate strikes at the opponent's conker.
7. Each attempted strike must be clearly aimed at the nut, no deliberate mis-hits.
8. The game will be decided once one of the conkers is smashed.
9. A small piece of nut or skin remaining shall be judged out, it must be enough to mount an attack.
10. If both nuts smash at the same time then the match shall be replayed.
11. Any nut being knocked from the lace but not smashing may be re-threaded and the game continued.
12. A player causing a knotting of the laces (a snag) will be noted, three snags will lead to disqualification.
13. If a game lasts for more than five minutes then play will halt and the "5 minute rule" will come into effect. Each player will be allowed up to nine further strikes at their opponent's nut, again alternating three strikes each. If neither conker has been smashed at the end of the nine strikes then the player who strikes the nut the most times during this period will be judged the winner.

The referee's decision is final.

Wonky Conker

The “Helping Hand”, which holds up the “Wonky Conker tree” near Kingsley Statue on Bideford Quay, very nearly didn’t happen at all. Some years before its construction, it was decided to chop down the mature trees on the riverbank in order to facilitate the building of the new car park.

Many trees were sawn down on a Sunday before an outraged public became aware of the destruction. One brave fellow sat by the “Wonky Conker” to save it successfully from the chainsaws.

A few years later, Doug Jenkin of Torridge District Council telephoned me, explaining that the “Wonky Conker” was in need up some physical support. He asked me if I had any ideas.

After mulling things over, we came up with the idea of a hand thrusting through the paving stones to support the large horizontal branch. This idea was eventually approved and I set to work.

I bought some large lengths of oak from Torridge Hardwoods in Littleham, and with help and advice from my friend Barry Hughes, I worked out how to undertake the project. Firstly, the branch was supported by a metal prop that had been set into the ground. I then constructed the sleeve around the prop. The next stage was to form the fingers from individual lengths of oak and bolt them all together. Finally, the fingers, palm and thumb of the hand were set into the sleeve.

The “Helping Hand” project was covered in the local press, including an illustration of what was proposed. At this stage, a lady called Mrs Mayhew contacted Torridge District Council to say that she would like to pay for its construction, in memory of her late husband Samuel. This is why the initials S.T.M. and dates 1914-2000 were carved into the cuff.

The “Helping Hand” has been supporting the “Wonky Conker” for ten years. It is well weathered and has become a much photographed landmark. I hope that it will continue to give pleasure to Bidefordians and visitors for years to come.

John Butler. See more of John's work at his studio in Butchers' Row, Bideford Pannier Market



North Devon Sossfest 2012

If you've ever wondered what the best banger in North Devon is, here's your chance to find out. Hartland Farmers' Market presents the inaugural Champion Sausage of North Devon award at its Bangers & Mash night on **Saturday October 6th 6pm - 9pm**. The sausage extravaganza will feature a bangers and mash café, a bar with local ales, an arm wrestling competition, live music, a sausage-flavoured quiz, and culminate in an award for the tastiest sausage on offer.

The café will be serving at least six different sausages, three different mashes and three different gravies, making 54 possible combinations! Vegetarian options will be available, as will home made puddings. Not to mention champion beers from Hartland's own Forge Brewery, which has won Supreme Champion beer of the South West at the Maltings Festival for the 2nd year running. Customers will vote for the Champion Sausage of North Devon, and take part in Sossquiz 2012, a special quiz testing your knowledge of sausages from around the world. Local sausage makers will have stalls open through the evening so you can buy your favourites.

The organisers are also hoping to include an arm wrestling competition and live music. Arm wrestling prizes will be awarded to winners in the men's competition, women's, under-16s, and over-65s. More information and advance bookings from Rod on 441786 or email

rod.landman@virgin.net. **Advance tickets are £6.50 (£4.50 for children) which includes a choice of bangers 'n' mash, pudding and all entertainment. Tickets on the door will be £7.50 and £5.50.**

History Boards

Bideford's Torridge District Councillors, working with the Bideford 500 project, have come up with the idea of history boards, which have been installed at Chudleigh Fort in East-the-Water and by the Old Town Cemetery. Both boards contain beautifully presented graphics and display a short written and pictorial history of each site using old pictures, drawings and photos, as well as photos of modern-day battle re-enactments and local wildlife.

Danger On The Street! (It's not what you think...)

Self-defence is more about common sense than about fighting, says Huw Collingbourne.

It's a cold, frosty night, you are out in the dark, you see a shadowy form approaching along the icy pavement, you want to avoid danger - so what do you do? You spot a gap in the traffic and you rush across the road in order to avoid the approaching stranger.

But wait a minute. Just stop and work out what the real risks are here. As I explained last month, people's estimation of the risk of an unprovoked attack is often far greater than the *actual* risk. The Devon and Cornwall Police told me that the chances of such an attack in this area are 'miniscule' and that, in any case, most violent assaults occur among people who already know one another. Assaults very rarely result from an encounter with a stranger.

On the other hand, the risks of serious injury from a traffic accident or simply from falling over are much greater. In 2011 The Guardian newspaper published a table of mortality statistics in England and Wales. Its most recent figures show that in a single year there were 11,917 accidental deaths, of which 2,284 were due to traffic accidents and 3,593 were due to falls. In the same period, only 318 deaths resulted from assault. That means that, compared with assaults, there is about 38 times the risk of being killed in an accident and over 11 times the risk of suffering a fatal fall.

Now let's return to the scenario which I described at the outset. We know that unprovoked attacks are extremely rare, especially in North Devon. We also know that the risk of injury or death from traffic accidents and falls is much greater. So, the plain fact of the matter is that if you try to avoid meeting a stranger by rushing across a road in icy conditions, you are *increasing* rather than decreasing the risk.

As a martial arts teacher, one of the things I am frequently asked by new students is "Will this work on the street?" – by which they mean, "If I am attacked on the street, will these martial arts techniques be an effective means of defence?"

My usual answer is "In the unlikely event that you are attacked, run away, hand over your wallet, do anything you can to avoid getting into a fight." And I mean that. Contrary to popular belief, most people do not spend years of their lives learning a martial art on the off-chance that they will one day have the opportunity to use it against gangs of attackers down a dark alley. There are all sorts of other reasons for learning a martial art – to gain confidence and calmness, to get fit or just for the sheer beauty and excitement of the art. And arguably one of the most important self-defence skills which a martial arts student may learn is the art of falling – and doing so *safely*!

Huw Collingbourne is a 2nd dan black belt Aikido instructor at the Hartland Aikido Club which meets at the Bucks Cross Village Hall, Thursday evenings between 7:00 and 9:00. Phone: 01237-441527. Email: hartlandaikido@gmail.com. Web site: <http://hartlandaikido.blogspot.co.uk>

Interested in Photography?

Why not join the **Bideford Camera Club** to improve your digital photography, learn more about Photoshop and how to put together an Audio Visual presentation of your photos, workshop sessions, talks, competitions and always the opportunity to get advice or inspiration, no matter what your interest or experience (or lack of it!) in photography. What better way to spend those dark winter evenings? We meet until April 2013 on **Tuesday** evenings from 7.15pm at the Ethelwynne Brown Community Centre, East-The-Water. You will find a warm and friendly welcome. See our website www.bidefordcameraclub.co.uk or call Carole on 01237 423242 for more info. Membership includes Digital and AV tutorials, workshops, talks, competitions and always friendly advice.



Good Age Page



Devon Homelink

Emergency alarm system: are you or someone you know worried about being able to contact help in an emergency?

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In association with North Devon Homes Ltd.

Fire and Ice (glass) walk - Sunday 28th October at the Big Sheep. **(for Jaden Cornelious Foundation)**

Looking for people to take part in a very short walk – about 20 feet long – on either a bed of fire or a bed a glass. The cause that JCF supports for 2012 is the local branch of Age Concern so we would love people to do the walk for this charity. For further details contact cathy@jcfundriasing.com or call 01271 371343.

Recently overheard

'When I win the lottery I'm going to convert all the barn conversions back to barns !'

Aerobics for Seniors

'I felt my body had got totally out of shape, so I got my doctor's permission to join an aerobics class for seniors.

I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But, by the time I got my leotards on, the class was over.'

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Kenwith Castle, Abbotsham, Bideford, North Devon EX39 5BE
01237 470060 | kenwithcastle@care-south.co.uk | www.kenwithcastle.co.uk

Gracious
COUNTRY HOUSE
LIVING

Families Action for Bideford Bay

FABBB are an action group and forum made up of parents and carers of young children of whom wish to improve and support services for young children and their family's, having a voice and making a positive difference.



Our recent activity has involved being in the Bideford Carnival raising awareness of Bideford Bay Children's Centre and other Toddler groups.

We achieved 2nd place in our class!

During the summer play days at the Children's Centre many children helped enjoy making the costume with their art work, hand and foot prints.

Our next venture is a Family Fun Fundraiser. October 6th, 2-4pm at Bideford Bay Children's Centre in Victoria Park.

This is for families with young children and will include:

Free play, art and crafts, face painting, raffle with great prizes, tombola, lucky dip, refreshments and cakes, children's items for sale stools, and many more fun activities for the children as well as a "Chatterbox" workshop (this is a great tool for parents to use to encourage their young children in a playful interactive way to enjoy books and help progress language).

For more information on how to get involved please contact Chaz Luther at Bideford Bay Children's Centre—01237 425752

**COMIC
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YOUNG CARERS CAN grow their own food

Young Carers aged 11+

Ever wanted a garden full of fruit, vegetables, flowers and wildlife?

This is the project for you.

During October, November and December there will be regular activities on Fridays and Sundays which will involve beach combing, art, gardening, and fun activities. There will be free trips to RHS Rosemoor, Tapeley Park and Forest School.

The project is run by Seize the Moment Ltd (in consultation with Carewise) and is based at The Happy Café and Permaculture garden in Westward Ho! You will need to provide your own transport to get to Westward Ho! and bring a packed lunch. Everything else is provided, including a drink and a snack and all participants will make a hanging basket to keep. Come to one session or as many as you like!

www.seize-the-moment.net

To book a free place for Young Carers aged 11-25 please send the following information to Seize the Moment Ltd, 16 Yarde Cottages, Peters Marland, Torrington, EX38 8QA

jane@seize-the-moment.net Mobile: 07773 679559

YOUNG CARERS CAN grow their own food

Name Age

Address

Tel No:

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Quaker Meetings for Worship

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10.30am on Sunday mornings
All are welcome

Enquiries tel **01237 421549**

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Books. News and reviews.

Dorothy Rundle *Never Again.*

The David Rundle Trust was set up in 2001 in memory of Dorothy's late husband David and gives help and support to the people of Rwanda.

It now supports 174 children in their education, many of whom are orphans. Pascal, an orphan from the genocide, obtained his Bachelor's Degree 2 years ago.

The Trust has built water tanks and pipelines enabling several thousand families to obtain clean water. Also 11 groups of women in the foothills of the Virunga mountains are now practising family planning and helping to support their families through craft co-operatives. These are projects set up by the Trust.

No holds are barred in her book *Never Again* as she describes the personal life and death struggles of Rwanda's people and her own heart rending -and often hilarious - experiences whilst living and working in Rwanda for the last 12 years. A signed copy of the book is now available from 01237477470 at £8.75p Help for Rwanda, please visit www.davidrundletrust.co.uk www.everyclick.com/thedavidrundletrust

The launch and signing of 'Never Again' will be on **Wednesday 17th October**, St. John's Garden Centre Barnstaple from 3.30 to 6.30pm.

Iris Simantel *Far from the East End.*

Iris Simantel is no J.K.Rowling or P.D. James but this Devon writer has had the kind of whirlwind success many would-be writers can be envious of. For the last five weeks this 74-year-old Sidmouth grandmother has been on the Sunday Times Bestseller list. Her book *Far from the East End*, which chronicles her life as an evacuee in World War II, was taken on by Penguin when she won the Saga Life Story competition.

As the author of a book *See You after the Duration* about my own evacuee experiences in the United States I have made a point of reading every book on the subject and can say that I haven't read a better written, more transparent account of the trauma of wartime evacuation.

In these unvarnished pages we live alongside a human spirit struggling and triumphing over adversity. It is social history with a human face, revealing from personal experience the huge divide between British classes in the 1940s, powerfully reminding us of the often long-term effects evacuation had on many children and families particularly from the East End.

Gripping me from start to finish, from the separation and suffering of the Blitz to the peace and welcome of Wales, this journey of a lonely girl, growing up, speaks to us all.

Not a dull page, not many without remembered pain, at times enlivened by embarrassingly down-to-earth language and the resilience of cockney humour. Plus an unexpected twist at the end. And this is just the first sixteen years of her life! No wonder she won the Saga prize and is frantically busy on the next instalment of her life for which, she tells me, she has already been offered a further contract..

Michael Henderson

Alice Hoffman *Skylight Confessions.*

'Of all the needs a book has the chief need is that it be readable' said Anthony Trollope. Alice Hoffman's three part novel 'Skylight Confessions' passes the readability test (though not compellingly so, and her new England setting is pleasing, but the book stumbles when it comes to believability. Nevertheless Part I could well have stood alone as a touching and quirky novella. Parts two and three are more fragmented with a ghost who seems to be visible to all and sundry, a seriously dysfunctional teenager and a slightly less dysfunctional young woman who becomes in the most ridiculous fashion his minder. Tolstoy spoke of 'artificiality of situation; one sees the intention and is put off; one feels the absurdity of the thing.' These remarks are so apt to some of the scenes in 'Skylight Confessions'. There is a proverb 'The fate of books depends on the understanding of those who read them'. Perhaps one shouldn't always expect believability but without it a book lacks depth and resonance. For this reason Alice Hoffman has entertained her readers rather than deeply moving them.

Val (from Bideford Library Readers' Group)
Meets October 3rd 2.30pm at Bideford Library.

Appledore Book Festival 2012 - continues until October 7th 2012. All the details you need can be found at www.appledorebookfestival.co.uk or at Docton Court Gallery, Appledore Tel: 01237 424 949.

Come to the **North Devon Maritime Museum**, Odun Road, Appledore, EX39 1PT during Festival Week, where we are selling many books of local interest at rock bottom prices and there will be some second-hand favourites as well; also lots of interesting exhibits to see.

News from the Twinners.

Bideford Twinning Association have recently hosted their French families from Landivisiau. The French party arrived late on Friday 24th August. We held a civic reception in the Town Hall on Saturday morning and were entertained by the Town Band. On Saturday evening we went to Broomhill Art Hotel for our formal meal. Sunday morning we had a picnic at East Down Village Hall and afterwards went to Arlington Court for a visit. Sunday evening was at Woolserly Village Hall where a games tournament had been arranged. As you can see we had a very full two days and our friends left for home on Monday morning, but not before we had had brunch at Hallsannery, from where the coach to Plymouth picked them up.

Jen Sargent.

Woolserly Twinning There are still places on the coach going to Beuvron in Northern France from 19th to 22nd October 2012. If we fill the coach the cost will only be £70 each! That includes the coach, the ferry, accommodation, food & drink and entertainment. What a bargain. To add to the fun our trip will coincide with their cider festival. Please ring Sally on **01237 432939** for more details.

News from Bideford Film Society

The Dark Knight Rises

Christian Bale reprises the role of Bruce Wayne in the last chapter in the epic Dark Knight trilogy. With Anne Hathaway living up to and meeting the expectations of Catwoman, the relationship between her and Wayne certainly allows us to relate to the legendary Batman through the theme of romance. The plot is set 8 years after the prequel in Gotham City where Batman is no longer around and the new villain Bane is rising. It is up to Bruce Wayne to get his act together and to get the reborn Batman to save the day.

Although it follows some typical conventions of a superhero film, there are also some unique concepts within the film which make the Batman more lifelike. Whether you are a fan of the rest of the series or new to it, this film will definitely appeal to you. The intense action and deep narrative makes this one of the decade's top 10 films although there are some aspects which could make this film the number 1 spot. With the amazing cast and breathtaking soundtrack it can safely be said that this film is a "must watch" for anyone and everyone.

Jove Kerr

Bideford Film Society screened this film recently in its Summer programme.

We thank Jove for his review. Jove is one of our young volunteers and gives up much of his time to steward at film showings. He is currently shadowing senior members and will later take other roles in the cinema.

Our films are shown at both Kingsley School and Bideford College and we have an exciting Autumn programme. Look for details in the Bideford Buzz (below) and local newspapers.

Mavis Blow



THURSDAY October 4 and Friday Oct 5 at Kingsley "The Wedding Video" 15

Friday Oct 12 & Sat Oct 13 at Kingsley "Total Recall" 12A

Friday Oct 19 & Sat 20 at Kingsley "Anna Karenina" 12A

Friday 26 Oct & Sat Oct 27 at Kingsley "The Sweeney" 15

Saturday 3 November at Bideford College - "Brave" (PG)

Doors open at 7.00pm, film starts at 7.30pm.

Tickets: General £5.50 Concessions £5.00 Members £4.00

Family (up to 3 children & 2 adults) £12.00

To avoid disappointment please check local press for confirmation of above programme or or visit our web site www.bidefordfilmsociety.co.uk

SAMARITANS

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact Samaritans on:

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Real People – Real Lives - Real Difference Charity No. 261807
Selection Days held regularly throughout the year

SOUNDS INTERESTING

17 High Street, Bideford EX39 2AA

01237 238370

soundsinteresting@onebillioninternet.co.uk

“Music is the wine that fills the cup of silence” (Robert Fripp)

Two of the best digital browsers known to man are on the ends of your arms. Use them to flip through some cds or dvds and rediscover the joy of browsing.

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Thursdays 8pm-9pm

Buckland Brewer Village Hall

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Bucks Cross Village Hall

Tuesdays 6pm-7pm

£5 PER SESSION

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See you there!!

For more information contact Lynne Tel: 07508 345254

e-mail: lynnary@googlegmail.com Facebook: [LynneZumba.Northdevon](https://www.facebook.com/LynneZumba.Northdevon)

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CARERS FOR NIGHTS,DAYS,LIVE IN CARE (CRB -REF CHECKED)

**AS FROM END SEPTEMBER
GARDENING SERVICES
AVAILABLE**

**CALL JENNIFER 07854538775 OR
J MORRISON929@GMAIL.COM**

News from the Burton Art Gallery & Museum

Nigel Hall's exhibition, - *'In Transit'* – continues in the Gallery until the 29th October. Well known as a sculptor, Hall's inspiration comes from the landscape, and this exhibition gives us a rare opportunity to view his drawings, of both life and landscape, alongside his small-scale sculptures. Hall is a Royal Academician, and the exhibition is part of the Royal Academy Artists' Laboratories programme.

At the same time, the Gallery is hosting *'Baskin – Illustrations from the Archives.'*

Leonard Baskin was a man of many talents: sculptor, writer and illustrator, print-maker and watercolour artist who collaborated with the poet, Ted Hughes. On **12th November**, at a Symposium from 10am to 4pm, a screening of Noel Chanan's film *'The Artist and the Poet: Leonard Baskin and Ted Hughes in conversation, 1983'* will be shown. To book a place £40, including refreshments and a light lunch (£30 concession for Friends of the Burton, over 60s and students) telephone 01237 471455.

Activities this October feature **Rowena Light** encouraging you to make *'An Embroidered Bookwrap inspired by Devon Landscapes.'* on **Saturday, 6th October**, from 10-4; £30.

Please bring your own sewing machine, £1 fee for materials paid to the tutor on the day.

Karen Hawkins wants you to *'Get into Landscape'* on 13th October, from 10-4, using paper cut-outs and stencils to make a colourful, slightly abstract work of art. Materials will be supplied, at £5,

If you have ever wanted to try *Wood Engraving*, join **Hilary Paynter** (Past-President of the Society of Painter-Printmakers) on Saturday, 27th October, from 10am-4pm, who will introduce you to the essential elements. A list of materials and equipment required will be supplied, and an extra fee of £10 will be paid to the tutor for the cost of wood blocks. Suitable for beginners, as well as those with drawing and printing skills. To book any of the above, phone 01237 471455, or e-mail: burtonartgallery@torridge.gov.uk

Artists are reminded that the **Annual Open Exhibition** will be held at the Burton from 24th November to 23rd December. Submission of work takes place on Saturday 17th and Sunday 18th November, during opening hours. You can pick up a copy of the Conditions of Entry and Entry Form from the Gallery, or on the website: www.burtonartgallery.co.uk

The Friends of the Burton invite you to our next event: Patrick Kivlin, on *'Discovering Your Family History'* – an entertaining insight into the ways and wherefores of how to delve deep and find out who you think you are. Patrick is Chairman of our local Family History Society, and the talk is on Wednesday, 3rd October, at 7.30 p.m. £5 at the door.

P.S. If you have any artworks lurking behind the wardrobe or up in the attic, bring them out to sell at the Friends' **'Art Auction'** on 7th November. Handing-in and viewing day is on the 6th. Cafe du Parc: Gypfunk - 14th October, 1-3pm. Booking essential!

Diana Warmington,

Friends of the Burton Art Gallery & Museum

Northam Lodge is hosting a Halloween

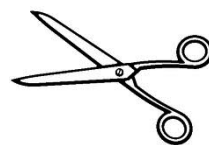
Ball on **Sunday 4th November** at The Blacksmiths Arms, East-the-Water, Bideford starting at 7.00pm and a DJ and Karaoke will take you through the night.

We know how much Bideford loves dressing up so this year we have left the Fancy Dress theme open. A prize will be given for the best dressed male and female.

The money raised this year will be put towards entertainment and interactive equipment for our learning and physically disabled clients. As you know our clients all have very different needs so this equipment is really valued to enhance their quality of lives and to give them the change to achieve things that would otherwise be impossible.

If you would like a ticket or two, priced at £5 each, please contact **Fiona on 01237 477238** or email tickets@northamlodge.co.uk.

MARGARET'S MOBILE HAIRDRESSING



For a friendly and personal local service.

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One Hundred Years Ago

Bideford - The mayoralty for the ensuing year has been accepted by Mr. HNG Stucley JP of PillHead Bideford. He has been a councillor for eight years. His mother, the Dowager Lady Stucley resides at Moreton Park.

Bideford- Consul - the almost man as he appeared before the King will appear at the Electric palace, Bideford Public Rooms. No need to be a student of Darwin to realise that only a slender thread separates the human family from the chimpanzee. He has developed in the few years since leaving the dense wilds of his native African forests, human traits that not only affords the heartiest merriment, but also commands the serious attention of scientists and physicians who find much of value to study in the growth of intelligence shown by this wonderful animal.

Buy your new piano at Nicklin's Bridgeland St - easy payment out of income. No deposit, no security, no carriage. Ten years warranty. 5% discount for punctual quarterly instalments. Established 83 years

Family History

Now you are slowly progressing with your research, one of the most important steps you should take when starting out is to join a family history society in your area. They run courses and talks for beginners, offer friendly advice and share data. You can find details of local groups allied to your research via the Federation of Family History, Societies website [wwwffhs.org.uk](http://www.ffhs.org.uk). It is also worthwhile joining the FHS covering the areas where your ancestors originated from.

The next meeting of the North Devon Group of the Devon Family History Society is on **Saturday 20th October at the Burton Art Museum from 2pm-4pm**. The speaker will be DR. Stuart Windsor who will be talking on personal research in Family History.

Len Collum

Downes Gardens

Richard Stanley-Baker's mother and father designed Downes Gardens in the 1970s and then opened them to the public, for NGS, all Spring, and every Spring for over 35 years. Their son, Richard, has continued this tradition (although we open fewer days) with the help of an energetic young gardener called Nigel Alford. The gardens, off the Torrington Rd near Weare Giffard, will be open every day for two weeks from OCTOBER 1st - OCTOBER 14th

Annual Massed Bands' Concert

The brass band movement is very strong in North Devon and proof of this is the annual massed bands concert. This year's is to take place at Kingsley School Theatre, Bideford on Saturday October 6th at 7.30pm. Participating bands are Bideford Town, Appledore and Torrington Silver. A great evening of brass music is promised.

Tickets are priced £5 at and available from **Becky on 01237 475653** or any member of the bands.

Bideford Library Events

Health and Wellbeing Day –

Wednesday 24th October 10.00 – 16.00 – a full programme of free awareness raising sessions with local complementary therapists covering aromatherapy, no hands massage, nutrition, hypnotherapy, chiropractic, meditation, homeopathy, as well as baby massage and cranialsacro therapy specially for babies and older children. This is a fantastic opportunity to find out more about how various techniques can help you cope with stress or other health problems, relieve back pain and overcome fears and phobias.

More details at the library.

Meditation and Relaxation Group

for adults with Nicola MacDonald Wednesday 17th October 14:15-15:00

Drop in Thursday

Have you, or someone you know been diagnosed with cancer or a life limiting condition? Drop into Bideford Library on the second Thursday of every month **10am - 12pm** for help and advice. next meeting **October 11th** Call 0845 8949567 **Ask MacMillan 08088080000** www.macmillan.org.uk

Gardening Club

Wednesday 24th October 19:30.



THE SHIPPING NEWS



Ship	Registered Flag Owners	From	To	Arrived	Sailed	Crew	Caergo loaded
Vasily Shushkhin	Malta	Dundalk	Wismar	24/08/12	30/08/12	Russian	2509 tons timber
Leonid Leonov Built 1994	Malta	New Holland	Kunda	01/09/12	03/09/12	Russian	2422 tons clay

Arco Dart 17.8.12 18.8.12 and 19.8.12 This particular trip the vessel discharged not at Appledore but at the Old Power Station Jetty at Yelland. She berthed approx 07.30 hrs 20th and discharged 1200 tons of dredged gravel and sailed at 09.30 hrs. This operation will save Notts Construction many road miles by not driving to Appledore to collect gravel. A full article was published in the North Devon Journal on the 23rd August. Other shipment are expected throughout the year. Appledore again

2.9.2012

Oldenburg continues service to Lundy from Bideford and Ilfracombe.

24.8.12 at 23.30 hrs the British Tug **Storebror** built 1946 ; the owner is the Captain who also owns the barge **Nowhere Island** which arrived alongside Bideford Quay for shelter and repairs en route to Ilfracombe . They have been touring the UK throughout the Olympics, celebrating 'Art' (*my opinion it is just a load of rubbish and a waste of money*) They sailed for Ilfracombe on the early morning tide of the **1.9.2012**.



Bristol Channel Observations

18.8.2012 at 13.10 hrs container vessel Endeavour 9168 tons d.w, owners JR Shipping Holland, inward bound for Avonmouth. At 16.00 hrs tanker **Paxoi** 6301 tons d.w owners Paxoi Maritime SA Pireaus Greece, inward bound for Port Talbot with bunkers for bulk carrier at the port

19.8.2012 at 16.07 hrs vehicle carrier **Planet Ace** 15327tons d.w, owners Mitsui OSK Lines Japan, inward bound for Portbury.

20.8.2012 at 16.25 hrs cargo vessel **Mark C** 19460 tons d.w, owners Carisbrooke Shipping PLC Cowes I.O.W.W, outward bound from Avonmouth, having sailed at 11.00 hrs

23.8.2012 T 06.22 HRS cargo vessel **Blue Note** 4750 tons d.w, owners Bernd

Moyering Schiffahrts K.G Germany, outward bound from Newport, having sailed at 23.00 hrs 22nd

24.8.12 at 13.35 hrs vehicle carrier **Grande Colonia** 14900 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury. Seen outward bound On the **25.8.12** at 19.42 hrs having sailed at 16.03 hrs ; at 10.45 hrs cargo vessel **Eems Space** 2600 tons d.w, owners Rederij @ Kornet & Zonen B.V Netherlands, inward bound for Birdport. At 19.05 hrs the molasses tanker **Zapadnyy** 3297 tons d.w owners Excel Sea legend Ukraine, outward bound from Avonmouth, having sailed at 13.43 hrs. At 19.10 hrs vehicle carrier **Autosun** 6670 tons d.w, owners UECC Unipessoal Ltd Funchal Madeira inward bound for Portbury.

26.8.2012 at 18.07 hrs vehicle carrier **Maple Ace 11** 15361tons d.w, owners Mitsui OSK Line Japan, inward bound for Portbury. At 18.25 hrs cargo vessel **STX Bonita** inward bound for Newport.

28.8.2012 at 07.07 hrs vehicle carrier **Emerald Leader** 12300 tons d.w owners Francis Maritime SA Oslo in the colours of Nippon Yusen Kaisha Japan, outward bound from Portbury, having sailed at 03.30 hrs.

6.9.2012 at 08.05 hrs container ship **Planet V** 7014 tons d.w, owners Peter Dohle Schiffahrts KG Germany, inward bound for Newport; at 16.15 hrs the bulk carrier **Hardanger** 51111 tons d.w, owners Masterbulk Pte Singapore in the colours of Westfall Larsen of Bergen was spotted by loyal reader Joshua Hulse passing Ilfracombe - she would have crossed Bideford Bay about 1 hr earlier. Also at 17.30 hrs he saw the cargo vessel **Lady Amelia** 3700 tons d.w, owners Wijnne & Barends Cargadoors en Agentuurkantoren B.V. Holland, inward bound for Cardiff, she passed Bideford Bay approx 16.15 hrs.

Richmond Drydock

On Thursday **6.9.2012** Richmond Drydock Appledore came back into action as a working dock with the arrival of the beam trawler **Anneliese** on her final voyage to be broken up. She had been towed from Penzance her home port by the British Tug **MTS Valour** registered in Falmouth with another beamer the **Jannie En Klass** which was also docked a bit later to met the same fate. A rep from the owners W Stevenson and Sons advised me that both vessels had been decommissioned about 18 months prior to their final journey to the scrap yard. The owners of the drydock FTD Marine of Bideford were pleased with the way the operation had gone and expected to take a month to 6 weeks to complete the demolition. It is wonderful to see the dock being used again nine years after the last vessel the **Antic** used the drydock . On behalf of the Buzz readers I wished them every success with this venture.

Norman

BUZZ WORD

Welcome to Buzz Word- the new updated letters' page. Feel free to send us your Buzzes!



Reeds Cafe and Squire and Sons

Further to September's BUZZ WORD re Reeds Cafe, as a member of the Reed Family I can give you more information!

Albert Reed was the son of Alfred (my great-uncle) and Esther Reed who owned the Baker's Shop at No 12, Bude Street, Appledore. Albert's wife, Flossie, was Florence Penhorwood of Diddywell. My parents, Percy and Irene Reed, met whilst working at the Appledore Bakery and Shop, back in the 1920s. If you visit Bude Street today, you will see that the step of No 12 still bears the name REED with the original green tiles beneath the 'shop' window. Like father, like son?

The steps have had the names REED for as long as I can remember. My guess is that they were engraved back in the 1930s.

Cynthia Snowden (nee Reed) now aged 82

I respond to your query in last month's Buzz as to the origins of Squire and Son, who once occupied 12 High St, now Walter Henry's Bookshop. Truscott's name also appears in the mosaic at the shop entrance.. Squire and Sons can be traced back to the Bideford Gazette as early as 1908. They were 'Silversmiths, Jewellers and Opticians' The firm promoted themselves as 'the leading jewellers in North Devon.'

In 1922 they sold the business to GF Truscott of Market Place Sidmouth who then traded in both towns. In March 1922 Truscott's advised that they had acquired Squire and Son, but had not taken on the stock. In a large advert in the Bideford Gazette they advised that extensive structural alterations would take place, and electric lighting installed.

Above Walter Henry's shop is a smallish sign advertising their premises which hangs from a very heavy wrought iron bracket. Originally there was an illuminated box sign which as opticians depicted an eye hanging from there which needed strong support. The Truscott business continued as far as I can recall into the 1970s, possibly under new owners who retained the name.

Basil Pidgeon *Bideford and District Community Archive.*

Morris dancing

If you are interested in Morris Dancing in and around in Bideford, October is the best time to join in. Bideford Phoenix Morris begin their Wednesday evening sessions at the Baptist Church, Mill Street, Bideford on the **3rd of October at 8pm**. Come and join us. Contact me on 01237 473798 or e-mail n.bennion@btinternet.com

Neil Bennion

Bar-tailed Godwits

I write concerning the Bar-tailed Godwits. I see a few each year on the river. But on Thursday 23rd August, 22 flew in on the foreshore - amazing! And on Sunday 26th August at 7pm 40 flew in, leaving at 7.45pm. The next day the 40 flew in again. I just can't believe it. The parents of the young ones return to the treeless Tundra and the young leave later having put on weight and strength to fly back to the Tundra. They leave between August and October.

Derek L Barnes

Help Wanted

I really do not know if you could possibly help. My father and his brother were evacuated during the war to a dairy farm in Bideford. The couple they were sent to did not have any children. I know this is not a lot of information but it is all I have! My father and his brother passed away some years ago. Their names were Vivien Goodyear and Bernard Goodyear; they were evacuated from Charlton in London. Any help would be gratefully received. I will be returning to Devon in the very near future. Many thanks in advance.

Jill Fellows (nee Goodyear)

Email and phone number supplied

More Buzz Words

The Vicar and his Bride.

I am interested in trying to trace an Appledore carnival back in the late 1930s!

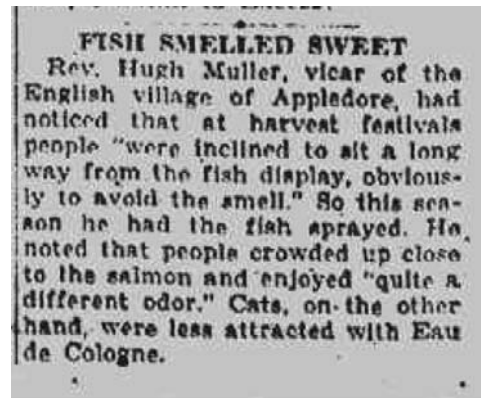
My sister and I were entered for a carnival as 'The Vicar and his Bride,' The Rev Hugh Muller had married a Helen Hinks, possibly that year. Anyway, we innocent girls (probably under 10 years of age and no idea of the significance!) were dressed for the part. I was the 'vicar' and my sister Enid was the 'bride' and one of us had a card saying **'THE VICAR AND HIS BRIDE.'**

A member of the public obviously objected as he snatched the board from us! I believe I hit him with the black umbrella I was carrying! (The Rev always carried a black umbrella).

I would love to find a photograph of the event, if one was taken.

Whilst doing research on the Internet I came across the attached, published in the USA in January 1951. Interesting!!

Cynthia Snowden.



XX

October Diary

Monday 1st

10am Lip-Reading classes at Ethelwynne Brown Close Heather Smith heatherathoneywells@hotmail.com
07994 390 807

7.30pm Appledore Singers rehearse at Appledore Primary School, 01769 560034

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 421065

Tuesday 2nd

10am - 1pm Lavington Church Coffee and lunches

2pm Bideford WI meets at Communal Hall Copps Close

7-9pm Torridge Lights WI meet at Bluelights Hall Appledore tel 476201

7.15pm Bideford Camera Club meets Ethelwynne Brown Community Centre, East-The-Water. See website www.bidefordcameraclub.co.uk or call Carole on 01237 423242
Palladium Club Jam Night

7.30pm Bideford Sustainability Group meets at Blacksmith's Arms

8pm Tarka Morris men practise at Bideford Amateur Athletic Club 01237 476632 or email jwbeblackburn@aol.com

Wednesday 3rd

10.30am Parkinson's UK Coffee Morning Ethelwynne Brown Close, Common Room 1 01237 478128.

Bideford Park Walk and Talk starts at Cafe du Parc tel 420130

2.30pm Bideford Library Readers' Group.

7.30pm Bideford Folk Dance Club meets Northam Hall tel 423554

8pm Bideford Phoenix Morris welcome new members Baptist Church, Mill Street, Neil Bennion on 01237 473798 or e-mail n.bennion@btinternet.com

Thursday 4th

10.15am Northam Men's Forum meets Methodist Church Hall, Cross St. Northam. Tel 470553 for details

2.15pm Thursday Fellowship. Northam Methodist Church Hall tel 421956

Friday 5th

7.30pm Appledore WI Bluelights

Hall Appledore tel 429683

Charity Quiz Night at Alverdiscott Hall in aid of Chemotherapy Appeal. 07891903683 to book

Palladium Club Gang of Thieves - rock covers

8pm Ceilidh Club Bideford Amateur Athletic Club, 0112137 476632 or email jwbeblackburn@aol.com

Saturday 6th

7.30pm Concert by Barnstaple Male Voice Choir and Appledore Singers at Lavington URC Church, Bideford for Cancer Research

7.30pm Film 'Salmon Fishing in the Yemen', at Littleham. Info. On 420372

Palladium Club Boom Boom Room -

Sun 7th

9 am till 2 pm. All-Day Breakfast at Littleham Village Hall, Details: 473338

3pm Pets Thanksgiving Service Holy Trinity Church Westward Ho!

Monday 8th

10am Lip-Reading classes at Ethelwynne Brown Close Heather Smith heatherathoneywells@hotmail.com
07994 390 807

7.30pm Appledore Singers rehearse at Appledore Primary School, 01769 560034

Bideford Stamp Club meet at Robin's Nest Bideford AFC.

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 421065

Tuesday 9th

10am - 1pm Lavington Church Coffee and lunches

10.30am Macular Disease Society meets Burton Art Gallery 01409231309

2- 4pm Epilepsy Group meets at Henry Williamson Room

Barnstaple Library tel 07875577428

7.15pm Bideford Camera Club meets at the Ethelwynne Brown Community Centre, East-The-Water. See website www.bidefordcameraclub.co.uk or call Carole on 01237 423242

7.45pm Bideford AFC v Chippenham at football ground

Palladium Club Jam Night

Wednesday 10th

10.15 Bideford Probus Club at Royal Hotel

(Tel 473 337)

10.30am Bideford Park Walk and Talk starts at Cafe du Parc tel 420130

7.30pm Bideford Music Club concert at Methodist Church Hall Bideford tel 423112

7.30pm Bideford Folk Dance Club meets Northam Hall tel 423554

8pm Bideford Phoenix Morris welcome new members Baptist Church, Mill Street, Neil Bennion on 01237 473798 or e-mail n.bennion@btinternet.com

Continued on next page

October Diary 2012

Continued from previous page

Thursday 11th

10am Drop in Thursday at Bideford Library
MacMillan Cancer Care

10.15am Northam Men's Forum meets
Methodist Church Hall, Cross St. Northam.
Tel 470553 for details

2.15pm Thursday Fellowship at Northam
Methodist Church Hall. Tel Maggie 421956

7.30pm Holy Karaoke at Crealock Arms
Littleham

6pm Tarka Child Contact Centre AGM
Bideford Bay Children's Centre, Victoria
Park, Bideford. For further details call Sally
07530 605681

8pm Bideford Folk Club at 'Next Door'
Cooper St

Friday 12th

7.30pm Abbot sham Wi at Abbotsham
Village Hall tel 01237 474711

Palladium Club *Flamin' rats* – rockabilly
8pm Ceilidh Club Bideford Amateur
Athletic Club, 0112137 476632 or email

jwbeblackburn@aol.com

Saturday 13th

Tesco Bideford Food Collection Day for
Bideford Foodbank

Torridge Ramblers' Day Walk Ring 01805
622183 for details

10am St Margaret's Church Northam coffee
morning for emergency fund – Church
Missions Committee. Leisure Centre.

11am Garage Sale Coffee and Cookies
5 Francis Drive Westward Ho!

Bideford College Devon Hall Independent
Ballet Wales The Tempest-

<http://www.welshballet.co.uk/>

Palladium Club *The Darkside of Pink Floyd*
- top tribute act

Monday 15th

10am Lip-Reading classes at Ethelwynne
Brown Close Heather Smith
heatherathoneywells@hotmail.com
07994 390 807

7.30pm Appledore Singers rehearse at
Appledore Primary School, New Members
welcome. Pam Beechey on 01769 560034
Appledore and District Amateur Radio club
meets at Appledore Football Club.
473251

8.30pm North Devon Jazz Club at Beaver
Inn Appledore tel 421065

Tuesday 16th

10am - 1pm Lavington Church Coffee and
lunches

7.15pm Bideford Camera Club meets at the
Ethelwynne Brown Community Centre, East-
The-Water. www.bidefordcameraclub.co.uk
Carole on 01237 423242

7.30pm Northam Choral Society rehearsals
at Methodist Church hall Cross St, Northam

7.30pm-10pm Abbotsham Modern
Sequence dancing Village hall Abbot sham

Palladium Club Jam Night

8pm Tarka Morris men practise Bideford
Amateur Athletic Club 01237 476632 or
email jwbeblackburn@aol.com

Wednesday 17th

10.30am Bideford Park Walk and Talk starts
at Cafe du Parc tel 420130

7.30pm Bideford Folk Dance Club Northam
Hall tel 423554

8pm Bideford Phoenix Morris welcome new
members Baptist Church, Mill Street, Neil

Bennion on 01237 473798 or e-mail
n.bennion@btinternet.com

Thursday 18th

10.15am Northam Men's Forum meets
Methodist Church Hall, Cross St. Northam.
Tel 470553 for details

2.15pm Thursday Fellowship. Northam
Methodist Church Hall tel 479643

8pm Bideford Folk Club at 'Next door'
Cooper St

Friday 19th

10am -12pm Memory cafe Northam Hall tel
459337

2pm Devonshire Association meets at
Burton Art Gallery tel 477701 or 471749

Palladium Club *Maybe naked* - rock covers
7pm St Helen's Church Abbot sham Organ
Recital £10 (wine and cheese)

8pm Ceilidh Club Bideford Amateur
Athletic Club, 0112137 476632 or email

jwbeblackburn@aol.com

Saturday 20th

2pm the Big Jumble Sale Instow Parish Hall

3pm Bideford AFC v Stourbridge at football
ground.

Palladium Club *FOS Brothers & Chloe Bix*

Sunday 21st

Torridge Ramblers Afternoon Walk 01805
622183 for details

8pm Bideford Ceilidh Club Dance with
Bloatertown Band, Tawstock Village Hall,
01237 476632 or email

jwbeblackburn@aol.com

Monday 22nd

10am Lip-Reading classes at Ethelwynne

Brown Close Heather Smith
heatherathoneywells@hotmail.com

07994 390 807

7.30pm Appledore Singers rehearse at
Appledore Primary School, New Members
welcome. Pam Beechey on 01769 560034

Tuesday 23rd

10am - 1pm Lavington Church Coffee and
lunches

7.15pm Bideford Camera Club meets at
the Ethelwynne Brown Community Centre,
East-The-Water. See website

www.bidefordcameraclub.co.uk or call Carole on 01237 423242

7.30pm Northam Choral Society rehearsals
at Methodist Church hall Cross St, Northam

Palladium Club Jam Night

8pm Tarka Morris men practise Bideford
Amateur Athletic Club 01237 476632 or

email jwbeblackburn@aol.com

Wednesday 24th

10.15 Bideford Probus Club at Royal Hotel
(Tel 473 337)

10.30am Bideford Park Walk and Talk starts
at Cafe du Parc tel 420130

7.30pm Bideford Folk Dance Club Northam
Hall tel 423554

7.30pm North Devon Humanists'
Fremington Parish Hall Annexe 477851

8pm Bideford Phoenix Morris welcome new
members Baptist Church, Mill Street, Neil

Bennion on 01237 473798 or e-mail
n.bennion@btinternet.com

Thursday 25th

10.15am Northam Men's Forum meets
Methodist Church Hall, Cross St. Northam.
Tel 470553 for details

2.15pm Thursday Fellowship. Northam

Methodist Church Hall tel 421956

8pm Bideford Folk Club 'Next Door' Cooper
St

Friday 26th

10am -1pm Lundy Art Group meets at St
Mary's Church Hall Appledore

Palladium Club *Spaced invaders*

7.30pm Charity auction at Westleigh Inn in
aid of Chemotherapy Appeal Nicki
07891903683 for any details

7.45p.m. to 10.15 p.m.

Modern Sequence Dancing Kingsley Hall,
Westward Ho! - 01769 540309

8pm Ceilidh Club Bideford Amateur
Athletic Club, 0112137 476632 or email

jwbeblackburn@aol.com

Saturday 27th

9.00 am-6.00 pm

Atlantic Village Food and Craft Fair

7pm Meeting for Bible teaching & fellowship
at Bethel, the Quay, Appledore, 474466.

Sunday 27th

10am-5pm

Hartland Arts & Crafts Society Autumn Fayre
Hartland Parish Hall till 31st

10.30 am - 4.30 pm

Atlantic Village Food and Craft Fair
Palladium Club *Black Hole promotions*

Monday 28th 10 - 12 noon.

Lipreading Classes at Ethelwynne Brown
Community Room Contact Heather Smith

(heatherathoneywells@hotmail.com)

7.30pm Appledore Singers rehearse at
Appledore Primary School, New Members
welcome. Pam Beechey on 01769 560034

Tuesday 29th

10am - 1pm Lavington Church -coffee and
lunches

2pm Bideford Salvation Army 'Fun and
Fellowship' Club. Bideford Baptist10.

Church ;

Palladium Club Jam Night

7.15pm Bideford Camera Club meets at the
Ethelwynne Brown Community Centre, East-
The-Water. www.bidefordcameraclub.co.uk

or call Carole on 01237 423242

7.30pm Northam Choral Society rehearsals
at Methodist Church hall Cross St, Northam

Palladium Club Jam Night

8pm Tarka Morris men practise Bideford
Amateur Athletic Club 01237 476632 or

email jwbeblackburn@aol.com

Wednesday 31st

10.15am Bideford Probus Club (Tel 473 337)

Royal Hotel

10.30am Bideford Park Walk and Talk starts
at Cafe du Parc tel 420130

7.30pm Bideford Folk Dance Club Northam
Hall tel 423554

7.45pm Modern Sequence Dancing
Kingsley Hall, Westward Ho! Cyril Arnold -

01769 540309

8pm Bideford Phoenix Morris welcome new
members Baptist Church, Mill Street, Neil

Bennion on 01237 473798 or e-mail
n.bennion@btinternet.com

Saturday 3rd November

10.00 – 12.00 Coffee Morning Holy Trinity
Church Hall Atlantic Way Westward Ho