



# BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

## Do you Think it's All Over!

What a roller-coaster of a fortnight we've all had. From the Opening Ceremony to the Closing we've all sailed, jumped, cycled, rowed, dived and run with our Olympic athletes. If we couldn't be there in person we were there in spirit roaring them on. Shouts and groans could be heard from households all over Torridgeside both day and night, such was the involvement of all generations and ages. It's made a dreadful summer memorable for all the right reasons. But is it all over? Much has been made of "Inspiring a generation", and "Legacy", but how will that be put into practice?

What can Torridgeside do to create its own Olympic legacy? We are so fortunate that we have very successful local clubs which can offer Olympic sports to all ages. Those which immediately spring to mind are athletics, gymnastics, rowing, football, boxing, judo, badminton, sailing, BMX, tennis, table tennis and golf (newly included for 2016) to name but a few.

Is it possible that they could get together and organise a scheme for our young people to give their sport a try. Perhaps during October half term Bideford and District sports clubs could put on a "You Saw It At The Olympics, Now Come And Try It," scheme whereby a free session within each sport was on offer to new participants.? Possibly TDC Sport and Leisure department could co-ordinate it all in a similar way to the Torridge Sports session they ran during the longer school holidays.

It's a real challenge to all concerned but it seems such a waste for all the enthusiasm generated during the Olympics just to fizzle out. We have so many talented young people in the area who just need an opportunity to recognise and develop their talent and this could provide an opportunity to do just that. Additionally they will be fitter and healthier and have fun as well. Is it possible we have our own Olympians out there? Yes it is, so with the combined effort of the schools, clubs, coaches and parents let's have a real Olympic legacy for Torridge. Come 2016 and 2020 we could be cheering our very own Olympian. I'm really looking forward to it! *LP*



(Cartoon © Michael Darling)

**For starters look out for Blazey's Conker championship on Saturday October 13th ... more details in next month's Buzz.**

**CONTACT  
BUZZ**

Bideford Buzz is produced by a team of volunteers with practical assistance from Torridge District Council, Torridge Voluntary Services, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre, South West Foundation, Devon County Council and The co-operative Community Fund. If you are interested in helping to produce or distribute this newsletter we would be pleased to hear from you. Please note that for advertisements there is a charge from £15 per box per month. Cheques payable to Bideford Buzz Newsletter Group. All items for inclusion should be sent by the 15th of the month to the Editor, Rose Arno. Email: [editor@bidefordbuzz.org.uk](mailto:editor@bidefordbuzz.org.uk), Mobile: 07929 976120 or c/o Torridge Voluntary Services, 14 Bridgeland St., EX39 2QE. Visit [www.bidefordbuzz.org.uk](http://www.bidefordbuzz.org.uk).



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## Bideford Heritage Trail – Revisited.

*There is now an excellent new Heritage Trail guide produced by Bideford 500 with loads of information about Bideford. Even so Roger Sugar has found yet more additions to the guide which he has listed here:-*

**The Early History section** . Locally the last ice age ended about 14,000 BC and the stone tools from 12,000 BC, found during the excavations for the New Bridge, are exhibited in the Burton Gallery. Nor is there any mention of the Romans who built a marching camp overlooking the town or of Julius Caesar who called the locals Dumnonii, Devon Dumplings or perhaps simply Devonians.

**The Old Quay.** There is a record of a thirty foot high pile of horse manure on the quay collapsing and entombing a local man. On another occasion a horse apparently went mad and galloped off the quay taking a local bus and five passengers to their untimely death in the river.

The Rose of Torridge, alias the Newfoundland Hotel was built 27 years after Richard Grenville's death. However, the mention of fishing the New Newfoundland Banks is appropriate because a contract between a Northam fisherman and a Barnstaple merchant was recorded in 1542. In 1835 Captain James Yeo of Appledore stated "cod were so dense men could not make progress by rowing"; now they are an endangered species.

**The Long Bridge.** When aged 16 John Strange, hero of the black death, was accosted by a ruffian and thrown off the Long Bridge. Recently a cyclist on the pavement bounced off my chest and threatened to break both my arms and legs if I didn't get out of his way. A deja vu moment perhaps.

**Tome Stone!** Not so, this is a myth. I quote from W. H. Rogers book on Buckland Brewer. "The Church was again struck by lightning in 1769 which threw down one of the pinnacles of the tower and wrecked the chancel, nave and south aisle. . . To save expense the three other pinnacles were removed, and according to local tradition two were converted into stone rollers, while the third was bought by a Bideford tradesman and built into the wall of his shop at the corner of the High Street, where it can be seen at the present day, to serve as a kerb stone much in the same way as the old Celtic cross from the Exe Bridge was placed at the corner of Gandy Street to keep carts off the tradesman's shop".

**Bridge Street** circa 1880 was composed of a flight of steps until some unfortunate man fell down them and died. Whereupon the Town Council filled them in and that is why some houses are partly below road level and rails prevent unwary pedestrians from having a nasty fall.

**The Town Hall.** It is probably still a state secret but under the the town Hall there is, or was, a shelter for the Town Council in case of atomic attack. At the time of the greatest threat an Army Major came to lecture the Council on precautions and what to do in the aftermath. His advice was to buy lots of brooms and sweep all the radio active debris into the river. What would the ecologists say?

**The Plague** in Bideford. In late May 1646 three young sons of a local surgeon called Revening played on a shipload of merino wool from Spain. A few days later they sickened and died, becoming Bideford's first victims of the plague which lasted from June 8th 1646 until the 18th of June 1647. "In a few weeks the houses were full of horror and the streets became covered in grass".

**Tower Street** buildings are interesting and some tributes to the bricklayers art. However, what I find even more interesting are the steps and paving, a mixture of cobbles and slabs of slate, surely this must be the most representative Bideford of yesteryear.

**Buttgarden Street.** Was this where the local archers kept their butts/targets for practice and that is why it is so straight, I would like to think. Other minds think it is derived from the Old English *but* meaning outside, the gardens [outside of town] or without. But no one can dispute that *but* in 1345 meant 'mark for target practice'.

**Jubilee Square.** Not so very long ago a boat maker on Jubilee Square built small vessels on a form of trolley or mobile platform. When it was time to launch the platform was wheeled to the quay edge and by pulling ropes the vessel was catapulted out onto the river.

**More next month Roger Sugar**

## News from the Burton Art Gallery & Museum

September already, but although the year is sliding quietly by, you may be able to forget *tempus fugit*, and take the opportunity to view the great variety of artwork presented by the Westward Ho! & Bideford Art Society's 90<sup>th</sup> Annual Open Exhibition. What a treat this is! Every year without fail this Society attracts artists from all over our region. The Society was founded in 1922, and for many years artists worked and held their exhibitions on the top floor of Bideford's Bridge Buildings – Sheila Hutchinson, a founder member, recalled heaving her easel and framed paintings up 72 wearisome stone stairs – so imagine their relief when they were offered the Burton Gallery – no steps! - for their exhibitions by Thomas Burton, when he gave his gallery to the town in 1951 in memory of his daughter, Mary. The current exhibition continues until **16th September**, and as many items are for sale, this is an ideal opportunity to purchase original works of art. From **22nd September, Nigel Hall's Exhibition – 'In Transit'** – takes over. On loan from London's Royal Academy, these works are part of their Artists' Laboratories exhibition programme. Drawings and small scale sculpture add to the variety of work on show. The exhibition continues until 29th October. An appreciation takes place on 22nd September at 2pm, with Nigel Hall himself.

At the end of the month, the Gallery presents: '**Illustrations from the Archives' of Leonard Baskin**. one of the most significant artists of the 20th century. Sculptor, writer and illustrator, watercolour artist and print-maker, he was born in America, but spent 9 years in Lurley, near Tiverton, and became a friend of Ted Hughes, and the pair collaborated their talents. Selected illustrations have been chosen by Warren Collum, the Gallery's Exhibition & Collections Officer, from the Heritage Collections Department at Exeter University. Join a free Talk and Tour by Dominic Jinks, Arts & Culture Manager at Exeter University, on **29th September, at 2pm**.

You can **Explore Oils** with professional artist, **Tony Williams**, on 8th September from 10am to 4pm. Fee £30. Pick up more details from the Gallery, and book on 01237 471455.

The **Cafe du Parc** welcomes Deja Blue Jazz Duo on 2nd September for a Jazz lunch from 1-3pm. Don't forget – the Cafe is open from 6-9pm on the first Friday of September, so that you can dine in style on (hopefully) a balmy summer evening!  
The Friends offer you an opportunity to visit Eastcott Vineyard, at Northlew, near Okehampton, on Saturday, 1st September. Cost £12 **01237 471455 to book**.  
**Diana Warmington**, *Friends of the Burton Art Gallery & Museum*.

# ***GIVE BOWLS A GO***

## ***KINGSLEY INDOOR BOWLING CLUB***

***Edwards Drive (off Golf Links Road) Westward Ho!***

# ***OPEN DAY***

***Do come and join us for a fun introduction to bowls with some of our more experienced players.***

***Sessions are free and are 10am to 1pm 2pm to 4pm***

***All equipment provided. Refreshments.***

***Sat. 29<sup>th</sup> September***

## Jeremy Thorpe

*This month the Torrridge branch of Parkinson's UK talks about one of its famous members.*

Last month we heard that Jeremy Thorpe is leaving North Devon and his cottage at Cobbaton is up for sale.

Back in the 1970s Jeremy Thorpe was a very well known and highly respected local figure as well as being MP for Devon North, as it was then, and head of the Liberal Party. From 1967 to 1976, he turned the Liberals from a party small enough to fit in a taxi (six MPs) into a party small enough to fit in a minibus (eleven)

Then in 1979 things went very wrong, with a court case and an accusation of murder. The charges against him were eventually dropped, but he never regained his former reputation and lost his seat in Parliament. Shortly afterwards he was found to be suffering from Parkinson's Disease, an illness which he has lived with for thirty years. He did however retain an interest in Politics becoming President of the North Devon Liberal, later Liberal Democrat, Association, and saw his old seat regained by Nick Harvey. In 1997 he attended the Liberal Democrat conference and received a standing ovation.

The following is taken from a Guardian article by Allegra Stretton in 2008

'When the former Liberal party leader Jeremy Thorpe needs attention, he presses the buzzer hanging from his neck and Disney's *'It's a Small World After All'* rings round his large Regency house in Notting Hill. If it could be heard in Westminster (it would imply) that he wants the government to fast-forward all attempts to cure Parkinson's disease, ' "The saliva and shakes make me seem gaga."

'On a national level, Parkinson's UK is still the largest charity funder of Parkinson's research in the UK. Major advances have come from research that they have funded, and these have helped to improve treatment and care for people living with Parkinson's, both within the UK and worldwide. So far, more than £55million has been invested in ground-breaking Parkinson's research. And on a local level, the Torrridge Branch continues to offer support and fellowship to over 60 people with Parkinson's, plus their families and carers." (John Wilson Chair of local group)

Coffee mornings are held monthly at Ethelwynne Brown Common Room (10.30am on the first Wednesday of the month) and there is a regular Keep Fit Class at Weare Giffard and a Carers' support group. **For more information please contact the secretary Julie Jones on 01237 478128 or the chairman John Wilson on 01271 860918.**

## RA

Appledore News

### **Book Festival - 29<sup>th</sup> September – October 7<sup>th</sup>**

The ABF Committee has been working hard behind the scenes all year to create a Festival to remember. Some of this year's highlights will include sessions from Ruth Rendell, Jeremy Vine, Paul Torday and Fiona Phillips. From talks to workshops and 'in conversation with' sessions to Gardeners' Question Time, you will be spoilt for choice.

I am thrilled to announce that for the first time, the Chivenor Military Wives Choir and the Appledore Band are joining together to open the Festival with a charity concert, an evening of spectacular music at St Mary's Church on Friday 28<sup>th</sup> September at 8pm Visit

[www.appledorebookfestival.co.uk](http://www.appledorebookfestival.co.uk) for more details

**Brenda Daly, (Festival Director)**



**Appledore Maritime Players** now in their 14th year will be performing the new summer season comedy drama *'The Girls Of Blossom Hill,'* set in 1940, by Tom Waters and directed by Celia Budge. A mysterious murder intrigues black market and some naughty niceties on **Friday 7th and Saturday the 8th of September** at the Appledore Community Hall. Tickets available from Docton Gallery (Marine Parade) and Appledore Newsagents. All seats £5. When three girls from all walks of life arrive at Kimberley Mansions, Northam, all hell is let loose. Chief Inspector Sir Jack Anderson, played by Jeremy Bell and Detective Sergeant Charlie Farley by Paul Rhodes investigate. A touch of the Paul Temples - many of you will remember that. There might be just a few tickets left at the door.



# Good Age Page



## Devon Homelink

**Emergency alarm system:** are you or someone you know worried about being able to contact help in an emergency?

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## After Caring

I'm working with volunteers aged 50 + to support carers/former carers aged 50+ through a difficult time in their life, as the person they care for moves to residential care or dies. The project covers North Devon and Torridge. After Caring will provide free one to one support and friendship groups and also an *End Of Caring* Information Pack.

I really need volunteers in the Torridge area. You could be a former carer and not have recognised that role, as you cared for your parent or spouse but your experience could help other people. Carers tell me they feel many emotions during this time including anger, relief, guilt, anxiety. They have to take a new direction in their life often alone. They can feel lost and it can be really difficult to make decisions. Having someone to talk to who has been through this experience can help. Could this be you? For more information please contact me on [aftercaring@torridgecvcs.org.uk](mailto:aftercaring@torridgecvcs.org.uk)

**01237 420134**

**Lucy Betts**

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**Volunteering Opportunities - Get Involved!**

By volunteering with Action for Children you will make a real difference to the lives of the most vulnerable and neglected children and young people.

Bideford Bay Children's Centre, which is run by leading charity Action for Children, offer many opportunities to get involved with volunteering, such as helping at 'stay and play' sessions, gardening, simple kitchen duties, befriending others and admin duties.



During National Volunteer Week (First week of June) we celebrated at the Cedars Hotel to honour the vital and selfless work of our projects volunteers. We wanted to say a huge thank-you for their incredible efforts.

If you fancy joining our amazing volunteers, helping to support children and families around Bideford whilst building your CV, get in touch today.

You could learn new skills, build your confidence and meet new people. Not to mention having great fun!

For more information call Trish 01237 425752 or e-mail

[patricia.braunton@actionforchildren.org.uk](mailto:patricia.braunton@actionforchildren.org.uk)

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**Keep Safe On The Street!**

As the nights are drawing in, many people – men as well as women – may feel increasingly concerned about their safety when walking alone on the streets after dark.

In this article, I shall consider the risks you may face and how you can minimise them. First of all, let me make it clear that I am not even going to attempt to explain how to defend yourself against an attack. Having studied and taught a martial art for many years it is my opinion that there is no quick way to learn effective self-defence skills.

Instead, I want to address two questions: 1) What is the risk of being the victim of an unprovoked attack and 2) how can you minimise that risk?

**How To Minimise The Risk**

There are a few simple measures you can take to reduce any risk to yourself. These include keeping to well-lit areas and avoid displaying value items (such iPhones, jewellery or cash). If you find yourself in trouble, it is generally safer to run away than to confront the aggressor. If this is not possible, police advice is to make as much noise as possible by shouting for help.

**How Much Risk Is There?**

The good news is that Devon and Cornwall are among the safest places in the UK. You can check the number of incidents of crime in your locality by entering your post code into the crime-search web site at: [www.police.uk](http://www.police.uk).

I contacted Devon and Cornwall Police to ask for information on the number of unprovoked attacks on people in the area. They told me that such an attack is “extremely unlikely” and the risk is “miniscule”. Even the statistics shown on the Police UK web site may seem to over-state the risk since “the majority of victims are either known to the offender or have sought to intervene in a situation they have witnessed and are attacked as a result.”

For more advice, go to <http://www.devon-cornwall.police.uk/CrimePrevention/PersonalSafety/> and select topics such as ‘Be streetwise’ from the drop down menu at the bottom of the page. There is also guidance on avoiding and reporting crime on the Home Office’s Crime site:

<http://www.homeoffice.gov.uk/crime/>.

But, while the risks of being attacked by a stranger in North Devon are very small, we all face significant risks of injury on a daily basis – next month I'll explain what these are and what you can do to avoid them.

*Huw Collingbourne is a 2nd dan black belt Aikido instructor at the Hartland Aikido Club which meets at the Bucks Cross Village Hall, Thursday evenings between 7:00 and 9:00. Phone: 01237-441527. Email: [hartlandaikido@gmail.com](mailto:hartlandaikido@gmail.com). Web site: <http://hartlandaikido.blogspot.co.uk>*

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## **BUZZ WORD**

**Welcome to Buzz Word- the new updated letters' page. Feel free to send us your Buzzes!**



### **Reeds Cafe.**

I read with interest in the August copy of the Bideford Buzz about the Treasure Hunt. My husband can remember in the thirties being sent from Queen St to Reeds cafe for sixpence (6d) worth of meat and gravy. I can also remember, during the World War 11 days, if my mother had a trip to Bideford she always bought bread and cakes from Reeds. It was a bakery by then. Mr. Reed was called Albert and Mrs. Reed was called Flossie. They had a son called Brian. Hope this helps.

**Doreen Curtis**

**John Curtis**

*Thanks. On the same subject do you know the origins of 'Squire and Sons' outside Walter Henry's Bookshop (Ed)*

### **Have You Voted Yet?**

Don't forget that the North Devon Display Gymnastics Club, based here in Bideford, still need your vote in the Lloyds Bank Community Award regional final. The award is worth £5000 and, should they be successful, will be spent on much needed equipment. To cast your vote either log on to [https://www.lloydsbankinggroupcommunities.com/communityfund/cf\\_home.asp](https://www.lloydsbankinggroupcommunities.com/communityfund/cf_home.asp)

Or text VOTE with the SMS code of EX1 to 61119

If you haven't done so already, please do it now. **Voting closes the first week in September – they really need your help!**

**LP**

### **Did You Do It? They're Running Out of Food**

Last month's Buzz ran an article appealing for donations of food and /or some of your time for the Bideford Food bank project. All donations go to make up a 3 day emergency pack to tide over people who have run out of food, often because of benefit delays – something unimaginable in this day and age. Yet it does and is happening Since opening such has been the demand for emergency help that the Food bank is already running out of food! Did you make a donation?

Remember just one item will help. Let's make any Monday, Weds or Friday, [10.30 til 1.30.] a "Just The One" day by walking up to 21 High Street in Bideford and dropping off at least one item of non – perishable food. A list of ideal food can be found on [info@bideford.foodbank.org.uk](mailto:info@bideford.foodbank.org.uk) as well as further information. It won't break the bank and the volunteers will make you very welcome. You won't go hungry tonight but somewhere, possibly near you, is someone who will! Please help.

**A Concerned Person.**

(We were thrilled to read your article about the Bideford Foodbank in August Buzz and are very grateful to the writer.) **Terry Thorpe Food bank Co -ordinator**

### **Bideford Folk Dance Club**

Have you ever thought it would be good to keep fit, meet new people and enjoy yourself all at the same time? Why not come along to the Bideford Folk Dance Club? We meet every Wednesday night during school term time at Northam Hall from 19.30 until 21.30. The cost is just £3 per evening, and you don't need any experience or a partner - just a love of dancing. All are explained and walked through, and there are only about 20 different moves to master. So if you want to try, it would be great to see you! The new season starts on September 12th Tel 01237423554.

**Chris Jewell**

What a wonderful job you do at Bideford Buzz. I thoroughly enjoy reading the paper and feel very grateful for your time and energy putting it together.

**Eleanor Newton**





### **The Queen's Award Winning Westward Ho! Youth Group's Dream**

Can anyone out there help us??

We the young people of Westward Ho! Youth Theatre want a chance to show at the Queen's Theatre what we can do. Our group is aimed at young people ages 8 to 21. It doesn't matter what your ability is, the door is always open. There are no auditions to join. It is a place for us kids to enhance our acting, singing, and dancing skills. Everyone gets to take part in the final performance. It's a place to boost our confidence and make friends for life. We are a team and we all look after each other. What we really love is putting on shows.

Our most recent show was '**The King and I**', which was amazing. We use our shows to raise money, such as £1000 to Help for Heroes. It was a breath taking and emotional show going back to World War 11 songs and dances. We also give away tickets to children's charities. Our group dream is to perform a small selection of our work at the Queen's Theatre, perhaps in a variety show. We would love to perform a small scene from 'The King and I', or all sing a couple of our best choruses. If there is anyone out there who could make our wish come true we would be forever grateful. If this applies to you please e-mail our sectary at [g.i.b@talktalk.net](mailto:g.i.b@talktalk.net). Thanks a million **The Kids at Westward Ho! Youth Theatre**

### ***Bideford College - A student's viewpoint..***

I started Bideford College in Year 7, last September and thought I would share some of my experiences with you as it might be of interest for those students starting this month.

I attended St Helen's primary school in Abbotsham which is a relatively small village school. In the July before starting secondary school, every prospective student of Bideford College was offered two "taster days" to prepare them and give them the chance to meet their tutor group and their tutor. These two days were a great way to start to find your way around the school. Although it is massive, it is very easy to find your way around as the levels and buildings are easily numbered and colour coded. (You soon get the hang of it).

The new term soon arrived and all new students went into tutor groups where they were issued with yearly planners; these help to ensure homework, achievement, big events and detentions are all noted down. Teachers award postcards and yellow slips for good effort and achievement. Certificates are also awarded during assembly when a certain number of postcards are achieved.

On the other hand, if a student fails to do homework or disrupts a lesson, they are given a detention, sent outside the classroom or sent to withdrawal.

Lessons are planned over a fortnight and the days always go quickly. There is a reasonable amount of homework which is often done online via the special school website. Students are put into sets depending on ability in English, Maths and Science in Year 7.

Bideford College is quite strict as far as uniform is concerned. You must have black, red or white coats, although black is the predominant colour. Shoes must be black with no logos and trainers are not allowed.

The sports' facilities at Bideford College are out of this world. During lunchtime there are a multitude of sports clubs that you can attend: athletics, tennis, football, cricket, rounders, hockey, netball, etc. If you attend them you'll find that you get the chance to play in loads of matches and tournaments and you even get to go on trips. For example I attended tennis club and had the opportunity to go to Wimbledon on the Number one court this summer, which was an amazing experience!!! Another great thing is that you get recognised for your efforts with certificates and colours. Colours are special material badges that you sew onto your uniform, when you show great talent and/or really good effort. Not many of these are given out in Year 7, but my friend Millie and I managed to get them in tennis.

Even if you are not sporty there are still clubs that you can enjoy, like the drama club, choir or library club. You get the chance to win prizes for writing good book reviews and each term, the tutor group which reads the most books in each year group, receives a tin of chocolates.

Life at Bideford College is great, and although the prospect of starting secondary school may be daunting, all staff in Bideford College will make it so much easier for you and you will make many new friends! You will be amazed by the greatness of Bideford College - enjoy it while you are there!

**Amy Seaman**

### ***SAMARITANS***

Do you have the skills to be a listening volunteer?

Samaritans are recruiting and urgently need people just like you for their branch in Barnstaple, North Devon

Samaritans offer a confidential emotional support service which is available 24 hours a day.

If you are interested in becoming a listening volunteer, please contact Samaritans on:

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### **SOUNDS INTERESTING**

17 High Street, Bideford EX39 2AA

01237 238370

soundsinteresting@onebillinternet.co.uk

“Music is the wine that fills the cup of silence” (Robert Fripp)

Two of the best digital browsers known to man are on the ends of your arms. Use them to flip through some cds or dvds and rediscover the joy of browsing.

If we do not have it in stock we will always do our best to get it for you.

**INDEPENDENT,  
LOCAL & PROUD OF IT !**

## **BIDEFORD TOWN COUNCIL**

### **Grants for 2013/2014**

Organisations **within** the Parish of Bideford who wish to apply for a grant from the Town Council must apply on a form obtainable from the Town Clerk, Town Hall, Bideford, EX39 2HS.

Tel: (01237) 428817/8  
or E Mail: [deputyTC@bideford-tc.gov.uk](mailto:deputyTC@bideford-tc.gov.uk)

**FORMS MUST BE RETURNED BY  
MONDAY 24 SEPTEMBER 2012**

Grants will be paid in May/June 2013



## News for Bideford College

As part of our aim to provide better access and choice for the local community, we have joined with The Plough Theatre, Torrington, to bring live entertainment and cultural performance to the area. We have recently arranged a number of stage events for the coming season.

**On Fri 28th September** in the Devon Hall, Bideford College there will be an evening of Jazz & Blues music performed by Paul Jones & Digby Fairweather's Half Dozen, Paul Jones is the ex front man of the 60's group Manfred Mann and now a regular host of a Radio 2 show. He has a large following, so we hope this will be a significant opening event.

Tickets will, initially be on sale via The Plough Theatre 01805 624624 (Box Office) but eventually there will be an opportunity to buy direct in the College. Look in your Bideford Buzz each month for details of the whole programme.



### Bideford Film Society - Fast Girls:

It's the Olympic year, so there is never a better time to release a sport based film. 'Fast Girls' is a fast paced yarn which recounts the rivalry between two girls from fundamentally different backgrounds in their quest for glory.

It is a British film set in London, and one that you can easily relate to. Although this film is based on the World Championships, it has a very definite link to the Olympics. It is an inspirational film and it made me want to jump to my feet running!

Fast Girls follows two young female track rivals as they train for the World Athletics Championships in London. Shania is a natural athlete struggling to break free from a life of 'council block' despair. She finds herself on the same relay team as the annoyingly middle-class and snobbish Lisa, whose father has a strong say on her club's decisions. Somewhat predictably, the girls dislike each other, incessantly arguing and fighting over the course of the training. Eventually they become firm friends as Shania supports Lisa in finally standing up to her father's overpowering ways, and go on to win a gold medal in the relay!

One of the more exciting parts of the story was when our relay team verbally outmanoeuvred a group of drunk boys, then outrunning them when they realised they were in trouble. It was hilarious and hugely satisfying to see the usually

faster gender become completely humiliated by a bunch of giggling girls!

This was an absolutely brilliant film, and one that I would definitely recommend to my friends. I think that it merits a 12 certificate as it does include some strong language. If you want to have a good laugh, and be on the edge of your seats, then this is the film for you!!!

### Amy Seaman

**BFS thanks Amy for her brilliant review.**

*The Film Society will show more good films during the coming weeks and has an exciting programme for the Autumn. See details below and local newspapers.*

### Mavis Blow



**Sat 1<sup>st</sup> September** Ice Age-Continental drift (U) Kingsley; **Friday 7 and Saturday 8 September** Friends with kids. (15) ; **Friday 14 and Saturday 15<sup>th</sup>** 'Ted' (15) Kingsley ; **Friday 21 and Saturday 22 September** The Expendables 2 (15) Kingsley **Friday 28 and Saturday 29** Bourne Legacy (12a) Kingsley

**Doors open at 7.00pm, film starts at 7.30pm.**  
**Tickets: General £5.50 Concessions £5.00 Members £4.00 Family (up to 3 children & 2 adults) £12.00**

**To avoid disappointment please check local press for confirmation of above programme or visit our web site**

**[www.bidefordfilmsociety.co.uk](http://www.bidefordfilmsociety.co.uk)**

## Drawing Course

Learn to express yourself on paper

Develop skills and techniques

Explore different media

Learn to produce a finished piece

Aged 16+



The course takes place at Appledore Church Hall on 10,24,31 October and 7, 14 November at 10am -12 noon.

Course fee: £40 (bring your own materials)

To book a place contact Tim on **01271 373749**

## **The Sea Lock Open Day**

**Sunday 9<sup>th</sup> September.**

(access from Annery Kiln/Halfpenny Bridge) will have tea and cakes (refreshments), guided walks, photo exhibitions, demonstrations, gazebos etc against bad weather. There will be a replica Tub-boat on view and several examples of agricultural heritage machinery as well as an opportunity to view the lock gates and winding mechanism from close up and see the progress of the reinstatement of the Wharf wall since the last open day 2 years ago. Phone 477705 for information.

Practise "sustainable living" and cycle there along the Tarka Trail, turning off as for Weare Giffard.

**Woolserly Twinning** There are still places on the coach going to Beuvron in Northern France from 19th to 22nd October 2012. If we fill the coach the cost will only be £70 each! That includes the coach, the ferry, accommodation, food & drink and entertainment. What a bargain To add to the fun our trip will coincide with their cider festival. Please ring Sally on **01237 432939** for more details.

## **Wilden Tools- Goodbye**

This month we say goodbye to a Bideford business which has been in the town since 1972. Interestingly the site of Wilden Tools in Mill Street was once the home of Admiral John Cochet, a famous seaman. But that's another story.

It has always impressed with its array of DIY, cookware, cleaning products, etc. But the closure of the shop, whilst promising retirement and leisure for the owner, creates a different problem for its staff.

My particular sympathy goes to Andrew Joy who has been a loyal and dedicated staff member for eleven years. During that time he had been impressively knowledgeable. It's fair to say it's not always the easiest of shops to negotiate, and often poses problems for the most experienced DIY' er. Would you know the whereabouts of a 'coach screw ' or a 'threaded bar ?' Would you be able to find instantly the right sized hinge from the numerous ones on offer? Luckily Andrew is always there to solve your problem and usually produce the goods.

The world we live in needs more people like Andrew and more little ironmongers like Wilden.

Our option will soon be big stores where nails and screws are always pre packaged and necessitate buying 20 when you only want one. What's more we will lose the knowledge built up by Andrew and his kind developed over many years . Such dedication is rarely found and hard to emulate.

Good luck to him in finding employment elsewhere, and thank you for all your help in the past

**Rose Arno**

I was sorry to hear the news that Wilden's Store will be closing in September. As an enthusiastic DIY'er I have really valued the variety and range of products I found in this 'Aladdin's cave' of a store - right on my doorstep. I have also appreciated being able to buy exactly the number of nails/screws/hooks etc. that I wanted - rather than prepackaged fixings. But a particular regret is that Andrew will no longer be on hand to answer my DIY based questions. He was unfailingly patient and civil, knew the stock in fine detail and was always willing to search out the very nut or bolt you were looking for. I would like to wish Andrew every success - I do hope his commitment to customer service will be valued in his future employment.

**Lynn Easter**

There are many reasons why I shall miss Wilden's, apart from it being in the town centre and therefore a short walk away. First there was the convenience of being able to buy small items in the quantities I actually needed - nails and screws for house repairs and model making, tiny brass hinges for dolls' houses, to name just a few. Then there were the hand tools - I nearly always found what I wanted from a stock that ranged from the cheap and cheerful to the quality. Everything was easy to find. This was appreciated because, being quite technically ignorant, I sometimes know the sort of thing I want but have no idea what it is called. I could also mention the range of electrical items and all the stuff in tins and bottles. I repeat: so easy to find what you wanted.

*But most important of all, I shall miss the helpful advice that I got when needed, and the unstinting quality of service.*

**JRM**



**Bideford Sustainability Group**  
Creating a climate for change

### New Trustees Needed

Would you like to help make a difference to the future of the Bideford area?

We would welcome new trustees to join us in some exciting projects to help make Bideford more resilient to climate change, rising energy costs and an uncertain economic future.

Experience as a treasurer, an understanding of charity status and companies limited by guarantee, or in publicity work would be especially useful.

If you have a little time and energy to spare we would love to hear from you, whatever your experience and background.

Please contact Jane Williams for more information about these voluntary opportunities:

[janeshiptonwilliams@lineone.net](mailto:janeshiptonwilliams@lineone.net) or phone 07783 384982

*Bideford Sustainability is a company limited by guarantee - Registered in Cardiff No 5146681 ; Registered Charity No 1110625*

### Bicton College Part -Time Gardening Course based in Bideford

#### ABC Certificate in Gardening – Level 2

This is a practical based course and the qualification is achieved based on practical skills

**Starting 21<sup>st</sup> September for 35 weeks**  
(excluding School Holidays)

9.30 – 3pm

Venue - Grow@Jigsaw, Victoria Park, Bideford

Telephone: 01237 479762

### Northam Lodge

We held a photographic competition in May called *Positive About Disability* and the winning photographs are on display at The Burton Art Gallery from **Tuesday September 11<sup>th</sup> 2012 until October 6<sup>th</sup> 2012**. The 12 best entries will be made into a calendar for 2013 and these will be available at the Burton Art Gallery and at Northam Lodge.

Do please come and visit this exhibition and help to raise the profile of Northam Lodge and other learning disabled organisations.

**Read Easy** is designed for adults who still struggle with literacy, a problem that according to national statistical information faces one in six whose abilities fall below those expected of an 11-year old ; one in twenty adults in the UK are said to be severely illiterate according to a Skills for Life survey.

To deliver this programme, BookRelief and Read Easy will be seeking suitable venues around Bideford. These could be rooms that are free and available at certain times each week at the premises of local authorities, libraries or businesses, or even rooms in cafes or pubs. The emphasis here is that our reading/coaching sessions take place somewhere that suits both coach and reader in quiet, discreet venues where they can work without being overlooked, but where, for reasons of safety and security, there will always be other people around.

BookRelief and Read Easy are also happy to hear from potential Volunteer Coaches . More information at [bookreliefuk@readeasy.org.uk](mailto:bookreliefuk@readeasy.org.uk) .

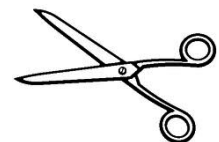
### The Appledore Singers

Ladies, now that summer is over, why not join the Appledore Singers as they start their Autumn season? Rehearsals are held every Monday night, 7.15 - 9pm at Appledore Primary School.

For further details contact our Musical Director, Pam Beechey (01769 560034) or visit [theappledoresingers.co.uk](http://theappledoresingers.co.uk)

**Martyn Wyndham Read** will be appearing at Bideford Folk Club, "Next Door", Cooper Street, Bideford, on Thursday 6<sup>th</sup> September, from 8pm. More information from Jerry and Hilary Bix, 01237 470792, or John Blackburn **01237 476632**.

### MARGARET'S MOBILE HAIRDRESSING



For a friendly and personal local service. Available In your own home. Cuts, Perms, Shampoos & Sets, Blow Dries and Colours. Reasonable prices. **Tel 07583293268**

## One Hundred Years Ago

### General Booth

Hundreds of thousands of people witnessed the funeral procession of General Booth in London, and 5000 of his officers joined in the procession from Shoreditch to Abney Park Cemetery.

### Hartland

Bow Bridge has now been repaired. Formerly only six feet wide it was built some time before 1682. The name Bow Bridge occurs on some documents of that date.

### Appledore

An historic pageant was held here with Mr Alfred Green the pageant master. The first part was 'Briton v Roman' representing the Stone Age and the second 'Alfred v Hubba'. At the close Miss Tatem presented a green banner to the Appledore Boy Scouts with the motto 'Be Prepared' on it.

**Mike Davy** (from *Bideford Gazette* courtesy of *Bideford and District Archive*)

### Patricia Mary Slade

On the 18<sup>th</sup> July 'Pat' passed away at Northam and I feel that all of us who knew her well will have lost a real friend.

The research of local history and all that it encompassed was her true dedication. She was the founder of *Bideford and District Archive* more than twenty years ago and she was a very proud chairperson. Pat was never happier than when she gave illustrated talks, her postcard collection was prized by her, and she was involved in the production of several books on local history.

Pat was truly a good person, a friend to all she met, and we will miss her. It was a privilege to have known and worked with her.

**Mike Davy**

### The Future of Our Churches and Churchyards.

North Devon's historic churches, many dating back to the 14<sup>th</sup> and 15<sup>th</sup> centuries, are part of the landscape. Their tall towers and spires can be seen crowning the hill tops of Torridgeside and they are a characteristic feature of our town and village streets. The churches and their gravestones are an essential link with the past and a record of the history of local families.

Fewer people are churchgoers these days and, consequently, less money can be raised for maintenance. In the near future, without the help of local communities, many of these churches and chapels could fall into disrepair or be sold off for conversion to other uses or for demolition and building. There is a limit to the

number that can be preserved as historical monuments. One answer is for the building itself to become a centre both for religious life and for a whole variety of community activities; in fact, public concerts are already a regular feature in many churches.

Communities in this area are coming together to help in the management of churchyards. In Littleham, both churchgoers and non-churchgoers have a rota to keep the grass mown and an attempt is being made to encourage the growth of wild flowers. The villagers of Weare Gifford have made great strides in combining less frequently mown areas, where grasses and wild flowers thrive, with parts of the churchyard which are mown more often.

St Margaret's Church, Northam, is faced with a shortage of money to pay the bill for keeping its very large churchyard closely mown. A group of Northam people are helping to manage it in such a way that access will be provided to the graves; paths and the area around the church will be mown more often; and other areas will have an annual cut in order to allow wild flowers to establish, together with insects, birds, slow-worms and other wildlife. Volunteers will be needed to clear the grass after cutting and to control more invasive plants, such as bramble. The aim is for the churchyard to be a quiet, attractive place for villagers to walk and sit, a haven for wildlife and to continue to act as St Margaret's burial ground.

**VOLUNTEERS are needed on SATURDAY 15TH SEPTEMBER any time between 10am and 4.00pm to rake and clear grass at St MARGARET'S CHURCH, NORTHAM. Refreshments will be provided. Wellies and gloves are a good idea. Rakes and shears would be a help but aren't essential. All enquiries to 01237 470 183.**







# THE SHIPPING NEWS



Ship	Registered	From	To	Arrived	Sailed	Crew	Cargo
<b>Baltic Sailor</b> Built 1997	Gibraltar British Germany	Birkenhead	Wismar	18/07/12	20/07/12	Polish	2400 tons* timber
<b>Raba ex Marieke 05</b> Lys Coast 98 Erkaburg 91 Lys Coast 91 Erkaburg 91	Sczecin Poland Polish	Ellesmere	Bendorf	17/07/12	18/07/12	Polish	1700 tons clay
<b>Abis Bordeaux</b>	Harlingen Dutch Dutch	Lerwick	Rosyth	18/07/12	21/07/12	Dutch Philipino	18 aircraft carrier pieces
<b>Nordic Erika</b> Built 2009	Maasdam Dutch Dutch	Belfast	Wimar	31/07/12	02/08/12	Dutch Russian Indonesian	2718 tons timber (a record number)

\*All the timber from Brunswick Wharf was cleared with this shipment

## **Kathleen and May**

At 0730 hrs on **21.7.12** the sailing vessel **Kathleen and May** of Bideford, owner Steve Clark, arrived at Appledore off the Beaver Inn for a short visit, after visiting Brest for a sailing festival. She was en route to her new home port Liverpool and sailed approx 19.50 hrs on the Sunday **22.7.2012**.

**Arco Dart** 31.7.12 4.8.12 5.8.12.

**Oldenburg** continues service to Lundy from Bideford and Ilfracombe.

## **Bristol Channel Observations**

**15.7.2012** at 0925 hrs cargo vessel **Blue River** 4935 tons d.w. owners Thor Germany, outward bound from Avonmouth, having sailed at 04.24 hrs. At 10.58 hrs off Morte Point vehicle carrier **Autosun** 6670 tons d.w. owners UECC Unipessoal Ltd Maderia, inward bound for Portbury. At 13.10 hrs vehicle carrier **Grande**

**Detriot** 12355 tons d.w. owners ACL Management AB Sweden which is owned by Grimaldi Line of Italy, inward bound for Portbury. Seen again at 13.40 hrs 17<sup>th</sup>, having sailed from Portbury at approx 0930 hrs

**19.7.2012** at 08.58 hrs cargo vessel **Cosco Wuyishan** 31958 tons d.w. owners China Ocean Shipping Group Co China, outward bound from Port Talbot. **19.7.2012** at 08.58 hrs cargo vessel **Cosco Wuyishan** 31958 tons d.w. owners China Ocean Shipping Group Co China outward bound from Port Talbot.

**21.7.2012** at 17.07 hrs vehicle carrier **Autosun** 6670 tons d.w. owners UECC Unipessoal Ltd Madeira, outward bound from Portbury, having sailed at 12.52 hrs

**22.7.2012** at 13.32 hrs cargo vessel **RMS Beeck** 3246 tons d.w. owners BWK RMS Beeck Germany, inward bound for Newport

**23.7.2012** at 17.20 hrs British Warship **HMS Cattistock** 750 tons displacement outward bound from Avonmouth, having sailed at 10.17 hr; at 06.45 hrs cargo vessel **Sisu Castor** 3500 tons d.w. owners Transnautic Ship Management Estonia, inward bound for Avonmouth. At 10.45 hrs container vessel

**Endeavour** 99168 tons d.w. owners JR Shipping BV Netherlands, inward bound for Avonmouth. At 18.30 hrs molasses tanker **Zapadnyy** 3297 tons d.w. owners Excel Sea legend SA Ukraine inward bound for Avonmouth.

**29.7.2012** at 21.07 hrs vehicle carrier **Grande Roma** 14900 tons d.w. owners Grimaldi Line of Italy, inward bound for Portbury. At 21.30 hrs chemical tanker **Stolt Pelican** 5797 tons d.w. owners Stolt Nielsen BV Netherlands, outward bound from Barry, having sailed at approx 17.00 hrs

**30.7.12** at 12.58 hrs bulk carrier **Hoyanger** 50194 tons d.w. owners Masterbulk PTE Ltd Singapore under the colours of Westfal Larsen Management Bergen Norway, outward bound from Portbury, having sailed at 09.01 hrs

**9.8.2012** at 18.15 hrs container ship **Charlotte Borchard** 11388 tons d.w. owners Allegro GMBH & Co Germany on charter to Borchard Line London, inward bound for Cardiff and at 1834 hrs vehicle carrier

**NOCC Kattergat** 14380 tons d.w. owners NOCC 1AS Norway, inward bound to Portbury this vessel was seen passing Morte Point, having passed Lundy at 17.50 hrs. Seen again outward bound at 18.50 hrs, having sailed at 14.36 hrs

At the time of going to press news of the final permissions for the use of the Richmond Drydock Appledore have been given, and the first vessel should be entering in the high water period 18<sup>th</sup> to 21<sup>st</sup> August. Hopefully will have a full report in September Issue. Owner advise that they have work for at least 18 months which should give employment to quite a few people. **Norman**

# September Diary 2012

## Sat Sept 1<sup>st</sup>

Torrige Ramblers' Day Walk . Ring  
01598 760419 for details

**2pm** Bideford Catholic Church fete at  
Bideford Bay Children's Centre. Tel  
476641

**3pm** Bideford AFC v Chesham at  
Bideford Football Ground

**7pm** Open air performance at Hartland  
Abbey, 'Private Lives' by Noel Coward  
Palladium Club *Wendy May's boom  
boom room*

**7.30 pm.** 'The Best Exotic Marigold  
Hotel'. Film at Littleham, All welcome.  
Tel.: 420372

## Sun 2nd

**10.30am – 5.30pm** Open Day at  
Jennetts Cottage Littleham in aid of  
Harbour Drop -in Centre.(see August  
Buzz)

Clovelly Crab and Lobster fest

## Monday 3rd

**7.30pm** Appledore Singers rehearse at  
Appledore Primary School, 01769  
560034

**8pm** North Devon Jazz Club, Beaver  
Inn Appledore . tel 421065

## Tuesday 4th

**7.30pm-10pm** Abbotsham Modern  
Sequence dancing Village hall Abbot  
sham

Bideford Sustainability Group meets at  
Blacksmith's Arms

## Wednesday 5th

**10.30am** Parkinson's UK Coffee  
Morning Ethelwynne Brown Close,  
Common Room 1 01237 478128.

**2.30pm** Bideford Library Readers'  
Group.

## Thursday 6th

**2.15pm** Thursday Fellowship at  
Northam Methodist Church Hall. Tel  
Maggie 421956

**8pm** Bideford Folk Club at 'Next Door'  
Cooper St

## Friday 7th

**4pm** onwards - First Friday in  
Bideford's Mill Street  
Festival of Pipe and Drums (- **9<sup>th</sup>**  
**September**) Phone 422477

Palladium Club ifunk - funk/soul covers  
band

## Saturday 8th

**10.30am** Farmers' Market Victoria Park  
**6pm** Bideford Carnival tel 422477

Palladium Club *Kieran Halpin - blues*

## Sunday 9th

Open Day at the Sea Lock Annery Kiln.  
Guided walks, exhibitions Phone 01237  
477705

## Monday 10th

**7.30pm** Appledore Singers rehearse at  
Appledore Primary School, New  
Members welcome. Pam Beechey on  
01769 560034

Bideford Stamp Club meets at Robin's  
Nest devonshire@dsl.pipex.com

## Tuesday 11th

**7.30pm** Northam Choral Society  
rehearsals at Methodist Church hall  
Cross St, Northam

**7.30pm-10pm** Abbotsham Modern  
Sequence dancing Village hall  
Abbotsham

## Wednesday 12th

**10.15am** Bideford Probus Club (Tel 473  
337) Royal Hotel

**2pm** Bideford Library Reminiscence  
sessions. tel 459337

**7.30pm** Bideford Folk Dance Club  
Northam Hall tel 423554

## Thursday 13th

**8pm** Bideford Folk Club at 'Next door'  
Cooper St

Holy Karaoke at Crealock Littleham

## Friday 14th

Food collection day at Asda. Phone  
07874 206438 for further information.

**7.30pm** Abbot sham WI meets at  
Abbot sham Village Hall 474711

Palladium Club *9 yards - rock/pop  
covers*

## Saturday 15th

**10.30 am** onwards. Volunteers needed  
to help with Northam Churchyard  
470 183.

**3pm** Bideford AFC v Redditch at  
Bideford Football Ground

Palladium Club *Auction for the promise  
club - original indie band*

## Sunday 16th

Torrige Ramblers' afternoon walk  
Ring 01237 451820

## Monday 17th

**7.30pm** Appledore Singers rehearse at  
Appledore Primary School, New  
Members welcome. Pam Beechey on  
01769 560034

Appledore Amateur Radio Club at  
Appledore Football Social club. Tel  
473251

## Tuesday 18th

**10.30am** Macular Disease Society  
meets Burton Art Gallery 01409231309

**2- 4pm** Epilepsy Group meets at Henry  
Williamson Room Barnstaple Library  
tel 07875577428

Palladium Club Jam Night

**7.30pm-10pm** Abbotsham Modern  
Sequence dancing Village hall Abbot  
sham

Northam Choral Society rehearsals at  
Methodist Church hall Cross St,  
Northam

## Wednesday 19th

**7.30pm** Bideford Folk Dance Club  
Northam Hall tel 423554

## Thursday 20th

**2.15pm** Thursday Fellowship at  
Northam Methodist Church Hall. Tel  
Maggie 421956

Palladium Club *Betafest  
rock/indie/punk festival*

**8pm** Bideford Folk Club ' Next Door'  
Cooper St

## Friday 21st

**10am -12pm** Memory cafe Northam  
Hall tel 459337

**7.45p.m. to 10.15 p.m.**

Modern Sequence Dancing Kingsley  
Hall, Westward Ho! - 01769 540309

Palladium Club *Betafest*

## Saturday 22nd

**10.30am** Farmers' Market Bideford

Quay

Palladium Club *Betafest*

rock/indie/punk festival

## Monday 24th

**10 - 12 noon.** Lipreading Classes at  
Ethelwynne Brown Community Room

Contact Heather Smith

(heatherathoneywells@hotmail.com)

**7.30pm** Appledore Singers rehearse at  
Appledore Primary School, . New  
Members welcome. Pam Beechey on  
01769 560034

## Tuesday 25th

**10am** Lavington Church -coffee and  
lunches

**2pm** Bideford Salvation Army 'Fun and  
Fellowship' Club. Bideford Baptist

Church ;

Palladium Club Jam Night

**7.30pm** Northam Choral Society  
rehearsals at Methodist Church hall  
Cross St, Northam

**7.30pm** Abbotsham Modern Sequence  
dancing at Village hall Abbotsham

**Wednesday 26th**

**10.15am** Bideford Probus Club (Tel 473  
337) Royal Hotel

**7.30pm** Bideford Folk Dance Club

Northam Hall tel 423554

North Devon Humanists' Fremington

Parish Hall Annexe 477851

**Thursday 27**

**2.15pm** Thursday Fellowship tel 421956

**10-5pm** Coffee morning at Yeoldon

House Hotel for Macmillan Cancer £5  
includes coffee and cake.

**8pm** Bideford Folk Club Club 'Next  
Door' Cooper St

**Friday 28th**

**10am-1pm** Lundy Art Group St Mary's

Church Appledore

Bideford College Devon Hall Paul

Jones (ex Manfred Mann & now Radio 2

DJ) & Digby Fairweathers Half Dozen

**7.45pm** Modern Sequence Dancing

Kingsley Hall, Westward Ho! Cyril

Arnold - 01769 540309

Palladium Club *Peoples Republic of*

*Mercia*

**8pm** Opening Charity Concert of

Appledore Book festival. St Mary's

Church

www.appledorebookfestival.co.uk

**Saturday 29th**

**10.30am** Farmers' Market Bideford

Quay

Start of Appledore Book festival tel

475727

Palladium Club *Eddie & the Hotrods -*

*legendary post punk band.*