



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

Marine Miscellany

Photos by:
Tom Arno (Rock Pool).
Robin Stowell (Buoy Barnacles).



Bideford Port

... past

ELIZABETHAN PAGEANT Heritage Day July 2nd 2011

Bideford 500 is again delivering a Heritage Day for Bideford 11am – 4pm, in and around Mill St. and Cooper St.

Elizabethan Bideford was full of maritime activity and a 'buzz' with the tobacco and pottery trade, as well as adventurers seeking land to colonise on behalf of Queen Elizabeth 1st. This day is to recognise and celebrate the amazing development of the port and town in the 1500s and 1600s.

(Also see page 2 and www.bidefordbuzz.org.uk).



Photo of Roseburg taken by Graham Frisby

... and present

THE SHIPPING NEWS by Norman Hardaker

Ship	Registered flag/owners	from	to	Arrived	Sailed	Crew	Cargo Loaded
Konstantin Paustovski	Valletta Malta Russian	St Malo	Turku	14/05/11	16/05/11	Russian	2200 ton brick clay
Roseburg Built Ex Forsti Ivy Balticborg	St Johns Antigua and Barbadua	Poole	Wismar	15/05/11	17/05/11	Russian	2539 ton timber

As I was away on holiday whilst the Roseburg was loading I would like to take this opportunity to congratulate everybody concerned with this first shipment of export cargo from Bideford and in particular Captain Hoad the Harbour Master for persuading Euroforest to use the port and therefore saving many road miles transporting the cargo to Plymouth. *Shipping News continues on Page 15 ...*



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Devon
County Council

Devon
Community
Foundation
Helping local people

Elizabethan Pageant– Heritage Day July 2nd by Bideford 500 Programme

10am -12 Make an Elizabethan Ruff

11am – 12pm: Street procession featuring Sir Richard Grenville, the town crier, and members of the community and local school children carrying banners and dressed in Elizabethan costumes. Gather on the Quay by the Lundy booking office at 11am when the cannon will be fired to start off the proceedings and parade through town.

11 – 4pm: street performers and musicians; guided Heritage trail walks and living history characters re-creating everyday life in Elizabethan times

St Mary's Church is open all day - where the North American Indian brought back by Raleigh was baptised and buried.

The Pageant takes place in and around Mill St in Bideford. For more information about Bideford 500 and for programme details visit www.bidefordheritage.co.uk Visit the Baptist Church on Mill St for full programme details on the day.



As part of the Heritage Day **Bideford Library** is running a drop-in craft activity for children from **10am** - Make a crown to go with your ruff and be part of the parade.

Also an exhibition of books on Elizabethan Bideford with archive material about another Bideford Pageant held in 1927

Atlantic Watersports Games,

From **July 23-28** hundreds of young athletes from five different countries will descend on North Devon to take part in aquatic disciplines including surfing, kayaking, surf life saving, sailing, rowing, kite surfing and wind surfing. The official opening ceremony will be at Bideford Quay on **Sunday July 24**, with festivities, food, crafts, music and live entertainment from 2pm. At 5pm the competing teams will take to the streets in a procession around the town, led by local band Samba Sol and the Breton pipe band.

Contact Isabelle Bromham at ibromham@northdevonplus.co.uk.

And don't forget - First Fridays in Bideford, July 1st 4pm-7pm

Bideford Bay Creatives and the Chamber of Commerce introduce 'First Friday' events in Bideford town centre in and around Mill St; email Bideford Bay Creatives at info@bbcdevon.org

News from the Burton Art Gallery & Museum

If you have not already visited the Gallery to view the spectacular wood-engravings, lithographs, etchings and mezzotints, created by painter-printmakers from all over the country, using many techniques and subjects,- make sure you do - you still have until the 25th July to enjoy the skill and precision, often in miniature, employed by these talented artists.

On the **2nd July, from 10-4**, Ursula Leach will help you to 'Print without a Press' – in conjunction with the above exhibition. Ursula will show you a quick and easy process to make prints. Cost for the day is £30, with perhaps £2 for any extra materials. Sounds like fun.

If you would like to try wood-engraving, come to Kate Dicker's workshop on the **9th July**, and you will be taught how to transfer a drawing onto a wood block, how to use the special tools for wood engraving. The cost for the day is £30, and there is a further cost of £14.50 for extra materials

To book either of the above: Phone the Gallery on 01237 471455

The Friends have invited David Jaggs, classical Guitarist, to play for us on **Wednesday, 13th July**, in the Gallery, while we enjoy a One-Course Supper, starting at 6.30 p.m. - cost £12. To book or to join the Friends contact Diana Warmington, on 01237 472336, or e-mail to: diana.w@care4free.net or contact Gallery, on **01237 471455. (Open every day 10-4 (11-4 on Sundays))**

The Bideford Free Public Library and the librarian

(I came across this the other day in the North Devon Journal for 20th August 1891. We all know the present librarian is nothing like the one described here - but when are we going to get real fires back into the building - I would love to be able to relax in front of one with a book in hand!)

Peter Christie

Sir Would you kindly allow me to make a few remarks respecting the librarian? The library certainly is a great blessing to the town and neighbourhood of Bideford generally and to the working classes especially a great benefit in that it has kept many of our young men from those public houses and beer shops where a great deal of their time and money would be worse than thrown away. It certainly must be very accommodating for anyone, when time will admit to go in and get the daily, current passing events of the political, literary or commercial world. And as a ratepayer I must cheerfully subscribe my proportionate share towards its support. But sir, while I am so taken up with the library, I am sorry to say it is not so with the Librarian, for there are some things of which I have had reason to complain. If I am rightly informed, when anyone comes into the library and asks for a book or paper (if there) it is the place of the librarian to supply them with it; also in the winter to get the rooms comfortably heated by fire. But Sir the way in which he discharges his duties amounts almost to his being disagreeable. Some other persons having made similar complaints, I just mention one of the few of my own. Last winter I went into the book-room just after lighting up, which I sometimes do, to get a little historical, scientific, geographical and other information. While sitting there with a book in my hand, (by the fire) the librarian in a most deliberate manner, poked out the fire. After that he went and pushed up the window to give free admission to the cold air. There was a very cold easterly wind blowing across the river at the time. A gentleman came in just after, and feeling the wind so piercing went and pulled the sash down again. If the librarian is not removed, or an improvement made in this respect towards visitors to the library, I for one, shall protest against anything more being done towards the support of the Bideford Free Public Library

Yours respectfully

H Holloway

One Hundred years ago from the Bideford Gazette

King of Lundy

The venerable white bearded cleric, the Reverend HG Heaven in deciding to quit Lundy island for the mainland for health reasons, is leaving a cliff bound home where he has spent seventy three years of his life. His father, a West Indian planter, purchased the island. With the exception of a disused lighthouse and the old keep the only building on the island was a straggling farm house. The long rule of this uncrowned king has been a wise one and has justified the old joke that his people live in the 'Kingdom of Heaven'

Swimming

On Saturday evening three members of Bideford Swimming Club -Messrs Waldron, Yarnold and Babb attempted to swim from West Appledore to Bideford Bridge – a distance of 4 miles. Two completed the swim, and the other, about three-quarters the distance.

Bideford Children's Court

At this Court at Bideford a fourteen year old youth was fined one shilling (5p) costs for using obscene language in New Rd.

Gas Lighting

At Bideford Council Meeting the Mayor said he thought the fixing of the gas lights in the town was going on satisfactorily. They were a great improvement and all would be in position by the Winter

Mike Davy - Bideford Archives

Lions Club of Bideford



Off the Peg Fashion Show

RHS Rosemoor Torrington
3rd July 2011 2pm
Phone 01237 451431/ 475246 for tickets

£8 plus free glass of wine

Free admission to the garden for ticket holders from 12.30

Don't forget puss in your holiday plans this summer!

Cats Protection's Bideford/Holsworthy has a holiday checklist to help owners make arrangements for cat care during their summer break. Contact the Feline Advisory Bureau on 0845 3712717 or www.fabcats.org for a list of recommended boarding catteries.



- Make sure vaccinations are up to date as most reputable catteries will not accept cats which are not fully vaccinated
- Ensure the cattery is licensed with the Local Authority to ensure it has been properly inspected.
- Ask to have a good look around.
- Write down special dietary requirements,
- Choose a cattery where your cat has access to an outdoor run.
- Make sure your cat has its own individual cabin and run. Cats should not be housed with other cats, unless they are from the same household.
- Ensure you leave contact details of your own vet in case of an emergency
- Pack familiar items to go with your cat – his own bedding and favourite toys and scratching post for entertainment.
- Whilst any good cattery should be fully secure, make sure your cat is microchipped to increase the chances of him being found in case he does manage to escape.
- Ensure the cattery only looks after cats and doesn't have kennels for dogs. Dogs are much noisier than cats, and many cats will be distressed by the sound of dogs barking.

More information about the work of the Bideford/Holsworthy branch can be found at www.holsworthycats.org For more information on giving an unwanted or abandoned cat a home, please contact us on **08453712717**

Kathy Everson

Northam Lodge Summer fete – July 30th

Please come along to our Summer Fete which will be held in the grounds of Rose Hill, Heywood Road from 12-4pm and help support your local charity. We will be having all the usual stalls, including tombola, raffle, bric-a-brac, cakes, arts & crafts, competitions and some good outside ones too – for example The Lavender Lady and Jamie at Home Bakeware.

Entertainment will be provided by Jaden Cornelious, our local opera singer, and the Bideford Gymnastics Display Team will be amazing us with their activities. Greg Daley will also be there to provide fun for the children with his animal balloons and juggling. And to amuse the little ones even more there will be a Bouncy Castle and Face Painting.

Refreshments will include a BBQ and cream teas and we hope to see you there – let's hope the sun is shining!

History Trail along Littleham's border

Advance notice of another chance to walk the informative History Trail around the unspoilt grounds of Jennetts Nature Reserve. Dates **August 20th/21st and 27th/28th**. In aid of Harbour Drop in Centre and St Swithin's Church Littleham. More information in next month's Buzz or look on our website at www.bidefordbuzz.org.uk.

Appledore Singers

The Singers have been entertaining for 26 years, and started with just a few voices in the house of a choir member. This popular ladies choir now has over 40 members, including a specialist group known as The Apple Pips, and performs a wide variety of music. They have helped raise thousands of pounds for a wide variety of charities.

The Singers are presenting a Summer Concert at **7.00pm on Thursday 7th July at Kingsley Hall, Westward Ho**, with an extensive selection from their repertoire. They will be joined by The Appledore Band for what promises to be a cracking evening's entertainment. Tickets are £5 on the door, and include light refreshments. The Singers will have a stand at The Woolsey Show on **Monday 25th July**. For more info contact MD Pam Beechey on 01769 560034 or visit www.theappledoresingers.co.uk



Good Age Page



Northam Memory Cafe

The Northam Memory Cafe opened last month, and takes place on the **third Friday of every month** at the Northam Hall, junction of Fore Street and Heywood Road. The cafe is a relaxing place for people who are worried about their memory or have been diagnosed with a dementia, and their family members, to enjoy a coffee and some cake in a warm, sociable environment. Visitors have the opportunity to meet others in similar circumstances to themselves, or to get advice and information from healthcare professionals on coping with a condition or caring for someone who has memory problems.

The cafe operates on an informal, friendly, drop-in basis, from 10-12pm. If you have any questions or would like to find out more, please contact Emma, the Memory Cafe coordinator, on 01237 420136 or ebaldwin@torridgecvs.org.uk or visit www.northdevonmemorycafes.org.uk

Taw & Torridge Caring invite you to a Dementia Awareness Day – a light-hearted but information packed day. Come along to take part in workshops, try new activities and meet other people living with dementia, carers and professionals over lunch.

The day will include workshops and a presentation from Steve Milton of Innovations in Dementia about living positively with dementia. There will be information stands to browse and the chance to try out Wii. After lunch there will be the opportunity to sample a range of complementary therapies or try some fun, stimulating activities. Venue:

The Barnstaple Hotel, Braunton Road, Barnstaple, EX31 1LE 8th July 2011

Time: 9.30am – 3.00pm Numbers are strictly limited – please ring 01237 459337 for more details and/or email TTC@torridgecvs.org.uk to reserve your place.

Devon In Sight (formerly known as The Devon County Association for the Blind) was established as a charity in 1925 and exists for visually impaired people across all areas of Devon. The charity are re-launching itself this summer and officially opening the new bigger Resource Centre at Station House in Topsham. After the formal opening on **July 14th** with refreshments and a special visit from Bill Pertwee of Dad's Army, the centre will be open five days a week 10.00am – 4.00pm, which will enable even greater support for more visually impaired people from the whole of Devon, their carers as well as the local community. We are seeking volunteers to help us continue and grow the valuable services we offer to visually impaired people in Devon. We have a wide variety of volunteering opportunities within our Resource Centre where your skills and experience would be of great benefit to our organisation and members. Contact us on 01392 876 666 or by email on resourcecentre@devoninsight.org.uk

Senior Council -a date for your diary

Wednesday 27th July at 2.15pm Bideford Town Hall

Public Meeting of the Senior Council for Devon (local group)

AGM + talk by Duncan Goodman (TCTA)

Refreshments/Welcome

Memories of Bank End

Mrs Moore from Orchard Hill remembers the chapel at Bank End and the Southern National Offices which later became Riverbank House. She worked at the offices of Heards garage in Jubilee Square ; the Royal Blue bus left every morning for London. She enjoyed the letter from Hilda Bartlett last month as she remembered Dueblers (not Duevlers) very well.

Community Volunteer Reading Mentors for Bideford Area Schools

An initiative by North Devon based literacy charity BookRelief UK will give parents, school governors and other community members the opportunity to undertake a one-day accredited training course at The Keystone Centre, Gammaton Road, East the Water, Bideford, on either **Wednesday 6th or Thursday 7th July**. The training will allow them to provide effective and timely one-to-one support for struggling readers in local schools – at no cost to the volunteers thanks to funding from the Big Lottery's Awards for All programme, the Bideford Bridge Trust and the Bideford Learning Community. More details are available on the BookRelief UK website at <http://bookreliefuk.org/projects.aspx> or contact Barry Evetts - Tel: (01237) 477728 Email: barry.evetts@tiscali.co.uk

Latest News from Devon Libraries



It is one year on since Devon County Council's Library and Registrars' Services teamed up to encourage more families to discover what libraries have to offer and the partnership has been a great success. Since the scheme started in May 2010, 572 tickets have been activated and 3,710 items issued on those tickets. In addition, tickets have been created for parents and other family members when the baby tickets were activated.

The books from birth scheme ensures that Devon's proud new parents will be given a library card for their newborns whilst registering their birth. Parents just need to take the library membership card to their local library, and staff will do the rest. It doesn't matter whether they go straightaway or in six month's time and they do not need any ID or other documentation in order to join. Public libraries play a vital role in providing essential services at the heart of our communities. More than 50 per cent of the population are members of public libraries and it is hoped that innovative schemes, like this one, will help families to get the most out of their local library services. More information about joining a library can be found at www.devon.gov.uk/libraries.

And



This summer, 760,000 children will join the greatest show on Earth by joining Circus Stars, the Summer reading Challenge at their local library!

Every year, thousands of families all over the country are involved in the UK's biggest reading event for children in libraries, coordinated by The Reading Agency.

The aim is to get children to read six books from their library during the summer holidays.

Everyone who signs up for the Summer Reading Challenge can keep track of the books they read and receive encouragement to keep reading all summer long. It's great fun for kids and what's more, it doesn't cost a penny to join.

How do I sign my child up?

Just head to your local library at the beginning of the summer holidays. Staff will enrol your children - it's completely free of charge - and every child will receive a membership card or pack.

What books can my children read?

The Summer Reading Challenge is designed for children of all ages and reading abilities. They can read any books they like - fact books, stories, joke books, picture books - it's up to them. Audio books count too! As long as you're borrowing them from the library, they all count.

Do the children who finish the challenge receive anything?

Yes, everybody gets a certificate, and there may be other rewards from your library, too. Just ask them when you join up.

Bideford Library will hold fun events every Tuesday morning in the school holidays ;the first one is on **July 26th 10.30-12. Phone 01237 476075 to find out more.**

Sleepyheads storytime Monday 11th July 6:00pm – 6:30pm
FREE 01237 476075 Come along for bedtime stories, hot chocolate and fun. Don't forget to bring your dressing gown and Teddy Bear.



Westward Ho! Youth Theatre organisers win top award

Organisers of the Westward Ho! Youth Theatre have been awarded the Queen's Award for Volunteer Services- an accolade equivalent to an MBE.

After attending an award ceremony in Exeter, they will travel to Buckingham Palace for a garden party with Her Majesty.

The volunteers have helped their members, aged eight to eighteen, develop theatre skills and gain confidence and self esteem.

Recent performances have included 'Fiddler on the Roof' and 'Ebenezer'.



Summer is upon us (...perhaps)

It's July, which means as you're reading this we should all be basking in the heat of the summer sun . . . Or- seeing as we all happen to live in the happy country of Britain- probably not. On a side note, it's also the 'eagerly awaited' exam season, which means both you and I will probably be tearing our hair out in a rigorous fashion as we sit exam after tireless exam. If you really do feel like you're going to crash and burn in a manner worse than a comet on a collision course with earth, then you can always dig out our March Edition of Buzz, which comes with several handy revision tips to see you through safely. A little is better than nothing after all!

But either way, the light at the end of the tunnel can clearly be seen (and I promise it's not the man with the torch who is bringing more work), leading us to the most fantastic of all questions – what to do with that massive break? I can safely say one of the things I will most be looking forward to is not having to get up at stupid o'clock in the morning to go to college, but in all fairness if that was all I achieved this summer I'd probably be a little disappointed.

Summer is the ideal time to get done all the stuff you wanted to do, but college or school work just got in the way. You may have seen the film *The Bucket List*, (if you haven't, you should . . . but maybe have the tissues at the ready) and now is the time to get your summer 'bucket list' well underway. Basically, the premise is a massive checklist of things you want to do this summer, and you tick them off as you do them and get a nice warm glow that you're being productive and ticking off life goals. So get out your pen and paper (or perhaps your laptop or some other new fangled things) and let's make this summer the most productive one yet!

A Little Stuck for Ideas?

Think about all the stuff you've wanted to do this year. Have you wanted to go camping? Sleep under the stars? Or maybe you're thinking in more practical terms – do you want to learn how to drive or read those books that you've never got round to reading? For the

slightly younger members in our ranks your local library normally runs a summer reading scheme where you get to read whatever you want and rewarded with stickers and other lovely free stuff (I'll do anything for freebies!). Go travel, earn a shedload of money with a summer job or use the time to get some work experience, learn to cook or play an instrument. **Jemma Collins**

Whatever you put on your summer list make sure you do it! And keep us updated with your own wishlist goals by emailing Jemma on editor@bidefordbuzz.org.uk The most popular goals may just turn to some summer articles to help you on your way!

You write

Do you have time to spare?

Buzz is looking for distributors especially in the rural areas

If you can help please phone Rose Arno on 01237 476075 or email editor@bidefordbuzz.org.uk

Charles Chappell

Like many people I am interested in the story of Hubba the Dane and, like, countless people go past the stone at Bloody Corner, erected by Charles Chappell in 1890.

But who was he ? I have come across a Charles Chappell of Hillpark 1890 and a Northam farmer 1889. A Charles Chappell died on 6 November 1892 aged 77.

Did he just own adjoining fields or was he a keen historian, did he write about Hubba? Also Thomas Hogg Esq of about the same date as above. He had Odun Hall in Appledore with a tablet on the wall (This memorable spot adjoins the ground of Thomas Hogg Esq in the corridor of whose mansion this patriotic gentleman has placed a tablet recording in elegant and nervous language the important victory).

Anyone with any information can contact me through the Buzz or my email address is bagsoftime@hotmail.com

Gordon Mountjoy

Give us a buzz!

Thank you Bideford Buzz in helping us find a new volunteer- But we need one more!

We help people whose speech has been affected by stroke.

Could you spare a couple of hours a week for tea and talk? And if you have time you could lead a couple of sessions eg a quiz or topical conversation

If you have recently suffered a stroke with speech problems and would like some support do also get in touch on 07713 629774

Torrige Dysphasia Support Group

West Quay Fundraisers raised £1100 to boost their coffers at the recent Art Auction held in St Mary's Church. Many thanks for those of you who attended and contributed, whether it was artwork submitted or taking part in the auction. Everyone had a great time and some amazing pieces were sold. We will be holding another auction in November at The Beaver Inn, Appledore."

Lidi

From our shipping correspondent

To all readers I have to apologise to anybody who may have gone to Ilfracombe to see the cruise ship Rotterdam on Sunday 29th May. Due to weather condition the Capt of the ship decided on the Saturday evening that it would be too dangerous to put passengers ashore in the lifeboats and the ship bypassed Ilfracombe and proceeded to Cherbourg. However the Harbour Master could have told the local radio station long before the news bulletin at 09.00 hrs ; if I had not told the BBC at 08.30 hrs that the ship was not coming nobody would have been advised. Let us hope the arrival of the Prinsedam in July is handled slightly better.

Norman

Hartland Market

Turning up at Hartland Farmers' Market with your camera on **July 3** could net you a substantial reward. The market is running a new photography competition in conjunction with J&A Cameras. There are adult and child categories (for people up to 16) with a total of £100 in prizes. As well as sponsorship from J&A, the competition is being supported by the Plough Arts' Centre in Torrington, who will mount an exhibition of the best entries in August.

You can find out more about the competition or the market by calling Rod Landman on 01237 441 786 or emailing rod.landman@virgin.net or by visiting www.bidefordbuzz.org.uk.

Due to lack of space some articles may only appear on our webpage -if you don't see what you're looking for visit www.bidefordbuzz.uk. Worth a visit anyway!

Send your items for this page by email or c/o Bideford Library New Rd Bideford Ex39 2HR



**DEVON & CORNWALL
CONSTABULARY**

Neighbourhood Policing Explained

Your Neighbourhood Beat Teams cover specific areas based on community parishes. We are led by dedicated Neighbourhood Beat Constables with the assistance of Community Support Officers under the supervision of a Neighbourhood Team Leader of Sergeant rank. We are supported by a team of additional Police Officers to concentrate on areas that have higher policing demands. The team then works with a large network of partner agencies such as Devon County and Torridge District Councils, Social Services, health and welfare organisations to name but

a few. In turn we are further supported by both the wider community and specific Key Individuals such as, Councilors, various 'Watch' groups and residents associations etc.

Neighbourhood Beat Teams have quickly established themselves as an integral part of front line operational policing across Devon and Cornwall. It is about engaging with local communities to identify their concerns and priorities, increasing police visibility and then crucially working with local communities to solve problems that matter to them. This approach is run in addition to, and in tandem with, the other policing departments of Response and Crime that deal with the more general policing demands and complemented by a number of role - specific Police and civilian posts.

Each Neighbourhood Beat is represented on the Police web site www.devon-cornwall.police.uk with policing priorities and what we are doing in the community to tackle issues that arise. This includes useful crime prevention advice through to statistics and news articles. You can even directly e-mail your team from these pages. Alternatively you can write in or call us on 08452 777444.



We know that neighbourhood policing is delivering real and tangible benefits to people's quality of life and our area boasts being the 2nd safest place to live in England and Wales. However, we are committed to making further improvements to our service by forging increased, stronger, smarter links with the community and our partner agencies. Communication is seen as vital to this process and we would encourage everyone to check out and familiarize themselves with their Beat Team and the Devon and Cornwall website.

PC 3569 Dick Rowlands and PCSO John McGOVERN Bideford Rural Neighbourhood Policing Team

SHOPS TO LET/STALLS TO RENT

The Bideford Pannier Market is an ideal launching pad for small businesses - a perfect place for local people and visitors

to buy and sell.

A single shop unit is available to let
in the Market Hall.

Market Stalls too are available to rent.

Please note in addition to the Tuesday and Saturday markets a Friday "Summer" Market has been introduced trading from: 09.30 am – 2.30 pm. All are assured a warm and friendly welcome.

For further details:

Telephone: 01237 428817 Email: admin@bideford-tc.gov.uk



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THEN AND NOW

An Exhibition of Old and New Work
By Leonard Stevens, N.D.D. A.T.D.

Art, Ceramic Sculpture & Ocarinas

Saturday August 6th – Saturday August 13th 2011
2p.m. – 8p.m.
11 Old Barnstaple Road, BIDEFORD EX 39 4AJ

OCARINA WORKSHOPS
will take place during the exhibition week
MAKING, TUNING & DECORATING

4-HOLE CLAY OCARINAS

Sat. 6th Aug 3.0 – 8p.m.

(includes a tea-break)

£10

Arrangements can be made to have your products
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Sat 13th Aug 4.30 – 6p.m.

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No musical knowledge required

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Loxdown Cross. – Transport history in the Torridge Valley.

Loxdown Cross is now just a picnic site off the A386 mid way between Bideford and Torrington, but it hides a legacy of travel from pre-history to the present day.



Long before there was any pathway up the valley of the Torridge, when the river meandered through dense forest and swamp where boats couldn't reach beyond the tideway at Weare Giffard and pack-bearing animals couldn't make their way through the mud and undergrowth, travellers from Bideford used tracks over the hills to trade with the inland town of Torrington.

The western route passed along high ground through Monkleigh where it joined an east-west route linking the ecclesiastical centres of Hartland and Barnstaple with the priory at Frithelstock. From Monkleigh a trail led down to the Torridge, using the valley of a little stream to make a way down the cliffs before fording the river to reach Weare Giffard. It is said that at one time a stack of old boots was kept each side of the river so that travellers could cross over keeping their own boots dry.

After many centuries, the pack horse trails were upgraded where possible, to allow wheeled carts to pass, but steep hills and deep mud remained a hazard until Macadam invented the graded stone road surface (later tarmac.) The first road up the Torridge valley was built in the 1820s, at the same time as Lord Rolle built his canal to carry heavy and bulky goods easily inland for the first time. This Bideford Turnpike road crossed the trail from Monkleigh to Weare Giffard at the side of the valley below Downes farm on the West and Locks Beam farm on the hill to the east, which could be why the spot was named Loxdown Cross.

The canal was replaced by the railway which in turn became the Tarka Trail, while a sharp bend in the main road was straightened leaving the lay-by that is now the picnic site and a useful place to park a car and walk down the old trail, which is still officially a highway, to the ford which no vehicle has crossed for many years.

You can explore this little bit of history with a guide to show the way on Sunday afternoon, July 10th. Starting at 2:30pm. The walk is organised by the Rolle Canal Society, who would appreciate a donation of £2 towards their work, and it takes in not only the road, railway and canal, but also the Aqueduct, roving bridge, Beam Weir and the birthplace of Tarka the Otter. Thus, in a gentle walk of under two miles, we combine history, wildlife, literature and agriculture. Agriculture? Oh yes, no dogs allowed, as we mustn't frighten the bull in the river meadow; (but if the bull frightens us we don't need to go through the meadow.)

For further details (or reassurance) 'phone 01237 425357 or e-mail <hassallc@ymail.com>

Chris Hassall 09/06/2011

The year of the Bible exhibition at St. Margaret's, Northam

Ancient bibles, modern bibles, large bibles, small pocket bibles, foreign bibles, all will be on display at St. Margaret's Church in Northam in July.

During the patronal festival of St. Margaret, the church is celebrating the four hundred years' anniversary of the first English translation of the Bible and is holding an exhibition of as many different and interesting ones as possible.

The exhibition will be on Saturday 23rd July at 10.00 a.m. – 4.00 p.m. and Sunday 24th July

WESTLEIGH, INSTOW & WEST YELLAND COMMUNITY ON SHOW

SATURDAY, 16th JULY 2011 1pm onwards

Admission £1 Adults, Children free

This is a summer show inspired by our special environment of beach, dunes, wetland, rivers, sea, farms and woodland to celebrate our local distinctiveness with a strong environmental theme (conservation, recycling and sustainability). For more information call **01271 860268**.

Bideford Centre of Light

18 Hart Street
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Clairvoyance- Saturdays 6.30 with visiting Mediums arranged

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BIDEFORD FILM SOCIETY

at Bideford College- July Films

Friday 1st **Source Code (12a)**; Friday 8th and Sat 9th **Pirates of the Caribbean**; Friday 15th **Attack the Block (15)**

22nd and 23rd **X-Men: First Class**; 29th and 30th **Water for elephants (12a)**

Tickets: **General £5.50 Concessions £5.00 Members £4.00 NEW Family Ticket (up to 3 children & 2 adults) £12.00** DOORS 3.30pm for film at 4.00pm (Sun only) DOORS 7.00pm for film at 7.30pm (Fri/Sat/Sun)

To avoid disappointment please check local press for confirmation of above programme or visit our web site www.bidefordfilmsociety.co.uk

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not valid for private parties

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info@paulgreenplanning.co.uk

Quaker Meetings for Worship

are held at 17 Honestone St, Bideford
(near Pannier market)

10.30am on Sunday mornings

All are welcome

Enquiries tel **01237 421549**

Northam Twinning Association

Our French friends from Mondeville, just outside Caen, Normandy, returned on the 5th June, after a most enjoyable exchange visit, in glorious sunshine. Our 'day-out' took us to Quince Honey Farm at South Molton – such a fascinating place, so much to learn about these fantastic creatures, the bees on whom we depend for fruit and crops. Our intrepid (French) coach driver managed Countisbury and Lynmouth hills (1 in 4) twice – and Exmoor and the coastal cliffs looked their best. Northam Twinning has been in existence for 37 years, - some of the founders still take part every year, in Spring for their visit to us, and in September, when we travel to Mondeville. The German town of Buddenstedt is part of this 3-way twinning, and that also is alive and well, although this year the German group did not come over.

One of the founder families, the Morels, are looking for an exchange partner for their grandson, Antoine, who is nearly 15, speaks very good English, and is keen to come to the Bideford area. He would like to stay with a family who have a boy of the same age, who would, in his turn, stay in France with Antoine's family and experience their way of life during a short holiday. If you are interested, or know a family who might be, please let Maureen Palmer know, on 01237 475836. If you would like to join our happy band of Twinners, you can phone that number and Maureen will be pleased to give you details. Our trip to France is on September 29th, returning 3rd October.

Family History

Hello Everybody. The Devon Family History Society is to hold a two day workshop in North Devon. It will be suitable for those who have just started their family history research or need a refresher course. It will run from 10.30am-4.00pm., and will cost £20.00 for the 2 days which will include tea and coffee, bring a packed lunch. The dates are still to be arranged, depending on numbers. If you are interested then please contact Len Collum at lencollum@yahoo.co.uk or 01237 472883, or Cornerways, Landcross, Bideford, EX39 5JA.

The next meeting of the North Devon Group of the Devon Family History Society will be on **Saturday 16th July , 2.00-4.00pm at the Burton Art Museum** and will be for beginners and slow starters at Family History Research. All are welcome so if you are struggling or just need help please come along. It is free and everybody is welcome. Any queries then contact me Len Collum 01237 472883.

Scene and Heard at your local library.

Lots of new CDs and DVDs again this month. Don't forget you can hire them for a full week from your local library . What a bargain.! Here are just a few that might tempt you.

The King's Speech (DVD)

Well at last the most talked about film comes to Bideford Library, and as you might expect it is highly sought after. It certainly deserves all the praise it has been getting as this is a truly brilliant movie. Not only is Colin Firth marvellous, but Geoffrey Rush as his therapist, and Helen Bonham Carter as the Queen put in terrific performances. A true story told well. A few inaccuracies, but it hardly matters.

The World's Greatest Dad (DVD)

This is not really a family film, despite its title and the fact that it stars Robin Williams. It is touching and thought provoking, and might keep you awake at night because it is a bit strange.

Drive by Truckers – Go Go Boots (CD)

A band that goes on improving. This CD is almost "country" in flavour, but don't let this put you off. Give it a listen and enjoy.

Build a rocket boys –Elbow

Even if you just like Elbow, you'll love this album. Guy Garvey's lyrics are just out of this world, and the music amazing. Always innovative, beautiful, thoughtful, and if you've never listened to them before, do it now. **MP**



Delilah Rafferty has lived out her tempestuous marriage to hell-raiser Raf in the full glare of the media spotlight. Now, from the luxurious comfort of her beautiful kitchen, Delilah is planning her birthday party, a night that will see a star-studded gathering of friends and family celebrate in traditional Rafferty style. But she has more on her mind than just invitations... Raf has been offered a part in a movie he can't refuse. But will that mean he'll succumb to the temptations he's struggled so hard to resist for the last ten years - beautiful women and

too much wine? And Delilah's three daughters, Coco, Violet and Tyger, are building careers of their own, only too aware that the press are waiting for them to slip up. For although the Rafferty girls might look like angels, they are only human. As with all families, there are secrets and rivalries bubbling away, and on one gloriously starry night, it's all going to come spilling out. This is your invitation to a birthday party of the year...

Writing women's fiction with Veronica Henry..

In conjunction with the publication of Veronica Henry's new paperback *The Birthday Party*, we will be holding an evening with Veronica on writing women's fiction - developing ideas, tips and pitfalls! The tickets are limited, so please purchase early - there will be no on the door tickets available.

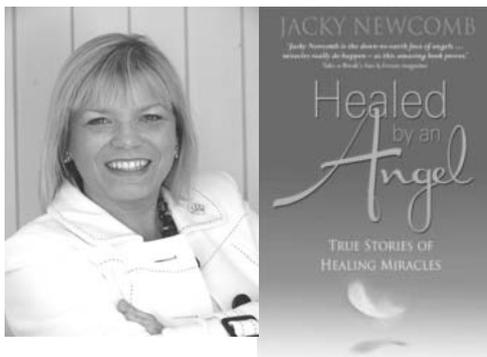
Tickets £3.50, to include refreshments.

Tuesday 26th July

7pm- 9pm

Venue – Walter Henry's Bookshop, 12 High St, Bideford
01237 425727

The evening will be finished off with a books signing - special offer price available on the night!



“Healed by an angel”

Monday 8th August

Doors open 7pm, talk starts at 7.15pm

Tickets £10.00, including refreshments. Book signing after talk.

Venue – Faraday Theatre, Bideford College.

Tickets must be purchased in advance from Walter Henry's Bookshop

Healed by an Angel is an inspirational collection of blissful, soothing real-life angel and afterlife encounters. If you've ever felt sad or alone, or grieved for loved ones after they've passed on, then worry no more. This book shows you that they are

never really gone, but care for and love you as much as ever from the other side. Read beautiful and calming stories of:

- dramatic afterlife reunions
- reassuring true life angel encounters and miracles
- fascinating angel-healing experiences
- nursing-staff experiences of helpful ghosts and spirits on the wards.

Jacky Newcomb is an international writer, broadcaster, paranormal experiences expert, and columnist. Jacky has published hundreds of articles on angel and afterlife experiences, and is also an expert on many other types of spiritual phenomena. Her first book, *An Angel Treasury*, was published in 2004. She has gone on to publish many, many more books, including some Sunday Times.



THE SHIPPING NEWS



Continued from page 1

Ship	Registered flag owners	From	To	Date arrived	Date sailed	Crew	Cargo loaded
Valentin Pikel	Valletta Malta Russian	Shoreham	Wismar	12/06/11	16/06/11	Russian	2500 tons Timber

Arco Dart 4.6.2011 5.6.2011

Oldenburg continues her sailings to Lundy

The Kathleen and May left Bideford on the 17th May to Portrush and then spend the summer in Liverpool. Understand she has been sold and is unlikely to return to Bideford.

Bristol Channel Observations.

12.5.2011 at 18.57 hrs cargo vessel **Drait** 3650 tons d.w owners Aciric C.V Netherlands, inward bound for Newport; at 19.20 hrs fruit juice tanker **Orange Wave** 16700 tons d.w, owners International Bulk Reefers Switzerland, outward bound from Avonmouth

22.5.2011 at 09.15 hrs bulk carrier **Celerina** 73035 tons d.w, owners Oceana Shipping AG Switzerland, inward bound for Portbury.

1.6.2011 at 07.45 hrs bulk carrier **G.Inebolu** 18466 tons d.w, owners Cetinkaya Armatorluk Turkey, inward bound for Newport

4.6.2011 at 11.56 hrs container vessel **Elevation** 6449 tons d.w., owners Elevation Shipping BV Holland,inward bound for Avonmouth ; at 14.07 hrs vehicle carrier **Grande Detriot** 38651 tons d.w, owners Grimaldi Line of Italy, outward bound from Portbury, having sailed at 11.22.

hrs 4/5.6.2011 the buoy tender vessel **Galatea** 1200 tons d.w, owners Trinity House London anchored in Bideford Bay. Left approx 1200 hrs heading north east towards Cardiff

5.6.2011 at 07.20 hrs bulk carrier **Wanderlust** 42000tons d.w, owners Wander Navigation Ltd Greece, inward bound for Portbury;

7.6.2011 at 14.35 hrs cargo vessel **Frisian Summer** 6558 tons d.w, owners Frisian Summer BV Netherlands, inward bound for Swansea; at 15.25 hrs chemical tanker **Stolt Cormorant** 5498 tons d.w, owners DS Rendite Funds NR 99 CFS Netherlands (Stolt Nielsen), inward bound for Barry

8.6.2011 15.43 hrs vehicle carrier **Elektra** 67264 tons d.w, owners Wallenius Wilhelmsen Norway and Sweden, inward bound for Portbury; at 17.43 hrs cargo vessel **Arklow Wave** 13977 tons d.w, owners Sea Tankers Shipping SAS France in Arklow Shipping colours outward bound from Avonmouth, having sailed at 13.32 hrs.

9.6.2011 at 19.12 hrs vehicle carrier **Gran Bretagne** 51714 tons d.w owners Grimaldi Line of Italy, inward bound for Portbury.

10.6.2011 at 05.52 hrs container vessel **Magnus F** 13760 7tons d.w, owners Magnus F Kai Freese GMBH Germany, outward bound from Portbury, having sailed at 03.17 hrs.

11.6.2011 at 0803 hrs container vessel **Elevation** 6449 tons d.w, owners Elevation Shipping BV Netherlands also the bulk carrier **Yeoman Bank** 38997 tons d.w, owners Holmin Ltd Glasgow, both inward bound for Avonmouth and Portbury respectively; at 17.17 hrs vehicle carrier **Autosun** 6670 tons d.w. owners Unipessoal Ltd Madeira, inward bound for Portbury.

Correction to last month's shipping movements at Appledore.

	Owners	Crew	Cargo
Barbarossa Built 2000	German	Russian	Parts for Aircraft Carrier
Bavaria	Crew - Ukrainian, Russian, German		Cargo - parts for aircraft carrier

Regards Norman (see also 'you write' page)

July Diary 2011

Friday 1st

7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

Saturday 2nd

10.30-12 Craft workshop drop in at Bideford Library for four and upwards tel 476075

2pm Fete at Littleham including fun dog show tel 473338

Palladium Club Wendy May's Boom Boom Room www.palladiumclub.co.uk 478860

Sunday 3rd

10am Car Boot sale Kingsley School (sellers from 8am)

Monday 4th

8pm Appledore band on Appledore Quay St Mary's Church if wet (training band at 7.15pm)

8.30 p.m. North Devon Jazz Club at the Beaver Inn Appledore 421065.

Tuesday 5th

Palladium Club open mike 'jam' night www.palladiumclub.co.uk 478860

Wednesday 6th

Bideford's R and B Festival at Palladium Club - 16th

www.bidefordbluesfestival.co.uk

2pm Bideford Readers' Group at Bideford Library tel 476075

7.30pm Bideford Folk Dance Club at Northam Hall. Tel: 475138

Thursday 7th

9.30am -4.30pm Hartland Abbey Antiques Road show www.bbc.co.uk/antiqueroadshow

11am – 1pm Carers' Support Group at Rosehill Northam tel 420137 for details

2.15 pm Thursday Fellowship tel 421956

7pm Appledore Singers in company with Appledore Band Summer Concert, Kingley Hall Westward Ho,

7.30pm North Devon Fuchsia Society at Springfield Centre Chanters Rd tel 01271 831292

Bideford Town band outdoor concert at Westward Ho! Weather permitting 475653

Friday 8th

4pm-7pm Bideford Bay Creatives First Friday events in Mill street

7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

Palladium Club - Muddy River Band tel 478860

Saturday 9th

Torrige Ramblers' Day Walk 01237 429080 for details

Film at Littleham 'Never let me go' tel 420372

Monday 11th

10am Lip reading classes at Ethelwynne Brown Close tel 07923536908

7.30pm Bideford Stamp Club meet at Bideford Youth Centre 472101.

8pm Appledore band on Appledore Quay St Mary's Church if wet (training band at 7.15pm)

7.30pm Appledore Singers practise at Appledore School

www.theappledoresingers.co.uk

Tuesday 12th

10am Lavington Church coffee morning lunches 10am-1.15pm

Ford Woods. Volunteer laurel clearing – with North Devon Biosphere - to book a place 423655

10.30am Macular Disease Society at Burton Art Gallery Peter Ellis 01409 231309

7.30pm Northam Choral Society at Methodist Church Hall Northam tel 429080

Palladium Club 'Jam Night' www.palladiumclub.co.uk 478860

Wednesday 13th

10.15 Bideford Probus at Royal Hotel tel 423153

10.30am Epilepsy North Devon meet at Barnstaple Library Henry Williamson Room tel **07875577428**

2.30pm Bideford Library Group tel 476075 for details/transport

7.30pm Bideford Folk Dance Club at Northam Hall. Tel: 475138

Wine man's Bluff at Appledore Community centre ; supper and wine tasting. 422710 In aid of the North Devon Hospice.

Thursday 14th

11am Carers' Support group at Rosehill Northam tel 420137 for details

2.15pm Thursday Fellowship tel 421956

7pm Ladies Night at Craftihands in Mill St Tel. 01237 472250

7.30pm Bideford Town band outdoor concert at Bideford Quay weather permitting 475653

8pm Crealock Arms Littleham Holy karaoke

Friday 15th

10am-12pm Memory cafe Northam Hall tel 420136

7.30pm Abbotsham WI at Abbotsham Village Hall

7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

Saturday 16th

9am-2pm Bideford Quay Farmers' market 01337 428 743

kelsey.shortridge@torridge.gov.uk

1pm Instow and Westleigh on show tel 01271 860268.

7.30pm Concert at Lavington Church by Petrovian Orchestra

Sunday 17th

Torrige Ramblers' afternoon walk tel 451508 for details

Monday 18th

10am Lip reading classes at Ethelwynne Brown Close tel 478860

7pm Carers' Link Communal Hall Marlborough Court tel 01271 372811

7.30pm Appledore Singers practise at Appledore School

8pm Appledore band on Appledore Quay St Mary's Church if wet (training band at 7.15pm)

8.30 p.m. North Devon Jazz Club at Beaver Inn. For more details 421065.

Tuesday 19th

10am Lavington Church coffee morning lunches 10am-1.15pm

10.30am - 12.30pm

Torrige Branch - Parkinson's UK Coffee Morning The Youth Centre, The Pill 478128

Palladium Club 'Jam night' 478860

Wednesday 20th

2.15pm Meditation at Bideford Library 476075 entrance via town hall.

7.30pm Bideford Folk Dance Club at Northam Hall. Tel: 475138

Thursday 21st

11am-1pm Carers' Support Group at Rosehill Northam tel 420137 for details

2.15pm Thursday Fellowship tel 421956

7.30pm Bideford Town band outdoor concert at Westward Ho! Weather permitting 475653

Friday 22nd

10am-12pm Memory Cafe Northam Hall 420136,

7.45pm Sequence dancing at Kingsley Hall Westward Ho! Tel 01769 540309

Palladium Club Beta Fest - 24th tel 478860

Saturday 23rd

10am -4pm Bible exhibition at St Margaret's Church Northam

7.30pm Bucks Cross Village Hall Quiz tel 431151

Sunday 24th

10am-4pm Bible exhibition at St Margaret's Church Northam

1pm official opening of Atlantic water Sports' Games at Bideford Quay

Monday 25th

7pm Carers' Link meet at Communal Hall Marlborough Court tel. 01271 372811

7.30pm Appledore Singers practise at Appledore School

8pm Appledore band on Appledore Quay St Mary's Church if wet (training band at 7.15pm)

Tuesday 26th

10am Summer Reading Challenge activity for over fives at Bideford Library tel 476075

10am Lavington Church coffee morning lunches 10am-1.15pm

7.30pm Northam Choral Society at Methodist Church Hall Northam tel 429080

Palladium Club 'Jam Night' 478860

Wednesday 27th

10.15 Bideford Probus at Royal Hotel tel 423153

2pm Job Club at Bideford Library tel 476075

2.15pm Senior Council for Devon(local group) AGM Bideford Town Hall

7.30pm Bideford Folk Dance Club at Northam Hall. Tel: 475138

North Devon Humanists meet annexe Fremington Parish Hall

Thursday 28th

11am Carers' Support group at Rosehill Northam tel 420137 for details

Thursday Fellowship outing tel 421956

Friday 29th

10am-2pm Summer Fayre at Lavington Church All welcome

10am – 1pm Lundy Art Group at St Mary's Church Hall Appledore tel 423884

Palladium Club the rawtones – rockabilly

7.30pm

Bideford Town band outdoor concert at Bideford Quay weather permitting 475653

Saturday 30th

9am-2pm Bideford Quay Farmers' market 01337 428 743

2pm Bright Stars Theatre Group starts from Baptist Church walking treasure hunt Westward Ho! Phone Maggie at 421956

Palladium Club Benny Carr and the hot rats www.palladiumclub.co.uk 478860

10am -12noon Coffee morning with bric a brac at Holy Trinity Church Westward Ho!

How to Contact Us

Bideford Buzz is produced by a team of volunteers with financial and practical assistance from Devon County Council's Library Services, Torrington District Council, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre and Devon Community Foundation.

If you are interested in helping produce this newsletter, we will be pleased to hear from you.

Please note that for commercial advertisements, there is a charge from £15 per month – cheques payable to Bideford Buzz Newsletter Group.

Any items for inclusion should be sent by the 15th of each month to Rose Arno, Bideford Library, New Road, Bideford EX39 2HR.

Tel. **01237 476075** or email: editor@bidefordbuzz.org.uk or visit our website at: www.bidefordbuzz.org.uk (4,000 hits monthly)