



BIDEFORD BUZZ



A free community newsletter for Bideford, Northam, Appledore, Westward Ho!, Lundy and villages west as far as Hartland

CHRISTMAS LIGHTS AND REINDEER PARADE



A Reindeer parade will once again go through Bideford to celebrate the Christmas lights switch on.

Organisers are hoping thousands will turn out for the festivities taking place on Sunday 27 November which will also include the return of the infamous Titan the Robot.

The celebrations starting from midday will include fairground rides on the Quay.

The Reindeer parade will start on the Quay at the bottom of the High Street, go towards the Library, up Bridge Street and continue through Allhalland Street, Mill Street and Bridgeland Street back to the waterfront before the lights switch on around 5pm.

Families are advised to line all the streets that will be in the parade to get the best view. Roads that are part of the route will be closed from noon until 8pm.

Help for Buzz

A special thank you this month to
Bideford Bridge Trust for their
generous donation

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ALSO INSIDE THIS ISSUE

Places to visit, things to do, events for children and young people, local history, book reviews, shipping news, and lots more ...



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Sounds Interesting

Glad to have the opportunity to sing! the praises of '*Sounds Interesting*' in High Street next to Poundstretchers. An oasis of music. From humming a tune (very badly) they amazingly deciphered the cd I wanted, also tracked and ordered a ten year old cd and to top it all supplied, just released prior to tour, a Glen Campbell cd. They triumphed every time

NB I would not have found this gem of a place without spotting their ad in Bideford Buzz

Maureen Rice



Lundy

On behalf of my disabled aunt, and myself, I would like to thank the crew on the Oldenburg and the staff on Lundy for their extreme helpfulness and assistance during our trip on Thursday 29th Sept 11th. We were also lucky with the weather as the sun shone all day. Everything added up to a fabulous, memorable day on this beautiful Island. Keep up the good work.

A. Weston.

DB Hughes -Opticians

Wonderful service! (See more on the Good Age Page 'The importance of eye tests')

RA

Should Bideford become a 'transition town'?

'That is the Question', as Hamlet said! Well, you certainly can't answer it unless you know what a transition town is. It's one of those annoying terms which I sometimes wish had never been invented! I think it was a guy called Rob Hopkins from Totnes who came up with it first - but, perhaps I'm wrong. Anyway, (in case you're still wondering) it is the name given to an area where a sufficient number of people have become convinced that a radical change in lifestyle is needed if we, as a country, (not to mention as a species!) are to survive in the not too distant future.

Does that sound just a touch melodramatic? Maybe. I recently spent a week at a conference in Kent listening to talks by experts, from farmers, to lecturers and scientists, all speaking with one voice : we live on an exquisitely beautiful planet; at present, our way of life is damaging it and, if we continue as we are, then the earth will fast become an inhospitable place to live in.

The oil, on which our present lifestyle depends, is not an infinite resource - and we're behaving as if it is! What's more, used excessively, as at present, it is perhaps the main culprit in the changing pattern of our climate.

A 'transition town' is committed to finding ways to move away from (to make a transition from) this dependence on oil and to exploit wind, wave and solar power to provide for our energy needs; the idea is also to use our imagination and creative ability to find ways of living which make fewer demands on energy in general: using more food that's produced locally and not transported great distances, growing our own food where that's feasible - you get the idea?

Some of us have become sufficiently concerned about these issues to set up the **Bideford Sustainability Group** (BSG for short!).

And, yes, it does sometimes seem like an overwhelming, daunting task. However, the momentum is growing; there are almost 200 such communities in the UK as I write this and increasing rapidly. We're strengthened by the conviction that the changes we feel ourselves called upon to make are ones our community needs to make for our own well-being. The rat-race we're caught up in doesn't, we believe, lead to happiness or contentment. Working together as a community, we feel sure, gives a sense of purpose and belonging which is so often lacking, and will lead to a much more fulfilling way of life. Will you come and join us? Without that impetus from within the community, very little can be achieved - but together we can move mountains! If you would like your name added to our mailing list, contact Jane Williamson1237422577

janeshiptonwilliams@lineone.net

Jacqui Poole

Northam and District Men's Forum 40th Anniversary Year

The Northam and District Men's Forum is set to celebrate its 40th year since being founded by the late Captain John H Williams in January 1972. Formed as a non-sectarian, non-political organisation, its main objectives are to foster friendship and goodwill and provide opportunities for members to keep in touch with educational, cultural and social aspects of life. With a membership of over fifty the Forum continues to flourish.

Current President Les Price says, 'I am proud that the Forum retains its original principles and still provides an opportunity for local men to meet new people and listen to interesting speakers. For example, this year the Chief Executive of Torridge District Council will be talking on 'Torridge Today' and local author Liz Shakespeare will give a talk on her latest book 'Turn of the Tide' about Bideford in the 19th century. In addition we usually include one or two visits to local places of interest, enjoy a Christmas meal together and provide an excellent Carol Concert.

Meetings are held weekly on Thursdays through to May 3rd at the Methodist Church Hall, Cross Street, Northam EX39 1BS. Refreshments are available from 10.15am with the speakers starting at 11.00am and finishing by noon. Annual subscription is ten pounds.

Les goes on to say, 'New members are welcome and can contact me on 01237 470553 or our Programme Secretary Chris Walke on 01237 47620, or just come along to any meeting.'

Charity Table top sale

Northam Community Swaps are hosting a Charity Table Top Sale on **Saturday November 12th** at Northam Hall (junction of Atlantic Way and Fore Street) from 2 to 4pm.

The tables are free to charities and a variety of organisations will be attending, including Appledore RNLI, Guide Dogs, Northam Lodge, David Rundle Trust, Moon Bears, The Donkey Sanctuary and The Friends of Smyrna Children's Orphanage.

NCS's "kitchen team" will be in full action selling cakes, preserves and hot drinks.

So come and give these good causes your support. For further information telephone 01237 423292, email northamswaps@fsmail.net or visit www.northamcommunityswaps.co.uk

Northam Lodge Christmas Fayre

This year Northam Lodge's Christmas Fayre will take place at the Northam Hall – the old Bridge Hall – on the corner of Fore Street, on **Saturday November 26th, from 12 till 4.**

Jewellery, children's fancy dress, cakes, photographic prints, raffle and tombola, and many more – take your pick. Santa will be there for the children and parking is free at both Northam Dental Centre & Northam Surgery.

Please come along and support your local charity and buy some lovely and unusual Christmas presents.

We look forward to seeing you on November 26th!

Cards for good causes and fair trade gifts

On sale in St. Mary's church Bideford from **Wednesday 2nd November to Wednesday 7th**

December. Monday to Friday 10am. to 4pm. Saturday 10am. to 1pm. Over 30 charities to select your cards from and an interesting selection of gifts from many parts of the World ;

(also celebratory Songs of Praise and launch of Bible exhibition on the **20th November at 3.30pm**)

Parkinsons Group

As from Tuesday 15th November, the Torridge Branch of Parkinsons UK are moving to a new venue for meetings. We shall be at Phase One Common Room, Ethelwynne Brown Close, Barnstaple Street, Bideford East. We start at 10.00 am and our speaker for November is Carmel Fanconi of the Expert Patient Programme, an opportunity for people living with long term conditions to develop more skills to help them cope. If you would like further details of this event or the support we give, please contact **Ian Parsons (01805 601517 or Anne Hughes 01237 475168**

Card Making Club Every Tuesday at Northam leisure Centre **7pm until at least 9pm**, (apart from 29th November). £2 to include coffee/tea and a biscuit

Patricia Littlejohns northamcraft@gmail.com

One hundred years ago

Important

Guard against damp feet and consequent chills by wearing a pair of Goodenough's rubber overshoes
To prevent a serious cold is worth the outlay of several pairs, and one pair answers every purpose.
WH Goodenough of 2a Meddon St

Lundy

The inhabitants of Lundy have passed through a difficult time. Three weeks had elapsed since the mail boat '*Morning Star*' last landed provisions, However Captain Dark on the *Gannet* eventually reached there, the islanders having run out of flour, bread, and biscuits,

Abbotsham

All the bands of ringers in the area have been invited to the opening of the bells after rehanging on November 24th. A brass memorial will be placed in the vestry recording the fact that the work has been carried out in commemoration of the Coronation. **Mike Davy (from Bideford Archives)**

Family History.

Hello everybody welcome to the Family History section. I shall in the fullness of time be going through the top tips for research with everybody in mind. So if you do know what I print then please be patient as many others may not know.

Who were your ancestors? The first thing that you should do is write down everything that you know about your family, especially parents, grandparents and great grandparents. Record their dates of birth, marriage & death and the places these events took place. If you know very little then do not worry as that is what you will research later. More to follow each month.

The next meeting of the North Devon Group of the Devon Family History Society will be on **Sat 19th November 2011, at the Burton Art Museum from 2.00pm til 4.00pm**. It is free to attend and you will be most welcome. The speaker will be Dr. Janet Few who will be covering the exodus from North Devon during the 1800s. Any queries then please contact me **Len Collum 01237 472883**.



CALL 101 FOR POLICE

You can now contact Devon and Cornwall Police by dialing 101.
You can call 101 to: report a non-urgent crime, contact local officers, get crime prevention advice, make us aware of policing issues in your local area, make an appointment with a police officer, talk to us about other non-emergency matters
Calls to 101 from landline telephones and mobiles cost 15 pence per call, no matter what time of day you call or how long your call lasts.

Remember... The 101 number does not replace 999, which should be used for all emergencies



PC Dick Rowlands and PCSO John McGovern
Bideford Rural Police Neighborhood Beat Team

Remember, remember...your cat during fireworks' season

Cats Protection's Bideford/ Holsworthy has issued advice to local owners to help keep pet cats safe during the fireworks season. Whilst the celebrations can be great fun for people, cats can be left stressed out, confused or injured by fireworks. For advice on keeping felines safe and happy please call Cats Protection's Bideford/Holsworthy on **0845 371 2717**





Good Age Page



East the Water Brownie Group

Re last month's photograph. Joyce Savage (nee Hookway) has sent in some more names

Back Row -left to right Margaret Shute, Mary Bedlar, Margaret Mills, Joyce Squires, Patsy Bedlar, ? ? Marie Lester. Jean Sherborne, Margaret Hookway Dorothy Bartlett ? Daisy Trott, Margaret Bright, Valerie Rivers.

Sitting Patsy Mills, Betty Oke, Maureen Maglorey, Joyce Hookway, Valerie Dunsford, Ruth Trott, June Bedlar.



The importance of regular eye tests

This was forcibly brought home to me recently .

For years, like I suspect many of us, I have purchased 'off the peg' reading glasses never thinking I might in fact need a professional eye test. For years too I have thought my distant vision near perfect with no need for glasses.

Recently I realised that I was no longer reading road signs and number plates clearly; in fact they were going distinctly blurry round the edges. Time after 10 years for an eye test! What a good thing I did. After a very thorough test of both eyes the optician discovered a macular hole in my right eye and referred me for treatment.

The eye test is free for over sixties and I would urge anyone who has been putting it off to book an appointment for one today. Cheap reading glasses have I suspect prevented many people from taking advantage of an eyesight test, which even if you pay, is only the cost of a visit to your hairdresser, beautician or dentist.

And what price your eyes? I hate to say it but 'they're worth it'.

RA

Wednesday 23rd at 2.15pm Bideford Town Hall - Senior Council for Devon

Public Meeting of the local group -Tim Hall on Communications All welcome

Don't wait until flu is circulating – protect yourself now"

The flu vaccine It is also offered free of charge to: people aged 65 years and over; all pregnant women; and the main carer of an older or disabled person.

GOLF: Originally stood for 'Gentlemen Only; ladies forbidden.'
Well well!



Supported sheltered housing for older people

There is a room vacant at Abbeyfield Glen Tor in Torrington

**If you, a family member, or a friend is seeking sheltered
housing, please telephone: 01805 623605**

www.abbeyfieldsouthwest.org.uk

Cook4Life

Cook4Life takes a practical approach and aims to help parents to choose, cook and eat safe, healthy food. Importantly the Cook4Life programme provides an opportunity for parents to learn about basic cooking skills that will help parents and children to eat healthy food in an enjoyable way. It also helps families to develop the food skills and knowledge identified in the Food Standards Agency's Food Competences. The competency framework is presented in four themes:

- diet and health
- consumer awareness
- cooking (food preparation and handling skills)
- food safety.

Do you want to bin junk food and eat healthier?
Would you like your children to do the same?
Cook4Life can help. We deliver Cook4Life courses at Bideford Bay Children's Centre. Cook4Life courses can help you to develop your skills in the kitchen, broaden your range of recipes and change the way you eat forever! We plan to reach and educate by:
Getting ALL participants involved in a practical cooking class

Cooking simple, healthy meals on a low budget

Giving everyone the confidence to have a go

Our courses are delivered by fully trained and friendly staff and are presented in a way the whole family can enjoy!

Bideford Bay Children's Centre
Victoria Park, Bideford



Dates for your diary

Annabel's After School Artclub every Friday **3.45-4.45/5pm** at Craftihands, Mill St, Bideford.
Tel: 01237 476159

Bideford Library

Every Tuesday and Thursday from 9.45 to 10.15 Stories and Rhymes for the under 5's. No need to book just come along and join in.

Storytelling workshop 6.00-8.00pm. Tuesday Nov 8th at Bideford Library. Refreshments provided. A chance for parents and carers to get ideas and advice on encouraging a love of books in their children through storytelling. It will be a chance to share experiences with other parents and carers as well as getting advice from the professionals. Places are limited so please make sure you book beforehand at the library. **Tel 01237 476075** or Bideford.library@devon.gov.uk



Barnstaple (Round Table) Fireworks

Nov 6 (Sun), Barnstaple Rugby Ground

at the Rugby Ground, Mill Road, Barnstaple.

Gates open 6pm. Fireworks at 7pm.

Admission: £3 per adult, £2.50 per child, under-5s free. Family ticket: £10.



Westward Ho's Happy Cafe

Happy Cafe is a training cafe for young people NEET aged 14-16, young people aged 16-25, and adults in receipt of benefits. Sessions take place on different days according to the volunteer age group.

The Cafe is open Thursdays 11am-3pm, when we also serve clients from Bideford Poverty Action Group. Happy Fridays are every week 11am-3pm when we have a special guest chef or a specialty dish. Sundays we are open 12pm-3pm when the younger trainee chefs have a chance to try out their skills. We also have a Sunday garden club 12pm-2.30pm for young people aged 10+; younger children may attend, but must be accompanied by an adult. Adults volunteers are also welcome subject to a CRB check.

The Happy Cafe is based at the yellow and blue youth venue next to the public tennis courts on Golf Links Road, Westward Ho! Funding for the Cafe is through The Princes Countryside Award, Local Food, The Royal Society of Wildlife Trusts, Big Lottery and local charities; the garden is funded through North Devon AONB, The Permaculture Association and HogCo.

The project has been set up by local social enterprise Seize the Moment Ltd to provide work experience opportunities and free training for young people. www.seize-the-moment.net or phone 07773 679559.

Westward Ho! Youth Theatre helps the Heroes

Westward Ho! Youth Theatre presents 'Songs and Dances from the 1940s', at Kingsley Hall, Atlantic Way, on Saturday 3rd and Saturday 4th December at 2pm. Tickets cost £3.50 for adults and £3 for senior citizens, students and children – with all proceeds going towards the 'Help for Heroes' For more information and to book, call 07718619642 .

'If you can speak, you can sing!'

Local performer Peter Kirk (www.peterkirklive.co.uk) invites you to his 'Rock n Pop Choir' – a group for all ages to have fun and learn how to sing.

Kirk has been a musician since age twelve, when he first learned to play guitar. Since, he's developed a career as a one-man band, touring locally and around the country – singing pop music covers at over seven hundred pubs, hotels, parties and weddings. Until recently, he also had a resident gig at Tantons Hotel.

Now, he is setting up a choir to share his skills with others. He plans to cover key singing skills, like breathing and diaphragm and chest control, before starting to develop covers of hits from the sixties today, from the Beatles, to Take That.

Each weekly practice takes places at Bideford Methodist Church Hall. The first week is free a free taster session and following weeks cost £5 per person (including lyrics, professional backing tracks and refreshments). Under sixteen's must be accompanied.

For more information, visit www.rocknpopchoir.co.uk, or phone Peter on 01237 475696 .

Send your contributions for December's Youth Page to editor@bidefordbuzz.org.uk, before Tuesday 15th November.

You write

"West Quay Fundraisers will be holding their annual winter auction on Friday 18th November at The Beaver Inn, Appledore. We would be delighted to receive gifts and promises to be auctioned on the night. We will be showcasing items on West Quay Fundraisers Facebook page so if you would like to see what is available start looking at the site for updates.

We are taking donations now and if you could contact either Penny on 01237 477373 or Alison at The Beaver Inn on 01237 474822 to arrange collections or pop into The Beaver Inn and deliver direct to the door. We will be very pleased to see you."Thank you for your support.

Ildi McIndoe

Your Archive needs YOU!

Bideford & District Community Archive has been in existence since the 1980s, and contains a huge amount of information on our area, gleaned mainly from the Bideford Gazette, which began publication in 1854 From its pages you will find births, deaths and marriages; local events, such as sporting, leisure and political; crime and punishment; agriculture and farming; shipwrecks; trade and industry, and much more. You can research your family history from census records and the card index, find out who lived in your house, or look at village news from the past. So much for you to discover!

But we also need volunteers to help collate these records, and it's the sort of work for those of you who love to delve into old newspapers, inventories, maps and documents. It's very rewarding, and you'll increase your knowledge of the area at the same time. and we are open on Mondays, Tuesdays and Wednesdays, from 9.30 a.m. until 12.00 noon. Come along and find out more at Windmill lane, Council Offices, Northam

Bideford Town Band

The band is delighted to announce that after a hard day's work at Bideford Baptist Church (aka the BBC!) on Saturday October 8th we have recorded our first ever CD. We played from 10am until 4.30pm. Geoff Hocking (he of ice cream fame) did the recording and we are very grateful to him for this. We are hoping that the CD will be available very soon and will comprise a great collection of the band's favourite music. More on this to follow in due course!

www.bidefordtownband.co.uk.

Many thanks

Tim Watts - Publicity Officer



Devon Snails

Recently at a rather upmarket restaurant in Glasgow we noticed an interesting item on the menu - 'Devon Snails'!

Well we're all accustomed to them in our gardens, but we don't expect them to feature in fine dining. Devon snails (edible) it seems are alive and well? and living in Umberleigh

For more information or to try ! visit <http://www.south-west-snails.co.uk/>

RA

Land with development potential? Panning application?

Advice and assistance on planning issues

Paul Green MRTPI

Bideford based, qualified town planner with extensive local experience

Initial free consultation on all planning issues 01237 471104 or

info@paulgreenplanning.co.uk

Walk and Talk

All walks start at 10.30am unless otherwise stated

Bideford Park, Every Wednesdays ; Level 1

Start from the Café du Parc. About 0.5 mile. Slight gradient on smooth surface but the choice to opt out, everywhere else flat on tarmac.

Instow (short) Wednesdays; (9th and 23rd November) three Level 2 walks

Please note these walks start at **11.30** and are fortnightly.

They start/finish at the kiosk in the Sandhills car park. All are about 2 Miles. One is a shorter version of the Tuesday walk, the second heads inland byway of footpaths through fields after a short stretch on the Tarka trail and the third takes the Tarka trail to the Signal Box and returns along the beach. We alternate these depending on the weather and personal choice of the walkers present.

Instow Wednesday Level 1

Start and finish at Sandhills kiosk. About 0.5 miles incorporating the Tarka trail, gravel and tarmac footpaths.

(Please phone 01271 860780 for details if interested for this particular walk)

Landcross Viaduct, Every Thursdays Level 2,

Start from the Clarence Wharf car park bus shelter, between Brunswick Wharf and the Wooda Surgery,

East the Water, about 2 miles, or the choice of just doing one. Flat route on tarmac. Usually the choice of the walkers to which way i.e. towards Instow or Torrington. following the River Torridge.

For more information contact **Barbara Grant** at **TTVS 01237 420130**

volunteercoordinator@torridgecvs.org.uk



An ode to the Kathleen and May

On the 18th May

You sailed Liverpool way
leaving Bideford town quay
behind

With tears in our eyes

and very big sighs

We well wishers waved you
'Goodbye'

And as you turned into the
Torridge, your recent refit
from Stern to Bowspit
showed just how impressive
a vessel you are.

So sail the seas you
beautiful ship

And let people see your
Fine lines

And in my own way

I want to say,

'Kathleen and May

did your departure of late
have to be your fate,?

If you could have stayed

You would have made

Bideford

Great.

Kathleen Harper *(Many people miss the ship - the town seems 'empty' somehow)*



HAPPY CAFÉ

@ the Pavillion

Golf Links Road Westward Ho!

Seize the Moment training café

Open for customers and trainee chefs

Thursdays 11am-3pm

serving meals for Barnstaple Poverty Action Group

Fridays 11am-3pm

HAPPY Fridays

Sundays 12pm-3pm



PETROC



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07773 679559 jane@seize-the-moment.net

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hayfield? Paths disappeared beneath
the weeds? Compost heap collapsed?
Raised beds just a dream? Bonfire
pile too big? Water feature not
happened?

I am happy to help on a one-off basis
(for the garden job that simply got too
big to think about), assist with Garden
Design or provide regular help with
garden maintenance or landscaping.

**Phone Mark on 01805 804783 or
email: greengardens1@live.co.uk**

SOUNDS INTERESTING

17 High Street, Bideford EX39 2AA
01237 238370

soundsinteresting@onebillinternet.co.uk

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Book News

Waterlog by Roger Deakin

Roger Deakin was inspired to write *Waterlog* by John Cheever's short story, 'The Swimmer', which, in 1968 was made into a film starring Burt Lancaster.

When I began *Waterlog* I felt it had an identity crisis. Was it a Bill Bryson –type travelogue? Was it about British flora and fauna or was it a history of swimming? To add to that, Roger's wanderings appeared random, travelling from the Scilly Isles to Hampshire, to the Fens, to North Wales, to Dartmoor to Scotland yet always returning to his anchor of Suffolk and his moated home. Jenny, a member of the discussion group, felt it was a book to dip into; she could relate to the places she knew but tended to float over the rest. This was exactly how I felt initially.

However, as I read on I became increasingly drawn in by the author's enthusiasm, quirkiness, love of swimming and his joy of living. In a nine month period from April to the following New Year's Day, Roger sets out to swim a variety of canals, moats, rivers, natural and man-made pools, shorelines and estuaries, often travelling by bicycle and walking miles to arrive at the point from which his swim began. The book is an insight into his journeys.

There are insights into the nature of the man when he describes incidents such as, when swimming across the Fowey estuary, he's turned back by the coastguard because 'it's dangerous' - even though he's already over half way across. The following day he gets a friend to cross slowly in his boat whilst he swims on the blind side of the vessel, out of sight of the coastguards!

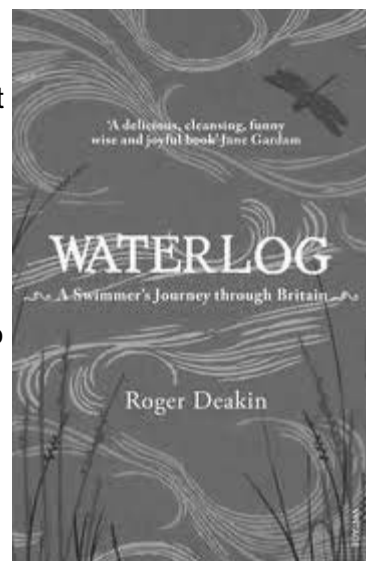
At times there's a sense of adventure – and possibly foolhardiness when, like most of his trips he was alone – in his 'steep and labyrinthine' descent of Hell's Gill, which entailed being swept along over a series of waterfalls! He reached a point where he felt it would be foolhardy to continue into the 'gloomy void', but was then faced with a long, arduous climb back up the cascades he had just come down.

On Christmas Day, whilst out with the Walberswick Shiverers, he was dismayed when, on arrival at the North Sea beach, 'the entire swimming party spontaneously bottled out' leaving him to brave the waves and the cold alone!

Some of the group liked it more than others – some, like Liz, prefer fiction – but all recognised its qualities; this unusual autobiography is full of eccentricities, acute observations and includes some beautiful descriptions. Hilary, who was unable to stay for the meeting, even made a point of calling in specially, just to say how much she enjoyed the book!

The Readers' group meets in **Bideford Library on the first Wednesday of each month** at the new time of 2.30 and new members are always welcome. Entrance is via the side door at the bottom of Bridge Street via the Town Hall when the main Library door is locked.

Reviewed by **Peter Evans** evansandevans2@aol.com



What's on this month at Bideford Library?

Every Friday from 9.30am till 12.00pm Family History Research with a member of the Devon Family History Society. These are 45 minute one to one sessions, which must be booked in advance.

Wednesday Nov 9th - Bideford Library Group 2.00 - 4.00 pm. Talk by Richard Small - Tales of the Fire Service. Please phone **01237 476075** for details of any of these events.

Wordquest Devon

A project bringing together libraries, Exeter University and others, to explore Devon's literary heritage offering a range of activities across the county. For more information and to sign up for regular updates go to the [Wordquest](#) homepage. Many of us enjoyed the Ronald Duncan talk at the Burton Art Gallery last month which was brought to us via Wordquest.

Bideford Centre of Light
18 Hart Street
Divine Service – Sundays 6.30
Clairvoyance- Saturdays 6.30 with visiting
Mediums arranged

Private Readings arranged
Mid-Week Clairvoyance, Circles, Workshops
Psychic Suppers and much more!
Healing Sundays 7.45pm Mondays 2-4 and
Tuesdays 4.30-6

For more information ring **01805 603171** or
01237 471526

Second Glance

Dress Agency at Merry Harriers. (We are at the rear of the restaurant) just off the A39 at Bucks Cross



Every Wednesday and Thursday 10am-5pm

New or nearly new clothing from Day Wear to Evening Wear plus a small range of Gents wear.
Stylish Bargains

Contact Maureen 01237 431451

Lesleyann 01237 431757

maureenfarley@ymail.com

Christmas Craft Fair
Kingsley School
(Sports Hall)
Northdown Road, Bideford

20th November 2011

10am till 4pm

Entrance £1

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BIDEFORD FILM SOCIETY

Friday 4 November at Kingsley School - **Craazy, Stupid, Love (12A)**

Friday 11 and Saturday 12 November at Kingsley School - **The Debt (15)**

Friday 18 November at Bideford College - **Mindnight in Paris (12A)**

Doors open at 7.00pm, film starts at 7.30pm.

Tickets: General £5.50 Concessions £5.00 Members £4.00

Family (up to 3 children & 2 adults) £12.00 DOORS

7.00pm for film at 7.30pm

To avoid disappointment please check local press for confirmation of above programme or visit our web site
www.bidefordfilmsociety.co.uk

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Enquiries tel **01237 421549**

Palladium News (see diary for other events)

**The Hamsters 25th year farewell tour live at the Palladium club, Lower Gunstone,
Thursday 17 November doors 8pm**

Those Rockin' Rodents The Hamsters are returning to the Palladium Club, Bideford for the last time, as this is their 25th year farewell tour.

The guitar, bass and drums trio have long been established as one of our premier live attractions, having performed 4,500 concerts in 25 years, but they have now decided that this is the time to hang up their instruments.

Although a band in their own right - playing Rock, Blues and Americana - they've also long been regarded as the UK's leading interpreters of Jimi Hendrix's music.

Originally forming for their own amusement (and taking their name from the Sex Pistols, who once used it as a pseudonym to outwit hostile councils), the Hamsters enjoy the irony of being an aggressive band with a cuddly name. Although serious about what they do, they don't take themselves too seriously.

For this gig they will be performing a mixed show of Jimi Hendrix and ZZ Top songs as well as old favourites in a 2 set show.

"This combo can show those who were too young at the time what an early Hendrix gig sounded like"

John Tobler, Brum Beat www.thehamsters.co.uk / www.myspace.com/thehamstersuk
www.mjpromo.co.uk www.palladiumclub.co.uk

Tickets £14 are available from the club or phone 01237 478860, www.ticketweb.co.uk,
www.wegotickets.com or Solo Records, Barnstaple 01271 325274 (booking fees may apply)

Bideford Ceilidh Club Barn Dance

Friday 18th November with RANDOM, caller John Blackburn. Langtree Village Hall, 8pm. Bring & Share supper. Details 01237 476632

Bideford Music Club

Eighteen year old Italian clarinettist Fulvio Capra will give the next recital at Bideford Music Club, the second in their 2011-12 season. He will be accompanied on the piano by Andrea Facchi. Fulvio and Andrea will play works by Brahms, Martinu, Saint-Saens, Liszt and Chausson. The concert will be held in the Methodist Church Hall, High Street, Bideford on Wednesday 2nd November at 7.30 p.m. Tickets are £11 (students free) and are available at the door.

MUSIC THAT MATTERS

Learning and making music as a life long skillt

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Singing, piano and music theory

Linda Napier-Burrows B. Music, PGCE, MA(London) ARCM, CRB Enhanced Member
Incorporated Society of Musicians **01237 429716**

News from the Burton Art Gallery & Museum

On the last Saturday of October we celebrated the Diamond Jubilee of the opening of the Burton Gallery in Bideford's Victoria Park, and it was, and is, appropriate that Thomas Burton's co-founder for this magnificent enterprise was the eminent artist, Hubert Coop, who came to live in our area in the 1920s. He used a caravan to travel around the country, visiting Norfolk and parts of Wales, but when he found North Devon, he fell in love with the light, the coast, the villages, their inhabitants and their livelihood. He enjoyed painting Appledore, and in this exhibition of his work, you can see not only his finished works, but the sketch books he used to catch the moment 'in situ'. He often combined two or three pencil sketches of, say, fishing boats, or fisherfolk, placing them in a coastal setting, or in a harbour, to make up the final watercolour. Some of the works are on loan from private collections, but the rest are part of the Gallery's very special permanent collection, given in 1951 by Hubert Coop himself. This exhibition continues until 11th November.

On the 5th November, Karen Hawkins (Young Friends' Tutor) invites you to a Workshop – 'Translating the Landscape', using Hubert Coop's sketchbooks and paintings as your inspiration. Starts at 10.00, ends at 4.00. Cost is £30. To book, and for more details phone 01237 471455.

Anthony Armstrong-Jones, known as Lord Snowdon, is best known as a photographer, and his collection, entitled 'In Camera – Snowdon and the World of British Art', comes to the Gallery at the end of October, staying right up to Christmas Eve, so you have plenty of time to visit. The most important figures in recent art history are caught on camera – David Hockney, Eduardo Paolozzi, Lucian Freud, Damien Hirst and Rachel Whiteread - just some of the 60 images on show. The British Art Show in Plymouth is running now, and both exhibitions are curated by Robin Muir.

The Friends of the Burton Gallery, always active, present their Annual Christmas Exhibition, from 20th November till 18th December. (Private View on Saturday, 19th November, at 2.30 p.m.) (Hanging-in days are 12th & 13th November.) Artists, professional, semi-professional and amateur, are invited every year to submit their work for selection, and every year brings out quality work in many media: paintings in oil, acrylic and watercolour; pastels; embroidery and textiles; ceramics and sculpture; prints from etchings, engravings and wood-cuts. Always a stunning show, variety is the spice of this exhibition. Members of the Friends, and the artists, are invited to act as Stewards throughout the four weeks. (To join the Friends – pick up an Application for Membership form from the Gallery Reception – single, only £10 a year).

We hope you will visit and enjoy these exhibitions, the Restaurant, Shop, Craft Gallery, and the Bideford Museum.

Diana Warmington, (Secretary of the Friends.)

SAMARITANS

Samaritans is a confidential emotional support service.

The service is available 24 hours a day for people who are experiencing feelings of distress or despair, including those which may lead to suicide.

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THE SHIPPING NEWS



Ship	Registered Flag	From	To	Date arrived	Date sailed	Crew	Cargo loaded
Vasily Shukshin Built 1995	Valletta Malta Russian	St Malo	Wismar	28/9/11	30/9/11	Russian	2508 tons timber
Abis Bordeaux Built 2011	Harlingen Netherlands Dutch	Brest	Rosyth	27/09/11	30/09/11	Dutch and Phillipines	19 pieces for aircraft carrier
Alexander Grin* Built 1997	Valletta Malta Russian	Sharpness	Naantali	06/10/11	10/10/11	Russian	2000 tons ball clay
RMS Lagona Built 2000 ex (Crescent Seine 03)	St Johns Newport Antigua and Barbuda	Newport	Moerdijk	13/10/11	13/10/11	German Russian Ukraine	1700 tons ball clay

*The Quay was closed over the weekend whilst this ship was in port for safety reasons. Michael the crane driver advises me that he would have had to wash the Quay down on the Friday evening, and turn out on the Sunday evening to stop vehicles using the Quay as the lorries with the clay were due to arrive early on the Monday morning. Would everybody please appreciate this is a working port and your safety is the prime concern.

Mair Trinity House buoy tender vessel alongside Bideford Quay 26.9.2011
Arco Dart 14.9.2011 15.9.2011 16.9.2011 13.10.2011 14.10.2011

Bristol Channel Observations.

15.9.2011 at 06.37 hrs bulk carrier **Jacamar Arrow** 46998 tons d.w., owners Gearbulk Ltd of Hamilton Bermuda, inward bound for Portbury; at 08.40 hrs buoy tender vessel **Galatea** 1200 tons d.w. owners Trinity House London, inward bound for Swansea ; at 12.53 hrs container Vessel **Judith Borchard** 11282 tons d.w. owners Reederei Friedhelm Dede GMBH & Co KG Germany, inward bound for Cardiff.

From early morning the fishing survey vessel **Cefas Endeavour** 650 tons d.w, owners, Cefas Lowestoft, operating in Bideford Bay for most of the day .

18.9.2011 at 14.40 hrs vehicle carrier **Viking Drive** 10817 tons d.w, owners Grandcar Shipping HK Ltd Singapore, inward bound for Portbury.

21.9.2011 at 09.56 hrs vehicle carrier **Grande Anversa** 12353 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury.

25.9.2011 at 13.04 hrs vehicle carrier **Autosun** 6670 tons d.w, owners UECC Unipessoal Ltda Funchal Madiera, outward bound from Portbury, having sailed at 08.00 hrs.

28.9.2011 at 11.50 hrs vehicle carrier **Grand Benelux** 12594 tons d.w, owners Grimaldi Line of Italy, inward bound for Portbury.

29.9.2011 at 12.11 hrs chemical tanker **Alice Theresa** 7964 tons d.w, owners Herning Shipping as Denmark, inward bound for Cardiff.

7.10.2011 at 12.15 hrs vehicle carrier **Autosun** 6670 tons d.w, owners UECC Unipessoal Funchal Madeira, outward bound from Portbury having sailed at 08.17 hrs ; at 16.45 hrs cargo vessel **SCL Elise** 7694 tons d.w owners SCL Elise Shipping Ltd Switzerland, outward bound from Avonmouth, having sailed at 06.04 hrs. **13/10/11** at 16.30 hrs container ship **Laura Schultes** 23286 tons d.w, owners Thomas Schulte Reederei GMBH Germany, inward bound for Portbury.

Regards
Norman

November Diary 2011

Tuesday 1st

2pm Bideford Salvation Army Fun and Fellowship Club; Bideford Baptist Church

7.15pm Bideford Camera Club Bideford Youth Centre tel Carol 423242

Palladium Club – Open Mic Jam Night

8pm Tarka Morris at Bideford Amateur Athletic Club

Wednesday 2nd

7.30pm Bideford Music Club Methodist Church Hall, High Street

Bideford Folk Dance Club meets in Northam Hall. Tel: 475138

8pm Phoenix Morris practice at Baptist Church info@bidefordphoenix.co.uk 01237 473798.

Thursday 3rd

11am-9pm

Therapy Thursday @ Bideford Wellbeing Centre 01237 470177

7.30pm Eyes Down Bingo at Robins' Nest (Football club)

8pm Bideford Folk Club Joiners' Arms

Friday 4th

3.45-4.45/5pm Annabels After school Art Club at Craftihands, Mill St, 476159

Palladium Club Zamba - Reggae/rock covers 478860

8pm Bideford Ceilidh Club. Folk Dancing for Fun, Bideford Amateur Athletic Club

Saturday 5th

10am-12 noon Christmas coffee morning at Holy Trinity Church Hall Westward Ho!

Palladium Club Wendy May's Boom Boom room - high quality dj – soul/ska/jazz

7.30pm Film at Littleham/MrsBrown' 420372

Sunday 6th

3pm Bideford Salvation Army Baptist Church for service of Praise and Worship

Monday 7th

7.30pm Appledore Singers practice at Appledore School www.theappledoresingers.co.uk

Tuesday 8th

10am Lavington Church coffee morning and lunches (-1.15pm)

10.30am Macular Disease society meets at Burton Art Gallery Peter Ellis 01409 231309

2pm Bideford Salvation Army Fun and Fellowship Club; Bideford Baptist Church

8pm Tarka Morris at Bideford Amateur Athletic Club Palladium Club – Open Mic Jam Night

Wednesday 9th

10.30am Epilepsy North Devon meet at Barnstaple Library Henry Williamson Room tel 07875574428

Bideford Folk Dance Club meets in Northam Hall. Tel: 475138

8pm Phoenix Morris practice at Baptist Church info@bidefordphoenix.co.uk 01237 473798.

Thursday 10th

11am-9pm

Therapy Thursday @ Bideford Wellbeing Centre 01237 470177

7.30pm Eyes Down Bingo at Robins' nest (Football club)

8pm Bideford Folk Club Joiners' Arms

Crealock Arms Littleham Holy Karaoke

Friday 11th

3.45-4.45/5pm Annabels Afters school Artclub runs at Craftihands, Mill St, Bideford. Tel: 0123 7 476159

7.30pm Abbotsham WI meet at Abbotsham Village Hall 01237 474711

7.30pm Bideford & District Angling & Social Club Annual Presentation Night Raffle, Buffet and Disco

8pm Bideford Ceilidh Club. Folk Dancing for Fun, Bideford Amateur Athletic Club

Palladium Club 'Sons of gods' - alternative covers 478860

Saturday 12th

2-4pm Northam Swaps table top sale at Northam Hall

7.30pm Ferrett Racing at Alverdiscott Village Hall

in aid of NDDH charities 07814520357

Palladium Club Limehouse lizzy - Uk's top thin lizzy tribute act 478860

Sunday 13th

10am (Church) **11am** (war memorial) St Margaret's & Methodist Church Northam annual civic service

for Remembrance Sunday

3pm Bideford Salvation Army Baptist Church for service of Praise and Worship

Monday 14th

10.30am-12 Memory Cafe at Appledore Baptist Hall tel 459337

7.30pm Bideford Stamp Club meet at Bideford Youth centre tel 472101

Appledore Singers practice at Appledore School 7.30pm www.theappledoresingers.co.uk

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 01237 421065.

Tuesday 15th

10am Lavington Church coffee morning/l lunches (-1.15pm)

2pm Bideford Salvation Army Fun and Fellowship Club; Bideford Baptist Church

7.15pm Bideford Camera Club Bideford Youth Centre Carol 423242

Northam Choral Soc School Room Methodist Church Northam 429080.

Palladium Club – Open Mic Jam night 478860

8pm Tarka Morris at Bideford Amateur Athletic Club

Wednesday 16th

7.30pm Bideford Folk Dance Club meets Northam Hall. Tel: 475138

8pm Phoenix Morris practise at Baptist Church info@bidefordphoenix.co.uk or contact Neil or Carolyn on 01237 473798.

Thursday 17th

11am -12.45 Christmas Fayre in aid of North Devon Hospice at Durrant House Hotel

7.30pm Eyes down Bingo at Robins' nest (Football club)

8pm Bideford Folk Club Joiners' Arms

Palladium Club Hamsters - 25th year farewell tour

Friday 18th

Bakathon at 'Velvet and Vanilla' in aid of Children in need www.velvetandvanilla.co.uk

10am Memory cafe at Northam tel 420136

Palladium Club Black hole promotions night - local young bands

2pm Devonshire Association meets at Burton Art Gallery tel 477701 'Stone Age Devon'

3.45-4.45/5pm Annabels Afters school art club runs at Craftihands, Mill St, Tel: 01237 476159

8pm Bideford Ceilidh Club. Folk Dancing for Fun, Bideford Amateur Athletic Club

Saturday 19th

Bakathon at 'Velvet and Vanilla' in aid of Children in need www.velvetandvanilla.co.uk

Palladium Club 90s dj party night

Sunday 20th

10am Clovelly Herring Festival

Torridge Ramblers' afternoon walk 01409 253462

10am -4pm Craft Fair at Kingsley School Sports Hall 01237 423221.

3pm Bideford Salvation Army Baptist Church for service of Praise and Worship

4pm Celebratory Songs of Praise and launch of Bible exhibition at St Mary's Church

Monday 21st

10am Lip reading classes at Ethelwynne Brown Close tel 01392 457300 heather@trelay.org

7pm Carers' support Group Communal Hall

Marlborough Court tel 01271 372811

7.30pm Appledore Singers practice at Appledore School www.theappledoresingers.co.uk

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 01237 421065.

Tuesday 22nd

10am Lavington Church coffee morning// lunches (-1.15pm)

Parkinsons' Society UK coffee morning at Youth Centre Bideford Pill

2pm Bideford Salvation Army Fun and Fellowship Club; Bideford Baptist Church

7.15 pm Bideford Camera Club meets Bideford Youth Centre 423242

Northam Choral Soc School Room Methodist Church Northam 429080.

Palladium Club – Open Mic Jam Night 478860

8pm Tarka Morris at Bideford Amateur Athletic Club

Wednesday 23rd

10.15 Bideford Probus at Royal Hotel tel 423153

2.15pm Senior Council Bideford Town Hall; **7.30pm** Bideford Folk Dance Club at Northam Hall. Tel: 475138

7.30pm North Devon Humanists meet in annex Fremington Hall

8pm Phoenix Morris practise at Baptist Church info@bidefordphoenix.co.uk 01237 473798.

Thursday 24th

7.30pm Eyes down Bingo at Robins' nest

7 for 7.30pm Quiz Beaver Inn Appledore. in aid of David Rundle Trust (Help for Rwanda) 01237 477470

8pm Bideford Folk Club Joiners' Arms

Friday 25th

10am-1pm Lundy Art group at St Mary's Church hall Appledore 01237 423884

3.45-4.45/5pm Annabels Afters school art club runs at Craftihands, Mill St, Tel: 01237 476159

7.30pm Abbotsham WI at Abbotsham Village Hall

8pm Bideford Ceilidh Club. Folk Dancing for Fun, Bideford Amateur Athletic Club

Palladium Club ifunk - funk/soul covers band

Saturday 26th

10am-1pm Lavington Church Christmas fayre 471519

10 AM – 2.00PM St Margarets Church Northam Christmas Bazaar Community Centre Fore St, Craft Fair at Littleham Village Hall. Info. on 473338.

10am Swimbridge Christmas arts & crafts fair Swimbridge Jubilee Hall 01271 830311

12pm-4 Northam Lodge's Christmas Fayre at Northam Hall

Palladium Club 'no time this time' - original rock

Sunday 27th

Bideford Lights switch on and Reindeer

3pm Bideford Salvation Army Baptist Church for service of Praise and Worship

7-8pm Bible teaching & fellowship at Bethel, the Quay, Appledore 474466.

Monday 28th

10am Lip reading classes at Ethelwynne Brown Close tel 01392 457300 heather@trelay.org

7.30pm Appledore Singers practice at Appledore School www.theappledoresingers.co.uk

8.30pm North Devon Jazz Club at Beaver Inn Appledore tel 01237 421065.

Tuesday 29th

10am Lavington Church coffee morning ; lunches 10am-1.15pm

2pm Bideford Salvation Army Fun and Fellowship Club; Bideford Baptist Church

7.15pm Bideford Camera Club Bideford Youth Centre 423242

7.30pm Northam Choral Society at Methodist Church Hall Northam tel 429080

Palladium Club – Open Mic jam night 478860

8pm Tarka Morris at Bideford Amateur Athletic Club

Wednesday 30th

7.30pm Bideford Folk Dance Club at Northam Hall. Tel: 475138

8pm Bideford Phoenix Morris dancers weekly practice info@bidefordphoenix.co.uk 01237 473798.

Bideford Buzz is produced by a team of volunteers with financial and practical assistance from Devon County Council's Library Services, Torridge District Council, Bideford Town Council, Bideford Bridge Trust, Bideford Bay Children's Centre and Devon Community Foundation. If you are interested in helping produce this newsletter, we will be pleased to hear from you.

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Tel. **01237 476075** or email: editor@bidefordbuzz.org.uk or visit our website at: www.bidefordbuzz.org.uk **(4,000 hits monthly)**